

Long Term Home Health Care Program
Waiver Services

Waiver Service	Description	Provider Qualifications
Assistive Technology	<p>This service supplements the Medicaid State Plan Service of durable medical equipment and supplies. The Medicaid State Plan and all other sources must be explored and utilized before considering Assistive Technology.</p> <p>An Assistive Technology device may include an item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve functional capabilities of waiver participants. Assistive Technology is a service that directly assists a waiver participant in the selection, acquisition, or use of an assistive technology device. This service will only be approved when the requested equipment and supplies improve or maintain the waiver participant's level of independence, ability to access needed supports and services in the community or the waiver participant's safety. Assistive technology includes the Personal Emergency Response Services (PERS) service which was previously included in the waiver and expands the types of devices covered.</p> <p>Documentation in the plan of care must describe how the participant's expected use, purpose and intended place of use have been matched to features of the products requested to achieve the desired outcome in an efficient and cost effective manner.</p> <p>The service provider is responsible for training the waiver participant, natural supports and paid staff who will be assisting the waiver participant in using the equipment or supplies.</p>	<p>Depending on the type of item, assistive technology may be provided by a licensed pharmacy (registered as a pharmacy by the State Board of Pharmacy pursuant to Article 137 of the NYS Education Law), a provider of Personal Emergency Response Services contracted by the LDSS, durable medical equipment provider to supply assistive devices not covered by the State Plan.</p>
Community Transitional Services (CTS)	<p>Individually designed services intended to assist a waiver participant transition from a nursing home to living in the community. CTS is a one time service per waiver enrollment. If the waiver participant has been discontinued from the program and now is a resident of a nursing home, they can access this service again, if needed.</p> <p>This service is only provided when the individual is transitioning from a nursing home. It must not be used to move the participant from his/her home in the community to another location in the community. The funding limits for this service are separate from the limits applied to Moving Assistance, and the two services must not be used at the same time in any approved Plan of Care.</p>	<p>Persons employed or contracted with a LTHHCP to provide CTS must be a: Master of Social Work, Master of Psychology, Registered Physical Therapist (licensed by the NYS Education Department</p>

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	<p>This service includes: the cost of moving furniture and other belongings, purchase of certain essential items such as linen and dishes, security deposits, including broker’s fees required to obtain a lease on an apartment or home; purchasing essential furnishings; set-up fees or deposits for utility or service access (e.g. telephone, electricity, heating); and health and safety assurances such as pest removal, allergen control or one time cleaning prior to occupancy.</p> <p>The service must not be used to purchase diversional or recreational items, such as televisions, VCRs/DVDs, or music systems.</p>	<p>pursuant to Article 136 of the NYS Education Law), Registered Professional Nurse (licensed by the NYS Education Department pursuant to Article 139 of the NYS Education Law, Licensed Speech Pathologist (licensed by the NYS Education Department pursuant to Article 159 of the NYS Education Law) or Registered Occupational Therapist (licensed by the NYS Education Department pursuant to Article 156 of the NYS Education Law). Providers shall have, at a minimum, one (1) year of experience providing information, linkages and referral regarding community based services for individuals with disabilities and/or seniors.</p> <p>Moving services are provided by a moving company appropriately licensed /certified by the NYS Department of Transportation.</p>

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Congregate and Home Delivered Meals	<p>An individually designed service which provides meals to participants who cannot prepare or obtain nutritionally adequate meals for themselves, or when the provision of such meals will decrease the need for more costly supports to provide in-home meal preparation. These meals will assist the participant to maintain a nutritious diet. They do not, however, constitute a full nutritional regimen. It must not be used to replace the regular form of “board” associated with routine living in an Adult Care Facility. Individuals eligible for non-waiver nutritional services would access those services first.</p>	<p>Facilities or agencies contracted by the LTHHCP to provide home-delivered or congregate meals must comply with 10 NYCRR Part 14 for Food Service Establishments.</p>
Environmental Modifications (E-mods)	<p>Internal and external physical adaptations to the home, which are necessary to assure the health, welfare, and safety of the waiver participant, enable the participant to function with greater independence in the home, and prevent institutionalization. E-mods may include: the installation of ramps and grab bars; widening of doorways; modifications of bathroom facilities and kitchen areas; removal of architectural barriers that restrict, impede, or impair the performance of daily living activities; installation of specialized electrical or plumbing systems to accommodate necessary medical equipment; or any other modification necessary to assure the waiver participant’s health, welfare or safety.</p> <p>E-mods do not include improvements which are of general utility to the home (e.g. carpeting, roof repair, central air conditioning), which are not medically needed or do not promote the waiver participant’s independence in the home or community.</p> <p>An E-mod may alter the basic configuration of the waiver participant’s home if this alternation is necessary to successfully complete the modification but do not add to the total square footage of the home.</p> <p>Modifications must be provided where the participant lives. If a participant is moving to a new location which requires modifications, the modifications may be completed prior to the participant’s move. If an eligible individual is residing in an institution at the time of application, the modifications may be completed no more than 30 days prior to the participant moving into the modified residence. All modifications must meet State and local building codes.</p> <p>Modifications may also be made to a vehicle, if in good repair and it is the primary means of transportation for the participant. This vehicle may be owned by the participant; a family member who has consistent and on-going contact with the participant; or a non-relative who provides primary, long term support to the participant. These modifications will be approved when the vehicle is used to improve the participant’s independence and inclusion in the</p>	<p>The LTHHCP agency must ensure that individual(s) working on the E-mods are appropriately qualified and/or licensed to comply with any State and local rules; all materials and products used must also meet any State or local construction requirements; and, providers must adhere to safety standards as addressed in Article 18 of the New York State Uniform Fire Prevention and Building Code Act as well as all local building codes.</p>

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	<p>community. Modifications do not include: adaptations of improvements to the vehicle that are of general utility, and are not of direct medical or remedial benefit to the individual; purchase or lease of a vehicle; regularly scheduled upkeep and maintenance of a vehicle except upkeep and maintenance of the modification.</p> <p>All E-mods must be <u>prior authorized</u> by the LDSS.</p>	
<p>Home and Community Support Services (HCSS)</p>	<p>The combination of personal care services (ADLs) and (IADLs) with oversight/supervision services or oversight/supervision as a discrete service. HCSS is provided to a waiver participant who requires assistance with personal care services tasks and whose health and welfare in the community is at risk because oversight/supervision of the participant is required when no personal care task is being performed. Services will be complementary but not duplicative of other services.</p> <p>HCSS are provided under the direction and supervision of a Registered Professional Nurse. The Registered Professional Nurse supervising the HCSS staff is responsible for developing a plan of care and for orienting the HCSS staff.</p> <p>HCSS differ from the personal care services provided under the Medicaid State Plan in that oversight/supervision is not a discrete task for which personal care services are authorized.</p>	<p>HCSS staff must be at least 18 years old; be able to follow written and verbal instructions; and have the ability and skills necessary to meet the waiver participant's needs that will be addressed through this service. In addition, staff providing HCSS must meet all other requirements under Title 10 NYCRR for the provision of Personal Care Aide services.</p>
<p>Home Maintenance Services</p>	<p>These services include those household chores and services that are required to maintain a participant's home environment in a sanitary, safe, and viable manner. Home maintenance tasks/chores differ from those provided by personal care or home health aides. Environmental support functions in personal care includes such tasks as dusting and vacuuming rooms the patient uses, making and changing beds, or light cleaning of the kitchen, bedroom and bathroom. The nature of personal care is to provide those routine tasks necessary to maintain the participant's health and safety in the home while Home Maintenance tasks are those chores accomplished in only one instance or on an intermittent basis.</p> <p>Chore services are provided on two levels:</p> <ol style="list-style-type: none"> 1. Light Chores – Services are provided when needed for the maintenance of the home environment. Programs utilize these services when other means of supplying such services are unavailable or more costly. This service is often an appropriate substitute 	<p>The LTHHCP agency must ensure that individual(s) providing services comply with any State and local rules, and must adhere to safety standards.</p>

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	<p>for part or all of personal care services. May include (but are not limited to) tasks such as:</p> <ul style="list-style-type: none"> • Cleaning and/or washing of windows, walls, and ceilings • Snow removal and/or yard work to maintain egress and access • Tacking down loose rugs and/or securing tiles • Cleaning of tile work in bath and/or kitchen <p>2. Heavy-Duty Chores –Services are provided to prepare or restore a dwelling for the habitation of a participant. They are usually limited to one-time-only, intensive cleaning/chore efforts, except in extraordinary situations. Since these services are labor intensive and more costly than routine cleaning, they should not be provided more than twice per year. May include (but are not limited to) tasks such as:</p> <ul style="list-style-type: none"> • Scraping and/or cleaning of floor areas (including situations where the movement of heavy furniture and/or appliances is necessary in order to perform the cleaning task) • Cleaning of items within an individual’s dwelling and/or removal of any item(s) that may threaten the home’s sanitary, fire safety, or other safety conditions. <p>Home Maintenance Tasks – Other – These include those essential services required for the maintenance of the participant’s home and home environment but which are not suitable for setting specific rates because of the variety of case situations or individuals involved. Services must meet all local building and safety standards. Services might include (but are not limited to) tasks such as:</p> <ul style="list-style-type: none"> • Unique tasks (such as maintenance of a leaky sink trap) • Other heavy-duty chore services (those for which rates may not be determined before provision) <p>All services in the category “Home Maintenance Tasks – Other” must be prior authorized by the LDSS.</p>	
<p>Medical Social Services (MSS)</p>	<p>MSS is the assessment of social and environmental factors related to the participant’s illness, need for care, response to treatment and adjustments to treatment; assessment of the relationship of the participant’s medical and nursing requirements to his/her home situation, financial resources and availability of community resources; actions to obtain available community resources to assist in resolving the participant’s problems; and counseling services. Such services shall include, but not be limited to: home visits to the individual, family, or both; visits preparatory to transfer of the individual to the community; and patient and family counseling, including personal, financial and other forms of counseling services. The service may also assist participants who are experiencing</p>	<p>As staff of LTHHCP agency, direct employment, or contracted to provide medical social services, a qualified social worker means a person who holds a masters degree in social work after</p>

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	<p>significant problems in managing the emotional difficulties inherent in adjusting to a significant disability, integrating into the community, and on-going life in the community.</p> <p>MSS is an individually designed service intended to assist waiver participants who are experiencing significant problems in managing the emotional difficulties inherent in adjusting to a significant disability, integrating into the community, and on-going life in the community. It is a counseling service provided to the waiver participant who is coping with altered abilities and skills, a revision of long term expectations or changes in roles in relation to significant others. It is available to waiver participants and/or anyone involved in an ongoing significant relationship with the waiver participant when the issue to be discussed relates directly to the waiver participant. There are times when it is appropriate to provide this service to the waiver participant in a family counseling or group counseling setting.</p> <p>Medical Social Services is provided and arranged for by the LTHHCP agency to deal with a wide variety of mental, emotional, behavioral, and environmental conditions. Emotional disturbances, family difficulties, adjustment problems related to acute and chronic illnesses, alcohol and substance abuse, and social issues are typical of situations that are addressed by Medical Social Services. Such services also include assistance with problem solving to overcome difficulties with transportation in the community and caregiver turnover and/or absences.</p>	<p>successfully completing a prescribed course of study at a graduate school of social work accredited by the Council on Social Work Education and the Education Department, and who is certified or licensed by the Education Department to practice social work in the State of New York. When employed by an LTHHCP agency, such social worker must have had one year of social work experience in a health care setting. NYCRR Title 10 Section 700.2(b)(24)</p>
<p>Moving Assistance Services</p>	<p>Individually designed services intended to transport a participant's possessions and furnishings when the participant must be moved from an inadequate or unsafe housing situation to a viable environment which more adequately meets the participant's health and welfare needs and alleviates the risk of unwanted nursing home placement. Moving Assistance may also be utilized when the participant is moving to a location where more natural supports will be available, and thus allows the participant to remain in the community in a supportive environment</p> <p>Moving Assistance does not include purchase of items such as security deposits, including broker's fees required to obtain a lease on an apartment or home; set-up fees or deposits for utility or service access (e.g. telephone, electricity, heating); and health and safety assurances such as pest removal, allergen control or cleaning prior to occupancy.</p>	<p>The LTHHCP has the responsibility for assuring that the moving service is provided in a safe and efficient manner. Any moving company used must be appropriately licensed/certified by the NYS Department of Transportation.</p>

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Nutritional Counseling /Educational Services	An individually designed service which provides an assessment of the participant's nutritional needs and food patterns; planning for the provision of food and drink appropriate for the waiver participant's conditions; the provision of nutrition education, and/or counseling to meet normal and therapeutic needs. In addition, these services may include assessment of nutritional status and food preferences; planning for the provision of appropriate dietary intake within the participant's home environment and cultural considerations; nutritional education regarding therapeutic diets as part of the development of a nutritional treatment plan; regular evaluation and revision of nutritional plans; and, the provision of in-service education to the participant, family, advocates, waiver and non-waiver staff as well as consultation on a participant's specific dietary problems.	As staff of LTHHCP agency, direct employment, or contracted to provide nutritional counseling /education services must be licensed as a Registered Dietician pursuant to Article 157 of NYS Education Law or be registered as a Registered Nutritionist pursuant to Article 157 of the NYS Education Law.
Respiratory Therapy	An individually designed service, specifically provided in the home, intended to provide preventive, maintenance, and rehabilitative airway-related techniques and procedures. Services include application of medical gases, humidity and aerosols; intermittent positive pressure; continuous artificial ventilation; administration of drugs through inhalation and related airway management; individual care; and instruction administered to the participant and natural supports.	As staff of LTHHCP agency, direct employment, or contracted to provide Respiratory Therapy must be licensed and currently registered as a Respiratory Therapist pursuant to Article 164 of the NYS Education Law.
Respite Care	An individually designed service intended to provide relief to natural, non-paid supports who provide primary care and support to a waiver participant. The primary location for the provision of this service is in the waiver participant's home, or where appropriate, temporarily in an institutional setting. These services will be provided to family and other caregivers who ordinarily care for the individual, as temporary relief from these duties and are included in the physician-approved Plan of Care. Respite may be provided outside of the participant's home, such as in the home of a relative	Providers of respite must meet the same standards and qualifications as the direct care providers of nursing, home health aide, personal care, and housekeeping. Respite

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	<p>or other individual's private residence. Room and board in these instances will not be claimed.</p> <p>Respite also may be provided outside of the home in an institutional setting such as a hospital or a nursing facility. In these two institutional settings, room and board is included in the daily rate for reimbursement and is included in the claimed amount.</p> <p>Providers of Respite must meet the same standards and qualifications as the direct care providers of nursing, home health aide, personal care, and housekeeping. If the services needed by the waiver participant exceed the type of care and support provided by the Home and Community Support Services, then other appropriate providers must be included in the plan for Respite and will be reimbursed separately from Respite.</p> <p>Respite care can be provided on a 24 hour basis, but is limited to a total of 14 days (or 336 hours)/year. Any request for respite care in excess of this time period must be prior approved by the LDSS.</p>	<p>services in the home may only be provided by professional and paraprofessional staff (nurse, home health aide, personal care worker, housekeeper) trained and certified under NYS rules and regulations.</p> <p>Institutional Respite may be provided by hospitals or nursing homes licensed under Article 28 of NYS Public Health Law.</p>
Social Day Care	<p>This service provides the opportunity for individual socialization activities, including educational, craft, recreational and group events. Such service may include hot meals, or other services that may be offered which are authorized in a Plan of Care approved by a physician. In some instances transportation between the individual's home and the location of the social day care may be included in the cost of the social day care service.</p> <p>Acceptable social day care services may be developed and provided directly by the LTHHCP agency or made available through contract with community agencies such as senior service centers, adult homes, programs for the elderly approved by the New York State Office for the Aging, and activities programs provided by residential health care facilities approved under Article 28 of the New York State Public Health Law.</p> <p>It is necessary that all buildings, premises, and equipment be safe and suitable for the comfort and use of the participant. They should be maintained in a state of good repair, with adequate sanitation facilities and must conform to all applicable laws. The requirements of all ordinances, rules, and regulations of all local, state, and federal authorities relative to the premises (including safety, fire, health, sanitation, and occupancy considerations) must be observed.</p>	<p>Programs must comply with Title 9 Section 6654.20 NYSOFA Social Adult Day Care Regulations and, as appropriate, NYCRR Title 18 Part 492- Adult-Care Facilities Standards for Day Programs for Nonresidents.</p>

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<p>Social Day Care Transportation</p>	<p>Provides transportation between the participant's home and the social day care facilities. Social Day Care Transportation service is limited solely to the purpose of transporting LTHHCP participants to and from approved social day care programs as discussed under that service section.</p> <p>All transportation to social day care must be prior authorized by the LDSS.</p> <p>A LTHHCP agency subcontracts with a Social Day Care program and negotiates a cost for the service either with transportation included in the cost of the program or in addition to the program's cost. The rate payable through eMedNY for each LTHHCP agency is calculated based upon this agreement with the Social Day Care program. Since duplicate payment is not permitted under Medicaid, LTHHCP agencies must not bill separately for transportation to social day care if the service is included in the Social Day Care program rate; and, the LDSS must verify that duplication will not occur when it authorizes the plan of care.</p>	<p>The LTHHCP agency must assure that transportation services are provided in accordance with the regulatory criteria specified by the New York State Departments of Transportation, Motor Vehicles, and Health as appropriate for the carrier, including Title 9 NYCRR Section 6654.20; NYS Transportation Law, Articles 4 and 7; NYS Vehicle and Traffic Law.</p>