Average Number of Cigarettes Smoked per Day by Smokers in New York is Steadily Decreasing

For some smokers, reducing the number of cigarettes smoked each day may be preparation for cessation attempts. We track the number of cigarettes smoked per day in the Adult Tobacco Survey.

- The average number of cigarettes smoked per day by adult current smokers in New York decreased from about 15 cigarettes per day in 2003 to just 11 cigarettes per day in 2008, a drop of 27%.
- The average number of cigarettes smoked per day in 2008 in New York was 11, significantly lower than the national average of just over 13 cigarettes per day.
- The reductions in the number of cigarettes smoked per day began in 2006, when the budget for the Tobacco Control Program was doubled.

Average Number of Cigarettes Smoked Each Day by Current Smokers in New York and the US

Contact the Bureau of Chronic Disease Epidemiology and Surveillance, New York State Department of Health at (518) 473-0673 or type “StatShot” in the subject line of an e-mail and send it to tcp@health.state.ny.us.