

Public Health Toolkit **SOCIAL MEDIA**



Spring Lyme Disease

POST: Helpful videos and facts to keep you and the family tick free this season.

<https://www.health.ny.gov/diseases/communicable/lyme/>

TWEET: Helpful videos and facts to keep you and the family tick free this season.

<https://www.health.ny.gov/diseases/communicable/lyme/>

POST: Not all ticks carry Lyme disease. Get the facts and help protect yourself and your family.

<https://www.health.ny.gov/diseases/communicable/lyme/>

TWEET: Not all #ticks carry #LymeDisease. Get the facts and help protect yourself and your family.

<https://www.health.ny.gov/diseases/communicable/lyme/>

POST: The best medicine to fight tick-borne illnesses? Prevention.

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TWEET: The best medicine to fight tick-borne illnesses? Prevention.

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POST: Prevent a tick-borne disease by doing tick checks with your kids after outdoor activities. Check the scalp, ears, underarms, belly button, waist and back, behind knees, and in between the legs.

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POST: When removing a tick, be careful not to squeeze, crush, or puncture the body. Fine-point tweezers work best in every situation. Pull with the tweezers and pull steadily upward.

https://www.youtube.com/watch?time_continue=3&v=oGrK4ZKUfhQ

TWEET: When removing a #tick be careful not to squeeze, crush, or puncture the body. Fine-point tweezers work best in every situation. Pull with the tweezers and pull steadily upward. #TickRemoval

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