

Diabetes?

ESAP allows you to buy up to 10 syringes and needles without a prescription at participating drugstores, medical provider's offices and health care centers in New York State.

Expanded Syringe Access Program

What is ESAP?

The Expanded Syringe Access Program (ESAP) allows anyone 18 or older to buy up to 10 syringes and needles without a prescription at any pharmacy registered as an ESAP provider in New York State. Registered medical providers and health care facilities can also provide them without a prescription.



"I try to be prepared by bringing extra diabetes supplies with me when I travel. And I talk with my health care provider before a trip to plan how I will stay on schedule with my meals and insulin. Still, things don't always go the way you plan! With ESAP, I always have a backup - 10 syringes without a prescription."

How can I find an ESAP pharmacy?

Ask your pharmacist if he or she participates.

Some participating pharmacies display this logo:



You can also ask your doctor or other health care provider if they are registered with ESAP.

Call the Growing Up Healthy Hotline at 1-800-522-5006 and ask for a list of ESAP pharmacies in your county.

Visit the New York State Department of Health website for a list of ESAP registered providers by county at:

health.ny.gov/diseases/aids/harm_reduction/needles_syringes/esap/provdirect.htm

How can ESAP help me?

If you find yourself without syringes, buying them through ESAP can help you take your insulin on schedule until you can get a prescription.

You won't have to reuse syringes and needles while you wait to have a prescription filled or refilled.

Be sure to follow up with your doctor or health care provider.



"Being able to get syringes without a prescription really helped me when I was in a pinch. I thought I was just going out of town for the day, but a snowstorm had other ideas! I was stuck for the weekend, with only one syringe. Luckily, there was an ESAP pharmacy just around the corner."

How do I safely dispose of used sharps?

Put used sharps (needles, syringes, and lancets) in a sharps container or a puncture-resistant, unbreakable plastic bottle (for example, a bleach or laundry detergent bottle).

Close the screw-on top tightly. You may want to tape it as well. Label the bottle, "Contains Sharps."

Keep the container in an area that is out of the reach of children and pets (for example, a high, closed cupboard).

In New York State, all hospitals and nursing homes collect used sharps for safe disposal. Call your local hospitals and nursing homes to find out when and where you can drop off used sharps.

Check with your local health, sanitation, or public works department or trash collector before you dispose of sharps in your household trash.

Do not put a plastic bottle containing sharps in with plastics to be recycled.

To find out more about sharps disposal and locate disposal/collection sites near you, call the Growing Up Healthy Hotline at 1-800-522-5006.

What if I am away from home?

If you are in New York State, you are out of syringes, and unable to reach your doctor, don't panic! ESAP can help.



Learn More About Safe Sharps Disposal

New York State Department of Health

To find a hospital, nursing home or other settings for safe sharps disposal near you:

HIV/AIDS Information Line: 1-800-541-2437

health.ny.gov/sharps-collection

Growing Up Healthy Hotline: 1-800-522-5006 (TTY: 1-800-655-1789)

U.S. Food and Drug Administration

www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/HomeHealthandConsumer/ConsumerProducts/Sharps/ucm20025647.htm

Coalition for Safe Community Needle Disposal

1-800-643-1643

safeneedledisposal.org/

BD Diabetes Mail-In Disposal Program

To learn about the mail-in sharps disposal program:

1-888-232-2737

bd.com/us/diabetes/page.aspx?cat=7002&id=7415

