Parents... Save the Skin Your Child Is In!

HELP PREVENT SKIN CANCER

Skin cancer is the most commonly diagnosed cancer in the United States. The biggest risk for skin cancer is unprotected exposure to the sun during childhood. Most skin cancer is *preventable*. Help protect your child by providing the following:

CAMP ESSENTIALS



SUNSCREEN WITH UVA AND UVB PROTECTION AND AN SPF (SUN PROTECTION FACTOR) OF 15 OR HIGHER



WIDE-BRIMMED HATS



LONG-SLEEVED SHIRTS, AND LONG SHORTS OR PANTS



SUNGLASSES THAT OFFER PROTECTION FROM UVA AND UVB RAYS



ENCOURAGE THE CAMP STAFF TO LIMIT YOUR CHILD'S EXPOSURE TO THE SUN