

Public Health Toolkit **SOCIAL MEDIA**



Winter Brain Injury

POST: Brain injuries are often permanent and disabling. Young children, young adults and the elderly are at the greatest risk. Know how to prevent a brain injury.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/

TWEET: Approx. 400 traumatic brain injuries occur daily in NY. Make sure you or your family is not at risk. www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/

POST: Prevention is the only 'cure' to protect you and your children from a traumatic brain injury (TBI). Get expert tips on how to prevent a TBI. www.health.ny.gov/publications/0660/index.htm

TWEET: Prevention is the only 'cure' to protect yourself from a traumatic brain injury. Get expert tips: www.health.ny.gov/publications/0660/index.htm

POST: The Traumatic Brain Injury (TBI) Waiver Program makes it possible for individuals who have suffered a TBI to stay in their homes and communities. Call the New York State TBI Medicaid Waiver Program (518-474-5271) if you or someone you know with a TBI needs help living in their community.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/resources.htm#patients

TWEET: Traumatic brain injury help is available that make it possible for individuals to stay in their homes & communities.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/resources.htm#patients

POST: Your ability to react may be slower after a concussion. Ask your doctor when you can safely drive a car, ride a bike, or operate heavy equipment. This could help keep you from injuring yourself again.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/medical.htm#doctor

TWEET: Your ability to react may be slower after a concussion. Talk with your doctor to prevent injuring yourself again.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/medical.htm#doctor

POST: After a head injury, seek medical care ASAP if you experience repeated vomiting, a worsening or severe headache, or slurred speech.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/medical.htm

TWEET: Know when to seek medical care after a head injury. Get the list of important signs and symptoms.

www.health.ny.gov/prevention/injury_prevention/traumatic_brain_injury/medical.htm