

Smokers in New York are More Likely to Make Quit Attempts Compared with the U.S.

Quitting smoking is difficult and often requires multiple attempts. Therefore, it is important for smokers to continue trying to quit smoking. Resources to help New York smokers quit are available at the New York State Smoker's Quitline (1-866-NYQUITS).

- In 2008, more than half (53.2%) of everyday smokers in New York have stopped using cigarettes for one day or longer in an attempt to quit smoking. This is significantly more than in the nation as a whole (39%).
- Between 2003 and 2008, there has been a significant increase in the proportion of everyday smokers in New York who reported making at least one quit attempt in the prior 12 months. The rate of quit attempts increased by 26% between 2003 and 2008.

Percentage of Everyday Smokers Who Report Having Stopped Smoking For One or More Days Because They Were Trying to Quit, New York and U.S.

