

CUPS Assessment of Newborns		
Category	Assessment	Actions
<b>Critical</b>	Absent airway, breathing, or circulation; requires continuing assisted ventilation or chest compressions	Perform initial interventions and transport simultaneously; call for ALS backup if available
<b>Unstable</b>	Compromised airway, breathing, or circulation; requires assisted ventilation	Perform rapid initial assessment and interventions; call for ALS backup if available; transport promptly
<b>Potentially unstable</b>	Normal airway, breathing, and circulation; requires blow-by oxygen; mother reports early delivery, brownish or greenish birth fluids, multiple births, or history of drug use	Perform initial assessment and interventions; call for ALS backup if available; transport promptly
<b>Stable</b>	Normal airway, breathing, and circulation; responds to drying, positioning, suctioning, and stimulation; no risk factors present	Perform initial assessment and interventions; assess Apgar score; transport

*Based on CUPS Assessment Table © 1997 N. D. Sanddal, et al. Critical Trauma Care by the Basic EMT, 4th ed.*

Resuscitation Measures for Newborns	
Assessment findings	Action
<ul style="list-style-type: none"> <li>• In all cases</li> </ul>	Dry, warm, position, and suction
<ul style="list-style-type: none"> <li>• Bluish color to chest, abdomen, and lips</li> </ul>	Blow-by supplemental oxygen
<ul style="list-style-type: none"> <li>• Apnea or gasping respiration</li> <li>• Bluish color to chest, abdomen, and lips after oxygen delivery</li> <li>• Pulse slower than 100 BPM</li> </ul>	Assisted ventilation with supplemental high-concentration oxygen; call for ALS backup
<ul style="list-style-type: none"> <li>• Pulse 0–60 BPM</li> <li>• Pulse 60–80 BPM and <i>not rising</i></li> </ul>	Chest compressions with assisted ventilation; call for ALS backup

Apgar Score			
Assessment	0	1	2
Pulse rate	Absent	Below 100	Over 100
Respirations	Absent	Slow, irregular	Normal, crying
Muscle tone	Limp	Some flexion	Active; good flexion
Irritability	No response	Some grimace	Cough, sneeze, or cry
Color	Blue or pale	Body pink, blue hands and feet	Completely pink