

If You Need Help Finding Pregnancy Care...
call 1-800-522-5006. Ask about free care.




State of New York
Department of Health

9216

10/10

Important News

For Pregnant Women

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If you are pregnant or plan to get pregnant, there are important facts you should know about HIV, the virus that causes AIDS.

Knowing if You Have HIV Can Help Your Baby and You

- Your doctor will recommend that you have an HIV test. Get tested early in your pregnancy! Even if an early test does not show that you have HIV, your doctor will recommend you be tested again, later in your pregnancy, just to be sure you do not have HIV.
- If you have HIV, you can pass HIV to your baby during pregnancy, delivery or through breastfeeding. You should not breastfeed if you have HIV.
- You can greatly lower the chances of passing HIV to your baby by taking medicines to fight HIV while you are pregnant and giving these medicines to your baby right after birth.
- If you need to take HIV medications, talk with your doctor about the benefits and possible risks.

Talk With Your Doctor

- Learn the facts about HIV and pregnancy to protect your baby.
- Talk with your doctor so you can decide what is best for you and your baby.

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**Say Yes When Asked to Have an HIV Test!
Or, Ask Your Doctor About Taking One!**

Now More Than Ever, You Need to Know if You Have HIV!

The sooner you take the test...

The sooner you can make choices about your health...

The sooner you can start treatment, the more you can do to protect your baby from HIV and take care of your own health.

HIV Test Results Are Confidential!

Your doctor cannot share your HIV information with anyone except those who provide health care for you and your baby, unless you give your OK. If you test positive for HIV, your doctor will also send this information to the State Health Department. This is kept completely confidential. It helps the Health Department to plan health care for people living with HIV.