



CHILD MEAL DISALLOWANCE – REGULAR

Provider Name _____ Provider # _____ Claim Month/Year _____

MENU DISALLOWANCES

Breakfast

Breakfast disallowance _____

- Missing fluid milk
- Wrong type of milk served based on age of children in care
- Missing a fruit/vegetable component or 100% fruit juice
- Missing a bread/grain component
- Other _____

Lunch/Supper

Lunch/supper disallowance _____

- Missing fluid milk
- Wrong type of milk served based on age of children in care
- Missing a serving from the vegetable component
- Missing a serving from the fruit component
- Missing a bread or grain (rice, noodles, tortilla). Note: Potatoes are a vegetable.
- Missing meat or meat alternate
- Other _____

Snack

Snack disallowance _____

- Need to serve 2 different components
- Other _____

MONITORING FINDS

Disallowance _____

- Meal observed did not match written menu Date _____
- Children observed did not match meal count/attendance Date _____

ENROLLMENT FORMS

Disallowance _____

- Missing enrollment form for: _____

BEST PRACTICES

USDA highly encourages centers and day care homes to implement these best practices in order to ensure children and adults are getting the optimal benefit from the meals they receive while in care:

Infants

- Support mothers who choose to breastfeed their infants by encouraging mothers to supply breastmilk for their infants while in day care and offer a quiet, private area that is comfortable and sanitary for mothers who come to the center or day care home to breastfeed.

Vegetables and Fruits

- Make at least 1 of the 2 required components of a snack a vegetable or a fruit.
- Serve a variety of fruits and choose whole fruits (fresh, canned, dried or frozen) more often than juice.
- Provide at least one serving each of dark green vegetables, red and orange vegetables, beans and peas (legumes), starchy vegetables and other vegetables once per week.

Grains

- Provide at least two servings of whole-grain-rich grains per day.

Meat and Meat Alternates

- Serve only lean meats, nuts and legumes.
- Limit serving processed meats to no more than one serving per week.
- Serve only natural cheeses and choose low-fat or reduced-fat cheeses.

Milk

- Serve only unflavored milk to all participants

CACFP Sponsor Staff _____ Date _____

This institution is an equal opportunity provider.