# OPIOIDS and Neonatal Abstinence Syndrome (NAS) LANGUAGE MATTERS



#### I am not an addict.

I was exposed to substances in utero. I am not addicted. Addiction is a set of behaviors associated with having a Substance Use Disorder (SUD).



## I was exposed to opioids.

I was exposed to the medications and substances my parent used. While I was in the womb, we shared a blood supply. I may have become dependent on some of those substances.



## NAS is a temporary and treatable condition.

It can be treated with prescription medications and care that comforts, such as breastfeeding, swaddling, and offering pacifiers.



## My parent may have a SUD.

They might be receiving Medication-Assisted Treatment (MAT). My NAS may be a side effect of their appropriate medical care. It is not evidence of abuse or mistreatment.

### My potential is limitless.

I am so much more than my NAS diagnosis. My drug exposure will not determine my long-term outcomes. But how you treat me will. When you invest in my family's health and

well-being you can expect that I will do as well as any of my peers!





