### Recommendations for Follow-up Blood Lead Level (BLL) Testing in Pregnant and Lactating Women

<table>
<thead>
<tr>
<th>BLL (µg/dl)</th>
<th>Recommendation for Follow-up after Receiving Test Results*</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;5</td>
<td>No follow-up testing is indicated.</td>
</tr>
<tr>
<td>5-14</td>
<td><strong>Within 1 month:</strong> Obtain a maternal BLL or cord BLL at delivery and perform newborn follow-up testing.</td>
</tr>
<tr>
<td>15-24</td>
<td><strong>Within 1 month and then every 2-3 months:</strong> More frequent testing may be indicated based on risk factor history. Obtain a maternal BLL or cord BLL at delivery and perform newborn follow-up testing.</td>
</tr>
<tr>
<td>25-44</td>
<td><strong>Within 1-4 weeks and then every month:</strong> Obtain a maternal BLL or cord BLL at delivery and perform newborn follow-up testing.</td>
</tr>
<tr>
<td>≥45</td>
<td><strong>Within 24 hours and then at frequent intervals depending on clinical interventions and trend in BLLs:</strong> Obtain a maternal BLL or cord BLL at delivery and perform newborn follow-up testing.</td>
</tr>
</tbody>
</table>

*Centers of Disease Control and Prevention and NYS Department of Health recommendations. The higher the BLL, the stronger the recommendation is for a consultation. Consult with your Regional Lead Resource Center.

### Lead Exposure Risk Factors and Sources

- Foreign-born, poor nutritional status, evidence of pica, occupational exposure, use of alternative remedies, some imported spices, foods and cosmetics, and traditional lead glazed pottery.
- Evidence of possible lead paint exposure prior to or during pregnancy from renovating or remodeling a home built before 1978.

### Community Lead Exposure Data

[health.ny.gov/ephtracker](http://health.ny.gov/ephtracker)
[healthdata.ny.gov](http://healthdata.ny.gov)

(Over)
NYS Regional Lead Resource Centers

For complete information:
health.ny.gov/LeadResourceCenters

Metropolitan/Hudson Valley Region
Montefiore Medical Center
(718) 547-2789

Central/Eastern Region
SUNY Upstate Medical University
(315) 464-7584
Albany Medical College**
(518) 262-8602

Western Region
Kaleida Health/Women & Children’s Hospital of Buffalo
(716) 768-7624
University of Rochester Medical Center**
(585) 276-3105

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