

# eBRFSS 2013-2014 Health Indicators: Cortland

General Description .....	2
Improve Health Status and Reduce Health Disparities .....	3
Percentage of adults who did not receive medical care because of cost .....	3
Percentage of adults who have a regular health care provider .....	4
Percentage of adults who had a dentist visit within the past year .....	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage .....	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year .....	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health .....	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases .....	13
Percentage of adults who are obese .....	13
Percentage of adults with an annual household income less than \$25,000 who are obese .....	14
Percentage of adults living with a disability who are obese .....	15
Percentage of adults overweight or obese .....	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily .....	18
Percentage of adults who consume fast-food three or more times per week .....	19
Percentage of adults with physician diagnosed diabetes .....	20
Percentage of adults who are current smokers .....	21
Percentage of adults with annual household income less than \$25,000 who are current smokers .....	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines .....	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines .....	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years .....	30
Percentage of adults with physician-diagnosed prediabetes .....	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication .....	33
Percentage of adults with current asthma .....	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition .....	37
Percentage of adults with arthritis .....	38
Promote a Healthy and Safe Environment .....	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year .....	43
Percentage of adults aged 65+ years with flu immunization in the past year .....	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children .....	46
Percentage of women aged 18-44 years who had dental visit within the last year .....	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage .....	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy .....	49
Promote Mental Health and Prevention Substance Abuse .....	50
Percentage of adults with poor mental health for 14 or more days in the last month .....	50
Percentage of adult binge drinking during the past month .....	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

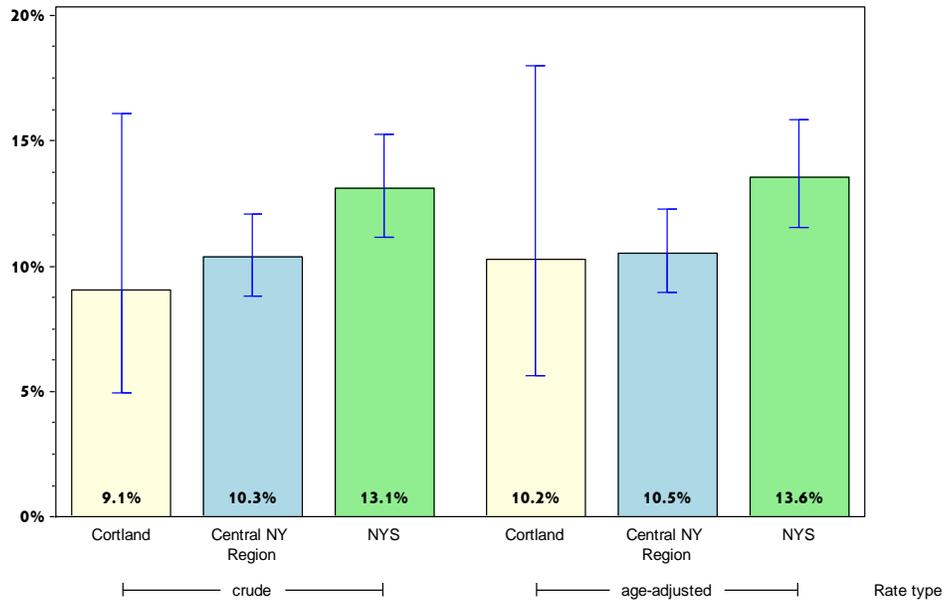
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Cortland

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,570	9.1	(4.9-16.1)	82,640	10.3	(8.8-12.1)
<b>Age</b>						
18-24	#	#		17,357	14.5	(8.8-22.9)
25-34	#	#		14,687	12.8	(8.7-18.3)
35-44	#	#		13,209	11.1	(7.7-15.6)
45-64	1,087	8.8	(4.1-17.8)	33,101	11.8	(9.6-14.4)
65+	#	#		3,151	2.0	(1.1-3.6)
<b>Race</b>						
White, NH	2,294	6.6	(3.7-11.4)	60,843	8.9	(7.6-10.4)
Black, NH	#	#		13,297	27.9 <sup>^</sup>	(15.9-44.1)
Hispanic	#	#		5,887	19.8 <sup>^</sup>	(10.4-34.5)
Other, NH	#	#		#	#	
<b>Sex</b>						
male	#	#		36,372	9.4	(7.5-11.7)
female	2,261	11.1 <sup>^</sup>	(4.8-23.6)	46,268	11.2	(9.0-14.0)
<b>Age-adjusted<sup>&amp;</sup></b>		10.2	(5.6-18.0)		10.5	(8.9-12.3)

\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

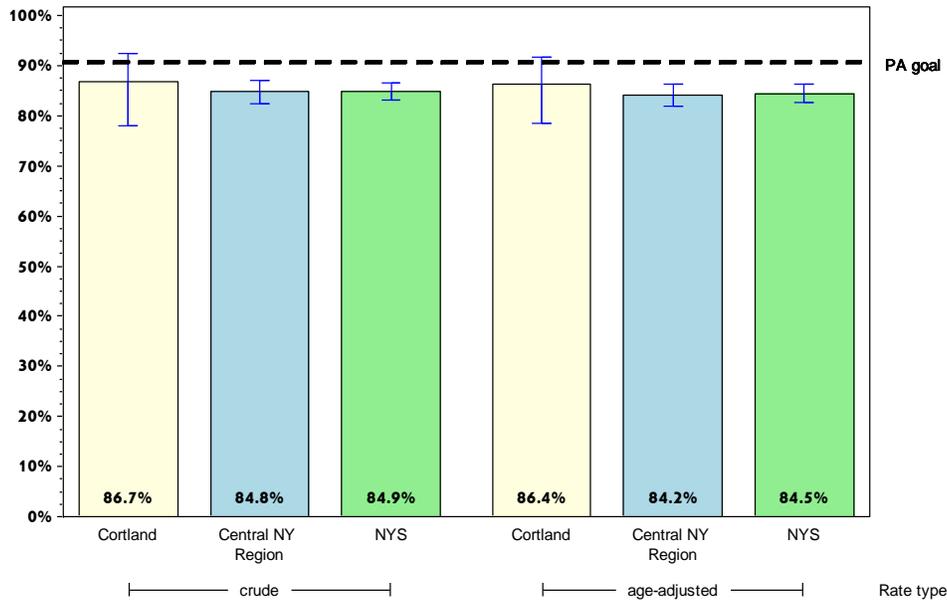
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who have a regular health care provider



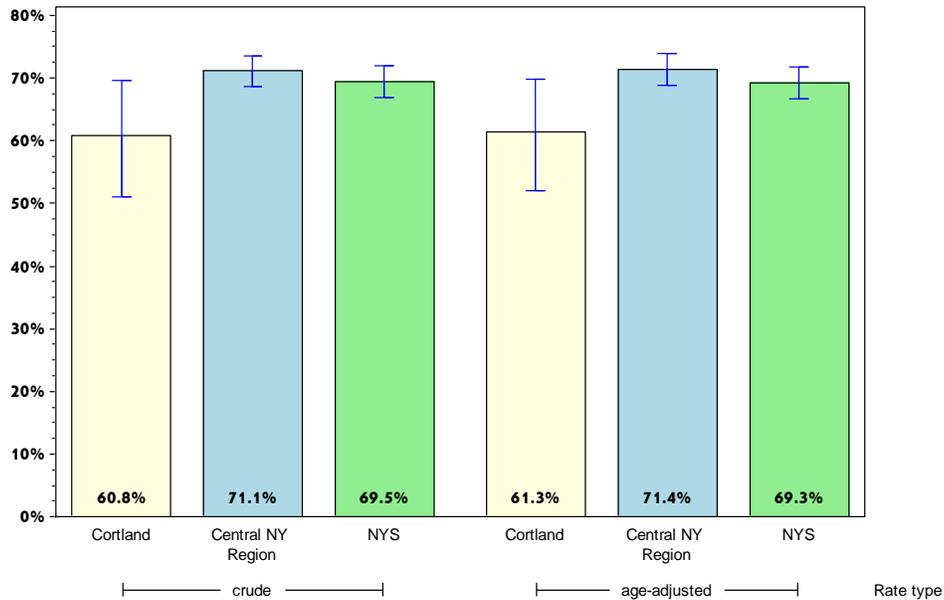
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	33,927	86.7	(78.0-92.3)	678,119	84.8	(82.5-86.9)
<b>Age</b>						
18-24	#	#		77,821	64.9 <sup>^</sup>	(54.5-74.0)
25-34	#	#		88,097	76.7	(70.0-82.3)
35-44	#	#		100,184	83.2	(75.3-88.9)
45-64	10,959	89.0 <sup>^</sup>	(77.9-94.9)	259,484	92.3	(90.2-93.9)
65+	6,661	97.0	(91.7-99.0)	143,879	93.9	(90.1-96.3)
<b>Race</b>						
White, NH	29,976	86.4	(77.2-92.3)	599,184	87.3	(85.0-89.3)
Black, NH	#	#		32,851	67.6 <sup>^</sup>	(52.1-80.0)
Hispanic	#	#		19,132	64.4 <sup>^</sup>	(47.8-78.1)
Other, NH	#	#		26,953	77.7 <sup>^</sup>	(64.3-87.1)
<b>Sex</b>						
male	15,686	83.6 <sup>^</sup>	(72.3-90.9)	305,662	78.7	(74.7-82.3)
female	18,241	89.5 <sup>^</sup>	(73.1-96.4)	372,457	90.6	(88.2-92.5)
<b>Age-adjusted<sup>&amp;</sup></b>		86.4	(78.4-91.7)		84.2	(81.8-86.3)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who had a dentist visit within the past year



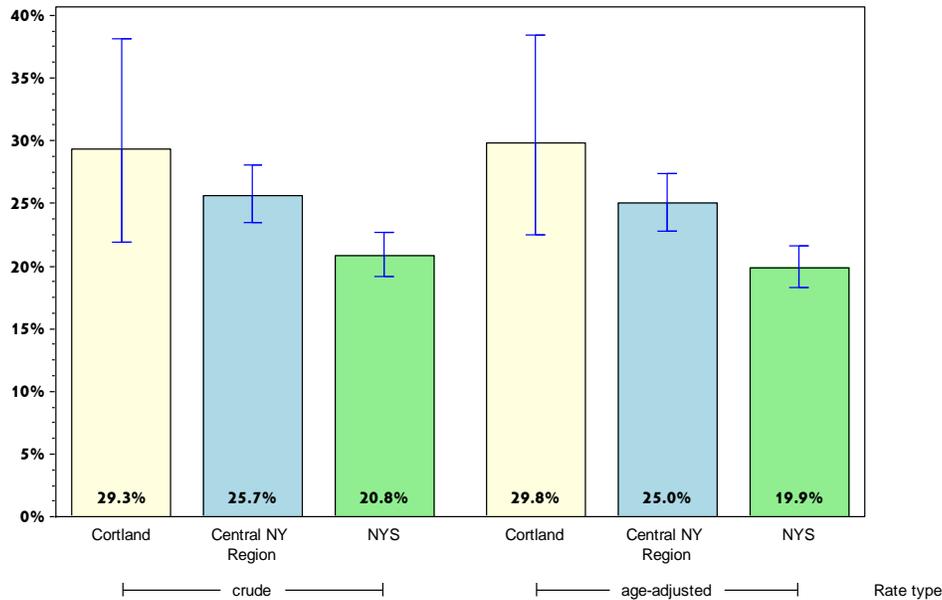
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	23,154	60.8	(51.1-69.7)	534,407	71.1	(68.6-73.5)
<b>Age</b>		#				
18-24		#		82,518	72.1	(63.5-79.4)
25-34		#		74,301	70.2	(62.4-77.0)
35-44		#		85,568	75.9	(69.3-81.5)
45-64	7,440	62.1 <sup>^</sup>	(51.5-71.6)	193,071	72.9	(69.3-76.2)
65+	3,258	49.1	(39.7-58.6)	93,810	63.8	(59.0-68.4)
<b>Race</b>						
White, NH	20,812	61.7 <sup>^</sup>	(51.7-70.9)	466,489	72.0	(69.5-74.4)
Black, NH		#		30,825	66.3 <sup>^</sup>	(52.1-78.1)
Hispanic		#		16,448	63.6 <sup>^</sup>	(48.0-76.7)
Other, NH		#		20,645	65.3 <sup>^</sup>	(49.7-78.1)
<b>Sex</b>						
male	9,487	52.4 <sup>^</sup>	(38.3-66.1)	250,463	68.1	(64.4-71.7)
female	13,667	68.4 <sup>^</sup>	(56.9-78.0)	283,944	73.9	(70.6-77.0)
<b>Age-adjusted<sup>&amp;</sup></b>		61.3	(52.0-69.9)		71.4	(68.8-73.9)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	11,469	29.3	(21.9-38.1)	201,979	25.7	(23.4-28.1)
<b>Age</b>						
18-24	#	#		15,357	13.0	(8.2-19.9)
25-34	#	#		16,610	14.9	(10.3-20.9)
35-44	#	#		29,031	24.4	(18.4-31.5)
45-64	3,976	32.4	(24.0-42.2)	87,967	31.8	(28.1-35.6)
65+	2,901	43.3	(34.0-53.1)	51,609	34.0	(29.7-38.7)
<b>Race</b>						
White, NH	9,548	27.5	(20.2-36.3)	178,968	26.5	(24.1-29.1)
Black, NH	#	#		8,919	18.6 <sup>^</sup>	(10.9-29.8)
Hispanic	#	#		9,726	32.7 <sup>^</sup>	(20.5-47.9)
Other, NH	#	#		4,366	12.7	(7.4-21.0)
<b>Sex</b>						
male	4,424	23.5 <sup>^</sup>	(15.7-33.5)	86,850	22.7	(19.6-26.0)
female	7,045	34.8 <sup>^</sup>	(23.6-48.0)	115,129	28.5	(25.3-31.9)
<b>Age-adjusted<sup>&amp;</sup></b>		29.8	(22.5-38.4)		25.0	(22.8-27.4)

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

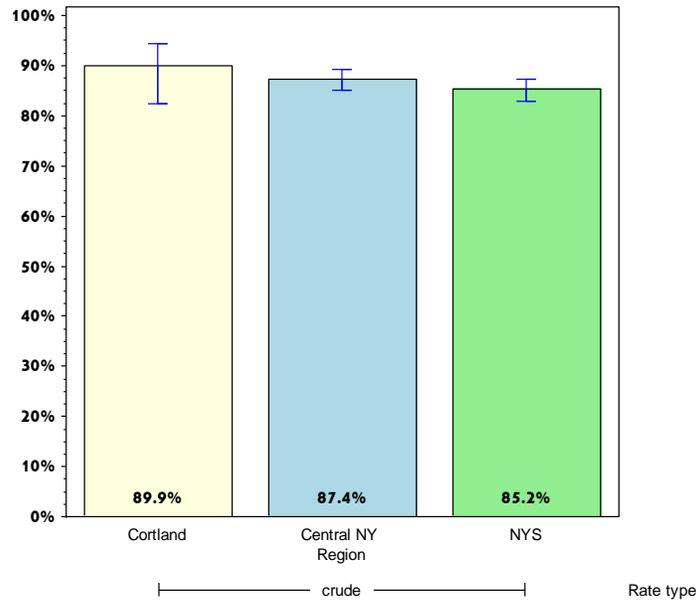
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults aged 18-64 years with healthcare coverage



#### Cortland County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	28,327	89.9	(82.3-94.4)	548,937	87.4	(85.1-89.3)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	25,034	91.8	(85.1-95.7)	474,023	89.6	(87.4-91.4)
Black, NH		#		29,543	67.4 <sup>^</sup>	(52.3-79.5)
Hispanic		#		21,208	77.9 <sup>^</sup>	(62.8-88.0)
Other, NH		#		24,163	86.1 <sup>^</sup>	(71.6-93.9)
<b>Sex</b>						
male	13,666	87.1 <sup>^</sup>	(74.5-94.0)	252,448	82.6	(78.8-85.9)
female	14,661	92.7 <sup>^</sup>	(81.8-97.3)	296,489	91.9	(89.6-93.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

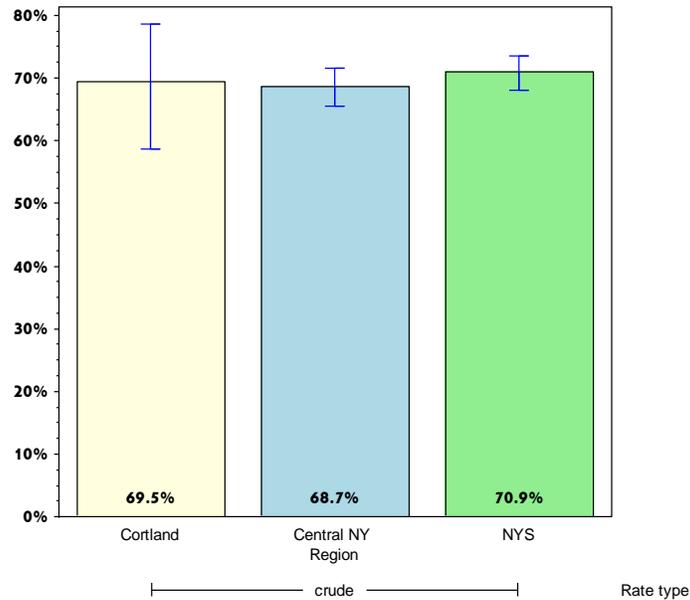
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	22,204	69.5 <sup>^</sup>	(58.6-78.5)	433,995	68.7	(65.5-71.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	18,370	66.3 <sup>^</sup>	(54.7-76.2)	359,569	67.5	(64.1-70.8)
Black, NH		#		36,143	81.4 <sup>^</sup>	(69.1-89.5)
Hispanic		#		19,995	73.4 <sup>^</sup>	(58.8-84.2)
Other, NH		#		18,289	65.2 <sup>^</sup>	(48.2-79.1)
<b>Sex</b>						
male	10,228	65.6 <sup>^</sup>	(48.7-79.4)	191,802	61.5	(56.7-66.2)
female	11,976	73.1 <sup>^</sup>	(58.9-83.8)	242,193	75.6	(71.9-79.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

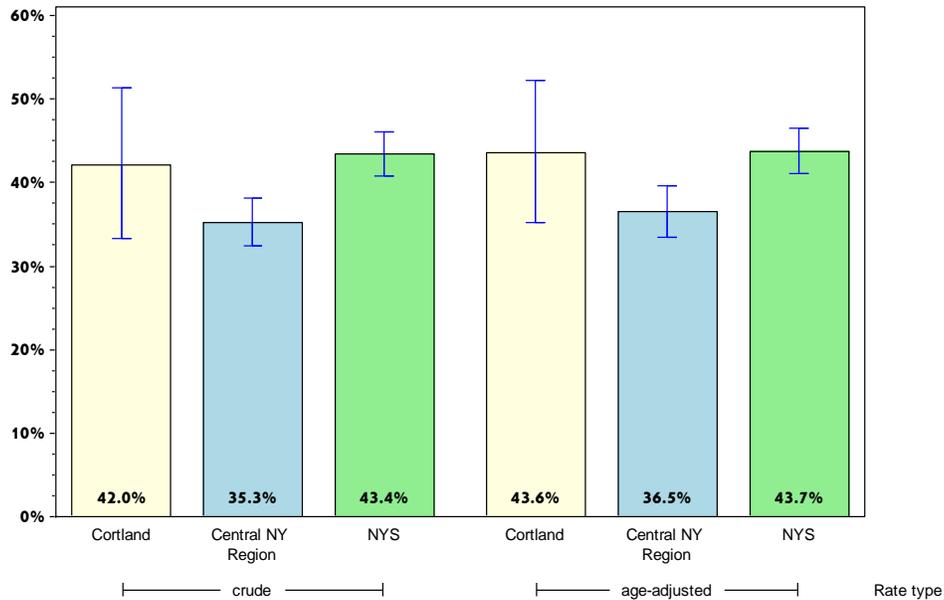
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing housing insecurity in the past 12 months\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	15,595	42.0	(33.3-51.3)	254,882	35.3	(32.5-38.1)
<b>Age</b>		#				
18-24		#		37,485	39.2 <sup>^</sup>	(28.9-50.6)
25-34		#		41,048	41.2	(32.6-50.4)
35-44		#		48,766	44.1	(36.4-52.1)
45-64	5,493	46.0 <sup>^</sup>	(35.8-56.4)	99,322	37.5	(33.6-41.5)
65+	2,116	32.1 <sup>^</sup>	(23.1-42.7)	25,648	17.7	(14.6-21.4)
<b>Race</b>						
White, NH	12,458	38.0	(29.7-47.1)	206,175	33.1	(30.3-36.2)
Black, NH		#		21,502	51.1 <sup>^</sup>	(36.2-65.9)
Hispanic		#		18,595	68.0 <sup>^</sup>	(52.1-80.6)
Other, NH		#		8,609	27.5 <sup>^</sup>	(16.4-42.2)
<b>Sex</b>						
male	5,539	31.5 <sup>^</sup>	(21.3-43.9)	112,700	32.0	(27.9-36.5)
female	10,056	51.6 <sup>^</sup>	(39.3-63.6)	142,182	38.4	(34.6-42.2)
<b>Age-adjusted<sup>&amp;</sup></b>		43.6	(35.3-52.2)		36.5	(33.4-39.6)

\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

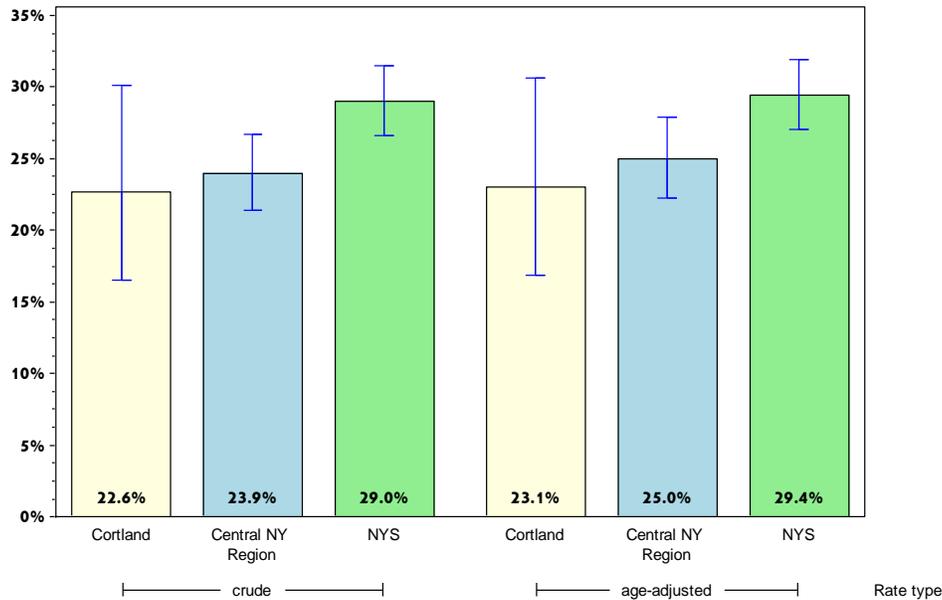
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults experiencing food insecurity in the past 12 months\*



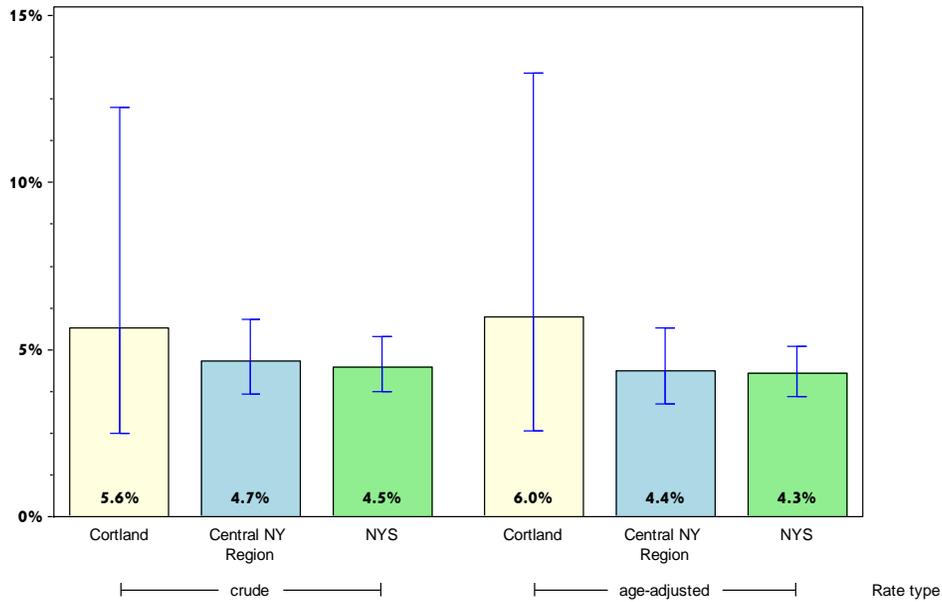
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,698	22.6	(16.6-30.1)	184,140	23.9	(21.4-26.7)
<b>Age</b>						
18-24		#		37,047	31.9 <sup>^</sup>	(22.9-42.3)
25-34		#		35,326	32.8 <sup>^</sup>	(23.7-43.4)
35-44		#		33,267	29.0	(22.9-35.9)
45-64	3,097	25.8	(18.4-34.8)	64,611	23.8	(20.7-27.3)
65+	715	10.6	(6.1-17.5)	12,311	8.2	(6.0-11.0)
<b>Race</b>						
White, NH	7,904	23.2	(16.8-31.2)	145,175	22.0	(19.3-24.9)
Black, NH		#		21,475	46.1 <sup>^</sup>	(31.5-61.3)
Hispanic		#		9,485	32.8 <sup>^</sup>	(20.6-47.9)
Other, NH		#		8,006	24.8 <sup>^</sup>	(14.2-39.7)
<b>Sex</b>						
male	2,293	12.5	(7.1-21.3)	71,782	19.1	(15.8-23.0)
female	6,404	31.8 <sup>^</sup>	(22.2-43.2)	112,358	28.5	(24.7-32.6)
<b>Age-adjusted<sup>&amp;</sup></b>		23.1	(16.9-30.7)		25.0	(22.2-27.9)

\* Worried or stressed about having enough money to buy nutritious meals.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



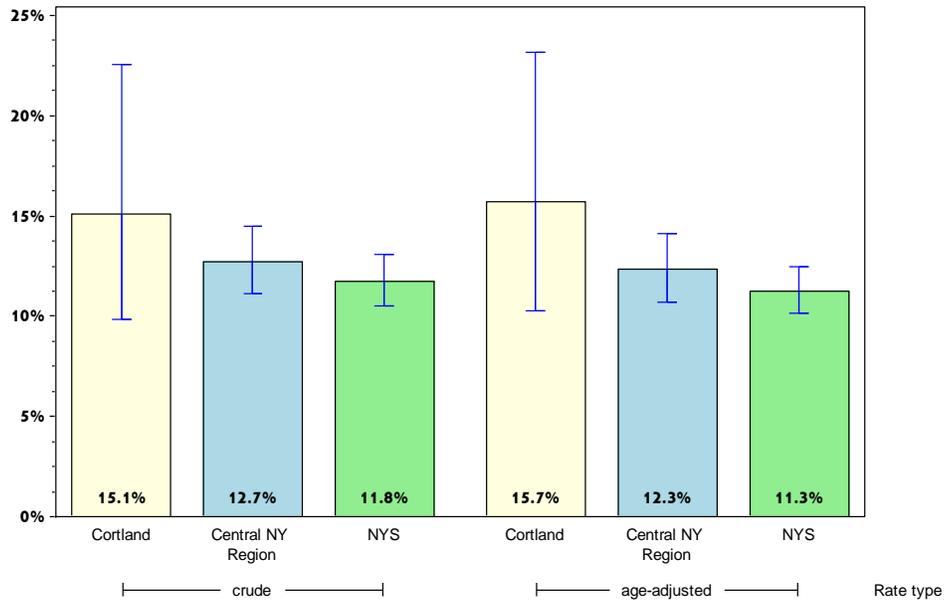
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,157	5.6	(2.5-12.3)	37,110	4.7	(3.7-5.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	858	7.0	(3.8-12.5)	20,709	7.4	(5.4-10.2)
65+		#		8,009	5.2	(3.9-7.0)
<b>Race</b>						
White, NH	1,085	3.2	(1.9-5.4)	31,424	4.6	(3.5-6.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		18,540	4.8	(3.3-6.9)
female	1,739	9.1 <sup>^</sup>	(3.4-21.8)	18,570	4.5	(3.3-6.1)
<b>Age-adjusted<sup>&amp;</sup></b>		6.0	(2.6-13.3)		4.4	(3.4-5.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	5,658	15.1	(9.8-22.5)	99,092	12.7	(11.1-14.5)
<b>Age</b>		#				
18-24		#		7,266	6.3	(3.7-10.4)
25-34		#		9,276	8.2	(5.0-13.2)
35-44		#		13,032	10.9	(7.1-16.5)
45-64	1,722	14.2	(9.5-20.6)	47,772	17.4	(14.4-20.8)
65+	1,268	19.5	(12.8-28.7)	20,832	14.2	(11.6-17.4)
<b>Race</b>						
White, NH	4,297	13.0	(8.5-19.3)	86,267	12.9	(11.2-14.8)
Black, NH		#		3,917	8.5	(4.3-16.2)
Hispanic		#		6,628	22.9 <sup>^</sup>	(12.6-37.9)
Other, NH		#		2,279	6.9	(3.5-13.3)
<b>Sex</b>						
male	1,834	9.9	(5.7-16.6)	39,487	10.4	(8.5-12.7)
female	3,824	20.3 <sup>^</sup>	(11.6-33.0)	59,604	14.9	(12.5-17.7)
<b>Age-adjusted<sup>&amp;</sup></b>		15.7	(10.3-23.2)		12.3	(10.7-14.1)

\* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

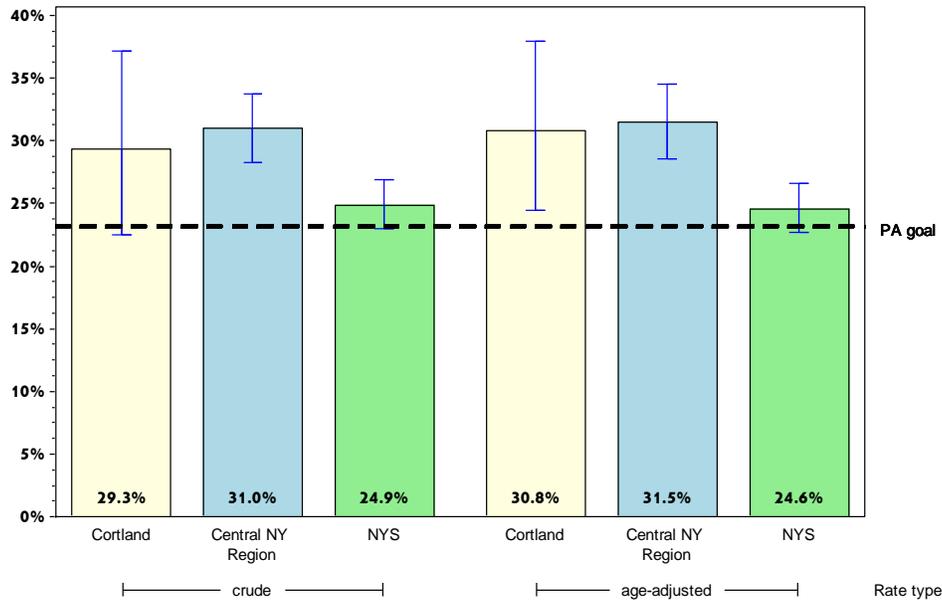
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,618	29.3	(22.5-37.2)	232,180	31.0	(28.3-33.7)
<b>Age</b>						
18-24		#		15,545	14.4 <sup>^</sup>	(7.9-24.9)
25-34		#		36,786	34.9 <sup>^</sup>	(25.5-45.5)
35-44		#		39,745	34.8	(27.2-43.3)
45-64	3,817	32.4	(24.3-41.8)	94,910	35.5	(31.8-39.3)
65+	2,326	34.3	(25.8-44.0)	44,163	29.4	(25.1-34.1)
<b>Race</b>						
White, NH	8,579	27.0	(20.6-34.5)	199,420	31.0	(28.2-34.0)
Black, NH		#		13,119	27.7 <sup>^</sup>	(16.3-42.9)
Hispanic		#		15,166	55.4 <sup>^</sup>	(39.2-70.6)
Other, NH		#		4,476	13.7 <sup>^</sup>	(7.5-23.7)
<b>Sex</b>						
male	4,782	25.5 <sup>^</sup>	(17.4-35.8)	112,660	29.6	(25.9-33.5)
female	5,836	33.3 <sup>^</sup>	(23.4-44.9)	119,520	32.4	(28.6-36.4)
<b>Age-adjusted<sup>&amp;</sup></b>		30.8	(24.4-37.9)		31.5	(28.5-34.6)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

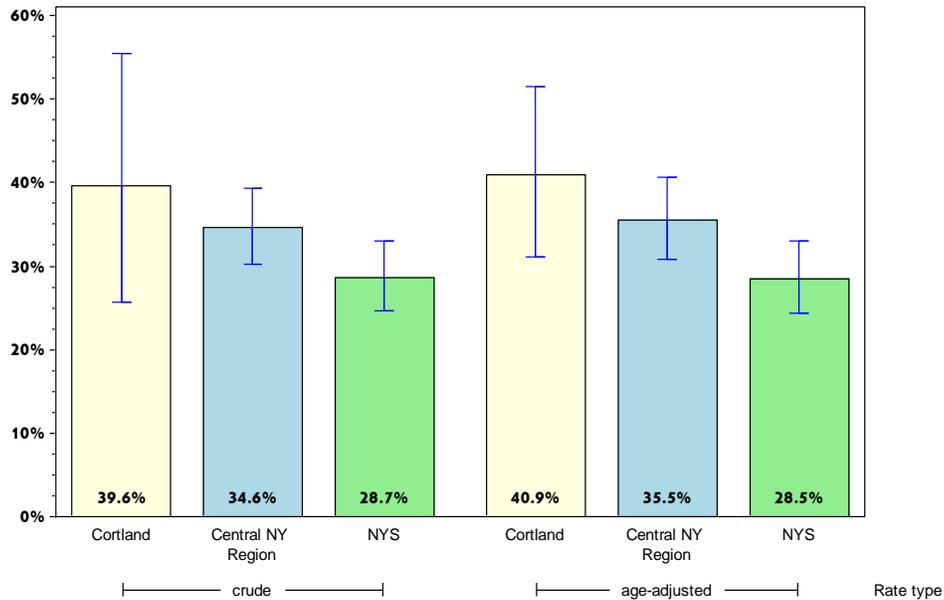
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,860	39.6 <sup>^</sup>	(25.7-55.5)	68,476	34.6	(30.2-39.3)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		12,831	45.4 <sup>^</sup>	(31.6-60.0)
35-44		#		9,132	34.1 <sup>^</sup>	(22.1-48.6)
45-64		#		27,821	42.7	(34.9-51.0)
65+	1,040	34.9 <sup>^</sup>	(21.6-50.9)	15,200	32.8	(26.0-40.4)
<b>Race</b>						
White, NH	2,413	33.2 <sup>^</sup>	(22.3-46.3)	53,173	35.0	(30.1-40.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		24,619	27.2	(21.4-33.8)
female	2,489	47.3 <sup>^</sup>	(27.2-68.3)	43,857	41.0	(34.8-47.4)
<b>Age-adjusted<sup>&amp;</sup></b>		40.9 <sup>^</sup>	(31.1-51.4)		35.5	(30.8-40.6)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

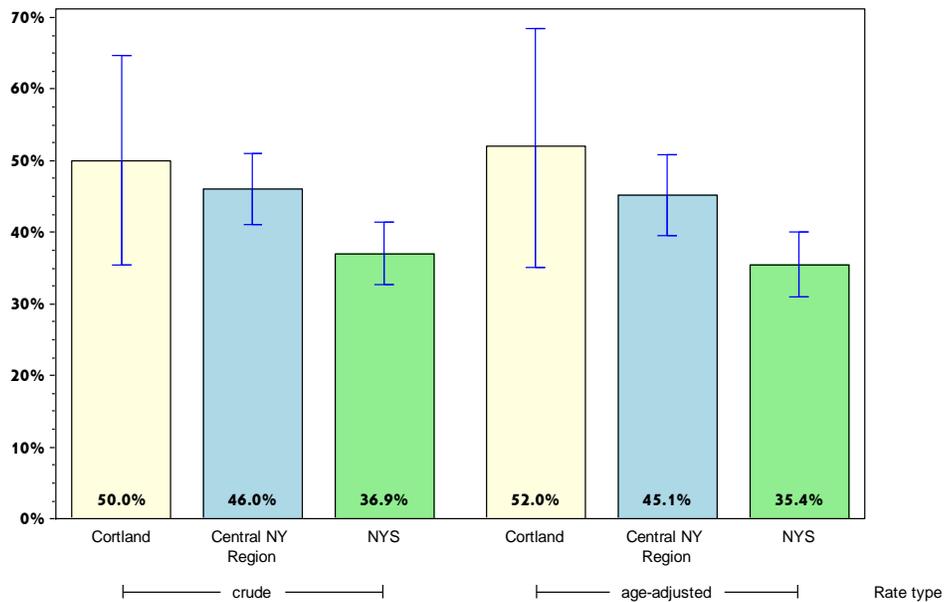
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults living with a disability who are obese\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,988	50.0 <sup>^</sup>	(35.4-64.6)	90,164	46.0	(41.0-51.0)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		14,949	51.5 <sup>^</sup>	(36.4-66.3)
45-64	1,565	41.6 <sup>^</sup>	(26.7-58.3)	40,972	47.6	(40.3-55.0)
65+	1,328	47.1 <sup>^</sup>	(32.3-62.4)	23,313	46.4	(38.3-54.7)
<b>Race</b>						
White, NH	3,609	44.8 <sup>^</sup>	(32.0-58.4)	79,282	45.6	(40.4-51.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	2,216	51.4 <sup>^</sup>	(33.8-68.6)	34,300	39.8	(32.6-47.5)
female	2,772	49.0 <sup>^</sup>	(28.0-70.4)	55,865	50.8	(44.3-57.4)
<b>Age-adjusted<sup>&amp;</sup></b>		52.0 <sup>^</sup>	(35.0-68.5)		45.1	(39.6-50.8)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

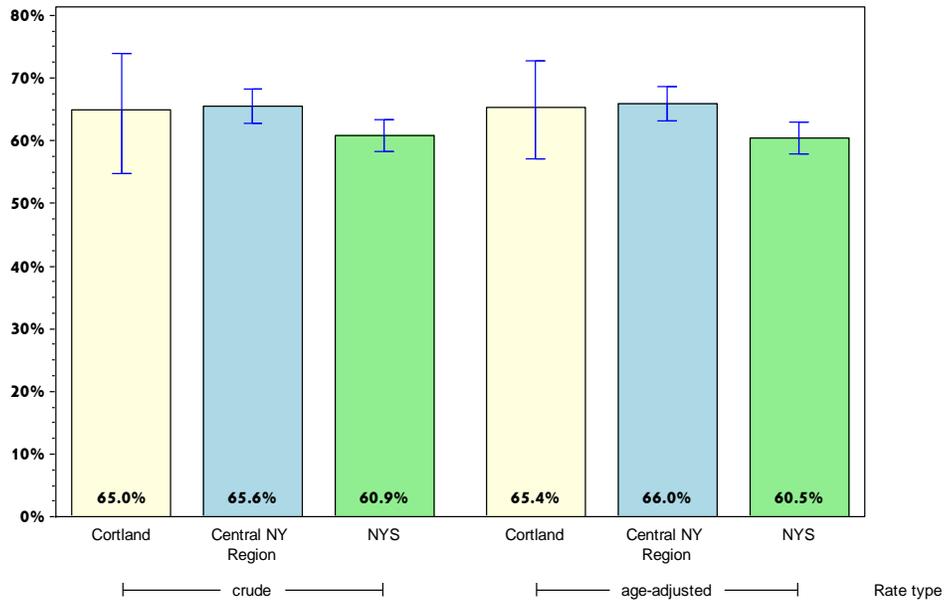
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	23,545	65.0 <sup>^</sup>	(54.8-74.0)	491,602	65.6	(62.8-68.2)
<b>Age</b>						
18-24		#		40,117	37.3	(28.4-47.1)
25-34		#		73,113	69.3	(61.5-76.1)
35-44		#		79,731	69.8	(62.5-76.3)
45-64	9,584	81.4	(74.4-86.8)	188,285	70.4	(66.3-74.1)
65+	4,916	72.6	(64.2-79.5)	107,465	71.6	(67.1-75.7)
<b>Race</b>						
White, NH	20,263	63.8 <sup>^</sup>	(53.1-73.2)	427,099	66.5	(63.7-69.1)
Black, NH		#		32,244	68.1 <sup>^</sup>	(52.1-80.7)
Hispanic		#		19,919	72.8 <sup>^</sup>	(54.0-85.9)
Other, NH		#		12,340	37.8 <sup>^</sup>	(24.7-52.9)
<b>Sex</b>						
male	12,759	68.2 <sup>^</sup>	(51.1-81.4)	273,320	71.7	(68.0-75.2)
female	10,786	61.6 <sup>^</sup>	(49.5-72.4)	218,282	59.2	(55.2-63.0)
<b>Age-adjusted<sup>&amp;</sup></b>		65.4	(57.2-72.7)		66.0	(63.2-68.7)

\* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

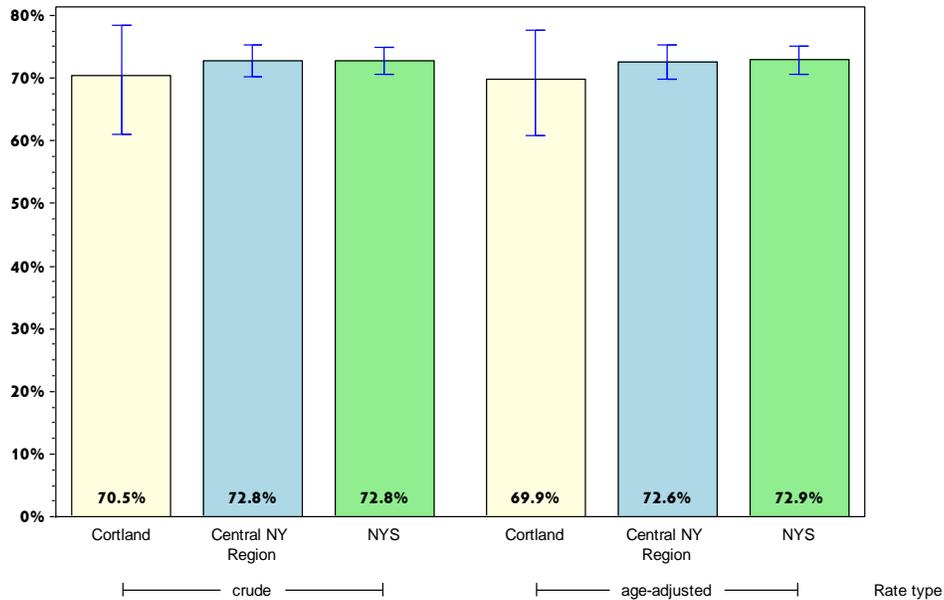
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



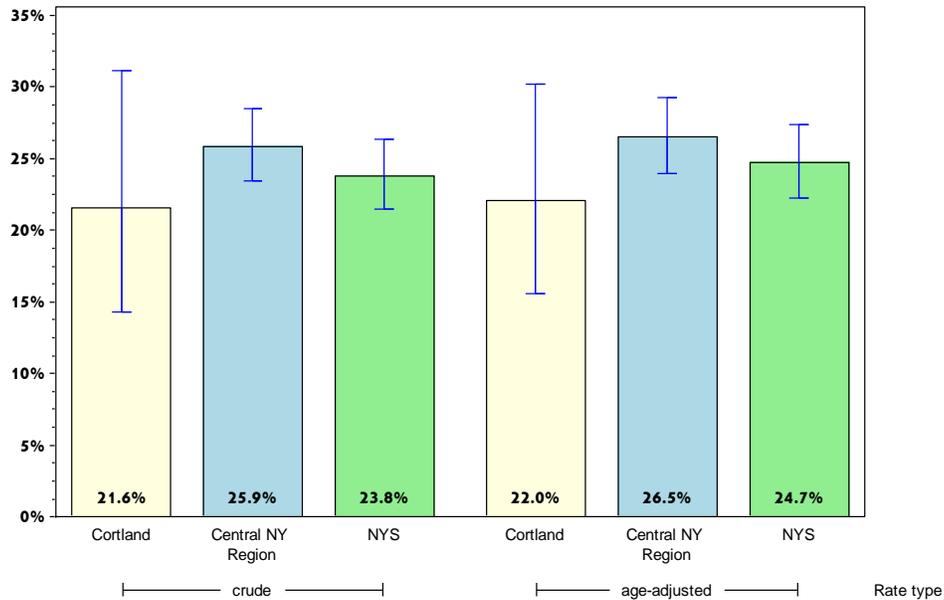
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	27,336	70.5	(61.1-78.4)	563,442	72.8	(70.3-75.2)
<b>Age</b>		#				
18-24		#		96,352	82.5	(73.4-89.0)
25-34		#		82,776	76.0	(68.5-82.2)
35-44		#		78,437	68.2	(60.1-75.4)
45-64	9,209	75.8	(66.2-83.3)	196,782	72.0	(68.4-75.4)
65+	4,267	61.9	(52.3-70.7)	103,254	68.3	(63.9-72.4)
<b>Race</b>						
White, NH	24,453	71.1	(61.6-79.0)	490,619	73.8	(71.2-76.3)
Black, NH		#		32,621	70.0 <sup>^</sup>	(56.7-80.6)
Hispanic		#		16,954	59.3 <sup>^</sup>	(43.4-73.5)
Other, NH		#		23,247	68.6 <sup>^</sup>	(52.7-81.0)
<b>Sex</b>						
male	13,033	70.4 <sup>^</sup>	(55.0-82.2)	278,507	73.9	(69.8-77.6)
female	14,304	70.6 <sup>^</sup>	(58.7-80.3)	284,934	71.8	(68.5-74.9)
<b>Age-adjusted<sup>&amp;</sup></b>		69.9	(60.8-77.6)		72.6	(69.9-75.2)

\* Any physical activities or exercises such as running or walking  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



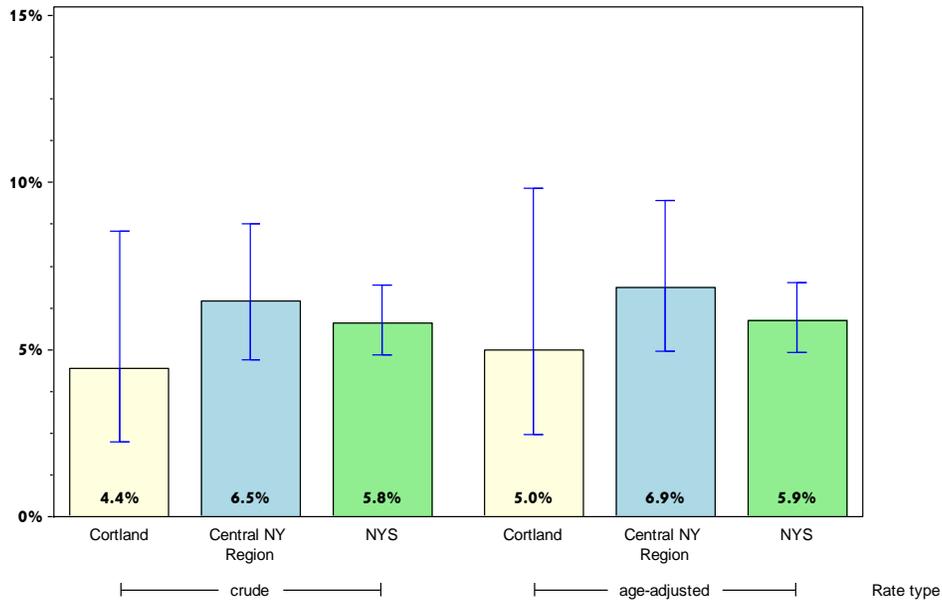
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,266	21.6	(14.3-31.1)	196,097	25.9	(23.4-28.5)
<b>Age</b>		#				
18-24		#		54,522	47.5 <sup>^</sup>	(37.4-57.9)
25-34		#		32,193	30.1	(23.2-38.1)
35-44		#		32,536	28.6	(22.5-35.6)
45-64	1,602	13.4	(7.7-22.2)	54,987	20.7	(17.6-24.2)
65+	719	10.6	(6.0-18.1)	21,285	14.4	(11.4-18.0)
<b>Race</b>						
White, NH	7,073	20.8	(13.5-30.7)	156,050	23.9	(21.5-26.5)
Black, NH		#		20,180	43.4 <sup>^</sup>	(28.7-59.4)
Hispanic		#		12,492	45.9 <sup>^</sup>	(30.4-62.2)
Other, NH		#		7,376	23.0 <sup>^</sup>	(12.7-38.0)
<b>Sex</b>						
male	3,077	16.8 <sup>^</sup>	(9.8-27.3)	113,761	30.8	(27.0-34.8)
female	5,189	25.9 <sup>^</sup>	(14.9-41.1)	82,336	21.2	(18.1-24.7)
<b>Age-adjusted<sup>&amp;</sup></b>		22.0	(15.6-30.2)		26.5	(24.0-29.2)

\* Sugary drinks include regular soda, and sugar-sweetened drinks.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults who consume fast-food three or more times per week



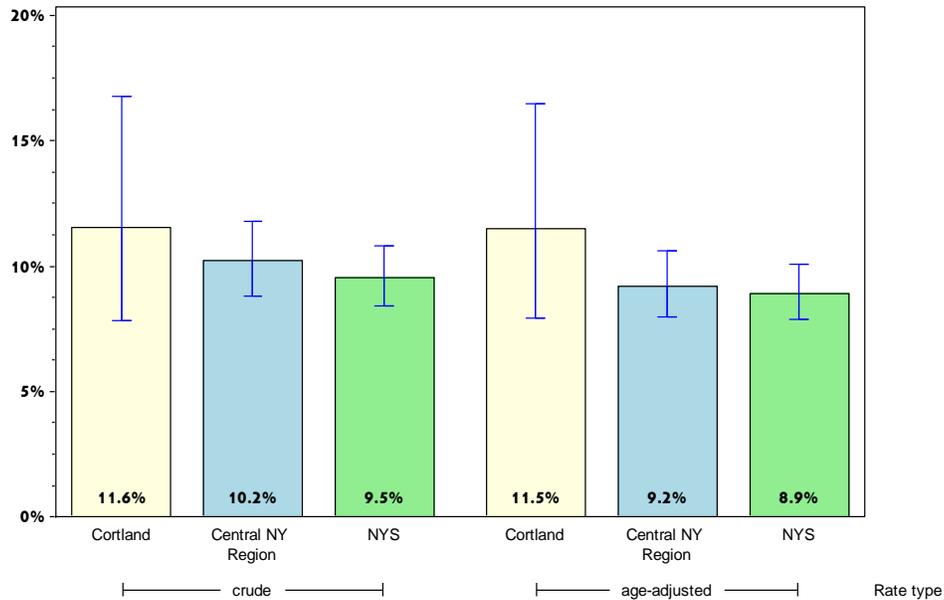
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	1,695	4.4	(2.2-8.6)	48,560	6.5	(4.7-8.8)
<b>Age</b>		#				
18-24		#		15,881	13.8	(8.3-22.3)
25-34		#		13,958	13.1 <sup>^</sup>	(5.8-27.2)
35-44		#		7,133	6.3	(3.8-10.1)
45-64		#		9,229	3.5	(2.4-5.1)
65+		#		2,357	1.6	(1.0-2.5)
<b>Race</b>						
White, NH	1,695	5.0	(2.5-9.6)	36,435	5.6	(3.9-8.1)
Black, NH		#		8,233	17.9 <sup>^</sup>	(7.7-36.2)
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		22,355	6.1	(4.7-7.8)
female	540	2.7	(1.2-5.8)	26,205	6.8	(4.0-11.4)
<b>Age-adjusted<sup>&amp;</sup></b>		5.0	(2.5-9.8)		6.9	(4.9-9.5)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with physician diagnosed diabetes\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,563	11.6	(7.8-16.7)	81,750	10.2	(8.8-11.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		5,759	4.8	(2.8-8.0)
45-64	1,903	15.4 <sup>^</sup>	(8.8-25.5)	40,265	14.3	(11.3-18.0)
65+	1,666	24.1 <sup>^</sup>	(16.1-34.4)	32,274	20.9	(17.7-24.4)
<b>Race</b>						
White, NH	4,016	11.5	(7.7-16.8)	69,888	10.2	(8.7-11.9)
Black, NH		#		4,062	8.3	(4.2-15.9)
Hispanic		#		4,507	15.2 <sup>^</sup>	(7.4-28.4)
Other, NH		#		3,293	9.5 <sup>^</sup>	(3.7-22.2)
<b>Sex</b>						
male	2,933	15.4	(9.3-24.5)	37,190	9.6	(8.0-11.5)
female	1,630	8.0	(4.4-14.1)	44,560	10.8	(8.7-13.4)
<b>Age-adjusted<sup>&amp;</sup></b>		11.5	(7.9-16.5)		9.2	(8.0-10.6)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

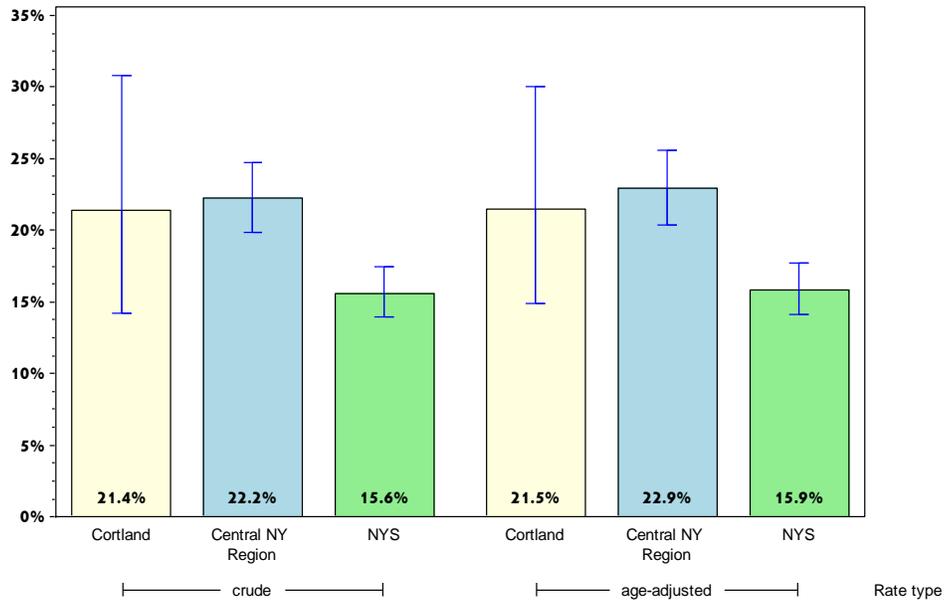
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



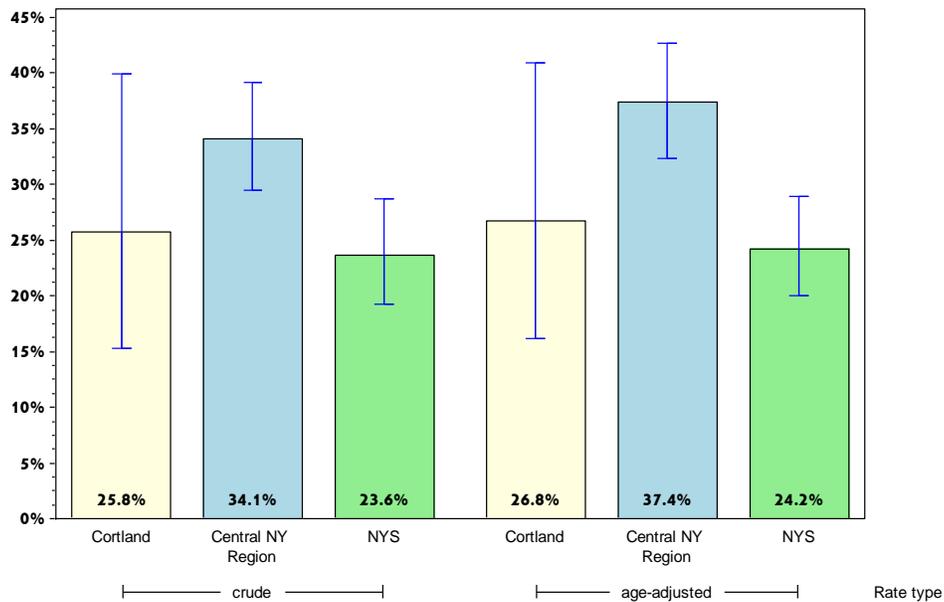
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,377	21.4	(14.2-30.8)	173,163	22.2	(19.9-24.8)
<b>Age</b>		#				
18-24		#		34,340	29.1	(20.8-39.1)
25-34		#		24,697	22.4	(16.1-30.1)
35-44		#		33,920	28.8	(22.1-36.4)
45-64	2,562	21.0 <sup>^</sup>	(13.1-32.0)	65,132	23.7	(20.4-27.4)
65+	919	13.4	(8.3-20.9)	14,610	9.7	(7.3-12.8)
<b>Race</b>						
White, NH	7,107	20.4 <sup>^</sup>	(12.9-30.6)	144,674	21.6	(19.2-24.3)
Black, NH		#		15,388	32.3 <sup>^</sup>	(19.6-48.3)
Hispanic		#		6,576	22.1 <sup>^</sup>	(12.3-36.5)
Other, NH		#		6,525	19.5 <sup>^</sup>	(10.9-32.4)
<b>Sex</b>						
male	4,652	24.6 <sup>^</sup>	(13.3-40.9)	87,995	23.2	(19.8-27.0)
female	3,724	18.4 <sup>^</sup>	(11.0-29.0)	85,169	21.3	(18.1-24.8)
<b>Age-adjusted<sup>&amp;</sup></b>		21.5	(14.9-30.0)		22.9	(20.4-25.6)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,588	25.8 <sup>^</sup>	(15.4-39.9)	68,906	34.1	(29.5-39.1)
<b>Age</b>						
18-24		#		12,033	37.4 <sup>^</sup>	(24.5-52.4)
25-34		#		9,539	32.2 <sup>^</sup>	(20.4-46.9)
35-44		#		14,256	55.9 <sup>^</sup>	(40.8-69.9)
45-64		#		27,331	41.2	(33.4-49.4)
65+	382	12.5 <sup>^</sup>	(6.4-22.9)	5,747	12.4	(8.2-18.3)
<b>Race</b>						
White, NH	1,670	21.9 <sup>^</sup>	(13.1-34.1)	51,709	33.4	(28.3-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		34,818	38.1	(30.6-46.3)
female	1,219	22.1 <sup>^</sup>	(11.2-39.0)	34,089	30.8	(25.4-36.9)
<b>Age-adjusted<sup>&amp;</sup></b>		26.8 <sup>^</sup>	(16.1-40.9)		37.4	(32.4-42.6)

& Percent is age-adjusted to the 2000 United States Population.

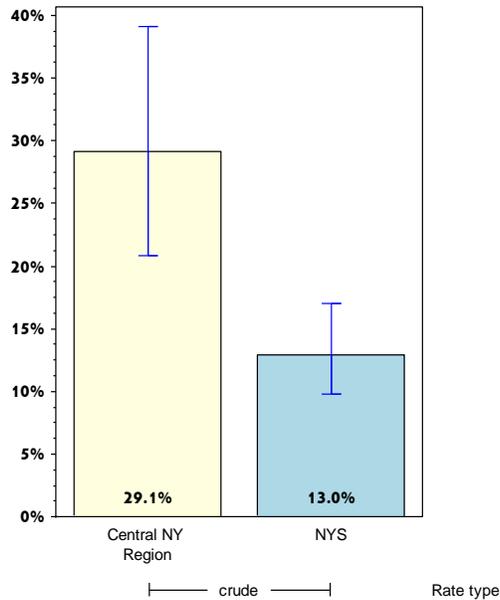
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults aged 18-24 years who are current smokers



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		34,340	29.1	(20.8-39.1)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		26,085	28.5 <sup>^</sup>	(19.8-39.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		18,851	30.1 <sup>^</sup>	(19.3-43.7)
female		#		15,488	28.1 <sup>^</sup>	(16.5-43.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

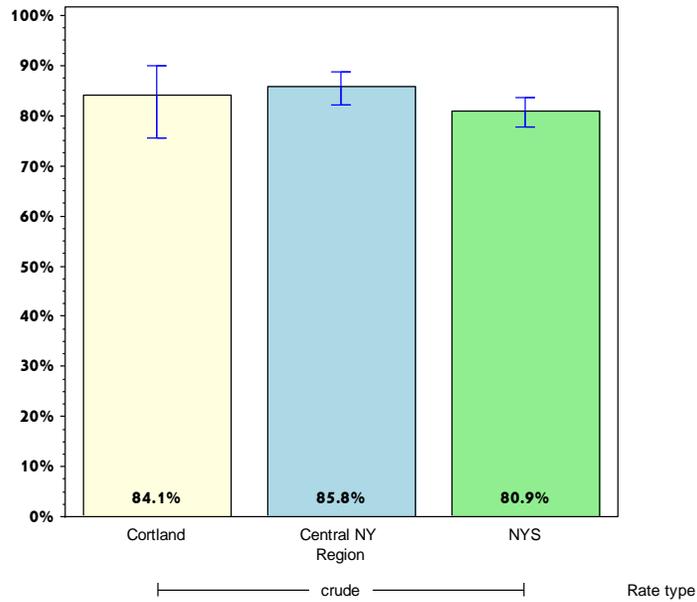
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



### Cortland County

### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	5,029	84.1	(75.5-90.0)	128,239	85.8	(82.2-88.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	5,018	86.2	(79.2-91.0)	114,469	87.3	(84.1-90.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	5,029	84.1	(75.5-90.0)	128,239	85.8	(82.2-88.8)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

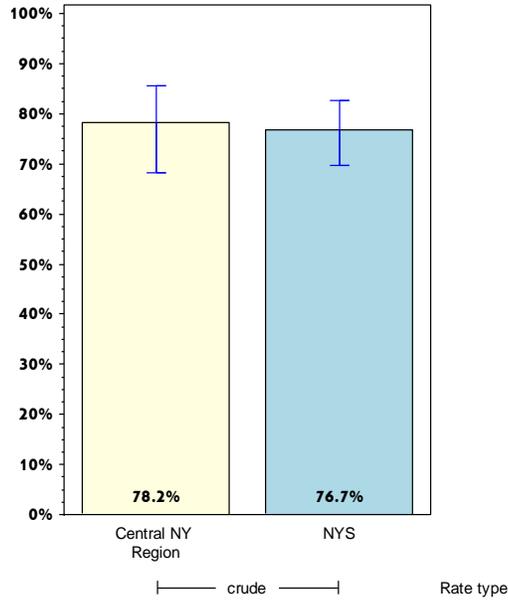
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		31,053	78.2	(68.2-85.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		25,811	81.7	(73.3-87.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		31,053	78.2	(68.2-85.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

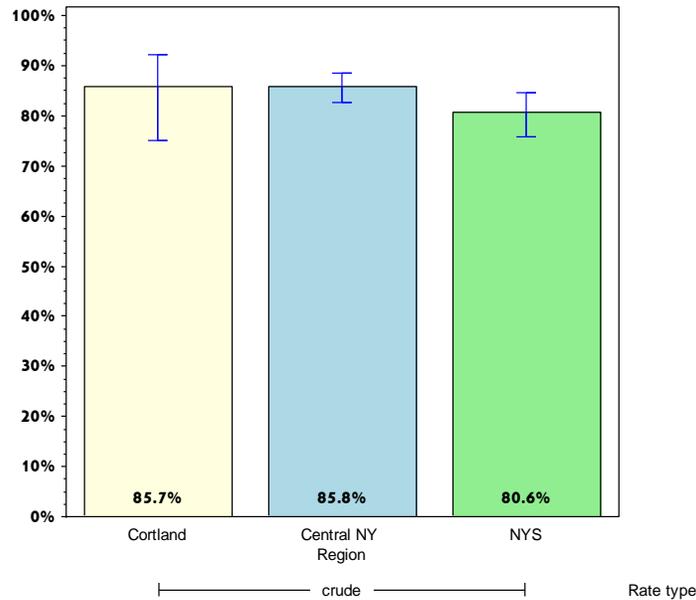
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



### Cortland County

### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	12,921	85.7 <sup>^</sup>	(75.1-92.2)	245,988	85.8	(82.7-88.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	10,963	87.0 <sup>^</sup>	(76.9-93.1)	212,616	86.5	(83.4-89.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	12,921	85.7 <sup>^</sup>	(75.1-92.2)	245,988	85.8	(82.7-88.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

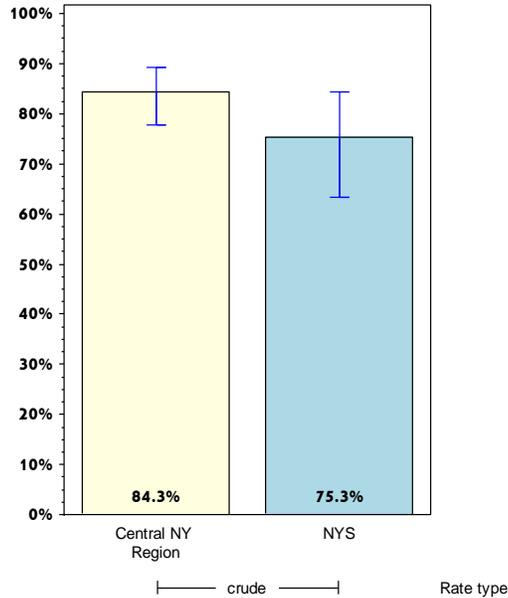
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		60,764	84.3	(77.8-89.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		46,184	83.2	(75.7-88.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		60,764	84.3	(77.8-89.2)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

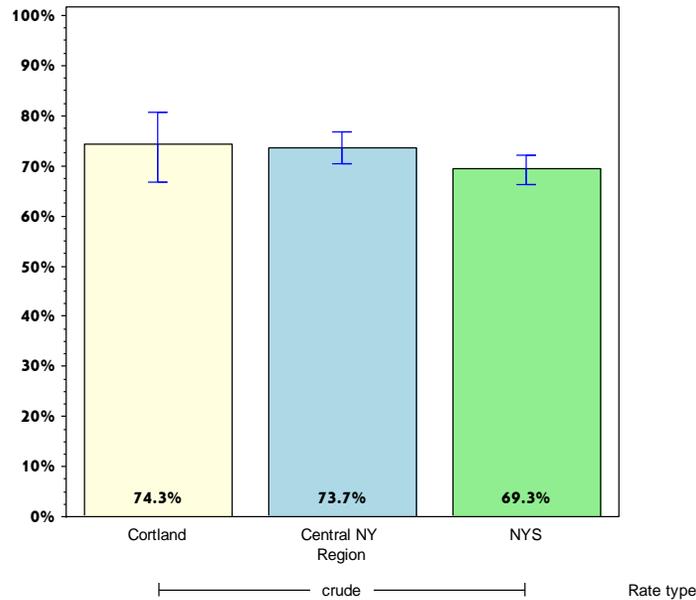
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	9,099	74.3	(66.8-80.7)	210,614	73.7	(70.3-76.7)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	8,437	72.9	(65.4-79.4)	189,141	73.3	(69.9-76.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	4,760	77.6 <sup>^</sup>	(66.3-85.9)	98,872	72.8	(67.8-77.4)
female	4,339	71.1 <sup>^</sup>	(60.8-79.5)	111,742	74.4	(69.9-78.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

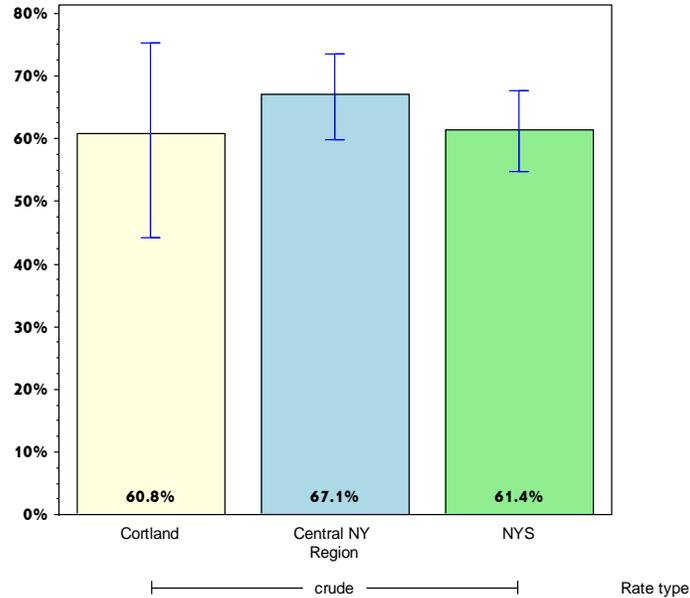
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	2,289	60.8 <sup>^</sup>	(44.2-75.2)	47,228	67.1	(59.9-73.5)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	1,685	53.3 <sup>^</sup>	(39.1-66.9)	38,073	66.9	(59.2-73.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		17,975	59.1 <sup>^</sup>	(47.6-69.8)
female		#		29,254	73.2	(64.0-80.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

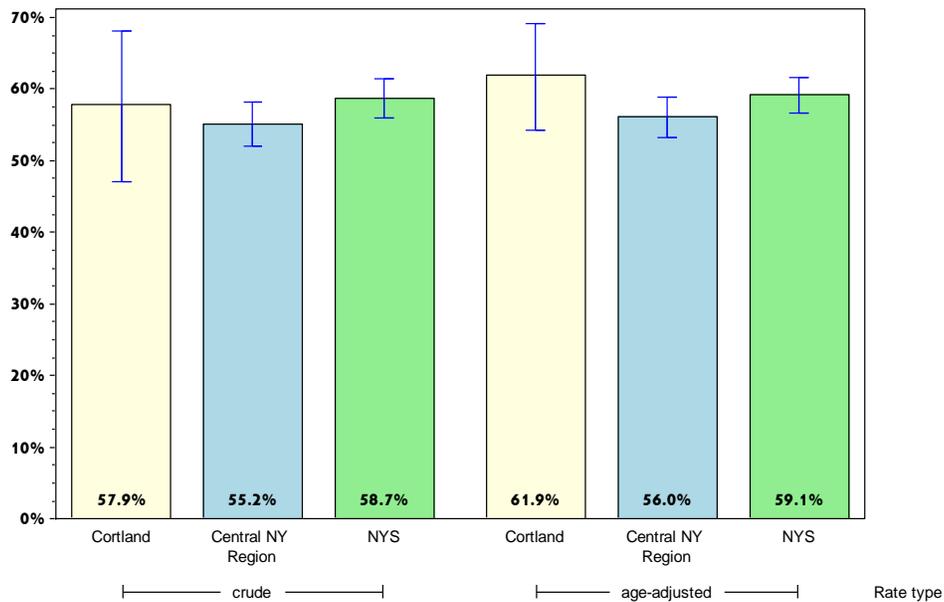
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



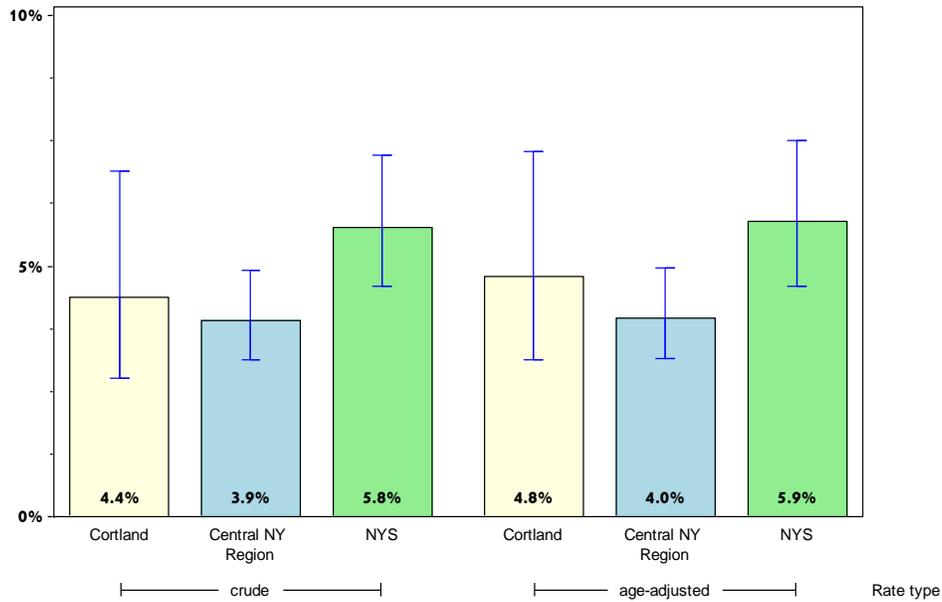
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	19,423	57.9 <sup>^</sup>	(47.0-68.1)	380,054	55.2	(52.0-58.3)
<b>Age</b>		#				
18-24		#		28,776	24.2	(17.6-32.3)
25-34		#		46,551	42.4	(34.1-51.2)
35-44		#		62,705	58.1	(50.4-65.4)
45-64	6,834	69.1 <sup>^</sup>	(57.8-78.6)	154,905	67.4	(63.5-71.0)
65+	4,057	81.6	(73.0-87.9)	82,449	72.3	(66.6-77.3)
<b>Race</b>						
White, NH	16,178	54.4 <sup>^</sup>	(43.5-64.9)	343,623	58.2	(54.9-61.4)
Black, NH		#		16,147	36.4 <sup>^</sup>	(23.1-52.1)
Hispanic		#		11,146	44.2 <sup>^</sup>	(28.5-61.2)
Other, NH		#		9,138	31.4 <sup>^</sup>	(19.1-47.0)
<b>Sex</b>						
male	6,486	41.5 <sup>^</sup>	(28.5-55.8)	175,727	52.4	(48.1-56.7)
female	12,938	72.2 <sup>^</sup>	(58.3-82.8)	204,327	57.8	(53.1-62.2)
<b>Age-adjusted<sup>&amp;</sup></b>		61.9	(54.2-69.1)		56.0	(53.2-58.9)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



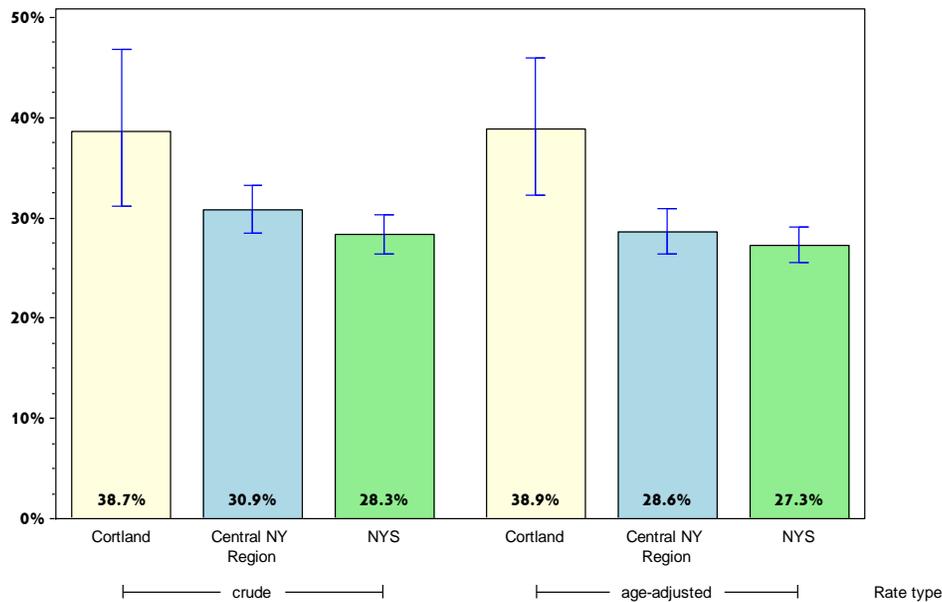
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	1,528	4.4	(2.8-6.9)	27,859	3.9	(3.1-4.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		3,689	3.3	(1.8-5.7)
45-64	607	5.8	(3.0-10.9)	12,324	5.2	(3.6-7.3)
65+	764	14.7	(8.5-24.1)	7,468	6.3	(4.5-8.7)
<b>Race</b>						
White, NH	1,528	4.9	(3.1-7.8)	24,742	4.1	(3.2-5.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	728	4.5	(2.4-8.5)	13,397	3.8	(2.7-5.4)
female	800	4.3	(2.2-8.1)	14,462	4.0	(3.0-5.4)
<b>Age-adjusted<sup>&amp;</sup></b>		4.8	(3.1-7.3)		4.0	(3.1-5.0)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	15,221	38.7	(31.1-46.8)	246,672	30.9	(28.5-33.3)
<b>Age</b>						
18-24		#		8,206	6.8	(2.8-15.8)
25-34		#		12,808	11.2	(7.7-16.0)
35-44		#		23,198	19.2	(13.7-26.3)
45-64	5,748	46.7 <sup>^</sup>	(36.9-56.8)	112,074	39.9	(36.1-43.8)
65+	4,195	60.6	(51.2-69.2)	86,174	56.0	(51.1-60.7)
<b>Race</b>						
White, NH	13,790	39.5	(31.6-48.1)	218,414	31.8	(29.3-34.4)
Black, NH		#		13,814	28.4 <sup>^</sup>	(18.5-40.8)
Hispanic		#		6,447	21.7 <sup>^</sup>	(13.0-34.0)
Other, NH		#		7,997	23.7 <sup>^</sup>	(13.9-37.3)
<b>Sex</b>						
male	9,099	48.0 <sup>^</sup>	(35.1-61.1)	123,566	31.9	(28.5-35.4)
female	6,123	30.0	(22.4-38.9)	123,106	29.9	(26.8-33.3)
<b>Age-adjusted<sup>&amp;</sup></b>		38.9	(32.2-45.9)		28.6	(26.4-30.9)

& Percent is age-adjusted to the 2000 United States Population.

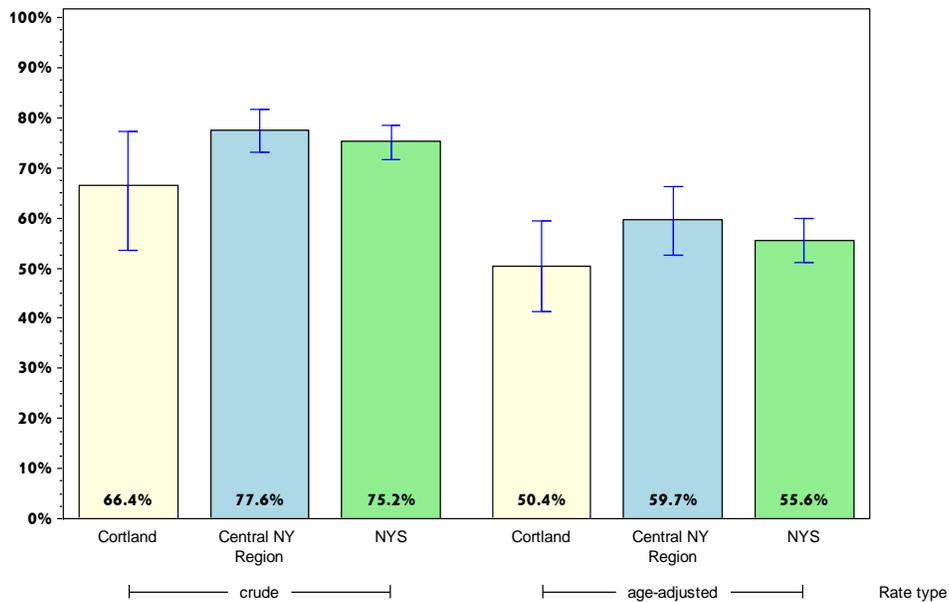
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



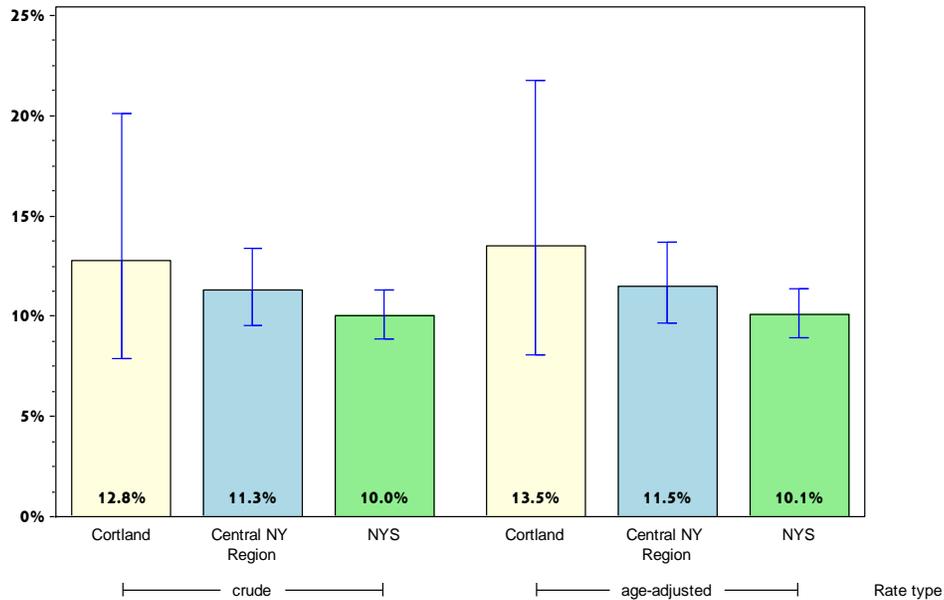
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,110	66.4 <sup>^</sup>	(53.6-77.2)	191,045	77.6	(73.1-81.6)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		11,677	50.3 <sup>^</sup>	(32.7-67.9)
45-64	4,189	72.9 <sup>^</sup>	(54.6-85.7)	88,520	79.1	(72.7-84.3)
65+	4,036	96.2	(90.7-98.5)	80,813	94.1	(91.2-96.1)
<b>Race</b>						
White, NH	9,465	68.6 <sup>^</sup>	(55.4-79.4)	171,648	78.7	(73.8-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	4,774	52.5 <sup>^</sup>	(36.5-68.0)	91,238	73.9	(66.7-80.1)
female	5,335	87.1	(77.8-92.9)	99,807	81.2	(75.7-85.8)
<b>Age-adjusted<sup>&amp;</sup></b>		50.4	(41.3-59.4)		59.7	(52.7-66.4)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,946	12.8	(7.9-20.1)	89,417	11.3	(9.5-13.4)
<b>Age</b>		#				
18-24		#		20,846	17.5	(10.7-27.4)
25-34		#		10,529	9.3	(5.3-15.8)
35-44		#		17,793	15.0	(10.2-21.5)
45-64	1,441	11.7	(7.4-18.0)	28,901	10.4	(8.4-12.9)
65+	778	11.2	(6.4-19.0)	10,467	6.8	(5.1-9.1)
<b>Race</b>						
White, NH	3,837	11.2	(7.1-17.3)	72,841	10.7	(8.9-12.8)
Black, NH		#		8,396	17.8 <sup>^</sup>	(7.6-36.0)
Hispanic		#		5,616	19.1 <sup>^</sup>	(9.9-33.6)
Other, NH		#		2,565	7.4	(3.6-14.6)
<b>Sex</b>						
male	623	3.3	(1.6-6.4)	32,206	8.4	(6.1-11.6)
female	4,323	21.9 <sup>^</sup>	(13.1-34.5)	57,211	14.0	(11.5-17.0)
<b>Age-adjusted<sup>&amp;</sup></b>		13.5	(8.1-21.8)		11.5	(9.6-13.7)

\* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

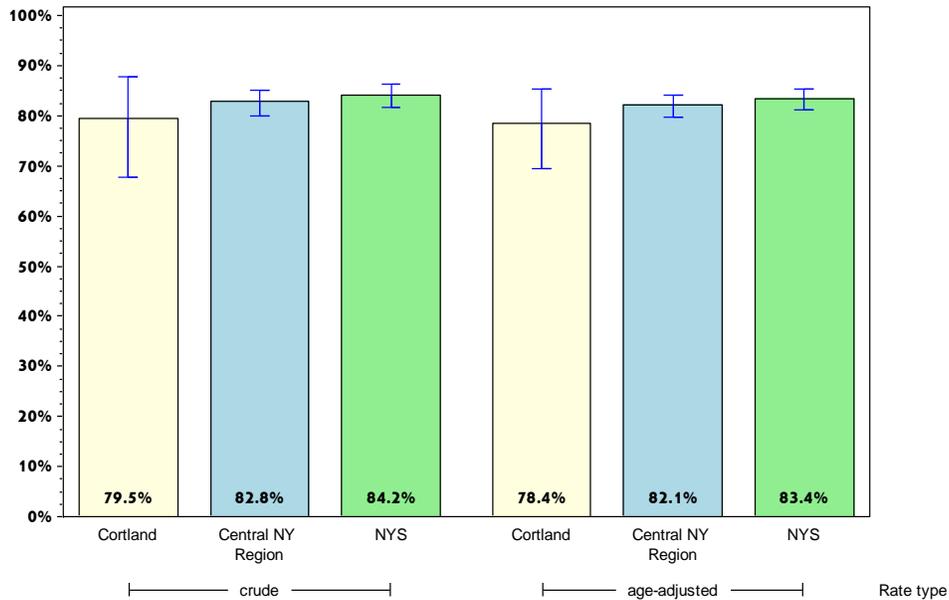
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percent of adults with cholesterol checked\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	29,616	79.5 <sup>^</sup>	(67.7-87.8)	642,971	82.8	(80.1-85.2)
<b>Age</b>						
18-24		#		46,812	41.9 <sup>^</sup>	(32.2-52.4)
25-34		#		74,666	68.3	(60.3-75.4)
35-44		#		104,016	87.0	(81.8-90.9)
45-64	11,818	96.6	(92.7-98.5)	261,309	95.0	(93.3-96.4)
65+	6,659	96.6	(91.6-98.6)	148,817	98.0	(95.9-99.0)
<b>Race</b>						
White, NH	26,423	80.6 <sup>^</sup>	(67.7-89.2)	571,682	85.9	(83.2-88.3)
Black, NH		#		29,234	60.3 <sup>^</sup>	(44.9-73.8)
Hispanic		#		18,035	60.7 <sup>^</sup>	(43.9-75.3)
Other, NH		#		24,020	72.5 <sup>^</sup>	(56.9-84.0)
<b>Sex</b>						
male	13,862	74.9 <sup>^</sup>	(55.1-87.8)	299,643	79.8	(75.8-83.3)
female	15,755	84.2 <sup>^</sup>	(71.5-91.8)	343,328	85.5	(81.6-88.8)
<b>Age-adjusted<sup>&amp;</sup></b>		78.4	(69.4-85.3)		82.1	(79.7-84.2)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

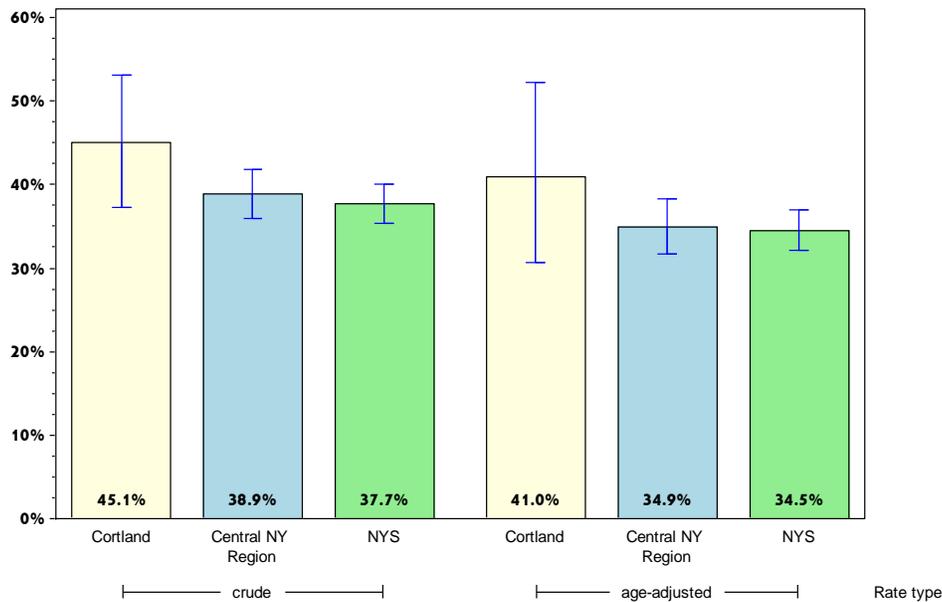
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults 18 years and older with elevated cholesterol\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	13,189	45.1	(37.2-53.2)	247,651	38.9	(36.0-41.8)
<b>Age</b>		#				
18-24		#		6,696	14.3 <sup>^</sup>	(7.3-26.1)
25-34		#		17,442	23.4 <sup>^</sup>	(14.6-35.3)
35-44		#		32,399	31.3	(23.3-40.6)
45-64	6,128	52.0 <sup>^</sup>	(41.7-62.1)	115,697	44.7	(40.6-48.8)
65+	3,431	51.9	(42.2-61.4)	73,480	50.2	(45.4-55.1)
<b>Race</b>						
White, NH	12,027	46.1	(38.3-54.2)	223,293	39.4	(36.5-42.5)
Black, NH		#		8,429	29.1 <sup>^</sup>	(14.5-49.7)
Hispanic		#			#	
Other, NH		#		8,310	34.6 <sup>^</sup>	(19.2-54.1)
<b>Sex</b>						
male	6,740	49.6 <sup>^</sup>	(38.0-61.2)	127,334	42.8	(38.4-47.3)
female	6,450	41.1 <sup>^</sup>	(31.1-52.0)	120,317	35.4	(31.7-39.3)
<b>Age-adjusted<sup>&amp;</sup></b>		41.0 <sup>^</sup>	(30.7-52.2)		34.9	(31.7-38.3)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

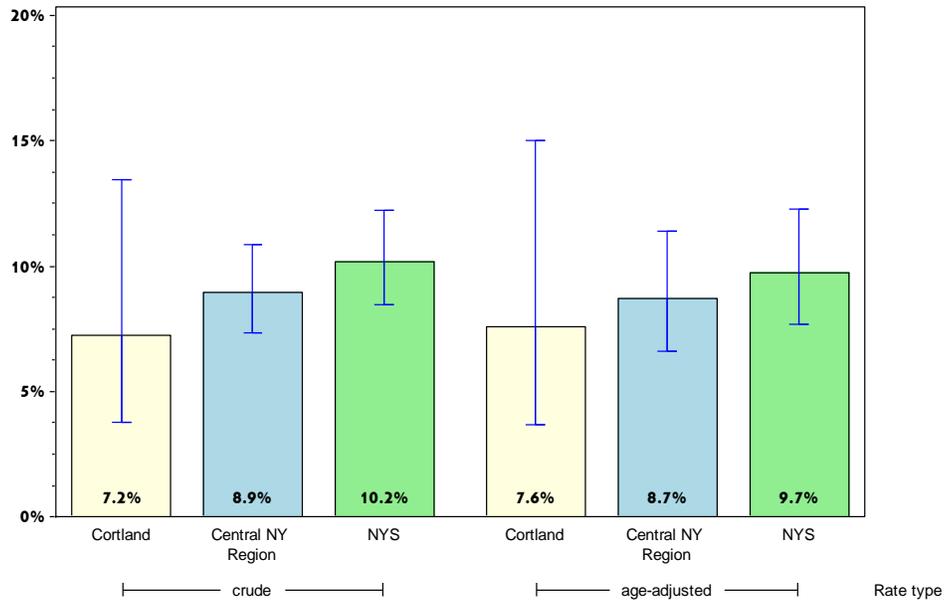
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	1,753	7.2	(3.8-13.4)	37,703	8.9	(7.3-10.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		5,799	11.4 <sup>^</sup>	(5.4-22.7)
45-64		#		14,257	8.4	(6.3-10.9)
65+	616	10.5	(5.5-19.1)	12,654	10.7	(8.2-13.9)
<b>Race</b>						
White, NH	1,678	7.7	(3.9-14.5)	32,738	8.9	(7.2-10.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		14,855	7.4	(5.6-9.9)
female	1,321	11.1 <sup>^</sup>	(5.0-23.1)	22,848	10.3	(7.9-13.3)
<b>Age-adjusted<sup>&amp;</sup></b>		7.6	(3.7-15.0)		8.7	(6.6-11.4)

\* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

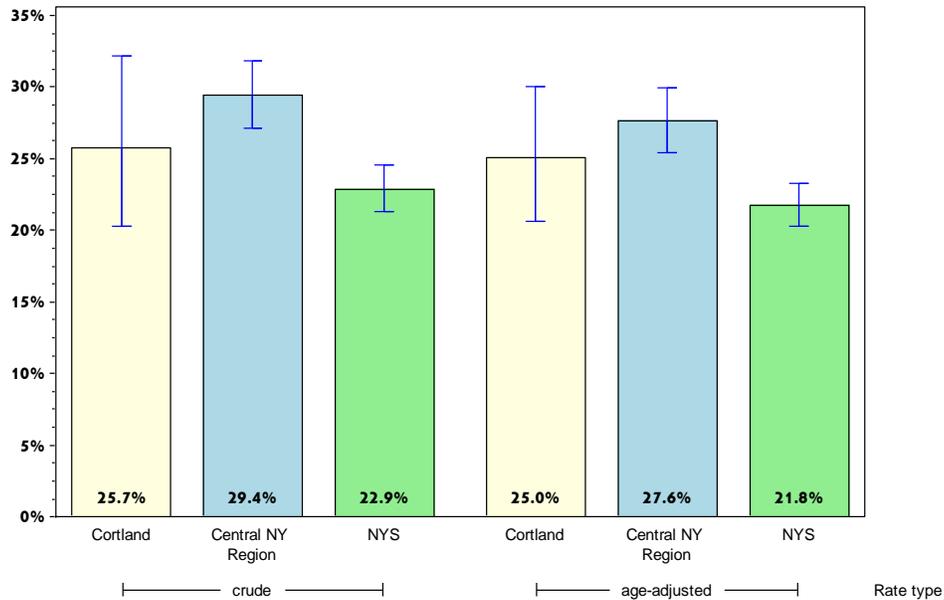
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



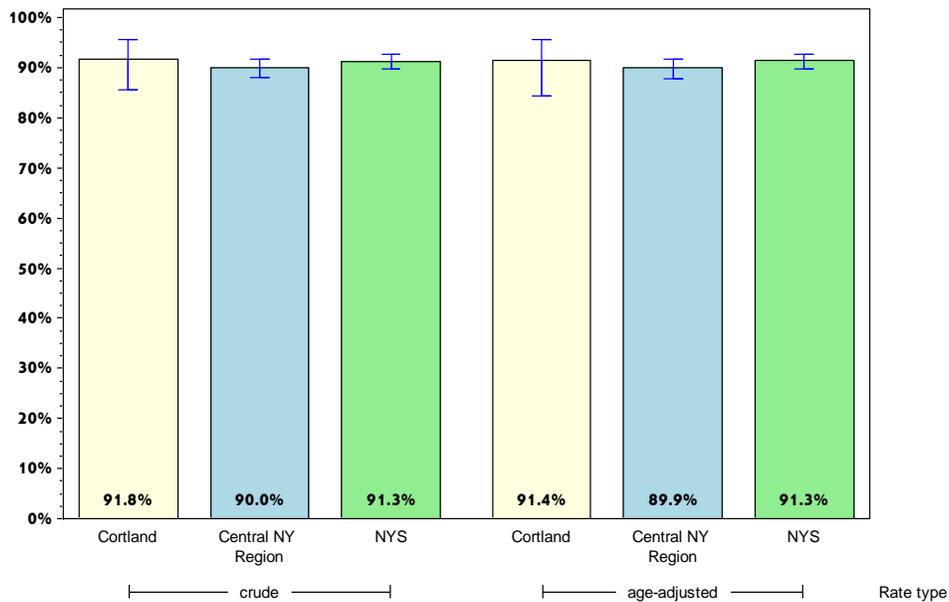
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,127	25.7	(20.2-32.1)	234,937	29.4	(27.1-31.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		12,694	11.0	(6.3-18.6)
35-44		#		24,442	20.3	(14.6-27.4)
45-64	4,880	39.5	(30.5-49.3)	111,733	39.9	(36.0-43.9)
65+	4,051	59.1	(49.8-67.8)	79,738	51.7	(46.9-56.5)
<b>Race</b>						
White, NH	9,638	27.6	(21.6-34.6)	207,132	30.2	(27.8-32.7)
Black, NH		#		10,134	20.9 <sup>^</sup>	(11.2-35.6)
Hispanic		#		9,074	30.5 <sup>^</sup>	(18.8-45.5)
Other, NH		#		8,597	24.9 <sup>^</sup>	(14.6-39.1)
<b>Sex</b>						
male	4,770	25.1	(17.4-34.8)	94,368	24.3	(21.3-27.7)
female	5,358	26.4	(19.3-34.8)	140,569	34.2	(30.9-37.7)
<b>Age-adjusted<sup>&amp;</sup></b>		25.0	(20.6-30.0)		27.6	(25.4-30.0)

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote a Healthy and Safe Environment

### Percentage of adults who consider their neighborhood suitable for walking and physical activity



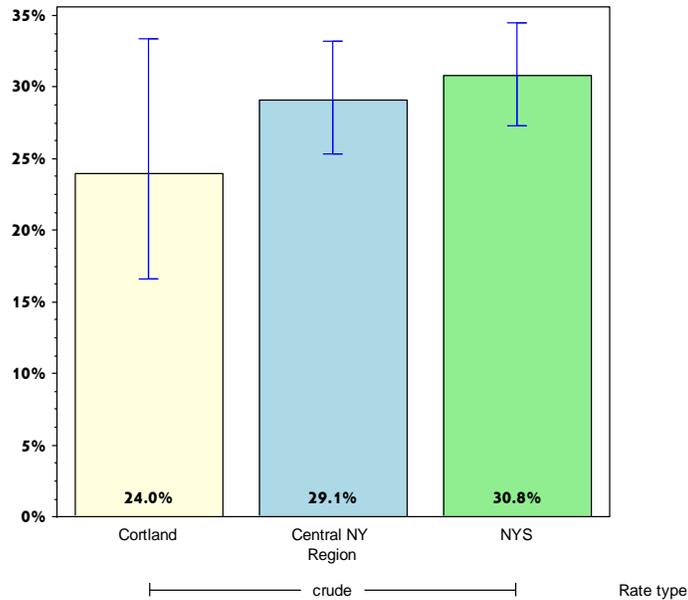
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	33,747	91.8	(85.5-95.5)	686,255	90.0	(88.0-91.7)
<b>Age</b>						
18-24		#		97,478	84.7	(75.2-91.0)
25-34		#		91,278	85.7	(78.0-91.0)
35-44		#		104,240	91.4	(86.5-94.6)
45-64	11,187	93.7	(87.8-96.9)	247,654	92.0	(89.6-93.8)
65+	6,203	91.9	(84.2-96.0)	138,296	93.0	(89.8-95.2)
<b>Race</b>						
White, NH	29,431	90.8	(83.8-95.0)	603,475	92.1	(90.2-93.7)
Black, NH		#		36,386	78.0 <sup>^</sup>	(64.3-87.5)
Hispanic		#		22,200	76.8 <sup>^</sup>	(58.5-88.6)
Other, NH		#		24,194	76.4 <sup>^</sup>	(60.3-87.4)
<b>Sex</b>						
male	15,379	91.9	(82.6-96.4)	333,237	89.9	(86.4-92.5)
female	18,368	91.7 <sup>^</sup>	(81.5-96.5)	353,017	90.2	(87.7-92.2)
<b>Age-adjusted<sup>&amp;</sup></b>		91.4	(84.3-95.5)		89.9	(87.8-91.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote a Health and Safe Environment

### Percentage of adults aged 65+ years with at least one fall in the past 12 months



#### Cortland County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	1,633	24.0	(16.6-33.3)	43,813	29.1	(25.3-33.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	1,432	21.7	(15.2-29.9)	41,256	29.4	(25.5-33.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	773	24.4 <sup>^</sup>	(12.8-41.6)	16,907	24.4	(19.2-30.4)
female	860	23.6 <sup>^</sup>	(15.5-34.1)	26,906	33.1	(28.0-38.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

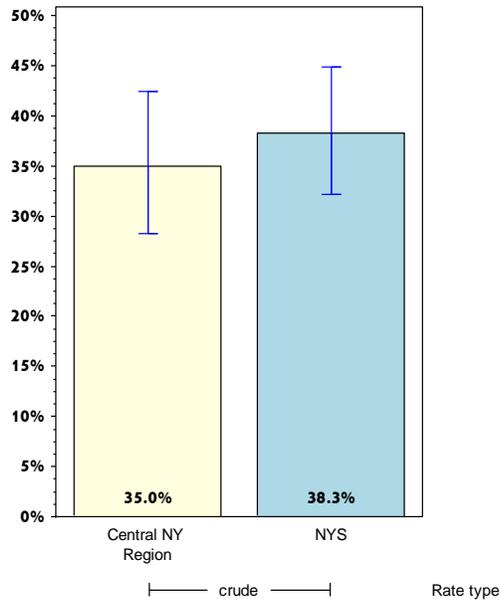
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



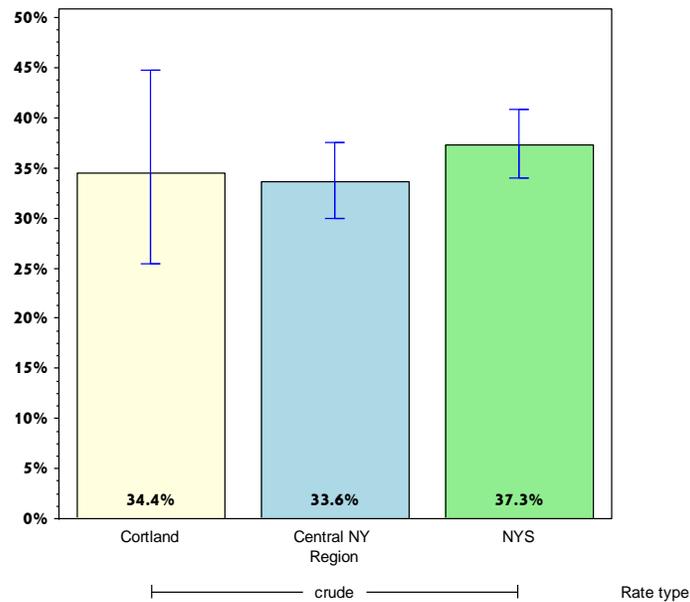
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>		#		15,308	35.0	(28.3-42.4)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		14,325	34.8	(27.9-42.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		5,175	30.6 <sup>^</sup>	(20.8-42.5)
female		#		10,133	37.8	(29.1-47.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Falls that limited regular activities or lead to doctor visits.  
 & Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



#### Cortland County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,236	34.4 <sup>^</sup>	(25.5-44.7)	84,368	33.6	(29.9-37.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	3,632	32.8	(24.7-42.2)	74,836	33.0	(29.2-37.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	2,537	37.8 <sup>^</sup>	(23.9-54.0)	40,311	33.3	(28.1-38.9)
female	1,699	30.4 <sup>^</sup>	(21.3-41.4)	44,057	33.9	(28.8-39.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

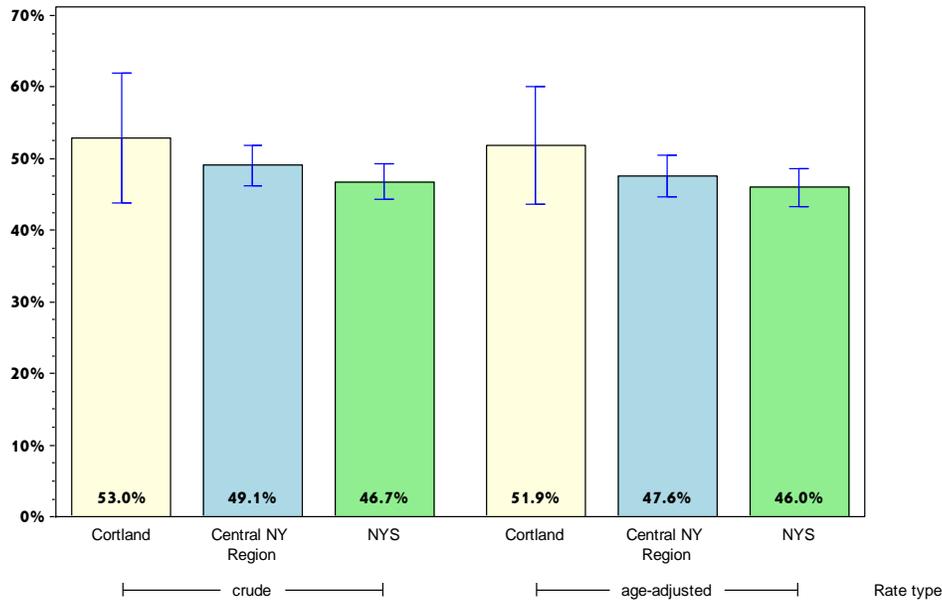
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 18+ years with flu immunization in the past year\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	20,444	53.0	(43.8-61.9)	377,085	49.1	(46.2-51.9)
<b>Age</b>		#				
18-24		#		36,542	31.4 <sup>^</sup>	(22.3-42.3)
25-34		#		37,892	35.3	(27.9-43.5)
35-44		#		46,129	40.3	(32.8-48.2)
45-64	7,145	59.1 <sup>^</sup>	(49.0-68.6)	138,266	51.0	(47.1-55.0)
65+	5,138	74.5	(64.7-82.4)	115,003	76.1	(72.1-79.7)
<b>Race</b>						
White, NH	18,228	53.2	(43.8-62.5)	336,711	51.0	(48.0-53.9)
Black, NH		#		11,183	24.0 <sup>^</sup>	(14.5-37.0)
Hispanic		#		13,658	47.2 <sup>^</sup>	(32.2-62.8)
Other, NH		#		15,532	48.0 <sup>^</sup>	(32.3-64.0)
<b>Sex</b>						
male	9,627	52.5 <sup>^</sup>	(38.6-66.1)	160,998	43.0	(39.1-46.9)
female	10,817	53.3 <sup>^</sup>	(41.5-64.8)	216,087	54.9	(50.8-58.9)
<b>Age-adjusted<sup>&amp;</sup></b>		51.9	(43.6-60.1)		47.6	(44.7-50.5)

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

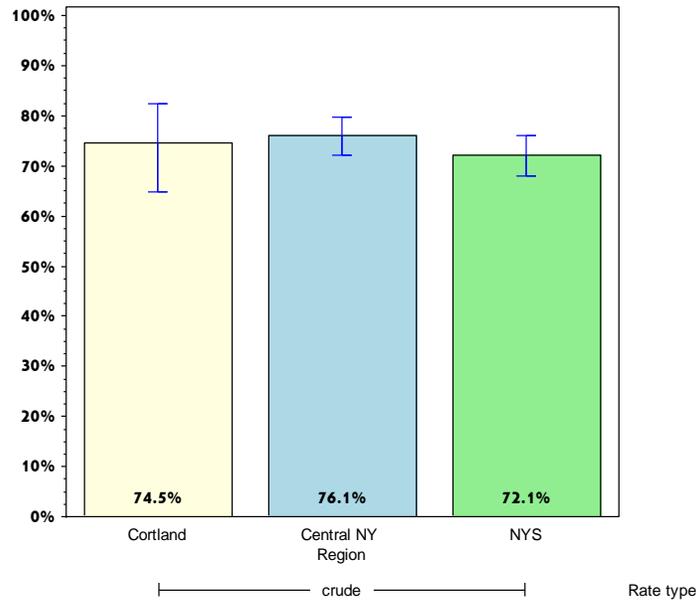
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with flu immunization in the past year\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	5,138	74.5	(64.7-82.4)	115,003	76.1	(72.1-79.7)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	5,138	76.8	(67.8-83.9)	107,314	76.3	(72.1-79.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	2,607	81.8 <sup>^</sup>	(62.9-92.3)	54,341	78.0	(71.3-83.5)
female	2,531	68.3 <sup>^</sup>	(56.2-78.3)	60,663	74.5	(69.4-79.1)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

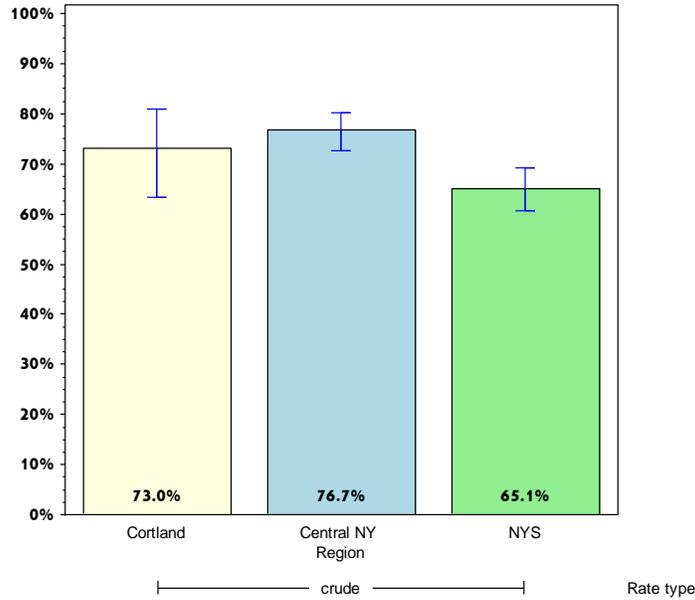
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with pneumococcal immunization



#### Cortland County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	4,881	73.0	(63.3-81.0)	111,504	76.7	(72.7-80.3)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	4,881	75.3	(66.4-82.4)	105,550	78.0	(74.1-81.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male	2,144	69.1 <sup>^</sup>	(51.8-82.3)	50,740	75.0	(68.2-80.7)
female	2,737	76.4 <sup>^</sup>	(65.9-84.5)	60,765	78.2	(73.3-82.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

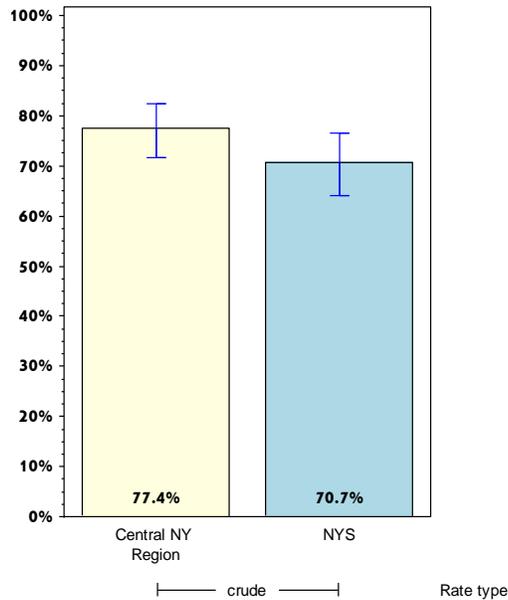
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



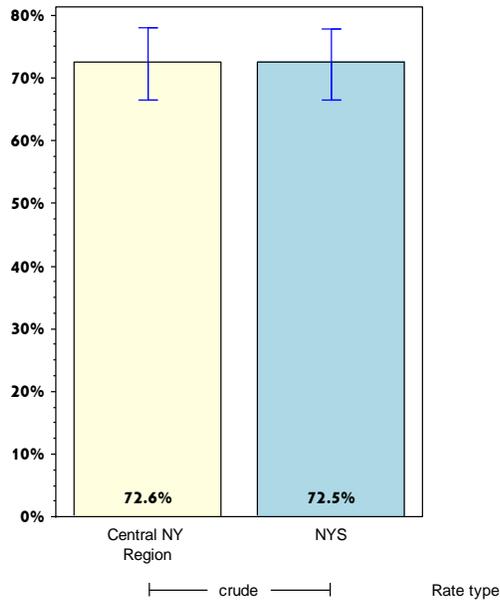
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		126,109	77.4	(71.5-82.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		103,652	77.4	(70.8-82.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		126,109	77.4	(71.5-82.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		125,925	72.6	(66.6-77.9)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		100,555	70.7	(63.9-76.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		125,925	72.6	(66.6-77.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

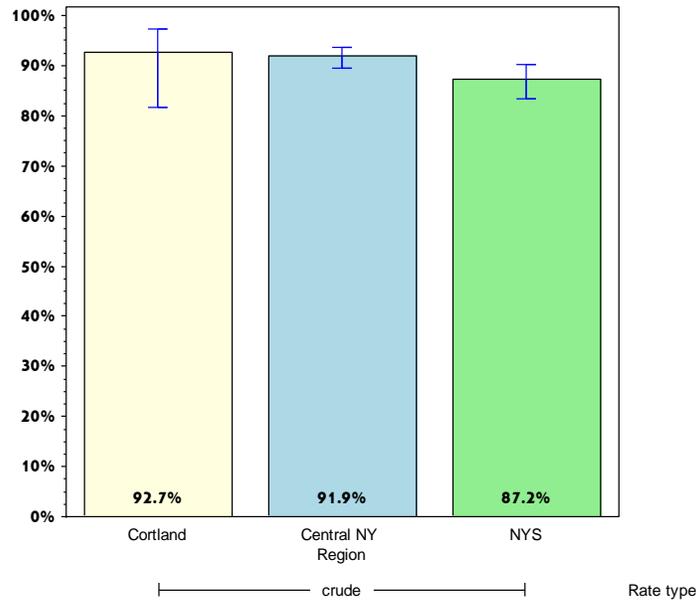
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Promote Healthy Women, Infants, and Children

### Percentage of women aged 18-64 years with health care coverage



#### Cortland County

#### Central NY

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	14,661	92.7 <sup>^</sup>	(81.8-97.3)	296,489	91.9	(89.6-93.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	11,788	91.1 <sup>^</sup>	(78.2-96.7)	254,032	92.9	(90.8-94.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	14,661	92.7 <sup>^</sup>	(81.8-97.3)	296,489	91.9	(89.6-93.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

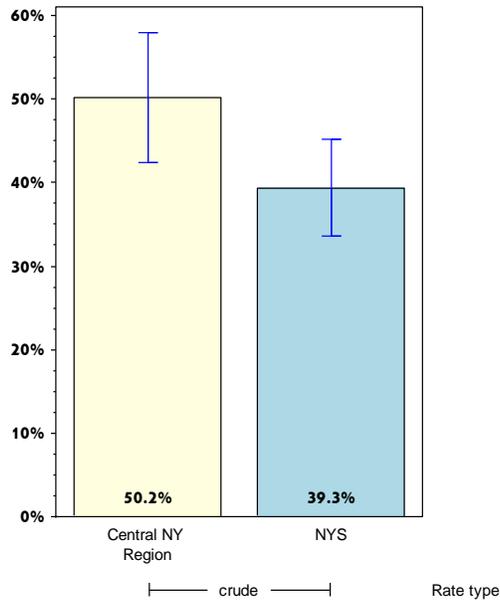
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



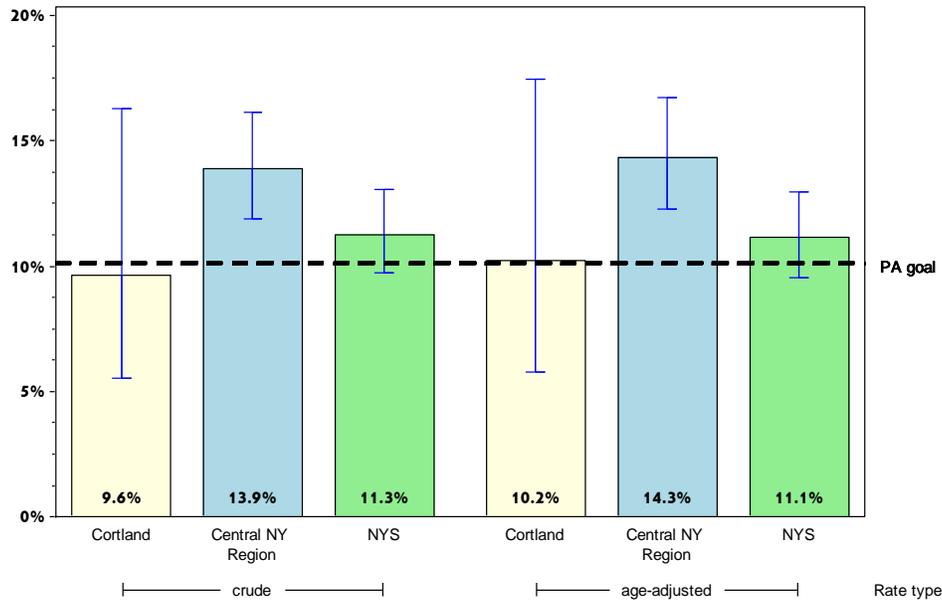
	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		80,608	50.2	(42.3-58.0)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		65,622	48.9	(40.5-57.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		80,608	50.2	(42.3-58.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Cortland

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adults with poor mental health for 14 or more days in the last month



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,594	9.6	(5.5-16.3)	108,500	13.9	(11.9-16.1)
<b>Age</b>		#				
18-24		#		20,377	17.4	(10.6-27.1)
25-34		#		18,720	16.4	(11.3-23.2)
35-44		#		20,735	17.5	(12.2-24.4)
45-64	1,052	8.8	(5.3-14.2)	39,286	14.3	(11.5-17.7)
65+	617	9.2	(4.6-17.6)	8,787	5.9	(4.3-8.2)
<b>Race</b>						
White, NH	2,380	7.2	(4.6-11.0)	95,871	14.2	(12.2-16.6)
Black, NH		#		6,460	13.9 <sup>^</sup>	(5.0-33.1)
Hispanic		#			#	
Other, NH		#		1,888	5.9	(2.6-12.9)
<b>Sex</b>						
male	1,303	6.9	(3.5-13.1)	41,014	10.7	(8.2-14.0)
female	2,292	12.5 <sup>^</sup>	(5.8-24.9)	67,486	16.9	(14.0-20.2)
<b>Age-adjusted<sup>&amp;</sup></b>		10.2	(5.8-17.5)		14.3	(12.3-16.7)

& Percent is age-adjusted to the 2000 United States Population.

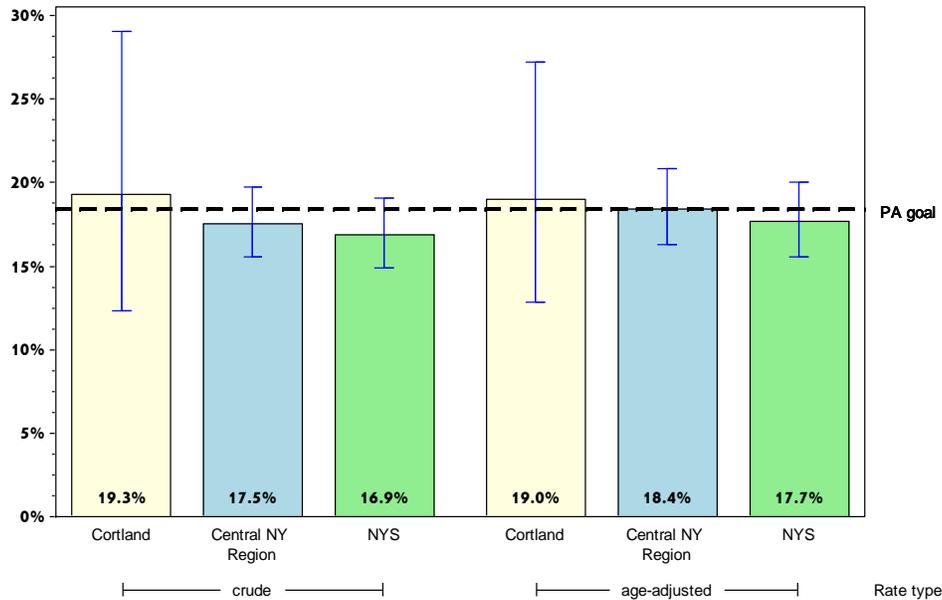
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote Mental Health and Prevention Substance Abuse

### Percentage of adult binge drinking during the past month\*



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	7,480	19.3	(12.3-29.0)	133,104	17.5	(15.5-19.7)
<b>Age</b>						
18-24	#			31,378	27.5	(20.0-36.6)
25-34	#			29,508	28.2	(21.7-35.8)
35-44	#			20,611	18.4	(13.5-24.6)
45-64	1,900	15.7	(9.2-25.4)	43,871	16.2	(13.4-19.4)
65+	#			7,576	5.1	(3.3-7.6)
<b>Race</b>						
White, NH	7,191	20.9 <sup>^</sup>	(13.2-31.4)	114,597	17.5	(15.5-19.8)
Black, NH	#			8,623	19.6 <sup>^</sup>	(11.0-32.5)
Hispanic	#			#		
Other, NH	#			5,248	15.6 <sup>^</sup>	(7.4-29.9)
<b>Sex</b>						
male	5,285	28.2 <sup>^</sup>	(16.3-44.2)	85,764	23.5	(20.2-27.1)
female	2,195	11.0	(5.5-20.7)	47,341	12.0	(9.9-14.5)
<b>Age-adjusted<sup>&amp;</sup></b>		19.0	(12.8-27.2)		18.4	(16.3-20.8)

\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

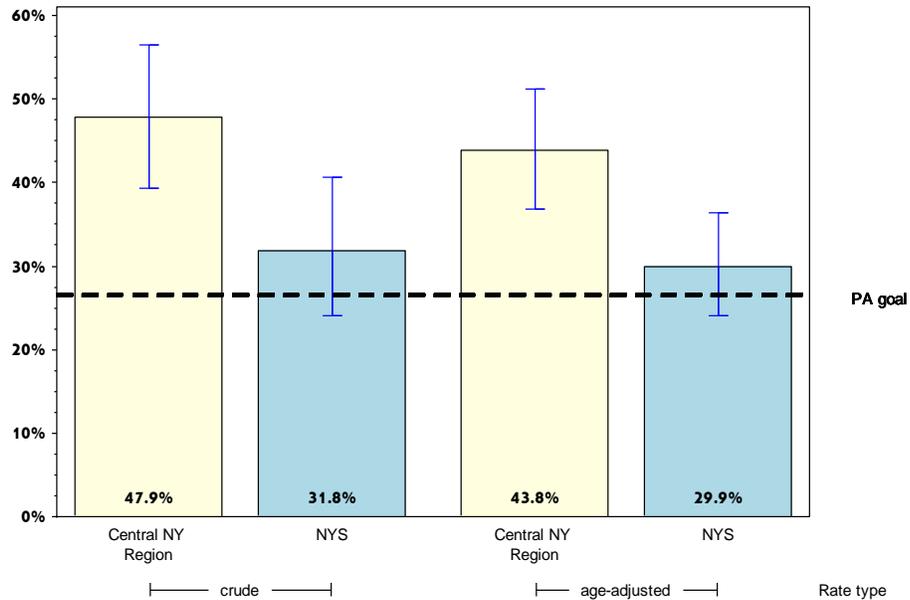
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Cortland

## Promote Mental Health and Prevention Substance Abuse

### Percentage of cigarette smoking among adults who report poor mental health



	Cortland County			Central NY		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		50,537	47.9	(39.3-56.5)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		10,440	50.3 <sup>^</sup>	(31.9-68.7)
45-64		#		14,946	38.9 <sup>^</sup>	(27.4-51.7)
65+		#		1,202	14.7 <sup>^</sup>	(7.0-28.3)
<b>Race</b>		#			#	
White, NH		#		42,564	45.5	(36.8-54.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>		#			#	
male		#		18,392	45.6 <sup>^</sup>	(31.0-60.9)
female		#		32,145	49.3 <sup>^</sup>	(39.1-59.5)
<b>Age-adjusted<sup>&amp;</sup></b>		#			43.8	(36.8-51.1)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).