Overview of Administration for Community Living Grant

Hillary Faas, MPH
NYSDOH Older Adult Fall Prevention Coordinator
Overview

• New York State Department of Health- Bureau of Occupational Health and Injury Prevention (NYS DOH BOHIP)

• Funded through the Administration of Community Living
  • 2015-2018
  • 2018-2021
for Community Living

# of older adults who participate in evidence-based community programs

sustainability of these programs through innovative funding arrangements
Over 3 years...

reach
2,000 older adults with programs
Programs

A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS

A MATTER OF BALANCE

TAI CHI FOR ARTHRITIS

STEPPING ON
A Statewide Approach

Train staff or community partners at
- Level 1 Trauma Centers
- Aging offices
- Community Partners

To deliver
- Tai Chi for Arthritis (TCA)
- Stepping On (SO)
Number of New Trainers

<table>
<thead>
<tr>
<th>Stepping On</th>
<th>Tai Chi for Arthritis</th>
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<tbody>
<tr>
<td>66</td>
<td>225</td>
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</tbody>
</table>

Total Number: 291
Number of Partnering Organizations

Total: 94

Trauma Centers

- North Shore University Hospital
- Nassau University Hospital
- Upstate Medical Hospital
- Jacobi Medical Center
- Mainmonides Medical Center
- Bellevue Medical Center
- Mt. Sinai St. Lukes Hospital
- NY Presbyterian/Queens
- St. Barnabas Hospital

OFA/DOH

- Orange County OFA
- Columbia County DOH
- Seneca Nation OFA
- Allegany County OFA
- Suffolk County DOH
- Steuben County OFA
- Delaware County OFA
- Schenectady County DOH
- Herkimer County OFA

Community Partners

- Sullivan County Office for Senior Resources
- StepWISEnow
- ElderServe
- RSVP
- EAC Network
- Physicians Affiliate Group of NY
- Elderwood Healthcare at Liverpool
- Lifespan of Greater Rochester

Number of Partnering Organizations:
- 29 Trauma Centers
- 35 OFA/DOH
- 30 Community Partners
Number of Workshops Held

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<tr>
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<th>Stepping On</th>
<th>Tai Chi for Arthritis</th>
<th>Matter of Balance</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>35</td>
<td>200</td>
<td>10</td>
</tr>
</tbody>
</table>

Total Number: 246
Number of Older Adults Participating in Evidence-Based Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Stepping On</td>
<td>442</td>
</tr>
<tr>
<td>Tai Chi for Arthritis</td>
<td>2,694</td>
</tr>
<tr>
<td>Matter of Balance</td>
<td>100</td>
</tr>
</tbody>
</table>

Total Number: **3,889**
TCA and SO Trainers in NYS
New York State Department of Health- Bureau of Occupational Health and Injury Prevention received funding for an additional three years through the Administration for Community Living in July 2018 to continue their fall prevention work.
# of older adults who participate in evidence-based community programs

While, embedding the programs into an integrated, sustainable evidence-based prevention program network through innovative funding arrangements with multiple partners.
Over 3 years... reach 3,000 older adults with programs.
A MATTER OF BALANCE
MANAGING CONCERNS ABOUT FALLS
A MATTER OF BALANCE

TAI CHI FOR ARTHRITIS

Programs
Partners

Insurance Companies
MVP HealthCare
CDPHP

NYSDOH Alzheimer’s Program

NYSDOH Trauma Program

NYSDOH Office for the Aging

NYSDOH Office of Quality and Patient Safety

CDPHP
MVP Health Care
Alzheimer’s Association
NYSDOH
NYS Office for the Aging
Sustainability Activities

- Tai Chi for Arthritis (TCA) *Train-the-Trainer* Courses
- A Matter of Balance (AMOB) *Train-the-Coach* Courses
- Statewide Evidence-Based Program Calendar
- WebEx and Steering Committee Meetings
A train-the-trainer approach will be used to increase the number of TCA and AMOB trainers throughout NYS to offer to older adults.

- Trainings will be held in areas with large older adult population or highest trainer interest.
- Trainings will be held multiple times a year.
- NYSDOH BOHIP will cover certification fee and hotel room, if needed.
- Trainings held by a Master Trainer.

Sustainability
Regional Coordinators

A Regional Coordinator (RC) approach that feeds into BOHIP will create a unified and consistent approach across NYS and will be implemented within the first three months of the grant to achieve an integrated, sustainable evidence-based prevention program network.

Ayden Jones- Statewide with a focus on Eastern and Central AMOB MT

Sarah Otis- Western LifeSpan of Greater Rochester

Kristi Ladowski- Metropolitan Stonybrook University Hospital Injury Prevention Coordinator

Julie Cooke- Northern St. Lawrence Health Initiative- Diabetes Self-Management Coordinator
Statewide Evidence-Based Program Calendar

- RC will be responsible for reporting all evidence-based falls programs occurring in their region to be reported to Project Coordinator.
  - This calendar will be on the NYSDOH BOHIP Falls Prevention web page for access to NYS Older Adults.
  - Will help older adults and/or caregivers find classes more easily.

<table>
<thead>
<tr>
<th>Start/End Date</th>
<th>Location</th>
<th>Program Type</th>
<th>Contact Person</th>
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</thead>
</table>
| 4/10/18 - 6/5/18 | East Greenbush YMCA | TCA          | Hillary Faas
  |                   |              | [Hillary.faas@health.ny.gov](mailto:Hillary.faas@health.ny.gov) | 518-402-7900 |
WebEx and Steering Committee Meetings

Web Ex meetings four times a year

Falls Steering Committee meeting twice a year

SUSTAINABILITY
Upcoming Trainings

• Spring 2019
  • Location and Dates TBD
Contact Information

Hillary Faas, MPH / Hillary.Faas@health.ny.gov

NYSDOH, Bureau of Occupational Health and Injury Prevention
Phone: 518-402-7900

Resources: