

## Regional Caregiver Support Initiative

**We are** a network of ten organizations across New York State (NYS), which have developed programs that support family caregivers who care for New Yorkers living with Alzheimer’s disease and other dementias (AD/D).

**We strive to** provide a safety net for caregivers of individuals with AD/D by recognizing and addressing the need for supports and stress reduction.

**We offer** evidence-based or evidence-informed strategies and initiatives to develop a robust and innovative array of caregiver support services within every county of NYS. Each regional initiative offers:

- Care and Family Consultations
- Support Groups
- Education and Training Programs
- Respite
- At least one additional Caregiver Support Service, such as:
  - Access Services
  - Caregiver Companions
  - Care Support Teams
  - Caregiver Wellness Programs
  - Joint Enrichment Opportunities

“You came into our lives at just the right time. You made such a difference for dad and his final months were happy and he felt useful, valued and loved by everyone. I am sure there are many more lives for you to touch, families who need you.”

New York State Caregiver, Capital Region



### Regional Caregiver Support Initiatives

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| <ul style="list-style-type: none"> <li>• Eddy Alzheimer’s Services - Northeast Health<br/>Capital Region</li> <li>• Alzheimer's Association<br/>Central New York</li> <li>• Lifespan of Greater Rochester, Inc.<br/>Finger Lakes</li> <li>• Alzheimer's Association<br/>Hudson Valley</li> <li>• Parker Jewish Institute for Health Care and Rehabilitation<br/>Long Island</li> </ul> | <ul style="list-style-type: none"> <li>• New York University<br/>New York City</li> <li>• Presbyterian Senior Services<br/>New York City</li> <li>• Sunnyside Community Services, Inc<br/>New York City</li> <li>• Alzheimer’s Association<br/>Western New York</li> <li>• The State University of New York at Plattsburgh<br/>Northeastern New York</li> </ul> |
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# The Impact of Alzheimer's Disease and Other Dementias

## New York State by the Numbers

"Alzheimer's disease and other dementias are a public health crisis nationwide and here in New York State... We are committed to implementing this initiative in the most impactful way to benefit people in every corner of our state."

Dr. Howard Zucker  
New York State Health Commissioner

### The impact of AD/D in New York State:

- 410,000 New Yorkers are 65+ and living with Alzheimer's disease (AD)
- By 2025, NYS is projected to experience a 12.2% increase in people age 65 and older living with AD, meaning a projected 460,000 New Yorkers needing care for AD.
- Medicaid costs are projected to increase 16% to \$6.3 billion by 2025 for individuals living with AD/D in New York.

### The Impact of AD/D in the United States:

- One in 3 seniors die of Alzheimer's or another dementia, making AD the sixth leading cause of death in the United States.
- By 2050, the number of Americans age 65 and older living with AD is projected to total 12.7 million, doubling from a number of 6.2 million in 2021.
- In 2021, the cost for health care, long term care and hospice care for people with AD/D in the US is estimated to reach \$355 billion, and increase to \$1.1 trillion by 2050.
- Sixty percent of caregivers of people living with AD/D are employed, with more than half reporting an impact of caregiving responsibilities on work schedules.
- Fifty percent of primary care providers believe that the medical profession is not ready for the growing number of people with AD/D.

Source: 2021 Alzheimer's Disease Facts and Figures (Alzheimer's Association)

## New York State Department of Health Alzheimer's Disease Program

The Alzheimer's Disease Caregiver Support Initiative serves all 62 counties of New York State.

From 2016 - 2019, it provided New Yorkers with the following services:

- 130,563 consultation services
- 15,567 support group sessions
- 9,439 education opportunities
- 489,687 hours of respite care
- 38,101 AD/D diagnostic assessments
- 110,894 referrals to community physicians
- Trained 76,733 physicians, healthcare providers and students on the detection, diagnosis, treatment, and care management of individuals living with AD/D