



NYS Medicaid Doula Services Recommendation Form

If you are a Medicaid Member...



Doulas provide physical, emotional, educational, and non-medical support for pregnant and postpartum persons before, during, and after childbirth or end of pregnancy. You are eligible for doula services through NYS Medicaid during pregnancy and up to 12 months after pregnancy, regardless of the outcome.

You must obtain a recommendation **prior to the initiation of doula services** for the services to be covered by Medicaid. This recommendation must be from a licensed practitioner*, for example, your primary care provider, OBGYN, midwife, or nurse. You can ask for a recommendation even if you do not know who your doula will be yet.

If you are a doula enrolled in NYS Medicaid...



The doula must obtain a written record of the licensed practitioner’s recommendation for the Medicaid Member **prior to the initiation of doula services** for the services to be reimbursed by Medicaid. The doula must maintain this recommendation in their documentation records for the Medicaid Member in compliance with HIPAA standards.

If you are a licensed practitioner...*



This recommendation acknowledges that the Medicaid member would benefit from doula support for the duration of the pregnancy and up until 12 months postpartum. A recommendation is not the same as a prescription or referral. You may provide a recommendation without identifying the doula who will serve the member.

This form can be used and is one example of a recommendation for doula services. Alternate documentation can be used as long as all of the information below is included to document a licensed practitioner’s recommendation. This documentation must be kept by the Medicaid-enrolled doula services provider.

Licensed Practitioner’s Recommendation for Doula Services	
Medicaid Member’s First and Last Name:	Medicaid Member’s DOB (MM/DD/YYYY):
Licensed Practitioner’s First and Last Name:	Licensed Practitioner’s License Number:
Licensed Practitioner’s Signature:	Date of Signature (MM/DD/YYYY):

**Doula services are a preventative health service and must be recommended by a physician or other licensed practitioner of the healing arts acting within their scope of practice under State law to be eligible for Medicaid reimbursement. The licensed practitioner may include a physician, nurse practitioner, licensed midwife, psychologist, licensed clinical social worker, licensed marriage family therapist, licensed mental health counselor or psychiatrist.*