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**THE** *love*  
**CONNECTION**

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Take  
Control

# 7 Principles of Great Relationships

Adapted from *Relationships: An Open and Honest Guide* by Les and Leslie Parrot

1. *Compatibility*  YOU HAVE COMMON INTERESTS  
AND FIND EACH OTHER *interesting*

2. *Shared Values* MORAL AND ETHICAL VALUES  
*are in sync*

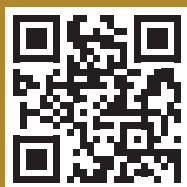
3. *Admiration*  YOU *Genuinely* LIKE WHO YOUR  
PARTNER IS AND YOUR PARTNER *Genuinely* LIKES YOU

4. *Being Yourself*  YOU BOTH *feel loved*  
FOR WHO YOU ARE

5. *Communication*  YOU CAN REALLY TALK AND  
DEAL WITH *differences* AND *disagreements*

6. *It's Real*  NO GAMES  
PRESSURE

7. *Respect*  TREATING EACH OTHER WELL IS A  
*two way street*



## Take Control

Take control of your health  
For more information about healthy relationships  
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