

#### Medicaid Redesign in New York State

## Money Follows the Person (MFP)

MFP Stakeholder Advisory Committee Mark Kissinger, Director, Division of Long Term Care Kerry A. Delaney, Acting Commissioner, OPWDD June 18, 2014



## Money Follows the Person Updates

- Since the last meeting of the Money Follows the Person (MFP) Stakeholder Advisory committee, the following activities have taken place:
  - OPWDD outreach
  - Peer Outreach and Transition Centers RFA
  - MFP's participation in the national core competency validation study
  - Operational Protocol overview and discussion

## **OPWDD** Outreach

### **OPWDD Peer Based Outreach**

- Self Advocacy Association of New York State (SANYS) continues to conduct peer based outreach.
- Between April 1 December 31, 2013, SANYS met with 717 individuals in DC and ICF settings. SANYS outreach resulted in 107 referrals.
- Between January 1 May 31, 2014, SANYS met with 198 individuals in DC and ICF settings with 13 referrals.
- SANYS has several presentations planned in the next months.

OPWDD Peer Based Outreach Next Steps

- SANYS will do pilot presentations in nursing homes over the coming weeks. SANYS will visit two nursing homes on Long Island and two nursing homes in Western New York.
- After the pilot presentations, SANYS will evaluate and make any changes necessary to the peer outreach process in nursing homes and then plan additional presentations in the nursing homes.

OPWDD Peer Based Outreach Next Steps

OPWDD is developing a new outreach video that showcases success stories of individuals with higher levels of need living in community settings.

- We are currently identifying individuals who have transitioned out of institutional settings who might want to share their stories.
- OPWDD will receive the submissions and compile them for review to ensure there is diversity in the stories being told.

Creating A Continuum of Housing Options: Moving from Policy to Implementation

- **D** Strengthen Partnerships:
  - Expand the Medicaid Redesign Team (MRT) Supportive Housing Program
  - Increase opportunities with NYS Homes and Community Renewal (HCR)
  - Increase access to Rental Subsidies
  - Expand OPWDD's National, State and Local Housing Forums: Implement Tools for Success.
  - Expand the Home of Your Own (HOYO) Program to multiple financial institutions
  - Concentrate on changing the "culture of thinking" from certified (licensed) housing options to non-certified/non-traditional housing options
  - Identify cross-systems (internal & external) collaborations (employment, self-direction and transportation) to sustain community-based independent living

2014 Housing Forums: "Changing the Culture of Thinking"

- Rebalancing Residential Resources: One Region's Approach to Building a Sustainable Infrastructure that Provides Choice, Promotes Integration, and is Responsive to Changing Needs/Demands. (Part 1)
- Tools for Success: Implementing Innovative and Independent Housing for People With Intellectual and Developmental Disabilities
- Rebalancing Residential Resources: One Region's Approach to Building a Sustainable Infrastructure that Provides Choice, Promotes Integration, and is Responsive to Changing Needs/Demands. (Part 2)

## Peer Outreach and Transition Centers RFA

#### **MFP Outreach Accomplishments:**

The State has exceeded the benchmark goal for contacts with nursing home residents.

Calendar Year	Number of Contacts
2010	1,277
2011	3,044
2012	4,764
2013	2,086
2014	545 (as of 3/31/14)
Total	11,716

#### **MFP transitions from facilities:**

- DOH since January 1, 2009
  - 802 individuals through the NHTD Waiver
  - 402 individuals through the TBI waiver
- OPWDD since April 2013
  - **1**32 individuals

Total transitions: 1,336 individuals were able to transition out of nursing homes or other institutional setting into the community.

The Identification and Outreach Project was redesigned to provide:

- More emphasis on cross population collaboration.
- Enhance supports to facilitate the transitioning of individuals out of institutions.
- Strengthen training and support the current transition process.

- The Peer Outreach and Transition Centers RFA was issued in February and applications are currently under review.
- The new contracts will serve populations from both DOH and OPWDD.
  - □ The expanded functions will:
    - Include use of peers.
    - □ Enhance transition period services.
    - Enhance transition period coordination.

## MFP's Participation in the National Core Competency Validation Study

## New York State's Role - Update Focus Groups

- MFP is participating in a Validation Study of a CMS funded research project called the *Roadmap of Core Competencies for the Direct Service Workforce* which consists of 2 phases, focus groups and an online survey.
- □ Focus groups were held in March at SUNY Albany's School of Public Health.
- Approximately 82 people across the following 4 sectors: Aging, Behavioral Health, Intellectual and Developmental Disabilities and Physical Disabilities participated.
- Each sector was divided into the following subgroups: 1) Direct Service
  Worker 2) Service Recipient or 3) Service Provider.
- Participants were asked important questions, such as what skills should all DSWs possess, what constitutes quality training, what are barriers to training and the impact of a well trained DSW versus a DSW who is not well trained.

## New York State's Role - Update Online Survey

- □ The second phase of the validation study is an online survey.
- The survey was live on June 16<sup>th</sup> and will close on July 21<sup>st</sup>. The State has 5 weeks to reach their outreach and response targets.
- The overall State goal is to disseminate 4000 surveys across the 4 sectors in order to meet the target response goal of 1000.
- Each State agency has an individual plan on how outreach will be conducted, how surveys will be disseminated and how/when follow-up will be conducted to meet outreach goals.

## New York State's Role - Update Online Survey

- The survey contains a series of questions addressing each of the 14 Core Competencies:
  - Communication, Facilitation of individualized services, Evaluation and Observation, Participant Crisis Prevention and Intervention, Safety, Professionalism and Ethics, Participant Empowerment, Advocacy, Supporting Health and Wellness, Community Living Skills and Supports, Interpersonal and Family Relations, Community and Service Networking, Cultural Competency, Education, and Training and Self-Development.
- Once the survey ends, the Direct Service Workforce Resource Center (DSW-RC) will tabulate the results and provide a summary report by early September.
- The DSW-RC provides core competency workforce development tools consisting of technical assistance, tool kits and webinars and presentations
  for states.

## **MFP** Operational Protocol

## **MFP** Operational Protocol

- The Operation Protocol (OP) details the policies and procedures of the MFP Demonstration.
- **D** Overview of the changes for Version 2.0:
  - Reformatting and updating of all current content.
  - Incorporation of Managed Long Term Care (MLTC) into the MFP Demonstration, as a constituent program.
  - Completion of the foundation for the strategic plan to incorporate additional constituent programs in subsequent versions.

# **Open Discussion**

### **Contact Information**

Send all questions and comments to the MFP BML = <u>MFP@health.state.ny.us</u>

Or Contact

Mark L. Kissinger, Director, Division of Long Term Care <u>Mark.Kissinger@health.ny.gov</u>

Dave Hoffman, Director, Bureau of Community Integration and Alzheimer's Disease

David.Hoffman@health.ny.gov

Dixie Yonkers, MFP OPWDD Project Director

<u>Community.Transitions@opwdd.ny.gov</u>