

Overview of Administration for Community Living Grant

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NYSDOH Older Adult Fall Prevention Coordinator

Overview

- New York State Department of Health- Bureau of Occupational Health and Injury Prevention (NYS DOH BOHIP)
- Funded through the Administration of Community Living
 - 2015-2018
 - 2018-2021



of older adults who participate in **evidence-based community programs**

sustainability of these programs through **innovative funding arrangements**

Over 3 years...



reach
2,000 older adults
with programs

Programs



MANAGING CONCERNS ABOUT FALLS

A MATTER OF
BALANCE



TAI CHI FOR
ARTHRITIS



STEPPING ON

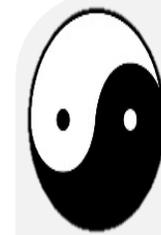
A Statewide Approach

**Train staff
or community
partners at**

- Level 1 Trauma Centers
- Aging offices
-  Community Partners



to deliver



Tai Chi for Arthritis
(TCA)



Stepping On
(SO)

Number of New Trainers

Stepping On	Tai Chi for Arthritis
66	225



Total Number:

291

Number of Partnering Organizations

Total: 94

Trauma Centers

29

North Shore University Hospital
Nassau University Hospital
Upstate Medical Hospital
Jacobi Medical Center
Mainmonides Medical Center
Bellevue Medical Center
Mt. Sinai St. Lukes Hospital
NY Presbyterian/ Queens
St. Barnabas Hospital

OFA/DOH

35

Orange County OFA
Columbia County DOH
Seneca Nation OFA
Allegany County OFA
Suffolk County DOH
Steuben County OFA
Delaware County OFA
Schenectady County DOH
Herkimer County OFA

Community Partners

30

Sullivan County Office for Senior Resources
StepWISEnow
ElderServe
RSVP
EAC Network
Physicians Affiliate Group of NY
Elderwood Healthcare at Liverpool
Lifespan of Greater Rochester

Number of Workshops Held

Stepping On	Tai Chi for Arthritis	Matter of Balance
35	200	10

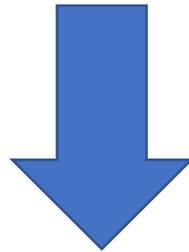


Total Number:

246

Number of Older Adults Participating in Evidence-Based Programs

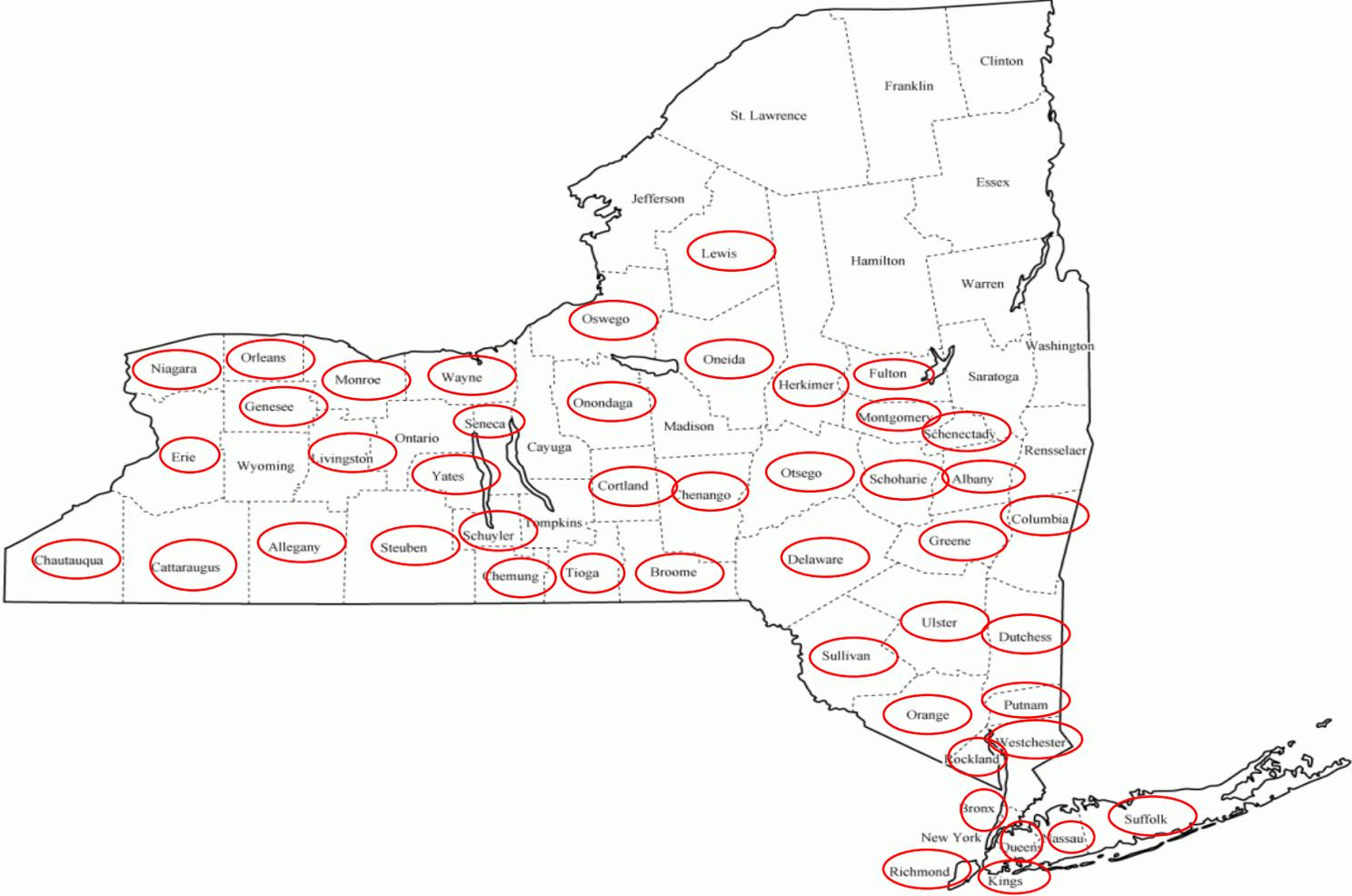
Stepping On	Tai Chi for Arthritis	Matter of Balance
442	2,694	100



Total Number:

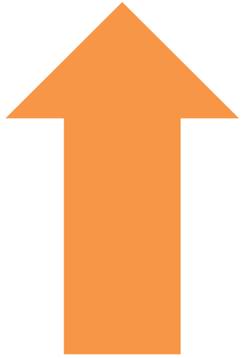
3,889

TCA and SO Trainers in NYS

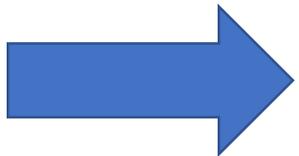




- New York State Department of Health- Bureau of Occupational Health and Injury Prevention received funding for an additional three years through the Administration for Community Living in July 2018 to continue their fall prevention work.



of older adults who participate in **evidence-based community programs**



While, embedding the programs into an **integrated**, sustainable evidence based prevention program network through **innovative funding arrangements** with multiple partners.

Over 3 years...



reach
3,000 older adults
with programs

Programs



MANAGING CONCERNS ABOUT FALLS

A MATTER OF
BALANCE



TAI CHI FOR
ARTHRITIS

Partners

Insurance Companies
MVP HealthCare
CDPHP



NYSDOH Alzheimer's
Program



NYSDOH Office of
Quality and Patient
Safety



NYSDOH Trauma
Program



NYS Office for the
Aging



Sustainability Activities

Tai Chi for Arthritis (TCA)
Train-the-Trainer Courses

A Matter of Balance
(AMOB) Train-the-Coach
Courses

Statewide Evidence-
Based Program Calendar

WebEx and Steering
Committee Meetings

Tai Chi for Arthritis and A Matter of Balance Train-the-Trainer Courses

A train-the-trainer approach will be used to increase the number of TCA and AMOB trainers throughout NYS to offer to older adults

Trainings will be held in areas with large older adult population or highest trainer interest is

Trainings will be held multiple times a year.

NYSDOH BOHIP will cover certification fee and hotel room, if needed

Trainings held by a Master Trainer



Sustainability

Regional Coordinators

A Regional Coordinator (RC) approach that feeds into BOHIP will create a unified and consistent approach across NYS and will be implemented within the first three months of the grant to achieve an integrated, sustainable evidence-based prevention program network.

Ayden Jones- Statewide
with a focus on Eastern
and Central

AMOB MT

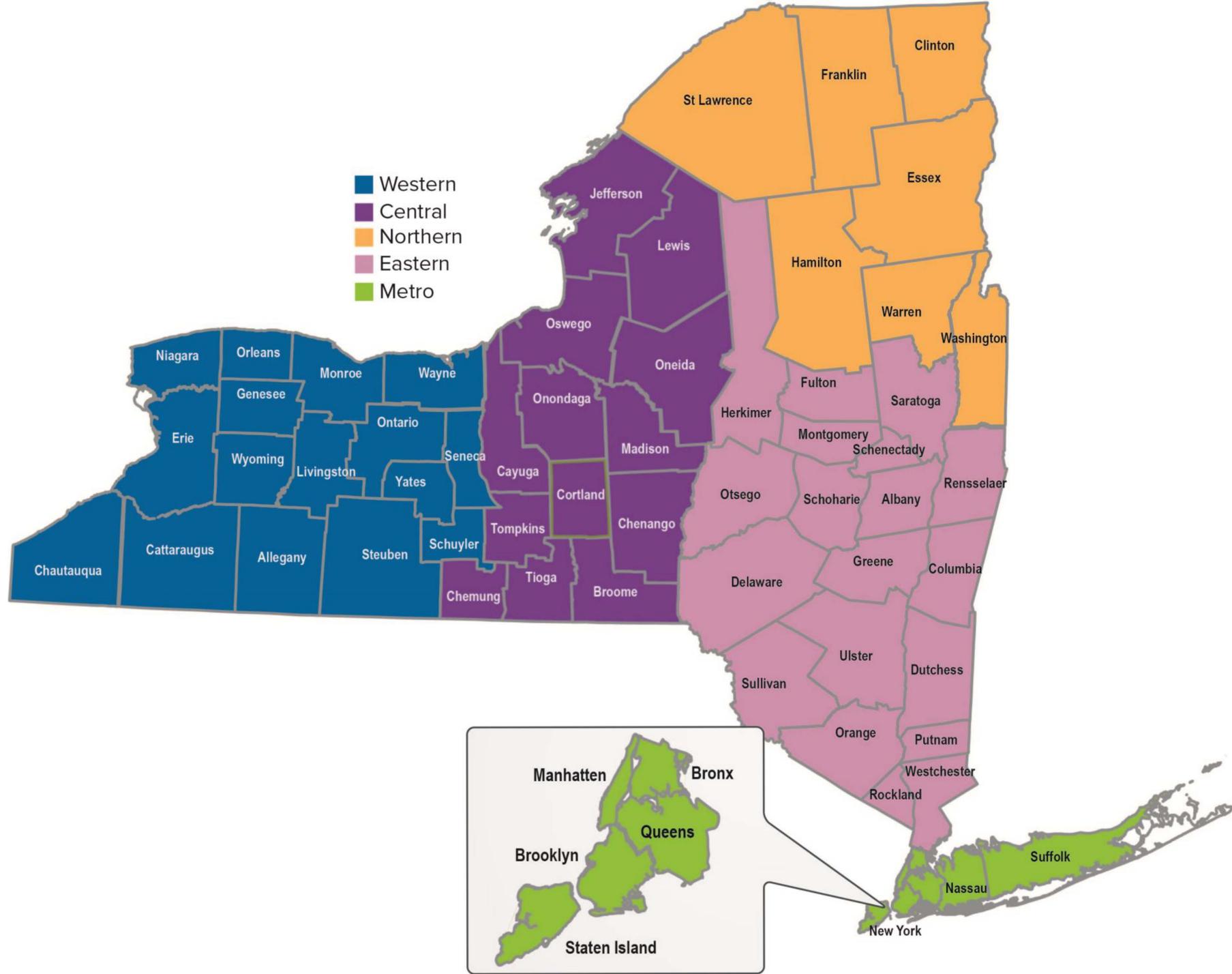
Kristi Ladowski-
Metropolitan

Stonybrook University
Hospital Injury
Prevention Coordinator

Sarah Otis- Western

LifeSpan of Greater
Rochester

Julie Cooke- Northern
St. Lawrence Health
Initiative- Diabetes
Self-Management
Coordinator



Statewide Evidence-Based Program Calendar

- RC will be responsible for reporting all evidence-based falls programs occurring in their region to be reported to Project Coordinator.
 - This calendar will be on the NYSDOH BOHIP Falls Prevention web page for access to NYS Older Adults.
 - Will help older adults and/or caregivers find classes more easily.

Start/End Date	Location	Program Type	Contact Person
4/10/18 6/5/18	East Greenbush YMCA	TCA	Hillary Faas Hillary.faas@health.ny.gov 518-402-7900

WebEx and Steering Committee Meetings

Web Ex meetings four times a year

Falls Steering Committee meeting twice a year



SUSTAINABILITY

Upcoming Trainings

- **Spring 2019**
 - **Location and Dates TBD**

Contact Information

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NYSDOH, Bureau of Occupational Health and Injury Prevention

Phone: 518-402-7900

Resources:

https://www.health.ny.gov/prevention/injury_prevention/falls.htm