

## WINTER CHILDREN'S DENTAL HEALTH

**POST:** Keep those pearly whites healthy, no matter a person's age. From infancy through adulthood, here's how to protect your oral health.

https://health.ny.gov/prevention/nutrition/sugary beverages/oral health fact sheet.htm

**TWEET:** Keep those pearly whites healthy, no matter a person's age. From infancy through adulthood, here's how to protect your oral health with tips from @HealthNYGov.

https://health.ny.gov/prevention/nutrition/sugary beverages/oral health fact sheet.htm

**POST:** It is recommended that infants see a dentist within 6 months of getting their first tooth. Learn more about how to keep your child's dental health on track.

https://www.health.ny.gov/prevention/dental/infant oral health.htm

**TWEET:** How to keep your child on track with their #DentalHealth from @HealthNYGov.

https://www.health.ny.gov/prevention/dental/infant oral health.htm

**POST:** Here's how fluoride helps strengthen your child's teeth and prevents decay.

https://health.ny.gov/publications/0783.pdf

**TWEET:** Here's how #fluoride helps strengthen your child's teeth and prevents decay.

https://health.ny.gov/publications/0783.pdf

**POST:** A healthy diet is good for your child's dental and overall health. Tips to get started.

https://www.health.ny.gov/prevention/dental/dietary oral health.htm

**TWEET:** A healthy diet is good for your child's dental and overall health. Tips to get started from @HealthNYGov.

https://www.health.ny.gov/prevention/dental/dietary oral health.htm

**POST:** As your baby grows, it is important to make sure they get the dental care they need. Check out these recommendations to help your child as their teeth develop.

https://health.ny.gov/prevention/dental/birth oral health.htm

**TWEET:** #DentalHealth recommendations for your child as they grow, from @HealthNYGov.

https://health.ny.gov/prevention/dental/birth oral health.htm