Nursing Home Resident Abuse and Complaint Investigation Report

January 1, 2016 – December 31, 2016
INTRODUCTION

The New York State Department of Health (Department, DOH) protects and promotes the health of all New Yorkers through prevention, science and the assurance of quality health care delivery. Assuring high quality care and quality of life for all nursing home residents in New York State is an agency priority. Whether they are the elderly, young adults or children, nursing home residents are among the most vulnerable to abuse, neglect or mistreatment. They are often less able to defend themselves against harm.

To protect the health and safety of these residents, the Department aggressively and thoroughly investigates allegations of abuse, neglect, mistreatment and other negligent practices within our State’s nursing homes, and takes appropriate action when these allegations are sustained by evidence.

The Patient Abuse Reporting Law, Public Health Law (PHL) Section 2803-d, was enacted in 1977 to protect persons living in nursing homes from abuse, neglect and mistreatment. The law requires every nursing home employee -- including administrators and operators -- and all licensed professionals, whether or not employed by the nursing home, to report instances of alleged abuse, neglect or mistreatment to the Department. The statute requires the Department to investigate all such allegations, and also provides sanctions against individuals who are found guilty of these acts and against anyone required to report, but who fails to do so.

PHL §2803-d also requires the Department to issue an annual report on incidents of physical abuse, mistreatment, and neglect of persons receiving care in residential health care facilities. This report provides statistics and information about the Department’s investigation of allegations of abuse, neglect and mistreatment from January 1, 2016 to December 31, 2016. The Department remains committed to aggressively investigating all allegations of nursing home residents being harmed or in danger of harm.
NEW YORK STATE NURSING HOME SURVEILLANCE PROGRAM

The Department of Health is responsible for inspecting and investigating complaints against health care providers licensed under Article 28 of the Public Health Law. As the designated Single State Survey Agency for New York, the Department conducts inspections (known as surveys) and investigates complaints on behalf of the Federal Centers for Medicare and Medicaid Services (CMS) to ensure provider compliance with Federal regulations. Through its surveys and investigations, DOH also ensures compliance with New York State regulatory requirements.

The Department’s Nursing Home Surveillance Program, within the Office of Primary Care and Health Systems Management, Center for Health Care Provider Services and Oversight, has surveillance responsibilities for long-term care facilities throughout New York State. The Nursing Home Surveillance Program conducts complaint investigations through the Central Office in Albany and four Regional Offices:

- Capital District Regional Office (CDRO) in Albany;
- Central New York Regional Office (CNYRO) in Syracuse;
- Metropolitan Area Regional Office (MARO) with offices in New York City, New Rochelle and Central Islip; and
- Western Regional Office (WRO) with offices in Buffalo and Rochester.

Each Regional Office is responsible for nursing home surveillance activities in specific counties (See Figure 1). In calendar year 2016, the Department surveyed 628 nursing homes (See Figure 2) and conducted 3,638 complaint surveys at nursing homes and another 3,843 complaint investigations at the Central Office. Through their ongoing contact with providers, Regional Office investigators acquire in-depth knowledge of the local long-term care system and the operations of its nursing homes, and can quickly respond to reports of nursing home deficient practices in their geographic area.

Figure 1 – Regional Office Counties Served

<table>
<thead>
<tr>
<th>REGIONAL OFFICE</th>
<th>COUNTIES SERVED</th>
</tr>
</thead>
<tbody>
<tr>
<td>Central New York (CNYRO)</td>
<td>Broome, Cayuga, Chenango, Cortland, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, St. Lawrence, Tioga, Tompkins</td>
</tr>
<tr>
<td>Metropolitan Area (MARO)</td>
<td>Bronx, Kings, New York, Queens, Richmond, Dutchess, Orange, Putnam, Rockland, Sullivan, Ulster, Westchester, Nassau, Suffolk</td>
</tr>
<tr>
<td>Western (WRO)</td>
<td>Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, Wyoming, Chemung, Livingston, Monroe, Ontario, Schuyler, Seneca, Steuben, Wayne, Yates</td>
</tr>
</tbody>
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THE COMPLAINT INVESTIGATION PROCESS

When the Department receives an allegation of an actual or potential adverse resident outcome, the submission is categorized by Nursing Home Complaint Hotline staff as an allegation of abuse, neglect or mistreatment against an individual, or as a general complaint against the provider that alleges a violation of Federal or State regulation. The allegation is opened as an investigation or “case.” A case may include more than one allegation. The case is then investigated by the appropriate Regional Office to determine whether the allegation occurred and if PHL Section 2803-d and/or Federal or State regulation has been violated.

Between January 1, 2016 and December 31, 2016, the Department received 12,343 cases, 8% greater than in calendar year 2015. While the increase is not attributable to any single factor, nursing home residents, their families and loved ones, and their representatives are more aware about filing a complaint with DOH. Of the cases received in 2016, 11,217 (91%) were related to allegations of violations of Federal or State regulation by the provider, and 1,126 (9%) were allegations of resident abuse, neglect or mistreatment by an individual. This experience is consistent with the annual reporting in the past. In each case, the Department commenced its standard investigation, which thoroughly reviews the facts surrounding each allegation.
Third-party reported complaints (those from residents, family, friends, etc.) are initiated by complainants via standard mail (6%), by calling the Department’s Nursing Home Complaint Hotline (888-201-4563) (66%), or by submitting an online Nursing Home Complaint Form (28%). (See Figure 3.) A large number of the cases received -- about 62% in 2016, 1% more than 2015 -- are self-reported incidents, which are submitted by nursing homes through an online Incident Reporting Form. PHL Section 2803-d requires designated persons in nursing homes to report any instance in which the facility has determined there is reasonable cause to suspect that a resident has suffered abuse, neglect or mistreatment. All provider complaints received within the Department’s jurisdiction and authority are investigated.

**Figure 3 – Method of Reporting, Third-Party Reported Complaints**

Each complaint is assigned to the Regional Office or Central Office for investigation and a projected completion date is established during a triage process, which determines the immediacy of the case. The assignment of a completion date and the determination that an onsite investigation is required are based on the seriousness of the complaint, evaluation of safety measures in place, current level of risk to all residents in the home and existing survey schedule. Complaints fall into two categories: those that allege a violation of PHL Section 2803-d related to resident abuse, neglect or mistreatment and those that allege a violation by the provider of Federal or State regulation. Those complaints that are outside the Department’s jurisdiction are promptly referred to the appropriate Federal or State agency.
Public Health Law Section 2803-d Complaints of Abuse, Mistreatment, or Neglect

PHL Section 2803-d governs the reporting of suspected physical abuse, mistreatment or neglect of a nursing home resident. It identifies mandated reporters, establishes the process that the Department must follow in investigating complaints, and identifies potential penalties the Department may impose.

The Department investigates every allegation of abuse, mistreatment, or neglect that it receives. The purpose of a PHL §2803-d investigation is to determine if the allegation is true, and if so, who is responsible. Department investigators also examine whether any systemic issues exist in the facility that may be noncompliant with regulations, by conducting a concurrent Federal investigation, as defined in the next section of this report.

The PHL §2803-d investigation conducted by Regional Office investigators includes observation of care and services provided in the facility, review of records and interviews (when possible) with all individuals potentially related to the case, including the resident, regarding the circumstances associated with the allegation. After completion of the investigation, the Regional Office issues a recommendation for the disposition of the case.

All completed PHL Section 2803-d investigations are reviewed by a Commissioner of Health's designee in each Regional Office. Sustained cases are forwarded to the Central Office for final determination on the disposition of the case. Complaints are closed with one of the following three outcomes:

- **Resident Rights Violation:** There is sufficient evidence that a violation of PHL Section 2803-d occurred and individual culpability is established. Fines are assessed.
- **Sustained Abuse, Neglect or Mistreatment Violation:** There is sufficient evidence that the incident or event of abuse occurred, that it constitutes a violation of the regulation and individual culpability is established. Fines are assessed.
- **Unsustained Abuse, Neglect or Mistreatment Violation:** There is insufficient evidence that the event or incident occurred, or there is insufficient evidence that the incident or event of abuse constitutes a violation of the PHL Section 2803-d.

In all cases where it is determined that there is evidence that an abuse violation exists, the accused individual(s) is/are notified by the Department’s Division of Legal Affairs of the violation and is/are apprised of his/her due process rights via certified mail. A request for an
administrative hearing may be made in writing within 30 days of receipt of the Department’s letter. The administrator of the facility is concurrently notified of the determination.

All hearings are scheduled and conducted by the Division of Legal Affairs. The purpose of the hearing is to determine whether the record should be amended or expunged on the grounds that the record is inaccurate or the evidence does not support the determination. The hearing can determine whether a fine is warranted. Once all due process requirements have been satisfied, the accused individual and complainant are advised, in writing, of the final outcome of the case and if the determination will include a civil fine and be referred to a licensure board or Certified Nurse Assistant registry for further action.

In cases where there is insufficient evidence that an abuse violation exists, the accused individual and the complainant are notified that the complaint is unsustained. All records related to the report are expunged in accordance with the statute.

**Complaints about the Provider**

Federal and State regulations require nursing homes to establish policies and procedures to ensure that each resident attains and maintains his/her highest practicable level of physical, mental and psychosocial well-being. When these policies and procedures are not followed and a breakdown occurs in the system, residents can be affected. In many cases, negative outcomes do occur.

General provider complaints are defined as alleged incidents or events that result from breakdowns of the policies and procedures instituted by the provider for the provision of care, services, treatments, medications, food, physical plant and maintenance. Unlike patient abuse allegations under PHL Section 2803-d, where the ultimate culpability rests with an individual(s) in an isolated situation or incident, the ultimate culpability in general provider complaints rests with the nursing home operator.

When a complaint alleges resident harm, Federal guidelines require an unannounced onsite investigation at the facility. The Department’s Regional Office investigators are responsible for conducting onsite investigations for this type of complaint. All investigations focus on the regulatory areas which are related to the allegations. An alleged deficient practice is examined against the nursing home regulatory requirements to determine whether a violation has occurred. If the DOH investigation determines that a violation has occurred, a Statement of Deficiencies (SOD) is issued to the nursing home, describing the violation and requiring that a Plan of Correction (POC) be developed and implemented by the nursing home.

The POC submitted for Department approval must address the issues and identify preventive or proactive measures that will detect and monitor ongoing practices in the home to minimize reoccurrence. Additional sanctions, such as required staff training, directed corrective action plans, fines and limitations on resident admissions are also imposed in more serious situations.

Complaints against providers are closed, per Federal guidelines, with one of the following two outcomes:
- **Sustained**: Deficient practices identified during a survey are operational violations of Federal and/or State regulations, and an SOD is issued to the provider as a result of the complaint.

- **Unsustained**: Based on interviews, documents and record review, the care provided by the facility was found to be appropriate and timely and all relevant facility policies and procedures were in compliance with State and Federal requirements. As such, it was determined that there was insufficient credible evidence to sustain the allegations contained in the complaint.

### Cases Received by the Department

Between January 1, 2016 and December 31, 2016, the Department received 12,343 cases. Of these cases, 9% (1,126) were related to allegations of violations of PHL Section 2803-d. The distribution of cases received by Regional Office is displayed in Figure 4.

**Figure 4 – Total Cases Received by Regional Office 2016**

Cases Received = 12,343, General = 11,217, 2803-d = 1,126
An average of 970 PHL Section 2803-d cases were reported annually to the Department over the last five years, with 2016 at the highest volume (See Figure 5). Regional Office investigators commence investigations immediately on receipt of allegations of abuse, neglect or mistreatment of residents, and the agency takes swift and aggressive action against those who are found to have committed such acts. Any case reported to the Department that alleges abuse, neglect or mistreatment is referred to the Regional Attorney General’s Office.

**Figure 5 – Total Cases Received by Year 2012-2016**

<table>
<thead>
<tr>
<th>Year</th>
<th>Total Cases Received</th>
<th>General Cases Received</th>
<th>2803-d Cases Received</th>
<th>% of 2803-d Cases</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>8,907</td>
<td>8,035</td>
<td>872</td>
<td>10%</td>
</tr>
<tr>
<td>2013</td>
<td>10,695</td>
<td>9,816</td>
<td>879</td>
<td>8%</td>
</tr>
<tr>
<td>2014</td>
<td>11,097</td>
<td>10,225</td>
<td>872</td>
<td>8%</td>
</tr>
<tr>
<td>2015</td>
<td>11,443</td>
<td>10,343</td>
<td>1,100</td>
<td>10%</td>
</tr>
<tr>
<td>2016</td>
<td>12,343</td>
<td>11,217</td>
<td>1,126</td>
<td>9%</td>
</tr>
</tbody>
</table>

The Elder Justice Act requires reporting of any reasonable suspicion of a crime under Section 1150B of the Social Security Act, as established by the Patient Protection and Affordable Care Act, § 6703(b)(3). This requires certain individuals in long-term care facilities to report a reasonable suspicion of a crime committed against a resident. Those reports must be submitted to one law enforcement agency of jurisdiction, as well as the Department. Individuals who are required to report include the owner, operator, employee, manager, agent or contractor. The New York Attorney General’s Office, Medicaid Fraud Control Unit, which has jurisdiction to investigate and prosecute instances of abuse, mistreatment, neglect and misappropriation of resident funds, qualifies as a local law enforcement agency for these purposes. A serious bodily injury must be reported within two hours, whereas all other reports must be made within 24 hours. Individuals and facilities that fail to report may have a Civil Money Penalty imposed. Nursing homes must notify covered individuals annually of their need to report, and may not retaliate against an employee for reporting.
**Cases Closed by the Department**

The complaint program closed 10,237 cases during calendar year 2016. Of those, 2,461 cases did not require an investigation because they neither alleged abuse, neglect, or mistreatment, nor contained a violation of Federal or State regulations. Of the remaining 7,776 closed cases, 737 were related to allegations of abuse, neglect and mistreatment.

Regional Office investigators closed 737 cases in calendar year 2016 that include alleged violations of PHL Section 2803-d. The Department sustained 37% of the cases against an individual in violation of PHL Section 2803-d, which involved abuse against a resident, or a responsible individual not reporting an incident of abuse. Figures 6 and 7 present information about the final disposition of cases related to alleged violations of PHL Section 2803-d.

**Figure 6 – Total 2803-d Cases Closed by Regional Office 2016**

![Bar chart showing total 2803-d cases closed in 2016 by Regional Office, with unsustained and sustained cases indicated.](chart.png)
CONCLUSION

The Department is committed to ensuring the health and safety of individuals residing in New York State’s nursing homes.

The DOH continues to ensure that all allegations of resident abuse, mistreatment, or neglect are aggressively and thoroughly investigated, and that those who commit abuse, mistreatment, or neglect are held responsible and are appropriately penalized.

The Department’s efforts will continue. Those who call New York’s skilled nursing facilities their home deserves high quality, appropriate and timely health care and other services. They deserve to receive services in a manner that recognizes their dignity and ensures a high quality of life. The Department will continue to seek and implement innovative quality improvement practices that ensure that residents of New York State’s nursing homes receive the care and services they deserve.