HIV testing is voluntary and all HIV test results are confidential (private).
HIV can be spread through unprotected sex, sharing needles, childbirth, or breastfeeding.
Treatment for HIV is effective, has few or no side effects, and may involve taking just one pill a day.
Partners can keep each other safe by knowing their HIV status and getting HIV treatment or taking HIV pre-exposure prophylaxis (PrEP). Not sharing needles and practicing safer sex will help protect against HIV, hepatitis C and other STDs.
It is illegal to discriminate against a person because of their HIV status.
Anonymous HIV testing (without giving your name) is available at certain public testing sites.
HIV testing is a routine part of health care but you have the right to object or decline an HIV test.
If you wish to decline HIV testing, inform the health care provider.

Talk to your health care provider about how and when you will learn your HIV results.
Worst HIV status: unknown. Testing puts you in control. HIVtestNY.org