

Public Health Toolkit **SOCIAL MEDIA**



SUMMER ASTHMA

POST: Asthma can cause kids to miss school for many reasons – flare-ups, doctor visits, hospital stays, contact with asthma triggers, and losing sleep from asthma attacks at night. A helpful guide for parents. https://www.health.ny.gov/diseases/asthma/succeeding_in_school/

TWEET: #Asthma can cause kids to miss school for many reasons – flare-ups, doctor visits, hospital stays, contact with asthma triggers, and losing sleep from asthma attacks at night. A helpful guide for parents from @HealthNYGov.

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POST: Managing your child's asthma is a team effort. Plan ahead and work with your child, your child's doctor, and the school. You can help control your child's asthma and make way for a healthier start to the new school year with an asthma action plan.

<https://www.health.ny.gov/publications/4850.pdf>

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POST: Know what to do when a student has an asthma attack at school. Follow these 3 easy steps. <https://www.health.ny.gov/publications/5162.pdf>

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POST: Help students with asthma participate fully in school and remain healthy and ready to learn. Use this guide to create your school's asthma management plan.

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