

eBRFSS 2013-2014 Health Indicators: Capital Region

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

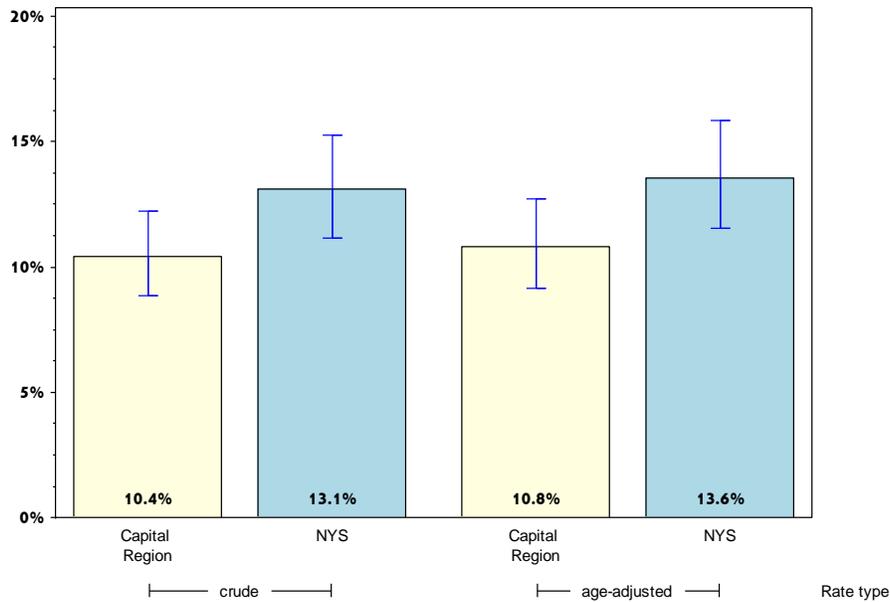
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	78,780	10.4	8.9	12.2	1,994,210	13.1	11.2	15.3
Age								
18-24	9,000	9.5	5.8	15.1	281,654	14.1 [^]	7.5	25.1
25-34	21,597	17.3	12.2	23.9	537,866	19.7	14.2	26.6
35-44	12,616	11.0	7.4	16.0	423,154	17.0	12.3	23.0
45-64	29,082	11.0	8.6	14.1	596,074	11.9	9.8	14.3
65+	6,173	4.3	2.9	6.2	139,733	5.1	3.0	8.4
Race								
White, NH	61,538	9.6	7.9	11.5	959,531	10.5	8.7	12.7
Black, NH	5,810	15.6	10.2	23.1	335,184	15.5	10.0	23.4
Hispanic	6,161	24.0	16.3	33.9	465,114	18.4	14.5	23.0
Other, NH	5,270	10.6 [^]	4.3	24.0	234,381	16.3 [^]	7.3	32.6
Sex								
Male	35,709	9.7	7.5	12.5	890,677	12.3	9.6	15.5
Female	43,071	11.1	9.0	13.6	1,103,533	13.8	11.2	16.9
Age-adjusted^{&}		10.8	9.2	12.7		13.6	11.6	15.8

* Among people needing to see a doctor in the past 12 months

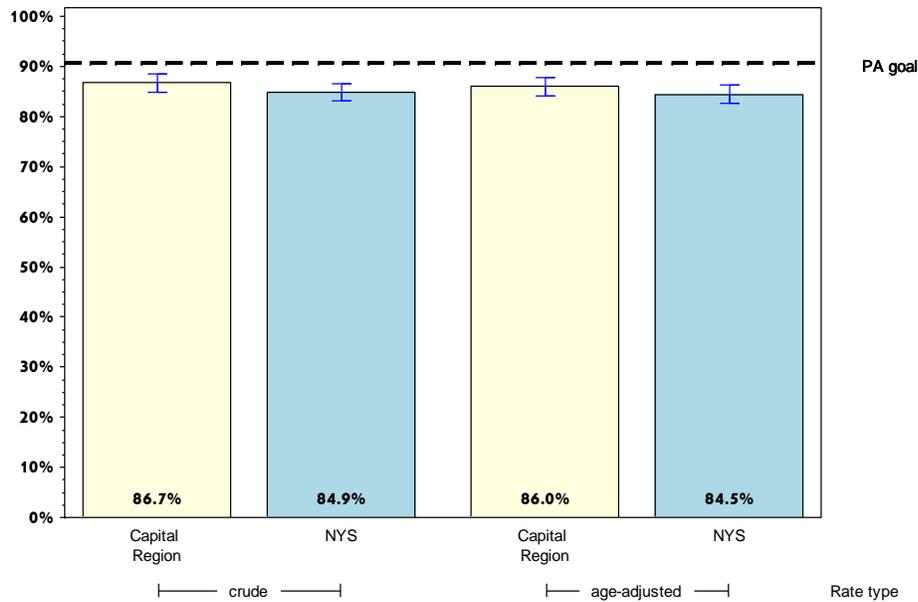
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	655,372	86.7	84.8	88.4	12,905,860	84.9	83.1	86.6
Age								
18-24	69,621	73.2	64.4	80.5	1,486,954	76.3	69.8	81.8
25-34	89,783	71.5	64.8	77.5	1,983,479	72.3	66.1	77.7
35-44	102,018	88.6	84.5	91.7	2,091,488	84.7	79.6	88.7
45-64	241,515	92.1	89.9	93.9	4,450,345	88.6	85.5	91.1
65+	140,729	97.2	96.0	98.1	2,640,269	96.0	94.7	97.1
Race								
White, NH	563,297	87.5	85.5	89.3	7,996,007	88.0	86.6	89.3
Black, NH	27,716	74.9 [^]	61.2	85.0	1,926,090	89.0	83.6	92.7
Hispanic	20,329	79.8	71.9	86.0	1,725,153	68.6	61.2	75.1
Other, NH	44,030	88.6	81.8	93.0	1,258,610	87.9	79.9	93.0
Sex								
Male	296,915	81.0	77.7	84.0	5,804,831	80.1	77.1	82.8
Female	358,457	92.0	90.1	93.6	7,101,029	89.3	87.0	91.3
Age-adjusted^{&}		86.0	84.1	87.8		84.5	82.5	86.2

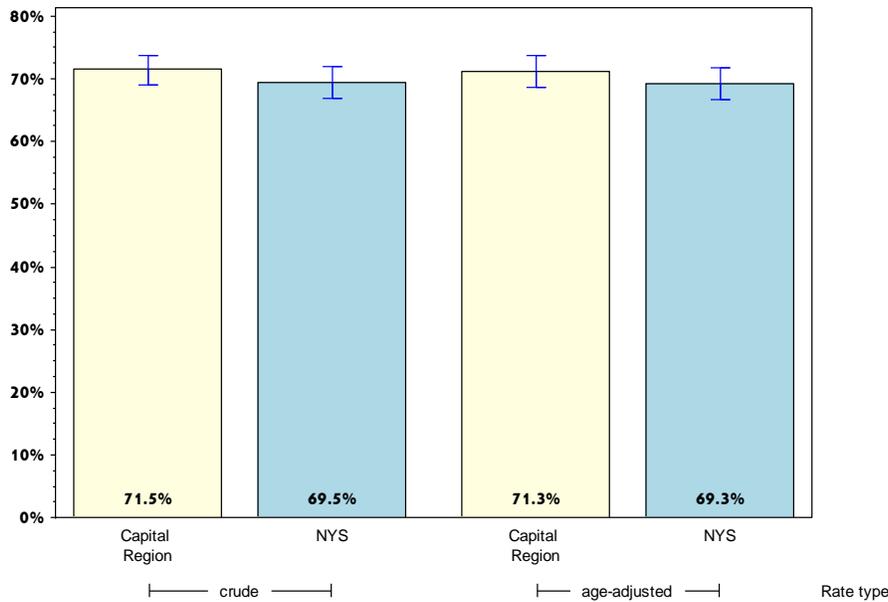
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	503,799	71.5	69.1	73.8	9,774,786	69.5	66.9	72.0
Age								
18-24	60,059	72.7 [^]	61.6	81.5	1,100,494	62.2 [^]	51.0	72.2
25-34	80,087	68.6	61.6	75.0	1,624,123	65.1	57.7	71.8
35-44	80,262	72.9	66.8	78.3	1,687,707	71.9	65.2	77.8
45-64	183,034	73.5	69.8	76.8	3,421,923	72.6	69.3	75.7
65+	90,249	67.0	63.2	70.7	1,743,883	69.8	66.0	73.4
Race								
White, NH	436,972	72.6	70.0	75.0	6,152,109	72.4	70.1	74.6
Black, NH	17,633	53.0 [^]	40.6	64.9	1,309,282	66.6	57.4	74.7
Hispanic	14,975	67.1 [^]	56.8	76.0	1,435,933	62.9	55.3	70.0
Other, NH	34,218	73.1 [^]	60.5	82.7	877,462	66.5 [^]	52.1	78.4
Sex								
Male	231,254	67.5	63.6	71.1	4,591,800	67.3	63.4	71.1
Female	272,544	75.4	72.6	78.0	5,182,986	71.6	68.1	74.8
Age-adjusted^{&}		71.3	68.7	73.7		69.3	66.6	71.8

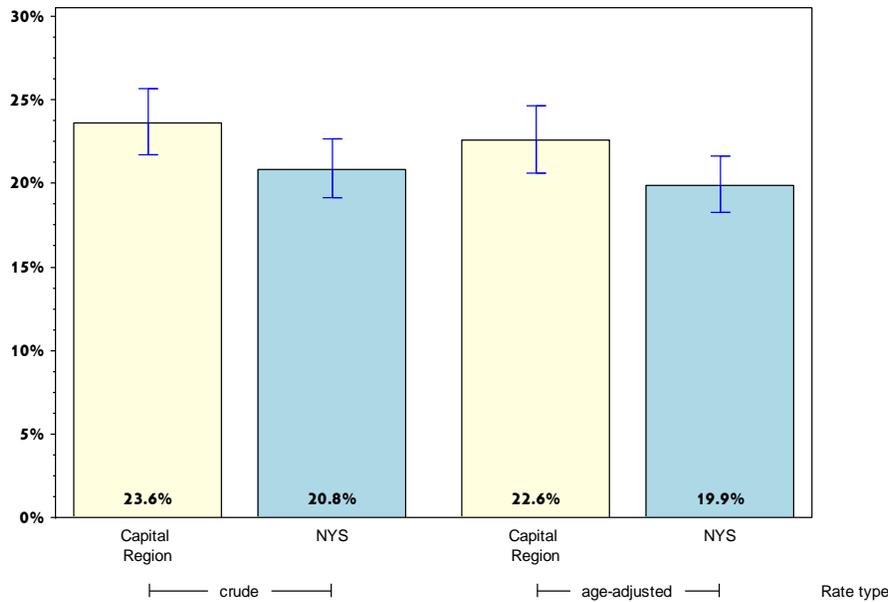
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	175,208	23.6	21.7	25.7	3,111,131	20.8	19.1	22.7
Age								
18-24	8,717	9.4	5.9	14.5	119,872	6.1	4.3	8.5
25-34	20,013	16.5	11.4	23.4	426,647	16.0	10.8	23.2
35-44	18,192	16.2	12.0	21.5	294,471	12.2	9.7	15.3
45-64	74,792	28.8	25.5	32.3	1,195,176	24.2	21.6	27.1
65+	51,545	36.3	32.6	40.1	989,611	36.8	33.1	40.6
Race								
White, NH	152,818	24.2	22.1	26.4	2,187,495	24.4	22.4	26.6
Black, NH	8,407	23.4	16.1	32.7	332,469	15.8	11.9	20.7
Hispanic	6,619	26.5 [^]	18.4	36.7	420,342	17.0	12.7	22.5
Other, NH	7,364	14.9 [^]	8.4	25.1	170,824	12.3	7.7	19.1
Sex								
Male	83,089	23.2	20.3	26.4	1,349,486	18.9	16.3	21.9
Female	92,118	24.1	21.6	26.8	1,761,645	22.6	20.4	24.9
Age-adjusted^{&}		22.6	20.6	24.6		19.9	18.3	21.6

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

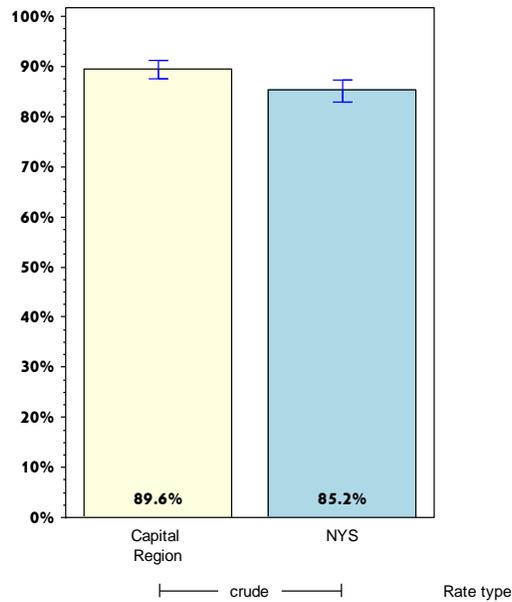
& Percent is age adjusted to the 2000 United States Population.

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Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	534,574	89.6	87.6	91.2	10,275,389	85.2	82.8	87.3
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	453,130	90.5	88.4	92.3	6,192,415	90.1	88.8	91.3
Black, NH	27,834	87.0	77.3	93.0	1,606,586	87.9	82.0	92.1
Hispanic	16,505	68.9 [^]	57.4	78.4	1,626,540	73.2	66.2	79.2
Other, NH	37,106	91.8 [^]	79.9	96.9	849,849	74.5 [^]	56.8	86.6
Sex								
Male	262,286	87.7	84.6	90.2	4,924,290	83.2	79.9	86.0
Female	272,288	91.5	88.8	93.5	5,351,099	87.2	83.4	90.2
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

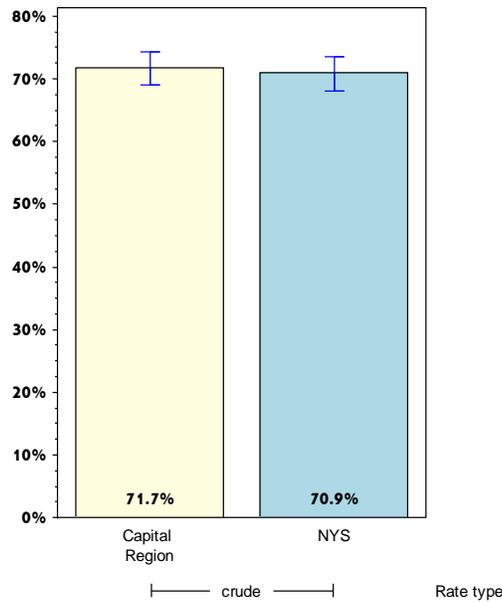
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	426,846	71.7	69.1	74.2	8,622,736	70.9	68.1	73.5
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	350,182	70.2	67.3	73.0	4,721,851	68.7	65.8	71.4
Black, NH	25,151	78.0 [^]	67.5	85.8	1,477,782	80.8	73.1	86.6
Hispanic	17,511	72.3	62.4	80.4	1,583,308	71.1	63.6	77.6
Other, NH	34,002	85.1	76.5	91.0	839,795	68.4 [^]	53.1	80.5
Sex								
Male	198,036	66.4	62.4	70.2	3,938,722	65.6	61.4	69.6
Female	228,809	77.1	73.6	80.3	4,684,014	76.0	72.3	79.4
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

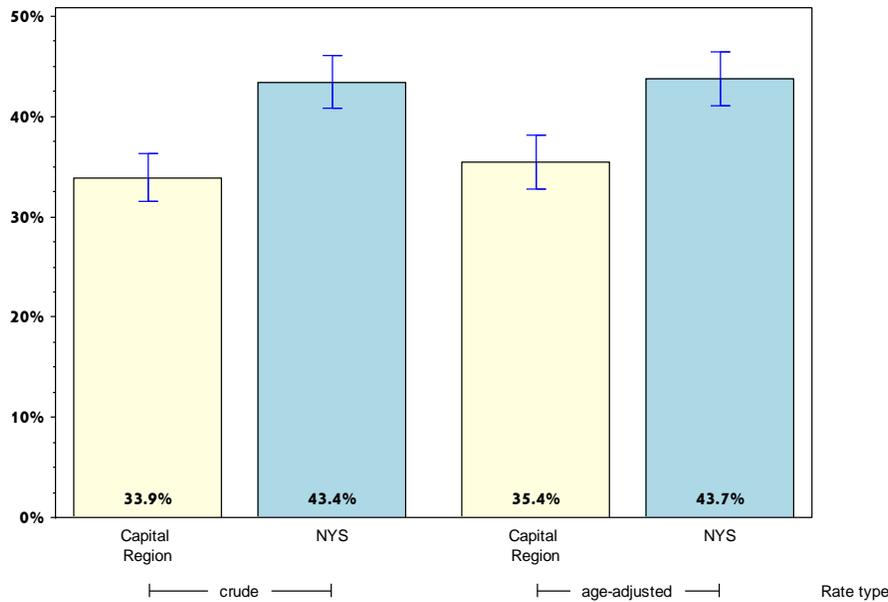
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	227,646	33.9	31.5	36.4	5,967,540	43.4	40.8	46.1
Age								
18-24	25,551	37.1 [^]	27.3	48.2	487,620	30.7 [^]	21.3	42.0
25-34	46,389	43.5	36.8	50.5	1,403,277	57.7	50.8	64.3
35-44	44,836	41.9	35.5	48.6	1,180,494	50.7	43.4	57.9
45-64	84,567	34.2	30.7	38.0	2,100,265	44.9	41.4	48.4
65+	25,225	19.1	16.3	22.3	688,870	27.8	23.8	32.1
Race								
White, NH	186,009	32.2	29.7	34.9	3,030,019	36.7	34.3	39.2
Black, NH	16,688	57.1 [^]	47.0	66.6	1,078,432	55.5	46.2	64.3
Hispanic	10,980	49.7 [^]	39.3	60.2	1,268,822	57.3	49.7	64.6
Other, NH	13,970	32.2 [^]	21.0	46.0	590,266	44.6 [^]	31.2	58.9
Sex								
Male	100,235	31.3	27.8	35.0	2,630,128	40.1	36.1	44.2
Female	127,411	36.3	33.1	39.6	3,337,412	46.5	43.0	50.0
Age-adjusted^{&}		35.4	32.8	38.1		43.7	41.0	46.5

* Worried or stressed about having enough money to pay for rent or mortgage.

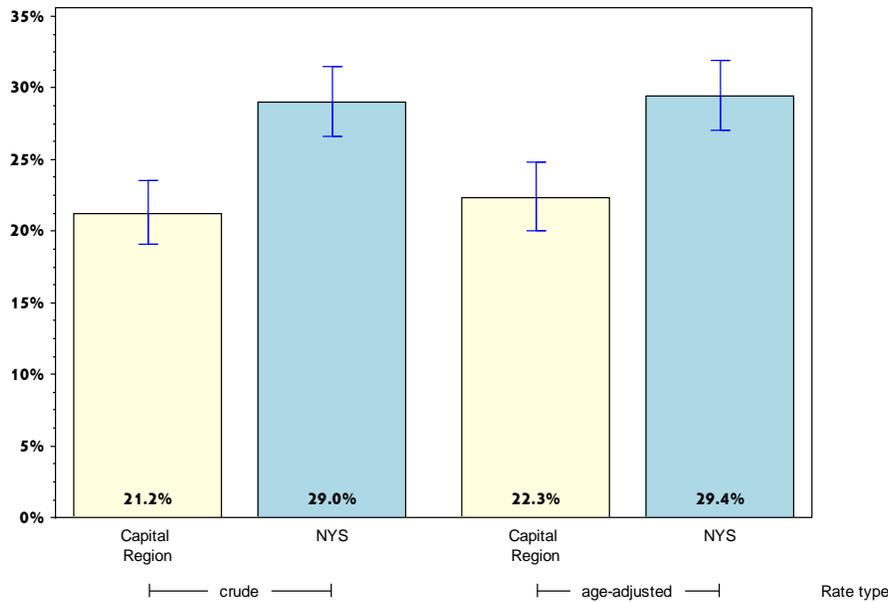
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	153,218	21.2	19.1	23.6	4,211,702	29.0	26.6	31.5
Age								
18-24	23,761	27.0	19.2	36.7	339,128	17.9	13.5	23.3
25-34	30,679	25.7	20.3	32.0	1,154,171	44.8	37.7	52.1
35-44	31,379	28.4	22.6	35.1	786,490	33.0	26.3	40.4
45-64	54,262	21.4	18.0	25.1	1,464,969	30.3	26.9	33.9
65+	12,444	9.0	6.9	11.6	405,259	15.6	12.5	19.3
Race								
White, NH	117,239	19.0	16.9	21.2	1,998,541	22.9	20.6	25.4
Black, NH	13,625	39.9 [^]	28.9	52.1	765,155	37.2	29.3	45.7
Hispanic	8,032	34.9 [^]	25.9	45.1	1,031,787	43.4	36.2	50.8
Other, NH	14,323	30.8 [^]	17.5	48.2	416,220	30.4 [^]	20.2	42.9
Sex								
Male	66,917	19.2	15.9	23.0	1,903,904	27.4	23.6	31.5
Female	86,301	23.2	20.5	26.1	2,307,798	30.5	27.5	33.6
Age-adjusted^{&}		22.3	20.0	24.8		29.4	27.1	31.9

* Worried or stressed about having enough money to buy nutritious meals.

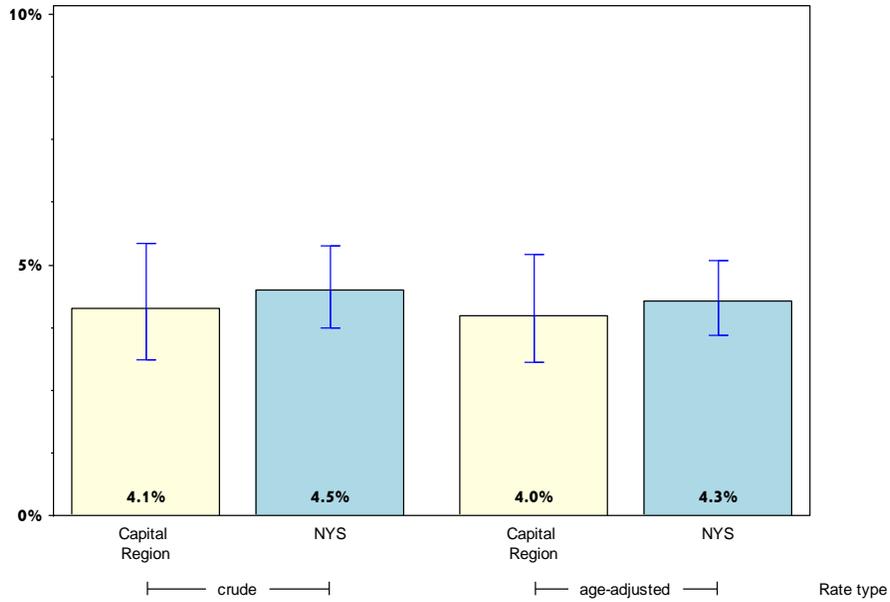
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	31,086	4.1	3.1	5.4	680,314	4.5	3.7	5.4
Age								
18-24	#				20,778	1.0	0.5	2.3
25-34	#				38,067	1.4	0.8	2.5
35-44	4,002	3.5	1.9	6.5	58,460	2.4	1.5	3.9
45-64	15,190	5.8	3.6	9.2	300,529	6.1	4.5	8.1
65+	8,158	5.7	4.1	7.8	248,637	9.1	6.9	12.0
Race								
White, NH	21,951	3.4	2.6	4.5	365,138	4.0	3.5	4.7
Black, NH	3,013	8.1	3.9	16.2	58,105	2.7	1.6	4.7
Hispanic	#				213,536	8.4	5.3	13.2
Other, NH	5,390	10.8 [^]	3.7	27.7	43,535	3.0	1.4	6.4
Sex								
Male	12,669	3.5	2.2	5.4	298,899	4.1	3.1	5.5
Female	18,417	4.7	3.3	6.7	381,415	4.8	3.9	6.0
Age-adjusted^{&}		4.0	3.0	5.2		4.3	3.6	5.1

& Percent is age adjusted to the 2000 United States Population.

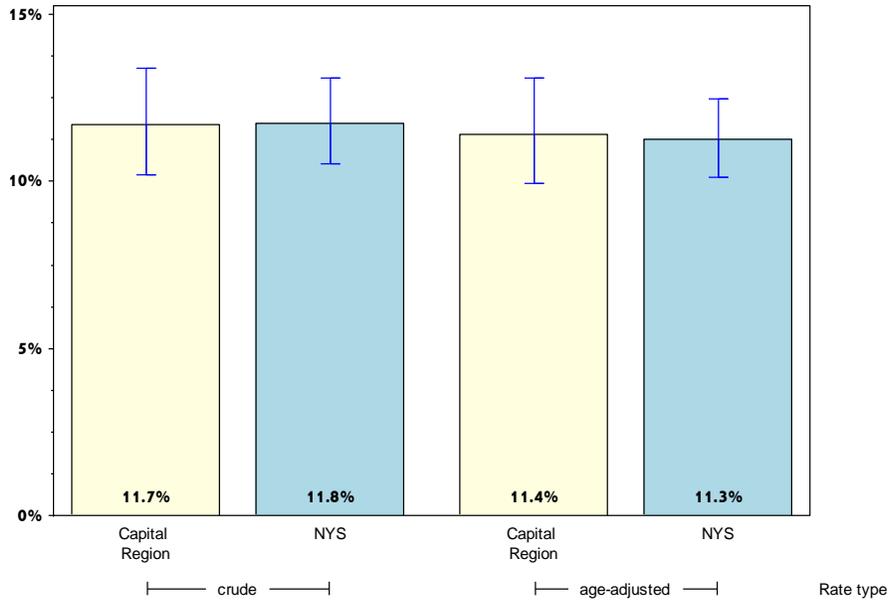
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	86,530	11.7	10.2	13.4	1,717,941	11.8	10.5	13.1
Age								
18-24	6,770	7.2	3.3	14.8	59,108	3.1	1.9	5.1
25-34	7,049	5.8	3.7	8.9	184,980	7.0	4.8	10.0
35-44	11,350	9.9	6.8	14.3	176,691	7.2	5.2	9.9
45-64	36,240	14.2	11.4	17.4	763,670	15.8	13.5	18.5
65+	24,874	17.8	14.8	21.3	491,091	19.1	16.1	22.5
Race								
White, NH	67,869	10.8	9.5	12.2	1,043,432	11.8	10.7	13.0
Black, NH	9,363	25.8 [^]	14.7	41.2	188,315	9.3	6.3	13.5
Hispanic	2,326	9.8	4.9	18.7	372,059	16.0	11.5	21.9
Other, NH	6,972	14.1 [^]	6.0	29.7	114,135	8.1	4.7	13.7
Sex								
Male	36,753	10.2	8.0	12.9	722,008	10.3	8.7	12.3
Female	49,778	13.1	11.2	15.3	995,933	13.0	11.3	14.9
Age-adjusted^{&}		11.4	9.9	13.1		11.3	10.1	12.5

* Out of the past 30 days.

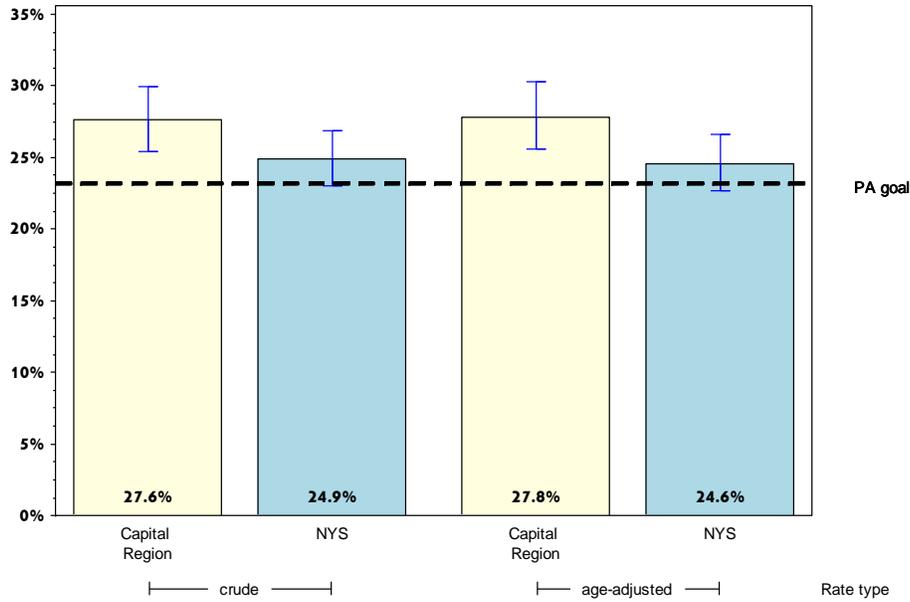
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who are obese*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	196,015	27.6	25.5	29.9	3,527,077	24.9	23.0	26.9
Age								
18-24	12,899	14.4	8.4	23.4	318,556	17.8	11.7	26.0
25-34	27,900	24.7	19.0	31.4	509,101	20.8	16.8	25.4
35-44	36,257	33.5	27.6	40.0	573,976	24.7	20.0	30.1
45-64	84,116	33.3	29.8	37.0	1,452,755	30.5	27.5	33.7
65+	33,329	24.5	21.4	27.9	615,010	23.4	20.1	27.0
Race								
White, NH	167,713	27.7	25.4	30.1	2,139,878	25.0	23.2	26.9
Black, NH	12,819	38.0 [^]	27.3	50.1	638,079	30.7	24.2	38.1
Hispanic	6,873	28.0	20.4	37.1	622,984	28.0	21.8	35.1
Other, NH	8,610	18.6 [^]	10.1	31.8	126,136	9.6	6.3	14.4
Sex								
Male	98,578	27.4	24.2	30.7	1,782,686	25.3	22.5	28.3
Female	97,437	27.9	24.9	31.1	1,744,390	24.5	22.0	27.1
Age-adjusted^{&}		27.8	25.6	30.3		24.6	22.7	26.6

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

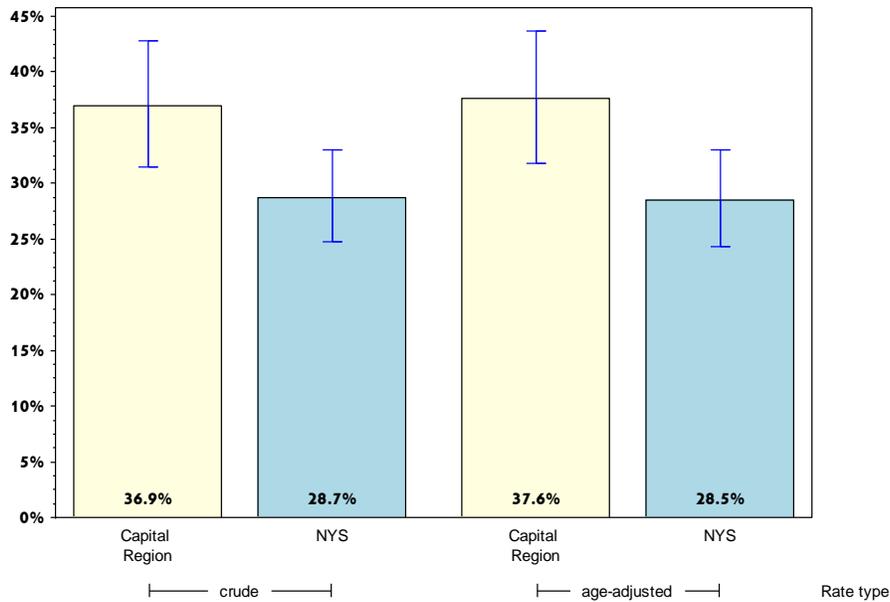
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	54,587	36.9	31.5	42.8	1,029,079	28.7	24.7	33.0
Age								
18-24	3,020	17.4 [^]	8.4	32.5	88,578	21.3 [^]	10.0	39.7
25-34	10,222	39.3 [^]	24.9	55.8	177,054	26.6 [^]	17.0	39.0
35-44	7,713	41.2 [^]	25.5	58.9	165,333	28.8 [^]	19.5	40.3
45-64	23,403	48.3 [^]	38.0	58.8	386,736	34.8	28.0	42.1
65+	10,229	27.6	21.5	34.7	190,291	24.4	18.8	31.1
Race								
White, NH	41,621	36.5	30.4	43.0	500,787	30.3	25.6	35.4
Black, NH	4,238	36.2 [^]	22.1	53.2	165,021	25.3 [^]	16.7	36.3
Hispanic	2,717	28.5 [^]	16.7	44.3	287,948	30.1 [^]	21.1	41.0
Other, NH	#	#	#	#	75,322	23.1 [^]	12.4	39.0
Sex								
Male	20,376	30.7	22.4	40.6	386,764	23.8	18.1	30.5
Female	34,212	42.0	35.0	49.3	642,314	32.7	27.6	38.3
Age-adjusted^{&}		37.6	31.8	43.7		28.5	24.3	33.0

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age adjusted to the 2000 United States Population.

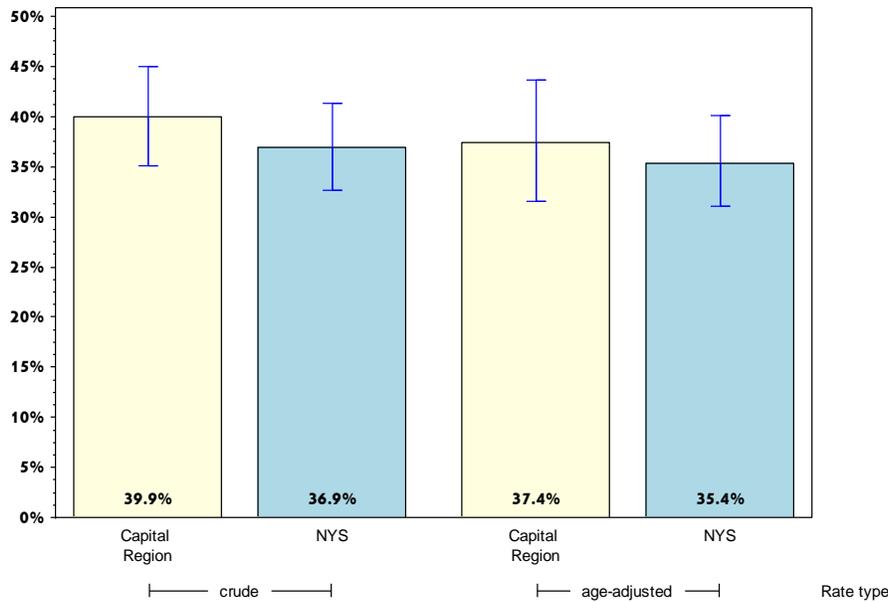
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	65,790	39.9	35.1	45.0	1,093,091	36.9	32.7	41.3
Age								
18-24	#				18,440	16.5 [^]	9.8	26.5
25-34	7,184	38.8 [^]	19.6	62.4	122,752	31.0 [^]	16.7	50.1
35-44	7,077	41.0 [^]	26.7	56.9	109,843	39.7 [^]	30.4	49.8
45-64	33,361	46.8	39.6	54.2	535,031	45.9	39.5	52.5
65+	17,293	35.7	29.7	42.3	283,502	30.3	25.2	36.1
Race								
White, NH	55,500	38.7	33.6	44.2	698,173	33.3	29.0	37.8
Black, NH	#				188,077	58.3 [^]	44.8	70.6
Hispanic	#				170,166	46.0 [^]	30.4	62.5
Other, NH	#				36,674	21.7 [^]	12.1	35.9
Sex								
Male	30,702	37.8	30.6	45.6	430,886	32.6	26.2	39.7
Female	35,087	42.0	35.7	48.5	662,205	40.4	35.1	45.8
Age-adjusted^{&}		37.4	31.6	43.7		35.4	31.0	40.0

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age adjusted to the 2000 United States Population.

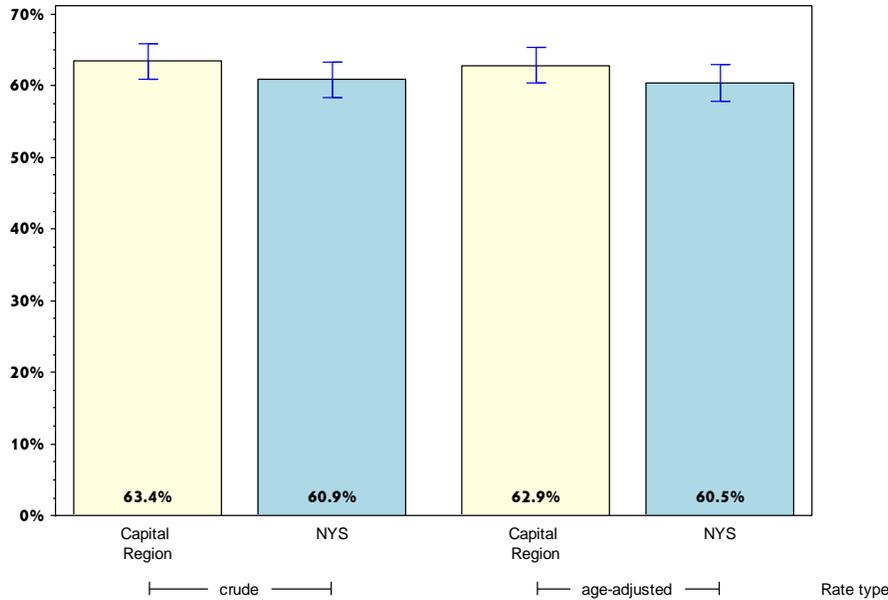
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	449,862	63.4	60.9	65.8	8,631,360	60.9	58.4	63.3
Age								
18-24	36,543	40.7 [^]	31.2	51.1	656,771	36.6	28.8	45.2
25-34	65,156	57.7	51.1	64.0	1,528,245	62.4	55.9	68.4
35-44	71,436	66.1	59.8	71.8	1,362,541	58.6	50.8	66.0
45-64	182,293	72.2	68.8	75.3	3,335,153	70.0	66.8	73.1
65+	88,147	64.8	60.7	68.6	1,632,723	62.1	58.1	65.9
Race								
White, NH	381,643	63.1	60.5	65.6	5,260,942	61.5	59.3	63.5
Black, NH	25,401	75.3	65.7	83.0	1,520,031	73.1	63.8	80.7
Hispanic	17,407	70.9 [^]	60.2	79.7	1,346,413	60.5	52.9	67.5
Other, NH	25,411	55.0 [^]	40.4	68.8	503,974	38.4 [^]	28.1	49.9
Sex								
Male	249,199	69.2	65.4	72.7	4,736,847	67.1	63.2	70.8
Female	200,663	57.5	54.1	60.8	3,894,512	54.7	51.4	57.9
Age-adjusted^{&}		62.9	60.4	65.3		60.5	57.9	63.0

* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

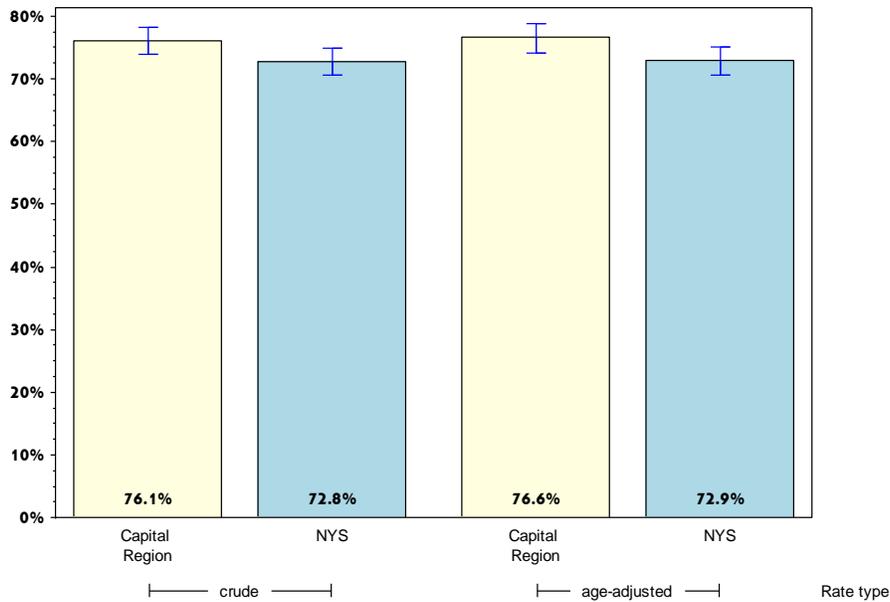
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



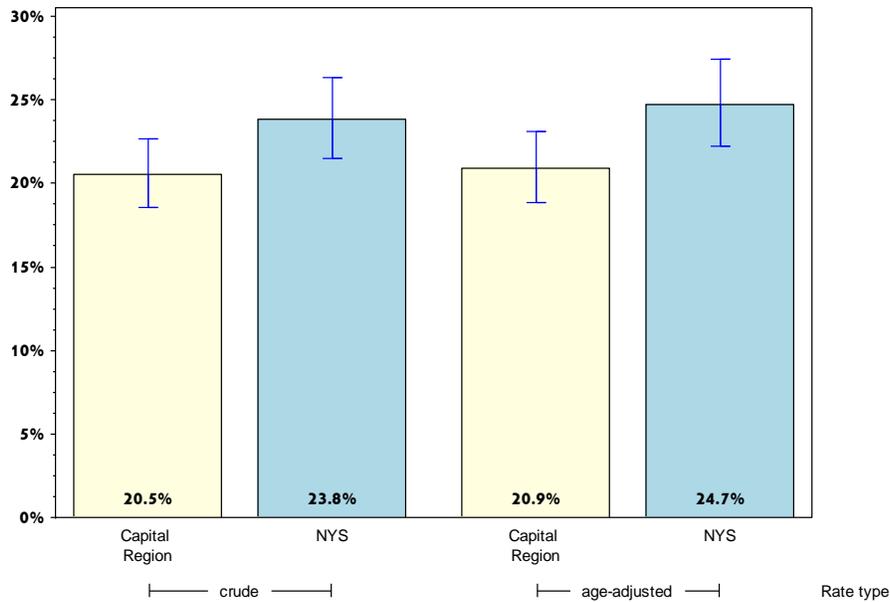
	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	556,553	76.1	73.9	78.2	10,681,161	72.8	70.6	74.9
Age								
18-24	75,199	82.7 [^]	71.5	90.1	1,601,630	84.1	78.5	88.5
25-34	94,246	78.5	71.7	84.0	1,900,064	73.1	67.1	78.4
35-44	88,206	79.6	73.8	84.3	1,722,858	71.5	63.8	78.1
45-64	196,559	76.2	72.8	79.3	3,443,881	70.8	67.5	73.8
65+	93,338	66.8	62.9	70.4	1,840,519	69.5	66.1	72.7
Race								
White, NH	479,185	76.6	74.2	78.8	6,662,678	75.8	74.0	77.4
Black, NH	24,322	71.4 [^]	59.7	80.9	1,525,317	73.8	66.8	79.7
Hispanic	17,336	72.5 [^]	60.3	82.1	1,507,430	62.4	55.4	68.9
Other, NH	35,711	75.0 [^]	63.2	84.0	985,735	70.6 [^]	56.9	81.3
Sex								
Male	272,326	76.8	73.1	80.1	5,439,883	77.3	74.6	79.8
Female	284,227	75.6	72.8	78.1	5,241,278	68.6	65.3	71.7
Age-adjusted^{&}		76.6	74.2	78.8		72.9	70.5	75.1

* Any physical activities or exercises such as running or walking
 & Percent is age adjusted to the 2000 United States Population.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	146,058	20.5	18.5	22.7	3,402,766	23.8	21.5	26.3
Age								
18-24	28,523	32.9	24.4	42.8	670,630	36.9	28.0	46.7
25-34	36,519	31.0	24.6	38.1	733,289	28.9	22.5	36.4
35-44	18,018	16.3	12.6	20.9	769,136	32.4	25.4	40.3
45-64	42,321	16.9	14.4	19.8	839,390	17.6	15.0	20.5
65+	18,870	13.9	11.5	16.7	348,734	13.7	11.1	16.9
Race								
White, NH	121,145	19.9	17.8	22.3	1,754,487	20.4	18.3	22.8
Black, NH	10,242	30.3 [^]	20.6	42.2	671,592	33.6	25.4	43.0
Hispanic	8,727	38.5 [^]	29.0	49.0	700,337	29.8	23.7	36.8
Other, NH	5,944	12.5	7.4	20.3	276,350	20.4 [^]	10.6	35.5
Sex								
Male	84,851	24.6	21.5	28.0	1,782,648	26.0	22.5	29.8
Female	61,207	16.7	14.2	19.5	1,620,118	21.8	18.7	25.3
Age-adjusted^{&}		20.9	18.8	23.1		24.7	22.2	27.4

* Sugary drinks include regular soda, and sugar-sweetened drinks.

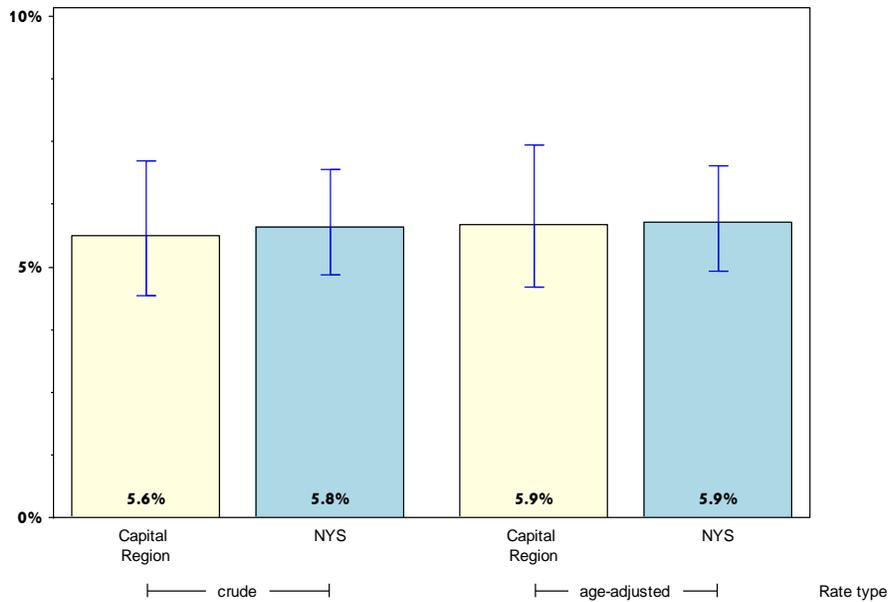
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	39,790	5.6	4.4	7.1	817,815	5.8	4.8	6.9
Age								
18-24	8,329	9.7	5.1	17.5	172,464	9.7	6.9	13.6
25-34	11,200	9.6	5.7	15.5	252,437	10.0	6.9	14.2
35-44	5,776	5.3	3.2	8.5	106,397	4.5	3.2	6.3
45-64	10,867	4.4	2.9	6.5	234,582	5.0	3.3	7.4
65+	3,146	2.3	1.5	3.6	47,255	1.9	1.3	2.7
Race								
White, NH	31,483	5.2	4.1	6.6	433,016	5.1	4.4	5.9
Black, NH	5,232	15.8 [^]	6.0	35.5	122,943	6.2	4.1	9.3
Hispanic	2,006	9.0	5.0	15.8	219,779	9.6	5.6	16.0
Other, NH	#	#	#	#	42,077	3.2	1.8	5.5
Sex								
Male	31,282	9.1	6.9	12.0	560,514	8.2	6.6	10.3
Female	8,509	2.3	1.7	3.3	257,301	3.5	2.6	4.8
Age-adjusted^{&}		5.9	4.6	7.4		5.9	4.9	7.0

& Percent is age adjusted to the 2000 United States Population.

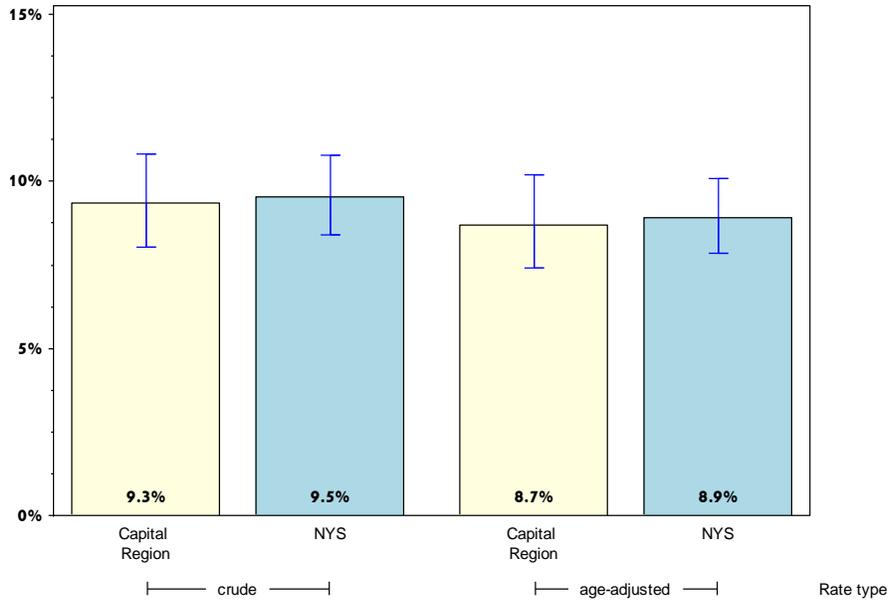
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed diabetes*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	70,730	9.3	8.0	10.8	1,456,783	9.5	8.4	10.8
Age								
18-24	#				8,338	0.4	0.2	0.8
25-34	#				58,319	2.1	0.8	5.5
35-44	8,295	7.2	3.8	13.1	111,205	4.5	2.5	7.7
45-64	27,350	10.4	8.0	13.3	714,501	14.2	11.9	16.9
65+	32,001	22.1	18.9	25.7	525,500	19.1	16.3	22.2
Race								
White, NH	56,938	8.8	7.6	10.2	781,028	8.6	7.6	9.6
Black, NH	5,143	13.9	8.7	21.3	250,921	11.6	8.2	16.2
Hispanic	2,015	7.9	4.6	13.0	296,635	11.6	7.7	17.0
Other, NH	6,634	13.3 [^]	5.6	28.3	128,200	8.9	5.4	14.4
Sex								
Male	40,032	10.9	8.7	13.5	795,054	10.9	9.0	13.1
Female	30,698	7.9	6.5	9.4	661,729	8.3	7.0	9.7
Age-adjusted^{&}		8.7	7.4	10.2		8.9	7.9	10.1

* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

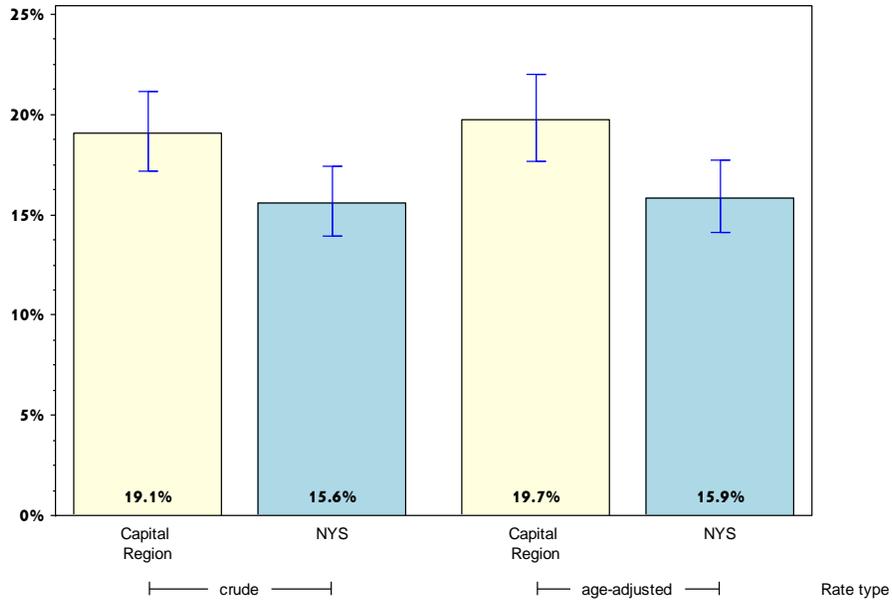
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who are current smokers



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	141,063	19.1	17.2	21.2	2,311,528	15.6	14.0	17.4
Age								
18-24	18,990	20.7	14.6	28.6	254,033	13.0	9.8	17.0
25-34	31,739	26.0	20.4	32.5	524,783	19.7	14.3	26.7
35-44	24,107	21.5	16.4	27.8	427,187	17.6	13.3	23.0
45-64	55,144	21.2	18.3	24.4	937,977	19.2	16.7	22.1
65+	10,388	7.4	5.4	10.0	149,820	5.7	4.7	6.8
Race								
White, NH	117,876	18.7	16.7	20.9	1,598,923	18.1	16.0	20.3
Black, NH	7,493	21.5	14.8	30.2	314,837	15.0	10.0	21.7
Hispanic	8,467	34.6 [^]	24.9	45.8	303,908	12.4	8.8	17.1
Other, NH	7,227	14.7 [^]	8.0	25.4	93,860	6.7	4.3	10.3
Sex								
Male	75,766	21.1	18.2	24.4	1,331,531	18.8	15.9	22.1
Female	65,298	17.2	14.8	19.8	979,997	12.7	11.1	14.4
Age-adjusted^{&}		19.7	17.7	22.0		15.9	14.1	17.7

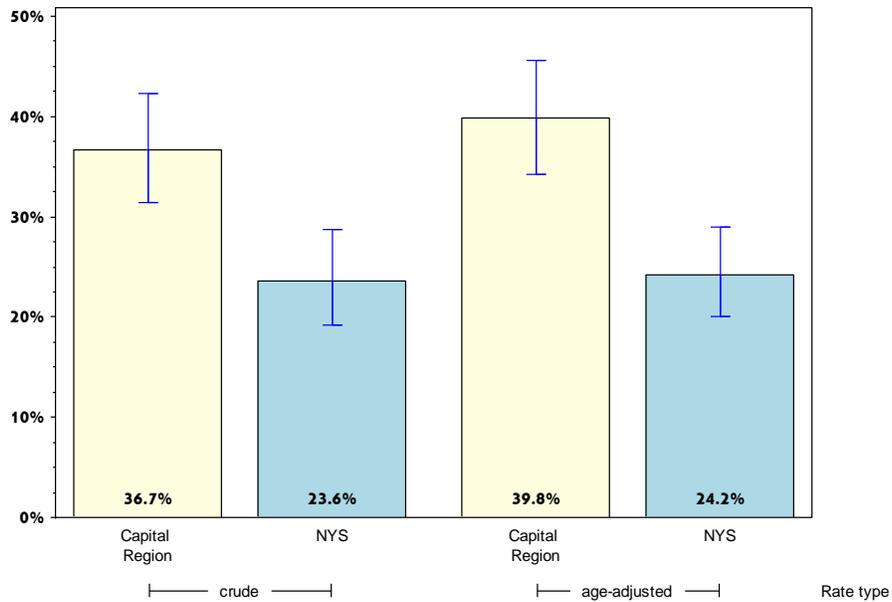
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	56,135	36.7	31.4	42.3	910,061	23.6	19.2	28.7
Age								
18-24	5,940	34.3 [^]	21.7	49.4	84,893	16.1	9.8	25.4
25-34	14,236	52.5 [^]	38.9	65.8	254,993	32.7 [^]	18.8	50.6
35-44	10,218	51.2 [^]	35.3	66.7	141,275	24.5 [^]	15.5	36.5
45-64	20,764	41.1 [^]	31.8	51.1	354,621	31.5	24.7	39.1
65+	4,979	13.3	8.1	21.0	63,044	7.9	5.6	11.0
Race								
White, NH	43,833	37.2	31.3	43.6	562,213	32.6	25.7	40.3
Black, NH	3,373	25.7 [^]	14.8	40.8	187,054	28.1 [^]	17.8	41.4
Hispanic	4,581	47.6 [^]	31.2	64.5	119,918	11.3	7.1	17.6
Other, NH		#			40,876	10.0	5.0	19.2
Sex								
Male	30,330	46.8	38.0	55.7	507,987	30.0	21.9	39.5
Female	25,806	29.3	23.5	35.9	402,073	18.6	14.7	23.3
Age-adjusted^{&}		39.8	34.2	45.6		24.2	20.0	28.9

& Percent is age adjusted to the 2000 United States Population.

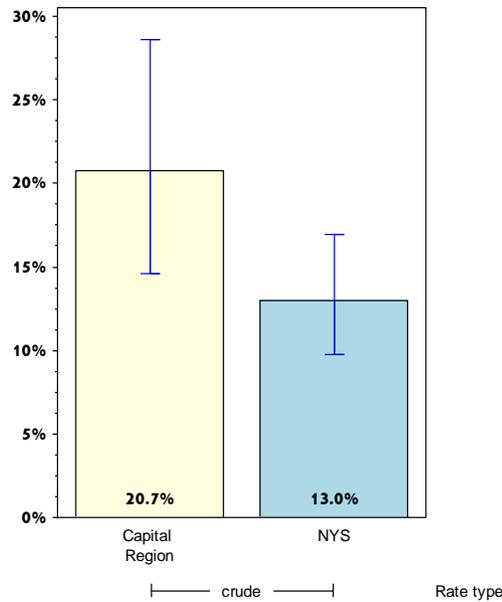
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total Age⁺	18,990	20.7	14.6	28.6	254,033	13.0	9.8	17.0
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	16,226	22.0	14.9	31.2	188,030	19.4	14.8	25.2
Black, NH		#			21,086	6.1	2.8	13.1
Hispanic		#			33,121	9.8 [^]	4.6	19.9
Other, NH		#			11,797	3.8	1.4	10.0
Sex								
Male	9,187	17.5	10.9	27.0	153,298	15.5	10.7	21.8
Female	9,803	25.0 [^]	14.9	38.8	100,736	10.4	6.6	16.0
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

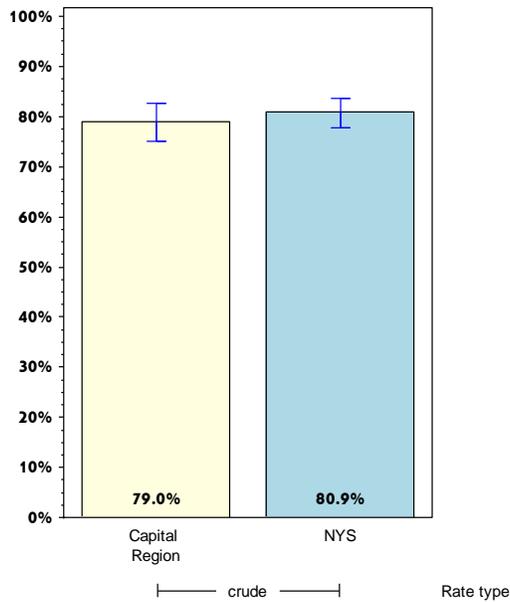
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	110,971	79.0	75.0	82.5	2,225,651	80.9	77.7	83.7
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	100,353	78.7	74.5	82.4	1,417,374	79.0	75.9	81.8
Black, NH		#			347,690	87.0 [^]	73.4	94.3
Hispanic		#			309,667	83.8 [^]	70.9	91.6
Other, NH		#			150,920	79.7 [^]	61.2	90.7
Sex								
Male		#				#		
Female	110,971	79.0	75.0	82.5	2,225,651	80.9	77.7	83.7
Age-adjusted^{+,&}								

* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

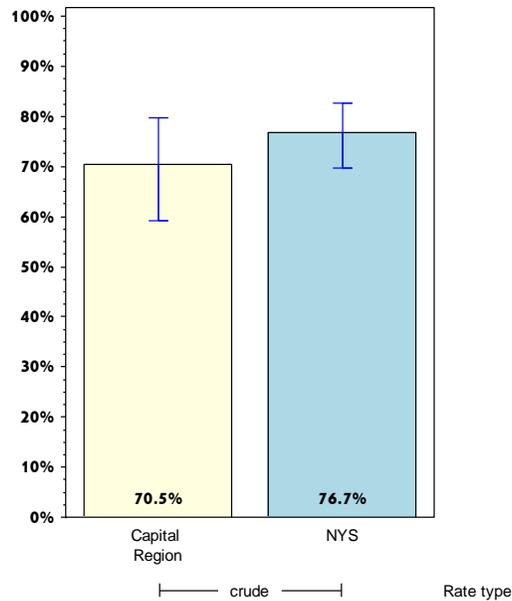
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	21,656	70.5 [^]	59.2	79.7	554,880	76.7	69.6	82.6
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	16,285	66.3 [^]	53.7	76.9	232,138	66.5	57.9	74.1
Black, NH	#	#	#	#	139,053	95.4	89.6	98.1
Hispanic	#	#	#	#	134,524	82.0 [^]	61.8	92.7
Other, NH	#	#	#	#	49,165	76.3 [^]	44.1	93.0
Sex								
Male	#	#	#	#	#	#	#	#
Female	21,656	70.5 [^]	59.2	79.7	554,880	76.7	69.6	82.6
Age-adjusted^{+,&}								

* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

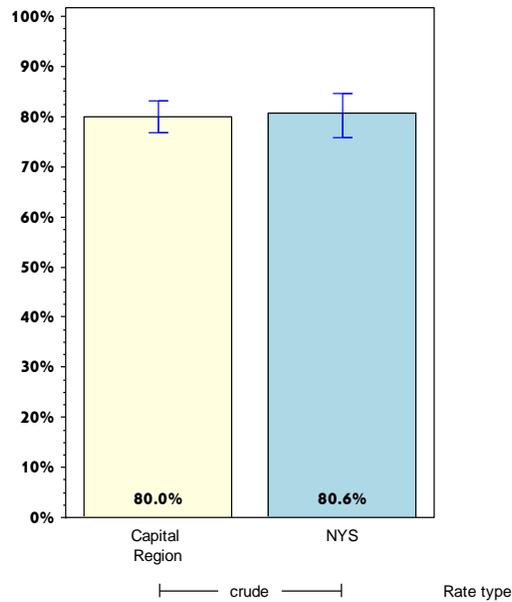
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	218,954	80.0	76.6	83.0	4,362,995	80.6	75.7	84.7
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	189,224	81.8	78.5	84.8	2,640,598	84.5	82.2	86.6
Black, NH	10,116	74.0 [^]	54.2	87.3	711,417	84.5 [^]	72.6	91.8
Hispanic	6,537	74.3 [^]	52.7	88.2	684,308	78.0 [^]	66.2	86.6
Other, NH	13,077	65.6 [^]	44.1	82.1	326,671	57.1 [^]	31.0	79.8
Sex								
Male		#				#		
Female	218,954	80.0	76.6	83.0	4,362,995	80.6	75.7	84.7
Age-adjusted^{+,&}								

* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

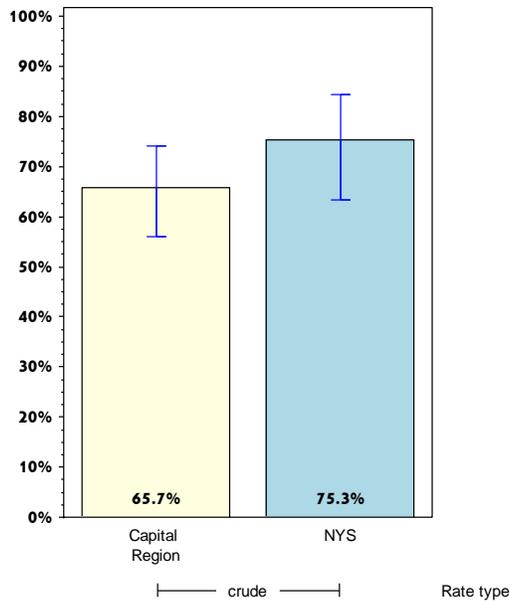
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	38,085	65.7	56.0	74.2	1,068,153	75.3 [^]	63.2	84.4
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	29,878	69.6	59.7	77.9	433,489	74.8	68.6	80.2
Black, NH	#	#	#	#	283,693	93.7	87.8	96.8
Hispanic	#	#	#	#	292,551	77.4 [^]	61.6	88.0
Other, NH	#	#	#	#	58,419	36.7 [^]	8.5	78.5
Sex								
Male	#	#	#	#	#	#	#	#
Female	38,085	65.7	56.0	74.2	1,068,153	75.3 [^]	63.2	84.4
Age-adjusted^{+,&}								

* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

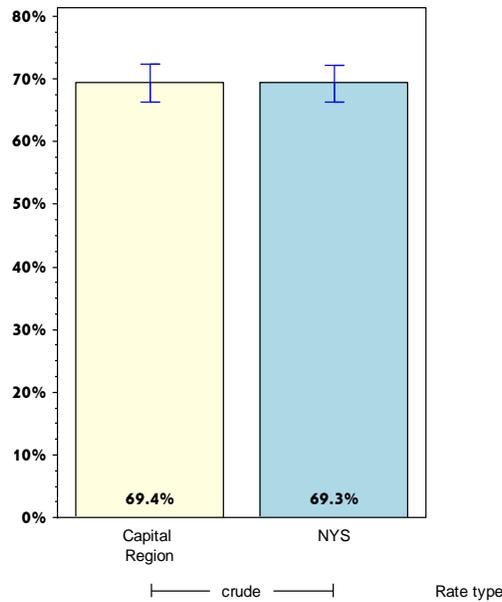
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	187,405	69.4	66.3	72.4	3,471,945	69.3	66.3	72.2
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	167,485	70.0	66.9	73.0	2,335,990	70.4	67.9	72.7
Black, NH	5,819	57.4 [^]	37.3	75.2	514,345	69.6 [^]	57.5	79.4
Hispanic		#			416,087	70.6 [^]	58.4	80.4
Other, NH	10,135	69.0 [^]	45.3	85.6	205,524	57.4 [^]	39.9	73.2
Sex								
Male	86,398	67.2	62.2	71.9	1,545,645	66.8	62.1	71.2
Female	101,007	71.5	67.5	75.1	1,926,301	71.5	67.5	75.2
Age-adjusted^{+,&}								

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

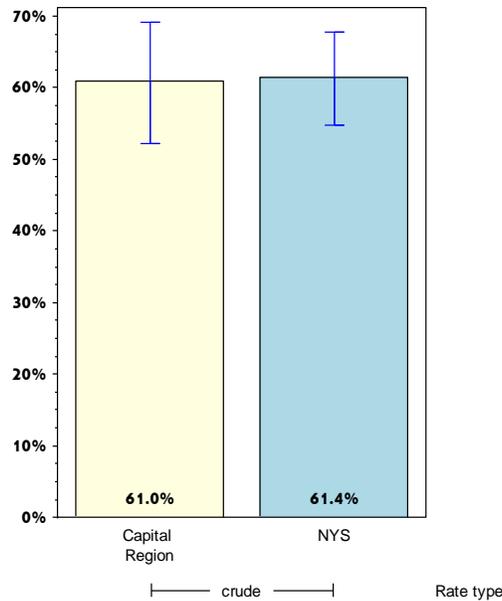
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	33,685	61.0	52.1	69.2	736,005	61.4	54.7	67.7
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	26,261	62.3	53.5	70.3	345,064	57.6	51.4	63.7
Black, NH		#			155,775	60.0 [^]	38.7	78.0
Hispanic		#			187,721	75.1 [^]	60.9	85.4
Other, NH		#			47,444	52.8 [^]	29.9	74.5
Sex								
Male	11,885	49.3 [^]	35.9	62.9	253,900	51.4 [^]	41.0	61.6
Female	21,800	70.0	60.2	78.3	482,104	68.5	60.2	75.7
Age-adjusted^{+,&}								

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

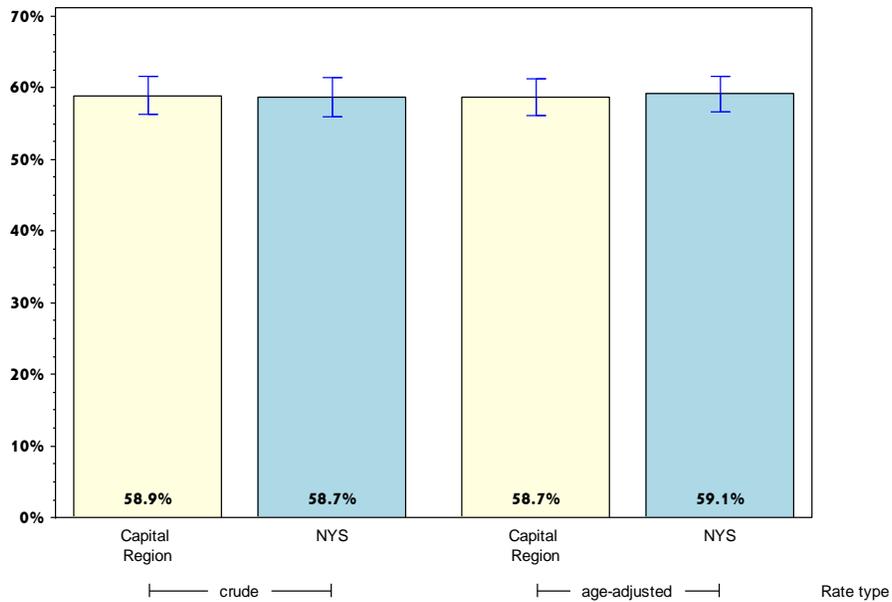
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	387,390	58.9	56.3	61.5	7,849,939	58.7	56.0	61.5
Age								
18-24	27,483	30.4 [^]	21.5	41.0	503,420	26.8	20.2	34.6
25-34	62,651	51.6	45.0	58.1	1,337,915	51.0	44.1	57.9
35-44	60,615	58.6	51.9	65.0	1,475,455	63.3	56.2	69.9
45-64	154,280	69.2	65.5	72.7	2,822,324	68.0	64.3	71.4
65+	74,984	69.3	65.0	73.3	1,541,702	71.4	66.8	75.6
Race								
White, NH	336,654	60.0	57.3	62.7	4,823,563	61.0	58.6	63.4
Black, NH	18,952	60.5 [^]	46.6	73.0	1,240,630	65.1	55.4	73.7
Hispanic	11,998	53.0 [^]	41.9	63.8	1,203,330	53.5	46.1	60.8
Other, NH	19,787	46.7 [^]	32.5	61.4	582,416	44.7 [^]	31.9	58.2
Sex								
Male	181,844	57.7	53.8	61.6	3,534,063	56.3	52.1	60.4
Female	205,546	60.0	56.5	63.5	4,315,875	60.9	57.2	64.5
Age-adjusted^{&}		58.7	56.1	61.3		59.1	56.6	61.6

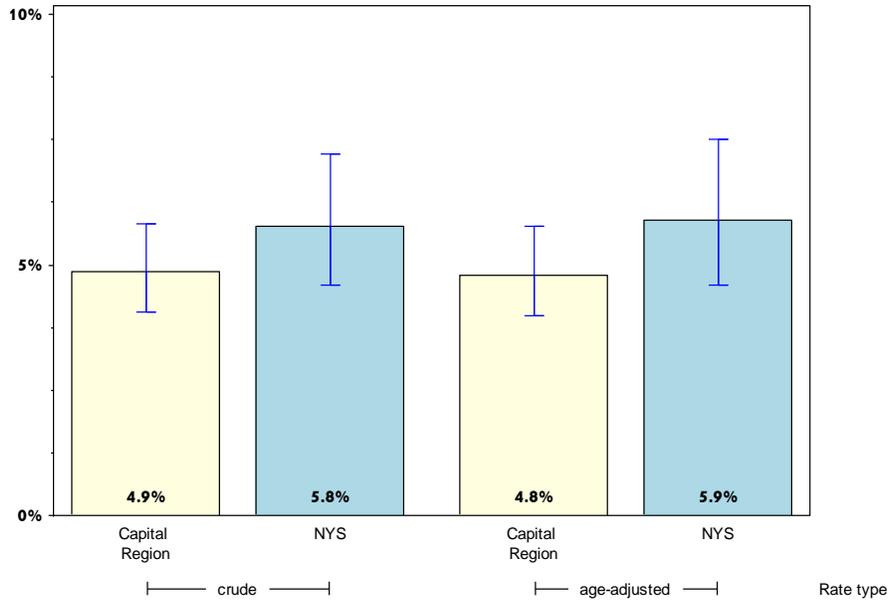
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	33,014	4.9	4.0	5.8	783,799	5.8	4.6	7.2
Age								
18-24	#	#			57,540	2.9	0.7	10.7
25-34	3,641	2.9	1.7	5.1	43,246	1.6	1.0	2.7
35-44	3,857	3.6	2.0	6.4	198,127	8.5	4.4	16.0
45-64	13,796	5.9	4.5	7.8	283,693	6.7	5.3	8.5
65+	10,296	9.3	6.9	12.4	171,261	7.8	6.2	9.9
Race								
White, NH	26,899	4.6	3.8	5.6	489,253	6.0	4.8	7.4
Black, NH	2,420	7.6	3.6	15.2	96,242	5.2	2.9	9.2
Hispanic	#	#			81,294	3.6	1.8	7.2
Other, NH	#	#			117,011	8.9 [^]	3.2	22.3
Sex								
Male	16,246	5.0	3.9	6.5	377,968	5.9	4.1	8.5
Female	16,768	4.7	3.7	6.0	405,832	5.6	4.3	7.3
Age-adjusted^{&}		4.8	4.0	5.8		5.9	4.6	7.5

& Percent is age adjusted to the 2000 United States Population.

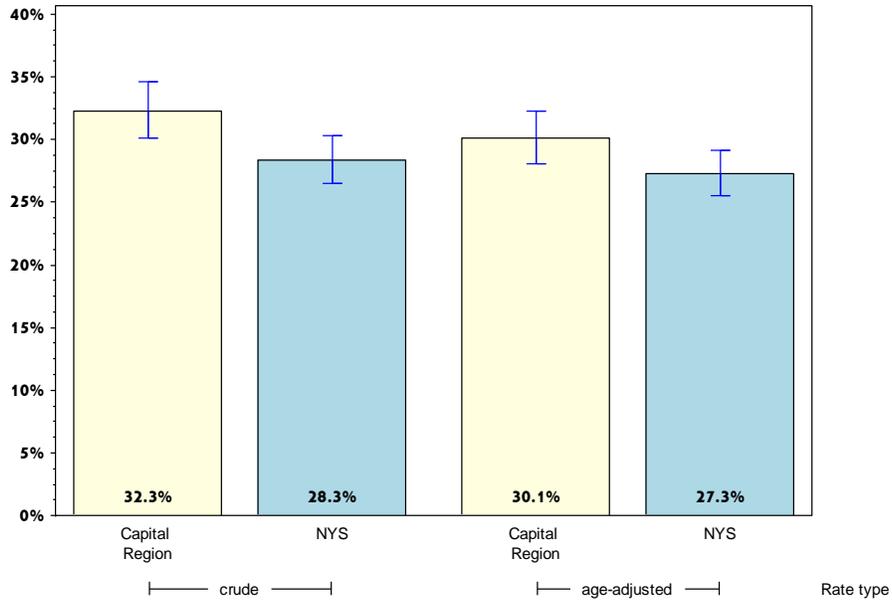
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	243,986	32.3	30.1	34.6	4,323,615	28.3	26.5	30.3
Age								
18-24	4,516	4.8	1.7	12.9	103,520	5.2	3.3	8.0
25-34	17,383	13.8	9.4	19.9	299,126	10.9	7.8	15.0
35-44	26,620	23.1	18.0	29.1	470,752	18.9	14.1	24.8
45-64	100,694	38.3	34.7	42.1	1,715,223	34.1	31.2	37.2
65+	88,328	61.4	57.5	65.1	1,654,516	60.4	56.5	64.2
Race								
White, NH	209,708	32.6	30.4	35.0	2,701,979	29.7	28.0	31.4
Black, NH	16,696	44.7 [^]	33.4	56.6	740,669	34.2	27.2	42.0
Hispanic	5,472	21.3	14.7	30.0	609,542	23.8	18.7	29.9
Other, NH	12,111	24.3 [^]	13.7	39.3	271,424	18.9	12.7	27.1
Sex								
Male	133,745	36.5	33.0	40.1	2,116,294	29.0	26.2	32.1
Female	110,242	28.4	25.7	31.2	2,207,320	27.7	25.3	30.2
Age-adjusted^{&}		30.1	28.0	32.3		27.3	25.6	29.1

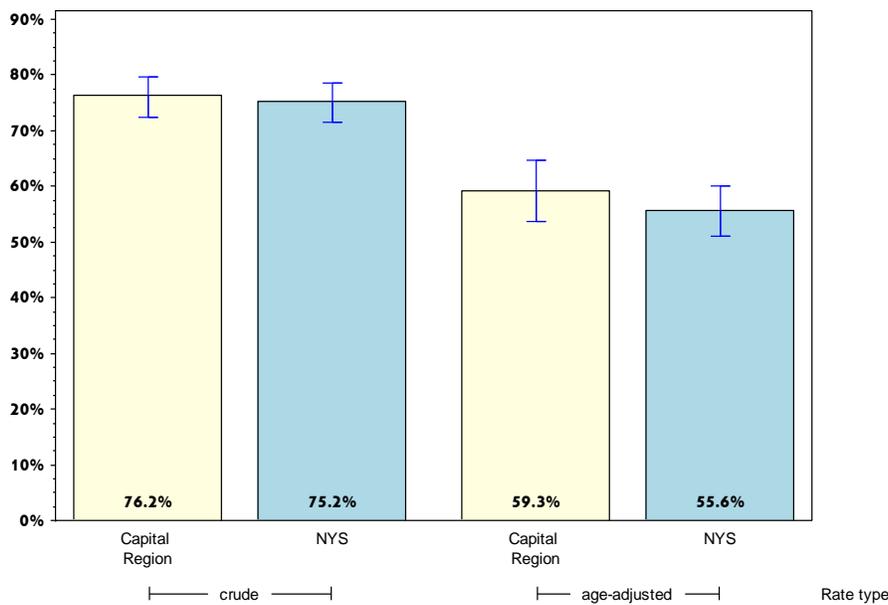
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	184,933	76.2	72.5	79.6	3,243,246	75.2	71.5	78.5
Age								
18-24	#	#			8,688	8.4	3.9	17.4
25-34	6,283	36.1 [^]	17.2	60.7	96,762	32.4 [^]	18.9	49.5
35-44	16,792	63.1 [^]	49.8	74.6	186,971	39.7 [^]	26.7	54.3
45-64	76,505	76.4	70.5	81.4	1,395,152	81.6	77.8	84.9
65+	79,451	90.6	87.3	93.1	1,497,501	90.8	86.9	93.6
Race								
White, NH	158,180	75.9	72.1	79.4	2,081,796	77.4	74.1	80.3
Black, NH	12,368	74.1 [^]	47.5	90.0	552,688	74.6 [^]	60.0	85.3
Hispanic	#	#			420,934	69.1 [^]	56.3	79.5
Other, NH	#	#			187,828	69.2 [^]	50.8	83.0
Sex								
Male	99,560	75.2	69.6	80.1	1,525,386	72.2	66.5	77.2
Female	85,373	77.5	72.4	81.9	1,717,859	78.1	73.2	82.4
Age-adjusted^{&}		59.3	53.7	64.6		55.6	51.1	60.0

& Percent is age adjusted to the 2000 United States Population.

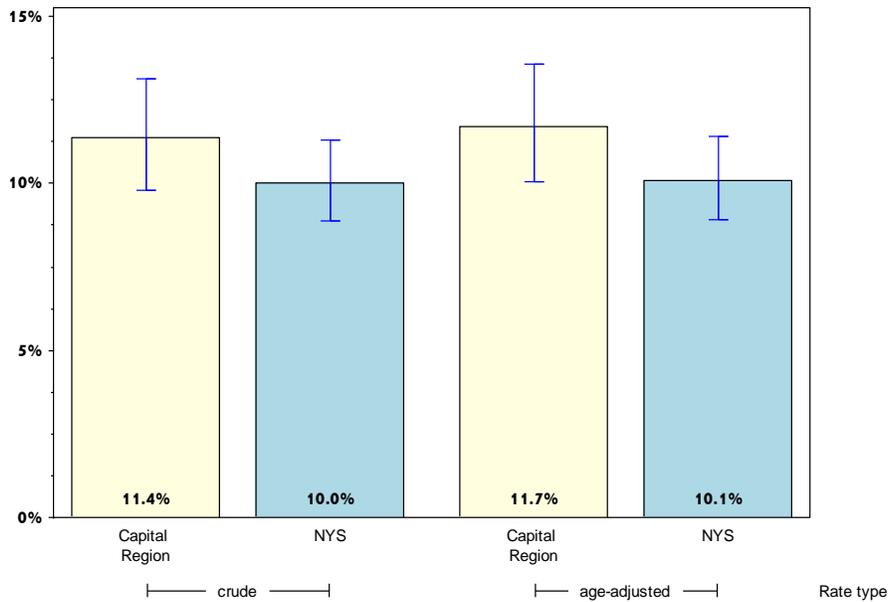
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	85,825	11.4	9.8	13.1	1,520,940	10.0	8.9	11.3
Age								
18-24	8,015	8.5	5.1	13.6	170,340	8.6	6.2	11.8
25-34	21,480	17.1	11.8	24.3	322,447	11.7	8.2	16.4
35-44	14,809	12.8	9.2	17.6	240,590	9.7	7.1	13.0
45-64	29,947	11.4	9.1	14.2	551,257	11.1	9.3	13.3
65+	10,717	7.4	5.9	9.4	222,952	8.1	6.5	10.1
Race								
White, NH	72,459	11.3	9.6	13.2	946,198	10.4	9.1	11.9
Black, NH	5,334	14.5 [^]	7.6	25.7	199,011	9.2	6.5	12.9
Hispanic	3,520	13.8	8.0	22.9	283,809	11.3	7.9	16.0
Other, NH	4,512	9.0 [^]	4.0	19.1	91,921	6.4	4.0	10.0
Sex								
Male	34,052	9.3	7.2	11.9	504,039	7.0	5.6	8.6
Female	51,772	13.3	11.2	15.8	1,016,901	12.8	11.1	14.8
Age-adjusted^{&}		11.7	10.1	13.6		10.1	8.9	11.4

* Physician diagnosed asthma.

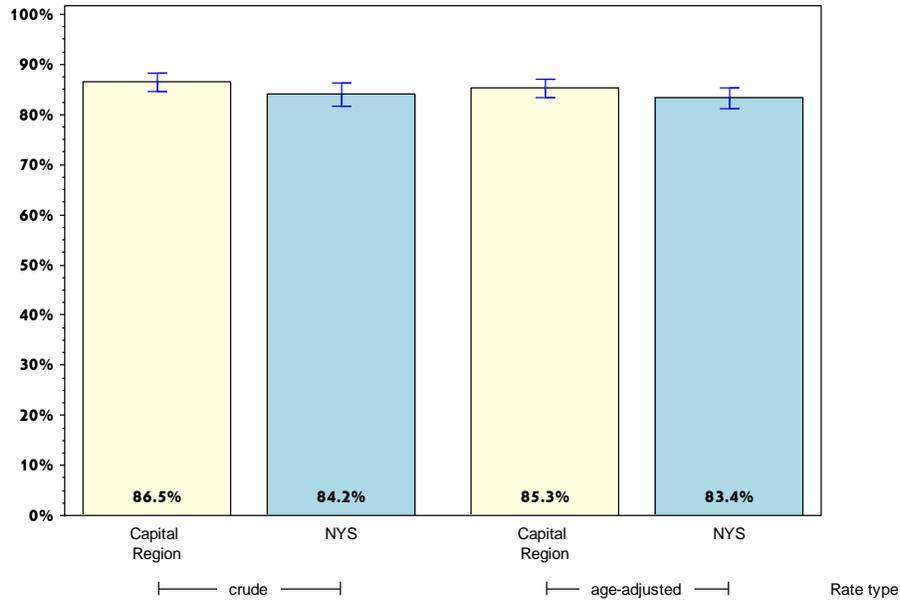
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	639,140	86.5	84.7	88.2	12,572,076	84.2	81.7	86.3
Age								
18-24	44,907	50.1 [^]	39.8	60.5	891,216	49.0	39.4	58.6
25-34	89,079	74.8	69.7	79.3	1,896,541	71.3	63.9	77.7
35-44	100,962	90.2	86.2	93.1	2,197,539	88.9	85.0	91.8
45-64	252,435	96.6	94.9	97.8	4,694,424	93.8	91.2	95.6
65+	139,365	96.8	95.2	97.9	2,641,873	97.2	95.8	98.2
Race								
White, NH	550,269	87.4	85.4	89.1	7,746,530	87.0	84.7	89.0
Black, NH	30,769	84.0	74.9	90.3	1,730,762	81.9	73.0	88.3
Hispanic	18,164	74.0	64.3	81.8	1,923,116	77.3	70.1	83.1
Other, NH	39,939	83.5 [^]	73.4	90.3	1,171,667	81.9 [^]	67.3	90.8
Sex								
Male	304,962	85.4	82.7	87.7	5,864,748	82.0	78.2	85.2
Female	334,177	87.6	84.9	89.8	6,707,327	86.2	82.9	88.9
Age-adjusted^{&}		85.3	83.3	87.0		83.4	81.2	85.4

* As diagnosed by a health professional.

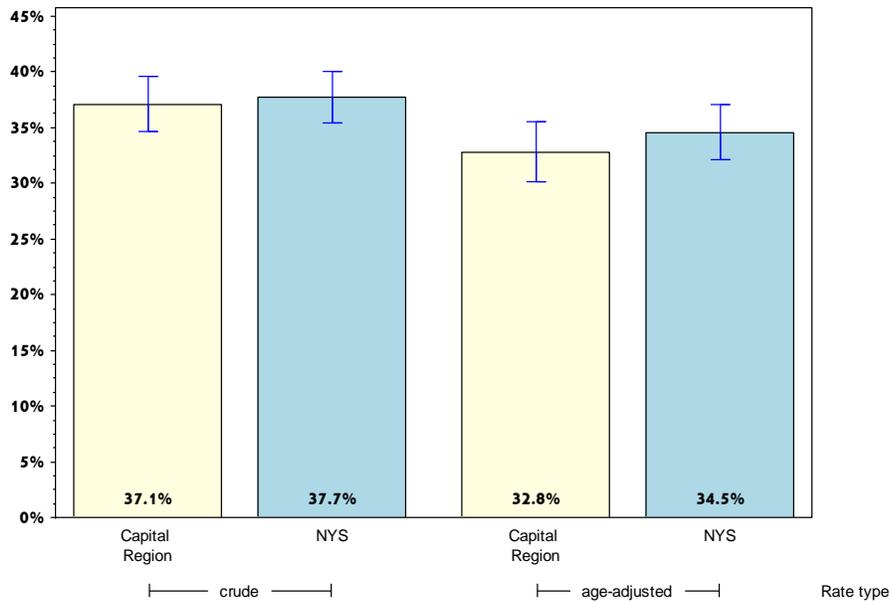
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	235,112	37.1	34.6	39.6	4,711,105	37.7	35.4	40.1
Age								
18-24	5,953	13.3 [^]	4.8	31.8	124,288	14.0	8.0	23.2
25-34	16,241	18.2	12.4	26.0	435,898	23.0	16.9	30.5
35-44	24,632	24.4	19.4	30.3	620,994	28.3	22.0	35.6
45-64	109,820	43.9	40.1	47.7	2,009,889	43.1	39.8	46.4
65+	74,721	54.5	50.5	58.4	1,439,336	55.4	51.3	59.4
Race								
White, NH	203,433	37.3	34.8	39.8	3,102,928	40.3	38.2	42.4
Black, NH	10,346	33.6 [^]	23.0	46.2	561,511	33.1	25.6	41.6
Hispanic	7,318	40.6 [^]	29.2	53.1	727,074	37.8	30.7	45.5
Other, NH	14,016	35.1 [^]	21.2	52.1	319,592	27.3 [^]	18.7	38.1
Sex								
Male	113,334	37.5	33.8	41.5	2,369,080	40.5	37.0	44.3
Female	121,779	36.6	33.5	39.9	2,342,025	35.2	32.4	38.2
Age-adjusted^{&}		32.8	30.1	35.6		34.5	32.1	37.0

* As diagnosed by a health professional.

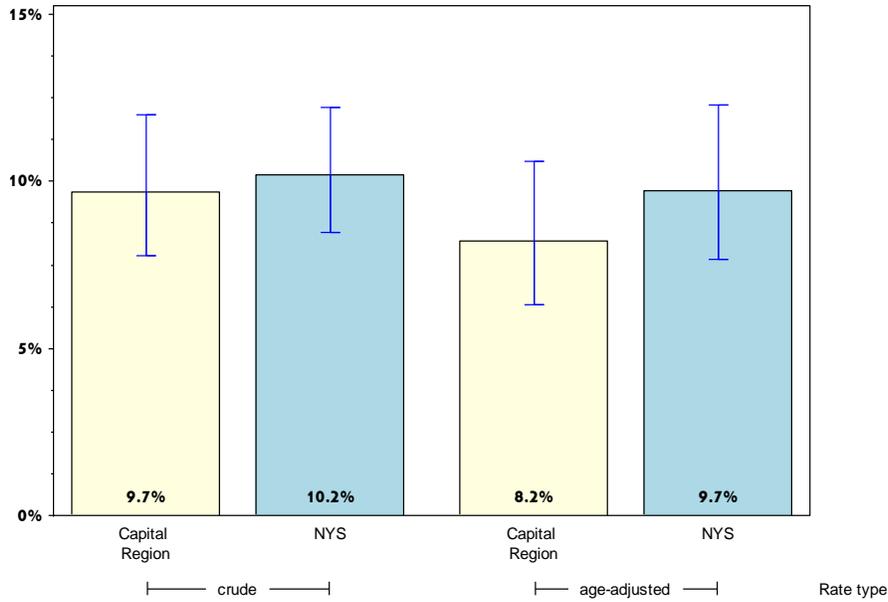
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	38,954	9.7	7.8	12.0	713,905	10.2	8.5	12.2
Age								
18-24	#				11,969	2.9	1.4	6.1
25-34	#				137,115	17.9 [^]	9.2	31.8
35-44	2,378	4.4	2.3	8.5	51,465	6.0	3.8	9.2
45-64	16,610	10.3	7.5	14.0	282,601	10.2	8.0	13.0
65+	12,432	11.0	8.6	13.9	208,847	10.1	8.0	12.7
Race								
White, NH	32,271	9.3	7.5	11.6	398,657	8.8	7.0	11.1
Black, NH	2,454	11.4	6.3	20.0	143,698	14.2	9.5	20.7
Hispanic	#				92,991	8.7	4.5	16.4
Other, NH	#				78,559	19.0 [^]	10.4	32.2
Sex								
Male	17,247	9.1	7.0	11.7	324,668	10.2	7.7	13.4
Female	21,707	10.2	7.3	14.1	389,237	10.2	8.0	12.9
Age-adjusted^{&}		8.2	6.3	10.6		9.7	7.7	12.3

* Courses for high blood pressure, arthritis, or diabetes.

[&] Percent is age adjusted to the 2000 United States Population.

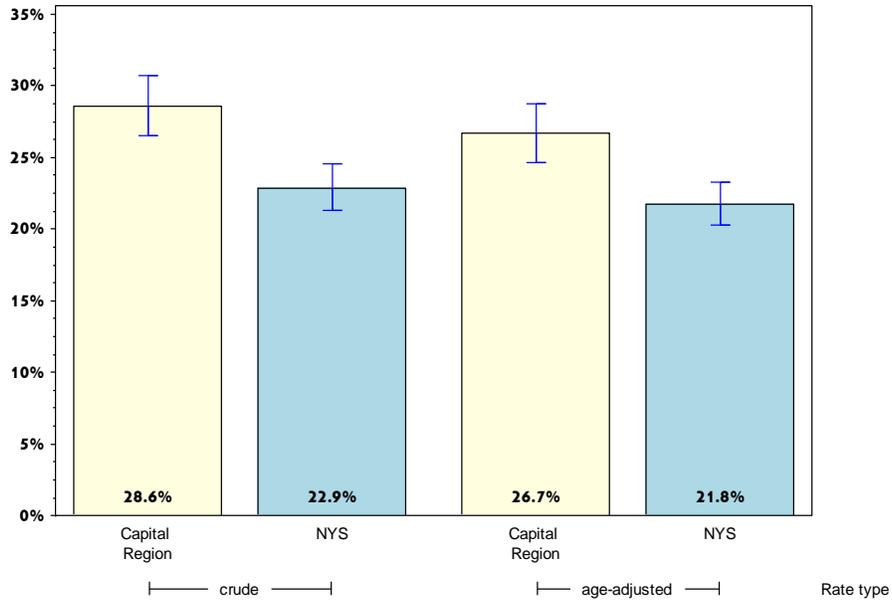
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	215,186	28.6	26.5	30.7	3,491,206	22.9	21.3	24.6
Age								
18-24	5,786	6.1	2.9	12.1	40,067	2.0	1.1	3.6
25-34	9,822	8.0	5.3	11.9	228,246	8.3	5.9	11.7
35-44	22,489	19.5	14.0	26.6	323,152	12.9	9.4	17.5
45-64	96,695	36.8	33.2	40.4	1,465,151	29.2	26.5	32.1
65+	77,396	53.7	49.8	57.5	1,353,867	49.3	45.4	53.2
Race								
White, NH	186,495	29.1	27.0	31.3	2,474,787	27.2	25.6	28.9
Black, NH	8,607	23.1	15.9	32.2	400,524	18.5	13.4	24.9
Hispanic	5,766	22.5	15.2	32.0	460,563	18.0	13.6	23.4
Other, NH	14,318	28.7 [^]	16.8	44.4	155,331	10.8	7.2	15.8
Sex								
Male	76,893	21.1	18.7	23.8	1,258,898	17.3	15.2	19.6
Female	138,293	35.5	32.5	38.6	2,232,309	28.0	25.7	30.4
Age-adjusted^{&}		26.7	24.7	28.8		21.8	20.3	23.3

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

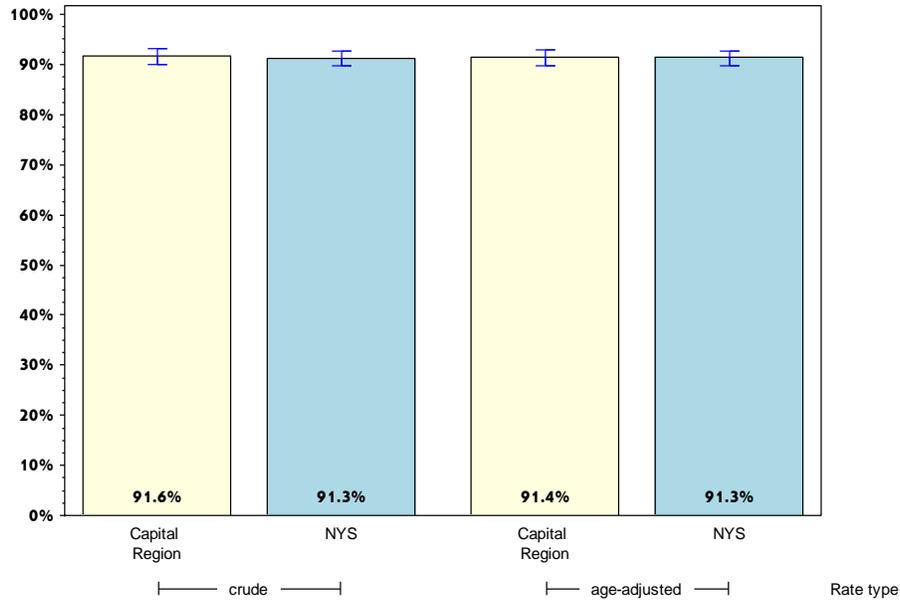
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	655,340	91.6	89.8	93.0	13,107,891	91.3	89.8	92.6
Age								
18-24	77,470	89.2	79.8	94.5	1,641,319	87.9	80.9	92.5
25-34	102,214	86.1	79.6	90.7	2,218,379	86.6	80.9	90.8
35-44	102,548	93.2	90.0	95.4	2,218,331	93.4	90.6	95.4
45-64	234,077	92.8	90.3	94.7	4,372,743	92.2	90.1	93.9
65+	128,519	94.2	92.1	95.7	2,447,810	94.7	92.7	96.1
Race								
White, NH	565,421	92.4	90.7	93.8	8,055,698	93.1	91.7	94.3
Black, NH	29,736	87.1	79.3	92.3	1,798,763	89.3	83.3	93.4
Hispanic	20,397	90.9	85.2	94.5	1,963,304	84.3	78.2	89.0
Other, NH	39,787	84.2 [^]	67.8	93.1	1,290,125	94.0	88.9	96.9
Sex								
Male	318,464	92.0	89.0	94.3	6,375,291	92.5	90.3	94.3
Female	336,877	91.1	89.1	92.8	6,732,600	90.1	87.9	91.9
Age-adjusted^{&}		91.4	89.6	92.9		91.3	89.8	92.6

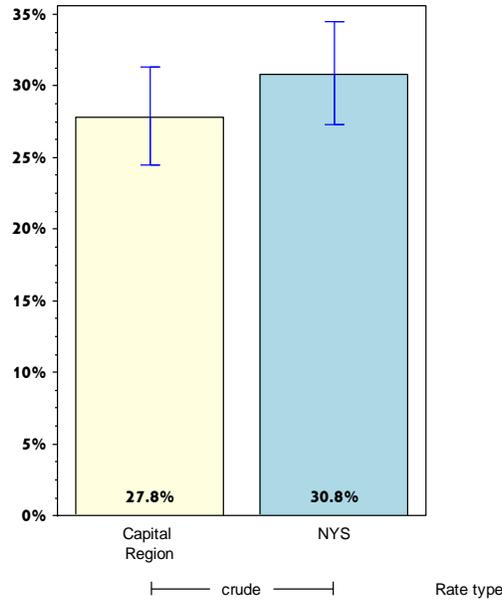
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote a Healthy and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	38,155	27.8	24.5	31.3	802,383	30.8	27.3	34.5
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	36,209	28.6	25.2	32.3	600,059	31.3	28.3	34.5
Black, NH		#			61,485	22.9 [^]	12.6	38.1
Hispanic		#			96,513	39.1 [^]	21.8	59.7
Other, NH		#			44,326	25.2 [^]	12.2	45.0
Sex								
Male	15,469	25.5	20.9	30.7	324,764	30.4	25.5	35.7
Female	22,685	29.6	25.1	34.5	477,619	31.1	26.4	36.2
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

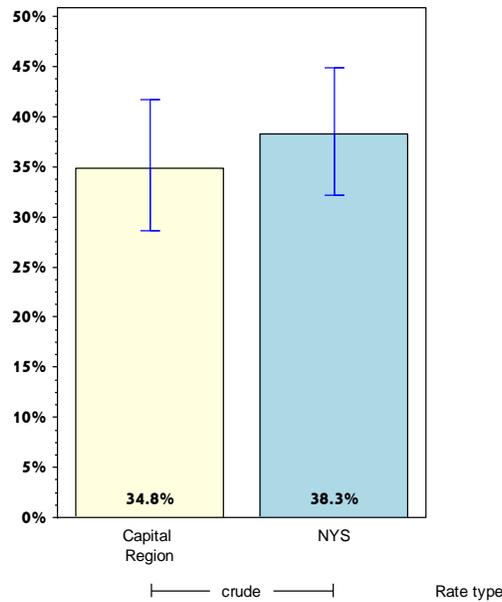
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote a Healthy and Safe Environments

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total Age⁺	13,231	34.8	28.6	41.7	304,376	38.3	32.2	44.9
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	12,411	34.4	28.1	41.4	223,708	37.6	32.1	43.4
Black, NH		#			33,030	53.7 [^]	28.5	77.2
Hispanic		#			31,933	34.1 [^]	11.7	66.8
Other, NH		#			15,705	35.4 [^]	12.0	68.8
Sex								
Male	4,370	28.2 [^]	19.7	38.7	103,371	32.2	24.1	41.5
Female	8,861	39.4	30.9	48.5	201,005	42.5	33.9	51.5
Age-adjusted^{+,&}								

* Falls that limited regular activities or lead to doctor visits.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

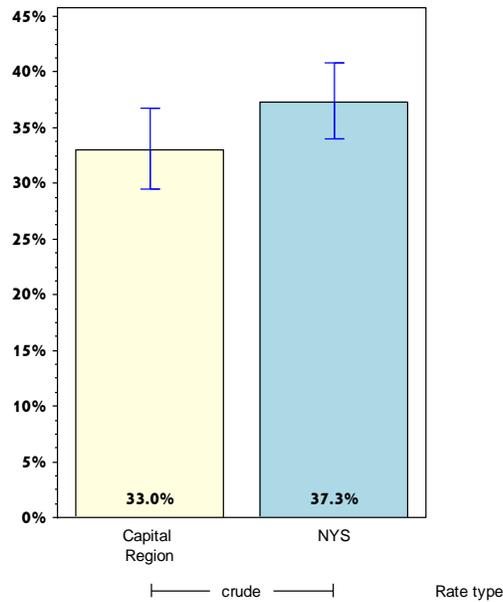
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	76,642	33.0	29.5	36.7	1,662,747	37.3	34.0	40.8
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	67,188	33.0	29.3	36.9	957,863	33.7	31.0	36.4
Black, NH	4,175	45.6 [^]	27.9	64.4	347,642	52.3 [^]	40.1	64.2
Hispanic	#				270,194	44.2 [^]	31.2	58.1
Other, NH	#				87,049	26.2 [^]	15.7	40.4
Sex								
Male	42,342	37.1	31.6	42.9	929,342	43.4	38.2	48.7
Female	34,300	29.1	24.6	34.0	733,405	31.7	27.6	36.1
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

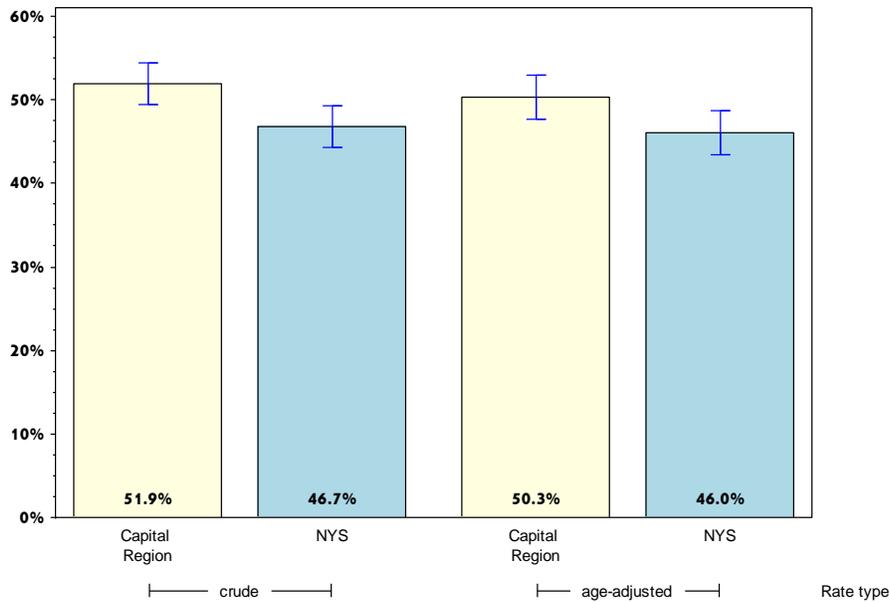
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	374,103	51.9	49.4	54.4	6,798,706	46.7	44.3	49.2
Age								
18-24	39,893	45.7 [^]	35.3	56.5	600,414	31.7	23.4	41.5
25-34	43,833	36.8	30.7	43.4	907,897	35.3	29.0	42.1
35-44	47,801	43.1	36.6	49.8	981,422	41.1	33.9	48.6
45-64	130,568	51.5	47.7	55.2	2,282,268	47.4	44.1	50.8
65+	104,721	75.8	72.3	78.9	1,895,586	72.1	67.9	75.9
Race								
White, NH	318,858	51.8	49.2	54.3	4,296,522	49.3	47.1	51.5
Black, NH	14,742	43.2 [^]	31.3	55.9	718,122	35.0	27.6	43.3
Hispanic	10,649	46.5 [^]	36.6	56.8	971,941	40.8	34.1	47.8
Other, NH	29,854	62.7 [^]	49.2	74.6	812,120	58.5 [^]	45.1	70.7
Sex								
Male	168,675	48.4	44.6	52.2	3,045,064	43.8	40.1	47.5
Female	205,428	55.2	51.9	58.5	3,753,643	49.5	46.2	52.8
Age-adjusted^{&}		50.3	47.7	53.0		46.0	43.4	48.6

* Includes flu shot or flu spray

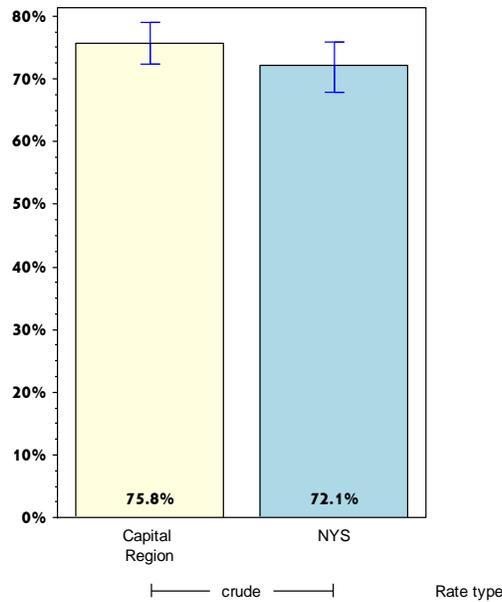
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total Age⁺	104,721	75.8	72.3	78.9	1,895,586	72.1	67.9	75.9
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	96,169	75.6	72.0	78.8	1,484,360	76.9	73.9	79.6
Black, NH		#			103,016	38.4 [^]	23.8	55.5
Hispanic		#			170,589	69.0 [^]	47.8	84.3
Other, NH		#			137,621	75.2 [^]	51.4	89.7
Sex								
Male	44,927	73.5	67.8	78.5	802,715	73.9	67.7	79.3
Female	59,794	77.6	73.3	81.4	1,092,871	70.8	65.0	76.0
Age-adjusted^{+,&}								

* Includes flu shot or flu spray

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

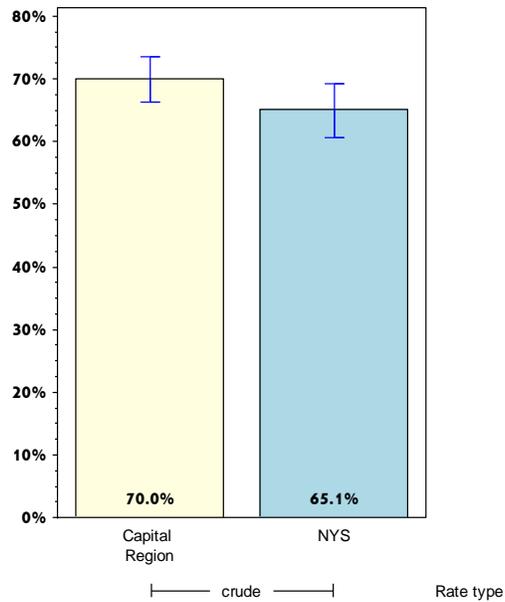
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	92,729	70.0	66.2	73.5	1,617,276	65.1	60.7	69.2
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	86,365	71.1	67.2	74.6	1,303,462	71.4	68.1	74.4
Black, NH		#			123,843	48.9 [^]	30.2	67.8
Hispanic		#			104,466	45.7 [^]	27.5	65.3
Other, NH		#			85,505	48.1 [^]	27.7	69.2
Sex								
Male	36,740	63.6	57.5	69.3	631,549	62.4	56.7	67.7
Female	55,989	74.9	70.2	79.2	985,727	66.9	60.5	72.7
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

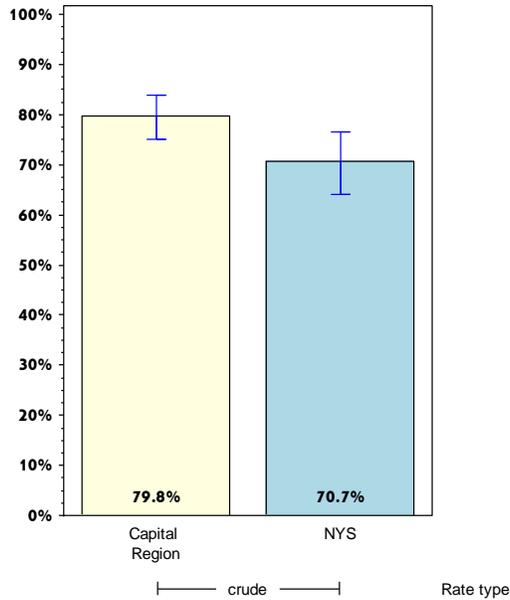
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	120,363	79.8	75.1	83.8	2,268,176	70.7	64.0	76.5
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	97,127	82.5	77.5	86.6	1,155,302	73.5	68.1	78.3
Black, NH		#			426,771	78.8 [^]	61.7	89.5
Hispanic		#			412,421	62.2 [^]	48.3	74.4
Other, NH		#			273,683	63.0 [^]	30.7	86.8
Sex								
Male		#				#		
Female	120,363	79.8	75.1	83.8	2,268,176	70.7	64.0	76.5
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

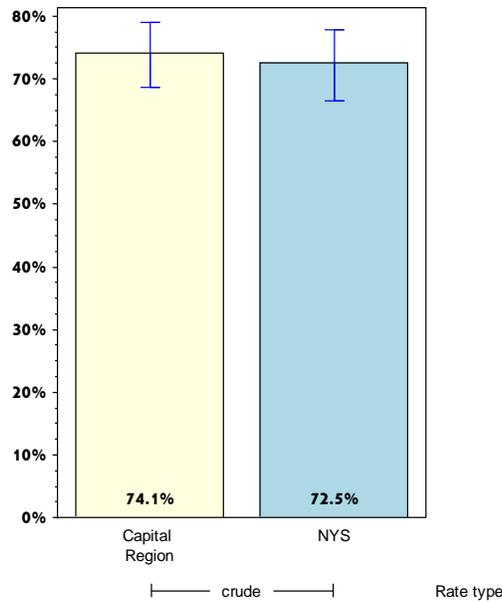
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	119,498	74.1	68.6	79.0	2,615,375	72.5	66.5	77.8
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	91,769	72.7	66.2	78.4	1,220,281	70.1	65.1	74.6
Black, NH	9,034	73.0 [^]	53.7	86.3	512,270	83.8 [^]	68.8	92.4
Hispanic	4,441	65.9 [^]	48.1	80.1	606,739	76.3 [^]	64.1	85.3
Other, NH		#			276,085	60.1 [^]	30.5	83.8
Sex								
Male		#				#		
Female	119,498	74.1	68.6	79.0	2,615,375	72.5	66.5	77.8
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

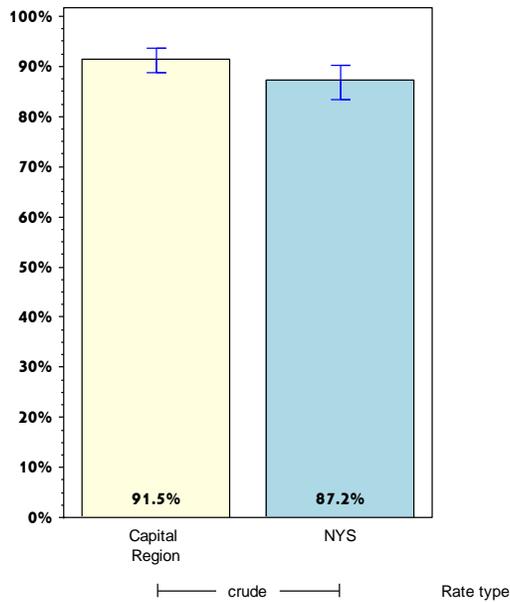
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	272,288	91.5	88.8	93.5	5,351,099	87.2	83.4	90.2
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	231,253	92.5	89.8	94.6	3,178,979	91.6	90.0	93.0
Black, NH	13,163	85.1 [^]	67.6	94.0	916,108	93.3	88.7	96.1
Hispanic	7,840	79.4 [^]	67.0	88.0	807,553	76.0	66.5	83.5
Other, NH	20,032	89.6 [^]	68.0	97.2	448,460	71.8 [^]	43.3	89.5
Sex								
Male		#				#		
Female	272,288	91.5	88.8	93.5	5,351,099	87.2	83.4	90.2
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

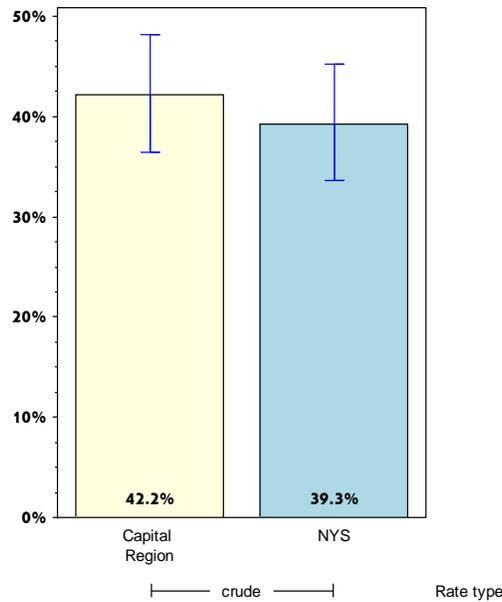
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	63,605	42.2	36.4	48.1	1,268,971	39.3	33.7	45.2
Age⁺								
18-24								
25-34								
35-44								
45-64								
65+								
Race								
White, NH	51,464	43.9	37.5	50.6	723,302	45.9	41.1	50.9
Black, NH		#			291,237	53.7 [^]	35.5	71.0
Hispanic		#			192,904	28.5 [^]	19.0	40.3
Other, NH		#			61,528	14.1 [^]	6.5	27.9
Sex								
Male		#				#		
Female	63,605	42.2	36.4	48.1	1,268,971	39.3	33.7	45.2
Age-adjusted^{+,&}								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

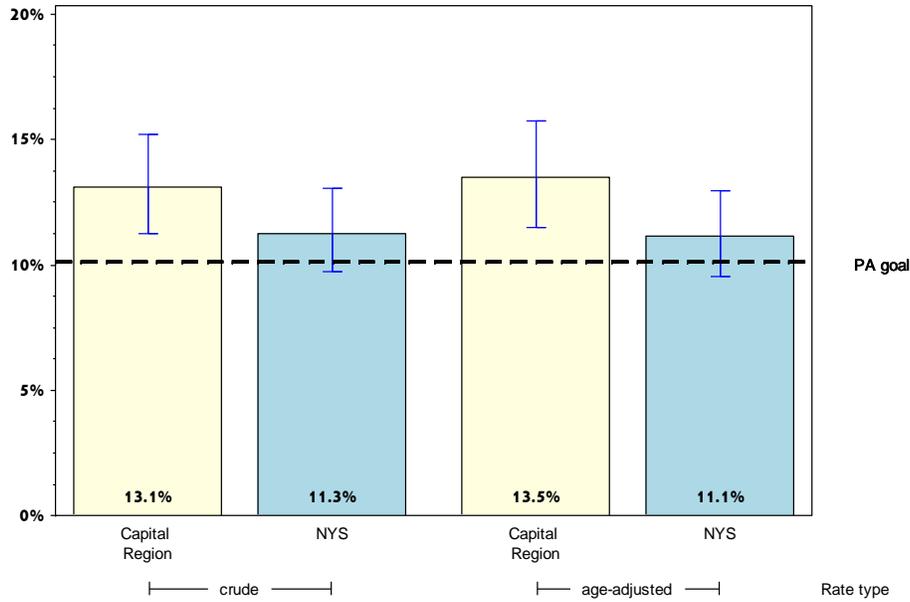
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	97,381	13.1	11.2	15.2	1,672,677	11.3	9.7	13.0
Age								
18-24	15,415	16.5	10.0	25.9	186,862	9.5	6.7	13.1
25-34	21,884	17.7	12.4	24.8	418,716	15.7	10.2	23.4
35-44	15,297	13.4	9.0	19.6	259,463	10.5	7.0	15.4
45-64	35,365	13.7	11.1	16.8	587,164	12.1	10.3	14.2
65+	8,895	6.3	4.5	8.8	175,961	6.7	4.9	9.0
Race								
White, NH	77,087	12.2	10.3	14.4	1,072,012	12.0	10.2	14.2
Black, NH	10,860	29.8 [^]	18.5	44.2	237,227	11.2	7.0	17.5
Hispanic	4,600	19.0	12.7	27.4	264,437	11.0	7.1	16.6
Other, NH	4,834	9.7 [^]	4.2	20.9	99,001	7.0	3.9	12.2
Sex								
Male	45,948	12.7	9.9	16.1	734,315	10.4	7.9	13.5
Female	51,433	13.5	11.2	16.2	938,362	12.1	10.2	14.2
Age-adjusted^{&}		13.5	11.5	15.7		11.1	9.6	13.0

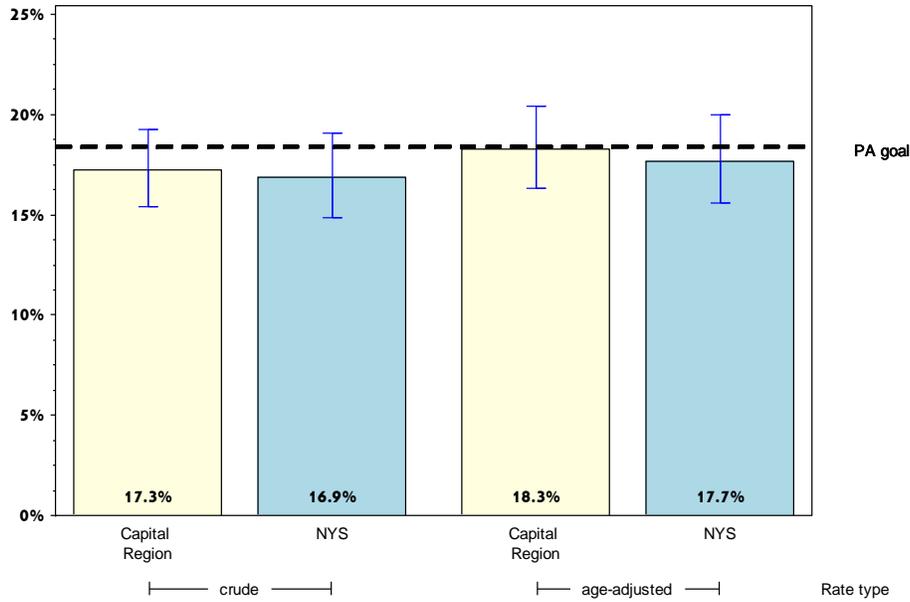
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	124,613	17.3	15.4	19.3	2,413,447	16.9	14.9	19.1
Age								
18-24	26,578	29.9 [^]	21.5	40.0	515,466	27.1	19.4	36.6
25-34	33,259	27.9	22.6	33.9	633,963	25.0	18.9	32.3
35-44	21,657	19.6	15.1	25.1	509,131	22.6	17.2	29.1
45-64	35,598	14.0	11.9	16.6	656,578	13.7	11.7	16.0
65+	6,695	4.8	3.4	6.8	86,636	3.4	2.7	4.2
Race								
White, NH	109,332	17.7	15.8	19.8	1,649,594	19.1	17.0	21.5
Black, NH	6,496	18.9 [^]	9.3	34.8	324,364	16.3 [^]	9.4	26.8
Hispanic	3,636	15.3	9.8	23.0	277,966	11.6	7.7	17.1
Other, NH	5,148	11.1 [^]	4.9	23.0	161,523	12.4	6.8	21.7
Sex								
Male	76,161	21.9	19.0	25.1	1,567,117	22.8	19.3	26.8
Female	48,452	12.9	10.7	15.5	846,330	11.4	9.6	13.4
Age-adjusted^{&}		18.3	16.3	20.4		17.7	15.6	20.0

* Men who have five or more drinks, women having four or more drinks on one occasion

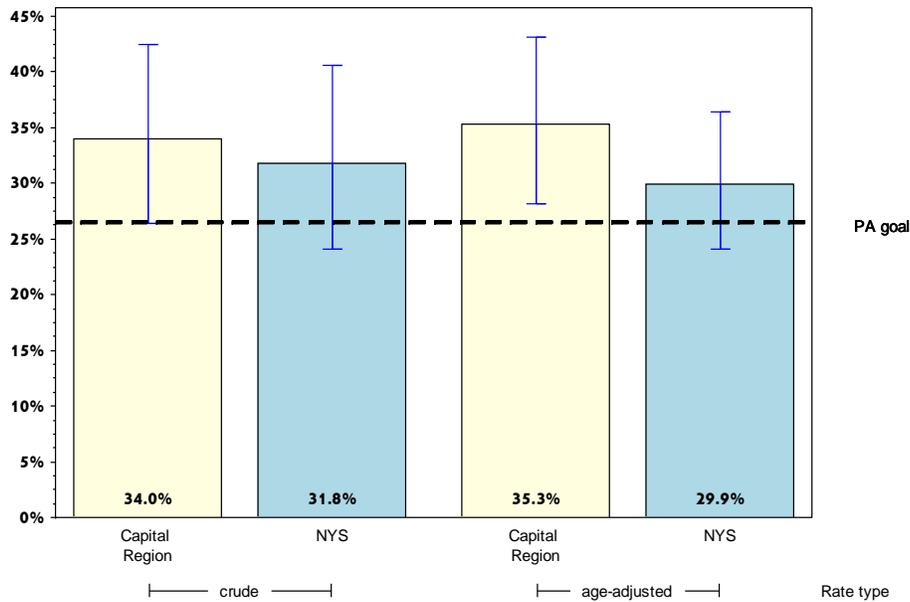
& Percent is age adjusted to the 2000 United States Population.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Capital Region

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Capital Region				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
Total	32,029	34.0	26.4	42.5	519,245	31.8	24.1	40.6
Age								
18-24	#	#			64,468	35.6 [^]	22.4	51.5
25-34	8,601	39.7 [^]	22.1	60.5	192,926	47.3 [^]	24.8	70.8
35-44	#	#			70,340	27.6 [^]	16.6	42.1
45-64	10,462	29.8 [^]	20.9	40.6	177,977	31.2	24.0	39.5
65+	#	#			13,368	7.7	4.1	13.9
Race								
White, NH	25,081	33.3	25.0	42.8	423,246	39.9 [^]	29.9	50.7
Black, NH	#	#			33,694	14.4 [^]	7.7	25.3
Hispanic	#	#			45,968	18.1 [^]	9.4	31.9
Other, NH	#	#			16,336	19.6 [^]	9.4	36.5
Sex								
Male	17,555	39.9 [^]	27.2	54.2	272,857	38.4 [^]	24.1	55.0
Female	14,474	28.8	20.8	38.5	246,388	26.7	20.7	33.8
Age-adjusted^{&}		35.3	28.2	43.2		29.9	24.1	36.4

& Percent is age adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).