Ask your health care provider about colon cancer screening and how you can get FIT.

Uninsured? Age 50 or older? Call 1-866-442-CANCER to find out how you can get a free colon cancer test near you.

Getting a colon cancer test just got easier!

Read on to learn more about FIT, a new test for colon cancer.

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Did you know?
- Colorectal cancer (cancer of the colon and rectum) is the second leading cause of cancer death.
- Screening tests can help prevent colon cancer by finding polyps before they turn into cancer. (Polyps are noncancerous growths of tissue that can become cancer if they are not removed.)
- Recommended screening tests include stool tests; colonoscopy; sigmoidoscopy; and barium enema.
- When colon cancer is found and treated early, it can be cured.

Who should be screened for colon cancer?
- Most people should start screening tests at age 50.
- If you or a family member has had colon cancer or polyps, you may need to start earlier.

What is FIT?
- FIT is a take-home, stool-screening test for colon cancer.
- FIT can show if there is hidden blood in your stool (bowel movement).

Why get FIT?
- It is easy to do.
- It is done in the privacy of your home.
- There are no special changes to diets or medicines.

How often should I get FIT?
- If your results are negative, you should do a FIT test every year.

What if my results come back positive?
- If this test is positive, a colonoscopy is needed to see if there is cancer, a polyp, or other cause of bleeding.
- When colon cancer is found and treated early, it can be cured.
- When polyps are found and removed, colon cancer is actually prevented.