

Public Health Toolkit **SOCIAL MEDIA**



Winter Cervical Health

POST: In the early stages of cervical cancer there are often no symptoms. Screening tests can find abnormal cells so they can be treated before they turn into cancer.

<https://www.health.ny.gov/diseases/cancer/cervical/>

TWEET: #CervicalCancer grows slowly. In the early stages there are often no symptoms. Screening is key to finding it early, when it's easiest to treat. Check out this information from the @HealthNYGov to learn more. <https://www.health.ny.gov/diseases/cancer/cervical/>

POST: Ladies, do you know how to protect yourself from cervical cancer? Talk to your health care provider about getting screened.

https://www.health.ny.gov/diseases/cancer/cervical/screening_recommendations/

TWEET: Ladies, protect yourself from #CervicalCancer? Talk to your health care provider about getting screened. https://www.health.ny.gov/diseases/cancer/cervical/screening_recommendations/

POST: Have questions about cervical cancer? Find answers, screening recommendations, and more. <https://www.health.ny.gov/diseases/cancer/cervical/>

TWEET: Credible #CervicalCancer FAQs, screening recommendations, data, and more.

<https://www.health.ny.gov/diseases/cancer/cervical/>

POST: Any woman can get cervical cancer, but some are at a higher risk. Risk factors:

- Having the human papillomavirus (HPV)
- Not getting screened
- Smoking
- Aging

<https://www.health.ny.gov/diseases/cancer/cervical/>

TWEET: Any woman can get #CervicalCancer but having #HPV, not getting screened, smoking, and aging increase risk. <https://www.health.ny.gov/diseases/cancer/cervical/>

POST: January is Cervical Cancer Awareness Month. Regular screening with a Pap or HPV test can find abnormal cells so they can be treated before they become cancer. Talk to your health care provider. Uninsured? Call 1-866-442-CANCER (2262) for information on free cervical cancer screening.

<http://www.health.ny.gov/diseases/cancer/services/>

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