ANYONE CAN GET AIDS. LEARN HOW TO STAY SAFE.

HIV AND AIDS FACTS

HIV/AIDS Hotlines
English: 1-800-541-2437
Spanish: 1-800-233-7432
HIV is the virus that causes AIDS.
1. You can get HIV by having sex without a condom with someone who has HIV.

   That includes:
   • Vaginal Sex
   • Anal Sex
   • Oral Sex

   People can also get HIV if they are raped or forced to have sex.

2. You can get HIV by sharing syringes, needles and other things used to inject drugs, with someone who has HIV.
3. A woman who has HIV can give it to her baby when she is pregnant or breastfeeding. There are medicines the woman and baby can take so the baby will not have HIV.
YOU CAN NOT GET HIV FROM:

- Shaking Hands
- Food
- Sneezing
- Pets
YOU CAN NOT GET HIV FROM:

- Water
- Hugging or Kissing
- Mosquitoes or Other Bugs
- Toilets
People with HIV may not look sick. Many people do not know they have HIV. The only way to know if you have HIV is to get an HIV test.
Find out if you have HIV.

Your doctor will ask you if you want an HIV test, or you can ask for one yourself at any time. You can get a blood test or an oral (mouth) test. An oral test does NOT use needles. At some places, you can get your results right away.

Call 1-800-872-2777 to find out how to get a free HIV test without giving your name.
If you have sex, use a condom. Condoms work very well to prevent HIV if you use them the right way, every time you have sex.
If you do shoot drugs:

- Use new needles each time.
- Do not share your works.
- NEVER buy needles on the street, even if they look new.
- If you are 18 or older, you can buy new needles at some (ESAP) drugstores.

Look for this sticker:

Or, ask if they sell needles.

- You may also be able to get new needles at a needle exchange.

Call 1-800-541-2437 to find a needle exchange or a drugstore that sells needles.

For Spanish speakers, call 1-800-233-7432.
New York State HIV/AIDS Hotlines

English: 1-800-541-2437
Spanish: 1-800-233-7432
All calls are private.
You do not need to give your name.

New York State HIV/AIDS TDD Information Line
1-800-369-2437
Voice callers can use the New York Relay: 711 or 1-800-421-1220
and ask the operator to dial 1-800-541-2437.

Visit These Web Sites
www.cdcnpin.org
www.health.ny.gov
www.thebody.com