

Chronic Heart Condition Episodes

Clinical Advisory Group Meeting 1

Meeting Date: 8/27

Source: Fee-for-Service and Managed Care encounter records for non-dual Medicaid members in CY2012-2013. Source: HCI3

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Part II

A. Evaluation of Available Data to Inform Value-Based Contracting



Introductions





Tentative Meeting Schedule & Agenda

Depending on the number of issues addressed during each meeting, the agenda for each CAG meeting will likely consist of the following:

Meeting 1

- Introduction to Value Based Payment
- Clinical Advisory Group Roles and Responsibilities
- Understanding the Approach: HCI3 Overview
- Chronic Heart Episodes Definition
- Chronic Heart Episodes Evaluation of Data Available to Inform Value-Based Contracting

Meeting 2

- Chronic Heart Episodes Definition Recap
- Chronic Heart Episodes Outcome Measures I

Meeting 3

Chronic Heart Episode Outcome Measures - II



A. Clinical Advisory Group (CAG) Roles & Responsibilities

Roles and Responsibilities Overview



Clinical Advisory Group Composition

Comprehensive Stakeholder Engagement

- Comprehensive stakeholder engagement has been a key component to the development of the Value Based Payment Roadmap
- We will continue engaging stakeholders as we develop and define opportunities for value based payment arrangements

Composition of the CAG includes:

- Clinical experience and knowledge focused on the specific care or condition being discussed (chronic heart)
- Industry knowledge and experience
- Geographic diversity
- Total care spectrum as it relates to the specific care or condition being discussed



CAG Objectives

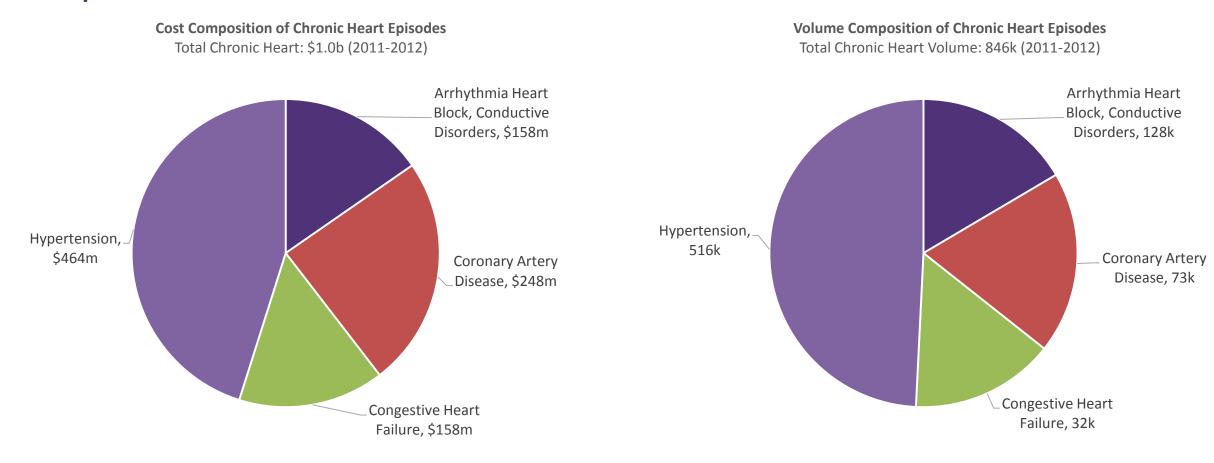
- Understand the State's visions for the Roadmap to Value Based Payment
- Understand the HCI3 grouper and underlying logic of the bundles
- Review clinical bundles that are relevant to NYS Medicaid
- Make recommendations to the State on:
 - outcome measures
 - data and other support required for providers to be successful
 - other implementation details related to each bundle

The CAGs will be working with national standard bundles and are not asked to tailor definitions at this point, but focus on outcome measures and NYS implementation details. Working experience with bundles can lead to new insights and definition enhancements as with any reimbursement methodology.

Definitions are standard, but financial arrangements between plans and providers around the bundles are not set by the State.



Chronic Heart Episodes Account for \$1.0B of Non-Dual Medicaid Expenditures





Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.
 Source: 01/01/2012 – 12/31/2013 Medicaid claims for non-dual Medicaid members.

B. Introduction to Value Based Payment

Brief background and context



NYS Medicaid in 2010: the Crisis

- > 10% growth rate had become unsustainable, while quality outcomes were lagging
 - Costs per recipient were double the national average
 - NY ranked 50th in country for avoidable hospital use
 - 21st for overall Health System Quality

2009 Commonwealth State Scorecard on Health System Performance

<u>CARE MEASURE</u> Avoidable Hospital Use and Cost

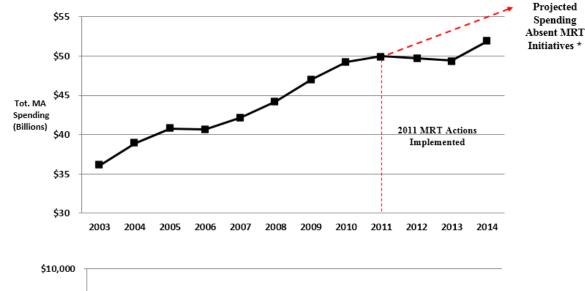
<u>RANKING</u> 50th

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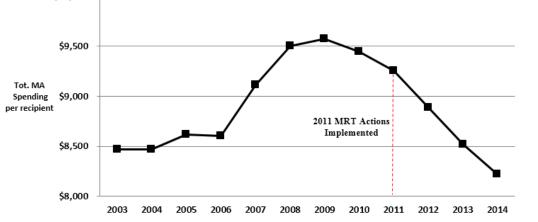
- ✓ Percent home health patients 49th
 with a hospital admission
- ✓ Percent nursing home residents 34th with a hospital admission
- ✓ Hospital patients receiving 33rd recommended heart attack care
- ✓ Medicare ambulatory sensitive 40th condition admissions
- ✓ Medicare hospital length of stay 50th



Medicaid Redesign Initiatives Have Successfully Brought Back Medicaid Spending per Beneficiary to below 2003 Levels



Since 2011, total Medicaid spending has stabilized *while number of beneficiaries has grown > 12%*

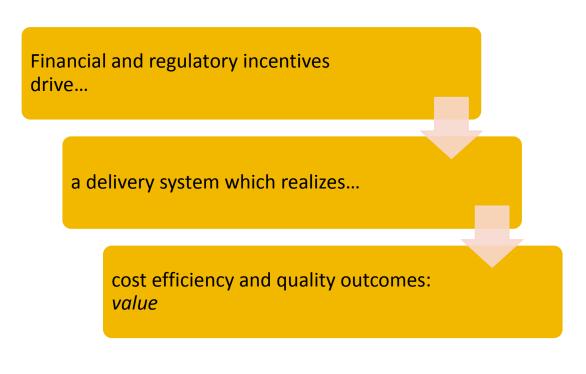


Medicaid spending per-beneficiary has continued to decrease



Delivery Reform and Payment Reform: Two Sides of the Same Coin

- A thorough transformation of the delivery system – DSRIP - can only become and remain successful when the payment system is transformed as well
- Many of NYS system's problems (fragmentation, high re-admission rates) are rooted in how the State pays for service
 - FFS pays for inputs rather than outcome; an avoidable readmission is rewarded more than a successful transition to integrated home care
 - Current payment systems do not adequately incentivize prevention, coordination, or integration





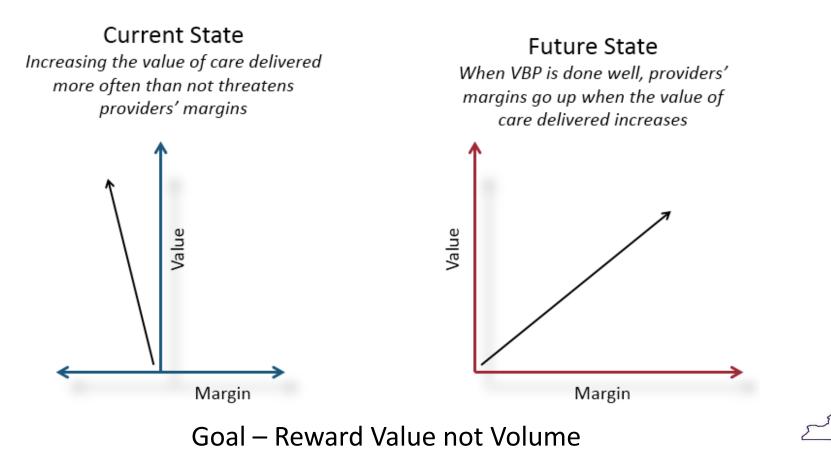
Payment Reform: Moving Towards Value Based Payments

- A Five-Year Roadmap outlining NYS' plan for Medicaid Payment Reform was required by the MRT Waiver
- By DSRIP Year 5 (2019), all Managed Care Organizations must employ non feefor-service payment systems that reward value over volume for at least 80-90% of their provider payments (outlined in the Special Terms and Conditions of the waiver)
- Core Stakeholders (providers, MCOs, unions, patient organizations) have actively collaborated in the creation of the Roadmap



Learning from Earlier Attempts: VBP as the Path to a Stronger System

VBP arrangements are not intended primarily to save money for the State, but to allow providers to increase their margins by realizing value

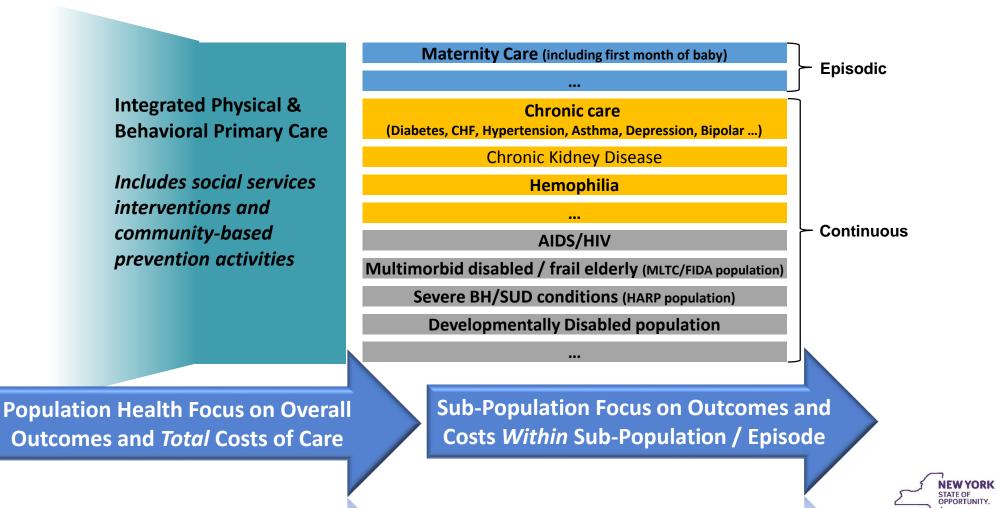


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The VBP Roadmap Starts from DSRIP Vision on How an Integrated Delivery System Should Function



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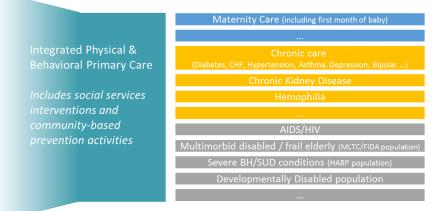
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The Path Towards Payment Reform: A Menu of Options

There is not one path towards Value Based Payments. Rather, there will be a variety of options that MCOs and PPSs/providers can jointly choose from.

PPSs and MCOs can opt for different shared savings/risk arrangements (often building on already existing MCO/provider initiatives):

- For the total care for the total attributed population of the PPS (or part thereof) ACO model
- Per integrated service for specific condition (acute or chronic bundle): maternity care; diabetes care
- For integrated Advanced Primary Care (APC)
- For the total care for a subpopulation: HIV/AIDS care; care for patients with severe behavioral health needs and comorbidities



MCOs and PPSs can make shared savings arrangements for the latter types of services between MCOs and groups of providers within the PPS rather than between MCO and PPS.



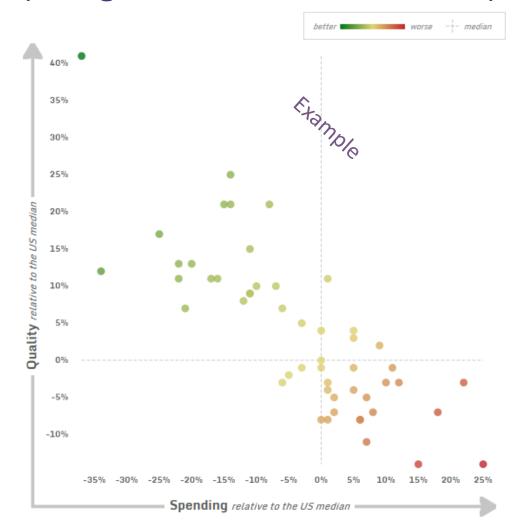
MCOs and PPSs Can Choose Different Levels of Value Based Payments

In addition to choosing *what integrated services* to focus on, the MCOs and PPSs can choose different levels of Value Based Payments:

Level 0 VBP	Level 1 VBP	Level 2 VBP	Level 3 VBP (only feasible after experience with Level 2; requires mature PPS)
FFS with bonus and/or withhold based on quality scores	FFS with upside-only shared savings available when outcome scores are sufficient (For PCMH/APC, FFS may be complemented with PMPM subsidy)	FFS with risk sharing (upside available when outcome scores are sufficient)	Prospective capitation PMPM or Bundle (with outcome-based component)

- Goal of ≥80-90% of total MCO-provider payments (in terms of total dollars) to be captured in Level 1 VBPs at end of DY5
- 35% of total managed care payments (full capitation plans only) tied to Level 2 or higher. For Level 2 (risk-bearing VBP arrangements), the State excludes partial capitation plans such as MLTC plans from this minimum target.

Value Information per VBP Arrangement (Using Price-Standardized Data)



Providers and MCOs will receive

- Cost and Quality performance overviews per VBP arrangement (whether these arrangements are contracted or not)
- Including Target Budgets and actual costs (both coststandardized, and, for their own beneficiaries, real-priced)

Initially, PDF reports will be used, but providers and MCOs will get access to web-based analytical tools to dynamically interact with these data

- Including drill downs by geography and provider
- Including drill down possibilities to individual patients (for own beneficiaries)



C. Contracting Chronic Care: the Different Options



The Context: Strong Push to Strengthen Primary Care in NYS

- Strengthening Primary Care has long been a central piece of DOH policy
- DSRIP includes significant focus on Integrated Behavioral and Physical Care within the Primary Care context
- New York State Health Innovation Plan centers on the concept of Advanced Primary Care





The Context: Advanced Primary Care in NYS

The APC model will go beyond new structures and capabilities to specify and measure processes and outcomes associated with more integrated care, including prevention, effective management of chronic disease, integration with behavioral health, and coordination among the full range of providers working together to meet consumer needs. [...T]his is essential in moving away from a reactive health care system that patients largely have to navigate on their own, to a truly proactive system, in which patients are helped to actively manage and improve their health.

New York State Health Innovation Plan



APC Model

APC Stages of Transformation

Closely aligned to DSRIP milestones

Tier	Pre-APC	Standard APC	Premium APC		
Description	 Largely reactive approach to patient encounters of care 	 Capabilities in place to more proactively manage a population of patients 	 Processes in place to clinically integrate primary, behavoiral, acute, post-acute care¹ 		
Capabilities Required to Enter Tier	 Limited pre-requisites Willingness to exchange targeted clinical data 	 Certified EHR Full medical home capabilities aligned with NCQA level 1-3, or equivalent 	 Certified EHR, Meaningful Use Stage 1- 3³, HIE interoperability Enhanced capabilities, aligned with expanded NCQA Level 3², or equivalent 		
Validation	None	 Required to maintain care coordination fees >12 months To couple with practice transformation support 			
Care Coordination Skills	Limited or none	 Care planning for 5-15% highest-risk patients Track and follow up on ADT, other scalable data streams Facilitate referrals to high-value providers 	 Plus, functional care agreements in medical neighborhood Plus, community facing care coordination 		
Payment Model Mix	 FFS + P4P Potential EHR support 	 Shared savings or capitation Care coordination fees Transformation support 	 Shared savings or capitation 		
Metrics and Reporting	 Standard statewide scorecard of core measures Consolidated reporting across payers, leveraging APD, portal 				
	 ¹ Vision, LTC, home aids, rehabilitative & daycare are excluded from all advanced primary care models ² Establishes, additional must pass NCQA requirements, that are not already mandatory in existing NCQA ³ Once available 				





Vision on Chronic Care contracting in NYS VBP

Type of Population / Condition	Population / Condition	Type of Contracting
For specific subpopulations: intensive and interdependent chronic care needs, best coordinated by specialized provider	 HIV/AIDS HARP MLTC 	Total Care for Subpopulation (capitation); i.e., a condition-specific ACO model
For highly specialized chronic conditions: intensive chronic care needs, best provided by specialized providers	Chronic Kidney DiseaseHemophilia	Bundle
For more common chronic conditions: integrated approach is part and parcel of APC vision	 Asthma COPD Chronic Depression Bipolar Disorder Substance Use Disorder Coronary Artery Disease Hypertension CHF Arrhythmia / Heart Block Gastro-Esophageal Reflux Disease 	The default is that the individual chronic bundles are contracted together by integrated care providers (guideline)

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Contracting Options

Default is that these are contracted together...

... but not all bundles need to be included...

... and some bundles may be contracted by other providers Integrated Physical & Behavioral Primary Care Chronic care

Maternity Care (including first month of baby)

Finally, a Total Care for the Total Population (ACO) model includes the care included in these chronic care bundles

prevention activities

AIDS/HIV

Multimorbid disabled / frail elderly (MLTC/FIDA population)

Severe BH/SUD conditions (HARP population)

Developmentally Disabled population

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D. HCI3 Understanding the Grouper & Development of Care Episodes



Why HCI3?

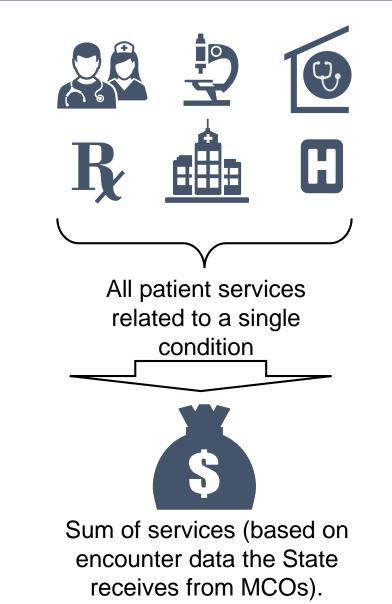
- One of two nationally used Bundled Payment Programs, also known as "Prometheus Payment"
- Specifically built for use in value based payment
- Not-for-profit and independent
- Open source
- Clinically validated
- National Standard which evolves based on new guidelines as well as lessons learned



Evidence Informed Case Rates (ECRs)

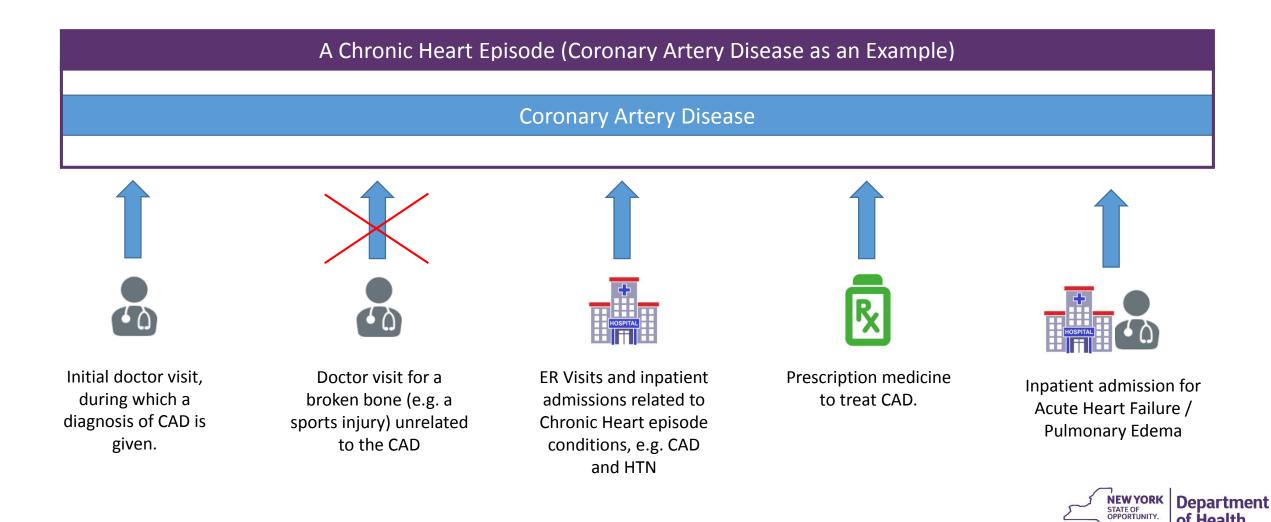
Evidence Informed Case Rates (ECRs) are the HCI3 episode definitions

- ECRs are patient centered, time-limited, episodes of treatment
- Include all covered services related to the specific condition
 - E.g.: surgery, procedures, management, ancillary, lab, pharmacy services
- Distinguish between "typical" services from "potentially avoidable" complications
- Are based on clinical logic. Clinically vetted and developed based on evidence-informed practice guidelines or expert opinions





Clinical Logic



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Chronic Heart Condition

The bundle is composed of multiple cardiovascular condition episodes:

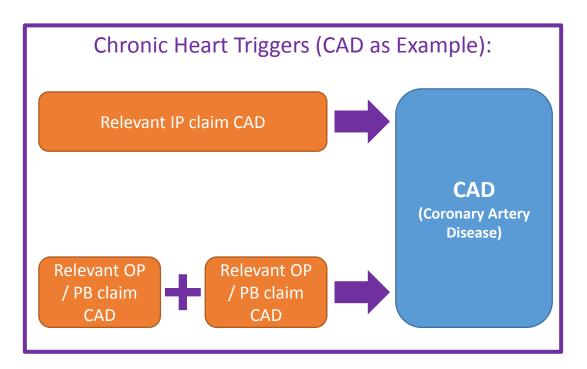
- Arrhythmia, Heart Block, Conduction Disorders (ARRBLK)
- Coronary Artery Disease (CAD)
- Congestive Heart Failure (CHF)
- Hypertension (HTN)

While the bundle could be composed of all episodes combined, these episodes are profiled individually by HCI3 ECR Analytics.



Episode Component: Triggers

- A trigger signals the opening of an episode, e.g.:
 - Inpatient Facility Claim
 - Outpatient Facility Claim
 - Professional Claim
- More than one trigger can be used for an episode
 - Often a confirming claim is used to reduce false positives
- Trigger codes are unique to each episode—no overlaps

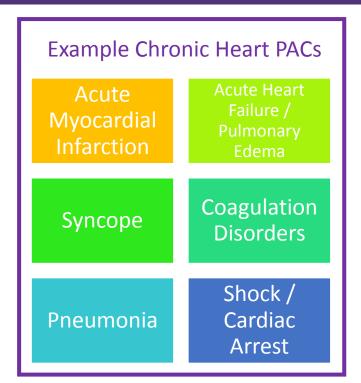






Episode Components : PACs

- Costs are separated by "typical" care from costs associated with Potentially Avoidable Complications (PACs)
- PACs for chronic conditions and some acute conditions have been endorsed by the NQF as comprehensive outcome measures¹
- Expected costs of PACs are built in as an incentive towards a shared savings
- Only events that are generally considered to be (potentially) avoidable by the caregivers that manage and co-manage the patient are labeled as 'PACs'
- Can stem from poor coordination, failure to implement evidencebased practices or medical error
- Examples: exacerbations, ambulatory-care sensitive admissions, and inpatient-based patient safety features



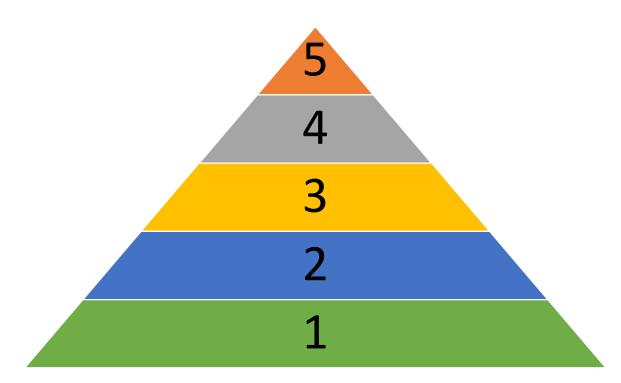
Alignment with NQF

Four unique PAC measures have been endorsed by the National Quality Forum (NQF) with 6 more submitted this year



Episode Components - Leveling

The grouper uses the concept of leveling (1-5), in which individual associated episodes may get grouped together into a "bundles" as you move higher in the levels.



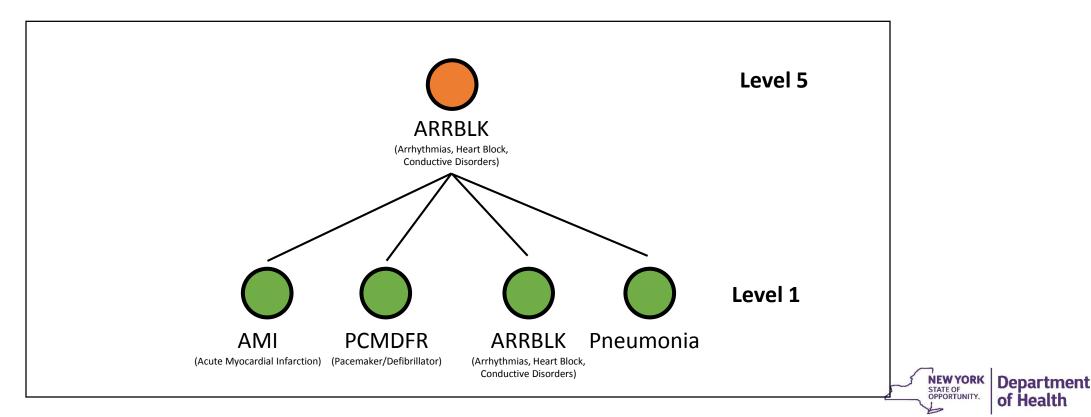
As you move higher up in levels, associated episodes get grouped together into a bundle, in our example, pneumonia and AMI roll up under one of the Chronic Heart episodes.

In Level 1, claims are grouped into defined episodes, for example pneumonia and AMI, exist as separate episodes at level 1.

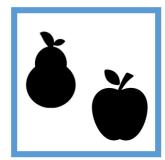


Leveling for Chronic Heart Episodes

- At level 1, Acute Myocardial Infarction and Pneumonia are separate episodes.
- At level 5, those episode become PACs for each of the Chronic Heart Episodes (Arrhythmias, Heart Block, and Conductive Disorders (ARRBLK) is a representative example, shown below).



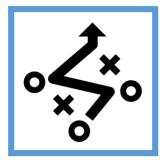
Risk Adjustment for Episodes



Make "apples-to-apples" comparisons between providers by accounting for differences in their patient populations



Takes the patient factors (co-morbidity, severity of condition at outset, etc) out of the equation



Separate risk adjustment models are created for 'typical' services and for 'potentially avoidable complications'



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Inclusion and Identification of Risk Factors

Risk Factors

- Patient demographics (age, gender, etc.)
- Co-morbidities
- Subtypes (markers of clinical severity within an episode)
 Episode related risk factors

Identification of Risk Factors

- Patient demographics and co-morbidities come from historic claims (prior to start of an episode) and same list is applied across all episode types
- Subtypes identified from claims at start of the episode and specific to episode type

Patient related risk factors





Inclusion and Identification of Risk Factors

Risk Factors

- Patient demographics (age, gender, etc.)
- Co-morbidities
- Subtypes (markers of clinical severity with

Identification of Risk Factors

- Patient demographics and co-morbidities
 episode) and same list is applied across all episode types
- Subtypes identified from claims at start of the episode and specific to episode type

Examples of Subtypes

ARRBLK Subtypes: Atrial Flutter / Fibrillation, Complication of Implanted device, graft, Electrophysiology Studies, [*others*]

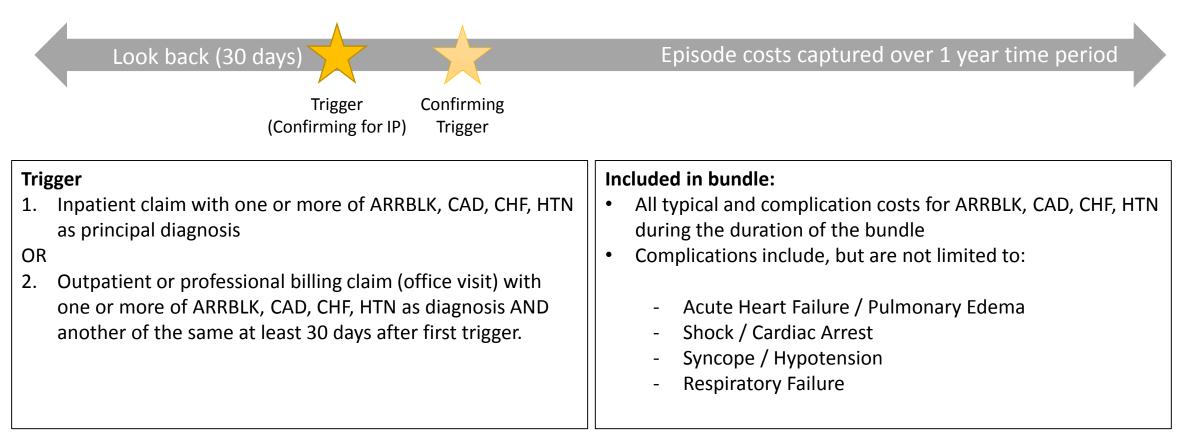
CAD Subtypes: Previous CABG, PCI, Unstable angina

CHF Subtypes: Cardiomyopathy, Diastolic Heart Failure, Hypertensive Heart Disease w Heart Failure, [*others*]

HTN Subtypes: Hypertensive Heart Disease, Renovascular and other secondary hypertension



Description of Chronic Heart Episodes

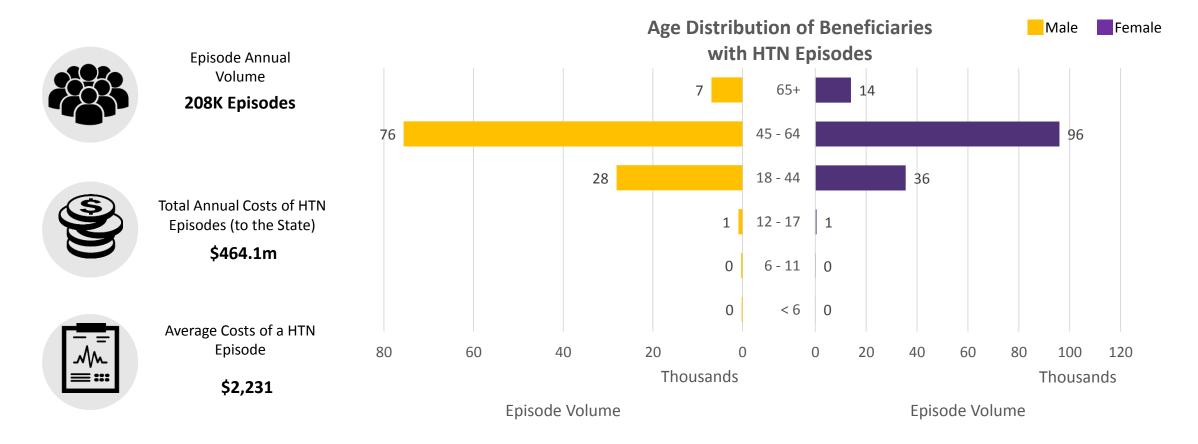




A. Chronic Heart Episodes – Evaluation of Available Data to Inform Value-Based Contracting



Hypertension (HTN) Accounts for \$464.1M in Annual Medicaid Spend





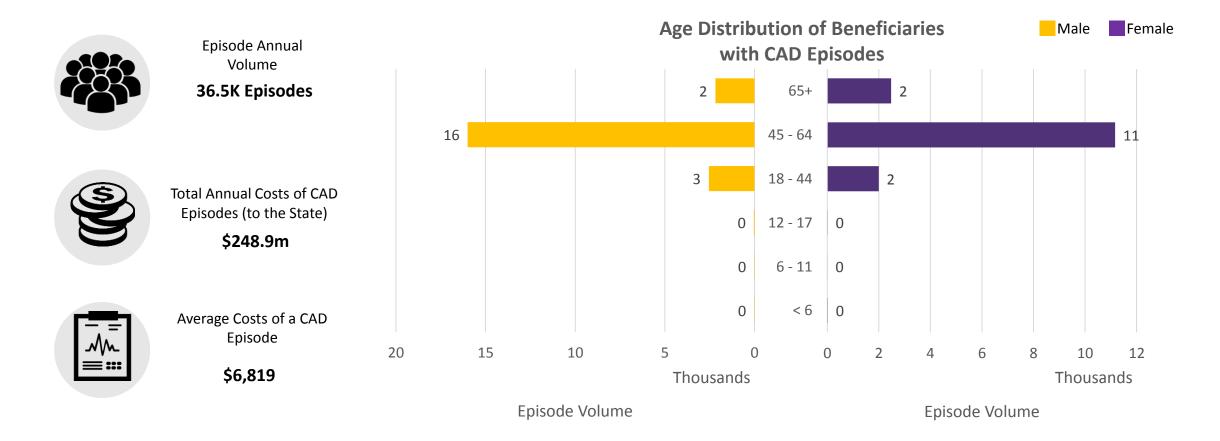
Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.

Coronary Artery Disease (CAD) Accounts for \$248.9M in Annual Medicaid Spend



Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.

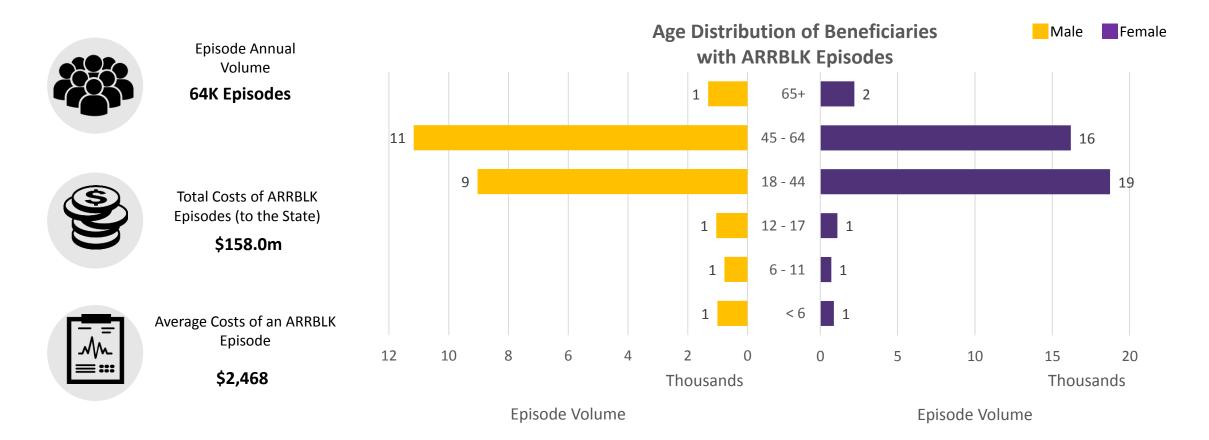
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Arrhythmia, Heart Block, & Conductive Disorder (ARRBLK) Accounts for \$158M in Annual Medicaid Spend



Costs Included:

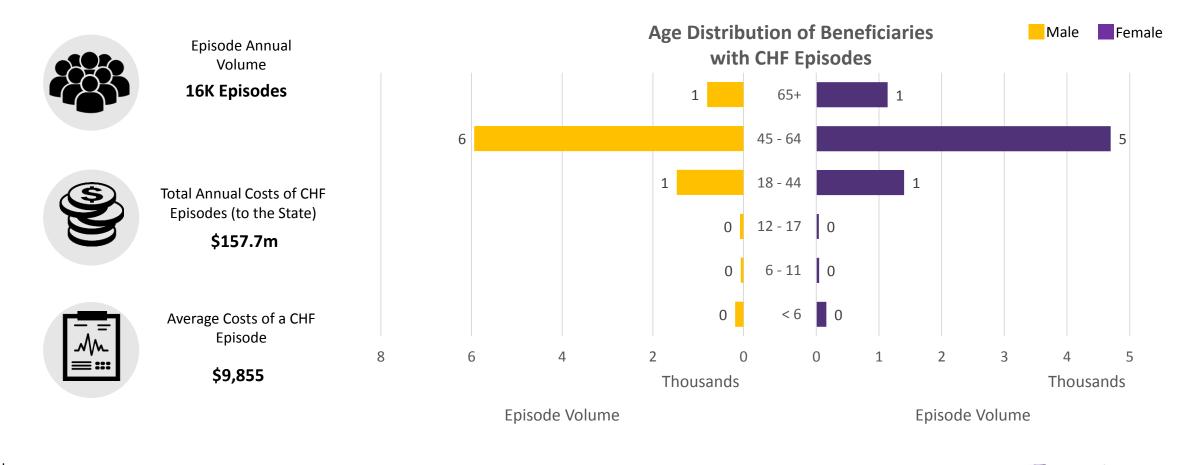
Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.



Congestive Heart Failure (CHF) Accounts for \$157.7M in Annual Medicaid Spend



Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.

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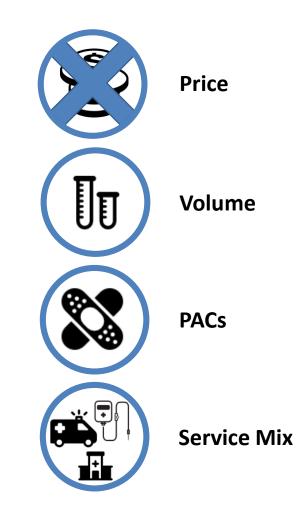
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Four Important Cost Drivers for Chronic Heart Episodes are Price, Volume, PACs and Service Mix





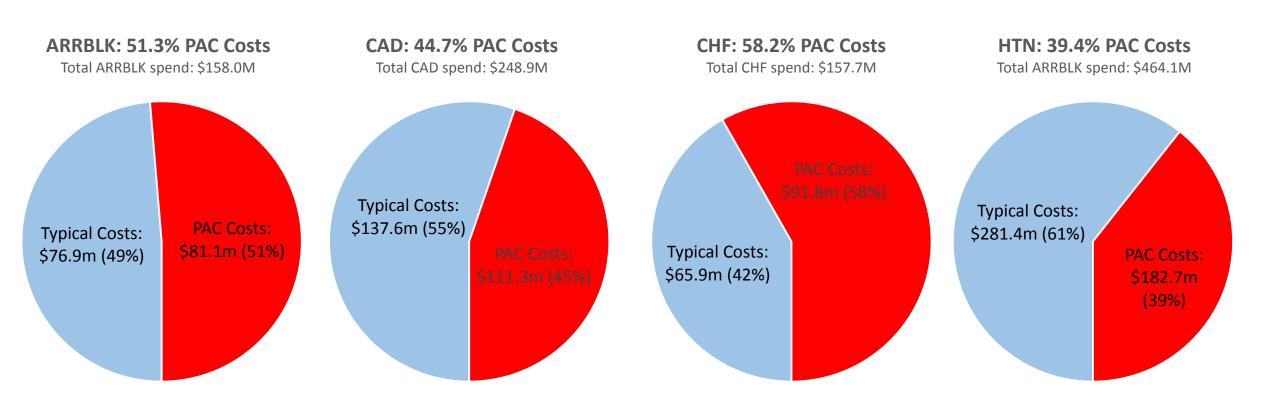
The price of a service can vary based on providers' own costs (e.g. wages). In NYS, we will in the beginning only use pricestandardized data.

The volume of services rendered (e.g. performing 1 heart echocardiogram vs. 3 in the first 2 months).

Potentially avoidable complications (e.g. exacerbations).

The mix of services and intensity of care received during the episode (e.g. inpatient vs. outpatient point of care).

PAC Costs Represent 45.39% of Chronic Heart Bundle Costs



Costs Included:

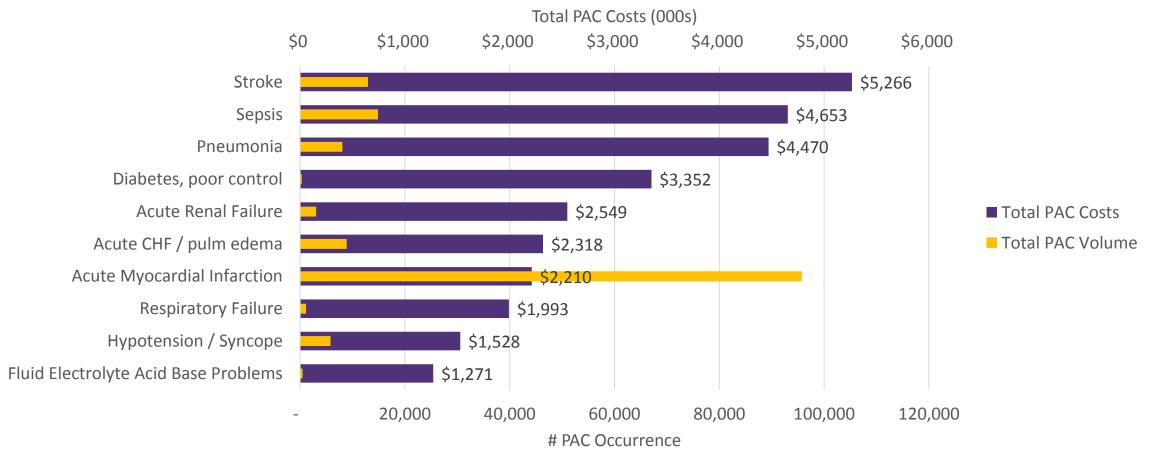
Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.



The Top 10 Hypertension PACs Account for 74.5% of All HTN PACs



Costs Included:

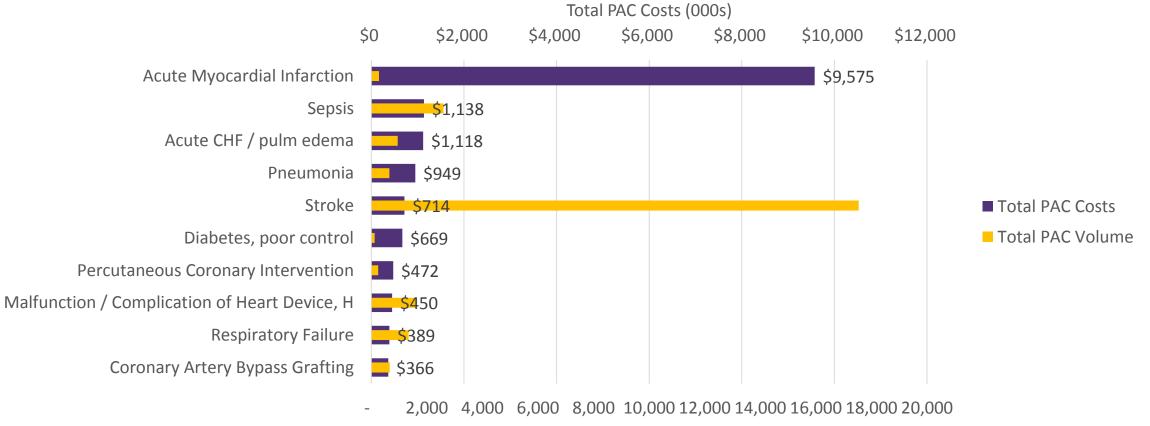
Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.



The Top 10 Coronary Artery Disease PACs Account for 79.6% of All CAD PACs



PAC Occurrence

Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.

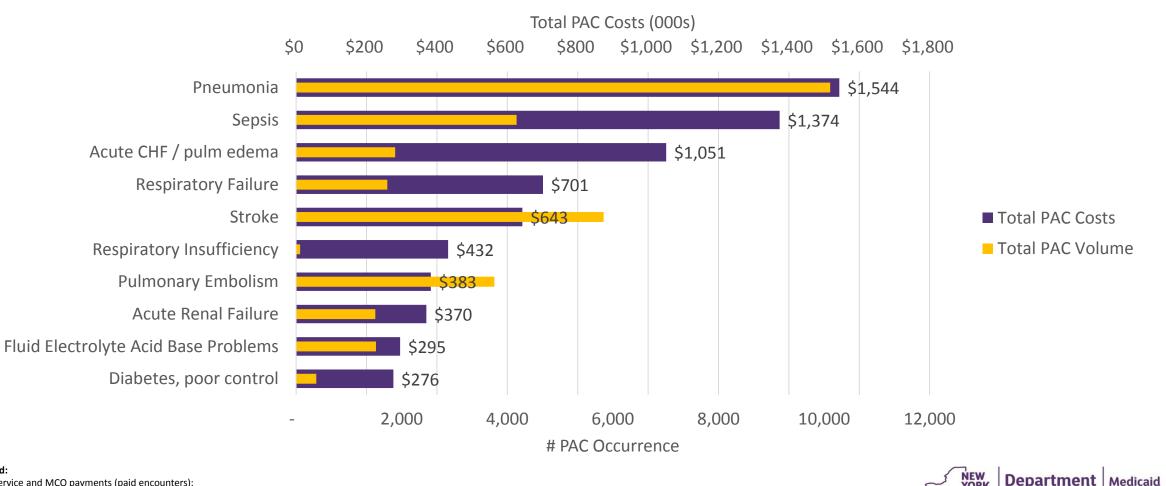
Department

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Medicaid

Redesign Team

The Top 10 Arrhythmia, Heart Block, and Conduction Disorders PACs Account for 71.7% of All ARRBLK PACs



Costs Included:

Fee-for-service and MCO payments (paid encounters);

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized.

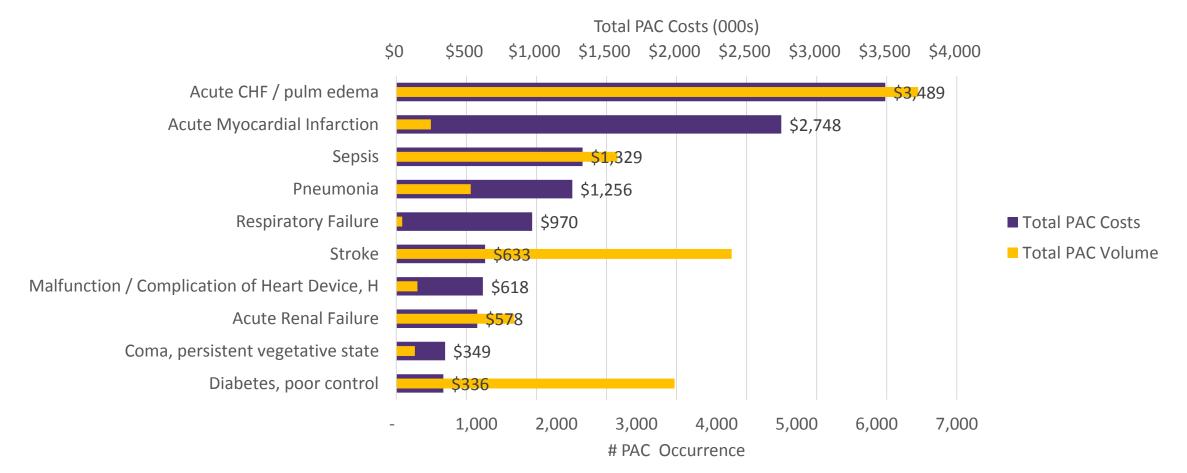
Source: 01/01/2012 – 12/31/2013 Medicaid claims for non-dual Medicaid members.

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The Top 10 Congestive Heart Failure PACs Account for 87.2% of All CHF PACs



Costs Included:

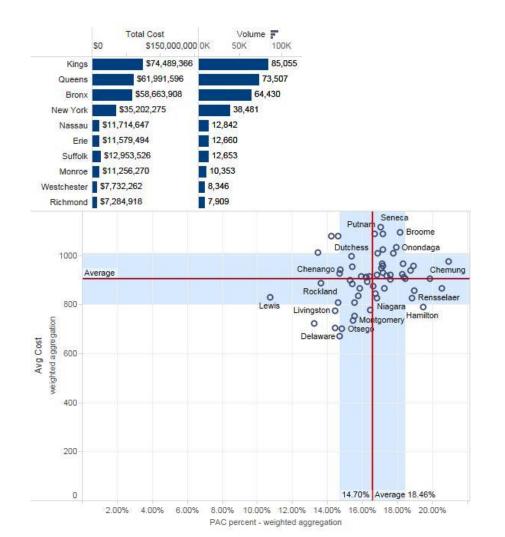
Fee-for-service and MCO payments (paid encounters);

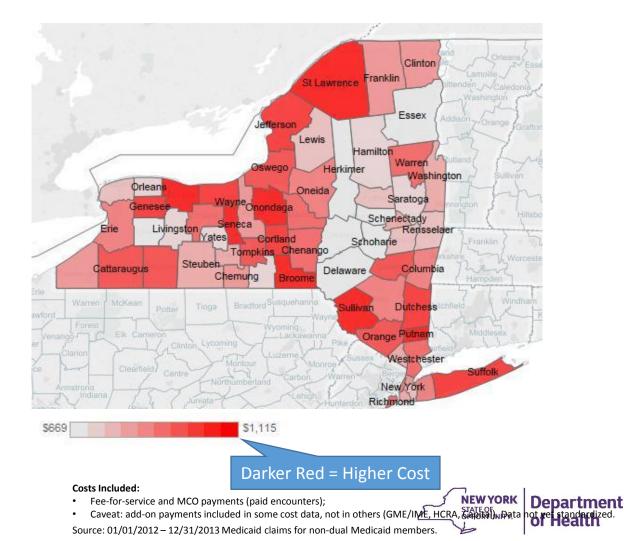
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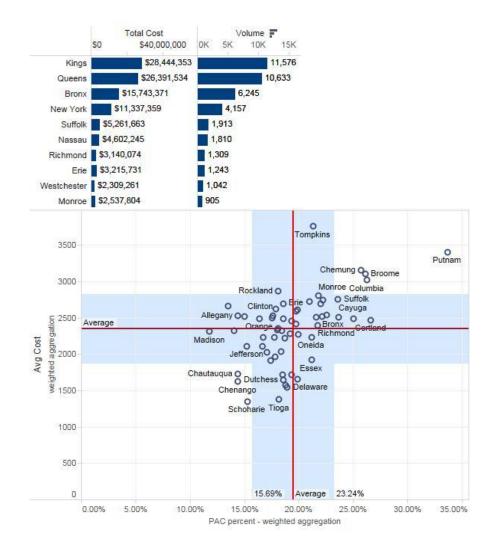


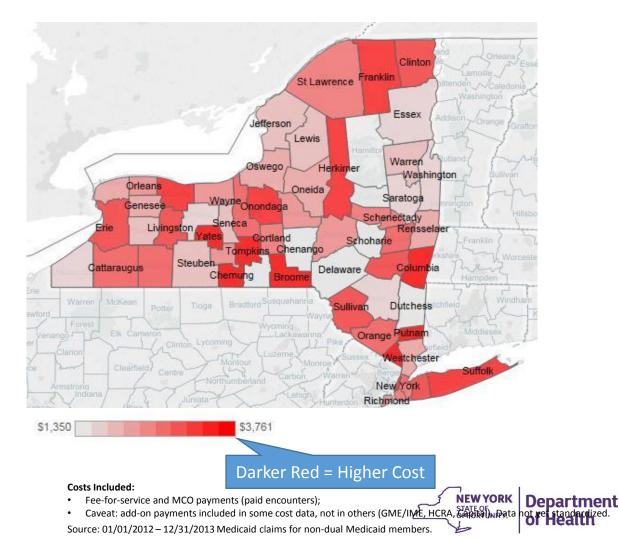
Average Actual Cost, PAC Rate and Volume per County for Hypertension



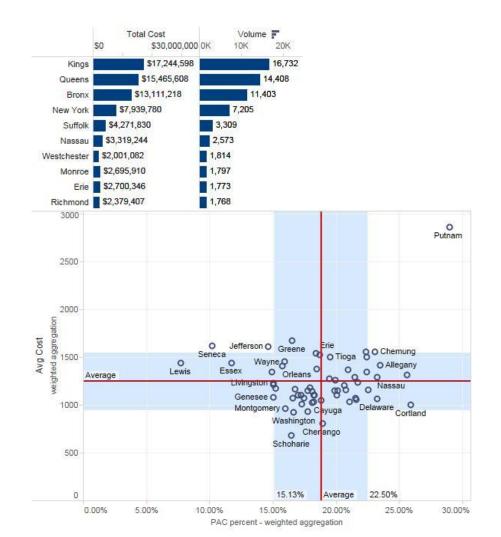


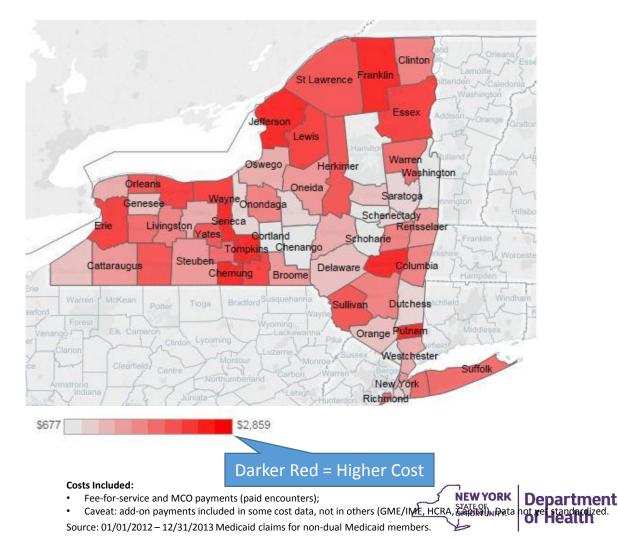
Average Actual Cost, PAC Rate and Volume per County for Coronary Artery Disease



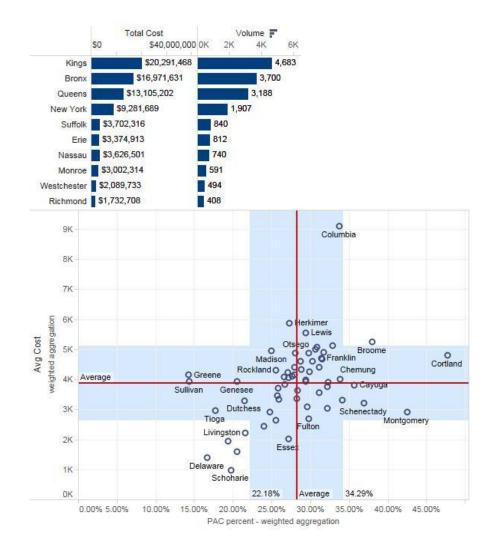


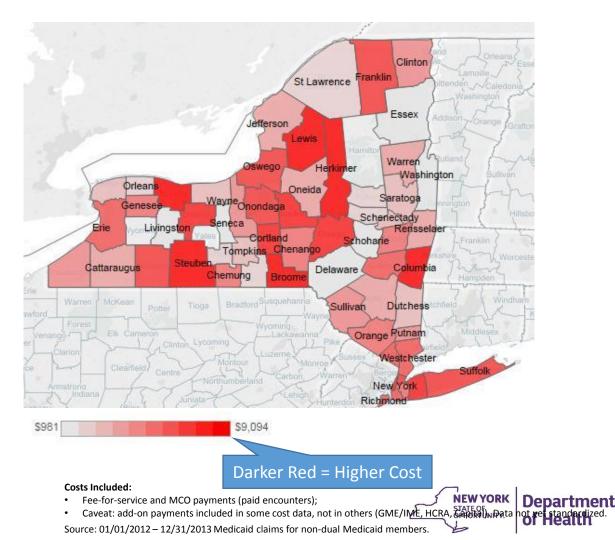
Average Actual Cost, PAC Rate and Volume per County for Arrhythmia, Heart Block, & Conductive Disorder



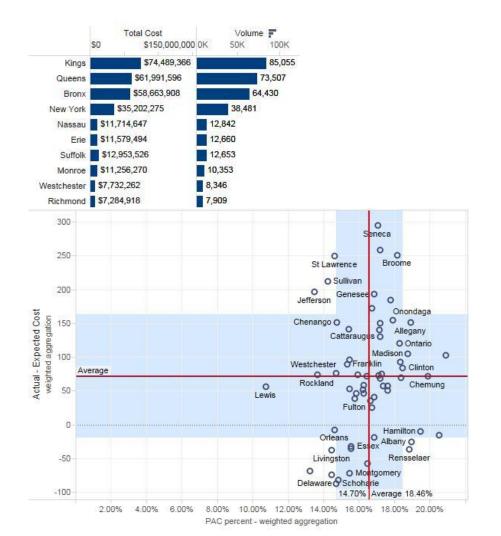


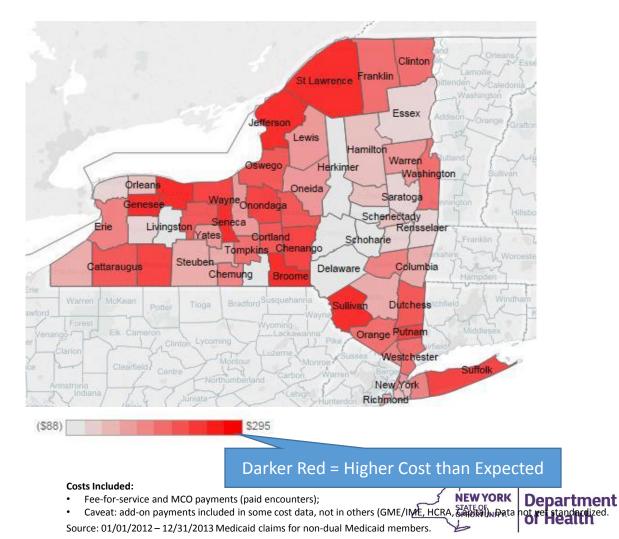
Average Actual Cost, PAC Rate and Volume per County for Congestive Heart Failure



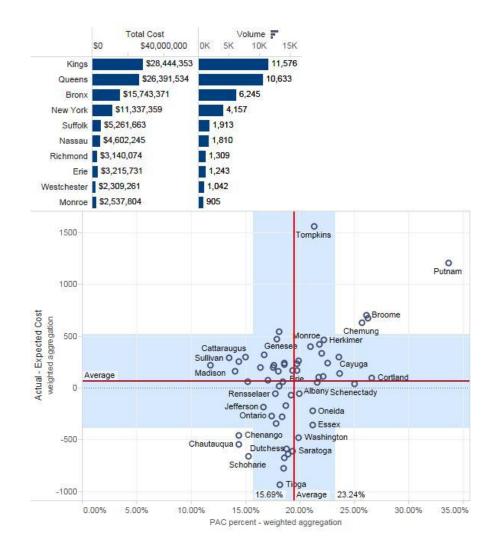


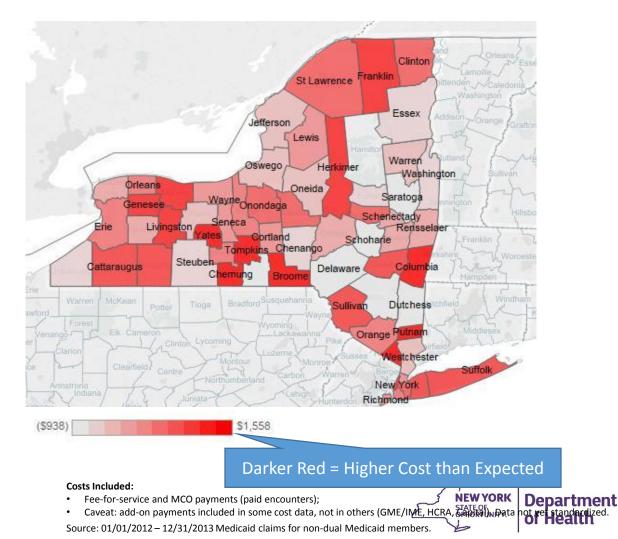
Average Actual minus Expected Cost, PAC Rate and Volume per County for Hypertension



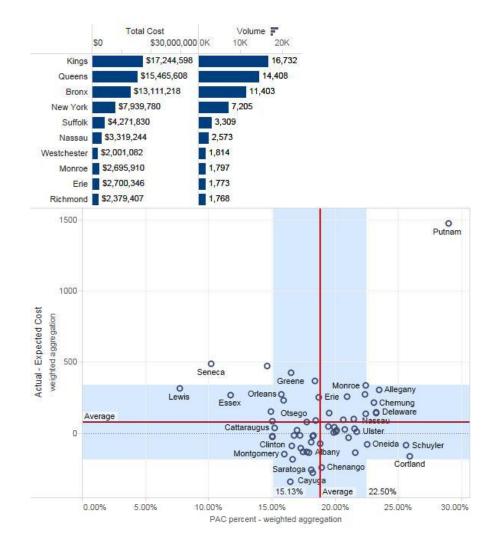


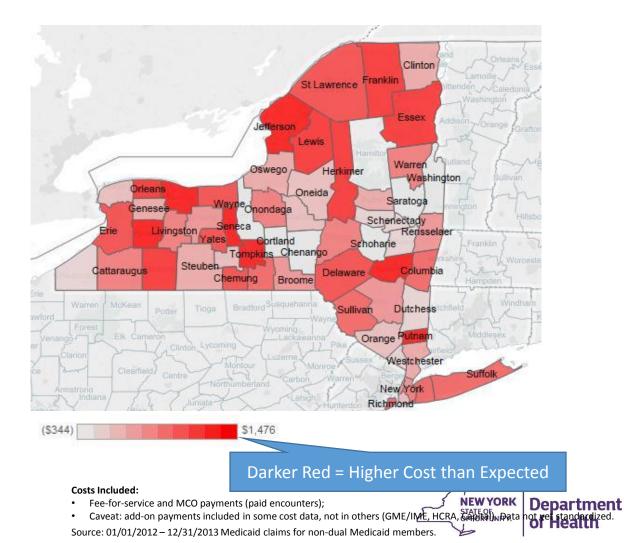
Average Actual minus Expected Cost, PAC Rate and Volume per County for Coronary Artery Disease



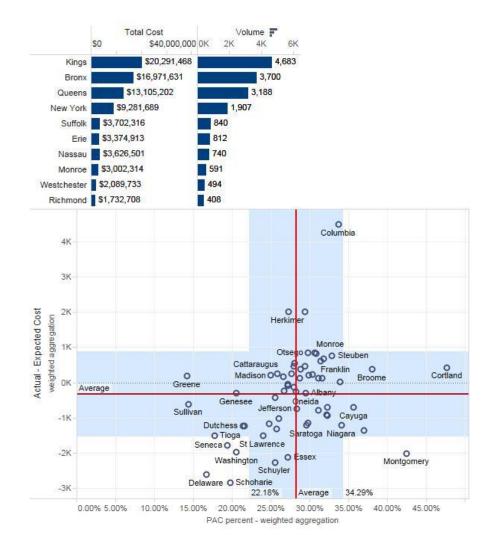


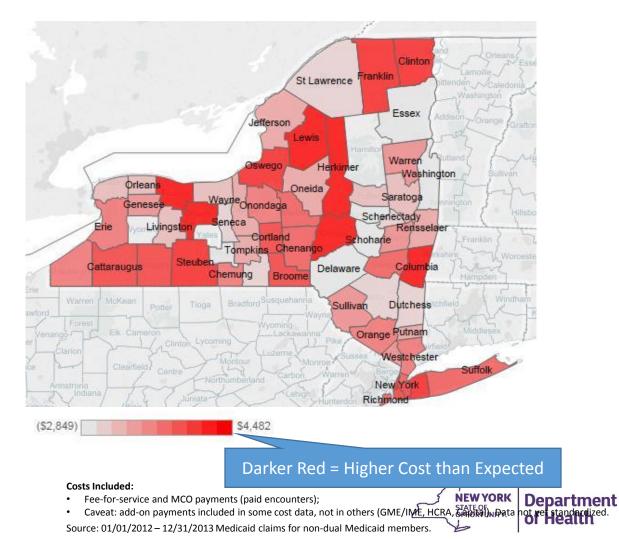
Average Actual minus Expected Cost, PAC Rate and Volume per County for Arrhythmia, Heart Block, & Conductive Disorder



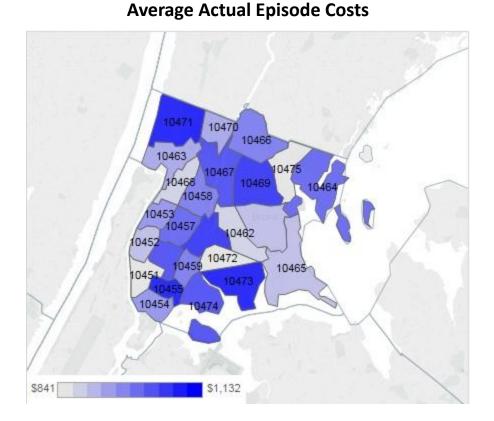


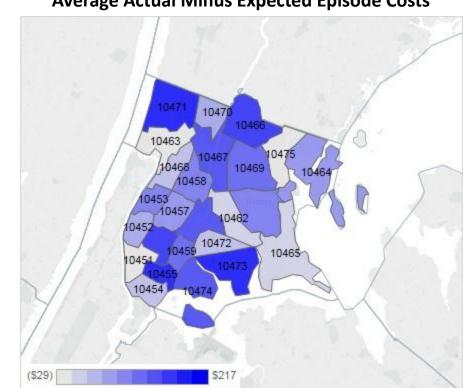
Average Actual minus Expected Cost, PAC Rate and Volume per County for Congestive Heart Failure





Example Drill-Down: Hypertension in the Bronx





Average Actual Minus Expected Episode Costs

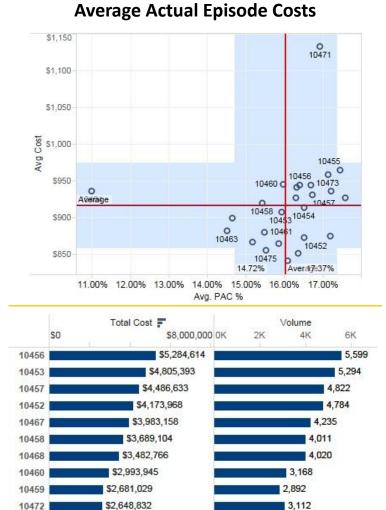
Costs Included:

- Fee-for-service and MCO payments (paid encounters);
- Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, CAREAD), Pata Source: 01/01/2012 - 12/31/2013 Medicaid claims for non-dual Medicaid members.

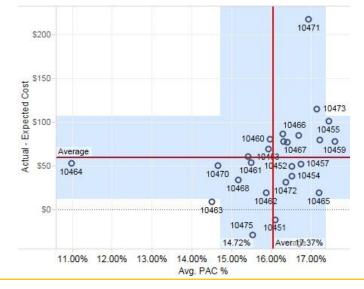
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not yet standardized

Example Drill-Down: Hypertension in the Bronx



Average Actual Minus Expected Episode Costs





Costs Included:

Fee-for-service and MCO payments (paid encounters);

10472

Caveat: add-on payments included in some cost data, not in others (GME/IME, HCRA, Capital). Data not yet standardized. Source: 01/01/2012 – 12/31/2013 Medicaid claims for non-dual Medicaid members.

The 2nd CAG Meeting will be on September 28, 2015 In Albany

- Chronic Heart Episodes Definition Recap
- Chronic Heart Episodes Outcome Measures I

