

# eBRFSS 2013-2014 Health Indicators: Cayuga

General Description .....	2
Improve Health Status and Reduce Health Disparities .....	3
Percentage of adults who did not receive medical care because of cost .....	3
Percentage of adults who have a regular health care provider .....	4
Percentage of adults who had a dentist visit within the past year .....	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage .....	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year .....	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health .....	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases .....	13
Percentage of adults who are obese .....	13
Percentage of adults with an annual household income less than \$25,000 who are obese .....	14
Percentage of adults living with a disability who are obese .....	15
Percentage of adults overweight or obese .....	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily .....	18
Percentage of adults who consume fast-food three or more times per week .....	19
Percentage of adults with physician diagnosed diabetes .....	20
Percentage of adults who are current smokers .....	21
Percentage of adults with annual household income less than \$25,000 who are current smokers .....	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines .....	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines .....	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years .....	30
Percentage of adults with physician-diagnosed prediabetes .....	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication .....	33
Percentage of adults with current asthma .....	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition .....	37
Percentage of adults with arthritis .....	38
Promote a Healthy and Safe Environment .....	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year .....	43
Percentage of adults aged 65+ years with flu immunization in the past year .....	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children .....	46
Percentage of women aged 18-44 years who had dental visit within the last year .....	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage .....	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy .....	49
Promote Mental Health and Prevention Substance Abuse .....	50
Percentage of adults with poor mental health for 14 or more days in the last month .....	50
Percentage of adult binge drinking during the past month .....	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

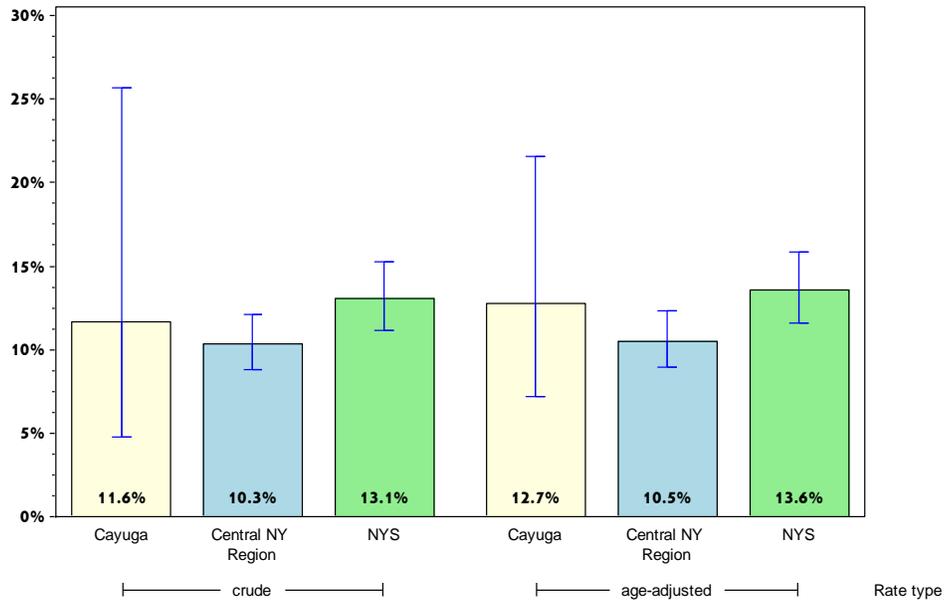
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Cayuga

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	7,279	11.6 <sup>^</sup>	(4.8-25.6)	82,640	10.3	(8.8-12.1)
<b>Age</b>		#				
18-24		#		17,357	14.5	(8.8-22.9)
25-34		#		14,687	12.8	(8.7-18.3)
35-44		#		13,209	11.1	(7.7-15.6)
45-64	2,626	11.3	(5.9-20.5)	33,101	11.8	(9.6-14.4)
65+		#		3,151	2.0	(1.1-3.6)
<b>Race</b>						
White, NH	3,118	6.1	(3.5-10.5)	60,843	8.9	(7.6-10.4)
Black, NH		#		13,297	27.9 <sup>^</sup>	(15.9-44.1)
Hispanic		#		5,887	19.8 <sup>^</sup>	(10.4-34.5)
Other, NH		#			#	
<b>Sex</b>						
male		#		36,372	9.4	(7.5-11.7)
female	5,224	17.1 <sup>^</sup>	(5.3-43.1)	46,268	11.2	(9.0-14.0)
<b>Age-adjusted<sup>&amp;</sup></b>		12.7	(7.2-21.6)		10.5	(8.9-12.3)

\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

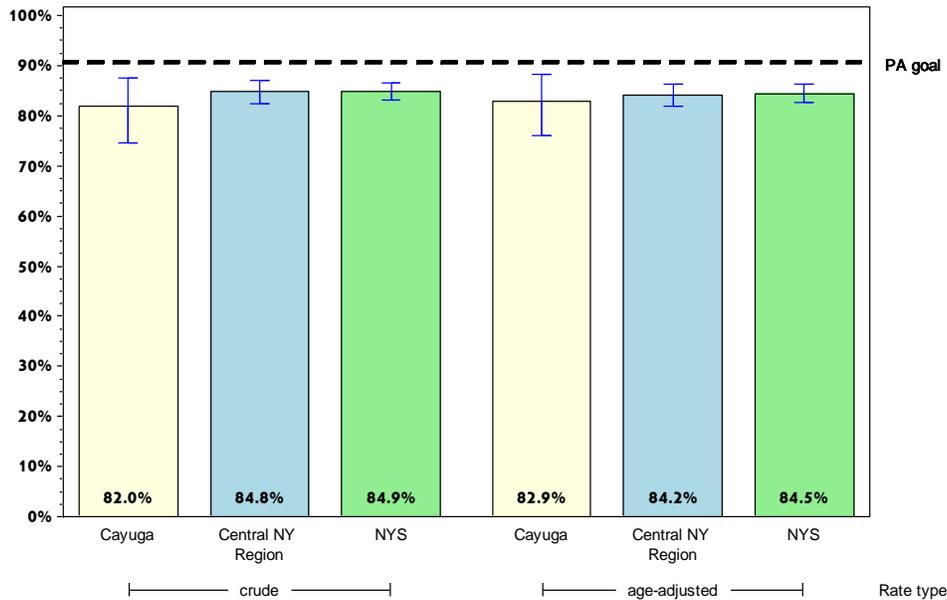
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who have a regular health care provider



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	51,233	82.0	(74.6-87.6)	678,119	84.8	(82.5-86.9)
<b>Age</b>						
18-24		#		77,821	64.9 <sup>^</sup>	(54.5-74.0)
25-34		#		88,097	76.7	(70.0-82.3)
35-44		#		100,184	83.2	(75.3-88.9)
45-64	19,890	85.3	(76.9-91.0)	259,484	92.3	(90.2-93.9)
65+	11,679	91.7 <sup>^</sup>	(76.6-97.4)	143,879	93.9	(90.1-96.3)
<b>Race</b>						
White, NH	43,146	84.4	(77.1-89.7)	599,184	87.3	(85.0-89.3)
Black, NH		#		32,851	67.6 <sup>^</sup>	(52.1-80.0)
Hispanic		#		19,132	64.4 <sup>^</sup>	(47.8-78.1)
Other, NH		#		26,953	77.7 <sup>^</sup>	(64.3-87.1)
<b>Sex</b>						
male	23,802	74.8 <sup>^</sup>	(63.2-83.6)	305,662	78.7	(74.7-82.3)
female	27,431	89.5	(80.9-94.5)	372,457	90.6	(88.2-92.5)
<b>Age-adjusted<sup>&amp;</sup></b>		82.9	(75.9-88.1)		84.2	(81.8-86.3)

& Percent is age-adjusted to the 2000 United States Population.

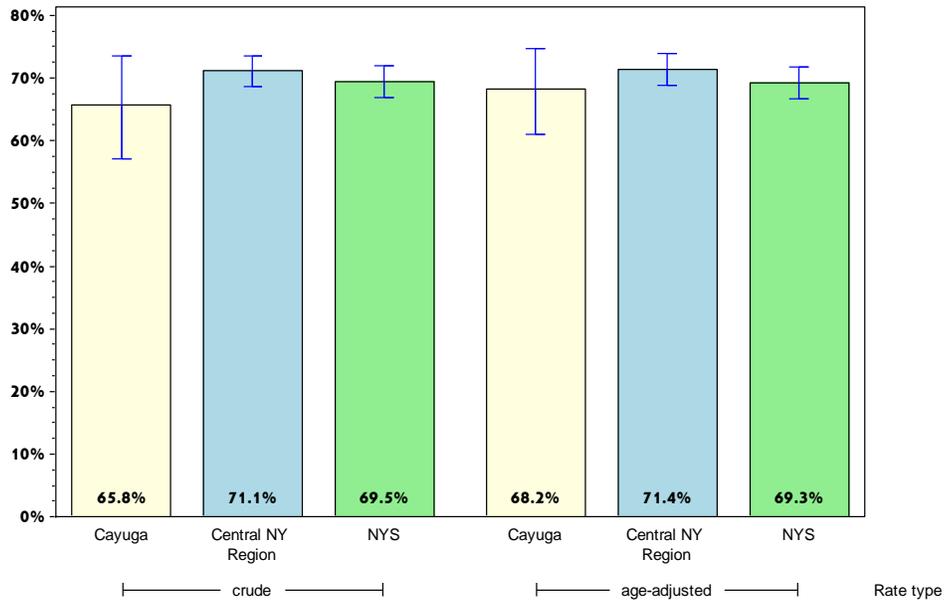
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# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who had a dentist visit within the past year



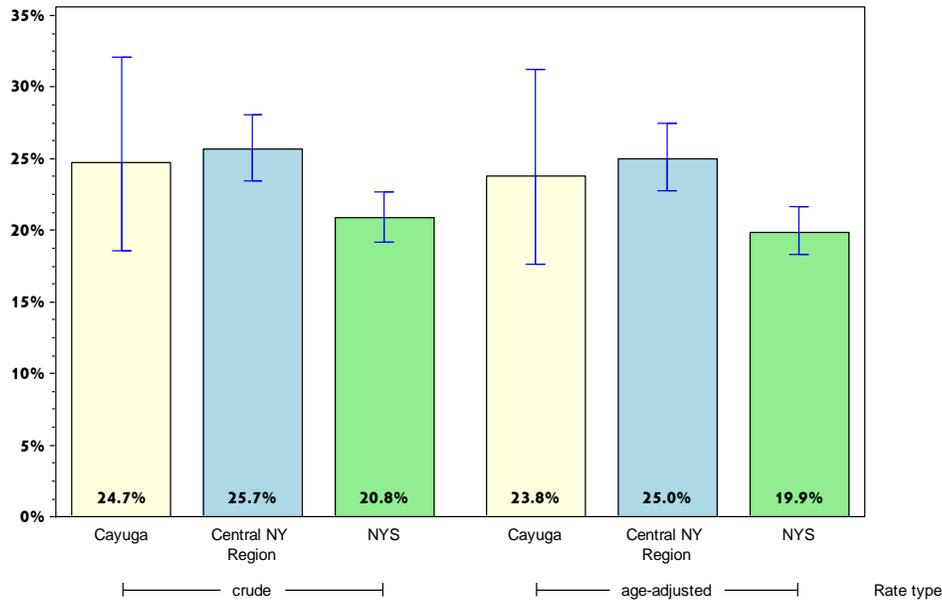
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	39,599	65.8	(57.2-73.5)	534,407	71.1	(68.6-73.5)
<b>Age</b>		#				
18-24		#		82,518	72.1	(63.5-79.4)
25-34		#		74,301	70.2	(62.4-77.0)
35-44		#		85,568	75.9	(69.3-81.5)
45-64	14,625	63.5 <sup>^</sup>	(51.6-74.0)	193,071	72.9	(69.3-76.2)
65+	5,889	48.0	(38.3-58.0)	93,810	63.8	(59.0-68.4)
<b>Race</b>						
White, NH	33,348	68.1	(60.5-74.8)	466,489	72.0	(69.5-74.4)
Black, NH		#		30,825	66.3 <sup>^</sup>	(52.1-78.1)
Hispanic		#		16,448	63.6 <sup>^</sup>	(48.0-76.7)
Other, NH		#		20,645	65.3 <sup>^</sup>	(49.7-78.1)
<b>Sex</b>						
male	18,156	60.1 <sup>^</sup>	(48.6-70.6)	250,463	68.1	(64.4-71.7)
female	21,442	71.6 <sup>^</sup>	(59.1-81.4)	283,944	73.9	(70.6-77.0)
<b>Age-adjusted<sup>&amp;</sup></b>		68.2	(61.0-74.7)		71.4	(68.8-73.9)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	15,386	24.7	(18.6-32.1)	201,979	25.7	(23.4-28.1)
<b>Age</b>		#				
18-24		#		15,357	13.0	(8.2-19.9)
25-34		#		16,610	14.9	(10.3-20.9)
35-44		#		29,031	24.4	(18.4-31.5)
45-64	6,390	27.5	(19.8-36.7)	87,967	31.8	(28.1-35.6)
65+	3,812	29.9	(22.1-39.1)	51,609	34.0	(29.7-38.7)
<b>Race</b>						
White, NH	13,802	27.2	(20.7-34.8)	178,968	26.5	(24.1-29.1)
Black, NH		#		8,919	18.6 <sup>^</sup>	(10.9-29.8)
Hispanic		#		9,726	32.7 <sup>^</sup>	(20.5-47.9)
Other, NH		#		4,366	12.7	(7.4-21.0)
<b>Sex</b>						
male	7,447	23.6 <sup>^</sup>	(15.3-34.4)	86,850	22.7	(19.6-26.0)
female	7,939	26.0 <sup>^</sup>	(17.4-36.8)	115,129	28.5	(25.3-31.9)
<b>Age-adjusted<sup>&amp;</sup></b>		23.8	(17.6-31.3)		25.0	(22.8-27.4)

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

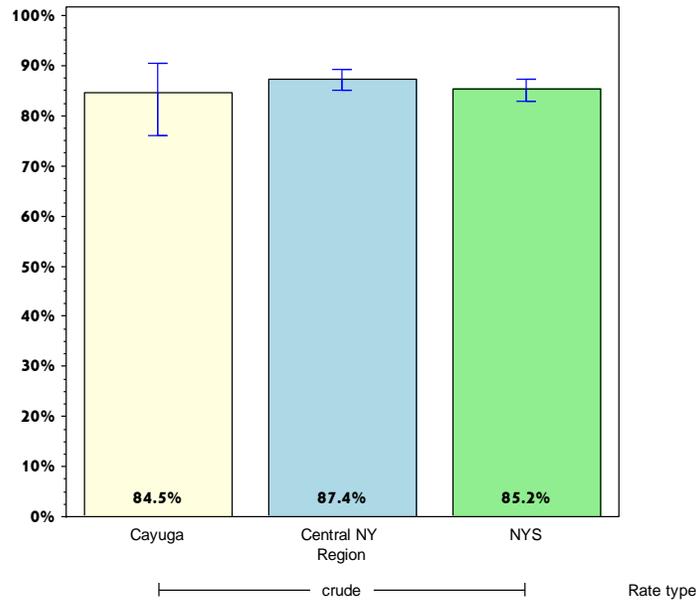
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults aged 18-64 years with healthcare coverage



#### Cayuga County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	40,905	84.5	(76.0-90.3)	548,937	87.4	(85.1-89.3)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	33,396	86.5	(78.3-91.9)	474,023	89.6	(87.4-91.4)
Black, NH		#		29,543	67.4 <sup>^</sup>	(52.3-79.5)
Hispanic		#		21,208	77.9 <sup>^</sup>	(62.8-88.0)
Other, NH		#		24,163	86.1 <sup>^</sup>	(71.6-93.9)
<b>Sex</b>						
male	20,726	81.8 <sup>^</sup>	(69.2-90.0)	252,448	82.6	(78.8-85.9)
female	20,179	87.4 <sup>^</sup>	(75.1-94.1)	296,489	91.9	(89.6-93.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

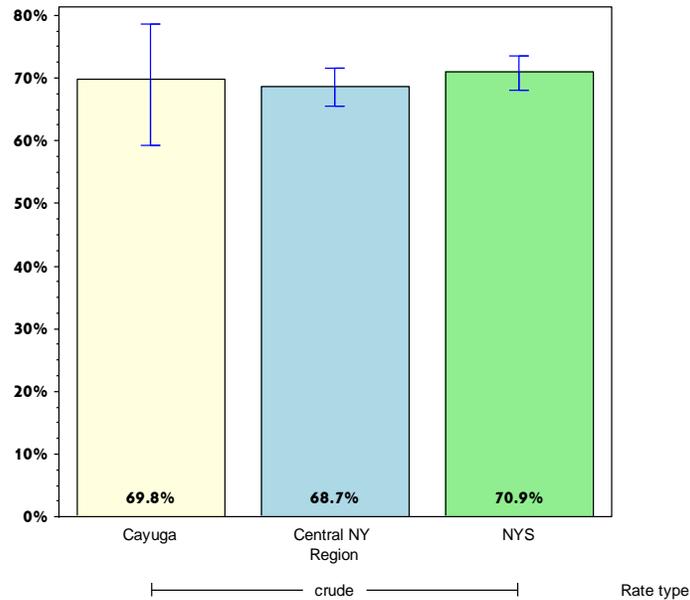
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	33,763	69.8 <sup>^</sup>	(59.3-78.6)	433,995	68.7	(65.5-71.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	25,845	68.0 <sup>^</sup>	(57.4-77.1)	359,569	67.5	(64.1-70.8)
Black, NH		#		36,143	81.4 <sup>^</sup>	(69.1-89.5)
Hispanic		#		19,995	73.4 <sup>^</sup>	(58.8-84.2)
Other, NH		#		18,289	65.2 <sup>^</sup>	(48.2-79.1)
<b>Sex</b>						
male	15,538	60.9 <sup>^</sup>	(46.5-73.7)	191,802	61.5	(56.7-66.2)
female	18,225	79.7 <sup>^</sup>	(68.0-87.8)	242,193	75.6	(71.9-79.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

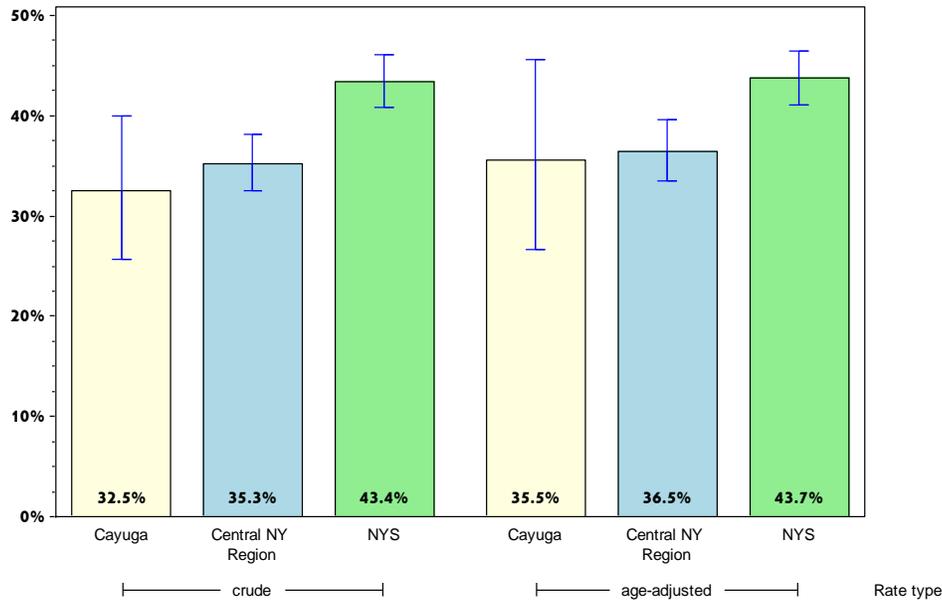
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing housing insecurity in the past 12 months\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	18,133	32.5	(25.7-40.0)	254,882	35.3	(32.5-38.1)
<b>Age</b>						
18-24		#		37,485	39.2 <sup>^</sup>	(28.9-50.6)
25-34		#		41,048	41.2	(32.6-50.4)
35-44		#		48,766	44.1	(36.4-52.1)
45-64	7,311	32.1 <sup>^</sup>	(23.3-42.3)	99,322	37.5	(33.6-41.5)
65+	2,749	21.8	(14.9-30.6)	25,648	17.7	(14.6-21.4)
<b>Race</b>						
White, NH	15,760	32.3	(25.5-40.1)	206,175	33.1	(30.3-36.2)
Black, NH		#		21,502	51.1 <sup>^</sup>	(36.2-65.9)
Hispanic		#		18,595	68.0 <sup>^</sup>	(52.1-80.6)
Other, NH		#		8,609	27.5 <sup>^</sup>	(16.4-42.2)
<b>Sex</b>						
male	8,457	28.7 <sup>^</sup>	(19.3-40.4)	112,700	32.0	(27.9-36.5)
female	9,676	36.7 <sup>^</sup>	(27.6-46.7)	142,182	38.4	(34.6-42.2)
<b>Age-adjusted<sup>&amp;</sup></b>		35.5 <sup>^</sup>	(26.6-45.6)		36.5	(33.4-39.6)

\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

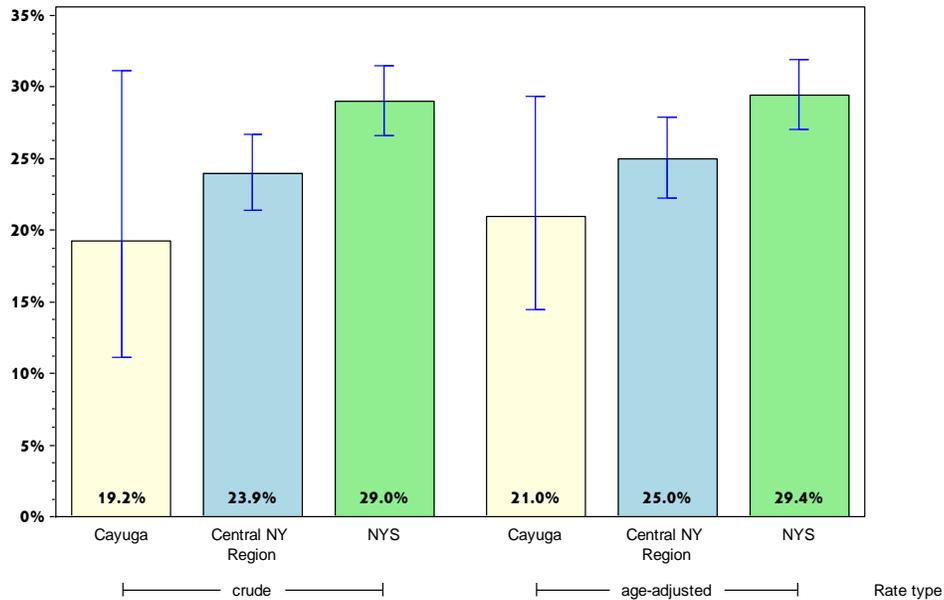
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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing food insecurity in the past 12 months\*



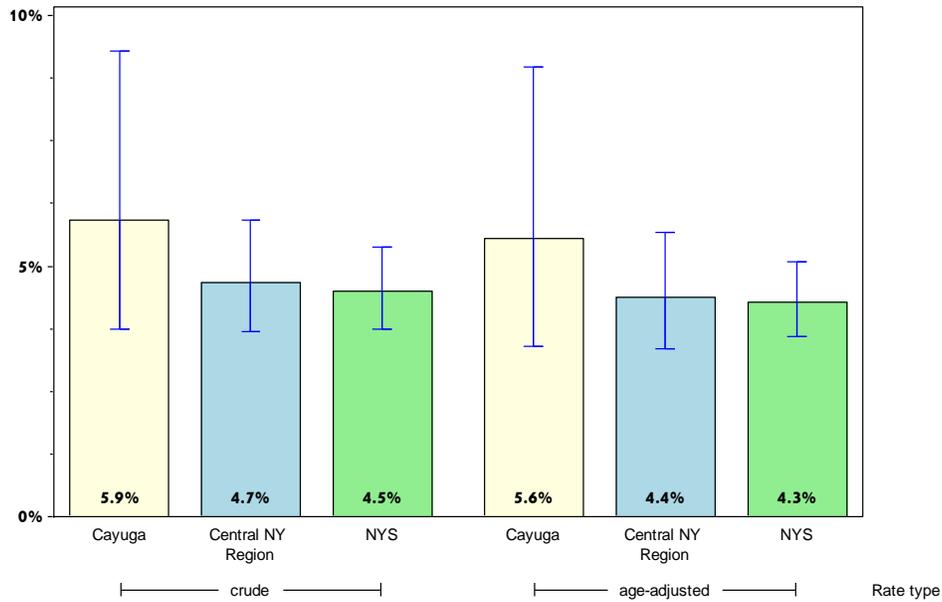
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	11,577	19.2 <sup>^</sup>	(11.1-31.2)	184,140	23.9	(21.4-26.7)
<b>Age</b>						
18-24	#	#		37,047	31.9 <sup>^</sup>	(22.9-42.3)
25-34	#	#		35,326	32.8 <sup>^</sup>	(23.7-43.4)
35-44	#	#		33,267	29.0	(22.9-35.9)
45-64	3,931	17.1	(10.9-25.8)	64,611	23.8	(20.7-27.3)
65+	842	6.7	(3.4-12.9)	12,311	8.2	(6.0-11.0)
<b>Race</b>						
White, NH	7,220	14.8	(10.5-20.3)	145,175	22.0	(19.3-24.9)
Black, NH	#	#		21,475	46.1 <sup>^</sup>	(31.5-61.3)
Hispanic	#	#		9,485	32.8 <sup>^</sup>	(20.6-47.9)
Other, NH	#	#		8,006	24.8 <sup>^</sup>	(14.2-39.7)
<b>Sex</b>						
male	2,125	7.1	(3.6-13.7)	71,782	19.1	(15.8-23.0)
female	9,452	31.3 <sup>^</sup>	(17.2-49.8)	112,358	28.5	(24.7-32.6)
<b>Age-adjusted<sup>&amp;</sup></b>		21.0	(14.4-29.4)		25.0	(22.2-27.9)

\* Worried or stressed about having enough money to buy nutritious meals.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,686	5.9	(3.7-9.3)	37,110	4.7	(3.7-5.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,683	7.3	(3.9-13.2)	20,709	7.4	(5.4-10.2)
65+	912	7.2	(3.4-14.4)	8,009	5.2	(3.9-7.0)
<b>Race</b>						
White, NH	3,118	6.1	(3.8-9.9)	31,424	4.6	(3.5-6.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		18,540	4.8	(3.3-6.9)
female	2,718	8.9	(5.1-15.1)	18,570	4.5	(3.3-6.1)
<b>Age-adjusted<sup>&amp;</sup></b>		5.6	(3.4-9.0)		4.4	(3.4-5.7)

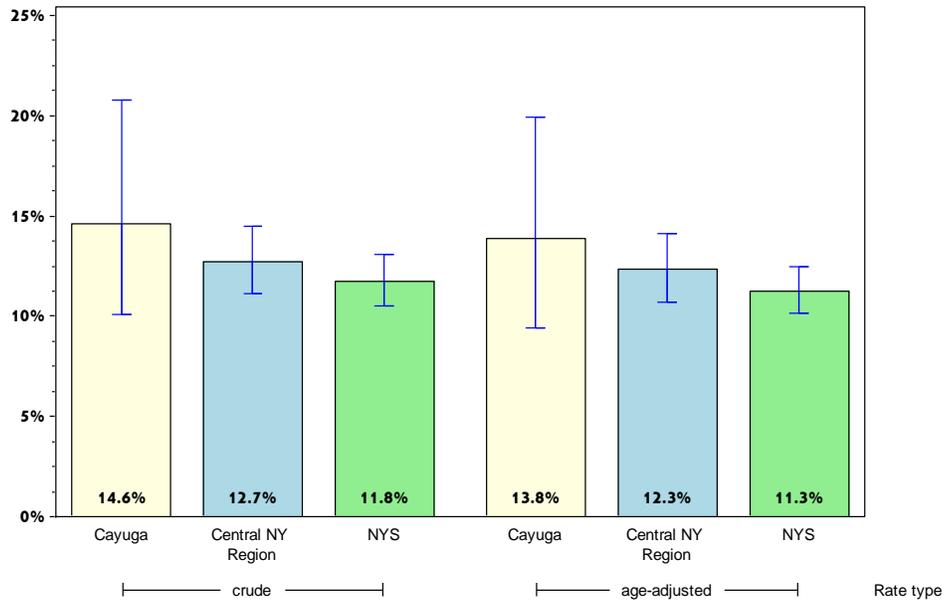
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,954	14.6	(10.1-20.8)	99,092	12.7	(11.1-14.5)
<b>Age</b>						
18-24		#		7,266	6.3	(3.7-10.4)
25-34		#		9,276	8.2	(5.0-13.2)
35-44		#		13,032	10.9	(7.1-16.5)
45-64	3,506	15.7	(10.3-23.1)	47,772	17.4	(14.4-20.8)
65+	1,963	16.1	(9.8-25.3)	20,832	14.2	(11.6-17.4)
<b>Race</b>						
White, NH	8,386	16.6	(11.5-23.4)	86,267	12.9	(11.2-14.8)
Black, NH		#		3,917	8.5	(4.3-16.2)
Hispanic		#		6,628	22.9 <sup>^</sup>	(12.6-37.9)
Other, NH		#		2,279	6.9	(3.5-13.3)
<b>Sex</b>						
male	4,020	12.9 <sup>^</sup>	(6.7-23.4)	39,487	10.4	(8.5-12.7)
female	4,934	16.4	(10.6-24.6)	59,604	14.9	(12.5-17.7)
<b>Age-adjusted<sup>&amp;</sup></b>		13.8	(9.4-19.9)		12.3	(10.7-14.1)

\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

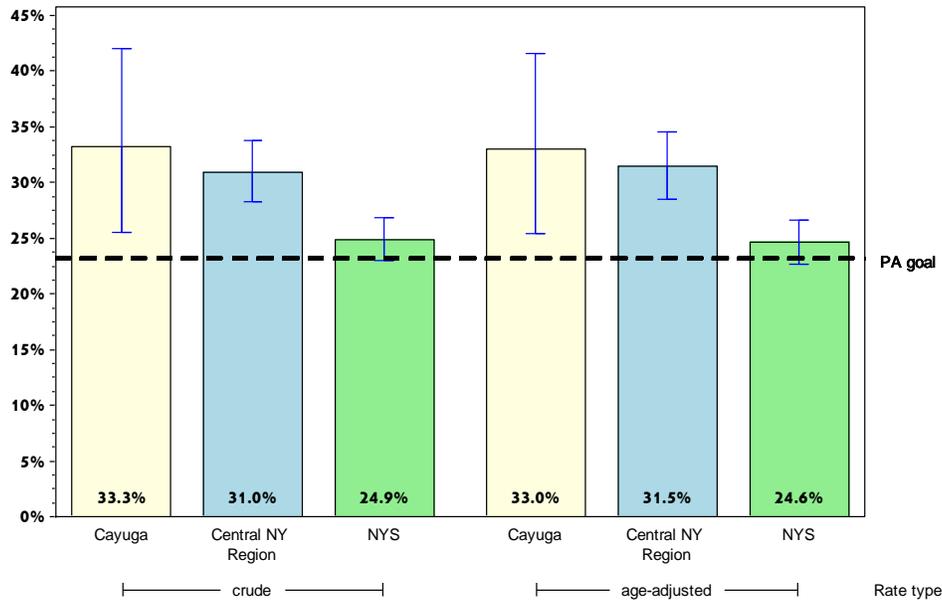
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	19,584	33.3	(25.5-42.0)	232,180	31.0	(28.3-33.7)
<b>Age</b>						
18-24		#		15,545	14.4 <sup>^</sup>	(7.9-24.9)
25-34		#		36,786	34.9 <sup>^</sup>	(25.5-45.5)
35-44		#		39,745	34.8	(27.2-43.3)
45-64	7,344	33.2 <sup>^</sup>	(24.2-43.7)	94,910	35.5	(31.8-39.3)
65+	4,089	33.0 <sup>^</sup>	(23.6-44.0)	44,163	29.4	(25.1-34.1)
<b>Race</b>						
White, NH	17,887	37.1	(29.4-45.6)	199,420	31.0	(28.2-34.0)
Black, NH		#		13,119	27.7 <sup>^</sup>	(16.3-42.9)
Hispanic		#		15,166	55.4 <sup>^</sup>	(39.2-70.6)
Other, NH		#		4,476	13.7 <sup>^</sup>	(7.5-23.7)
<b>Sex</b>						
male	12,371	39.3 <sup>^</sup>	(28.7-51.0)	112,660	29.6	(25.9-33.5)
female	7,212	26.3 <sup>^</sup>	(17.1-38.3)	119,520	32.4	(28.6-36.4)
<b>Age-adjusted<sup>&amp;</sup></b>		33.0	(25.4-41.6)		31.5	(28.5-34.6)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

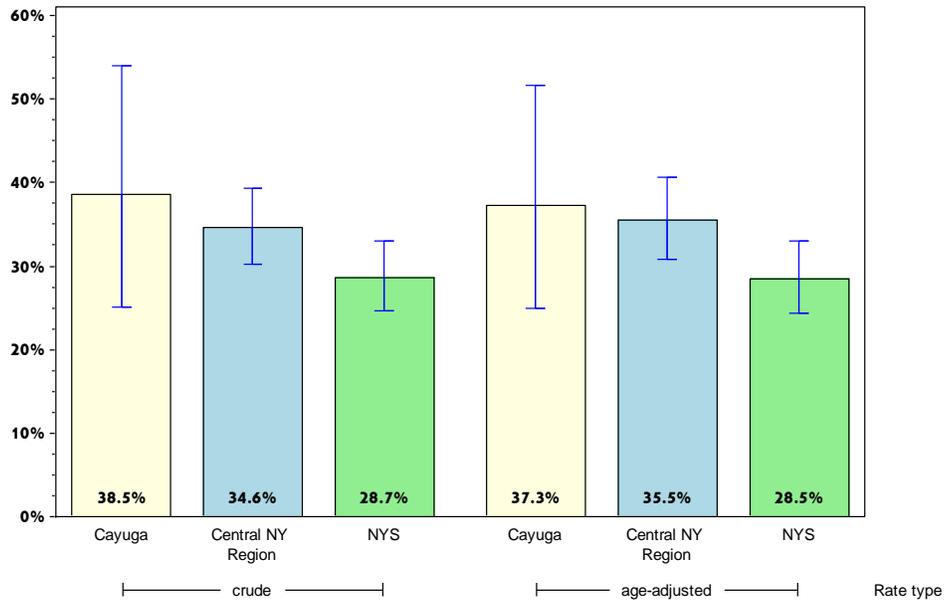
# Rates with  $< 10$  in the numerator or  $< 50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	6,475	38.5 <sup>^</sup>	(25.1-54.0)	68,476	34.6	(30.2-39.3)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		12,831	45.4 <sup>^</sup>	(31.6-60.0)
35-44		#		9,132	34.1 <sup>^</sup>	(22.1-48.6)
45-64		#		27,821	42.7	(34.9-51.0)
65+	1,823	39.7 <sup>^</sup>	(22.1-60.4)	15,200	32.8	(26.0-40.4)
<b>Race</b>						
White, NH	5,419	40.7 <sup>^</sup>	(25.5-57.8)	53,173	35.0	(30.1-40.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		24,619	27.2	(21.4-33.8)
female	3,747	50.5 <sup>^</sup>	(31.5-69.3)	43,857	41.0	(34.8-47.4)
<b>Age-adjusted<sup>&amp;</sup></b>		37.3 <sup>^</sup>	(24.9-51.6)		35.5	(30.8-40.6)

\* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

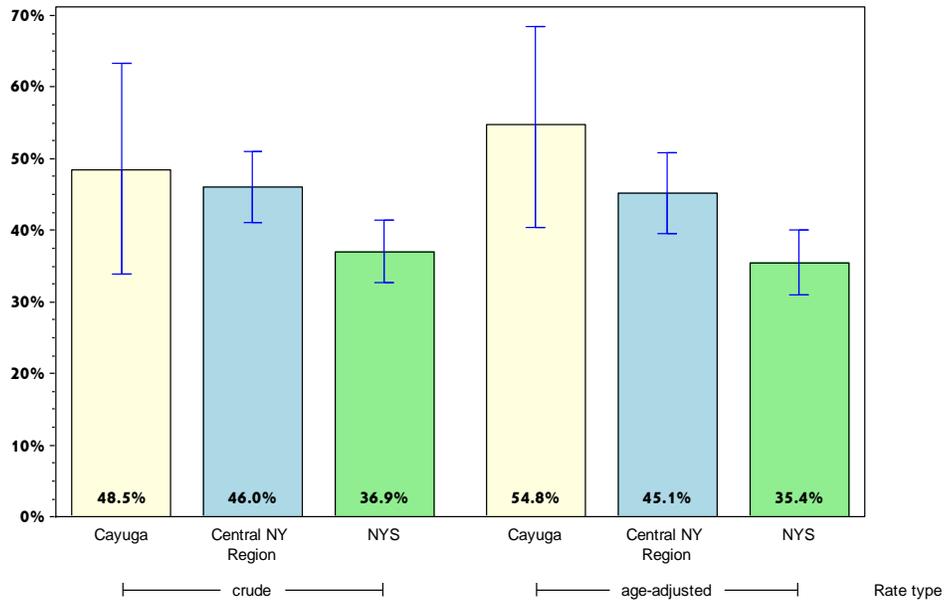
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults living with a disability who are obese\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	7,209	48.5 <sup>^</sup>	(33.9-63.3)	90,164	46.0	(41.0-51.0)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		14,949	51.5 <sup>^</sup>	(36.4-66.3)
45-64	2,120	35.2 <sup>^</sup>	(20.4-53.5)	40,972	47.6	(40.3-55.0)
65+	1,422	38.8 <sup>^</sup>	(24.3-55.6)	23,313	46.4	(38.3-54.7)
<b>Race</b>						
White, NH	6,600	49.7 <sup>^</sup>	(34.3-65.2)	79,282	45.6	(40.4-51.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		34,300	39.8	(32.6-47.5)
female	4,182	56.0 <sup>^</sup>	(38.3-72.3)	55,865	50.8	(44.3-57.4)
<b>Age-adjusted<sup>&amp;</sup></b>		54.8 <sup>^</sup>	(40.4-68.5)		45.1	(39.6-50.8)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

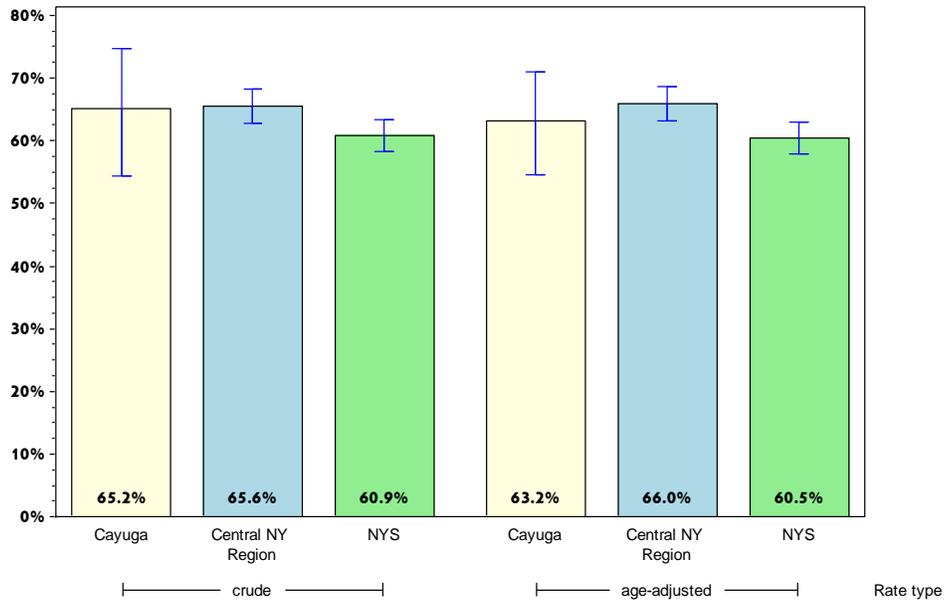
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	38,379	65.2 <sup>^</sup>	(54.3-74.7)	491,602	65.6	(62.8-68.2)
<b>Age</b>						
18-24		#		40,117	37.3	(28.4-47.1)
25-34		#		73,113	69.3	(61.5-76.1)
35-44		#		79,731	69.8	(62.5-76.3)
45-64	15,704	71.0 <sup>^</sup>	(58.4-81.0)	188,285	70.4	(66.3-74.1)
65+	9,316	75.2	(66.9-82.1)	107,465	71.6	(67.1-75.7)
<b>Race</b>						
White, NH	34,801	72.2	(64.3-78.9)	427,099	66.5	(63.7-69.1)
Black, NH		#		32,244	68.1 <sup>^</sup>	(52.1-80.7)
Hispanic		#		19,919	72.8 <sup>^</sup>	(54.0-85.9)
Other, NH		#		12,340	37.8 <sup>^</sup>	(24.7-52.9)
<b>Sex</b>						
male	23,791	75.6 <sup>^</sup>	(63.7-84.5)	273,320	71.7	(68.0-75.2)
female	14,588	53.3 <sup>^</sup>	(37.5-68.4)	218,282	59.2	(55.2-63.0)
<b>Age-adjusted<sup>&amp;</sup></b>		63.2	(54.5-71.1)		66.0	(63.2-68.7)

\* Defined as a Body Mass Index (BMI)  $\geq 25$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

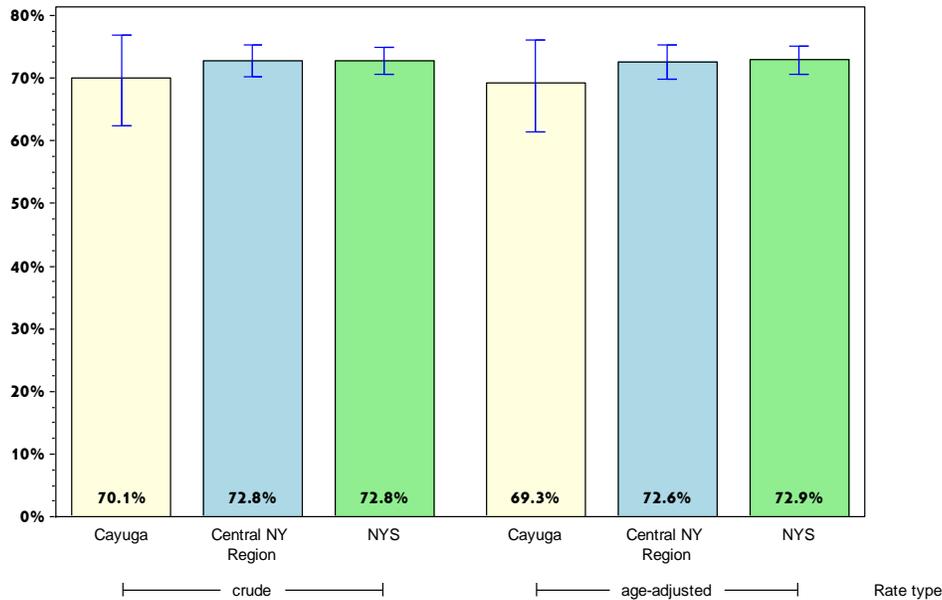
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



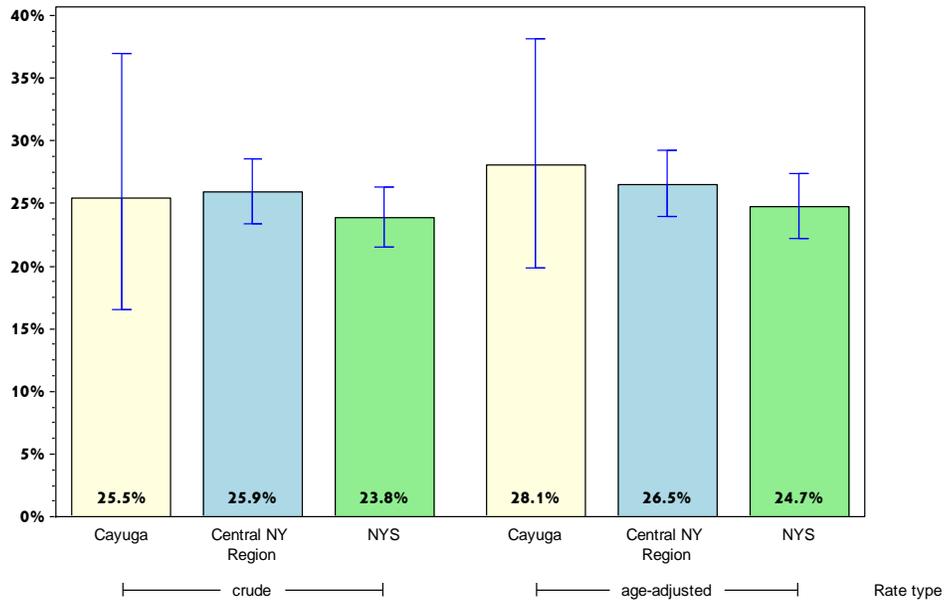
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	42,693	70.1	(62.3-76.8)	563,442	72.8	(70.3-75.2)
<b>Age</b>		#				
18-24		#		96,352	82.5	(73.4-89.0)
25-34		#		82,776	76.0	(68.5-82.2)
35-44		#		78,437	68.2	(60.1-75.4)
45-64	15,304	66.1	(56.5-74.6)	196,782	72.0	(68.4-75.4)
65+	8,830	69.6 <sup>^</sup>	(58.7-78.6)	103,254	68.3	(63.9-72.4)
<b>Race</b>						
White, NH	34,439	69.4	(62.1-75.9)	490,619	73.8	(71.2-76.3)
Black, NH		#		32,621	70.0 <sup>^</sup>	(56.7-80.6)
Hispanic		#		16,954	59.3 <sup>^</sup>	(43.4-73.5)
Other, NH		#		23,247	68.6 <sup>^</sup>	(52.7-81.0)
<b>Sex</b>						
male	20,745	68.3 <sup>^</sup>	(57.0-77.8)	278,507	73.9	(69.8-77.6)
female	21,948	71.8 <sup>^</sup>	(61.2-80.4)	284,934	71.8	(68.5-74.9)
<b>Age-adjusted<sup>&amp;</sup></b>		69.3	(61.4-76.1)		72.6	(69.9-75.2)

\* Any physical activities or exercises such as running or walking  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	15,400	25.5 <sup>^</sup>	(16.6-37.0)	196,097	25.9	(23.4-28.5)
<b>Age</b>						
18-24		#		54,522	47.5 <sup>^</sup>	(37.4-57.9)
25-34		#		32,193	30.1	(23.2-38.1)
35-44		#		32,536	28.6	(22.5-35.6)
45-64	3,626	15.7	(9.9-24.2)	54,987	20.7	(17.6-24.2)
65+	1,534	12.4	(7.3-20.4)	21,285	14.4	(11.4-18.0)
<b>Race</b>						
White, NH	10,072	20.5	(14.4-28.2)	156,050	23.9	(21.5-26.5)
Black, NH		#		20,180	43.4 <sup>^</sup>	(28.7-59.4)
Hispanic		#		12,492	45.9 <sup>^</sup>	(30.4-62.2)
Other, NH		#		7,376	23.0 <sup>^</sup>	(12.7-38.0)
<b>Sex</b>						
male	8,510	28.2 <sup>^</sup>	(18.6-40.2)	113,761	30.8	(27.0-34.8)
female	6,890	22.8 <sup>^</sup>	(9.7-44.7)	82,336	21.2	(18.1-24.7)
<b>Age-adjusted<sup>&amp;</sup></b>		28.1 <sup>^</sup>	(19.8-38.2)		26.5	(24.0-29.2)

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

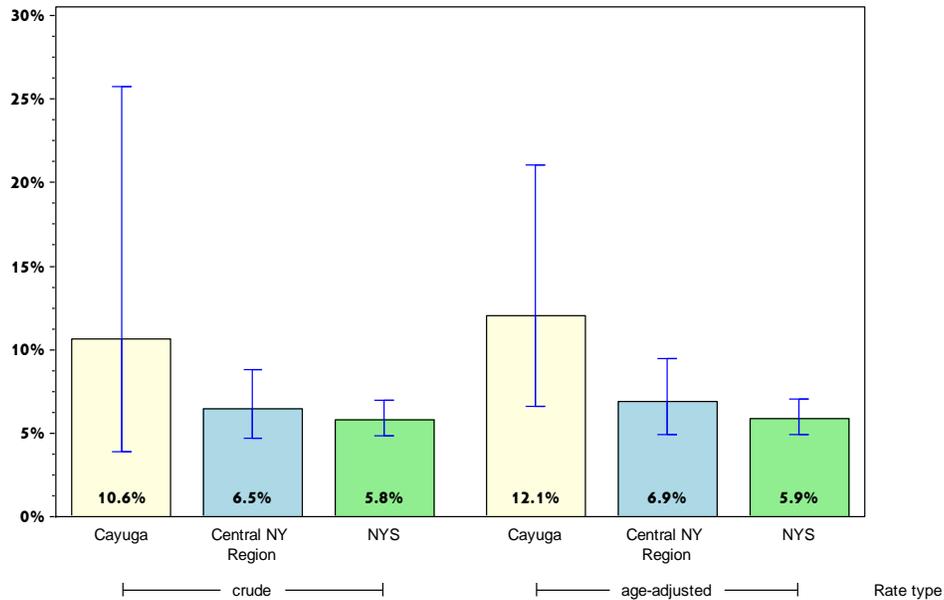
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults who consume fast-food three or more times per week



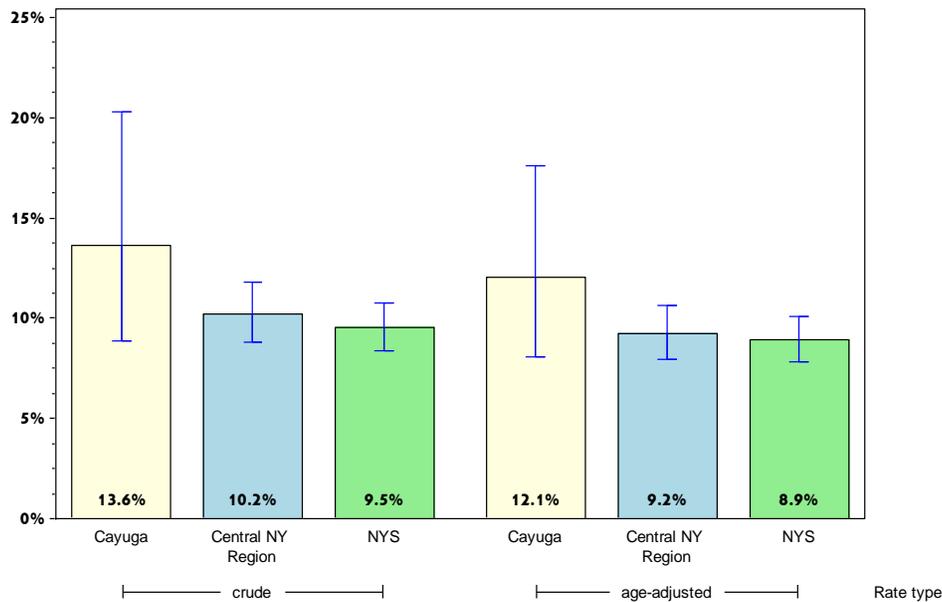
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	6,415	10.6 <sup>^</sup>	(3.9-25.7)	48,560	6.5	(4.7-8.8)
<b>Age</b>		#				
18-24		#		15,881	13.8	(8.3-22.3)
25-34		#		13,958	13.1 <sup>^</sup>	(5.8-27.2)
35-44		#		7,133	6.3	(3.8-10.1)
45-64		#		9,229	3.5	(2.4-5.1)
65+		#		2,357	1.6	(1.0-2.5)
<b>Race</b>						
White, NH	2,503	5.1	(3.0-8.6)	36,435	5.6	(3.9-8.1)
Black, NH		#		8,233	17.9 <sup>^</sup>	(7.7-36.2)
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	1,846	6.1	(3.2-11.5)	22,355	6.1	(4.7-7.8)
female	4,569	15.1 <sup>^</sup>	(3.9-43.7)	26,205	6.8	(4.0-11.4)
<b>Age-adjusted<sup>&amp;</sup></b>		12.1	(6.6-21.0)		6.9	(4.9-9.5)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with physician diagnosed diabetes\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,554	13.6	(8.9-20.3)	81,750	10.2	(8.8-11.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		5,759	4.8	(2.8-8.0)
45-64	4,973	21.3 <sup>^</sup>	(11.8-35.5)	40,265	14.3	(11.3-18.0)
65+	2,653	20.6	(14.0-29.3)	32,274	20.9	(17.7-24.4)
<b>Race</b>						
White, NH	6,353	12.4	(8.7-17.2)	69,888	10.2	(8.7-11.9)
Black, NH		#		4,062	8.3	(4.2-15.9)
Hispanic		#		4,507	15.2 <sup>^</sup>	(7.4-28.4)
Other, NH		#		3,293	9.5 <sup>^</sup>	(3.7-22.2)
<b>Sex</b>						
male	3,746	11.7	(7.0-18.8)	37,190	9.6	(8.0-11.5)
female	4,808	15.6 <sup>^</sup>	(8.1-28.0)	44,560	10.8	(8.7-13.4)
<b>Age-adjusted<sup>&amp;</sup></b>		12.1	(8.1-17.6)		9.2	(8.0-10.6)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

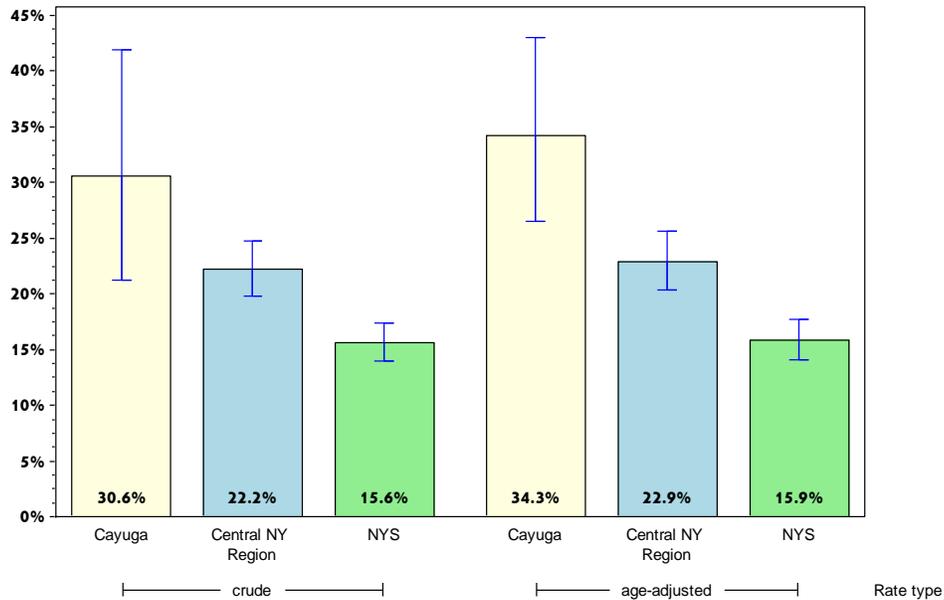
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



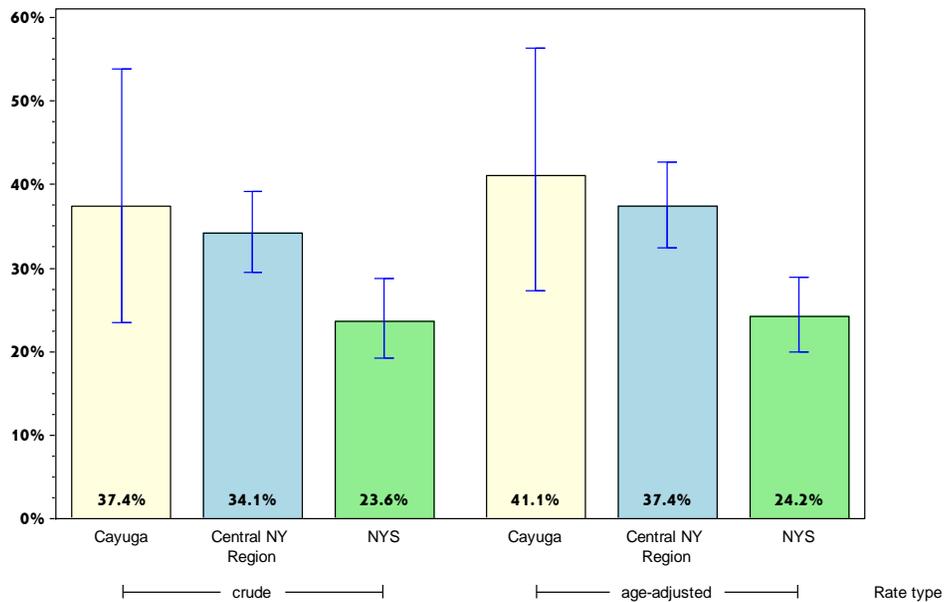
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	18,620	30.6 <sup>^</sup>	(21.2-41.9)	173,163	22.2	(19.9-24.8)
<b>Age</b>		#				
18-24		#		34,340	29.1	(20.8-39.1)
25-34		#		24,697	22.4	(16.1-30.1)
35-44		#		33,920	28.8	(22.1-36.4)
45-64	5,407	23.3	(16.0-32.5)	65,132	23.7	(20.4-27.4)
65+	985	8.1	(4.4-14.4)	14,610	9.7	(7.3-12.8)
<b>Race</b>						
White, NH	12,987	26.3	(18.8-35.5)	144,674	21.6	(19.2-24.3)
Black, NH		#		15,388	32.3 <sup>^</sup>	(19.6-48.3)
Hispanic		#		6,576	22.1 <sup>^</sup>	(12.3-36.5)
Other, NH		#		6,525	19.5 <sup>^</sup>	(10.9-32.4)
<b>Sex</b>						
male	10,929	36.2 <sup>^</sup>	(24.9-49.2)	87,995	23.2	(19.8-27.0)
female	7,691	25.1 <sup>^</sup>	(11.8-45.6)	85,169	21.3	(18.1-24.8)
<b>Age-adjusted<sup>&amp;</sup></b>		34.3	(26.5-43.0)		22.9	(20.4-25.6)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



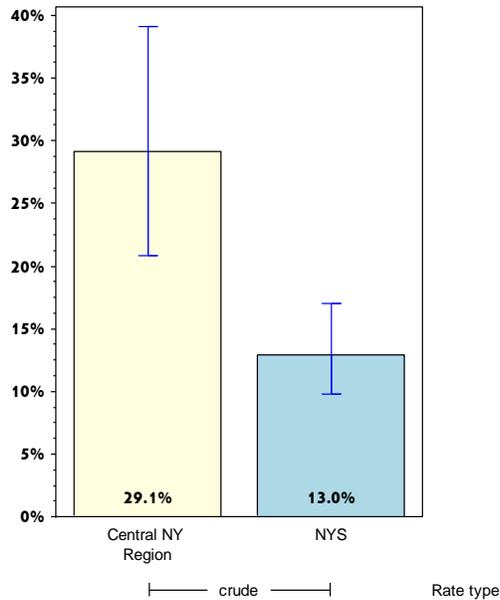
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	6,373	37.4 <sup>^</sup>	(23.5-53.8)	68,906	34.1	(29.5-39.1)
<b>Age</b>		#				
18-24		#		12,033	37.4 <sup>^</sup>	(24.5-52.4)
25-34		#		9,539	32.2 <sup>^</sup>	(20.4-46.9)
35-44		#		14,256	55.9 <sup>^</sup>	(40.8-69.9)
45-64		#		27,331	41.2	(33.4-49.4)
65+		#		5,747	12.4	(8.2-18.3)
<b>Race</b>						
White, NH	5,424	40.9 <sup>^</sup>	(25.0-59.0)	51,709	33.4	(28.3-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		34,818	38.1	(30.6-46.3)
female	1,803	22.4 <sup>^</sup>	(11.7-38.6)	34,089	30.8	(25.4-36.9)
<b>Age-adjusted<sup>&amp;</sup></b>		41.1 <sup>^</sup>	(27.3-56.3)		37.4	(32.4-42.6)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults aged 18-24 years who are current smokers



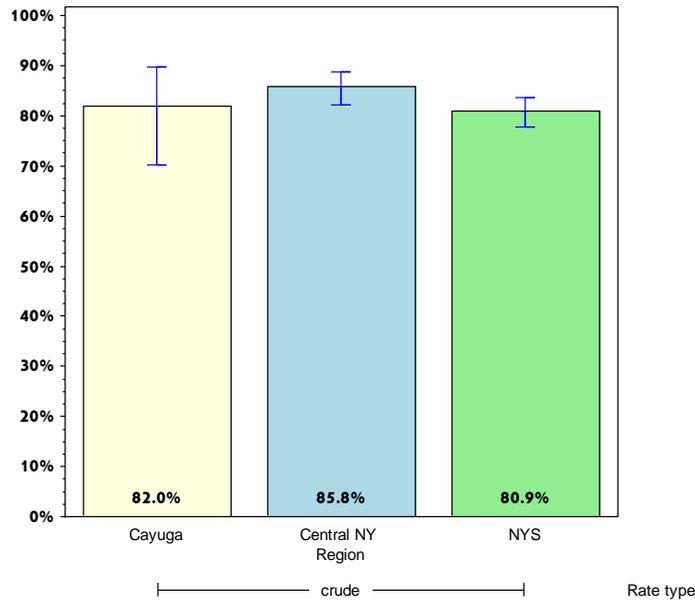
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		34,340	29.1	(20.8-39.1)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		26,085	28.5 <sup>^</sup>	(19.8-39.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		18,851	30.1 <sup>^</sup>	(19.3-43.7)
female		#		15,488	28.1 <sup>^</sup>	(16.5-43.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



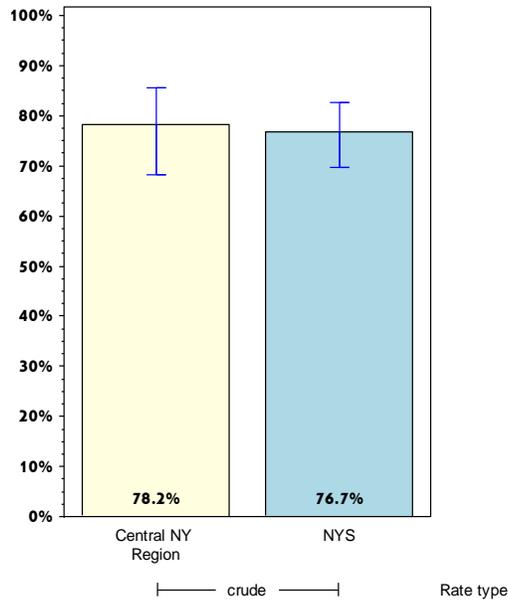
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	9,367	82.0 <sup>^</sup>	(70.1-89.8)	128,239	85.8	(82.2-88.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	7,553	83.4	(75.7-89.1)	114,469	87.3	(84.1-90.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	9,367	82.0 <sup>^</sup>	(70.1-89.8)	128,239	85.8	(82.2-88.8)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.  
 & Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		31,053	78.2	(68.2-85.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		25,811	81.7	(73.3-87.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		31,053	78.2	(68.2-85.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

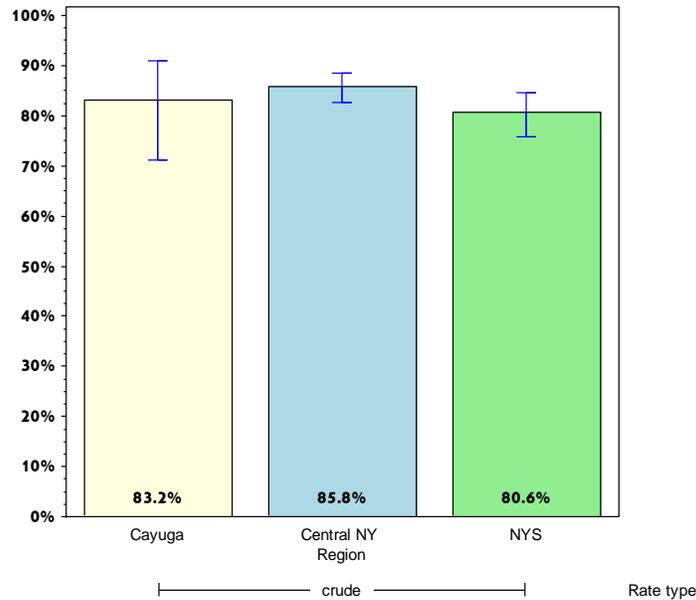
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



### Cayuga County

### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	19,186	83.2 <sup>^</sup>	(71.1-90.9)	245,988	85.8	(82.7-88.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	12,935	80.2 <sup>^</sup>	(67.8-88.7)	212,616	86.5	(83.4-89.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	19,186	83.2 <sup>^</sup>	(71.1-90.9)	245,988	85.8	(82.7-88.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

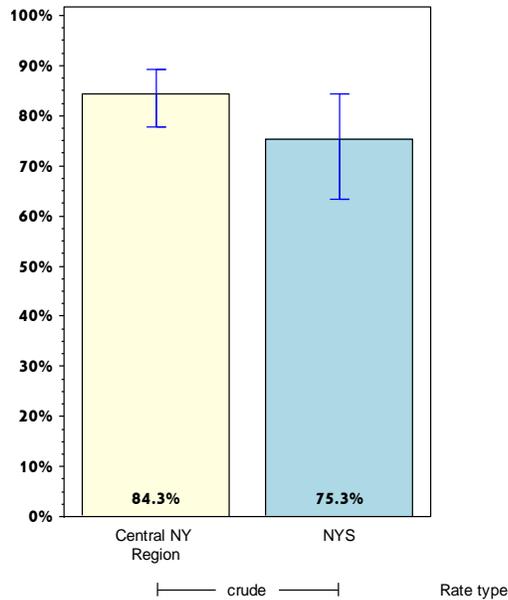
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		60,764	84.3	(77.8-89.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		46,184	83.2	(75.7-88.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		60,764	84.3	(77.8-89.2)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

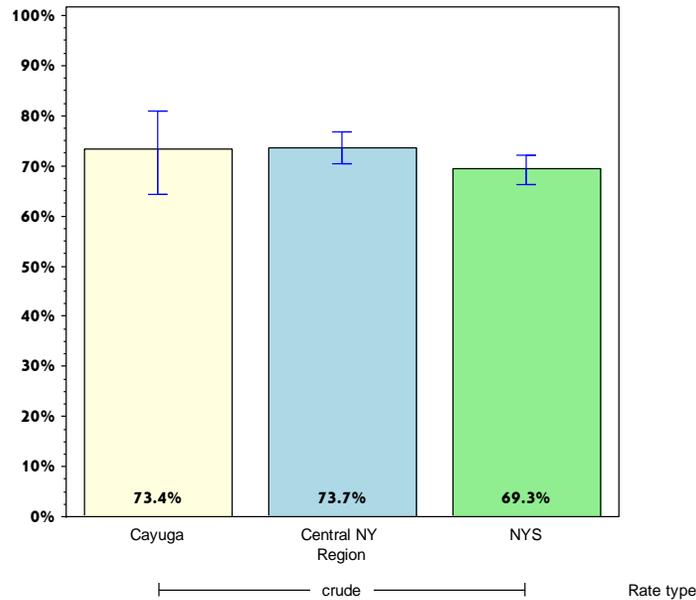
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	17,904	73.4	(64.3-80.8)	210,614	73.7	(70.3-76.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	14,908	72.6	(63.9-79.8)	189,141	73.3	(69.9-76.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	8,976	68.8 <sup>^</sup>	(55.5-79.6)	98,872	72.8	(67.8-77.4)
female	8,928	78.6 <sup>^</sup>	(67.0-86.9)	111,742	74.4	(69.9-78.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

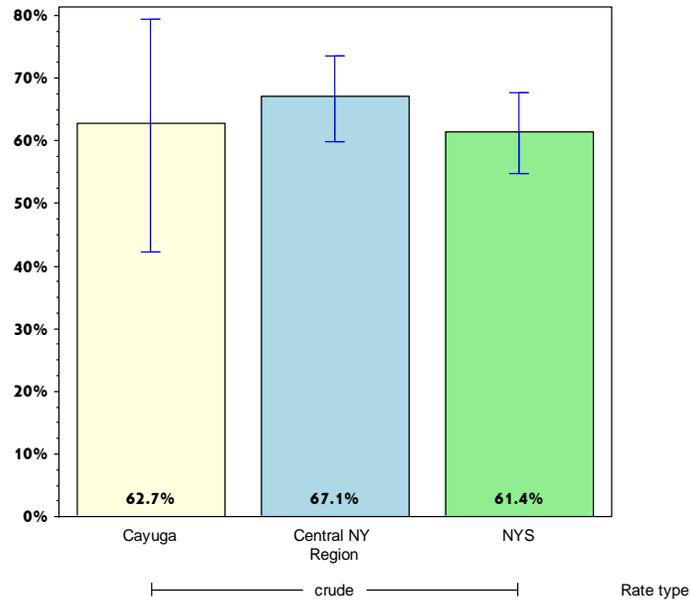
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	4,224	62.7 <sup>^</sup>	(42.3-79.4)	47,228	67.1	(59.9-73.5)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	3,436	67.5 <sup>^</sup>	(44.8-84.2)	38,073	66.9	(59.2-73.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		17,975	59.1 <sup>^</sup>	(47.6-69.8)
female		#		29,254	73.2	(64.0-80.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

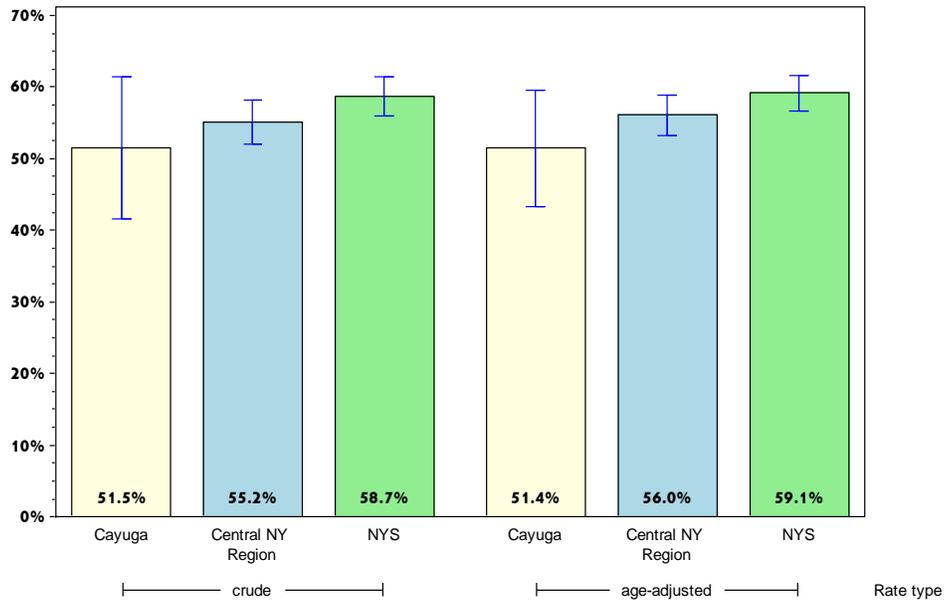
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



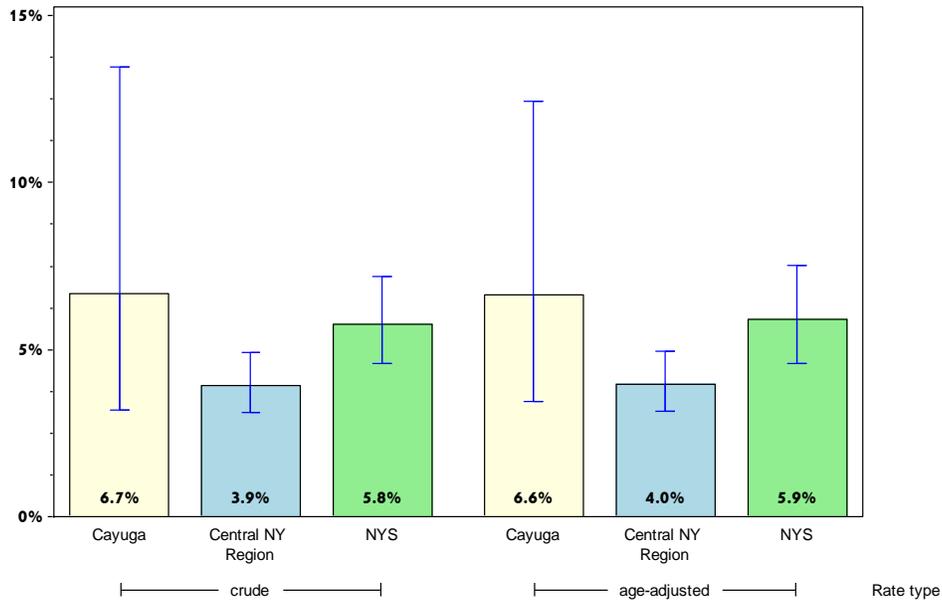
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	26,607	51.5 <sup>^</sup>	(41.5-61.4)	380,054	55.2	(52.0-58.3)
<b>Age</b>						
18-24		#		28,776	24.2	(17.6-32.3)
25-34		#		46,551	42.4	(34.1-51.2)
35-44		#		62,705	58.1	(50.4-65.4)
45-64	10,870	62.6 <sup>^</sup>	(52.3-71.9)	154,905	67.4	(63.5-71.0)
65+	6,066	61.1 <sup>^</sup>	(49.0-72.0)	82,449	72.3	(66.6-77.3)
<b>Race</b>						
White, NH	24,691	58.2	(49.2-66.8)	343,623	58.2	(54.9-61.4)
Black, NH		#		16,147	36.4 <sup>^</sup>	(23.1-52.1)
Hispanic		#		11,146	44.2 <sup>^</sup>	(28.5-61.2)
Other, NH		#		9,138	31.4 <sup>^</sup>	(19.1-47.0)
<b>Sex</b>						
male	13,991	50.8 <sup>^</sup>	(38.6-62.9)	175,727	52.4	(48.1-56.7)
female	12,616	52.3 <sup>^</sup>	(36.1-68.1)	204,327	57.8	(53.1-62.2)
<b>Age-adjusted<sup>&amp;</sup></b>		51.4	(43.3-59.6)		56.0	(53.2-58.9)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,487	6.7	(3.2-13.5)	27,859	3.9	(3.1-4.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		3,689	3.3	(1.8-5.7)
45-64		#		12,324	5.2	(3.6-7.3)
65+	710	7.4	(3.8-13.9)	7,468	6.3	(4.5-8.7)
<b>Race</b>						
White, NH	2,718	6.3	(2.8-13.5)	24,742	4.1	(3.2-5.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	1,393	5.2	(1.8-13.8)	13,397	3.8	(2.7-5.4)
female	2,094	8.3 <sup>^</sup>	(2.9-21.1)	14,462	4.0	(3.0-5.4)
<b>Age-adjusted<sup>&amp;</sup></b>		6.6	(3.4-12.4)		4.0	(3.1-5.0)

& Percent is age-adjusted to the 2000 United States Population.

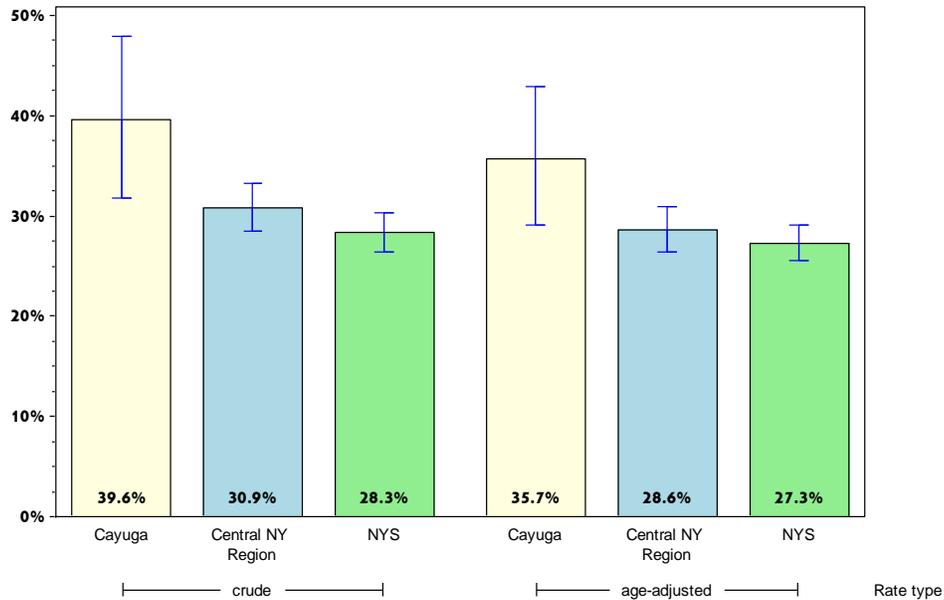
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	24,837	39.6	(31.8-48.0)	246,672	30.9	(28.5-33.3)
<b>Age</b>						
18-24		#		8,206	6.8	(2.8-15.8)
25-34		#		12,808	11.2	(7.7-16.0)
35-44		#		23,198	19.2	(13.7-26.3)
45-64	12,995	56.0 <sup>^</sup>	(45.8-65.7)	112,074	39.9	(36.1-43.8)
65+	7,776	60.5 <sup>^</sup>	(50.0-70.1)	86,174	56.0	(51.1-60.7)
<b>Race</b>						
White, NH	21,955	42.8	(35.6-50.3)	218,414	31.8	(29.3-34.4)
Black, NH		#		13,814	28.4 <sup>^</sup>	(18.5-40.8)
Hispanic		#		6,447	21.7 <sup>^</sup>	(13.0-34.0)
Other, NH		#		7,997	23.7 <sup>^</sup>	(13.9-37.3)
<b>Sex</b>						
male	13,589	42.4 <sup>^</sup>	(32.3-53.3)	123,566	31.9	(28.5-35.4)
female	11,249	36.6 <sup>^</sup>	(25.5-49.3)	123,106	29.9	(26.8-33.3)
<b>Age-adjusted<sup>&amp;</sup></b>		35.7	(29.2-42.9)		28.6	(26.4-30.9)

& Percent is age-adjusted to the 2000 United States Population.

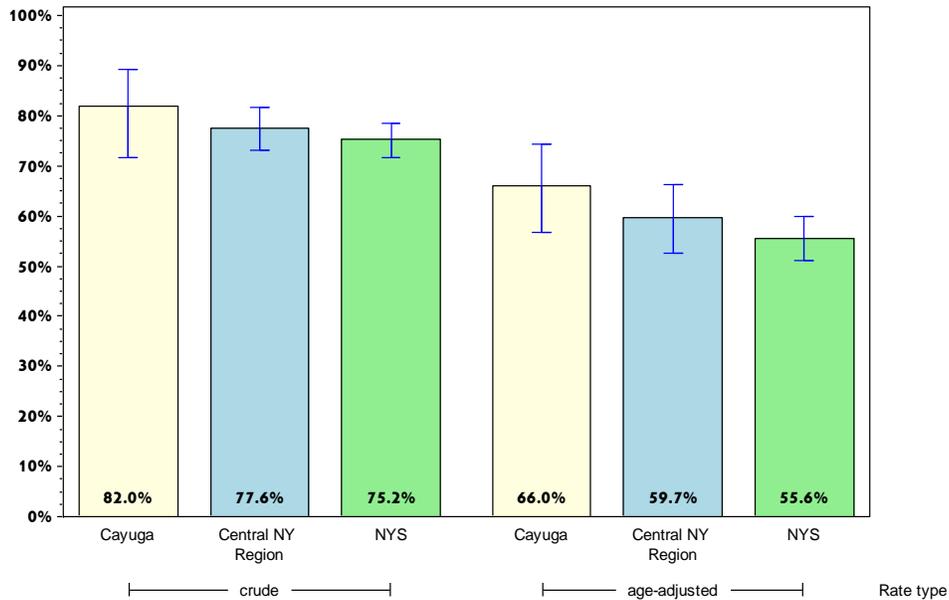
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



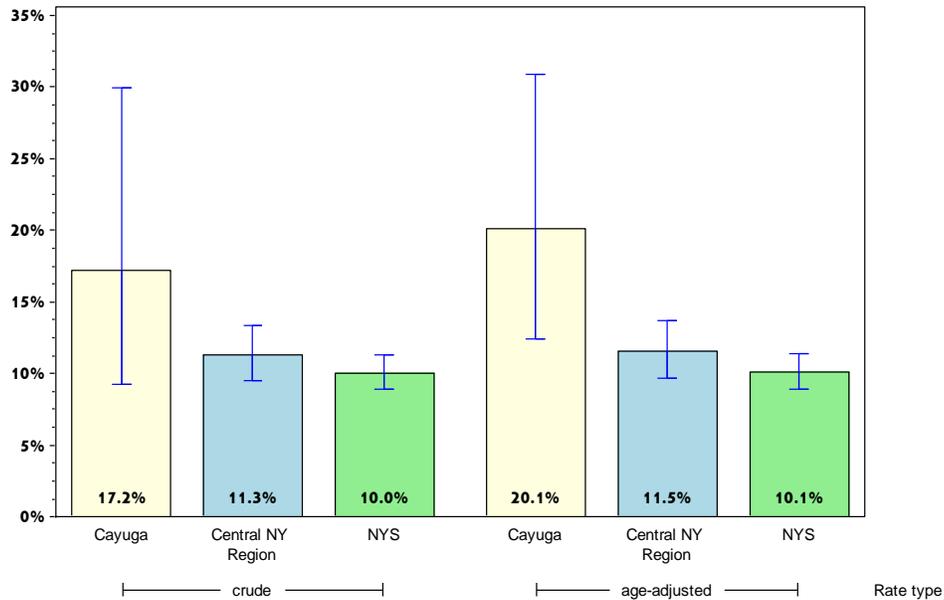
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	20,369	82.0 <sup>^</sup>	(71.5-89.2)	191,045	77.6	(73.1-81.6)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		11,677	50.3 <sup>^</sup>	(32.7-67.9)
45-64	10,730	82.6 <sup>^</sup>	(69.9-90.6)	88,520	79.1	(72.7-84.3)
65+	7,462	96.0	(90.6-98.3)	80,813	94.1	(91.2-96.1)
<b>Race</b>						
White, NH	17,959	81.8 <sup>^</sup>	(71.2-89.1)	171,648	78.7	(73.8-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	10,508	77.3 <sup>^</sup>	(61.1-88.1)	91,238	73.9	(66.7-80.1)
female	9,860	87.7 <sup>^</sup>	(75.1-94.4)	99,807	81.2	(75.7-85.8)
<b>Age-adjusted<sup>&amp;</sup></b>		66.0	(56.6-74.3)		59.7	(52.7-66.4)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,800	17.2 <sup>^</sup>	(9.2-29.9)	89,417	11.3	(9.5-13.4)
<b>Age</b>						
18-24		#		20,846	17.5	(10.7-27.4)
25-34		#		10,529	9.3	(5.3-15.8)
35-44		#		17,793	15.0	(10.2-21.5)
45-64	2,631	11.3	(6.9-18.1)	28,901	10.4	(8.4-12.9)
65+		#		10,467	6.8	(5.1-9.1)
<b>Race</b>						
White, NH	7,314	14.3	(8.9-22.1)	72,841	10.7	(8.9-12.8)
Black, NH		#		8,396	17.8 <sup>^</sup>	(7.6-36.0)
Hispanic		#		5,616	19.1 <sup>^</sup>	(9.9-33.6)
Other, NH		#		2,565	7.4	(3.6-14.6)
<b>Sex</b>						
male	3,517	11.0 <sup>^</sup>	(5.0-22.4)	32,206	8.4	(6.1-11.6)
female	7,283	23.7 <sup>^</sup>	(10.4-45.4)	57,211	14.0	(11.5-17.0)
<b>Age-adjusted<sup>&amp;</sup></b>		20.1 <sup>^</sup>	(12.4-30.9)		11.5	(9.6-13.7)

\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

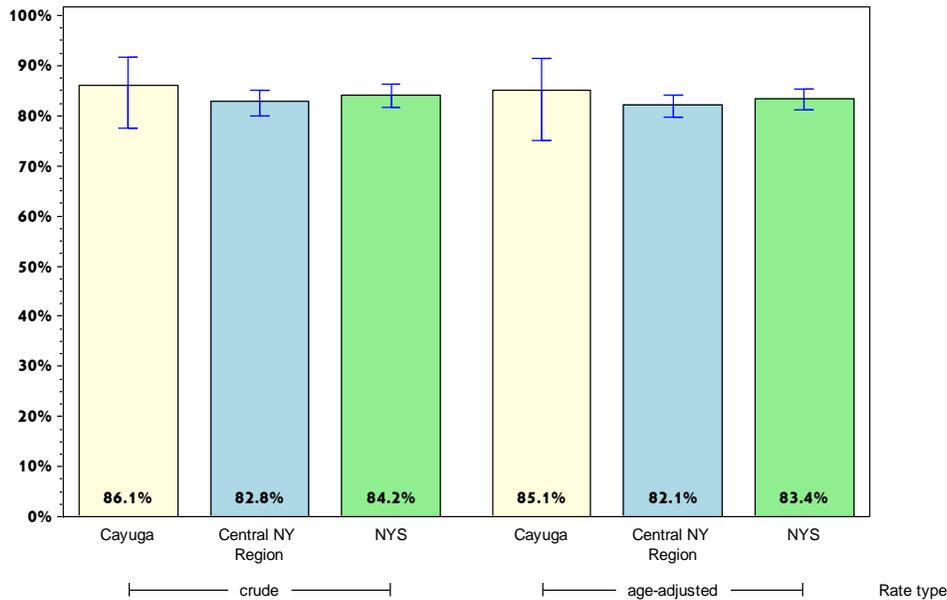
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percent of adults with cholesterol checked\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	51,955	86.1	(77.6-91.7)	642,971	82.8	(80.1-85.2)
<b>Age</b>						
18-24	#	#		46,812	41.9 <sup>^</sup>	(32.2-52.4)
25-34	#	#		74,666	68.3	(60.3-75.4)
35-44	#	#		104,016	87.0	(81.8-90.9)
45-64	20,964	96.3	(90.1-98.6)	261,309	95.0	(93.3-96.4)
65+	12,350	98.0	(94.6-99.3)	148,817	98.0	(95.9-99.0)
<b>Race</b>						
White, NH	43,760	86.9	(77.5-92.8)	571,682	85.9	(83.2-88.3)
Black, NH	#	#		29,234	60.3 <sup>^</sup>	(44.9-73.8)
Hispanic	#	#		18,035	60.7 <sup>^</sup>	(43.9-75.3)
Other, NH	#	#		24,020	72.5 <sup>^</sup>	(56.9-84.0)
<b>Sex</b>						
male	26,559	83.7 <sup>^</sup>	(69.6-92.0)	299,643	79.8	(75.8-83.3)
female	25,396	88.8 <sup>^</sup>	(78.5-94.5)	343,328	85.5	(81.6-88.8)
<b>Age-adjusted<sup>&amp;</sup></b>		85.1 <sup>^</sup>	(75.0-91.5)		82.1	(79.7-84.2)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

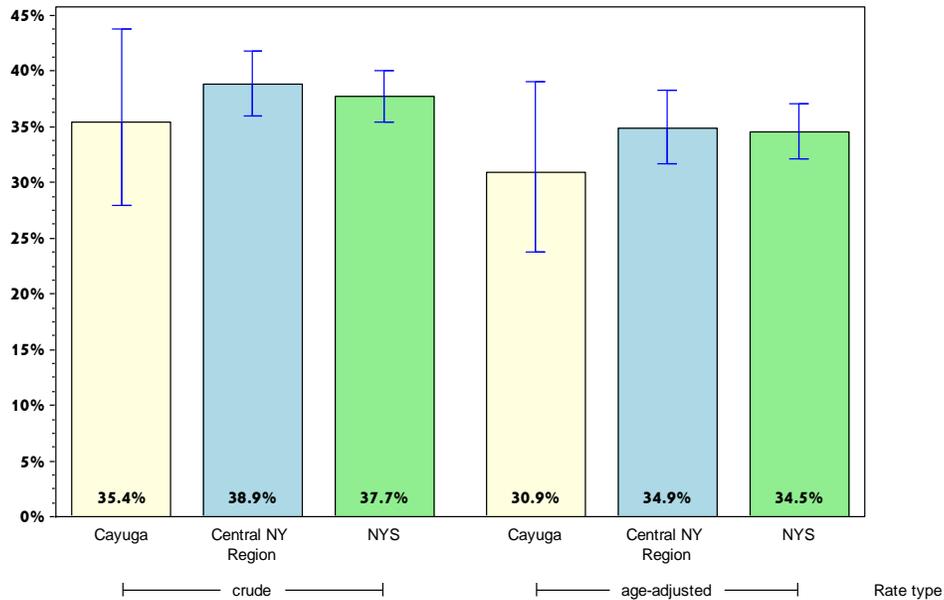
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults 18 years and older with elevated cholesterol\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	18,376	35.4	(27.9-43.7)	247,651	38.9	(36.0-41.8)
<b>Age</b>		#				
18-24		#		6,696	14.3 <sup>^</sup>	(7.3-26.1)
25-34		#		17,442	23.4 <sup>^</sup>	(14.6-35.3)
35-44		#		32,399	31.3	(23.3-40.6)
45-64	8,547	40.8	(32.0-50.3)	115,697	44.7	(40.6-48.8)
65+	6,309	51.4 <sup>^</sup>	(41.2-61.5)	73,480	50.2	(45.4-55.1)
<b>Race</b>						
White, NH	17,050	39.1	(32.1-46.5)	223,293	39.4	(36.5-42.5)
Black, NH		#		8,429	29.1 <sup>^</sup>	(14.5-49.7)
Hispanic		#			#	
Other, NH		#		8,310	34.6 <sup>^</sup>	(19.2-54.1)
<b>Sex</b>						
male	9,167	34.5 <sup>^</sup>	(25.5-44.8)	127,334	42.8	(38.4-47.3)
female	9,209	36.4 <sup>^</sup>	(24.9-49.7)	120,317	35.4	(31.7-39.3)
<b>Age-adjusted<sup>&amp;</sup></b>		30.9	(23.7-39.0)		34.9	(31.7-38.3)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

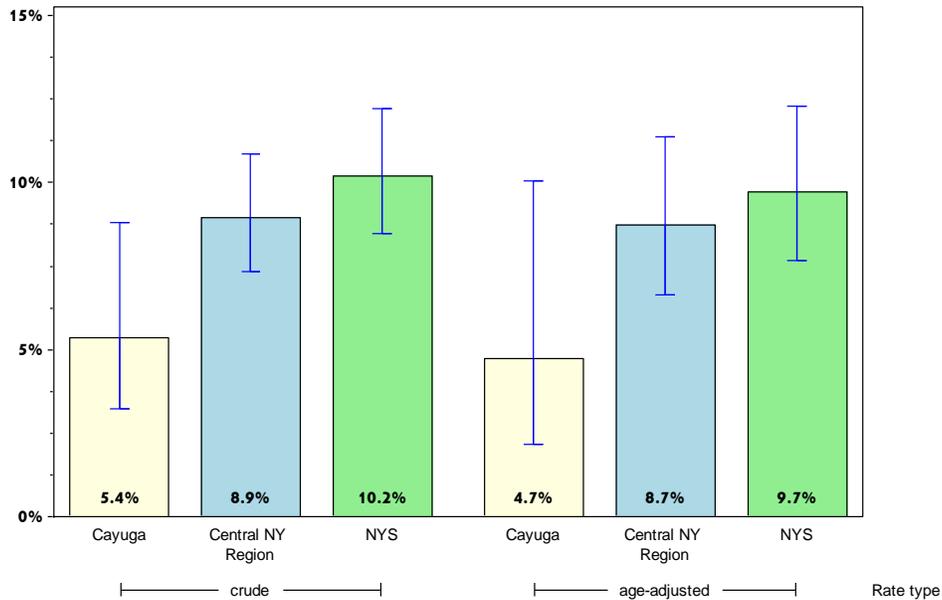
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



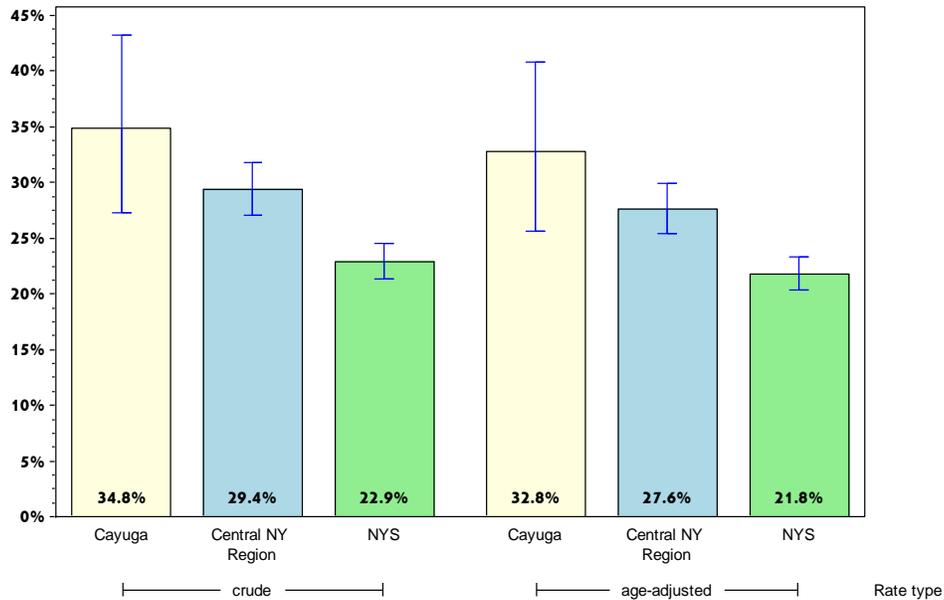
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,026	5.4	(3.2-8.8)	37,703	8.9	(7.3-10.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		5,799	11.4 <sup>^</sup>	(5.4-22.7)
45-64	1,093	6.8	(3.6-12.5)	14,257	8.4	(6.3-10.9)
65+	638	6.4	(3.2-12.1)	12,654	10.7	(8.2-13.9)
<b>Race</b>						
White, NH	1,957	6.4	(3.9-10.2)	32,738	8.9	(7.2-10.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		14,855	7.4	(5.6-9.9)
female	1,261	6.3	(3.1-12.4)	22,848	10.3	(7.9-13.3)
<b>Age-adjusted<sup>&amp;</sup></b>		4.7	(2.2-10.0)		8.7	(6.6-11.4)

\* Courses for high blood pressure, arthritis, or diabetes.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	21,876	34.8	(27.3-43.2)	234,937	29.4	(27.1-31.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		12,694	11.0	(6.3-18.6)
35-44		#		24,442	20.3	(14.6-27.4)
45-64	9,967	42.7 <sup>^</sup>	(32.2-54.0)	111,733	39.9	(36.0-43.9)
65+	6,991	54.6 <sup>^</sup>	(44.6-64.3)	79,738	51.7	(46.9-56.5)
<b>Race</b>						
White, NH	18,756	36.5	(29.5-44.2)	207,132	30.2	(27.8-32.7)
Black, NH		#		10,134	20.9 <sup>^</sup>	(11.2-35.6)
Hispanic		#		9,074	30.5 <sup>^</sup>	(18.8-45.5)
Other, NH		#		8,597	24.9 <sup>^</sup>	(14.6-39.1)
<b>Sex</b>						
male	10,620	33.1 <sup>^</sup>	(23.5-44.4)	94,368	24.3	(21.3-27.7)
female	11,255	36.6 <sup>^</sup>	(25.5-49.4)	140,569	34.2	(30.9-37.7)
<b>Age-adjusted<sup>&amp;</sup></b>		32.8	(25.7-40.8)		27.6	(25.4-30.0)

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

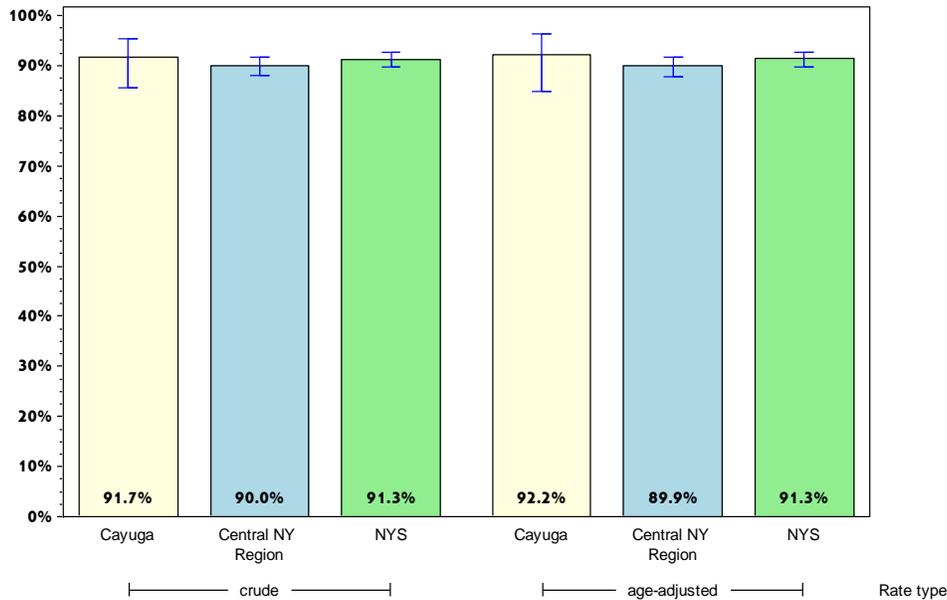
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote a Healthy and Safe Environment

### Percentage of adults who consider their neighborhood suitable for walking and physical activity



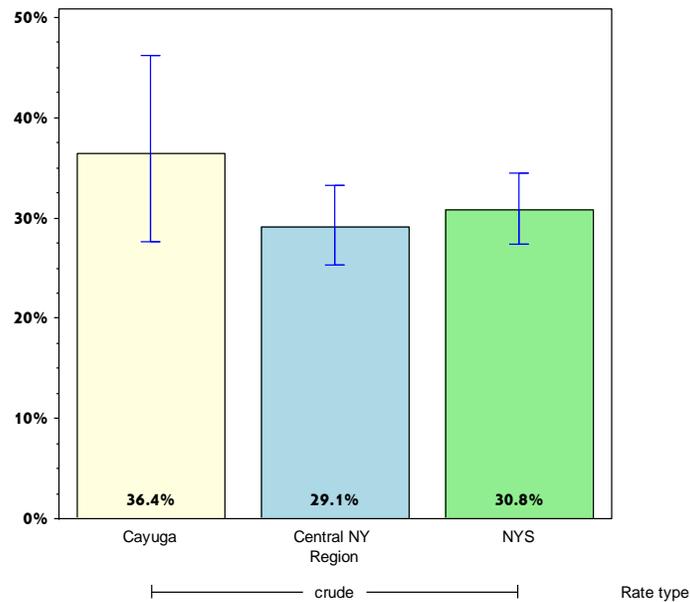
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	55,254	91.7	(85.6-95.4)	686,255	90.0	(88.0-91.7)
<b>Age</b>		#				
18-24		#		97,478	84.7	(75.2-91.0)
25-34		#		91,278	85.7	(78.0-91.0)
35-44		#		104,240	91.4	(86.5-94.6)
45-64	20,875	90.9	(83.3-95.2)	247,654	92.0	(89.6-93.8)
65+	11,759	93.9 <sup>^</sup>	(76.4-98.7)	138,296	93.0	(89.8-95.2)
<b>Race</b>						
White, NH	45,385	92.7	(86.3-96.2)	603,475	92.1	(90.2-93.7)
Black, NH		#		36,386	78.0 <sup>^</sup>	(64.3-87.5)
Hispanic		#		22,200	76.8 <sup>^</sup>	(58.5-88.6)
Other, NH		#		24,194	76.4 <sup>^</sup>	(60.3-87.4)
<b>Sex</b>						
male	26,669	89.2 <sup>^</sup>	(77.5-95.2)	333,237	89.9	(86.4-92.5)
female	28,584	94.2	(88.4-97.2)	353,017	90.2	(87.7-92.2)
<b>Age-adjusted<sup>&amp;</sup></b>		92.2	(84.7-96.2)		89.9	(87.8-91.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote a Health and Safe Environment

### Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,556	36.4	(27.7-46.2)	43,813	29.1	(25.3-33.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	4,199	35.3	(26.5-45.2)	41,256	29.4	(25.5-33.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	2,050	32.2 <sup>^</sup>	(19.8-47.7)	16,907	24.4	(19.2-30.4)
female	2,506	40.9 <sup>^</sup>	(30.2-52.5)	26,906	33.1	(28.0-38.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

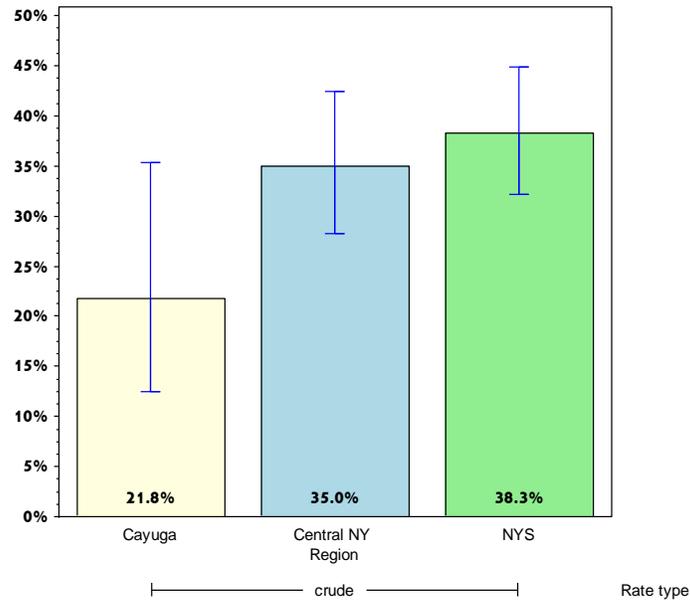
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



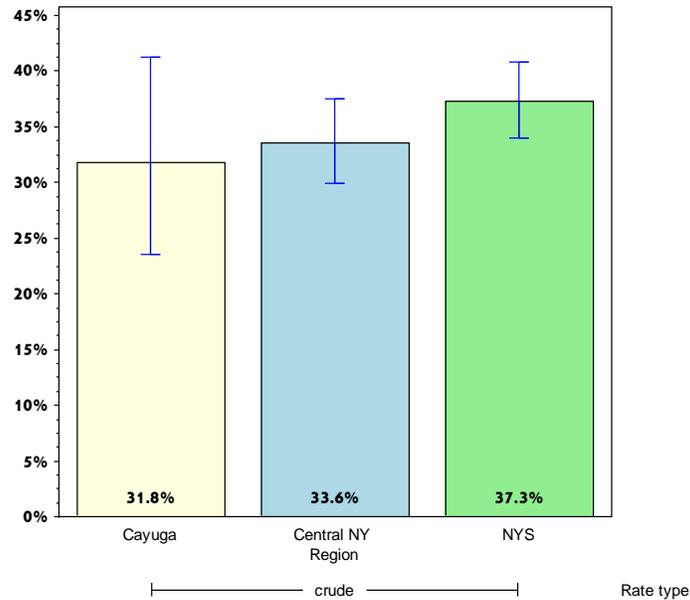
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	993	21.8 <sup>^</sup>	(12.5-35.3)	15,308	35.0	(28.3-42.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	946	22.5 <sup>^</sup>	(12.7-36.8)	14,325	34.8	(27.9-42.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		5,175	30.6 <sup>^</sup>	(20.8-42.5)
female		#		10,133	37.8	(29.1-47.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Falls that limited regular activities or lead to doctor visits.  
 & Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	7,296	31.8	(23.6-41.2)	84,368	33.6	(29.9-37.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	6,505	34.1	(26.2-43.0)	74,836	33.0	(29.2-37.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	4,117	32.9 <sup>^</sup>	(22.6-45.3)	40,311	33.3	(28.1-38.9)
female	3,179	30.4 <sup>^</sup>	(18.7-45.2)	44,057	33.9	(28.8-39.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

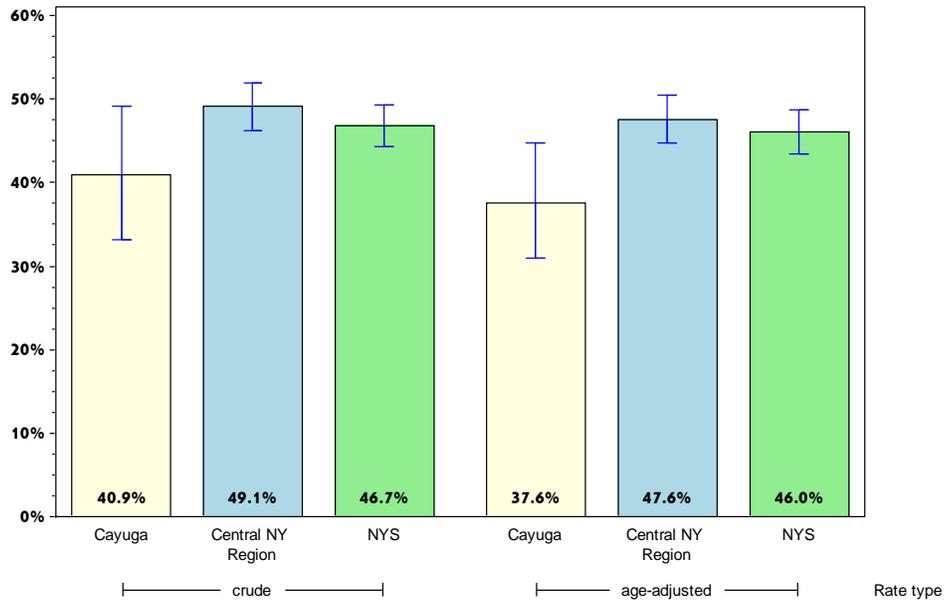
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 18+ years with flu immunization in the past year\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	24,850	40.9	(33.2-49.2)	377,085	49.1	(46.2-51.9)
<b>Age</b>						
18-24		#		36,542	31.4 <sup>^</sup>	(22.3-42.3)
25-34		#		37,892	35.3	(27.9-43.5)
35-44		#		46,129	40.3	(32.8-48.2)
45-64	10,174	44.0 <sup>^</sup>	(34.4-54.1)	138,266	51.0	(47.1-55.0)
65+	9,592	76.7	(68.0-83.7)	115,003	76.1	(72.1-79.7)
<b>Race</b>						
White, NH	23,333	47.3	(39.7-54.9)	336,711	51.0	(48.0-53.9)
Black, NH		#		11,183	24.0 <sup>^</sup>	(14.5-37.0)
Hispanic		#		13,658	47.2 <sup>^</sup>	(32.2-62.8)
Other, NH		#		15,532	48.0 <sup>^</sup>	(32.3-64.0)
<b>Sex</b>						
male	11,993	39.5 <sup>^</sup>	(29.7-50.2)	160,998	43.0	(39.1-46.9)
female	12,857	42.4 <sup>^</sup>	(30.5-55.2)	216,087	54.9	(50.8-58.9)
<b>Age-adjusted<sup>&amp;</sup></b>		37.6	(31.0-44.7)		47.6	(44.7-50.5)

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

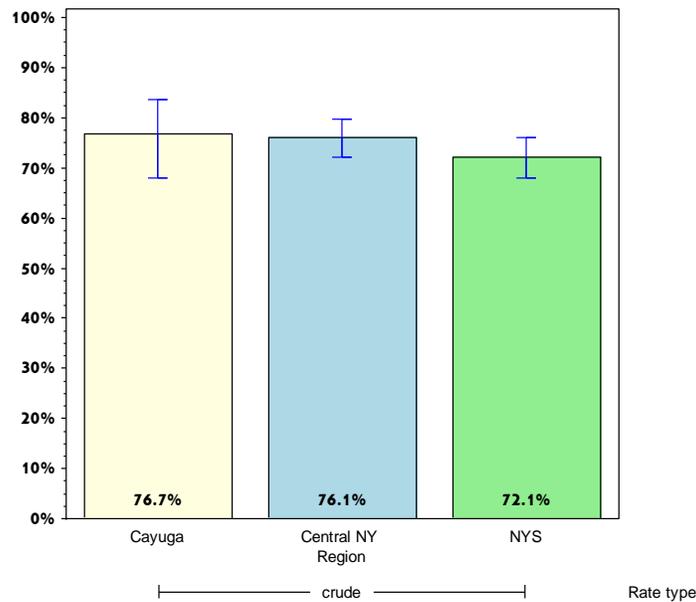
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with flu immunization in the past year\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	9,592	76.7	(68.0-83.7)	115,003	76.1	(72.1-79.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	9,344	78.5	(69.9-85.2)	107,314	76.3	(72.1-79.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	4,948	77.6 <sup>^</sup>	(63.0-87.6)	54,341	78.0	(71.3-83.5)
female	4,645	75.8 <sup>^</sup>	(65.1-84.0)	60,663	74.5	(69.4-79.1)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

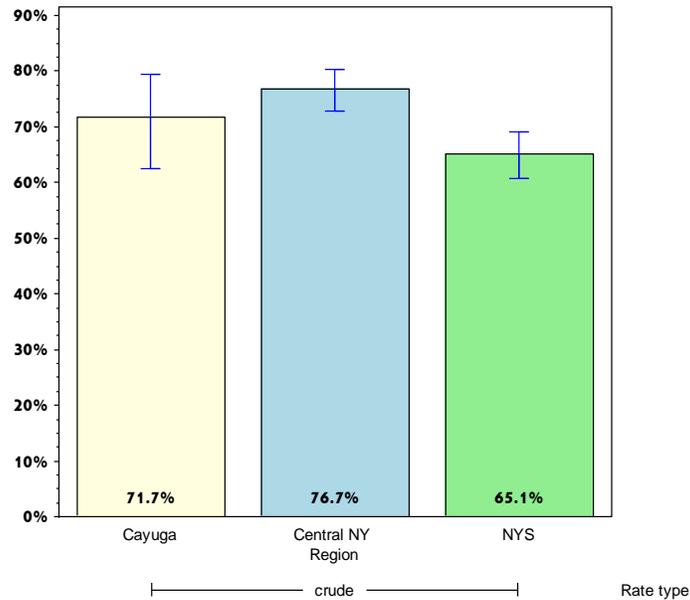
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with pneumococcal immunization



#### Cayuga County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	8,745	71.7	(62.4-79.4)	111,504	76.7	(72.7-80.3)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	8,631	73.8	(64.6-81.2)	105,550	78.0	(74.1-81.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	4,595	72.5 <sup>^</sup>	(57.4-83.8)	50,740	75.0	(68.2-80.7)
female	4,150	70.8 <sup>^</sup>	(59.8-79.9)	60,765	78.2	(73.3-82.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

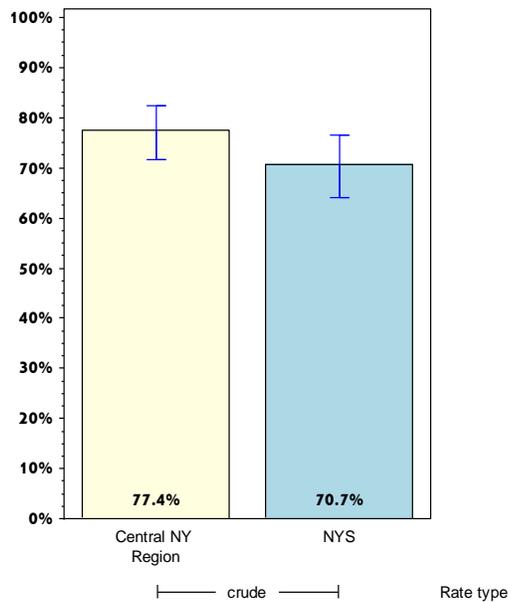
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



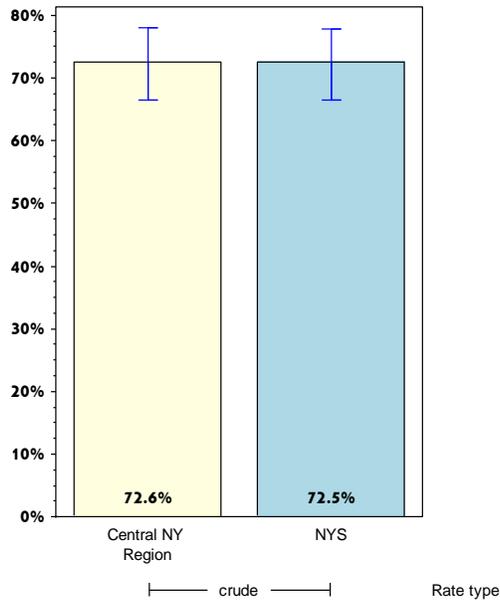
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		126,109	77.4	(71.5-82.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		103,652	77.4	(70.8-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		126,109	77.4	(71.5-82.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



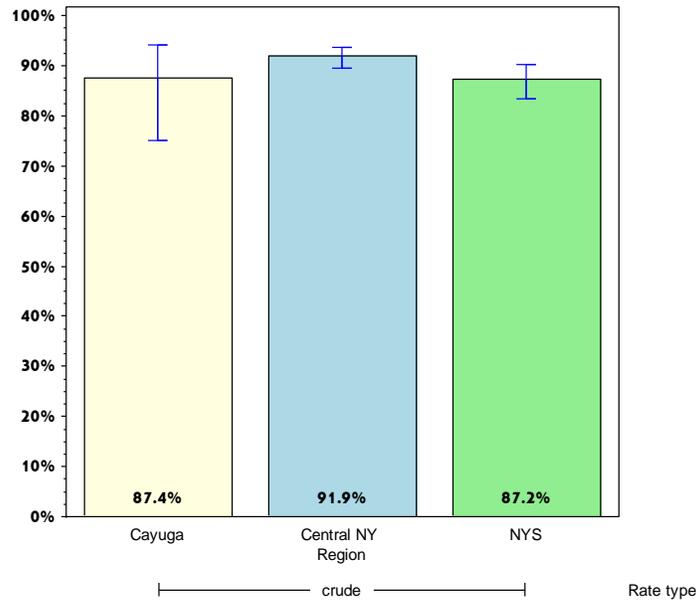
	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		125,925	72.6	(66.6-77.9)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		100,555	70.7	(63.9-76.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		125,925	72.6	(66.6-77.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Promote Healthy Women, Infants, and Children

### Percentage of women aged 18-64 years with health care coverage



#### Cayuga County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	20,179	87.4 <sup>^</sup>	(75.1-94.1)	296,489	91.9	(89.6-93.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	13,857	85.7 <sup>^</sup>	(72.1-93.3)	254,032	92.9	(90.8-94.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	20,179	87.4 <sup>^</sup>	(75.1-94.1)	296,489	91.9	(89.6-93.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

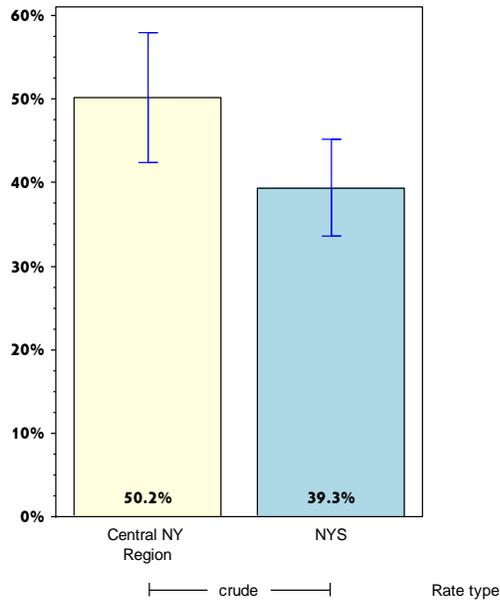
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		80,608	50.2	(42.3-58.0)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		65,622	48.9	(40.5-57.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		80,608	50.2	(42.3-58.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

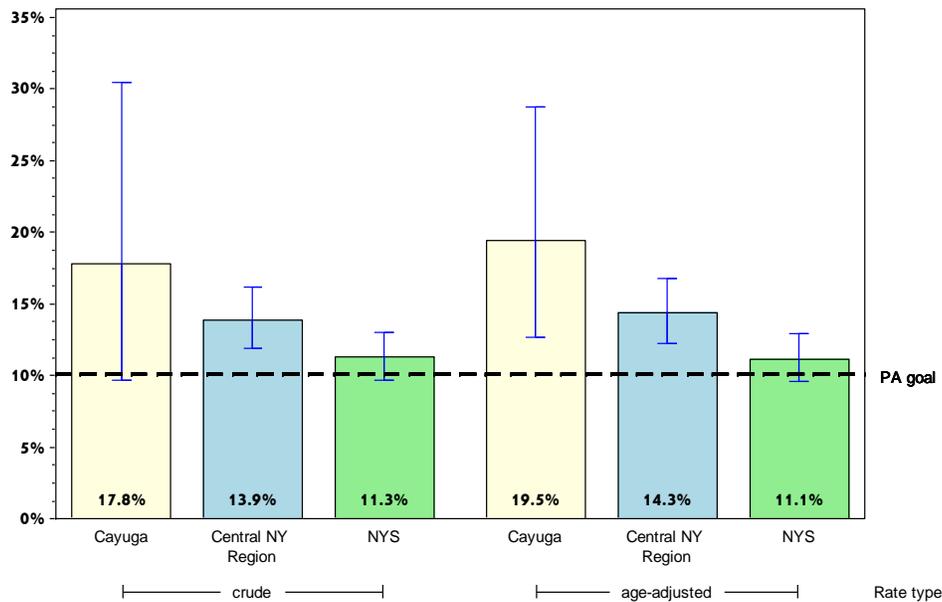
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cayuga

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adults with poor mental health for 14 or more days in the last month



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,948	17.8 <sup>^</sup>	(9.6-30.5)	108,500	13.9	(11.9-16.1)
<b>Age</b>		#				
18-24		#		20,377	17.4	(10.6-27.1)
25-34		#		18,720	16.4	(11.3-23.2)
35-44		#		20,735	17.5	(12.2-24.4)
45-64	1,947	8.6	(5.3-13.8)	39,286	14.3	(11.5-17.7)
65+		#		8,787	5.9	(4.3-8.2)
<b>Race</b>						
White, NH	7,415	14.6	(9.3-22.2)	95,871	14.2	(12.2-16.6)
Black, NH		#		6,460	13.9 <sup>^</sup>	(5.0-33.1)
Hispanic		#			#	
Other, NH		#		1,888	5.9	(2.6-12.9)
<b>Sex</b>						
male		#		41,014	10.7	(8.2-14.0)
female	8,871	29.4 <sup>^</sup>	(15.3-48.9)	67,486	16.9	(14.0-20.2)
<b>Age-adjusted<sup>&amp;</sup></b>		19.5	(12.7-28.7)		14.3	(12.3-16.7)

& Percent is age-adjusted to the 2000 United States Population.

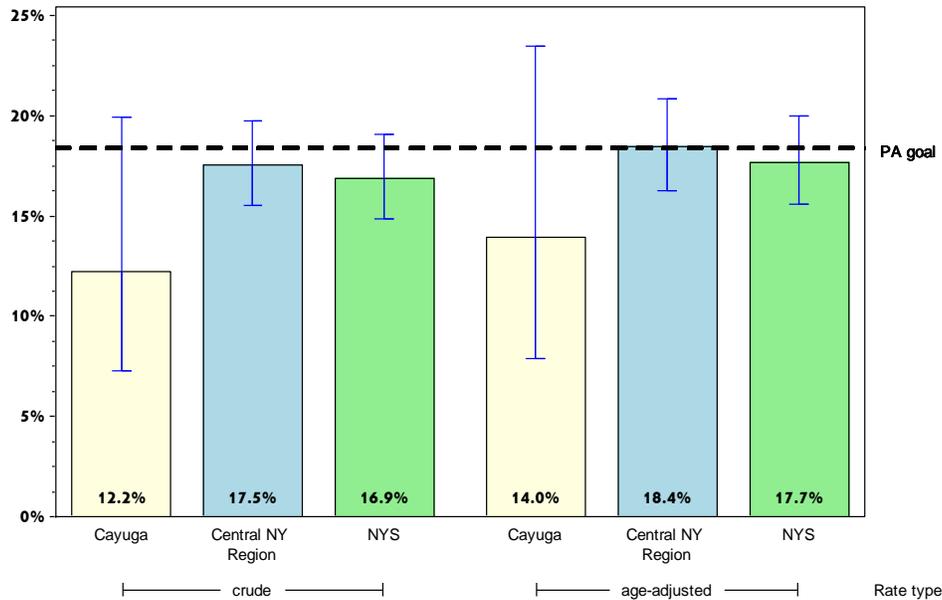
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adult binge drinking during the past month\*



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	7,425	12.2	(7.3-19.9)	133,104	17.5	(15.5-19.7)
<b>Age</b>		#				
18-24		#		31,378	27.5	(20.0-36.6)
25-34		#		29,508	28.2	(21.7-35.8)
35-44		#		20,611	18.4	(13.5-24.6)
45-64	1,917	8.3	(5.2-12.9)	43,871	16.2	(13.4-19.4)
65+		#		7,576	5.1	(3.3-7.6)
<b>Race</b>						
White, NH	6,861	13.9	(8.2-22.6)	114,597	17.5	(15.5-19.8)
Black, NH		#		8,623	19.6^	(11.0-32.5)
Hispanic		#			#	
Other, NH		#		5,248	15.6^	(7.4-29.9)
<b>Sex</b>						
male	4,880	15.9^	(7.9-29.5)	85,764	23.5	(20.2-27.1)
female	2,546	8.5	(4.4-15.9)	47,341	12.0	(9.9-14.5)
<b>Age-adjusted<sup>&amp;</sup></b>		14.0	(7.9-23.5)		18.4	(16.3-20.8)

\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

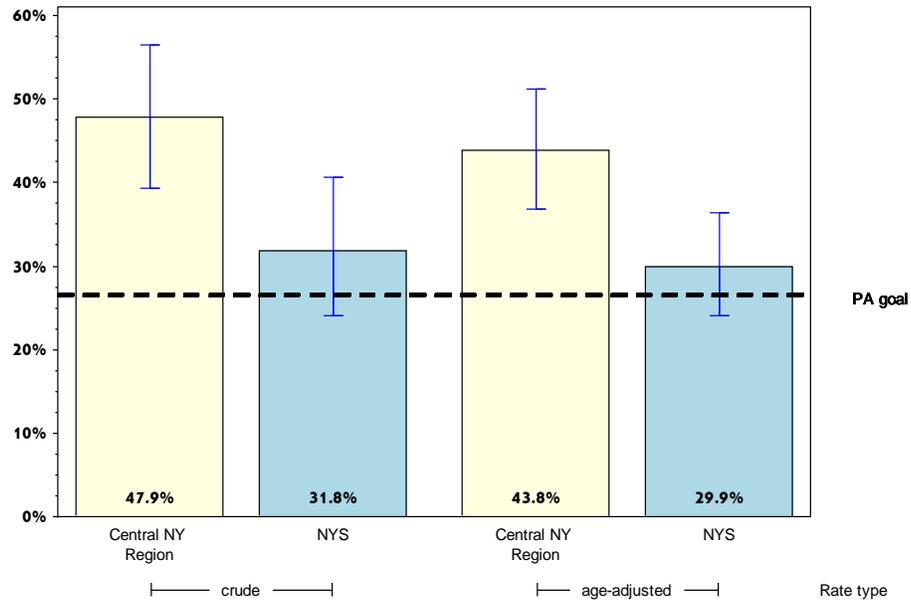
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cayuga

## Promote Mental Health and Prevention Substance Abuse

### Percentage of cigarette smoking among adults who report poor mental health



	Cayuga County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		50,537	47.9	(39.3-56.5)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		10,440	50.3 <sup>^</sup>	(31.9-68.7)
45-64		#		14,946	38.9 <sup>^</sup>	(27.4-51.7)
65+		#		1,202	14.7 <sup>^</sup>	(7.0-28.3)
<b>Race</b>		#			#	
White, NH		#		42,564	45.5	(36.8-54.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>		#			#	
male		#		18,392	45.6 <sup>^</sup>	(31.0-60.9)
female		#		32,145	49.3 <sup>^</sup>	(39.1-59.5)
<b>Age-adjusted<sup>&amp;</sup></b>		#			43.8	(36.8-51.1)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).