



EMERGENCY PREPAREDNESS

General

FACEBOOK: 🏠☁️ It's time to stormproof your home. Follow these tips to protect your house and your family from a worst-case scenario. #PreparedNY <https://www.health.ny.gov/publications/7064.pdf>

TWITTER: 🏠☁️ It's time to stormproof your home. Follow these tips from @HealthNYGov to protect your house and your family from a worst-case scenario. #PreparedNY
<https://www.health.ny.gov/publications/7064.pdf>

INSTAGRAM: 🏠☁️ It's time to stormproof your home. Follow these tips to protect your house and your family from a worst-case scenario. Link in bio. @nysdoh #ep #preparedny #preparenow #emergency#weather #weatheremergency
<https://www.health.ny.gov/publications/7064.pdf>

Spring Flooding – Driving

FACEBOOK: Avoid driving in stormy conditions, but if you're caught bad weather, remember:

1. Don't drive around barricades
 2. Don't drive on flooded roads
 3. If your car stalls in rising water, abandon it immediately
- #TurnAroundDontDrown

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More tips from @HealthNYGov:

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Warm Weather & Staying Cool

FACEBOOK: 🤖 If temperatures rise above 95 °F, be careful relying on your fan to cool down. It can actually raise your body temperature, increasing your chance of heat stroke! Learn more from @NYSDOH- New York State Department of Health: <https://www.health.ny.gov/publications/6594/> #PreparedNY

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What To Do After a Flood

FACEBOOK: Floodwaters may contain bacteria that lead to serious illness. Make sure any cuts or bruises on your skin do not touch floodwater and seek medical attention if they do. You may need a tetanus shot. Learn more: <https://www.health.ny.gov/publications/7064.pdf> #PreparedNY

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Repairing a Flooded Home

FACEBOOK: Is your home flooded? Follow this checklist to safely re-enter and repair your home:

- ✓ Wear PPE to avoid getting sick
- ✓ Remove and clean soaked items quickly
- ✓ Ventilate interior to reduce humidity

To see the complete checklist from @NYSDOH-New York State Department of Health, click here: <https://www.health.ny.gov/publications/7064.pdf> #PreparedNY

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