WIC is a resource for breastfeeding mothers. Staff are trained in breastfeeding. They have a breastfeeding peer counselor program. Breast pumps and other aids are available. WIC has a website for mothers and your staff. Log on to www.breastfeedingpartners.org or call the Growing Up Healthy Hotline at 1-800-522-5006.

**Websites:**
- www.health.ny.gov
- www.breastfeedingpartners.org
- www.womenshealth.gov
- www.lalecheleague.org
- www.babygooroo.com
- www.gotmom.org
- www.breastfeeding.com
- www.normalfed.com

**Books:**
- *Breastfeeding Made Simple*
  by N. Mohrbacher, and K. Kendall-Tackett
- *The Womanly Art of Breastfeeding, La Leche League International*
- *Breastfeeding, A Parent’s Guide*
  by A. Spangler
- *The Ultimate Breastfeeding Book of Answers*
  by J. Newman, and T. Pitman

**WIC Office:**

Breastfeeding... For my baby. For me.