

Public Health Toolkit **SOCIAL MEDIA**



Winter Healthy Heart

POST: Heart disease is the leading cause of death for men and women in the United States and in New York State. Know your risk factors and protect your heart.

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

TWEET: Heart disease is the leading cause of death for men and women in the United States and in New York State. Are you at risk? #HeartDisease #HealthyHeart

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

POST: Risk factors for heart disease are also risk factors for other chronic diseases. Love your heart to live your best life. https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

TWEET: Risk factors for heart disease are also risk factors for other chronic diseases. Love your heart to live your best life. #HeartDisease #HealthyHeart

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

POST: Keep your heart beating and healthy for those you love. Learn what your risk factors are for heart disease. https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

TWEET: Keep your heart beating and healthy for those you love. Learn what your risk factors are for heart disease. #HeartDisease #HealthyHeart

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

POST: Be in awe of your heart by reducing your risk of heart disease.

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm

TWEET: Be in awe of your heart by reducing your risk of heart disease. #HeartDisease #HealthyHeart

https://www.health.ny.gov/diseases/cardiovascular/heart_disease/risk_factors.htm