

Make New York the Healthiest State

New York State Prevention Agenda



Update on Development of **NYS Prevention Agenda for 2019-2024**

Becoming the Healthiest State
for People of All Ages

Presentation to the NYS Public Health and Health Planning Council, August 2, 2018

Traveling Together...



NYAM



AARP

NYS PREVENTION AGENDA 2019-2024

Timeline for Updating the Prevention Agenda for 2019-2024

February – April, 2018

- Assessed health status, demographic changes, progress on Prevention Agenda objectives, and proposed updated priorities and focus areas
- Ad Hoc Committee members hosted 20 + meetings to obtain feedback
- 200 + individuals and organizations completed survey to provide feedback
- State agencies provided feedback to support integration of HAAP into Prevention Agenda

May – September, 2018

- Ad Hoc Committee met to finalize focus areas and goals based on feedback
- Priority specific committees now meeting to develop priority specific action plans
 - 150+ people involved
- Using already established committees where possible
- *State agencies integrated into effort thus far:*
 - *OMH, OASAS, Ag and Markets, Aging, DEC, NYSERDA, Dept. of State, and NYSED*

October – December, 2018

- Ad Hoc Committee will review at September meeting
- Prevention Agenda 2019-2024 will be finalized and reviewed with the PHHPC and approved
- NYS will use updated Prevention Agenda to launch next cycle of local planning

Stakeholder Feedback Summary

- Overall support for priorities, focus areas and goals
- Include actionable interventions to address emerging public health challenges:
 - Vaping and e-cigs, Adverse Childhood Experiences, Opioids, Food Security...
- Include actionable interventions related to health and well-being of older adults in each priority area
- Be specific about how to reduce disparities and address challenges in low income and minority communities in each priority:
 - STIs, HIV, Maternal Mortality, air and water quality ...
- Promote Well Being is an important goal for both the Mental Health priority area and as a cross cutting principle.
- Need to keep it simple!

Prevention Agenda 2019-24 Vision

**New York is the Healthiest State
for People of all Ages**

Cross-Cutting Principles

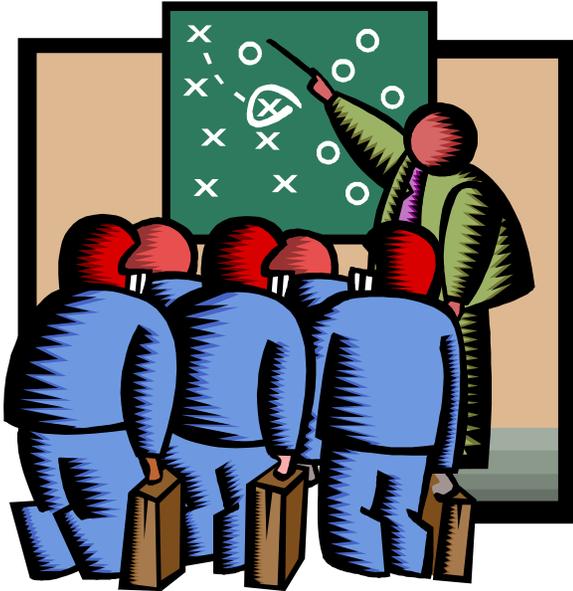
To improve health outcomes, enable well-being and promote equity across the lifespan the Prevention Agenda will:

- Focus on social determinants of health and health disparities,
- Incorporate a health in all policies approach,
- Emphasize healthy aging across the lifespan,
- Support inclusive community engagement and collaboration across sectors in the development and implementation of local plans,
- Maximize impact with evidence based interventions for state and local action,
- Advocate for increased investments in prevention from all sources,
- Concentrate on primary and secondary prevention, not on health care design or reimbursement.

Prevention Agenda Priorities 2019-2024

1. Prevent Chronic Diseases
2. Promote a Healthy and Safe Environment
3. Promote Healthy Women, Infants and Children
4. Promote Well-being and Prevent Mental And Substance Use Disorders
5. Prevent Communicable Diseases

Guidance for Priority Specific Action Plans



- Focus Areas
 - Goals
 - Measurable Objective(s) including those that measure disparities
 - 2-5 Evidence Based Interventions for state and local action
- For each evidence based intervention, plan will:
 - Identify specific age groups that will be reached, with special attention to older adults
 - Identify social determinants and health disparities being addressed
 - Identify roles different organizations and agencies can play
 - Identify intermediate level measures to track progress

Next Steps

- Subject matter leads from DOH, OMH, OASAS working on priority specific plans with stakeholders and will submit drafts in September for Ad Hoc Committee to review 9-26-18
- PHHPC will get final draft for review and comment at November committee meeting and formal vote at December meeting.
- Next cycle of local planning starts January 2019

FINAL DRAFT of PRIORITIES, FOCUS AREAS AND GOALS

Prevent Chronic Diseases

2019-2024 Focus Areas

2019-2024 Goals

1. Healthy Eating and Food Security	Increase access to healthy and affordable foods and beverages
	Increase skills and knowledge to support healthy food and beverage choices
	Reduce food insecurity
2. Physical Activity	Create community environments for physical activity
	Promote school, child care and worksite environments that increase physical activity
	Facilitate access to safe and accessible places for physical activity
3. Tobacco Prevention	Prevent initiation of tobacco use (including nicotine?)
	Promote tobacco use cessation
	Eliminate exposure to secondhand smoke
4. Chronic Disease Preventive Care and Management	Increase cancer screening rates
	Increase early detection of cardiovascular disease, diabetes, prediabetes and obesity
	Promote evidence-based care to prevent and manage chronic diseases including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity
	Improve self-management skills for individuals with chronic diseases, including asthma, arthritis, cardiovascular disease, diabetes and prediabetes and obesity

Promote a Healthy and Safe Environment

2019-2024 Focus Areas

2019-2024 Goals

Injuries, Violence and Occupational Health	Reduce falls
	Reduce violence
	Reduce occupational injury and illness
	Reduce traffic related injuries
Outdoor Air Quality	Reduce exposure to outdoor air pollutants
Climate and the Environment	Improve design and maintenance of the built environment
	Promote healthy home environments
	Assess and mitigate public health risks from hazardous exposures from contaminate sites
Water Quality	Ensure quality drinking water
	Reduce potential public health risks associated with exposure to recreational water
Food and Consumer Products	Improve access to information about the presence of chemicals
	Improve food safety management

Promote Healthy Women, Infants, and Children

2019-2024 Focus Areas

2019-2024 Goals

Maternal & Women's Health	Increase use of primary and preventive health care services among women of all ages with special focus on women of reproductive age
	Reduce maternal mortality & morbidity
Perinatal & Infant Health	Reduce infant mortality & morbidity
	Increase breastfeeding
Child & Adolescent Health	Support and enhance children and adolescents' social-emotional development and relationships
	Increase supports for children and youth with special health care needs
	Reduce dental caries among children

Prevent Communicable Diseases

2019-2024 Focus Areas

2019-2024 Goals

Vaccine Preventable Diseases	Improve vaccination rates and reduce vaccination coverage disparities
Human Immunodeficiency Virus (HIV)	Decrease HIV morbidity (new HIV diagnoses)
	Increase viral suppression
Sexually Transmitted Infections (STIs)	Reduce the annual rate of growth for STIs
Hepatitis C Virus (HCV)	Increase the number of persons treated for HCV
	Reduce the number of new HCV cases among people who inject drugs
Antibiotic Resistance and Healthcare-Associated Infections	Improve infection control in healthcare facilities
	Reduce infections caused by multidrug resistant organisms and C. difficile
	Reduce inappropriate antibiotic use

Promote Well-Being and Prevent Mental and Substance Use Disorders

2019-2024 Focus Areas

2019-2024 Goals

2019-2024 Focus Areas	2019-2024 Goals
Well-Being	Increase overall satisfaction with life for people of all ages
	Increase support for people seeking help for mental, emotional and substance use disorders
Mental and Substance Use Disorders Prevention	Prevent underage drinking and excessive alcohol consumption by adults
	Prevent opioid and other substance misuse and deaths
	Prevent, reduce and address adverse childhood experiences (ACES)
	Reduce the prevalence of major depressive episodes
	Prevent suicides
	Reduce tobacco use among adults who report poor mental health