



New York State
Department of Health

# **Bureau of Emergency Medical Services**

#### **POLICY STATEMENT**

Supersedes/Updates: 00-01, 00-02, 11-08 & 14-02

No. 17-02

Date: March 13, 2017

Re: Epinephrine Auto-Injectors (EpiPen®)

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The purpose of this policy is to assist eligible entities defined by Article 30, section 3000-c of the Public Health Law (PHL) in understanding the notification process for utilizing epinephrine auto-injectors (i.e. EpiPen®). An epinephrine auto-injector program is designed to encourage greater acquisition, deployment and use of epinephrine auto-injectors in an effort to reduce the number of deaths associated with anaphylaxis.

An "epinephrine auto-injector device" is defined as a single-use device used for the automatic injection of a premeasured dose of epinephrine into the human body, approved by the U.S. Food and Drug Administration for the purpose of emergency treatment of a person appearing to experience anaphylactic symptoms.

## Eligible entities are defined as:

- 1. An ambulance service or advanced life support first response service; a certified first responder, emergency medical technician, advanced emergency medical technician or paramedic, who is employed by or an enrolled member of any such service;
- 2. A children's overnight camp as defined in subdivision one of section thirteen hundred ninety-two PHL, a summer day camp as defined in subdivision two of section thirteen hundred ninety-two of PHL, a traveling summer day camp as defined in subdivision three of section thirteen hundred ninety-two of PHL or a person employed by such a camp;
- 3. School districts, boards of cooperative educational services, county vocational education and extension boards, charter schools, and non-public elementary and secondary schools in this state or any person employed by any such entity;
- 4. A sports, entertainment, amusement, education, government, day care or retail facility; an educational institution, youth organization or sports league; an establishment that serves food; or a person employed by such entity; and
- 5. Any other person or entity designated or approved, or in a category designated or approved pursuant to regulations of the commissioner in consultation with other appropriate agencies.

New York State EMS agencies with a Department issued agency code; children's camps as defined by subpart 7-2 of the New York State Sanitary Code; and schools are strongly encouraged to participate in the epinephrine auto-injector program.

## **Epinephrine Auto-Injector Program**

To initiate an epinephrine auto-injector program, the following steps should be considered:

- A health care practitioner or pharmacist authorized to prescribe medications may prescribe, dispense or provide an epinephrine auto-injector device to or for an eligible person or entity by a non-patient-specific prescription.
- Select and successfully complete a training course in the use of epinephrine autoinjector devices conducted by a nationally recognized organization experienced in
  training laypersons in emergency health treatment, by using the Training Guidelines
  (<a href="https://health.ny.gov/professionals/ems/pdf/epi\_auto-inject\_training\_guidelines.pdf">https://health.ny.gov/professionals/ems/pdf/epi\_auto-inject\_training\_guidelines.pdf</a>)
  or by a program approved by the Commissioner of Health.

Any training program submitted for approval must include, but may not be limited to the following objectives and competencies:

- 1. identify common causes of allergic reactions;
- 2. identify the signs and symptoms of a mild and severe allergic reaction (anaphylaxis);
- 3. identify how signs and symptoms of anaphylaxis differ from other medical conditions;
- 4. demonstrate knowing when epinephrine should be administered and when it should not be administered;
- 5. demonstrate determining the correct dose of auto-injector, adult or pediatric, to administer;
- 6. demonstrate the steps for administering epinephrine by an auto-injector;
- 7. describe the methods for safely storing and handling epinephrine and appropriately disposing of the auto-injector after use;
- 8. demonstrate the steps for providing for on-going care of the patient until Emergency Medical Services (EMS) arrives;
- 9. demonstrate knowledge of appropriate documentation and reporting of an event in which an epinephrine auto-injector was administered; and
- 10. understand the NYS laws that allow an individual to possess and use an epinephrine auto-injector in a life-threatening situation.

Prior to initiating the training program, please submit proposed training programs for approval to:

New York State Department of Health Bureau of Emergency Medical Services and Trauma Systems 875 Central Avenue Albany, NY 12206

518-402-0996 518-402-0985 (fax)

- Suggested policies and procedures:
  - Written policies and procedures for the acquisition, storage, accounting, and proper disposal of used auto-injectors.
  - Written policies and procedures for the training of authorized users;
  - Written practice protocols for the use of the epinephrine auto-injector;
  - A method of making notification of the use of the epinephrine auto-injector;
  - A method for documentation of the use of the epinephrine auto-injector; and
  - A process for quality assurance.

# Reporting an Epinephrine Auto-Injector Use

In the event that an epinephrine auto-injector is administered to a patient experiencing anaphylaxis, the entity should report the incident. At a minimum, the following should be provided as part of this written notification:

- The name of the epinephrine auto-injector entity;
- Location of the incident:
- The date and time of the incident;
- The age and gender of the patient;
- The number and dose of epinephrine auto-injectors administered to the patient:
- The name of the ambulance service that transported the patient, and
- The name of the hospital to which the patient was transported.

In the case of an EMS agency, the report must be written and submitted on a Prehospital Care Report (PCR/e-PCR) and shared with the agency's physician medical director.

In addition, Subpart 7-2 of the State Sanitary code requires children's camp operators to report in writing any epinephrine administration to the permit-issuing official within 24 hours of the administration.

### **Resources**

New York State Public Health Law, Article 30, section 3000-c <a href="http://www.health.ny.gov/professionals/ems/art30.htm#BM3000c">http://www.health.ny.gov/professionals/ems/art30.htm#BM3000c</a>

Epinephrine by Auto-Injector Training Guidelines for Unlicensed or Uncertified Personnel <a href="https://health.ny.gov/professionals/ems/pdf/epi\_auto-inject\_training\_guidelines.pdf">https://health.ny.gov/professionals/ems/pdf/epi\_auto-inject\_training\_guidelines.pdf</a>

EMT original curriculum Lesson 4-5 on Allergies

http://www.health.ny.gov/professionals/ems/national\_education\_standards\_transition/docs/nys\_e mt\_education\_standards.pdf

American Academy of Pediatrics <a href="http://www.aap.org">http://www.aap.org</a>

American Red Cross - Anaphylaxis and Epinephrine Auto-Injector - Online Course <a href="http://www.redcross.org/take-a-class/course-dowbt00000000011096">http://www.redcross.org/take-a-class/course-dowbt00000000011096</a>

American College of Allergy, Asthma & Immunology <a href="http://acaai.org/">http://acaai.org/</a>

Food Allergy Research and Education

https://www.foodallergy.org/treating-an-allergic-reaction/epinephrine

Asthma and Allergy Foundation <a href="http://www.aafa.org/">http://www.aafa.org/</a>

Regional EMS Council Listing

http://www.health.ny.gov/professionals/ems/regional.htm

Chapter 373 of the Laws of 2016 - effective March 28, 2017