



SIT-CLICK-RIDE

TRAFFIC SAFETY
16-MONTH CALENDAR
2013-2014



Sit, Click, & Ride!



Facts to keep you safe!

- Always use your seat belt.
- It's your job to wear it all of the time.
- It's your job to wear the shoulder strap over your shoulder and across your chest.
- Click doesn't do it.
- Use a proper seat if used.

Be Safe!

Sit-Click-Ride



Sit-Click-Ride



Sit
Click
Ride



Be Safe and follow the Rules of the Road



A Safety Message for Parents

It's time to get back on the road again with the kids in the car, whether dropping off or picking them up from school, heading out to a ball game or taking them along on a trip to get groceries. Before turning the key is the perfect time to make sure all child passengers are properly buckled up and riding in the back seat.

Car crashes are a leading cause of injuries and deaths for children up to age 14. You never know when a car crash will happen. In fact, it may occur on roads you travel every day, as most crashes happen close to home. When riding in the back seat and properly buckled up, children are more than a third less likely to be hurt in a car crash.

This calendar includes state and regional winning poster entries from the New York State "Sit, Click, Ride" poster contest conducted in observance of National Child Passenger Safety Week (September 16-22, 2012). Close to 1,000 students in grades 3-7 submitted posters to encourage other tweens (8 to 12-year-olds) to properly buckle up in the back seat when riding in a motor vehicle. The contest was conducted by the New York State Child Passenger Safety Advisory Board and the New York State Governor's Traffic Safety Committee with support from New York State Safe Kids and the New York State Department of Health.

FOR MORE INFORMATION

American Academy of Pediatrics

www.healthychildren.org

National Highway Traffic Safety Administration

www.safercar.gov/parents/

New York State Department of Health

www.health.ny.gov/prevention/injury_prevention/cars

New York State Governor's Traffic Safety Committee

www.safeny.ny.gov/events.htm

Sit-Click-Ride – The Right Way

Seat belts are designed to spread the impact of a crash across the sturdiest parts of the body. A bad fit makes the seat belt less effective and boosts the risk of injury.



MAKE SURE YOUR TWEEN KNOWS TO...

- **Never share a seat belt.** Tell your tween you will come get them if there aren't enough seat belts in a car.
- **Always buckle up, even on short trips.** Most car crashes happen close to home and at low speeds.

Car Seat Recommendations for Children



- Select a car seat based on your child's age and size, and choose a seat that fits in your vehicle and use it every time.
- Always refer to your specific car seat manufacturer's instructions; read the vehicle owner's manual on how to install the car seat using the seat belt or LATCH system; and check height and weight limits.
- To maximize safety, keep your child in the car seat for as long as possible, as long as the child fits within the manufacturer's height and weight requirements.
- Keep your child in the back seat at least through age 12.

AGE



Birth – 12 months

Your child under age 1 should always ride in a rear-facing car seat.

There are different types of rear-facing car seats: Infant-only seats can only be used rear-facing. Convertible and 3-in-1 car seats typically have higher height and weight limits for the rear-facing position, allowing you to keep your child rear-facing for a longer period of time.



1 – 3 years

Keep your child rear-facing as long as possible. It's the best way to keep him or her safe. Your child should remain in a rear-facing car seat until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the rear-facing car seat, your child is ready to travel in a forward-facing car seat with a harness.



4 – 7 years

Keep your child in a forward-facing car seat with a harness until he or she reaches the top height or weight limit allowed by your car seat's manufacturer. Once your child outgrows the forward-facing car seat with a harness, it's time to travel in a booster seat, but still in the back seat.



8 – 12 years

Keep your child in a booster seat until he or she is big enough to fit in a seat belt properly. For a seat belt to fit properly the lap belt must lie snugly across the upper thighs, not the stomach. The shoulder belt should lie snug across the shoulder and chest and not cross the neck or face. Remember: your child should still ride in the back seat because it's safer there.

DESCRIPTION (RESTRAINT TYPE)



A **REAR-FACING CAR SEAT** is the best seat for your young child to use. It has a harness and in a crash, cradles and moves with your child to reduce the stress to the child's fragile neck and spinal cord.



A **FORWARD-FACING CAR SEAT** has a harness and tether that limits your child's forward movement during a crash.



A **BOOSTER SEAT** positions the seat belt so that it fits properly over the stronger parts of your child's body.



A **SEAT BELT** should lie across the upper thighs and be snug across the shoulder and chest to restrain the child safely in a crash. It should not rest on the stomach area or across the neck.



www.facebook.com/childpassengersafety



<http://twitter.com/childseatsafety>

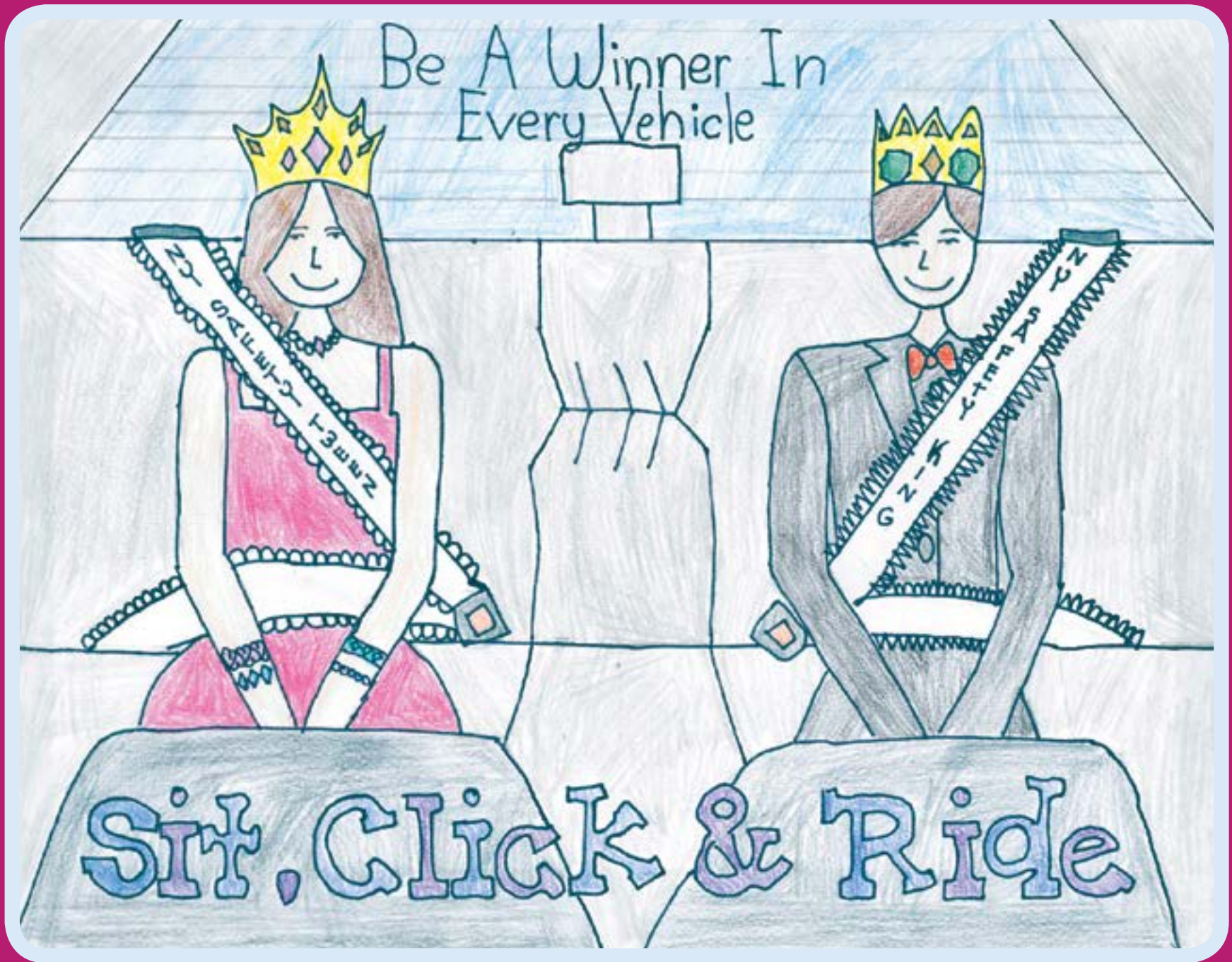
Sit - Click - Ride



COURTNEY R., First Place – Region 12, Centennial School, Nassau County

SEPTEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 LABOR DAY	3	4 ROSH HASHANAH BEGINS	5 NEW ROSH HASHANAH BEGINS	6 ROSH HASHANAH ENDS	7
8 GRANDPARENT'S DAY	9	10	11 FIRST	12	13 YOM KIPPUR BEGINS	14 YOM KIPPUR ENDS
15 NATIONAL CHILD PASSENGER SAFETY WEEK	16	17	18 FULL	19	20	21
22 FIRST DAY OF AUTUMN	23	24	25 LAST	26	27	28
29 NATIONAL DRIVE SAFELY TO WORK WEEK	30				SIT-CLICK-RIDE TIP! "Know for Sure" your child's car seat is correctly installed. Get your car seat checked at a car seat inspection station or check-up event. Go to safeny.ny.gov to find one in your area.	



KYLIE C., Second Place – Region 13, Thomas J Lahey Elementary School, Suffolk County

OCTOBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
NATIONAL DRIVE SAFELY TO WORK WEEK		1 INTERNATIONAL WALK TO SCHOOL MONTH	2	3	 4	5
6	7	8	9 NATIONAL WALK TO SCHOOL DAY	10	 11	12
13	14 COLUMBUS DAY	15	16	17	 18	19
20 NATIONAL TEEN DRIVER SAFETY WEEK NATIONAL BUS SAFETY WEEK	21	22	23	24	25	 26
27	28	29	30	31 HALLOWEEN	SIT-CLICK-RIDE TIP! Unbelted passengers can become "back seat bullets," injuring or killing themselves as well as others in the car. Make it a rule that everyone buckles up on every trip. No exceptions!	



2 out of 3 people killed
in car accidents
had no seat belts
on!!

So Remember...



NOVEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! Young drivers are at high risk of having a crash due to drowsiness. Make sure your teen gets 8-9 hours of sleep nightly to be alert behind the wheel.					1	2
 3 NATIONAL DROWSY DRIVING PREVENTION WEEK DAYLIGHT SAVING TIME ENDS	4	5	6	7	8	 9
10	11	ELECTION DAY	13	14	15	16
17	VETERAN'S DAY	19	20	21	22	23
 17 NATIONAL TEENS DON'T TEXT AND DRIVE WEEK	18	19	20	21	22	23
24	 25	26	27	28	29	30
			HANUKKAH BEGINS	THANKSGIVING		

Sit-Click-Ride



- Shoulder strap is for shoulders only.
- Never share a seat belt.
- All kids under 13 must sit in backseat.

DECEMBER 2013

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NATIONAL DRUNK AND DRUGGED DRIVING PREVENTION MONTH	2  NEW	3	4	5 HANUKKAH ENDS	6	7
8	9  FIRST	10	11	12	13	14
15	16	17  FULL	18	19	20	21 FIRST DAY OF WINTER
22	23	24	25  LAST CHRISTMAS DAY	26	27	28
29	30	31 NEW YEAR'S EVE			SIT-CLICK-RIDE TIP! First-time drunk/impaired drivers with a child age 15 or younger in the car may be charged with a felony punishable for up to 4 years in state prison. Protect the ones you love and drive sober.	

Sit
Click
Ride



Be Safe and follow the Rules of the Road

JANUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<div>SIT-CLICK-RIDE TIP!</div> <div>Always use the vehicle owner's manual AND the car seat instructions to use and install your car seat. Correct use is important for safety.</div>			<div><div><div></div><div>NEW</div></div>1</div>	2	3	4		
			NEW YEAR'S DAY					
		<div><div><div></div><div>FIRST</div></div>5</div>	6	7	8	9	10	11
		12	13	14	<div><div><div></div><div>FULL</div></div>15</div>	16	17	18
		19	20	21	22	23	<div><div><div></div><div>LAST</div></div>24</div>	25
26	27	28	29	<div><div><div></div><div>NEW</div></div>30</div>	31			
		MARTIN LUTHER KING JR. HOLIDAY						

MARTIN LUTHER KING
JR. HOLIDAY

Sit-Click-Ride



A SEAT BELT should lie across the upper thighs and be snug across the sholder and chest to restrain the child safely in a crash. It should not rest on the stomach area or across the neck.



Keep tweens in the back seat.




Tweens should only ride with adult drivers.



Make sure the vehicle seat back is up right.

FEBRUARY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! Keep your child properly buckled up in the back seat until age 13. Children riding in the front seat have a 40% greater risk of injury.						1
2 GROUNDHOG DAY	3	4	5	6  FIRST	7	8
9	10	11	12	13	14  FULL VALENTINE'S DAY	15
16	17 PRESIDENT'S DAY	18	19	20	21	22  LAST
23	24	25	26	27	28	

Sit, Click, & Ride!





Facts to keep you safe!

- ① Wear your seat belt CORRECTLY!
- ② If under 12 years old sit in the Back Seat!
- ③ Sit with the shoulder strap over your shoulder and chest!
- ④ Sit with the lap strap over your lap!
- ⑤ Don't distract the driver!
- ⑥ Use a booster seat if under the age of 8!

⑦ **Be Safe!**

MARCH 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! New mom? Sleepless nights caring for your new baby? Avoid driving while drowsy. It's not worth the risk.						 1 NATIONAL BRAIN INJURY AWARENESS MONTH
2 NATIONAL SLEEP AWARENESS WEEK	3	4 MARDI GRAS	5 ASH WEDNESDAY	6	7	 8
9 DAYLIGHT SAVING TIME BEGINS	10	11	12	13	14	15 PURIM BEGINS
 16 PURIM ENDS	17 ST. PATRICK'S DAY	18	19	20 FIRST DAY OF SPRING	21	22
 23	24	25	26	27	28	29
 30	31					



FAITH G-B., Honorable Mention-Region 5, Newfield Central School, Tompkins County

APRIL 2014

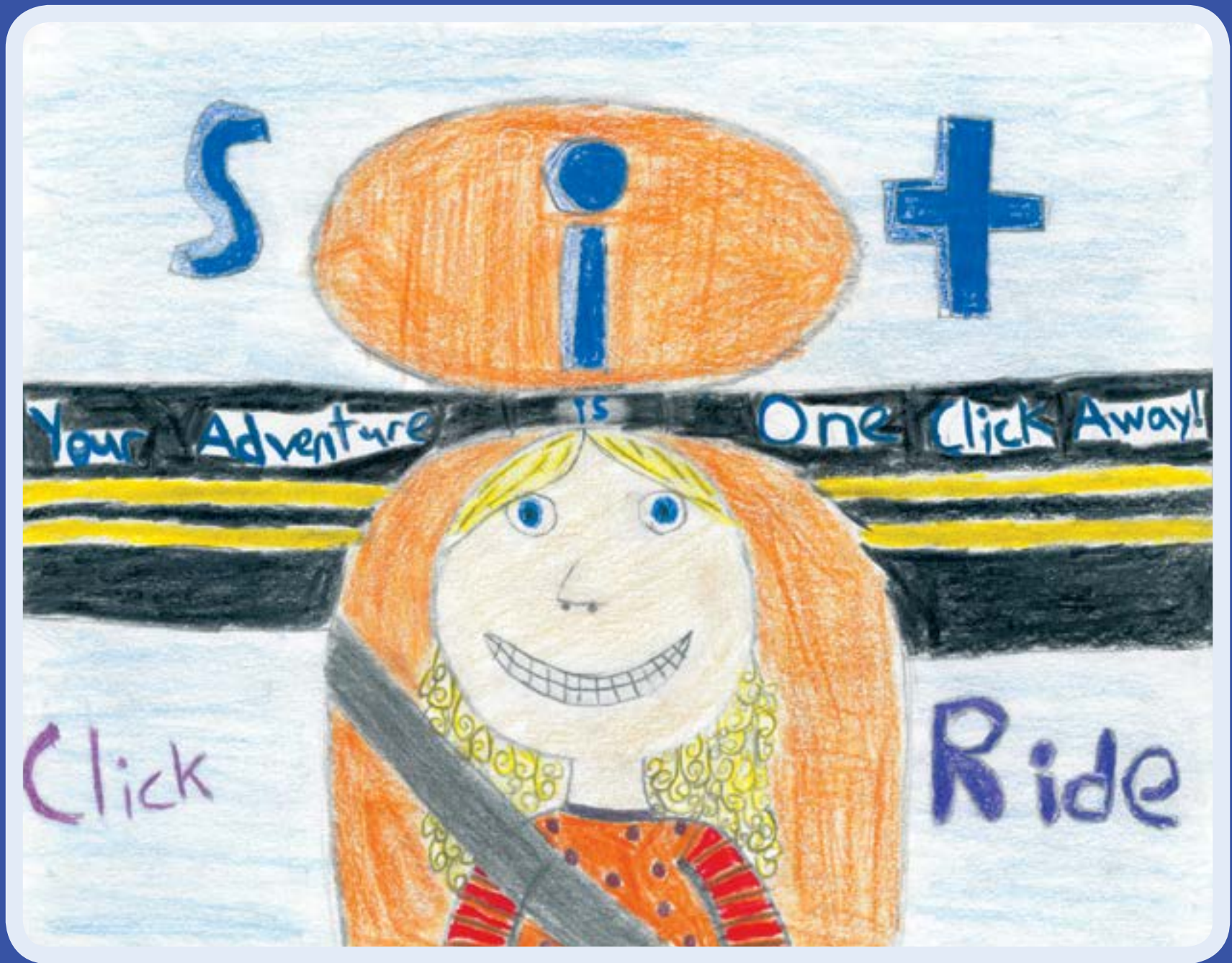
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 NATIONAL DISTRACTED DRIVING AWARENESS MONTH APRIL FOOL'S DAY	2	3	4	5
6	 FIRST 7	8	9	10	11	12
13 PALM SUNDAY	14 PASSOVER BEGINS	 FULL 15 TAX DAY	16	17	18 GOOD FRIDAY	19
20 EASTER	21 EARTH DAY	 LAST 22 PASSOVER ENDS	23	24	25 ARBOR DAY	26
27	28	 NEW 29	30		SIT-CLICK-RIDE TIP! Child passengers are four times more distracting to drivers than adults. Pull off the road at a safe place to attend to your child's needs to avoid a serious car crash.	



AUTUMN H., Honorable Mention-Region 6, Cambridge Central School, Washington County

MAY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! State law requires kids under age 8 to use child safety restraints in motor vehicles. Before you stop using that booster seat check out the guidelines on Sit-Click-Ride—The Right Way on p. 1 of this calendar.				1 NATIONAL BIKE MONTH GLOBAL YOUTH TRAFFIC SAFETY MONTH	2	3
4	5	6  FIRST	7	8	9	10
11 MOTHER'S DAY	12	13	14  FULL	15	16	17
18	19	20	21  LAST	22	23	24
25	26 MEMORIAL DAY	27	28  NEW	29	30	31



MORGAN C., Honorable Mention-Region 7, Cambridge Elementary School, Rensselaer County

JUNE 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NATIONAL SAFETY MONTH	2	3	4	5  FIRST	6	7
8	9	10	11	12	13  FULL	14 FLAG DAY
15 FATHER'S DAY	16	17	18	19  LAST	20	21 FIRST DAY OF SUMMER
22	23	24	25	26	27  NEW	28
29	30				SIT-CLICK-RIDE TIP! Turn the key only when everyone is buckled up.	

Sit
-
Click
-
Ride



CASSIDY W., Honorable Mention-Region 8, Gardnertown Fundamental School, Orange County

JULY 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5  FIRST
					INDEPENDENCE DAY	
6	7	8	9	10	11	12  FULL
13	14	15	16	17	18  LAST	19
20	21	22	23	24	25	26  NEW
27	28	29	30	31	SIT-CLICK-RIDE TIP! Where's baby? Cars heat up quickly in summer weather— even with a window rolled down a couple inches. Never leave a child unattended in the car and always look before you lock your car.	



MERCEDES G., Honorable Mention-Region 9, School Thirty, Westchester County

AUGUST 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! Children should use a booster seat until they're 4 feet 9 inches tall and between 8 and 12 years old.					1 NATIONAL BACK TO SCHOOL SAFETY MONTH	2
 FIRST	4	5	6	7	8	9
NATIONAL STOP ON RED WEEK  FULL	11	12	13	14	15	16
 LAST	18	19	20	21	22	23
24	 NEW	26	27	28	29	30
31						



JERELL S., Honorable Mention-Region 10, Public School 219, Kings County

SEPTEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 LABOR DAY	2  FIRST	3	4	5	6
7 GRANDPARENT'S DAY	8  FULL	9	10	11	12	13
14 NATIONAL CHILD PASSENGER SAFETY WEEK	15  LAST	16	17	18	19	20
21	22	23 FIRST DAY OF AUTUMN	24  NEW ROSH HASHANAH BEGINS	25	26 ROSH HASHANAH ENDS	27
28 NATIONAL DRIVE SAFELY TO WORK WEEK	29	30			SIT-CLICK-RIDE TIP! Avoid the most common mistake parents make when using car seats. Make sure your child's car seat is tightly installed in the car.	

Sit - Click - Ride! Safety First!

Wear your
seat belt
correctly!




Don't sit
in front
if not
13 yrs.



Look for
correct age
to get out
of carseat!

Safety in the
Car!

OCTOBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! Your child is watching you and likely to adopt your safety belt and driving habits. Always buckle up and drive safely.			 1 INTERNATIONAL WALK TO SCHOOL MONTH NATIONAL DRIVE SAFELY TO WORK WEEK	2	3	4
			 FULL NATIONAL WALK TO SCHOOL DAY	8	10	11
5	6	7	 LAST NATIONAL WALK TO SCHOOL DAY	9	12	13
12	13	14	15	16	17	18
19	20	21	22	 NEW NATIONAL TEEN DRIVER SAFETY WEEK NATIONAL BUS SAFETY WEEK	23	24
26	27	28	29	 FIRST HALLOWEEN	30	31

Sit-Click-Ride!!

Did You Know?

Seatbelts

Safety or Danger?

- * Kids under age 12 need to sit in back
- * Saves more than 13,000 lives each year
- * booster seats 1 age 4 and 40 pounds reduces serious injuries & death by 80%
- * safest seat is in the middle back seat

Safety!

* unbelted drivers and passengers have been killed at speeds as low as 12 mph



RIDE

Danger! Danger! car Accidents!

- * leading cause of death for ages 5-34
- * 3 out of 4 (75%) of accidents happen within 25 miles of home



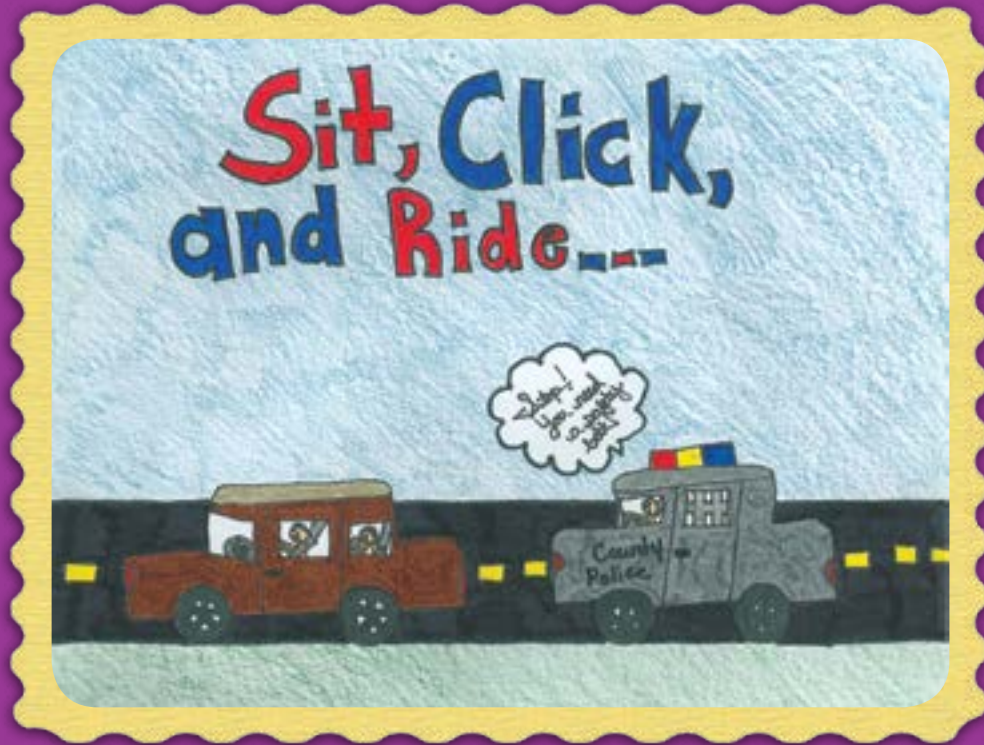
SIT * CLICK * RIDE

EMMA B., Region 5, St. John's School, Broome County

MARISSA M., Region 3, Palmyra-Macedon Middle School, Wayne County

NOVEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SIT-CLICK-RIDE TIP! Does your child put the shoulder belt behind the back or under the arm? If so, this is a sign that your child should use a booster seat.						1
2 NATIONAL DROWSY DRIVING PREVENTION WEEK DAYLIGHT SAVING TIME ENDS	3	4 ELECTION DAY	5	6  FULL	7	8
9	10	11 VETERAN'S DAY	12	13	14  LAST	15
16	17 NATIONAL TEENS DON'T TEXT AND DRIVE WEEK	18	19	20	21	22  NEW
23	24	25	26	27	28	29  FIRST
30				THANKSGIVING		







MIRANDA B., Region 13, Mount Sinai
Elementary School, Suffolk County



MADISON M., Region 6, Lake George
Elementary School, Warren County

DECEMBER 2014

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 NATIONAL DRUNK AND DRUGGED DRIVING PREVENTION MONTH	2	3	4	5	6  FULL
7	8	9	10	11	12	13
14  LAST	15	16 HANUKKAH BEGINS	17	18	19	20
21  NEW FIRST DAY OF WINTER	22	23	24 HANUKKAH ENDS	25 CHRISTMAS DAY	26	27
28  FIRST	29	30	31 NEW YEAR'S EVE	<p>SIT-CLICK-RIDE TIP! Make sure your child is properly secured in a car seat. The harness should be snug and the harness clip placed at armpit level.</p>		

SIT-CLICK- RIDE

TRAFFIC SAFETY
16-MONTH CALENDAR
2013-2014



Special thanks to all students and teachers who participated in NY State's Sit-Click-Ride poster contest to help spread the word about child passenger safety.



3149



7/13

