The DSRIP Digest

"The DSRIP year 3 theme is "design the platform for constant design." What we mean by this is that the Performing Provider Systems that are being created in communities across this state need to be not only designed to meet the needs of the community today to achieve the immediate goals of the initiative, but actually be designed so they can constantly evolve and innovate. The environment in which they work will constantly be changing. The challenges that they see today will not necessarily be the challenges of the future, and they need to constantly be evolving. That means the platform has to be nimble. It has to evolve with time. That’s why it’s important that we build the infrastructure in ways that allows for constant design.” -Jason Helgerson, NYS Medicaid Director

PPS Spotlight: Finger Lakes Performing Provider System (FLPPS)

Insufficient affordable permanent housing and limited supportive housing in the FLPPS region is a constraint to effectively addressing the full range of needs that may exist among high risk and high need patients.

According to the 2013 Monroe County Annual Housing Report, of the 8,857 emergency housing placements for individuals and families, the second leading cause of homelessness (11% of cases) was release from an institution (hospital, substance abuse treatment program, jail) without a plan for permanent housing. FLPPS Partners are addressing this challenge head on and finding solutions. The DSRIP Transitional Supportive Housing project served as a catalyst for collaboration between two regional health systems and a community-based housing provider to create a seamless continuum of care that reduces costs and improves outcomes.

DePaul Community Services has partnered with both Rochester Regional Health and UR Medicine to develop dedicated psychiatric and medical step-down beds for complex Medicaid members with housing instability or who are eligible for Medical Respite Care. Medical Respite Care is acute and post-acute medical care for homeless persons who are too ill or frail to recover from an illness or injury on the street, but who are not ill enough to be hospitalized. Psychiatric step-down provides a safe location to discharge individuals with co-occurring behavioral health and medical conditions who may need additional time and support to stabilize before transitioning back to community or long term supportive housing.

The partnership allows hospitals to safely discharge individuals who might otherwise remain in the hospital longer than necessary, and enables DePaul to better manage individuals with medical and psychiatric needs following a hospitalization.

"It’s about pulling together all of our available resources to create positive outcomes for an individual," said Frank Tiberio, Rochester Regional Health Transitional Housing Manager. "If we connect the dots for our patients, we set them up for a successful, stable rehabilitation and transition back into the community."

In a short time, this partnership has demonstrated a significant impact, including over 60% of medical patients and 80% of psychiatric patients transitioned to permanent housing, a 30X cost savings to Medicaid, reduced hospitalizations and improved quality of life and health outcomes for individuals.

To read more about this partnership visit FLPPS.org. For more information on the FLPPS Transitional Supportive Housing project, contact Teresa Bales at teresa_bales@flpps.org.

Recent News

The latest NYS DSRIP whiteboard video has been released. In the video titled, “DSRIP Year 3: A Look at the Year Ahead,” New York State Medicaid Director, Jason Helgerson, discusses the DSRIP year 3 theme and goals. He also describes how the program’s shift to performance is this year’s main focus. Click here to view the video.

We are excited to announce the launch of the State’s first Value Based Payment (VBP) Pilots. The Pilot Program is a first of its kind, two-year program, intended to create momentum in the transition from a fee-for-service to a value based payment environment. VBP Pilots are expected to help the State meet MRT waiver goals by not only establishing early successes, but also through providing invaluable input into the design of VBP in New York State. To see a full list of the VBP pilots, click here.

Public comment opportunities

1. The Value Based Payment (VBP) Innovator Application Package has been finalized and posted to the VBP website for public comment until May 12th. Click here to view the innovator package.

2. The Value Based Payment Program Integrity Workgroup Recommendations have been finalized and posted to the VBP website for public comment until May 12th. Click here to view the recommendations.

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