Public Mental Health Services in New York State
Major Service Areas

- Emergency Services
- Inpatient Services
- Outpatient Services
- Community Support
Emergency Services

- Comprehensive Psychiatric Emergency Program (CPEP)
- Mobile Crisis Team
- Crisis Counseling
- Crisis Residences
Inpatient Services

- Psychiatric Units – General Hospitals
- Private Psychiatric Hospitals
- State Psychiatric Centers
Outpatient Services

- ACT (Assertive Community Treatment)
- Clinic
- Continuing Day Treatment
- Partial Hospitalization Program
- IPRT (Intensive Psychiatric Rehabilitation Treatment Program)
- PROS (Personalized Recovery-Oriented Services)
ACT Services

- A mobile team-based approach to delivering comprehensive and flexible treatment, rehabilitation, case management and support services.
- Rather than coordinating services, an ACT team provides services directly to an individual in the community.
- Serves high end users with a lack of engagement in traditional outpatient services.
Clinic Services

- Assessment
- Health screening and referral
- Verbal therapy
- Medication therapy and education
- Symptom management
- Psych rehab readiness determination and referral
- Case management
- Crisis intervention
- Clinical support services
Continuing Day Treatment Services

- Medication therapy and education
- Case management
- Rehab readiness development
- Psych rehab readiness determination and referral
- Symptom management
- Supportive skills training
- Activity therapy
- Verbal therapy
- Crisis intervention services
- Clinical support services
Partial Hospitalization Program

Alternative to inpatient hospitalization which provides active short-term treatment designed to stabilize an individual experiencing acute symptoms.

Services:
- Health referral
- Symptom management
- Medication therapy and education
- Verbal therapy
- Case management
- Psych rehab readiness determination and referral
- Crisis intervention
- Activity therapy
- Clinical support
I PRT Services

A time-limited psychiatric rehabilitation treatment program that works with individuals on living, learning, working, and social goals.

Psych Rehab Services:

- Readiness determination
- Goal setting
- Functional and resource assessment
- Skills and resource development
- Support services
The goal of the program is to integrate treatment, support, and rehabilitation in a manner that facilitates the individual's recovery.

Services:

- **Community Rehab and Support** – assists in restoring those skills and supports necessary to live in the community.

- **Intensive Rehab** – intensively assists individuals in attaining specific life roles such as those related to competitive employment, independent housing and school.

- **Ongoing Rehab and Support** – assists with symptom management and overcoming functional impairments for integration into a competitive workplace.

- **Clinical Treatment** – Stabilize, ameliorate and control an individual’s symptoms of mental illness.
Community Support Services

- Case Management
- Residential
- Other
Case Management

- Intensive Case Management
- Supportive Case Management
- Blended Case Management
Residential

Licensed Programs:
- Congregate Treatment
  - Community Residence
    - SOCR, MICA, Geriatric, MI/MR, Non-Specialty
    - CR-SRO
- Apartment Treatment
- Family Care Home

Unlicensed Programs:
- Supported Housing
  - Non-certified Apartment Programs
  - SP-SRO
Other

- Vocational
- Psychosocial Club
- Peer-operated Services
Office of Mental Health Resources

- **www.omh.state.ny.us**

- **New York State Office of Mental Health**
  44 Holland Avenue
  Albany, New York 12229
  1-800-597-8481 (toll-free)

- **Central New York Field Office**
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  West Brentwood NY 11717-1087
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