



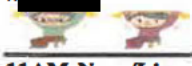
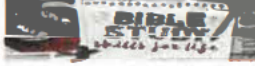















THE KNOLLS ADULT DAY PROGRAM 2022 RECREATION SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>All Activities Are Subject to Change/The Knolls Adult Day Program -Recreation Schedule</div> <div>March 2022</div> </div>						
		1 9:30AM-10:30AM-Current Events & Reminisce 10:30AM-11AM-Chari Exercise w/ [redacted] 11AM-Noon/ Music Lessons w/ [redacted] 12PM-1PM-LUNCH 1:15PM-2:30PM-Word Game	2 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/Chari Exercise w/ [redacted] 11AM-Noon/Card Game 12PM-1PM- LUNCH 1PM-2:45PM-Movie 	3 9:30AM-10:30AM Current Events & Reminisce 10:30A-11:30AM-Fitness w/ [redacted] 11:30AM-Noon-Bible studyw/ [redacted]  12PM-1PM- LUNCH 1:15PM-2:30PM/Word Game	4 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/ Card Game 11AM-Noon/Art and Crafts 12PM-1PM-LUNCH 1PM-2:30PM/Word Games	5
6	7 9:30AM-10:30AM-Current Events & Trivia 10:30AM-11AM- Fitness w/ [redacted]  11AM-Noon/Live Music w/Lou Patrick 12PM-1PM-Lunch 1:15PM-2:30PM-BINGO	8 9:30AM-10:30AM-Current Events & Reminisce 10:30AM-11AM-Chari Exercise w/ [redacted] 11AM-Noon/ Music Lessons w/ [redacted] 12PM-1PM-LUNCH 1:15PM-2:30PM-Word Game	9 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/Chari Exercise w/ [redacted] 11AM-Noon/Card Game 12PM-1PM- LUNCH 1PM-2:45PM-Movie	10 9:30AM-10:30AM Current Events & Reminisce 10:30A-11:30AM-Exercise W/Donald 11:30AM-Noon-Bible studyw/Dorothy  12PM-1PM- LUNCH 1:15PM-2:30PM/Word Game	11 9:30AM-10:30AM/Current Events & Arts & Crafts 10:30AM-11AM/ Exercise W/ [redacted] 11AM-Noon/Roulette 12PM-1PM-LUNCH 1PM-2:30PM/Word Games	12
13 <div>Daylight Saving Time</div>	14 9:30AM-10:30AM-Current Events & Trivia 10:30AM Fitness w/ [redacted]  11AM Noon/Live Music w/ [redacted]  12PM-1PM-Lunch 1:15PM-2:30PM-BINGO	15 9:30AM-10:30AM-Current Events & Arts & Crafts 10:30AM-11AM-Chari Exercise w/ [redacted] 11AM-Noon/Poker 12PM-1PM-LUNCH 1:15PM-2:30PM-Word Game	16 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/Chari Exercise w/ [redacted] 11AM-Noon/Card Game 12PM-1PM- LUNCH 1PM-2:45PM-Movie 	17 9:30AM-10:30AM Current Events & Reminisce 10:30A-11:30AM-Fitness w/ [redacted] 11:30AM-Noon-Bible studyw/ [redacted]  12PM-1PM- LUNCH 1:15PM-2:30PM/Coloring Contests Happy St. Patrick's Day Celebration	18 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/ Card Game 11AM-Noon/Resident Council Meeting W/ [redacted] 12PM-1PM-LUNCH 1PM-2:30PM/Word Games	19
20	21 9:30AM-10:30AM-Current Events & Trivia 10:30AM Fitness w/ [redacted]  11AM-Noon/Live Music w/ [redacted]  12PM-1PM-LUNCH 1:15PM-2:30PM-BINGIO	22 9:30AM-10:30AM-Current Events & Reminisce 10:30AM-11AM-Chari Exercise w/ [redacted] 11AM-Noon Poker W/ [redacted] 12PM-1PM-LUNCH 1:15PM-2:30PM-Word Game	23 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/Chari Exercise w/ [redacted] 11AM-Noon/Card Games 12PM-1PM-LUNCH 1PM-2:45PM-Movie 	24 9:30AM-10:30AM Current Events & Reminisce 10:30A-11:30AM- Fitness w/ [redacted] 11:30AM-Noon-Bible studyw/Dorothy  12PM-1PM- LUNCH 1:15PM-2:30PM/Roulette	25 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/ Card Game 11AM-Noon/Art and Crafts 12PM-1PM-LUNCH 1:30PM-3PM/Birthday Party Let's Rock and Roll W/ [redacted] 	26
27	28 9:30AM-10:30AM/Current Events & arts and crafts 10:30AM-11AM/Fitness w/ [redacted] 11AM-Noon/Live Music w/ [redacted]  12PM-1PM-Lunch 1:15PM-2:30PM/BINGO	29 9:30AM-10:30AM-Current Events & Reminisce 10:30AM-11AM-Chari Exercise w/ [redacted] 11AM-Noon Poker W/ [redacted] 12PM-1PM-LUNCH 1:15PM-2:30PM-Word Game	30 9:30AM-10:30AM/Current Events & Trivia 10:30AM-11AM/ Exercise w/ [redacted] 11AM-Noon/Card Games 12PM-1PM- LUNCH 1PM-2:45PM-Movie 	31 9:30AM-10:30AM Current Events & Reminisce 10:30A-11:30AM- Fitness w/ [redacted] 11:30AM-Noon-Bible studyw/ [redacted]  12PM-1PM- LUNCH 1:15PM-2:30PM/Roulette		

CURRENT CALENDAR