

**DRAFT**  
**Quality Strategy  
for the  
New York State  
Medicaid Managed Care Program  
2014**

**Prepared by  
The New York State Department of Health  
Office of Quality and Patient Safety  
Bureau of Performance Improvement and Patient  
Safety**

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## **I. Introduction**

In 1997, New York State (NYS) received approval from the Center for Medicare and Medicaid Services (CMS), through an 1115 Waiver, to implement a mandatory Medicaid managed care (MMC) program. The program, entitled the Partnership Plan Demonstration, set out to improve the health status of low-income New Yorkers by: increasing access to health care for the Medicaid population; improving the quality of health care services delivered; and expanding coverage to additional low-income New Yorkers with resources generated through managed care efficiencies. The Quality Strategy for the New York State Medicaid Managed Care Program (the Quality Strategy), a requirement of the 1115 Waiver, delineates the goals of the NYS Medicaid managed care program and the actions taken by the New York State Department of Health (NYS DOH) to ensure the quality of care delivered to Medicaid managed care enrollees. The Quality Strategy has evolved over time as a result of programmatic changes, member health needs, clinical practice guidelines, federal and state laws, lessons learned, and best practices; it has been successful as measurable improvements in the quality of health care being provided to enrollees have been noted.

New York State is currently undertaking significant delivery system transformation with innovative and ambitious activities of the Medicaid Redesign Team (MRT), managed care programing, and state plan amendment (SPA). The state's approach to quality assessment, measurement, oversight, and improvement in the Medicaid managed care program increasingly necessitates interweaving the individualized efforts of several state agencies responsible for specialized care of distinct populations. As previously exempt or excluded populations, such as dual-eligibles and those living with developmental disabilities or behavioral health conditions, are enrolled into specialized managed care plans, the Quality Strategy for the Medicaid managed care program will expand. Agency specific quality strategies may also be developed and maintained, consistent with the Quality Strategy.

The state's current quality strategy encompasses the traditional plans (including Child Health Plus (CHPlus) and Family Health Plus (FHP) populations), Managed Long Term Care (MLTC) plans (including Medicaid Advantage Plus, Program of All-inclusive Care for the Elderly (PACE), and partially capitated MLTC plans), HIV/AIDS Special Needs Plans (SNPs), Behavioral Health Organizations (BHOs), and Developmental Disabilities Individual Support and Care Coordination Organizations (DISCOs). Several of these plans are new, therefore their measurement systems and quality monitoring are not as established as those of the traditional plans. As such, the goals of the MMC program, and the activities related to the Quality Strategy, have expanded accordingly. A separate quality strategy for DISCOs, entitled the Quality Management and Improvement Strategy for the New York State Office for People with Developmental Disabilities (OPWDD), is maintained by OPWDD and is referenced herein where appropriate.

## **II. Background**

New York's Medicaid population is both culturally and clinically diverse, with varied and sometimes complex clinical care needs ranging from preventive care for children and adults, perinatal care, long term care, chronic care including HIV/AIDS management, behavioral health care, and assistance with activities of daily living for the elderly and developmentally disabled. Medicaid enrollees include foster children, a significant population of homeless individuals, serious and chronic substance abusers, those with serious and persistent mental illness, and those with intellectual and developmental disabilities. The management of services for NYS Medicaid recipients has traditionally been handled across several different state agencies, including: NYS DOH, the Office of Alcoholism and Substance Abuse Services (OASAS), the Office of Mental Health (OMH), and the Office for People with Developmental Disabilities (OPWDD). Each agency provides specialized services for individuals meeting certain eligibility criteria, based on need. Historically, services were billed for on a fee for service basis.

With the approval of the Partnership Plan Demonstration in 1997, the NYS DOH began mandatory enrollment of Medicaid recipients in need of acute care health services into traditional Medicaid managed care plans (MMC). Initially, mandatory enrollment was limited to the Temporary Assistance for Needy Families (TANF) and Safety Net Populations. Individuals with special needs and those qualifying for the specialized services outside of the traditional benefit package, including those living with HIV/AIDS, were exempt from mandatory enrollment.

In 2001, the Family Health Plus (FHP) Program was implemented, providing comprehensive health coverage to low-income uninsured adults, with and without children. Coverage of these services was delivered through the MMC model and qualifying individuals were mandatorily enrolled. In 2005, the Federal-State Health Reform (F-SHRP) Demonstration was approved. Operating separately but complementary to the Partnership Plan, the F-SHRP Demonstration provided additional financial and regulatory support for health reform in NYS while introducing a requirement that most mandatory and optional state plan populations in 14 counties enroll in a managed care organization (MCO). Subsequently, the state continued to increase the number of counties with a mandatory enrollment requirement. As additional populations were required to enroll, all counties participating under the mandatory enrollment rule were subject to the expansion.

In 2006, the NYS DOH began mandatory enrollment of all aged and disabled adults and children (Supplemental Security Income (SSI) eligible) into MMC. In 2011, enrollees with HIV/AIDS were no longer exempt from the program and were mandatorily enrolled in their choice of a HIV/AIDS Special Needs Plan (SNP) or a "Mainstream" (traditional) plan. In 2012, the NYS DOH began to mandatorily enroll dual eligible recipients in need of community-based long-term care services into managed long-term care (MLTC) plans.

With the renewal of the Partnership Plan and F-SHRP by CMS in April 2013, DOH regulated managed care organizations began designing a system to provide long-term supports and services to the developmentally disabled (DD) population through a benefit package that included services from the OPWDD, NYS DOH's MLTC program, and behavioral health services through NYS OMH. The transition of developmental disability services into a formalized managed care framework is being realized through a pending Home and Community Based Service (HCBS) waiver between OPWDD and CMS: the People First Waiver. New managed care organizations known as Developmental Disabilities Individual Support and Care Coordination Organizations (DISCOs) will provide holistic, person-centered care planning and delivery of coordinated, supports and services, under the expertise of the current OPWDD service provider community. Initially DISCOs will provide day habilitation and residential based services. Individuals who are dually eligible for Medicare and Medicaid and in need of disability services will be able to enroll in a new plan type called Fully Integrated Duals Advantage for Persons with Intellectual and other Developmental Disabilities (FIDA-IID). Beginning in 2015, OPWDD will look to expand managed care operations for the developmentally disabled population to the entire state, with additional supports and services offered through DISCOs to include primary care and other Medicaid services.

Recent improvements to the Medicaid program in NYS can be largely credited to the work of the Medicaid Redesign Team (MRT). Created in 2011 by Governor Cuomo under an amendment to the Partnership Plan, the MRT consists of provider, payer, and consumer stakeholders working together to address underlying cost and health care quality in NYS. As a result of their recommendations, several additional plans and populations were transitioned into a managed care program including approximately 100,000 enrollees who were nursing home eligible and in need of more than 120 days of community based long term care services into MLTC plans that provide community-based long-term care services. The MRT has also resulted in the development of other models of managed care such as Behavioral Health Organizations (BHOs), special needs Health and Recovery Plans (HARPS), and Fully-Integrated Duals Advantage (FIDA) plans. Once fully operational, these specialized managed care organizations will provide services under the oversight of the state agency specializing in the special needs of the applicable population. A 2014 amendment to the Partnership Plan allows the state to reinvest savings from Medicaid redesign into activities aimed to further transform NYS's health care delivery system, increasing quality while stabilizing the system and driving down cost.

Enrollment in MMC currently exceeds 4.5 million people. All 62 counties in NYS, including the five counties that make up New York City, have implemented mandatory enrollment for some type of Medicaid managed care program.

The NYS DOH is now sharing the responsibility with other state agencies for managed care plan oversight. Though inclusive of all managed care programs in NYS, this quality strategy is complimented by one maintained by OPWDD, pursuant to their People First Waiver. OPWDD's quality strategy for the developmentally disabled population incorporates the needs and

demands of the changing developmental disability landscape, while building upon New York State's Quality Strategy for the Medicaid Managed Care Program so that quality oversight of DISCOs are tailored to the unique needs of this population.

Effective and efficient quality assurance, oversight, and improvement depends on the efforts of each state agency, internally and cross agency, in the management of unique needs of the populations served. New York has developed and implemented rigorous standards for plan participation to ensure that NYS health plans have networks and quality management programs necessary to adequately serve all enrolled populations. The NYS DOH performs periodic reviews of the Quality Strategy to determine the need for revision and to assure managed care organizations (MCOs) are in contract compliance and have committed adequate resources to perform internal monitoring and ongoing quality improvement. The Quality Strategy is updated regularly to reflect the maturing of the quality measurement systems for new plan types, as well as new plans and populations that may be developed in the future. Examples of results of analyses and evaluations are described throughout this document.

### **III. Managed Care Program Objectives**

Data collected since 1993 demonstrate that Medicaid beneficiaries enrolled in managed care plans receive better quality care than those in fee-for-service Medicaid. Studies of those who have voluntarily enrolled in managed care and other evaluations have repeatedly shown a steady improvement in quality of care and a dramatic improvement in chronic care disease management for those in Medicaid managed care plans.

The following lists some objectives of the Medicaid managed care program. Through these objectives, the program seeks to improve health care services, population health, and reduce costs consistent with the MRT and CMS' Triple Aim objectives.

#### **Program Initiative Objectives:**

- Create and sustain an integrated, high performing health care delivery system that can effectively and efficiently meet the needs of Medicaid beneficiaries and low income uninsured individuals in their local communities by improving care, improving health and reducing costs.
- Continue to expand on the assessment, measurement, and improvement activities for all existing managed care plans while incorporating new managed care plans as they become operational, including HARPs, BHOs, FIDA-IIDs, and DISCOs.
- Demonstrate an increase of at least 5 percentage points in the statewide rate of diabetics who received all four required tests for the monitoring of diabetes.
- Decrease the prevalence of self-identified smokers on the Consumer Assessment Health Care Provider Systems (CAHPS®) survey.
- Increase the measurement, reporting and improvement initiatives associated with preventable events such as preventable quality indicators (PQIs), potentially

preventable readmissions (PPRs) and emergency department use for preventive care (PPVs).

- Increase measurement in behavioral health by developing and implementing a more robust measurement set and incorporating expanded populations such as BHOs and Health Homes into QARR measurement.
- Continue to publish data by race and ethnicity, as well as aid category, age, gender and region in order to develop meaningful objectives for improvement in preventive and chronic care by engaging the plans in new ways to improve care through focusing on specific populations who rates of performance are below the statewide average.
- Decrease any disparity in health outcomes between the Medicaid and commercial populations.
- Expand access to managed long term care for Medicaid enrollees who are in need of long term services and supports (LTSS).
- Increase MLTC measurement with the implementation of HEDIS®/QARR reporting and the development of additional measures using SAAM data.
- Decrease the percentage of MLTC enrollees who experienced daily pain from 52 percent to 45 percent.
- NYS DOH seeks to reduce the statewide average with no plan having a rate above 20 percent.

These objectives are designed for the benefit of the entire Medicaid population of NYS and thus encompass all managed care plan types. As specialized managed care plans develop and operationalize, additional managed care objectives need to be considered. Traditional managed care techniques have the potential to facilitate higher quality cost effective services for people with special needs, but this will only be the case if service delivery policies are well designed, effectively implemented, tailored to the unique interests, needs and challenges of the population, and achieve cost savings by improving outcomes and eliminating inefficiencies, not by reducing the quality or availability of services.

According to the National Council on Disabilities March 18, 2013 Report titled “Medicaid Managed Care for People with Disabilities: Policy and Implementation Considerations for State and Federal Policymakers”, a state’s quality management strategy must be capable of:

- Continuously monitoring the performance of all managed care contractors and subcontractors and ensuring that prompt remedial actions are taken when deficiencies are identified.
- Reporting, tracking, investigating, and analyzing incident patterns and trends in order to pinpoint and promptly remediate threats to health and safety of managed care beneficiaries.
- Assessing the quality of services and supports provided on an individualized basis using valid and reliable clinical and quality of life measures; and preparing and issuing periodic statistical reports on personal outcomes and system performance, analyzing trends, and managing quality improvement initiatives.



The performance measures identified in this quality strategy are designed to accomplish these vital aspects of the quality management. The design and operation of a specialized managed care system for people with intellectual and developmental disabilities poses unique challenges. People with intellectual and developmental disabilities often have complex, multi-dimensional, and highly diverse needs, and NYS recognizes that the changing medical model of care needs to build upon advances and quality of life for these individuals.

OPWDD's quality strategy for DISCOs is currently being finalized; a link will be made available on the NYS DOH MRT website upon approval. The strategy sets out to build upon a foundation of core principles that promote independence, community inclusion, self-determination, and productivity. As people with developmental disabilities are further integrated into managed care, OPWDD will continue to enhance the focus of quality oversight to how well individuals are progressing toward their personal goals, how satisfied individuals and families are with the services received, how well DISCOs are promoting quality outcomes and quality improvement within their provider networks, and using data related to these measures to effect individual, provider, DISCO, and system improvements.

Specific objectives of managed care for people with intellectual and developmental disabilities relate to:

- Making the system more person centered --supports and services that match each person's unique identified interests and needs, including opportunities for self-direction
- Serving people in the most integrated settings possible
- Provision of better integrated, holistic planning and supports to individuals
- Measuring quality based on individualized outcomes.

#### **IV. Approach**

To achieve the overall objectives of MMC and to ensure the highest quality health care among Medicaid recipients in NYS, the NYS Quality Strategy focuses on measurement and assessment, improvement, redesign, contract compliance and oversight, and enforcement as described below.

Through these activities, the state complies with CFR 438.204, Elements of State Quality Strategies, by detailing:

- The MCO and Prepaid Inpatient Health Plan (PIHP) contract provisions that incorporate the standards specified in this subpart.
- Procedures that:
  - Assess the quality and appropriateness of care and services furnished to all Medicaid enrollees under the MCO and PIHP contracts, and to individuals with special health care needs.

- Identify the race, ethnicity, and primary language spoken of each Medicaid enrollee. States must provide this information to the MCO and PIHP for each Medicaid enrollee at the time of enrollment.
- Regularly monitor and evaluate the MCO and PIHP compliance with the standards.
- National performance measures and levels that may be identified and developed by CMS in consultation with States and other relevant stakeholders.
- Arrangements for annual, external independent reviews of the quality outcomes and timeliness of, and access to, the services covered under each MCO and PIHP contract.
- Appropriate use of intermediate sanctions.
- An information system that supports initial and ongoing operation and review of the State's quality strategy.
- Standards for access to care, structure and operations, and quality measurement and improvement.

## **1. Measurement and Assessment**

Demonstrating success and identifying challenges in meeting objectives of managed care are based on data that reflects:

- Health plan quality performance,
- Access to covered services,
- Extent and impact of care management,
- Use of person-centered care planning (DISCO specific), and
- Enrollee satisfaction with care.

The NYS DOH has developed several systems to collect data from MCOs. MCOs are required to have information systems capable of collecting, analyzing, and submitting the required data and reports. Focused clinical studies and Performance Improvement Projects (PIPs) additionally capture quality of care information for specific populations and diseases.

To ensure the accuracy, integrity, reliability, and validity of the data submitted, the state contracts with an External Quality Review Organization (EQRO). The EQRO audits data submissions and provides technical assistance to MCOs in collecting and submitting requested information.

DISCOs will be the primary entity for quality reporting on managed care for people with intellectual and developmental disabilities. Annually each DISCO will be required to measure and report its performance to NYS, using standardized measures that incorporate the requirements of § 438.204(c) and 438.240(a)(2).

Measures used to evaluate quality performance in NYS are largely based on The National Committee for Quality Assurance's (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS), the Medicaid Encounter Data System (MEDS), Prevention Quality Indicators (PQIs)-measures developed by the Agency for Healthcare Research and Quality (AHRQ), Semi-Annual Assessment of Members (SAAM) datasets, the National Core Indicators Survey (NCI), and consumer satisfaction surveys including the CAHPS survey. In addition to national measures obtained from these sources, NYS has expanded its evaluation of managed care objectives to include state-specific measures. The Quality Assurance Reporting Requirements (QARR) quality measurement set and other data sources used for assessment of the managed care delivery system in NYS are described below.

**a) QARR Measurement Set**

NYS DOH staff developed the QARR in 1993 to monitor quality in managed care plans. QARR consists of 74 measures from the National Committee for Quality Assurance's (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®), CAHPS®, and New York State-specific measures.

QARR focuses on health outcome and process measures, and includes clinical data relating to prenatal care, preventive care, acute and chronic illnesses, mental health and substance abuse for children and adults in Medicaid/CHIP.

The major areas of performance included in QARR are:

- 1) Effectiveness of Care
- 2) Access to/Availability of Care
- 3) Satisfaction with the Experience of Care
- 4) Use of Services
- 5) Health Plan Descriptive Information
- 6) NYS-specific measures: (HIV/AIDS Comprehensive Care, Appropriate Asthma Medications, and Prenatal Care measures from the Live Birth file).

All measures address health care needs of traditional MMC, Medicaid MLTC, and special needs populations. Applicable measures are rotated largely following the HEDIS rotation schedule. A list of the QARR measurements collected by NYS can be seen in appendix (3) and at the following link:

[http://www.health.ny.gov/health\\_care/managed\\_care/qarrfull/qarr\\_2013/docs/qarr\\_specifications\\_manual\\_2013.pdf](http://www.health.ny.gov/health_care/managed_care/qarrfull/qarr_2013/docs/qarr_specifications_manual_2013.pdf)

QARR is submitted annually, in June of the year following the measurement year and published in web-based formats.

**b) Encounter Data**

All MCOs are required to submit monthly encounter data to the Medicaid Encounter Data System (MEDS). MEDS is consistent with national standards for a national uniform core data set. MEDS data provide a source of comparative information for MCOs and are used for purposes such as monitoring service utilization, evaluating access and continuity of service issues, monitoring and developing quality and performance indicators, studying special populations and priority areas, risk adjustment, and setting capitation rates.

**c) Data on Race, Ethnicity and Primary Language**

New York Medicaid obtains race, ethnicity, and primary language spoken from several sources: the eligibility system, the enrollment form completed by the recipient, and the enrollee health assessment form mailed to new enrollees by both the social services district and the MCO. Completed enrollment forms are forwarded to the MCO. MCOs are now required to submit member-level QARR and CAHPS (satisfaction) data to the NYS DOH which enables the calculation of QARR rates by demographic characteristics including race/ethnicity and Medicaid aid category. These demographic level reports allow further evaluation of the quality of care received by populations of significant and or discrepant healthcare needs, including Safety Net and SSI populations. The most recent report is available at:

[http://www.health.ny.gov/health\\_care/managed\\_care/reports/docs/demographic\\_variation\\_2011.pdf](http://www.health.ny.gov/health_care/managed_care/reports/docs/demographic_variation_2011.pdf)

**d) Semi-Annual Assessment of Members (SAAM)**

In 2005, the Department developed and implemented a functional assessment tool for its growing MLTC program. Based on the national Outcome and Assessment Information Set (OASIS), the purpose of SAAM was to understand the functional, cognitive and healthcare profile and therefore, the needs of the population. The state's EQRO conducted one audit of the data in 2009. The data are used in the calculation of the capitation rates and to evaluate the quality of care of the program.

In October 2013, the NYS DOH began requiring all MLTCs to use the newly developed Uniform Assessment System-New York (UAS-NY). The UAS-NY is an interRAI tool which replicates the data generated by SAAM and provides additional assessment information to allow comparisons across community-based programs. This system additionally establishes a single, unique medical record for all enrollees of the state's Medicaid home and community-based long-term care network, further enabling comprehensive assessments.

**e) Member Satisfaction Surveys**

The state conducts an annual CAHPS survey with a certified CAHPS vendor, under arrangement by the state's EQRO. With the EQRO, NYS DOH has also conducted several other surveys focused on specific populations such as enrollees with diabetics or

Supplemental Security Income (SSI) who were mandatorily enrolled for the first time. Enrollees of the MLTC plans were surveyed in 2007, 2011 and 2013. A new enrollee survey is currently being administered in New York City to determine the satisfaction levels of individuals who were enrolled mandatorily in MLTC. Questions focus on their satisfaction with managed care versus fee-for-service.

These surveys allow the NYS DOH to evaluate the enrollees' perceptions of quality, access and timeliness of health care services. Because the results are presented by plan, comparisons to the statewide average are possible, and plans can be held accountable for performance. Plans whose results are meaningfully and statistically below acceptable thresholds may be required to develop a corrective action plan that NYS DOH staff will review and monitor. The results of the surveys are made available to Medicaid recipients to assist them in the process of selecting an appropriate MCO.

**f) National Core Indicators (NCI) Survey**

NCI was launched as a joint venture, by the National Association of State Directors of Developmental Disabilities Services (NASDDDS) and the Human Services Research Institute (HSRI) in 1997. NCI is a common set of data collection protocols to gather information about the outcomes of state service delivery systems for people with intellectual and developmental disabilities. New York State will continue to conduct the annual National Core Indicator (NCI) Survey for people with intellectual and developmental disabilities through OPWDD. The Consumer Survey consists of indicators in the following domains: Home, Employment, Health and Safety, Choice, Community Participation, Relationships, Rights, and Individual Satisfaction.

**g) Prevention Quality Indicators (PQIs)**

The Prevention Quality Indicators, called, PQIs are a set of measures developed by the Agency for Healthcare Research and Quality (AHRQ) to identify ambulatory care sensitive conditions. These are conditions for which good outpatient care can potentially prevent the need for hospitalizations, or for which early intervention and treatment would prevent complications or severe disease. While the hospital admission is used to identify the PQI, the PQIs can be used to flag problems in the health care system outside the hospital. The NYS DOH calculates and provides PQI data to MMC plans on a yearly basis as part of a quality improvement activity described later.

**h) DISCO Specific Performance Measurement**

A subset of performance measures specific to the special needs of individuals with intellectual and developmental disabilities will be incorporated into the Quality Management and Improvement Strategy for the New York State Office for People with Developmental Disabilities. Established by OPWDD, the DISCO specific performance measures address the following quality domain areas:

- **Personal Outcome Measures-** Assess the degree to which the DISCO's care coordination and supports provided are contributing to individual outcome achievement
- **Individual Outcome Measures-** Clinical and Functional Outcome Measures derived from data from the OPWDD Needs Assessment Tool based upon the InterRAI known as the Consolidated Assessment System when fully implemented
- **OPWDD System Reform Measures-** that benchmark the state's progress toward the developmental disabilities transformation milestones related to deinstitutionalization and access to community-based services, self-direction of services, accessible housing with appropriate supports, and employment opportunities that enable people with intellectual and developmental disabilities to live productive lives in their communities
- **1915 C Wavier Assurance Measures-** Measures compliance with HCBS waiver assurances in accordance with CMS's evidentiary approach to quality reviews of HCBS waiver programs
- **Other Structural/Process Measures**
- **National Core Indicators-** Measures performance of New York State's developmental disability system at the system's level and enables comparisons between New York State's system and other state developmental disability systems

A complete list of these performance measures can be seen in Appendix 4.

## 2. Improvement

Quality Improvement is a continuous process and refers to an organization's or system's capacity to improve performance and accountability through systematically collecting and analyzing data and information and implementing action strategies based on the analysis. Based on the results of assessments of quality and appropriateness of care, contract compliance, and MCO monitoring activities, the NYS DOH targets improvement efforts through a number of interventions as described below.

### a) Focused Clinical Studies

Focused clinical studies, conducted by the EQRO, usually involve medical record review, surveys, or focus groups. MCOs are required to conduct two or three focused clinical studies a year. Recommendations for improvement are offered to NYS DOH, plans, and providers. Studies concerning the reduction of falls, the provision of advanced directives, and the administration of flu shots for the MLTC plans, have been conducted as well. A study is currently underway to determine whether MLTC plans are conducting timely assessments and maintaining level of services as required by the special terms and conditions of the 1115 waiver.

**b) Performance Improvement Projects (PIP)**

Mainstream Medicaid managed care plans are required to conduct one PIP annually using a report template that reflects CMS requirements for a PIP. The NYS DOH and the EQRO support these collaborative efforts. In the past, each plan has chosen a topic, and with the technical assistance from the EQRO, developed a study methodology and conducted interventions to reach their improvement goals. Recently however, the NYS DOH has encouraged plans to participate in collaborative studies through collaborations with network hospitals across the state.

Study processes and results are presented in final reports due 18 months after each study begins. Conferences are held upon completion of collaborative PIP projects, in which participating health plans are brought together to discuss lessons learned and describe individualized experiences with these quality improvement projects.

From 2009 – 2010, eighteen plans worked with NYS DOH and the EQRO to improve the prevention of childhood obesity. From 2011-2012, ten plans worked on addressing potentially preventable hospital re-admissions, and six plans worked to reduce disparities in asthma care by partnering with health care practices in Central Brooklyn. Currently health plans are collaborating on PIPs targeting prevention of chronic diseases. The PIP designed for 2013-2014 addresses diabetes management and prevention, hypertension, and smoking cessation. One component of this PIP is the Medicaid Incentives for the Prevention of Chronic Disease (MIPCD) grant, in which New York is participating alongside ten other states to determine the effect of offering financial incentives as a means of engaging recipients in preventive health services.

MLTC plans also conduct PIPs on a yearly basis. MLTC PIPs focus on clinical and non-clinical areas consistent with the requirements of 42 CFR 438.240 of the Medicaid model contract. One priority project is chosen each year and approved by the Department. PIP topics for 2013 include:

- Improving frequency of podiatrist visits
- Home exercise program to prevent falls
- Implementation of a new infection control program
- Improving grievance and appeal reporting
- Improving timeliness of participant assessment
- Timelines of implementation of home health agency and personal care assistant services
- Improving Flu immunization rates
- Use of an admission screening tool to detect elder abuse
- Improving the Medicaid recertification process
- Improving outcomes for members with cardiovascular disease
- Improving LDL-C screening for diabetic members
- Fall prevention, reduction and risk assessment

- Early identification of breaks in skin integrity
- Reduction in hospital length stays for UTI's and pneumonia
- Establishing appropriate nutritional guidelines to determine whether members should receive home delivered meals
- Improving coordination of care in post discharge period
- CHF and COPD
- Diabetic care management

MLTC PIPs continue to strive to improve the health and healthcare of the aged and disabled adult populations. Interventions seen in past PIPs have included: increased utilization of health informatics in care management and health assessment, increased care coordination, development of multidisciplinary teams to address PIPs within the health plan, home care visits, and member, provider, and care manager education through classes and the creation of education materials.

As individuals with intellectual and developmental disabilities are transitioned into managed care, DISCOs will also be required to conduct performance improvement projects that focus on clinical and non-clinical areas consistent with the requirements of 42 CFR 438.240 and CMS and NYS protocol. The purpose of these studies will be to promote quality improvement within health and member outcomes and enrollee satisfaction. At least one (1) performance improvement project each year will be required. The EQRO will validate the DISCO's data and methodology for required performance improvement projects.

#### **c) Pay for Performance – Quality Incentive**

In 2002, the NYS DOH began rewarding plans that have superior performance by adding up to an additional 3.0 percent to plan per member per month premiums. This Quality Incentive (QI) program uses a standardized algorithm to awards points to health plans for high quality in the categories of: Effectiveness of Care, Access and Availability, and Use of Services. Points are deducted for any Statements of Deficiency (SOD) issued for lack of compliance with managed care requirements. Assessments of quality and satisfaction are derived from HEIDS measures in NYS's QARR, satisfaction data from CAHPS, and Performance Quality Indicators (PQIs).

#### **d) PQI Improvement**

Each year, the NYS DOH sends plan-specific adult and pediatric PQI reports to health plans. These reports also include enrollee characteristics and PQI rates by hospital. Also included are the PQI statewide rates by hospital. Health plans with a PQI rate higher than the statewide average are required to respond to DOH with a Root Cause Analysis and Action Plan. Quality Improvement plan managers at the Office of Quality and Patient Safety oversee the response process and offer guidance on best practices to improve PQI measured performance.



#### e) Quality Performance Matrix

In order to monitor health plan performance on quality measures, a quality performance matrix was developed and implemented in 1998. The matrix approach provides a framework for benchmarking performance and helps plans prioritize quality improvement planning. The matrix gives a multi-dimensional view of plan performance by comparing rates for selected measures in two ways: 1) to the statewide average and 2) trend over two years. The result, as shown below, is a 3x3 table where measures are displayed in cells corresponding to a letter grade ranging from A (best performance) to F (worst performance).

Plans are instructed to conduct root-cause analysis and action plan for measures where there is poor performance based on the barriers identified. The action plans are reviewed and approved by Office of Quality and Patient Safety (OQPS) staff and are monitored throughout the year to assure that they are being conducted and evaluated for effectiveness in improving performance.

		Statewide Statistical Significance		
		-	0	+
Trend	↑	<b>C</b>	<b>B</b>	<b>A</b>
	0	<b>D</b>	<b>C</b>	<b>B</b>
	↓	<b>F</b>	<b>D</b>	<b>C</b>

<b>A</b>	Performance is notable. No action plan required
<b>B, C</b>	No action plan required
<b>D, F</b>	Root cause analysis and action plan required

#### f) Publication of Quality Performance Reports

In an effort to share results from our quality performance analyses, medical record reviews, and surveys NYS DOH has published findings in peer review journals, on the NYS DOH public website and distributed copies of EQRO reports to all health plans. Appendix 4 Published Journal Articles – New York State DOH presents a bibliography of peer review journal articles published on health plan quality performance. Results from a recent dental survey of Medicaid managed care enrollees and copies of the EQRO Technical Reports are available on the NYS DOH website at:  
[http://www.health.state.ny.us/health\\_care/managed\\_care/reports/index.htm](http://www.health.state.ny.us/health_care/managed_care/reports/index.htm).

**g) Quality Improvement Conferences and Trainings**

NYSDOH is committed to providing MMC plans with tools to conduct successful quality improvement initiatives. One successful approach has been the sharing of other plan experiences in best practice forums. NYS DOH, in collaboration with its EQRO, has conducted conferences on immunization strategies, partnering for quality improvement, understanding CAHPS (consumer survey) results, adolescent preventive care, physician profiling, ADHD, childhood obesity, asthma, diabetes, and prenatal care. Conferences are also held upon completion of PIPs. Evaluation feedback is always sought and comments are used when planning future events. The NYS DOH has met with MCOs and other stakeholder to address regional disparities in QARR performance measures.

**h) Plan Manager Technical Assistance**

Each plan is assigned a plan manager in both the Office of Health Insurance Programs (OHIP) and OQPS. The plan managers act as liaisons with the NYS DOH and managed care plan staff on all issues of quality performance and MCO monitoring. They provide technical assistance to plan staff as they develop their root cause analyses and action plans in response to the Quality Performance Matrix and PQI measures. They prepare a plan's Quality Profile for the area office staff prior to their conducting an on-site Comprehensive Operational survey. They also consult with plans concerning their PIPs.

**i) DISCO Quality Improvement Steering Committee (QISC)**

For quality improvement in the managed care for people with intellectual and developmental disabilities, OPWDD has developed a quality improvement infrastructure within the operating agency that now permeates through leadership, management, and Regional Office staff from all functional divisions/units. This restructured construct establishes a series of committees that interface and create a framework to develop, monitor and revise quality improvement initiatives throughout the developmental disability service system in New York State. The lead committee is the Quality Improvement Steering Committee (QISC), which is chaired by the Commissioner and comprised of Deputy Commissioners, the Deputy of the Division of Quality Improvement, and the Director of Strategic Planning and Performance Measures. Their charge is to provide vision and strategic direction for quality management that will result in continuous quality improvement across the OPWDD enterprise and the larger developmental disability service system. The QISC, in conjunction with the OPWDD Leadership Team, the DOH, and the Governor's Office, is responsible for prioritizing system improvement activities. The QISC receives advice and recommendations through a QIS Advisory Committee whose membership is derived from the Commissioner's DD Advisory Committee, other stakeholder representatives and representatives from DOH:

The evaluation of systems design changes for quality improvement of managed care for individuals with intellectual and developmental disabilities, resulting from OPWDD's

quality management and quality improvement activities, is achieved through the QISC described above. Ultimately, the OPWDD Leadership Team is the entity that prioritizes all agency-wide system improvement activities and is responsible for the effectiveness of strategic implementation. The OPWDD Leadership Team is advised by the Quality Improvement Steering Committee, the Commissioner's DD Advisory Council established by NYS Mental Hygiene Law (13.05) and comprised of self-advocates, family members, provider representatives, and other stakeholders, and a broad array of other internal and external stakeholders that represent various constituencies including the OPWDD Provider Associations; The Self Advocacy Association of New York State; the Statewide Committee for Family Support Services; and many others.

### **3. Delivery System Transformation**

An amendment to the Partnership Plan in April of 2014, allowed for the creation of the Delivery System Reform Incentive Payment (DSRIP) program. Its purpose is to provide incentives for Medicaid providers to create and sustain an integrated, high performing health care delivery system that can effectively and efficiently meet the needs of Medicaid beneficiaries and low income uninsured individuals in their local communities by improving care, improving health and reducing costs. Broad goals of DSRIP are to:

- Transform the health care safety net at the system and state levels.
- Reduce avoidable hospital use.
- Make improvements in measures of health and public health.
- Sustain delivery system transformation through managed care payment reform.

Complimentary to existing and routine quality improvement projects previously described, networks of providers will work as unified entities, Performing Provider Systems (PPS), to achieve these goals from within their own practice communities. Each PPS will work to ensure community needs are being met throughout the transformation process, with evidence based projects addressing or assuming:

- Appropriate infrastructure,
- Integration across settings,
- Responsibility for a defined population,
- Procedures to reduce avoidable hospital use, and
- Managed care contracting reform.

Incentive distribution is based on a PPS meeting the milestones defined. Only initial funding of the Delivery System Reform Program is authorized in 2014; continued authority for operations and funding must be authorized upon renewal of the overall Partnership Plan demonstration, and is contingent on satisfactory initial implementation, which includes the state meeting

overall state milestones. The amendment additionally provides near term financial support for vital safety net providers at risk of closure.

#### **4. Contract Compliance and Oversight**

As required by CFR 438.204(g) the state must establish standards for MCO/PIHP contracts regarding access to care, structure and operations, and quality measurement and improvement. NYS's Medicaid model contract systematically addresses how these standards are achieved. Corresponding with CFR components 438.204 – 438.242 the contract details: availability of services, assurances of adequate capacity and services, coordination and continuity of care, coverage and authorization of services, provider selection, enrollee information, confidentiality, enrollment and disenrollment, grievance systems, sub contractual relationships, practice guidelines, quality assessment and performance improvement, and health information systems.

The table in Appendix 1 outlines each required component of the federal regulations and identifies the section of the model contract and/or Operational Protocol where this requirement is addressed. (See Appendix 1 – Contract Compliance of MCOs/PIHPs) At this time, the OPWDD has not yet finalized its model contract for DISCOs.

New York ensures compliance with the quality strategy by requiring MCOs to have internal quality assurance programs and by monitoring MCO performance. To participate in Medicaid managed care, MCOs must have the structures and processes in place to assure quality performance. Minimum, required components of the MCO's Quality Assurance Plan (QAP) are listed in Appendix 2. MCO QAPs are reviewed, along with documentation of the activities and studies undertaken as part of the QAP during both the certification process and pre-contract operational review. (See Appendix 2 – Internal Quality Assurance Plan and 2a – Credentialing Criteria – Recommended Guidelines).

Under §1915(c) of the Social Security Act and 42 CFR §441.302, the approval of an HCBS waiver requires that CMS determine that the state has made satisfactory assurances concerning the protection of participant health and welfare, financial accountability and other elements of waiver operations. Specific assurances include: 1) Participants enrolled in the HCBS waiver meet the level of care criteria consistent with those residing in institutions, 2) A person's needs and preferences are assessed and reflected in a person-centered service plan, 3) Qualified Providers: Agencies and workers providing services are qualified, Participants are protected from abuse, neglect and exploitation and get help when things go wrong or bad things happen, 5) The state Medicaid Agency pays only for services that are approved and provided, the cost of which does not exceed the cost of a nursing facility or institutional care on a per person or aggregate basis (as determined by the state), and 6) The state Medicaid Agency is fully accountable for HCBS waiver design, operations and performance. Renewal of an existing waiver is contingent upon review by CMS and a finding by CMS that the assurances have been

met. In completing the HCBS waiver application, the state specifies how it has designed the waiver's critical processes, structures and operational features in order to meet these assurances. The Quality Management and Improvement Strategy for the New York State OPWDD demonstrates compliance with these assurances by delineating:

- The evidence based discovery activities that will be conducted for each of the six major waiver assurances.
- The remediation activities followed to correct individual problems identified in the implementation of each of the assurances.

The strategy describes: 1) the system improvement activities followed in response to aggregated, analyzed discovery and remediation information collected on the assurances, 2) the correspondent roles/responsibilities of those conducting assessing and prioritizing improving system corrections and improvements, and 3) the processes the state will follow to continuously assess the effectiveness of the QMS and revise it as necessary and appropriate.

For MMC, the NYS DOH has developed a comprehensive program to monitor all aspects of MCO performance. The program incorporates many of the assessment activities previously outlined, but also monitors provider networks, adherence to clinical guidelines, financial statements, complaints, and reports of fraud and abuse. Comprehensive on-site operational reviews, focused on-site reviews, and annual technical reports produced by the state's contracted EQRO, assist the state in this regulatory role.

Oversight involves routine analysis and monitoring of QARR data submitted by MCOs', surveys designed to monitor areas of particular concern (such as, provider availability and other issues identified through routine monitoring activities), and analysis of functional assessment and consumer satisfaction data. The state utilizes many data sources for oversight of the Medicaid managed care program, including: the NYS DOH's Statewide Planning and Research Cooperative System (SPARCS), data reporting from New York Medicaid Choice (the contracted enrollment broker), the state's Medicaid Data Warehouse (MDW), findings from The External Quality Review Technical Report, and evaluation results from improvement initiatives. Additional activities and components of state oversight of managed care are described below.

#### **a) Participating Provider Network Reports**

On a quarterly basis, MCOs must submit updated information on their contracted provider network to NYS DOH. As part of the quarterly reports, MCOs provide information on the number of Medicaid enrollees empanelled to each network Primary Care Provider (PCP). In addition, any material change in network composition must be reported to the state 45 days prior to the change. Provider network reports are used to monitor compliance with access standards, including travel time/distance requirements, network capacity, panel size, and provider turnover. MCOs also submit quarterly rosters for their network PCPs. The PCP is identified for every managed care enrollee, which allows new analyses such as quality of care for enrollees in patient-centered medical homes versus those who are not.

**b) Adherence to Clinical Standards/Guidelines**

The state requires MCOs to adopt clinical standards consistent with current standards of care, complying with recommendations of professional specialty groups or the guidelines of programs such as: the American Academy of Pediatrics, the American Academy of Family Physicians, the US Task Force on Preventive Care, the New York State Child/Teen Health Program (C/THP) standards for provision of care to individuals under the age of twenty-one (21), the American Medical Association's Guidelines for Adolescent and Preventive Services, the US Department of Health and Human Services Center for Substance Treatment, the American College of Obstetricians and Gynecologists, the American Diabetes Association.

In February 2010, subsequent to the elimination of the Prenatal Care Assistance Program (PCAP) designation, the NYS DOH released new Medicaid Prenatal Care Standards. These standards are based on the American College of Obstetricians and Gynecologists (ACOG) and the American Academy of Pediatrics' (AAP) guidelines and also address the special needs of the Medicaid population.

Additionally, New York State has standards/guidelines for the following:

- Adult, adolescent, and pediatric HIV care developed by the NYS DOH AIDS Institute.
- Asthma care developed by the New York State Consensus Asthma Guideline Expert Panel and updated at least every two years through a collaboration with professional organizations, health plan representatives, primary care providers and asthma specialists.

**c) External Quality Review – Technical Report**

As mentioned previously, the NYS DOH contracts with an EQRO. To comply with Federal regulations, the the EQRO's scope of work includes:

- Validation of QARR, MEDS, SAAM, and DISCO specific performance measure submissions.
- Technical assistance and validation of health plan Performance Improvement Projects (PIPs).
- Development and implementation of focused studies of health service delivery issues such as coordination, continuity, access and availability of needed services.
- Preparation of the EQRO Technical Report for each MCO including MLTC plans and DISCOs.

Every three years, the EQRO prepares a full report summarizing plan-specific descriptive data incorporating CMS protocols for external review quality reports. Thus far the reports have been created for the mainstream and HIV/SNP plans with MLTC plans forthcoming. The report includes information on trends in plan enrollment, provider network characteristics, QARR performance measures, complaints and grievances, identification of special needs populations, trends in utilization using encounter data, statements of deficiencies and other on-site survey findings, focused clinical study findings and financial data. Every year, the reports are updated for a subset of this information focusing on strengths and weaknesses. The data are provided by NYS DOH to the EQRO which then compiles a profile for each plan including a summary of plan strengths and weaknesses. (For further information reference 42 CFR Part 438.364 External Quality Review Results.) The reports are distributed on CDs within the NYS DOH and to the New York City (NYC) Department of Health and Mental Hygiene. Each plan received its own technical report. These reports are available on the New York State Department of Health public website at: [http://www.health.ny.gov/statistics/health\\_care/managed\\_care/plans/reports/](http://www.health.ny.gov/statistics/health_care/managed_care/plans/reports/)

#### **d) Review of Managed Care Organizations**

##### **a. On-site operational reviews**

Operational reviews are conducted on an annual basis. The review is a comprehensive examination of the operation of an MCO to ensure compliance with statutes, regulations and government program contract requirements. These reviews also supplement other state monitoring activities by focusing on those aspects of MCO performance that cannot be fully monitored from reported data or documentation. The review focuses on validating reports and data previously submitted by the MCO through a series of review techniques that include an assessment of supporting documentation, and conducting a more in-depth review of areas that have been identified as potential problem areas. One component of the operational survey is the in-depth review of each MCO's quality assurance activities.

If any deficiencies are identified through the operational review, an MCO will be issued a Statement of Deficiency (SOD) which specifically identifies deficiencies. The MCO will be required to submit a Plan of Correction (POC) which addresses each deficiency specifically and provides a timeline by which corrective action will be completed. Follow-up visits may be conducted as appropriate to assess the MCO's progress in implementing its POC.

In addition to the SODs and resulting POCs, findings from the operational reviews may be used in future qualification processes as indicators of the

capacity to provide high-quality and cost-effective services and to identify priority areas for program improvement and refinement.

Consistent with Mental Hygiene Law requirements, NYS OPWDD Division of Quality Improvement will continue to conduct on-site certification/recertification activities for applicable DISCO programs/facilities. Consistent with federal regulations, annual reviews of Intermediate Care Facilities (ICFs) will be completed by NYS DOH or OPWDD to ensure that the provider has maintained the required conditions of participation necessary to meet the ICF standard. On-site reviews of DISCO operations will be conducted periodically to ensure compliance with the DISCO contracts, once established. These reviews may include, but not be limited to, the following components: governance; fiscal and financial reporting and recordkeeping; internal controls; marketing, network contracting and adequacy; program integrity assurances; utilization control and review systems; grievances and complaint systems; quality assessment and assurance systems; care management; enrollment and disenrollment; ADA (Americans with Disabilities Act) Compliance; management information systems; and other operational and management components. These reviews may be done by NYS DOH, NYS OPWDD, the EQRO, or another NYS contractor.

**b. Ad Hoc Focused Reviews**

Focused reviews, which may or may not be on-site, are conducted in response to suspected deficiencies that are identified through the routine monitoring processes and QARR data. These studies also provide more detailed information on areas of particular interest to the state such as emergency room visits, behavioral health, utilization management and problems with data systems.

**c. Ongoing Focused Reviews**

While particular studies or activities may be developed in response to unique situations, the following are examples of the kinds of focused studies that are conducted on an on-going basis.

- **Appointment and Availability Studies** - The purpose of these studies is to review provider availability/accessibility and to determine compliance with contractually defined performance standards. To conduct the study, undercover EQRO staff, on behalf of the NYS DOH, attempt to schedule appointments under defined scenarios, such as a pregnant woman requesting an initial prenatal appointment.

MCOs are required to conduct access and appointment availability studies and to follow-up when they identify providers who are not in



compliance with 24-hour coverage and appointment availability requirements. MCOs that fall below the NYS DOH mandated access and availability thresholds are issued a SOD. MCOs are then required to submit a POC. Results of the studies and recommended follow-up should be reported to the MCO's Quality Assurance (QA) committee. The state reviews the MCO follow-up efforts during subsequent onsite operational reviews and the NYS DOH conducts a re-audit of those MCOs that were issued SODs.

Networks are reviewed on a quarterly basis to determine network adequacy and to see if providers are being listed as practicing in a plan's network when they have been subjected to disciplinary action that would preclude them from participating in the provider network.

- **Facilitated Enrollment and Outreach/Advertising Studies** - The purpose of these studies is to determine adherence to state and local Facilitated Enrollment and Outreach/Advertising guidelines and restrictions. To conduct these studies, staff may visit sites where MCOs are permitted to do facilitated enrollment, to provide the uninsured consumers with assistance with enrollment forms and to educate them on New York State Sponsored Health Insurance Programs. The NYS DOH staff may pose as uninsured consumers or observe the activities of MCO facilitated enrollers to ensure that the facilitated enrollers are providing required information and are not engaging in any misleading facilitated enrollment practices.

As with the operational reviews, MCOs that are found to be out of compliance are issued an SOD and are required to develop a POC. Follow-up studies are conducted for those MCOs that had a serious deficiency and for any MCO that fails to show improvement upon implementation of corrective action (as determined through review of indicators such as enrollment/disenrollment rates, complaints, etc.) MCOs are also required by contract to submit all marketing materials, marketing plans and certain member notices to the NYS DOH for approval prior to use. This process ensures the accuracy of the information presented to members and potential members. In addition, New York Medicaid Choice, the NYS DOH enrollment broker, is required to track

and report enrollment activity for MLTC including satisfaction with the process.

- **Annual Care Coordination Review:** New York State OPWDD will conduct an annual on-site review of the effectiveness of every DISCO's Care Coordination Function in coordination with the NYS Department of Health reviews. During this review, OPWDD will pull a valid sample of all individuals served by the DISCO and will review the overall effectiveness of care coordination to produce results that reflect the person's assessed needs, communicated choices and preferences. The on-site Care Coordination Review will include a record review, interviews with the person and their advocates/circles of support, and interviews with DISCO personnel and staff engaged in the care coordination function. This review may also include operational and administrative elements will be included in the DISCO contract such as a review of the Quality Improvement Plan, policies and procedures, and grievance systems.
- **DISCO Care Coordination Reviews:**  
Through the NYS OPWDD's annual Care Coordination Review, NYS OPWDD will review a representative sample of individuals served by each DISCO. Part of this review will include an interview with the individuals to assess their degree of choice of providers, access to needed services, and satisfaction with services. This review will be part of a coordinated review of DISCOs by the NYS Department of Health and OPWDD.

#### e) **Complaint Reports**

On a quarterly basis, MCOs must submit a summary of all complaints registered during that quarter, along with a more detailed record of all complaints that had been unresolved for more than forty-five (45) days. A uniform report format was developed to ensure that complaint data is consistent and comparable. NYS DOH uses complaint data to identify developing trends that may indicate a problem in access or quality of care.

DISCO contracts will stipulate that on a quarterly basis, within fifteen business days of the close of the quarter, DISCOs will provide OPWDD a summary of all grievances and appeals received during the preceding quarter using a data transmission method that is determined by OPWDD.

**f) Fraud and Abuse Reports**

The MCO must submit quarterly, via the Health Commerce System (HCS) complaint reporting format, the number of complaints of fraud or abuse that are made to the MCO that warrant preliminary investigation. The plan must also submit to the NYS DOH the following information on an ongoing basis for each confirmed case of fraud and abuse it identifies through complaints, organizational monitoring, contractors, subcontractors, providers, beneficiaries, enrollees, or any other source:

- The name of the individual or entity that committed the fraud or abuse;
- The individual or entity that identified the fraud or abuse;
- The type of provider, entity or organization that committed the fraud or abuse;
- A description of the fraud or abuse;
- The approximate dollar amount of the fraud or abuse;
- The legal and administrative disposition of the case, if available, including actions taken by law enforcement officials to whom the case has been referred; and,
- Other data/information as prescribed by NYS DOH.

Within DISCOs, Care Coordinators will be mandated reporters, and therefore Care Coordinators will have responsibility to report incidents and allegations of abuse that are brought to their attention or that they become aware of through their duties and responsibilities. In addition, DISCOs will have responsibility to review data and/or reports on incidents and allegations of abuse involving their members and within their provider network and will be expected to include actionable quality improvement strategies in the Quality Assurance/Performance Improvement Plan as a result of this analysis.

**g) Quarterly and Annual Financial Statements**

In order to monitor fiscal solvency, the NYS DOH requires MCOs to submit Quarterly and Annual Financial Statements of Operations pursuant to the Medicaid Managed Care (MMC)/FHPlus and MLTC contracts.

**h) Council on Quality and Leadership (CQL)**

Each DISCOs will maintain a Council on Quality and Leadership (CQL). The CQL will be responsible for developing POMs based on interviews conducted by qualified staff with a sample of individuals served by the DISCOs. The content and application methodology of CQL's Personal Outcome Measures offers organizations and service systems a valid, uniform, and reliable system for:

- Identifying quality of life outcomes as defined and described by each person for each of 21 indicators.
- Determining the presence or absence of those outcomes in each person's life.

- Identifying the supports that are facilitating or will facilitate the outcomes.

**i) Member Participation on DISCO Governing Board**

In accordance with NYS requirements in NYCRR Part 98.1-11, within one year of a DISCO becoming operational, at least 20 percent of the governing body of the DISCO must be enrollees or advocates and/or there is an Advisory Body of enrolled members established that has direct input to the governing body including provision of feedback on enrollee satisfaction. Enrollee/advocate board members and /or the Advisory Body will provide the plan with information regarding enrollee satisfaction and the DISCO's responsiveness to cultural considerations of the enrollee community.

**j) Health Information Technology**

New York State has been successful in aligning and implementing health information systems and health information infrastructure to support program goals. The state has the ability to collect data on encounters, provider networks, complaints, quality, and satisfaction. Financial reports submitted by plans add to the richness of data collected. New data collection efforts include: annual case management data, semi-annual functional assessment data for the MLTC plans (SAAM) and a "roster" of assigned primary care physicians for each enrollee enrolled in managed care. Statewide and regional health registries, such as the NYS Immunization Information System (NYSIIS), continue to grow and have been increasingly utilized in quality measurement activities such as evaluations of enrollee compliance with HEDIS immunization standards. New York's Uniform Assessment System (UAS-NY), a web-based system with robust data capture, is also being implemented across NYS, allowing for direct data flow into the state's Medicaid data warehouse.

In the spring of 2011, NYS enacted legislation that allowed for the creation of an All Payer Database (APD). The complexities of the health care system and the lack of comparative information about how services are accessed, provided, and paid for were the driving force behind this legislation. The state recognized the need for an APD to provide a more complete and accurate picture of the health care delivery system. The APD will support health care finance policy, population health and health care system comparisons and improvements. New York's APD will contain health care claims data from insurance carriers, health plans, third-party administrators, pharmacy benefit managers, Medicaid and Medicare that can be synthesized to support the management, evaluation, and analysis of the NYS health care system. Payers will provide information about insured individuals, their diagnoses, services received and costs of care.

New York's MCOs have successful information systems that allow them to collect and submit required data and reports. Many health plans have supported the adoption and implementation of electronic health records and established internal registries to assist them in disease management including diabetes, asthma, and high risk prenatal care.

The US Department of Health and Human Services, parent agency of the Centers for Medicare and Medicaid Services (CMS), created the Office of the National Coordinator for Health Information Technology (ONCHIT) in 2004, to advance the President's agenda of creating an electronic medical record for every American by 2014. New York State, in alignment with this agenda, enacted the Healthcare Efficiency and Affordability Law for New Yorkers (HEAL-NY), a grant program promoting broad adoption of the Electronic Health Records (EHRs), developing the Statewide Health Information Network for New York (SHIN-NY), and defining a governance processes for leveraging Health Information Exchange (HIE) to improve population health and reduce healthcare costs. Through a public/private partnership with the New York eHealth Collaborative (NYeC), a statewide collaborative process is used to continue to move the HIE agenda forward and align with the efforts of the Quality Programs.

Work continues to build an even more efficient Statewide Network with statewide services and more robust clinical decision support. Through a statewide collaborative process of diverse stakeholders, NYeC, in partnership with the state, developed a set of privacy and security policies and technical and operational standards for health information exchange organizations, which provides the governance framework to make data available in a consumable electronic format available to clinicians, the state, patients and Plans. This is critical for programs such as Patient Centered Medical Homes and Medicaid Health Homes, where patients with co-morbidities and behavioral health conditions are among the most complex and costly to the health care system. The efficient delivery of clinical data at the point of service is again leveraged by the investment in HIT.

The total investment to date in New York's Health Information Infrastructure is over \$980 million, nearly \$400 million in funding through the Health Care Efficiency and Affordability Law for New Yorkers Capital Grant Program, over \$400 million in private sector matching funds and nearly \$180 million in other state and Federal programs.

## **5. Enforcement**

The Office of Quality and Patient Safety (OQPS), in collaboration with the Office Of Health Insurance Programs (OHIP) has an enforcement policy for data reporting which applies to reporting for quality and appropriateness of care, contract compliance and monitoring reports. If an MCO cannot meet a reporting deadline, a request for an extension must be submitted in writing to the NYS DOH. The NYS DOH will reply in writing as well, within one week of receiving the request. MCOs that have not submitted mandated data (or requested an extension) are notified within one week of non-receipt that they must: 1) contact the OQPS within one week with an acceptable extension plan; or 2) submit information by one week.

If the data are not submitted within one week of the deadline, enforcement options include:

- Face-to-face meeting with plan to discuss issues,
- Issue SOD and require subsequent POC,
- Deny requests for an expansion,
- Stop auto-assignment to the plan,
- Freeze new enrollment, or,
- Terminate contract.

Upon determination of the appropriate enforcement option, the Bureau of Intergovernmental Affairs shall notify the counties and advise them of the actions to be taken.

## **V. Review of Quality Strategy**

### **A. Public Input**

The Quality Strategy is placed on the NYS DOH web site, for a period of no less than 30 days following each update or revision, providing stakeholders and the general public the ability to comment on the content and approach. In addition, the development of the People First Waiver, including these quality strategy elements, has been a transparent and collaborative process with stakeholders. OPWDD's history of partnership with those it supports has been and will continue to be the key to its ability to effectively support individuals with intellectual and developmental disabilities. OPWDD has used a range of mechanisms to reach as many people as possible with an opportunity to understand the reasons for reform, ask questions and contribute to the future service system. OPWDD established a dedicated People First Waiver Web page to track development for the waiver from its conceptual beginnings to a final agreement with CMS and implementation. The web page became the hub of communication, enhanced by in-person forums, briefings, hearings and presentations.

### **B. Strategy Assessment Timeline**

Every three years, NYS DOH will assess the Quality Strategy objectives using QARR/HEDIS results, SAAM, case management, CAHPS and other consumer survey results, Access and Availability survey findings, and the EQRO Technical Report Strengths and Opportunities for Improvement section.

Timeline for Quality Strategy – Assessment of Objectives 2014 – 2019

<b>Activity</b>	<b>Date Completed</b>
HEDIS/QARR data submitted (annually)	June, 2014, 2015, 2016, 2017, 2018, 2019
MEDS III data submitted (monthly)	January – December, 2014-2019
CAHPS survey conducted	November, 2014- 2019

Calculate Rates of Quality Performance	June 2014-2019
Assess Quality Strategy Objectives	December 2014, December 2017
Report changes in the Strategy	Within 90 days of any amendments or changes to the Medicaid managed care program

## VI. Achievements and Opportunities

### A. Managed Care Performance

Rates of performance in child health, chronic care, behavioral health, and satisfaction with care have steadily increased over time and are frequently higher than national Medicaid benchmarks published in the NCQA's State of Healthcare Quality. As of 2013, Medicaid performance results matched or exceeded commercial results for over 65 percent of all measures. Additionally, New York's Medicaid managed care plans have continued to close the gap between Medicaid and commercial performance, highlighted in preventive care, prenatal care, women's health, and care for people with chronic conditions.

The table below identifies a list of measures where there was a 10 percent improvement in statewide rates of performance between 2011 and 2012. Significant improvement is defined as at least 10% of gap between last reported rate and the current rate.

Medicaid	Result
• HIV/AIDS Comprehensive Care - Viral Load Monitoring	72
• HIV/AIDS Comprehensive Care – Syphilis Screening	71
• Adult BMI Assessment	79
• Pharmacotherapy Management of COPD Exacerbation-Corticosteroid and Bronchodilator	72 (Corticosteroid) 88 (Bronchodilator)
• Persistence of Beta-Blocker Treatment	81
CHP	
• Immunizations for Adolescents – Combined Rate	68
HIV SNP	
• Controlling High Blood Pressure	66
• Pharmacotherapy Management of COPD Exacerbation-Corticosteroid and Bronchodilator	65 (Corticosteroid) 91 (Bronchodilator)

Many additional measures have sustained rates that exceed 80%, including:

#### Medicaid

- Annual monitoring for Patients on Persistent Medications -combined
- Appropriate Testing for Pharyngitis
- Appropriate Treatment for URI
- Well Child Visits in the first 15 months (5 or more visits)
- Well Child Visits for 3 to 6 year olds

#### CHP

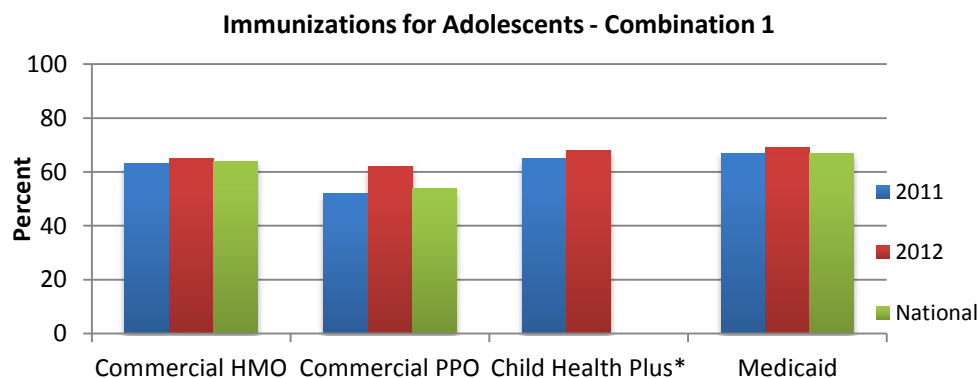
- Appropriate Testing for Pharyngitis
- Appropriate Treatment for URI
- Well Child Visits in the first 15 months (5 or more visits)
- Well Child Visits for 3 to 6 year olds

#### HIV SNP

- Annual monitoring for Patients on Persistent Medications -combined
- Appropriate Treatment for URI
- Use of Imaging Studies for Low Back Pain.

The following graph shows the improvement in the percentage of adolescents 13 years of age who had one dose of meningococcal vaccine and one tetanus, diphtheria toxoids and acellular pertussis vaccine (Tdap) or one tetanus, diphtheria toxoids vaccine (Td) by their 13<sup>th</sup> birthday.

As shown, the state's rates of performance have improved across commercial and Medicaid product lines, and Medicaid rates are now higher than the commercial statewide average.



\* No national data available for Child Health Plus.

Several initiatives implemented by NYS DOH are believed to have been effective in improving health care quality and service. The QI has been an invaluable tool in improving performance. Public reporting of plan performance has empowered consumers and motivated plans. Plan collaborations, such as the ADHD, childhood obesity, and the readmission collaborative, where plans partnered with network hospitals and shared lessons learned during quarterly conference calls and in-person conferences, provide a useful mechanism for plans to focus on areas of



concern to the Medicaid managed care population. The Quality Performance Matrix has enabled plans to develop internal processes for conducting root cause analyses and implementing actions focused on the identified barriers. While early action plans may have included one or two activities, the overwhelming majority of responses are now multi-faceted, addressing improvement through member, provider, data and plan-level interventions.

Despite the impressive gain in many quality measures, there are still areas in need of improvement, particularly in the control of chronic conditions. Based on the most recent QARR data (2012 measurement year), the rates for the following measures were seen to have a marginal decline of between 5-10% from the previous measurement year:

- Mainstream (traditional Medicaid)
  - Appropriate Asthma Medications – 3+ Controllers (Ages 5-64)
  - Follow-up after Hospitalization for Mental Illness – 30 days
  - Controlling High Blood Pressure
  - Frequency of Ongoing Prenatal Care
  - Avoidance of Antibiotic Therapy in Adults with Acute Bronchitis
- Child Health Plus
  - Appropriate Asthma Medications – 3+ Controllers (Ages 5-18)
- HIV SNPs
  - Appropriate Asthma Medications – 3+ Controllers (Ages 5-64)
  - Spirometry Testing
  - Antidepressant Medication Management – Acute Phase Treatment

The improvement projects, strategies, and collaborations previously described in this state managed care quality strategy are designed to address shortcomings in MMC within NYS. The MMC PIPs for 2012-2013, including MIPCD, are focused on hypertension, diabetes, and smoking cessation. MIPCD provides an excellent opportunity to study strategies for the prevention of these chronic diseases. OQPS will also partner with the NYS DOH Bureau of Tobacco Control to monitor and improve utilization of Medicaid smoking cessation benefits. Quality improvement work following a focused clinical study on prenatal care is also ongoing.

In addition, as a result of the NYS DOH's concerted effort to increase the suite of mental health measures, which is dovetailing with the new HEDIS measures related to mental health and medication management, tools are now available to enhance improvement activities for the mental health population. NYS DOH will also continue to work on improving behavioral health outcomes and access to care.

## **B. Satisfaction with Care**

Within NYS, adults in Medicaid managed care rate their health plans higher than those in commercial products. However, getting care needed and getting care quickly were two

satisfaction measures seen to be lower among MMC recipients than their Commercial counterparts in 2011, and the rating of health plan lagged behind national ratings. Parents generally felt that they received the care needed for their child, such as appointments with specialists, and care, tests, or treatment. Most parents had a favorable assessment of the doctor's interaction with the child, and rating of the child's overall health care, however, parents of children with chronic conditions were generally less satisfied than parents of children without chronic conditions.

The NYS DOH is addressing these opportunities for improvement in patient satisfaction with care through continued promotion of patient surveys to identify relative strengths and weaknesses in health care and health plan services. Attention to the patient satisfaction will remain imperative throughout delivery system transformation initiatives. Through greater case management, health homes, patient centered care, the performing provider practice partnerships in the DSRIP program NYS DOH believes patient satisfaction with MMC will continue to increase across all measures.

### **C. Access to Care**

Access to care impacts members' overall physical, social, mental health status and quality of life; and affects the prevention of disease, preventable death, and detection/treatment of health conditions. Disparities in access to care affect both individuals and the whole society.

Medicaid health plans had high rates of children and adolescents' accessing primary care when compared with other types of insurance in 2012. Child Health Plus health plans exceeded all types of insurance in Children and Adolescents' access to care.

NYS hopes to continue to increase the percentage of adult Medicaid members who have a regular health care provider. MMC plans are being encouraged to increase the use of patient reminders and recall systems to maintain regular preventive care visits, and to educate parents about the diseases that can be prevented and detected in early stage by regular visits with a primary care provider.

### **D. Integrating Service Settings**

OPWDD has initiated reform efforts that will facilitate compliance with the Olmstead ruling to support all individuals with disabilities in the most integrated settings. The current service system and its underlying fiscal platform were developed to support the provision of care in traditional site based settings. As a result NYS has invested approximately 90% of its HCBS Waiver resources to support people both residentially and in day services in highly structured certified settings. Over time, the People First Waiver will enable the reform of the service system to better support individuals in the most integrated community settings appropriate to meet their needs.

By including most institutional services in the benefit package, along with the full array of community-based services, the People First Waiver will incentivize more community-based living. In addition, OPWDD will complete its transformation from an institutionally-based system to a community-based system by moving nearly all of the remaining 1,300 people out of large institutions into community settings and transforming its campus-based services to provide short-term, intensive treatment services to individuals who have demonstrated the need for this level of care and who will remain only as long as required to develop the supports that will enable them to move back into the community.

OPWDD has committed to achieving significant milestones related to establishing most integrated service settings and a supportive infrastructure through participation in New York State's Money Follows the Person Demonstration and Balancing Incentives Program. To meet the need for community-based residential settings associated with these reforms, OPWDD will also identify, develop and make available a much broader range of community-based supportive housing options. New care planning practices will also ensure that individuals already living and being supported in community settings are experiencing and engaging in those communities to the fullest extent.

## APPENDIX 1

### Contract Compliance of MCOs/PIHPs

The following table itemizes the required components of CFR 438.204(g) and identifies where they are addressed in the Medicaid model contract.

Required Component	Medicaid Managed Care Model Contract Provision	Managed Long Term Care Contract Provision
438.204 - Elements of state quality strategy Standards at least as stringent as those in the Federal regulations, for access to care, structure and operation, and quality measurement and improvement.	Chapter 20 of the Op Prot and the Model Contract.	MLTC Model Contract  Article V. Section F.
438.206 - Availability of services <ul style="list-style-type: none"> <li>▪ Delivery network, maintain and monitor a network supported by written agreements and is sufficient to provide adequate access to services covered under the contract to the population to be enrolled.</li> <li>▪ Provide female enrollees direct access to women's health specialists</li> <li>▪ Provide for a second opinion</li> <li>▪ Provide out of network services when not available in network</li> <li>▪ Demonstrate that providers are credentialed</li> <li>▪ Furnishing of services, timely access, cultural competence</li> </ul>	Model Contract: 21.1 15.1, 15.2, 15.3, 15.4, 15.5 and Appendix J (ADA Compliance Plan).  10.12  10.16 and App. K, K.1, 7. and K.2, 7. 21.2  21.4  10.1, 15.2, 15.3, 15.4, 15.5, 15.10, and 21.1	MLTC Model Contract  Article V. Section A. Article VII. Section A. D. Appendix B – ADA Compliance Plan  Not applicable to MLTC  Not applicable to MLTC  Article V. Section A.  Article VII. Section C.  Article V. Section E. F. Article VII. Section D.
438.207 - Assurances of adequate capacity and services <ul style="list-style-type: none"> <li>▪ MCO must provide documentation that demonstrates it has capacity to serve the expected enrollment. Submit the documentation in a format specified by the state at time of contracting and any time there is a significant change.</li> </ul>	Model Contract 18.5 a) viii) and 21.1, Plan Qualification, Network requirements.	MLTC Model Contract  Certificate of Authority Process, Network Requirements.  Article V. Section A. 4. Article VII. Section D.
438.208 - Coordination and continuity of care <ul style="list-style-type: none"> <li>▪ Each MCO must implement procedures to deliver primary care to and coordinate health care services to enrollees.</li> </ul>	Model Contract: 10.30, 21.8, 21.11, 21.14,	MLTC Model Contract  Article V. Section J.

<b>Required Component</b>	<b>Medicaid Managed Care Model Contract Provision</b>	<b>Managed Long Term Care Contract Provision</b>
<ul style="list-style-type: none"> <li>State must implement procedures to identify persons with special health care needs.</li> <li>MCOs must implement mechanisms for assessing enrollees identified as having special needs to identify ongoing special conditions.</li> <li>State must have a mechanism to allow persons identified with special health care needs to access specialty care directly, (standing referral).</li> </ul>	<p>13.6</p> <p>10.19 – 10.23</p> <p>15.7</p>	<p>Article VII. Section G. and H. Not applicable to MLTC</p>
<p>438.210 - Coverage and authorization of services</p> <ul style="list-style-type: none"> <li>Service authorization process.</li> </ul>	Model Contract: Section 14 & Appendix F	MLTC Model Contract Article V. Section J. Appendix K
<p>438.214 - Provider selection</p> <ul style="list-style-type: none"> <li>Plans must implement written policies and procedures for selection and retention of providers.</li> <li>State must establish a uniform credentialing and recredentialing policy. Plan must follow a documented process for credentialing and recredentialing.</li> <li>Cannot discriminate against providers that serve high risk populations.</li> <li>Must exclude providers who have been excluded from participation in Federal health care programs.</li> </ul>	<p>Model Contract: 21.6</p> <p>21.4</p> <p>21.6 (b)</p> <p>18.9, 21.1 (b)</p>	<p>MLTC Model Contract Article VII. Section C.</p> <p>Article VII. Section C.</p>
<p>438.218 - Enrollee information</p> <ul style="list-style-type: none"> <li>Plans must meet the requirements of 438.10</li> </ul>	Model Contract: 13.1, 13.2, 13.4, 13.6, 13.7, 13.11, 13.12	MLTC Model Contract Appendix M
<p>438.224 - Confidentiality</p> <ul style="list-style-type: none"> <li>Plans must comply with state and federal confidentiality rules.</li> </ul>	Model Contract: Section 20, Appendix P, P.1, 10	MLTC Model Contract Article X. Section B. Appendix L
<p>438.226 - Enrollment and disenrollment</p> <ul style="list-style-type: none"> <li>Plans must comply with the enrollment and disenrollment standards in 438.56</li> </ul>	Model Contract: Section 7.1, 7.2, 8.6, 8.7 and Appendix H	MLTC Model Contract Article V. Section B.,C.,D.
<p>438.228 - Grievance systems</p> <ul style="list-style-type: none"> <li>Plans must comply with grievance system requirements in the Federal regulations.</li> </ul>	Model Contract: Section 14 & Appendix F	MLTC Model Contract Article V. Section E. Appendix K.

<b>Required Component</b>	<b>Medicaid Managed Care Model Contract Provision</b>	<b>Managed Long Term Care Contract Provision</b>
<p>438.230 - Subcontractual relationships and delegation</p> <ul style="list-style-type: none"> <li>Plan is accountable for any functions or responsibilities that it delegates.</li> <li>There is a written agreement that specifies the activities and report responsibilities that are delegated and specifies the revocation of the agreement if the subcontractor's performance is inadequate.</li> </ul>	<p>Model Contract: 22.1(b), 22.3, and 22.5</p>	<p>MTLC Model Contract Article VII. Section B. And C.</p> <p>Provider Contract/Management Guidelines</p>
<p>438.236 - Practice guidelines</p> <ul style="list-style-type: none"> <li>Plans must adopt practice guidelines that are based on valid and reliable evidence or a consensus of health care professionals in the field; consider the needs of the population, are adopted in consultation with health care professionals, and are reviewed and updated periodically</li> <li>Guidelines must be disseminated.</li> <li>Guidelines must be applied to coverage decisions.</li> </ul>	<p>Model Contract: 16.2</p> <p>16.2(c) 14.2, 16.2(b) and Appendix F, F.1, 2.</p>	<p>MLTC Model Contract Article V. Section A. J. Appendix K.</p>
<p>438.240 - Quality assessment and performance improvement program</p> <ul style="list-style-type: none"> <li>Each MCO and PIHP must have an ongoing improvement program.</li> <li>The state must require that each MCO conduct performance measurement, have in effect mechanisms to detect both underutilization and overutilization, have in effect a mechanism to assess the quality and appropriateness of care furnished to enrollees with special health care needs.</li> <li>Measure and report to the state its performance using standard performance measures required by the state. Submit data specified by the state to measure performance.</li> </ul>	<p>Model Contract: 16.1, and 18.5 a) x) B)</p> <p>16.1(b) &amp; 18.5 a) v)</p> <p>18.5 a) x) B)</p>	<p>MLTC Model Contract Article V. Section F.</p>



## **APPENDIX 2**

### **Internal Quality Assurance Plan (QAP)**

MCO Quality Assurance Plans are reviewed, along with documentation of the activities and studies undertaken as part of the QAP during both the certification process and the pre-contract operational review. QAPs must contain, at minimum, the following elements.

- Description of Quality Assurance (QA) Committee structure – The Medical Director must have responsibility for overseeing the QA committee’s activities. The committee must meet regularly, no less than quarterly. Membership must include MCO network providers.
- Designation of individuals/departments responsible for QAP implementation – MCOs must designate a high-level manager with appropriate authority and expertise (such as the Medical Director or the Director’s designee) to oversee QAP implementation.
- Description of network provider participation in QAP – MCOs must involve network providers in QAP activities. The mechanism for provider participation must be described in the written QAP, and providers must be informed of their right to provide input on MCO policies and procedures.
- Credentialing/recredentialing procedures – MCOs must institute a credentialing process for their providers that includes, at a minimum, obtaining and verifying information such as valid licenses; professional misconduct or malpractice actions; confirming that providers have not been sanctioned by Medicaid, Medicare or other state agencies; and the provider’s National Practitioner Data Bank profile. (See Appendix 20.2a.)
- Standards of care – MCOs must develop or adopt practice guidelines consistent with current standards of care, as recommended by professional specialty groups pursuant to the requirements of the MMC/FHPlus Model Contract.
- Standards for service accessibility – MCOs must develop written standards for service accessibility, which at a minimum, meet the standards established by state and local districts as delineated in the MMC/FHPlus Model Contract.
- Medical record standards – The QAP must contain a description of the medical records standards adopted by the MCO as specified in the MMC/FHPlus Model Contract.



- Utilization review procedures – Utilization review policies and procedures must be in accordance with the requirements specified in state law Article 49 of the Public Health Law (PHL).
- Quality indicator measures and clinical studies – The state defines quality measures for MCOs in its Quality Assurance Reporting Requirements (QARR) document. The QARR report is available on the NYS DOH website at [http://www.health.state.ny.us/health\\_care/managed\\_care/reports/index.htm](http://www.health.state.ny.us/health_care/managed_care/reports/index.htm). MCOs are also required to conduct at least one Performance Improvement Project (PIP) each year in a priority topic area of their choosing. A description of PIPs must be included in the QAP.
- QAP documentation methods – The QAP must contain a description of the process by which all QAP activities will be documented, including Performance improvement studies, medical record audits, utilization reviews, etc.
- Integration of quality assurance with other management functions – To be effective, quality assurance must be integrated in all aspects of MCO management and operations. The QAP must describe the process by which this integration will be achieved.

## APPENDIX 2a

### CREDENTIALING CRITERIA - RECOMMENDED GUIDELINES

The following criteria reflect current observed standards of practice for the credentialing of physicians for participation in a managed care setting:

1. List of required licensure, certifications and registrations:
  - a) A copy of a current New York State Medical License;
  - b) A copy of current NYS registration (biennial registration as of 1995);
  - c) A copy of current Drug Enforcement Agency (DEA) certificate;
  - d) If the provider is Board Certified a copy of the Specialty Board Certification must be included and verified by written documentation from the Specialty Board.
2. The physician must also have:
  - a) Active hospital admitting privileges at an accredited hospital(s). This can be waived if the physician provides the following information:
    - i. a description of the circumstances that merit consideration of a waiver;
    - ii. either a copy of a letter of active hospital appointment other than admitting or evidence of an agreement between the applicant and a primary care physician who is licensed to practice in New York, has an active admitting privilege and will monitor and provide continuity of care to the applicant's patients who are hospitalized, and;
    - iii. a Curriculum Vitae, proof of medical malpractice insurance, and two letters of reference from physicians who can attest to the applicant's qualifications as a practicing physician.
  - b) A current Curriculum Vitae;
  - c) Graduation from Medical School as verified by one of these methods; written documentation from the Medical College or AMA Physician Master file;
  - d) Completion of a residency program as verified by written documentation from the program;
  - e) Evidence of satisfactory malpractice insurance.
3. The physician must submit the following information:
  - a) A waiver by the physician of any confidentiality provisions concerning the information required for the credentialing process and reporting to the Department;
  - b) A verification statement/attestation by the physician indicating that the information he/she is providing is true, accurate and complete;
  - c) the names of any hospital, HMO, PHSP, IPA or medical group the physician was associated with for the purpose of providing/performing, his/her professional duties;
  - d) Reasons for discontinuing associations with any of the aforementioned entities;
  - e) Information regarding pending malpractice actions and/or professional misconduct proceedings in this state or any other state, the substance of these allegations and any

other information concerning the proceedings/actions that the physician deems appropriate;

- f) History of any malpractice and/or professional misconduct judgments and/or settlements within the past 10 years;
  - g) A statement regarding his/her history of loss of professional license, limitation of privileges, disciplinary actions or felony convictions;
  - h) A statement indicating that the practitioner is free from a health impairment which is of potential risk to the patient or which might interfere with the performance of his/her duties, including the habituation or addiction to depressants, stimulants, narcotics, alcohol or other drugs or substances which may alter the individual's behavior;
  - i) A statement regarding the lack of present illegal drug use.
4. The Plan conducts the following:
- a) Validation of all of the aforementioned requirements;
  - b) Search for medical sanctions by Office of Professional Misconduct and the Office of Medicaid Inspector General;
  - c) Search of the National Practitioners Data Bank.
5. The credentialing process, as part of the total Quality Assurance/Quality Improvement program, must be directed by a peer review committee or a comparable designated committee.
6. The practitioner's credentials must be reviewed at least every three years.

**APPENDIX 3**
**New York State Department of Health QARR Measures, 2014**

√: Required measure

NR: Not required

M e t h o d	Measure	Flag	Product Lines						Specifications To Use	Member Level File Required				
			Commercial		FHP EBI	CHP only	Medicaid			C P P O	C H M O	C H P	M A	H I V
			PPO	HMO/ POS			HMO/ PHSP	HIV SNP						
Effectiveness of Care														
A	Adherence to Antipsychotic Medications for People with Schizophrenia		NR	NR	NR	NR	√	√	HEDIS 2014				●	●
H	Adolescent Preventive Care Measures	1	√	√	NR	√	√	√	NYS Specific	●	●	●	●	●
H	Adult BMI Assessment		√	√	NR	NR	√	√	HEDIS 2014	●	●		●	●
A	Annual Monitoring for Patients on Persistent Medications		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
A	Antidepressant Medication Management		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
A	Appropriate Asthma Medications 3 or more controller dispensing events	8	NR	NR	NR	NR	NR	NR	NYS Specific					
A	Appropriate Testing for Children with Pharyngitis		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	Appropriate Treatment for Children with Upper Respiratory Infection		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
S	Aspirin Discussion and Use	4	√	√	NR	NR	√	√	CAHPS 5.0H					
A	Asthma Medication Ratio		√	√	√ (19-64)	√ (5-18)	√	√	HEDIS 2014	●	●	●	●	●
A	Avoidance of Antibiotic Treatment in Adults with Acute Bronchitis		√	√	√	NR	√	NR	HEDIS 2014	●	●		●	
A	Breast Cancer Screening		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
A	Cardiovascular Monitoring for People with Cardiovascular Disease and Schizophrenia		NR	NR	NR	NR	√	√	HEDIS 2014				●	●
H	Cervical Cancer Screening	2	√	√	NR	NR	√	√	HEDIS 2014	●	●		●	●
H	Childhood Immunization Status		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	Chlamydia Screening in Women	2	√	√	√	√ (16-20)	√	√	HEDIS 2014	●	●	●	●	●

M e t h o d	Measure	Flag	Product Lines						Specifications To Use	Member Level File Required				
			Commercial		FHP EBI	CHP only	Medicaid			C P P O	C H M O	C H P	M A	H I V
			PPO	HMO/ POS			HMO/ PHSP	HIV SNP						
H	Cholesterol Management for Patients with Cardiovascular Conditions		√	√	NR	NR	√	√	HEDIS 2014	●	●		●	●
H	Colorectal Cancer Screening	2	√	√	NR	NR	√	√	HEDIS 2014	●	●		●	●
H	Comprehensive Diabetes Care		√	√	NR	NR	√	√	HEDIS 2014	●	●		●	●
H	Controlling High Blood Pressure	3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
A	Diabetes Monitoring for People with Diabetes and Schizophrenia		NR	NR	NR	NR	√	√	HEDIS 2014				●	●
A	Diabetes Screening for People with Schizophrenia or Bipolar Disorder Using Antipsychotic Medications		NR	NR	NR	NR	√	√	HEDIS 2014				●	●
A	Disease-Modifying Anti-Rheumatic Drugs for RA		√	√	√	NR	√	NR	HEDIS 2014	●	●		●	
S	Flu Shots for Adults Ages 50 - 64	4	√	√	NR	NR	√	√	CAHPS 5.0H					
A	Follow-Up After Hospitalization for Mental Illness	2	√	√	√	√ (6-18)	√	√	HEDIS 2014	●	●	●	●	●
A	Follow-Up Care for Children Prescribed ADHD Medication	2	√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	HIV/AIDS Comprehensive Care		NR	NR	NR	NR	√	√	NYS Specific				●	●
H	HPV Vaccine for Female Adolescents		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
H	Immunizations for Adolescents		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
H	Lead Screening in Children	7	√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
S	Medical Assistance with Smoking Cessation	4	√	√	NR	NR	√	√	CAHPS 5.0H					
A	Medication Management for People with Asthma		√	√	√ (19-64)	√ (5-18)	√	√	HEDIS 2014	●	●	●	●	●
A	Non-Recommended Cervical Cancer Screening in Adolescent Females		√	√	NR	√	√	NR	HEDIS 2014	●	●	●	●	
A	Persistence of Beta-Blocker Treatment After a Heart Attack		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●

Method	Measure	Flag	Product Lines						Specifications To Use	Member Level File Required				
			Commercial		FHP EBI	CHP only	Medicaid			C P P O	C H M O	C H P	M A	H I V
			PPO	HMO/ POS			HMO/ PHSP	HIV SNP						
A	Pharmacotherapy Management of COPD Exacerbation		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
A	Use of Appropriate Medications for People with Asthma		√	√	√ (19-64)	√ (5-18)	√	√	HEDIS 2014	●	●	●	●	●
A	Use of Imaging Studies for Low Back Pain		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
A	Use of Spirometry Testing in The Assessment and Diagnosis of COPD		√	√	√	NR	√	√	HEDIS 2014	●	●		●	●
H	Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents		√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
Access / Availability of Care														
A	Adult Access to Preventive/Ambulatory Care		√	√	√	NR	√	√	HEDIS 2014					
A	Annual Dental Visit		NR	NR	NR	√	√	NR	HEDIS 2014			●	●	
A	Children's Access to PCPs		√	√	NR	√	√	√	HEDIS 2014					
A	Initiation and Engagement of Alcohol & Other Drug Dependence Treatment		√	√	√ (18+)	NR	NR	NR	HEDIS 2014					
H	Prenatal and Postpartum Care	3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Health Plan Descriptive Information														
Board Certification			√	√	√	√	√	√	HEDIS 2014					
Enrollment by Product Line			√	√	√	√ (ENP-1a)	√ (ENP-1a)	√ (ENP-1a)	HEDIS 2014					
Cost of Care														
Relative Resource Use for People with Asthma		3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Relative Resource Use for People with Cardiovascular Conditions		3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Relative Resource Use for People with COPD		3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Relative Resource Use for People with Diabetes		3	NR	NR	NR	NR	NR	NR	HEDIS 2014					

M e t h o d	Measure	Flag	Product Lines						Specifications To Use	Member Level File Required				
			Commercial		FHP EBI	CHP only	Medicaid			C P P O	C H M O	C H P	M A	H I V
			PPO	HMO/ POS			HMO/ PHSP	HIV SNP						
	Relative Resource Use for People with Hypertension	3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Use of Services														
A	Well-Child Visits in the First 15 Months of Life	5	√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	Well-Child Visits in the 3rd, 4th, 5th & 6th Year	5	√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	Adolescent Well-Care Visits	5	√	√	NR	√	√	√	HEDIS 2014	●	●	●	●	●
A	Ambulatory Care		√	√	√	√	√	√	HEDIS 2014					
H	Frequency of Ongoing Prenatal Care	3	NR	NR	NR	NR	NR	NR	HEDIS 2014					
Frequency of Selected Procedures														
	Bariatric Weight Loss Surgery		√	√	√	√	√	√	HEDIS 2014					
	Tonsillectomy		√	√	NR	√	√	√	HEDIS 2014					
	Hysterectomy, vaginal & abdominal		√	√	√	NR	√	√	HEDIS 2014					
	Cholecystectomy, open & laparoscopic		√	√	√	NR	√	√	HEDIS 2014					
	Back Surgery		√	√	√	NR	√	√	HEDIS 2014					
	Percutaneous Coronary Intervention (PCI)	6	√	√	√	NR	√	√	HEDIS 2014					
	Cardiac Catheterization	6	√	√	√	NR	√	√	HEDIS 2014					
	Coronary Artery Bypass Graft (CABG)	6	√	√	√	NR	√	√	HEDIS 2014					
	Prostatectomy	6	√	√	√	NR	√	√	HEDIS 2014					
	Mastectomy		√	√	√	NR	√	√	HEDIS 2014					
	Lumpectomy		√	√	√	NR	√	√	HEDIS 2014					
	Identification of Alcohol and Other Drug Services		√	√	√ (18+)	NR	NR	NR	HEDIS 2014					
	All Cause Readmission		√	√	√	NR	NR	NR	HEDIS 2014					
	Inpatient Utilization (General Hospital-Acute Care)		√	√	√	√	√	√	HEDIS 2014					
	Mental Health Utilization		√	√	√	√	√	√	HEDIS 2014					

Method	Measure	Flag	Product Lines						Specifications To Use	Member Level File Required				
			Commercial		FHP EBI	CHP only	Medicaid			C P P O	C H M O	C H P	M A	H I V
			PPO	HMO/ POS			HMO/ PHSP	HIV SNP						
	Antibiotic Utilization		√	√	√	√	√	√	HEDIS 2014					
Satisfaction with the Experience of Care														
	Satisfaction Survey	4	√	√	NR	NR	√	√	CAHPS 5.0H	De-identified member file				
NYS-Specific Prenatal Care Measures														
	Risk-Adjusted Low Birth Weight	These prenatal care measures will be calculated by the Office of Quality and Patient Safety using the birth data submitted by plans and the Department's Vital Statistics Birth File. Commercial PPO, HMO/POS, FHP EBI, Child Health Plus, Medicaid HMO/PHSP and Medicaid HIV SNP are required to submit live birth files.												
	Prenatal Care in the First Trimester													
	Risk-Adjusted Primary Cesarean Section													
	Vaginal Births after Cesarean Section													

<b>Method</b> A – admin, H – hybrid, S - survey <b>Product lines</b> PPO – Preferred Provider Organization HMO/POS – Health Maintenance Organization/Point of Service FHP EBI – Family Health Plus Employer Buy-In PHSP – Prepaid Health Services Plan HIV SNP – HIV Special Needs Plan	<b>Flag</b> 1 = Use members in WCC for 12-17 stratum. 2 = Enhanced for Medicaid; file may be needed. 3 = Rotated for 2014 per HEDIS or DOH. 4 = DOH conducting Medicaid CAHPS. 5 = Administrative method only for QARR. 6 = Medicaid follow commercial specifications. 7 = Commercial plans follow Medicaid specs. 8 = Retired for QARR.	<b>Member Level File</b> CPPO = Commercial PPO CHMO = Commercial HMO/POS CHP = Child Health Plus-only MA = Medicaid HMO/PHSP HIV = Medicaid HIV SNP  <b>Shading</b> – Purple– Not required Orange – New
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## APPENDIX 4

### DISCO Specific Performance Measures

Assurance and/or Quality Domain Area	Description of What will Be Measured		Anticipated Data Sources
<b>Personal Outcome Measures:</b> (Assess the degree to which the DISCO’s care coordination and supports provided are contributing to individual outcome achievement)			
<b>21 CQL POMs</b>	<b>CQL POMs Measure if People:</b>		DISCOs annual CQL
	Are connected to natural support networks	Have meaningful relationships	data aggregation; as validated by
	Exercise Rights	Are safe	OPWDD and/or the
	Are Free from abuse and neglect	Are treated fairly	EQRO
	Decide when to share personal information	Experience continuity and security	
	Choose where they work	Choose where and with whom they live	
	Live in integrated settings	Use their environments	
	Perform different social roles	Interact with other members of community	
	Choose personal goals	Choose services	
	Participate in the life of the community	Realize personal goals	
	Are respected	Have friends	
<b>Individual Outcome Measures:</b> (Clinical and Functional Outcome Measures derived from data from the OPWDD Needs Assessment Tool based upon the InterRAI known as the Consolidated Assessment System when fully implemented)			

<b>Clinical</b>	Examples include:	OPWDD CAS
<b>Functional</b>	Examples Include:	OPWDD CAS
<b>OPWDD System Reform Measures:</b>		
<b>Self-Direction</b>	<ul style="list-style-type: none"> <li>a. Provision of education on self-direction to Waiver participants</li> <li>b. Participants are able to make an informed choice on whether to self-direct their supports and services</li> <li>c. Participants who self-direct their supports and services do so with employer authority and/or budget authority.</li> </ul>	OPWDD surveys and data systems
<b>Employment</b>	<ul style="list-style-type: none"> <li>a. Proportion of individuals who have an integrated job in the community</li> <li>b. Proportion of individuals who do not have an integrated job in the community but would like one.</li> <li>c. Proportion of individuals in Sheltered Workshops who transition to integrated community based employment.</li> </ul>	OPWDD data systems
<b>Most Integrated Settings</b>	<ul style="list-style-type: none"> <li>a. Proportion of Settings meeting enhanced HCBS Setting Characteristics</li> <li>b. New Supportive Housing Opportunities</li> <li>c. Transition of individuals from campus based and other institutional settings</li> <li>d. Money Follows the Person Quality of Life Surveys</li> </ul>	OPWDD Surveys and tracking systems
<b>1915 C Waiver Assurance Measures:</b> (Measures compliance with HCBS waiver assurances in accordance with CMS's evidentiary approach to quality reviews of HCBS waiver programs).		

<b>Level of Care</b>	<ul style="list-style-type: none"> <li>a. An individual evaluation for level of care (LOC) is provided to all applicants for whom there is reasonable indication that services may be needed in the future</li> <li>b. the LOC of enrolled participants is reevaluated at least annually or as specified in the approved waiver</li> <li>c. The process and instruments described in the approved waiver are applied to LOC determinations</li> </ul>	OPWDD Care Coordination Review
<b>Service Planning</b>	<ul style="list-style-type: none"> <li>a. SPs address all participants assessed needs (including health and safety risk factors) and personal goals, either by the provision of waiver services or through other means</li> <li>b. The number and percent of service plans in which the identified supports are provided to meet the assessed needs and risks of participants.</li> <li>c. Service plans are update/revised at least annually or when warranted when there are changes in the participants needs</li> <li>d. Services are delivered in accordance with the SP, including in the type, scope, amount, duration, and frequency specified in the SP</li> <li>e. Participants are afforded choice between waiver services and institutional care, and between/among waiver services and providers</li> </ul>	OPWDD Care Coordination review
<b>Qualified Providers</b>	<ul style="list-style-type: none"> <li>a. The state verifies that providers, initially and continually, meet required licensing and/or certification standards and adhere to other standards prior to their furnishing waiver services</li> <li>b. The state monitors non-licensed/non-certified providers to assure adherence to waiver requirements</li> <li>c. The state implements its policies and procedures for verifying that provider training has been conducted in accordance with state requirements and the approved waiver</li> </ul>	OPWDD Care Coordination Review
<b>Health and Welfare</b>	<ul style="list-style-type: none"> <li>a. The state, on an ongoing basis, identifies addresses and seeks to prevent the occurrence of abuse, neglect and exploitation.</li> </ul>	OPWDD's Incident Reporting and Management

		Application including mortality review information
<b>Other Structural/Process Measures:</b>		
<b>OPWDD Fire Safety and Physical Plant Requirements</b>	Proportion of OPWDD certified sites that comply with physical plant, fire safety and other requirements integral to OPWDD certification standards.	OPWDD MHL site visit protocol review
<b>Rights</b>	Proportion of individuals that received information about their rights and the process to express concerns/objections in accordance with requirements.	OPWDD Care Coordination Review
<b>Access to Health Care</b>	Proportion of individuals who had a primary care doctor visit for an annual physical in the last twelve months)	Encounter Data
<b>Workforce competencies</b>	Proportion of direct support professionals that meet competencies	OPWDD Survey Activity
<b>National Core Indicators:</b> (Measures performance of New York State's developmental disability system at the system's level and enables comparisons between New York State's system and other state developmental disability systems). The NCI enhances OPWDD's quality improvement process on a systems level by analyzing and sharing data on outcomes which are important to stakeholders, including people served and family members		

## APPENDIX 5

### Published Journal Articles – New York State Managed Care

Emergency Department Reliance Among Rural Children in Medicaid in New York State. Uva JL, Wagner VL, Gesten FC. *J Rural Health*. 2012 Spring; 28(2): 152-61.

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