PrEP YOURSELF AGAINST HIV.
Pre-exposure prophylaxis or PrEP is a daily pill that people take so they can reduce their worry about getting HIV.

**PrEP is for people who are smart about HIV**

You may want to consider PrEP if you are:

- a gay or bisexual man
- a transgender woman who has sex with men
- in a relationship with an HIV-positive partner
- someone who has condomless sex with multiple partners.

**Facts about PrEP**

- HIV testing is done before starting PrEP because PrEP is only for people who are HIV negative.
- You can get help for side effects, if you have them.
- PrEP involves seeing your provider at least every three months to get a new prescription and receive follow-up HIV/STD testing.
- Many insurance plans, including Medicaid, cover PrEP. Assistance may also be available if you are uninsured or if your co-pay or deductible is too high.
If you start PrEP

• It’s important to take the medicine every day.
• Condoms provide additional protection against sexually transmitted infections.
• Your provider is available to discuss other ways to protect yourself.

Take an important step to reduce your worry about HIV.

Ask a medical provider about PrEP.

For additional information about PrEP, including a directory of medical providers who prescribe PrEP, and information about resources to pay for PrEP, call 1-800-541-AIDS English, 1-800-233-SIDA Spanish, or visit www.health.ny.gov/PrEP.
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