

Public Health Toolkit **SOCIAL MEDIA**



Spring Distracted Driving

POST: When you send a text, you take your eyes off the road for about 5 seconds. At 55 mph, that's the time it takes to drive the length of a football field. <http://www.safeny.ny.gov/phon-ndx.htm>

TWEET: When you send a text, you take your eyes off the road for about 5 seconds. At 55 mph, that's the time it takes to drive the length of a football field. <http://www.safeny.ny.gov/phon-ndx.htm>

POST: The person on the other end of the phone cares more about you arriving safely than how fast you text or call back. Choose to arrive safely. It can wait. <http://www.safeny.ny.gov/phon-ndx.htm>

TWEET: The person on the other end of the phone cares more about you arriving safely than how fast you text or call back. Choose to arrive safely. It can wait. <http://www.safeny.ny.gov/phon-ndx.htm>

POST: Even if you think you're good at texting and driving, it can wait. Remind new drivers how dangerous it is to drive while distracted. <http://www.safeny.ny.gov/phon-ndx.htm>

TWEET: Even if you think you're good at texting and driving, it can wait. Remind new drivers how dangerous it is to drive while distracted. <http://www.safeny.ny.gov/phon-ndx.htm>

POST: Even one distraction can affect your ability to react in time. Make a family pact to never drive distracted. This means everyone – new and experienced drivers alike! <http://www.safeny.ny.gov/phon-ndx.htm>

TWEET: Even one distraction can affect your ability to react in time. Make a family pact to never drive distracted. This means everyone – new and experienced drivers alike. <http://www.safeny.ny.gov/phon-ndx.htm>

POST: Keep your eyes on the road, your mind on driving, and your hands on the wheel. Do your part to keep our roads safe. <http://www.safeny.ny.gov/phon-ndx.htm>

TWEET: Keep your eyes on the road, your mind on driving, and your hands on the wheel. Do your part to keep our roads safe. <http://www.safeny.ny.gov/phon-ndx.htm>