More Smokers are Making Quit Attempts Each Year

Quitting smoking is difficult and may require multiple attempts. Therefore, it is important for smokers to continue trying to quit smoking.

- In 2007, more than half of everyday smokers have stopped using cigarettes for one day or longer in an attempt to quit smoking.
- Since 2003, significantly more everyday smokers reported making at least one quit attempt.
- The rate of quit attempts has increased by 26% since 2003.

Percentage of Everyday Smokers Who Report Having Stopped Smoking For One or More Days Because They Were Trying to Quit

Contact the Bureau of Chronic Disease Epidemiology and Surveillance, New York State Department of Health at (518) 473-0673 or type “StatShot” in the subject line of an e-mail and send it to tcp@health.state.ny.us.