

## More New York Health Care Providers Assist Smokers Who Want to Quit

The *Clinical Practice Guidelines for Treating Tobacco Use and Dependence* (Fiore et al., 2000) recommends that health care providers Ask patients if they smoke, Advice smokers to quit, and Assist with quit attempts through counseling, referrals, and prescriptions. Tobacco Control Program Cessation Centers work with providers across the state to achieve these aims.

- **Assist:** In 2009, over half of all New York smokers who have been to health care providers in the past 12 months, report being prescribed or referred for effective tobacco dependence treatments, or given brief counseling. This is 44% more than the rate in 2003, a significant increase ( $p < 0.001$ ). Rates for New York and the nation are not significantly different.
- **Advise:** In 2009, nearly 80% of New York smokers report being advised to quit by health care providers in the past 12 months evidencing little change over the last seven years (not shown).
- **Ask:** The proportion of New York adults who have been to health care providers in the past 12 months and report being asked if they smoke, remains at 90% since 2003 (not shown).

### Percentage of Smokers in New York Who Received Assistance with Quitting From Their Health Care Providers

