

# ***Txujkev Npaaj rua Lub Sijhawm Yaav Tom Ntej***

Lub tsev zuv mivnyuam nuav koom nrug Lub Koom Haum Pub Zaub Mov rua Mivnyuam Hab Neeg Laus (Child and Adult Care Food Program - CACFP), kws yog tseem fww tebchaws nuav ib txugkev pub zaub mov rua cov mivnyuam huv tsev zuv mivnyuam.

Txhua txhua nub, muaj 2.6 plhom tawm tug mivnyuam kws txais zaub mov lug ntawm CACFP nyob ntau ntau tsev saib xyuas thooob plaws huv lub tebchaws nuav. Tej tsev saib xyuas kws koom nrug peb pub zaub mov rua luag tej yuav txais nyaj lug them tug nqe rua tej zaub mov kws cuag tau tej kevcai kws USDA teem lawm. Txujkev pub zaub mov nuav yog ib qho tseem ceeb heev kuas txhaj le txhim khu kev saib xyuas hab yuav paab kuas tug nqe saib xyuas txhaj le pheej yig mentsis rua tej tsev neeg tsis muaj nyaj ntau.

**Tej Pluas Mov** Tej tsev saib xyuas kws koom nrug CACFP yuav tsum pub zaub mov kws cuag tau tej kevcai kws USDA teem lawm.

Pluas Tshais	Pluas Su lossis Pluas Hmo	Pluas Me (Ob hom lug ntawm plaub hom ntawd)
Mis Txiv lossis Zaub Nplej lossis mov mog	Mis Nqaj lossis yaam pauv nqaj Nplej lossis mov mog Ob npaug txiv lossis zaub	Mis Nqaj lossis yaam pauv nqaj Nplej lossis mov mog Txiv lossis zaub

**Tej Koom Haum kws Koom Ua** Muaj ntau lub tsev saib xyuas kws koom nrug CACFP. Puab puavleej muaj tib lub hom phaj lug coj zaub mov zoo pub rua cov kws puab paab. Tej koom haum ntawd muaj xws le:

- **Tsev Zov Mivnyuam:** Tej tsev zov mivnyuam kws muaj laiv xees lossis tseem fww twb tau pum zoo rua puab ua laj luam, tsis has tej kws xaav khwv nyaj los yog tej kws tsuas xaav paab xwb tsis xaav khwv nyaj; tej lub koom haum "Kev Pib Ntxuv" (Head Start), hab tej tsev kws xaav khwv nyaj hab.
- **Tej Yim Neeg kws Zov Luag Tej Mivnyuam:** Tej tsev kws muaj laiv xees lossis tseem fww twb tau pum zoo rua puab ua laj luam le nuav.
- **Tej Koom Haum Saib Xyuas Mivnyuam thaum Rov Qaab Lug ntawm Tsev Kawm Ntawv:** Tej lub koom haum huv tej chaw kws neeg feem ntau tsis muaj nyaj ntau yuav paab pub pluas me rua mivnyuam hab hluas kws muaj nub nyoog moog tsev kawm ntawv.
- **Tej Tsev Saib Xyuas Neeg kws Tsis Muaj Tsev:** Muaj tej tsev le nuav kws yuav pub zaub mov rua cov mivnyuam kws tsis muaj tsev nyob.

**Cov Muaj Cai Koom Nrug Peb** Muaj tej lub koom haum huv tseem fww xeev kws yuav paab them tuq nqe zaub mov rua tej tsev saib xyuas kws paab cov mivnyuam kws muaj sau nraam nuav (tsis has tej koom haum kws pub chaw nyob rua luag tej):

- cov mivnyuam kws muaj nub nyoog 12 xyoos rov moog yaus dlua,
- cov mivnyuam tuaj pejkum teb tuaj kws muaj nub nyoog 15 xyoos rov moog yaus dlua, hab
- nyob huv tej chaw kws neeg feem ntau tsis muaj nyaj ntau, cov hluas kws muaj nub nyoog 18 xyoos rov moog yaus dlua kws nyob huv tej koom haum saib xyuas mivnyuam tom qaab puab rov qaab lug ntawm tsev kawm ntawv lug.

**Txujkev Txuas Lug** Yog has tas koj muaj lug nug txug CACFP, thov koj ca le nrug cov huv nuav thaam:

Sponsoring Organization

State Director, NYS CACFP  
 NYS Department of Health  
 Division of Nutrition  
 150 Broadway FL 6 West  
 Albany, NY 12204-2719  
 1-800-942-3858 (in NY only)  
 518-402-7400



USDA yog ib lub koom haum kws yuav paab hab ntav  
 Neeg txawm yog neeg yaam twg los xij