New York State Medicaid Drug Utilization Review (DUR) Board Meeting Summary for June 27, 2013

The Medicaid DUR Board met on Friday June 27, 2013 from 9:00 AM to 4:30 PM Meeting Room 3, Concourse, Empire State Plaza, Albany, New York

An archived audio webcast of the meeting proceedings is available on the Department of Health website for at least 30 days from the meeting date: <u>http://www.health.ny.gov/events/webcasts/</u>

A. Welcome and Introductions

Department of Health Janet Zachary-Elkind Anthony Merola, RPh, MBA Robert Correia, PharmD

DUR Board

Nancy Balkon, PhD, NP Leigh Briscoe-Dwyer, PharmD Donna Chiefari, PharmD Jeffrey Dubitsky, RPh Renante Ignacio, MD Kathleen LeBeau

Magellan Medicaid Administration Eileen Zimmer, PharmD, MBA

B. Public Comment Period

(Audio Webcast Time 3:00 – 11:15)

Monica Toohey, RPh John Naioti, RPh Daniel McNamara, RPh

John McIntyre, MD Jadwiga Najib, PharmD John Noviasky, PharmD Michelle Rainka, PharmD William Scheer, RPh John Wikiera

(Audio Webcast Time 11:15 – 1:26:01)

The following speakers provided public comment to the Board:

- 1. Salvatore Molina & Catherine Summers, MD; Salix Pharmaceuticals Xifaxin
- 2. Christiane Arserver, MD; Merck & Co., Inc Victrelis, Januvia, Janumet, Juvisync, Janumet XR
- 3. Lisa Borland, PharmD; Vertex Pharmaceuticals Incivik
- 4. Jess David Collins, MD; Private Practice Anti-seizure medication
- 5. Pamela W Salisbury, MSN, NP-C; Genzyme Corporation Aubagio
- 6. Beth D'Ambrosio, PharmD; Novartis Gilenya
- 7. Robert Garris, PharmD, MPH; Teva Copaxone, Qnasl
- 8. Melanie Beckemeyer, PharmD; UBC Neupro
- 9. Jodi H Walker, PharmD, BCPS; Abbvie Androgel, Humira

10. Maria Dugandzic, PharmD; Boehringer Ingelheim Pharmaceuticals Inc.- Tradjenta, Combivent, Pradaxa

- 11. Kathryn L Gann, PhD; AstraZeneca Onglyza, Komiglyze
- 12. Eric Wittbrodt, PharmD; Takeda alogliptin
- 13. Maureen Zani, RN; Private Practice Growth Hormone
- 14. Biran Patel, PharmD; Novo Nordisk, Inc Norditropin
- 15. JoAnn B Trainer, PharmD; Pfizer Eliquis
- 16. Arsalan Khan, PharmD; Janssen Scientific Services- Xarelto
- 17. Scott S Brehaut, MD; Private Practice Oral Anticoagulants
- 18. Martin Unverdorben, MD, PhD; AstraZeneca Brilinta
- 19. Furqan Tejani, MD; Private Practice Antiplatelets
- 20. Jawad Wunej, PharmD; Eli Lilly & Co. Effient
- 21. Timothy J Phalen, PhD; UCB Cimzia
- 22. Payal Patel, PharmD; Bristol-Myers Squibb Orencia
- 23. Vanessa Castellano, PhD; Pfizer Inc. Xeljanz
- 24. Kara L Sperandeo, PharmD; Forest Laboratories, Inc. Tudorza
- 25. Michelle Kamdar, PharmD, MPH; GlaxoSmithKline Flovent

C. Preferred Drug Program Clinical Reviews

(Audio Webcast Time 1:26:02 – 3:32:29)

Eileen Zimmer, PharmD Robert Correia, PharmD

1. Gastrointestinal Preparatory Agents	(Audio Cast Time 1:27:50)	
2. Gastrointestinal Antibiotics	(Audio Cast Time 1:32:50)	
3. Glucocorticoids – oral	(Audio Cast Time 1:42:01)	
4. Topical Anti-infectives	(Audio Cast Time 1:46:51)	
5. Long Acting Opioids	(Audio Cast Time 1:57:28)	
6. Protease Inhibitors (for Hepatitis C)	(Audio Cast Time 2:01:40)	
7. Tetracyclines ¹	(No clinical review)	
8. Beta Blockers ¹	(No clinical review)	
9. Triglyceride Lowering Agents	(Audio Cast Time 2:04:00)	
10. Second Generation Anticonvulsants ¹	(No clinical review)	
11. Carbamazepine Derivatives	(Audio Cast Time 2:09:10)	
12. Multiple Sclerosis Agents	(Audio Cast Time 2:13:06)	
13. Non-Ergot Dopamine Receptor Agonists	(Audio Cast Time 2:24:50)	
14. Sedative Hypnotics/Sleep Agents	(Audio Cast Time 2:31:00)	
15. SSRIs ¹	(No clinical review)	
16. Topical Anabolic Steroids ¹	(No clinical review)	
17. Oral Bisphosphonates	(Audio Cast Time 2:35:08)	
18. DPP-4 Inihibitors	(Audio Cast Time 2:38:38)	
19. Growth Hormones ¹	(No clinical review)	

20. Injectable Anticoagulants ¹	(No clinical review)
21. Oral Anticoagulants	(Audio Cast Time 2:46:12)
22. Platelet Inhibitors	(Audio Cast Time 2:57:30)
23. Systemic Immunomodulators	(Audio Cast Time 3:06:58)
24. Ophthalmic NSAIDs	(Audio Cast Time 3:17:43)
25. Alpha Reductase Inhibitors (for BPH) ¹	(No clinical review)
26. Urinary Tract Antispasmodics	(Audio Cast Time 3:22:20)
27. Inhaler Anticholinergics/COPD Agents	(Audio Cast Time 3:27:18)
28. 2 nd Generation Antihistamines ¹	(No clinical review)
29. Inhaled Corticosteroids ¹	(No clinical review)
30. Intranasal Corticosteroids	(Audio Cast Time 3:32:29)

¹ Therapeutic classes for which no clinical review was presented as no new pertinent clinical information was found since the previous review of the class.

E. Executive Session (Recess to Excessive Session Audio Webcast Time 3:40:20)

The Board recessed the public session at 1:00 pm to go into executive session for review of financial information relating to each of the therapeutic classes under review. No official action was taken in the executive session. The Board reconvened to the public session at 3:30 pm.

F. DUR Board Recommendations

(Audio Webcast Time 3:42:30 -4:24:59)

Based on the clinical and financial information, the Board unanimously (unless otherwise noted) recommended the following to the Commissioner of Health for final determination:

Recommendations of DUR Board	Audio Webcast time	Commissioner's Final Determination
Long Acting Opioids	3:42:30	
 Preferred fentanyl patch, Kadian, morphine sulfate S Non-preferred Avinza, Butrans, Conzip, Duragesic, Exalg capsule, MS Contin, Nucynta ER, Opana F Oxycontin, Ryzolt, tramadol ER, Ultram F 	go, morphine sulfate ER ER, oxymorphone ER,	Approved as Recommended

Protease Inhibitors for Hepatitis C 3:44:00	
Preferred Incivek, Victrelis Non-preferred None	Approved as Recommended
Tetracyclines 3:44:50	
 Preferred demeclocyline, doxycycline hyclate, minocycline capsule, Morgidox, tetracycline Non-preferred Adoxa, Doryx, doxycycline hyclate DR, doxycycline monohydrate, Dynacin, minocycline tablet, minocycline ER, Oracea, Solodyn, Vibramycin 	Approved as Recommended
Beta Blockers 3:45:31 Preferred atenolol, atenolol/chlorthalidone, bisoprolol/HCTZ, cavedilol, labetalol, metoprolol tartrate, propranolol, propranolol/HCTZ, Toprol XL Non-preferred acebutolol, betaxolol, bisoprolol, Bystolic, Coreg, Coreg CR, Corgard, Corzide, Dutoprol, Inderal LA, Innopran XL, Kerlone, Levatol, Lopressor, Lopressor HCT, metoprolol succinate XL, metoprolol tartrate/HCTZ, nadolol, nadolol/bendroflumethiazide, pindolol, propranolol SA/ER, propranolol solution, Sectral, Tenoretic, Tenormin, timolol, Trandate, Zebeta, Ziac	Approved as Recommended
Triglyceride Lowering Agents3:46:25Preferred gemfibrozil, Tricor, TrilipixNon-preferred Antara, fenofibrate tablet, fenofibrate capsule, fenofibric acid, Fibricor, Lipofen, Lofriba, Lopid, Lovaza, Triglide, Vascepa	Approved as Recommended

Anticonvulsants - Second Generation3:46:50	
 Preferred Felbatol, gabapentin capsule, gabapentin solution, Gabitril 2mg & 4mg, lamotrigine, levetiracetam, levetiracetam ER, Lyrica, topiramate, zonisamide Non-preferred Banzel, felbamate, gabapentin tablet, Gabitril 12mg & 16mg, Keppra, Keppra XR, Lamictal, Lamitcal ODT, Lamictal XR, lamotrigine XR, Neurontin, Onfi, Potiga, Sabril, tiagabine, Topamax, Vimpat, Zonegran Clinical editing to allow patients currently stabilized on Onfi or Vimpat to continue to receive that agent without prior authorization. 	Approved as Recommended
Carbamazepine Derivatives3:47:55	
 Preferred carbamazepine tablet, carbamazepine chewable, Carbatrol, Epitol, Equetro, oxcarbazepine tablet, Tegretol XR, Tegretol suspension, Tegretol chewable, Trileptal suspension Non-preferred carbamazepine ER, carbamazepine XR, carbamazepine suspension, oxcarbazepine suspension, Oxtellar XR, Tegretol tablet, Trileptal tablet 	Approved as Recommended
Multiple Sclerosis Agents3:48:29	
 Preferred Avonex, Betaseron, Copaxone Non-preferred Aubagio, Extavia, Gilenya, Rebif, Tecfidera 	Approved as Recommended
Clinical editing to allow patients currently stabilized on Rebif to continue to receive that agent without prior authorization.	
Non-Ergot Dopamine Receptor Agonists 3:51:40	
Preferred pramipexole, ropinirole	Approved as
Non-preferred Mirapex, Mirapex ER, Neupro, Requip, Requip XL, ropinirole ER	Recommended

Sedative Hypnotics/Sleep Agents 3:52:00	
 Preferred estazolam, flurazepam, temazepam 15mg & 30mg, zolpidem Non-preferred Ambien, Ambien CR, Doral, Edluar, Halcion, Intermezzo, Lunesta, Restoril, Rozerem, Silenor, Sonata, temazepam 7.5mg & 22.5mg, triazolam, zaleplon, zolpidem ER, Zolpimist 	Approved as Recommended
Selective Serotonin Reuptake Inhibitors 3:52:28	
 Preferred citalopram, escitalopram, fluoxetine, paroxetine, sertraline Non-preferred Celexa, fluoxetine 60mg, fluoxetine DR, fluvoxamine, fluoxamine ER, Lexpro, Luvox CR, paroxetine CR, Paxil, Paxil CR, Pexeva, Prozac, Sarafem, Viibryd, Zoloft Clinical editing to allow patients currently stabilized on fluvoxamine or fluvoxamine ER to continue to receive that agent without prior authorization. Clinical editing to allow patients with a diagnosis of Obsessive Compulsive Disorder (OCD) to receive fluvoxamine and fluvoxamine ER without prior authorization. 	Approved as Recommended
Topical Anabolic Steroids3:57:23Preferred Androgel, Testim,Non-preferred Androderm, Axiron, Fortesta	Approved as Recommended
Oral Bisphosphonates 3:57:45 Preferred alendronate Non-preferred Actonel, Atelvia, Binosto, Boniva, Fosamax, Fosamax plus D, ibandronate	Approved as Recommended

Dipeptidyl Peptidase-4 Inhibitors 3:58:04	
Preferred Janumet, Janumet XR, Januvia, Jentadueto, Tradjenta	Approved as Recommended
Non-preferred Juvisync, Kazano, Kombiglyze XR, Nesina, Onglyza, Oseni	
Growth Hormone 3:58:42	
 Preferred Norditropin, Nutropin, Nutropin AQ Non-preferred Gentotropin, Humatrope, Omnitrope, Saizen, Tev-tropin, Zorbtive 	Approved as Recommended
Injectable Anticoagulants3:59:14Preferred Fragmin, LovenoxNon-preferred Arixtra, enoxaparin, fondaparinuxClinical editing to allow patients with a diagnosis of Heparin Induced Thrombocytopenia (HIT) to receive fondaparinux without prior authorization.	Approved as Recommended
Oral Anticoagulants 4:03:05 Preferred Coumadin, Jantoven, Pradaxa, warfarin, Xarelto Non-preferred Eliquis	Approved as Recommended

Platelet Inhibitors 4:03:4	.9
Preferred clopidogrel, dipyridamole, Effient	No changes to the preferred or non- preferred status of the
Non-preferred Aggrenox, Brilinta, Persantine, Plavix, ticlopidine	products in the therapeutic class as currently listed on the
Vote: 1 in-favor, 8 in-opposition, 4 abstentions	Preferred Drug List.
Board expressed concerns with access to non-preferred products immediately upon hospital discharge to ensure there is no interruption in newly initiated anti-platelet therapy. Board asked the Department to determine system capabilities that may allow prior authorization to be by-passed for non-preferred products upon hospital discharge following PCI.	DUR Board during a future meeting.
Systemic Immunomodulators 4:18:4	18
 Preferred Enbrel, Humira Non-preferred Cimzia, Kineret, Orencia SQ, Simponi, Xeljanz 	Approved as Recommended
Ophthalmic NSAIDs 4:19:1	4
 Preferred diclofenac, flurbiprofen, ketorolac, ketorolac LS Non-preferred Acular, Acular LS, Acuvail, Bromday, bromfenac, Ilevro, Nevanac Ocufen, Prolensa 	Approved as Recommended

Alpha Reductase Inhibitors (for BPH)4:19:37	
Preferred	Approved
finasteride	as
Non-preferred Avodart, Jalyn, Proscar	Recommended
Urinary Tract Antispasmodics 4:19:59	
Preferred oxybutynin, Oxytrol, Sanctura XR, Toviaz, Vesicare	Approved as
Non-preferred Detrol, Detrol LA, Ditropan XL, Enablex, Gelnique, Myrbetriq, oxybutynin ER, Sanctura, tolterodine, trospium, trospium ER	Recommended
Inhaled Anticholinergics/COPD Agents 4:20:17	
 Preferred Atrovent HFA, Combivent, ipratropium, ipratropium/albuterol, Spiriva Non-preferred Daliresp, Duoneb, Tudorza 	Approved as Recommended
Second Generation Antihistamines 4:20:51	
 Preferred cetirizine OTC tablet, cetirizine OTC 1mg/1ml solution, Claritin OTC, loratadine OTC Non-preferred Allegra/Allegra-D, cetirizine OTC chewable, cetirizine solution Rx, cetirizine OTC 5mg/5ml solution, cetirizine-D OTC, Clarinex, Clarinex-D, Claritin-D OTC, desloratadine, fexofenadine, Rx, fexofenasine OTC, fexofenadine-D OTC, levocetirizine, loratadine- D OTC, Xyzal 	Approved as Recommended

Inhaled Corticosteroids 4:21:50	
Preferred Asmanex, Flovent Diskus, Flovent HFA, Pulmicort Flexhaler, Qvar	Approved as
Non-preferred Alvesco	Recommended
Intranasal Corticosteroids 4:22:22	
 Preferred Nasacort AQ, Nasonex Non-preferred Beconase AQ, Dymista, Flonase, flunisolide, fluticasone, Omnaris, Qnasl, Rhinocort Aqua, triamcinolone, Veramyst, Zetonna 	Approved as Recommended
 Gastrointestinal Preparatory Agents 4:23:00 Preferred Clearlax, Gavilax, Gavilyte-C, Gavilyte-G, Miralax OTC, PEG 3350 w/ electrolyte, PEG 3350 OTC Non-preferred Colyte, Gavilyte-N, Golytely, Halflytely Kit, Moviprep, Nulytely, Osmoprep, PEG 3350, PEG 3350 pack OTC, PEG 3350 w/flavor packs, Prepopik powder pack, Suprep, Trilyte 	Approved as Recommended
Gastrointestinal Antibiotics 4:23:34 Preferred metronidazole tablet, neomycin, Vancocin Non-preferred Alinia, Dificid, Flagyl, Flagyl ER, metronidazole capsule, paromomycin, Tindamax, tinidazole, vancomycin, Xifaxan	Approved as Recommended

Glucocorticoids – oral	4:23:54		
 Preferred cortisone, dexamethasone tablet, dexamethasone so EC, hydrocortisone, methylprednisolone dose pack methylprednisolone 4 mg & 32mg tablet, prednison Non-preferred budesonide EC, Cortef, dexamethasone elixir, dexam	r, ne, prednisolone	Approved as Recommended	
intensol, Dexpak, Flo-Pred, Medrol tablet, Medrol Millipred, Orapred, Orapred ODT, prednisone inter Veripred	X		
Topical Anti-infectives	4:24:29		
Preferred			
clindamycin solution, clindamycin lotion, erythrom erythromycin solution	nycin gel,	Approved	
Non-preferred Acanya, Akne-mycin, Benzaclin, Benzamycin, Clin Cleocin T, Clindagel, clindamycin/benzoyl peroxic gel, clindamycin foam, clindamycin swab, Duac, er swab, erythromycin/benzoyl peroxide, Evoclin	le, clindamycin	as Recommended	

G. Final Comments and Adjournment

(Audio Webcast Time 4:25:00 – 4:26:15)

Nancy Balkon, PhD, NP John McIntyre, MD Anthony Merola, RPh, MBA

Meeting adjourned at 4:30 PM

H. Final Determinations

The Commissioner has determined that the Medicaid program will require prior authorization under the Preferred Drug Program (PDP) for non-preferred products in each of the drug classes as listed in Section F.

Preferred drugs will not require prior authorization within the PDP.

- PDP drugs may still be subject to utilization management programs as noted on the preferred drug list.

The impact of this final determination is as follows:

- 1. State Public Health Population:
 - Minimal effect on Medicaid enrollees, as a large majority of enrollees currently utilize preferred products.
 - Non-preferred products remain available with prior authorization.
- 2. Program Providers:
 - No impact on prescribers when utilizing preferred products. Prescribers, or their agents, will need to initiate the prior authorization process when ordering non-preferred products.
- 3. State Health Program:
 - Annual gross savings associated with these therapeutic classes under the PDP are estimated at \$2.6M. The savings are achieved through changes in utilization to equally effective and less expensive products including the receipt of supplemental rebates from pharmaceutical manufacturers.