



**Office of Alcoholism and
Substance Abuse Services**

*Integration and Transformation of the Substance Use
Disorder System in the midst of a Public Health Crisis*

NYS Public Health and Health Planning Council – September 23, 2016

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September 26, 2016

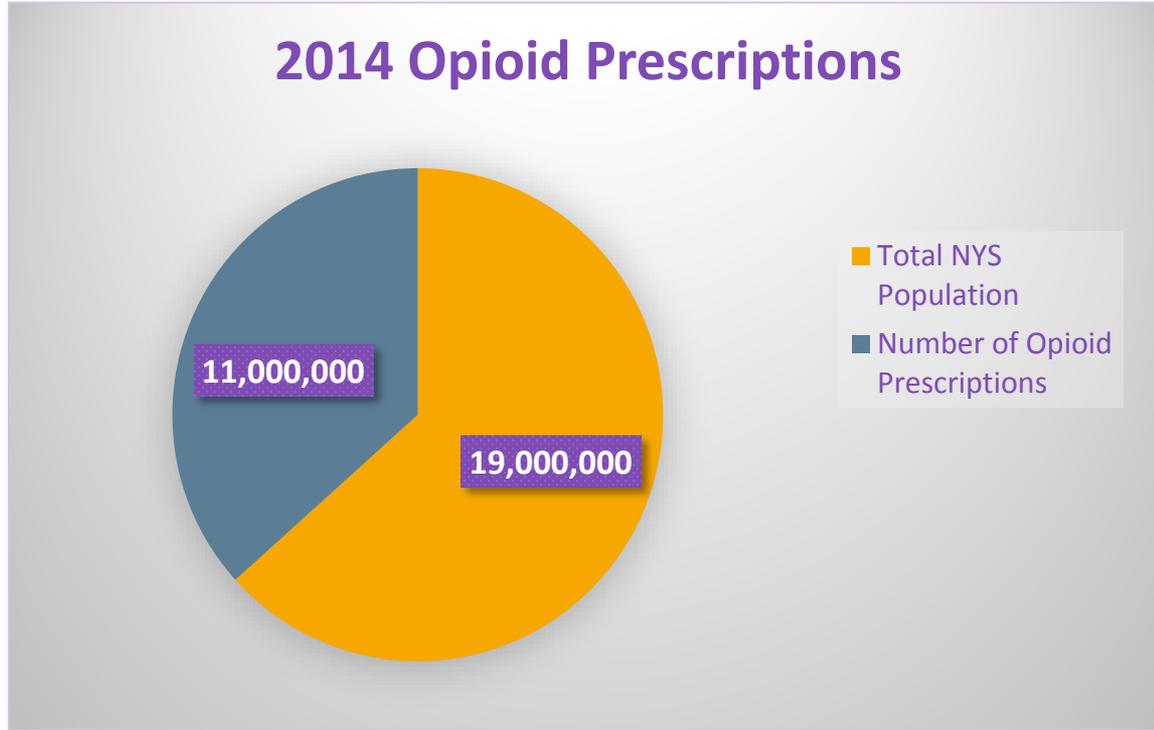
OUTLINE

- Opioid use and misuse in NYS has been on the increase
- Governor Cuomo recognized the state was facing an epidemic in need of reform
- System wide transformation is occurring in the substance use disorder system

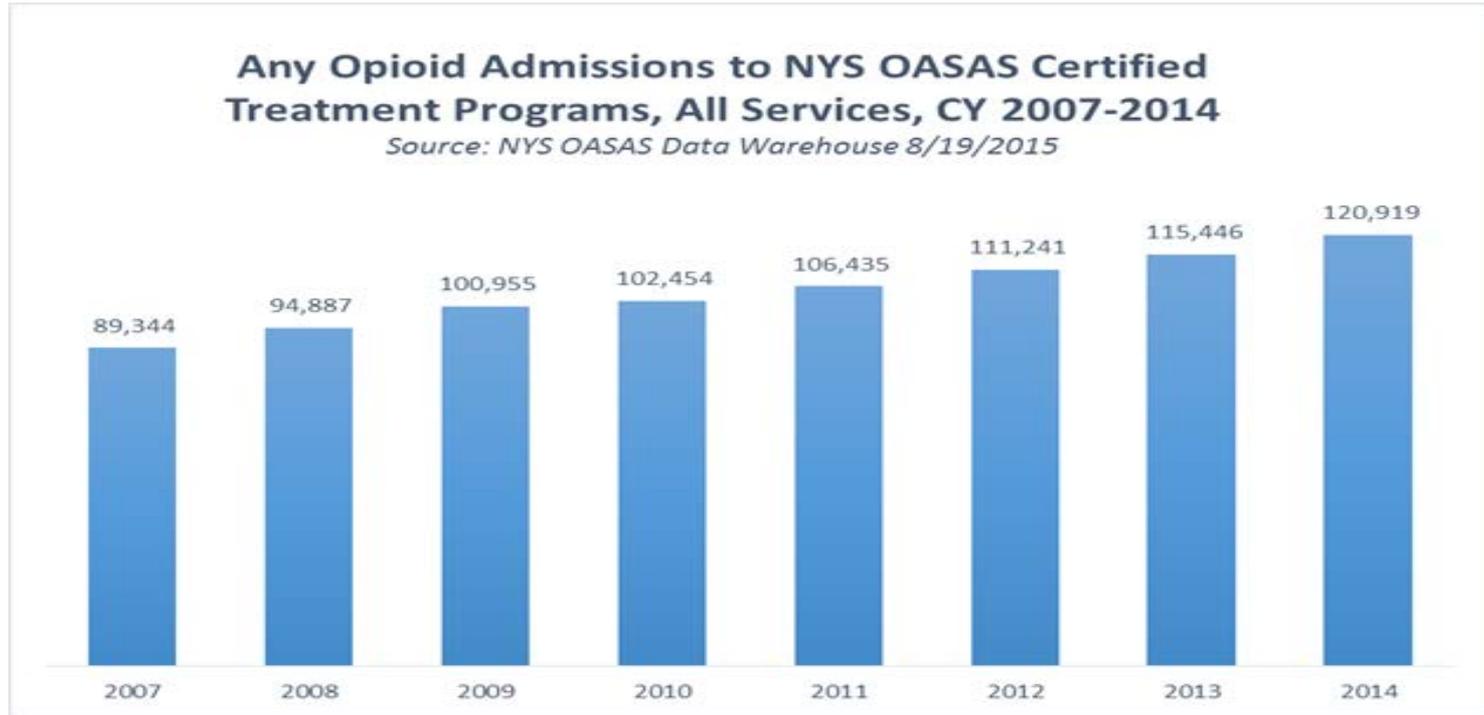


OPIOID USE

Legal Opioid Use



Opioid Trends in New York State



REFORMS

Reforms to address the Crisis

2014 efforts

- The New York State Opioid Steering Committee
- Launch of a Combat Heroin campaign to inform New Yorkers on the dangers of opioid use
- Combat Heroin Legislation
- New regulations to I-STOP law requiring electronic prescriptions
- PMP data shared with New Jersey to stop stockpiling and resale of dangerous controlled substances
- Increasing the availability and accessibility of naloxone in pharmacies allowing pharmacists to dispense naloxone without a prescription
- Training first responders and community members to recognize and respond to overdoses

Governor Cuomo's New York Taskforce to Combat Heroin and Opioids

A Collaborative Effort Charged with Developing a Comprehensive Plan to End Heroin and Opioid Addiction in NYS

Tasks:

- build on the state's previous efforts and use their expertise and first-hand experience to develop a comprehensive action plan to combat the state's opioid epidemic.
- focus on expanding awareness; enhance statewide prevention efforts; increase access to treatment; and improve support for those in recovery.

New York State Heroin Taskforce Report

25 Recommendations to comprehensively address the current heroin and opioid crisis focused on:

- Prevention
- Treatment
- Recovery and
- Enforcement

Taskforce Prevention Recommendations

1. Mandate ongoing education for prescribers on pain management, palliative care, and addiction.
2. Limit first-time opiate prescriptions for acute pain from 30 days to no more than a 7-day supply.
3. Encourage the use of the Prescription Monitoring Program (PMP) in emergency departments.
4. Improve data and reporting on naloxone dispensing and overdose reversals.
5. Require that pharmacists provide important information to consumers when dispensing opioids.



Taskforce Prevention Recommendations, cont'd

6. Expand consumer access to medications that are difficult to crush or dissolve and are designed to prevent abuse.
7. Improve use and reporting of data in State response to heroin and opioid crisis to better target resources and increase efficacy.
8. Expand and target awareness campaigns.
9. Support regional coalitions and partnerships.



Taskforce Treatment Recommendations

10. Require all treatment providers and insurance companies to use an objective, state-approved criteria to determine insurance coverage for necessary inpatient treatment.
11. Remove barriers to treatment by eliminating prior insurance approvals for inpatient treatment as long as it is necessary.
12. Increase access to critical medications to manage substance abuse and withdrawal by eliminating prior authorization by insurance companies to such medications.
13. Require State-certified treatment providers and agencies to educate individuals and families about treatment options and their rights to appeal denials of insurance coverage.
14. Increase the length of time for involuntary commitment of an addicted person from 48 to 72 hours.



Taskforce Treatment Recommendations, cont'd

15. Issue guidance to educate consumers about insurer obligations regarding equal coverage of substance use disorder treatments and provide an avenue to report potential violations.
16. Increase the number of treatment beds across New York.
17. Increase the number of Family Support Navigators across the state to help connect patients and families with appropriate treatment options.
18. Provide discharge planning for patients from emergency departments to connect to potential treatment options.
19. Expand access to overdose-reversal medication.



Taskforce Recovery Recommendations

20. Support the creation of new Recovery Community Outreach Centers to promote long-term recovery across the State.
21. Invest in additional Youth Clubhouses to promote long-term recovery for young adults.
22. Provide a wraparound program for post-treatment services to individuals in recovery.
23. Invest in transitional and supportive housing to provide stable housing options that support long-term recovery.



Taskforce Enforcement Recommendations

24. Expand Prescription Monitoring Program (PMP) data sharing with other states to cut down on cross-state “doctor shopping.”
25. Add fentanyl to the New York controlled substances schedule.

TRANSFORMATION



What are we doing?



What are we doing?

Change laws and policies for the better –

- **Ends Prior Insurance Authorization to Allow for Immediate Access to Inpatient Treatment as Long as Such Treatment is Needed.**
- **Ends Prior Insurance Authorization to Allow for Greater Access to Drug Treatment Medications.**
- **Requires All Insurance Companies Use Objective State-Approved Criteria to Determine the Level of Care for Individuals Suffering from Substance Abuse.**
- **Mandate Insurance Coverage for Opioid Overdose-Reversal Medication.**



What are we doing?

Change laws and policies to facilitate reform

- **Increase Evaluation for Individuals Incapacitated by Drugs from 48 to 72-Hours.**
- **Allow More Trained Professionals to Administer Life-Saving Overdose-Reversal Medication.**
- **Require Hospitals to Provide Follow-Up Treatment Service Options to Individuals Upon Hospital Discharge.**
- **Expand Wraparound Services to Support Long-Term Recovery.**



What are we doing?

Change laws and policies to facilitate reform

- **Reduce Prescription Limits for Opioids from 30-days to Seven Days.**
- **Require Ongoing Education on Addiction & Pain Management for All Physicians and Prescribers.**
- **Mandate Pharmacists Provide Easy to Understand Information on Risks Associated with Drug Addiction and Abuse.**
- **Require Data Collection on Overdoses and Prescriptions to Assist the State in Providing Additional Protections to Combat this Epidemic.**

What are we doing?

Innovative partnerships and projects

- **OASAS is certifying physician practice as an SUD outpatient clinic integrated within it's primary care practice in an upstate city serving a high population of opioid addicts**
- **Providers are seeking to establish urgent regional access centers where shared staff assess individuals need of SUD care**
- **Encouraging OASAS outpatient providers to use their ability to provide "in-community" services to meet patients where they are**



What are we doing?

New Funding Opportunities to facilitate reform

- **New procurements to support:**
 - **Additional treatment beds and Opioid Treatment Programs.**
 - **Additional Family Navigators, Peer Engagement**
 - **Additional Recovery Centers and Adolescent Clubhouses**
 - **Community Coalitions**



OASAS Bed Availability Tool

OASAS Bed Availability
 Search for bed availability using a single criteria or any combination of county, city, zip, organization, gender and age group.

County: City: Zip: Organization: Gender: Age Group:

Your search returned 292 organizations

Rows 1 - 5

Organization	Total Number of Available Beds	Adult (age 18 and over) Availability				Adolescent (under age 18) Availability				Date Last Updated
		Male Beds	Female Beds	Transgender Beds	Next Available Admission Appointment	Male Beds	Female Beds	Transgender Beds	Next Available Admission Appointment	
820 River St Granville CR Community Residential 51960 9145 Rte 22 Granville, NY 12832 518-642-9341	0									02/12/2016
820 River Street Halfway House CR Community Residential 50862 3075 Sixth Ave	1	✓			02/15/2016					02/12/2016

Save Lives - Expand Naloxone Training

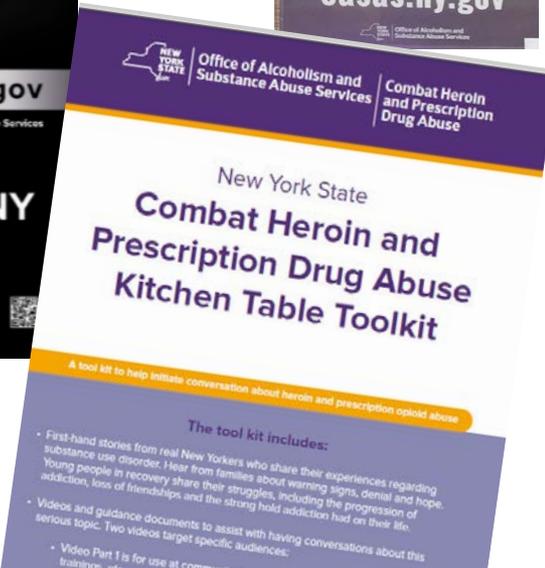


- Over 140,000 trained to date
- Over 4,700 lives saved

Public Awareness/Education

EDUCATE, COMMUNICATE, CONVERSATIONS

- Combat Heroin
- Navigating the SUD System
- Synthetics
- Talk 2 Prevent
- Kitchen Table Toolkit



Easy to navigate website for individuals, parents, educators and healthcare professionals

www.combatheroin.ny.gov



- Prevention
- Warning Signs
- Get Help
- Get Involved
- Real Stories
- Free Resources

