

eBRFSS 2013-2014 Health Indicators: Dutchess

General Description	2
Improve Health Status and Reduce Health Disparities	3
Percentage of adults who did not receive medical care because of cost	3
Percentage of adults who have a regular health care provider	4
Percentage of adults who had a dentist visit within the past year	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases	13
Percentage of adults who are obese	13
Percentage of adults with an annual household income less than \$25,000 who are obese	14
Percentage of adults living with a disability who are obese	15
Percentage of adults overweight or obese	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily	18
Percentage of adults who consume fast-food three or more times per week	19
Percentage of adults with physician diagnosed diabetes	20
Percentage of adults who are current smokers	21
Percentage of adults with annual household income less than \$25,000 who are current smokers	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years	30
Percentage of adults with physician-diagnosed prediabetes	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication	33
Percentage of adults with current asthma	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition	37
Percentage of adults with arthritis	38
Promote a Healthy and Safe Environment	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year	43
Percentage of adults aged 65+ years with flu immunization in the past year	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children	46
Percentage of women aged 18-44 years who had dental visit within the last year	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy	49
Promote Mental Health and Prevention Substance Abuse	50
Percentage of adults with poor mental health for 14 or more days in the last month	50
Percentage of adult binge drinking during the past month	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

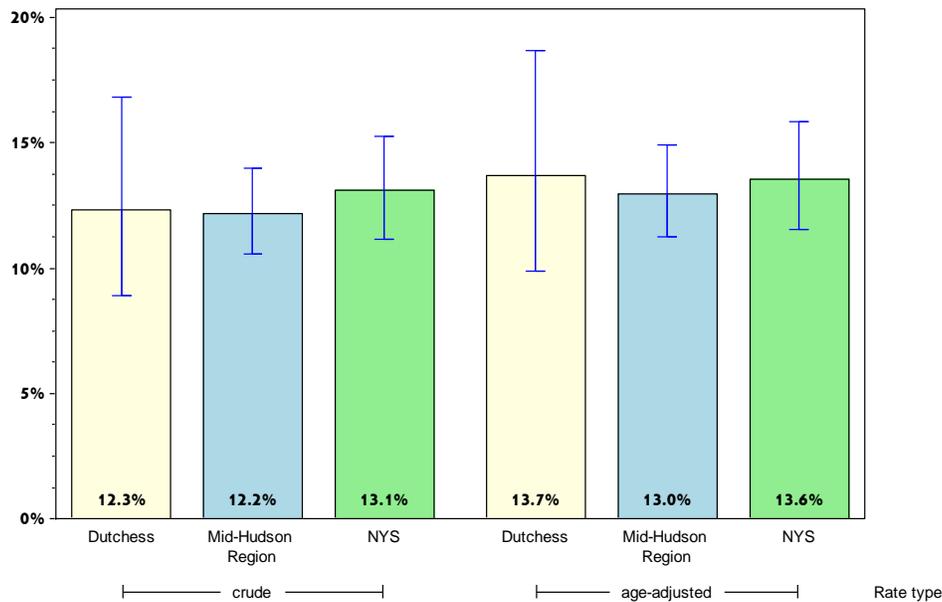
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	28,863	12.3	(8.9-16.8)	213,559	12.2	(10.6-14.0)
Age		#				
18-24		#		24,867	11.5	(7.1-18.1)
25-34		#		61,074	24.2	(18.8-30.5)
35-44	5,641	15.3 [^]	(8.2-26.7)	39,130	13.1	(9.3-18.1)
45-64	7,825	9.0	(5.4-14.7)	77,812	12.4	(9.9-15.4)
65+		#		9,983	3.0	(1.9-4.7)
Race						
White, NH	20,693	11.5	(7.9-16.2)	103,329	8.6	(7.2-10.4)
Black, NH		#		26,096	18.1	(11.5-27.3)
Hispanic	4,281	23.0 [^]	(11.8-40.2)	66,211	24.8	(19.6-30.8)
Other, NH		#		17,924	12.2 [^]	(6.3-22.5)
Sex						
male	11,091	9.6	(6.0-15.1)	96,035	11.3	(9.2-13.8)
female	17,771	15.0	(9.7-22.5)	117,524	13.0	(10.7-15.7)
Age-adjusted^{&}		13.7	(9.9-18.7)		13.0	(11.3-14.9)

* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

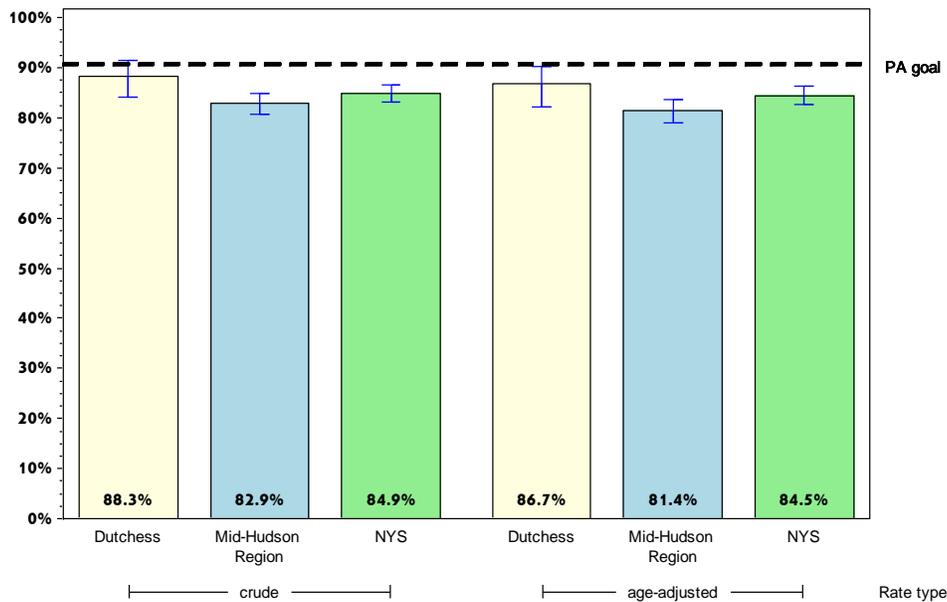
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



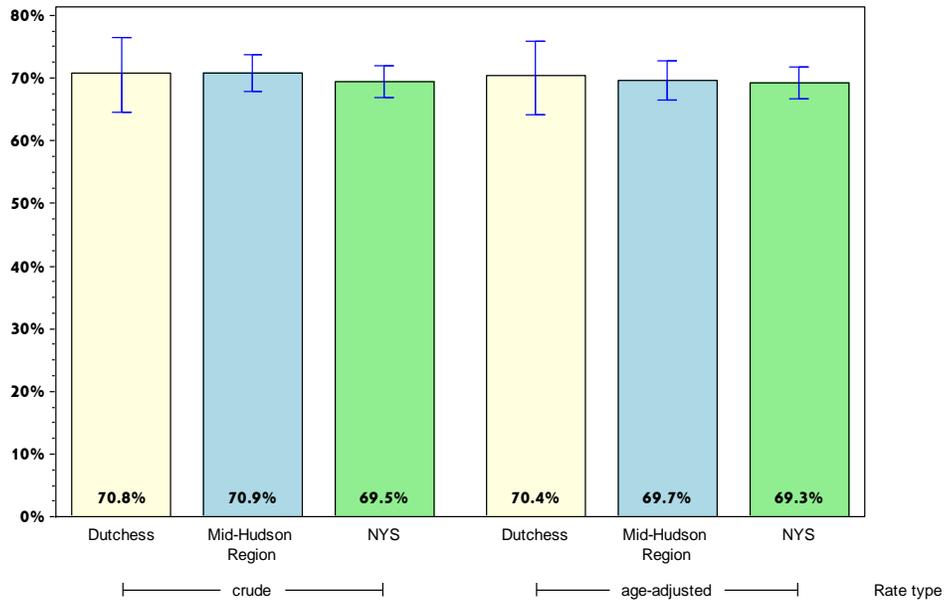
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	205,226	88.3	(84.2-91.5)	1,451,055	82.9	(80.7-84.8)
Age						
18-24	#	#		152,841	71.5 [^]	(61.4-79.9)
25-34	#	#		165,892	65.9	(59.4-71.9)
35-44	33,438	90.6	(82.1-95.3)	241,482	80.1	(74.3-84.9)
45-64	80,690	93.3	(87.6-96.5)	551,367	88.0	(84.6-90.7)
65+	40,429	95.1	(89.6-97.7)	316,008	95.3	(93.1-96.8)
Race						
White, NH	159,697	88.6	(84.3-91.9)	1,040,292	87.1	(85.0-88.9)
Black, NH	#	#		115,973	80.8 [^]	(69.9-88.4)
Hispanic	15,614	84.0 [^]	(69.4-92.4)	170,342	64.2	(57.6-70.3)
Other, NH	#	#		124,448	84.5 [^]	(72.0-92.0)
Sex						
male	100,163	87.1	(80.9-91.5)	644,852	76.2	(72.7-79.4)
female	105,063	89.6	(83.4-93.6)	806,202	89.1	(86.6-91.2)
Age-adjusted^{&}		86.7	(82.1-90.2)		81.4	(79.0-83.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



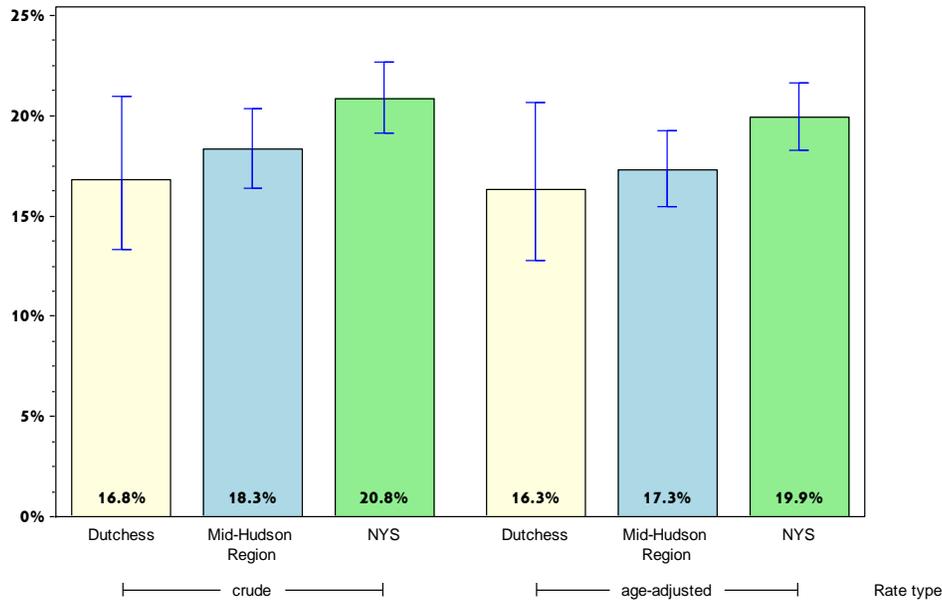
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	154,545	70.8	(64.6-76.4)	1,139,691	70.9	(67.9-73.7)
Age		#				
18-24		#		131,816	67.8 [^]	(52.3-80.1)
25-34		#		136,576	60.4	(52.4-67.8)
35-44	27,045	81.8 [^]	(68.8-90.1)	183,147	67.0	(59.6-73.7)
45-64	65,021	77.8	(69.4-84.5)	443,396	76.3	(72.7-79.6)
65+	27,286	65.6	(56.0-74.0)	226,410	72.9	(68.0-77.4)
Race						
White, NH	116,268	67.3	(60.1-73.7)	823,255	73.9	(70.4-77.1)
Black, NH		#		87,005	71.4 [^]	(60.9-80.0)
Hispanic		#		148,094	61.7	(54.5-68.4)
Other, NH		#		81,338	61.4 [^]	(46.7-74.2)
Sex						
male	72,654	67.6	(57.9-76.0)	535,676	67.9	(64.1-71.4)
female	81,891	74.0	(65.8-80.7)	604,015	73.7	(68.9-78.0)
Age-adjusted^{&}		70.4	(64.2-75.9)		69.7	(66.5-72.7)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	38,461	16.8	(13.3-21.0)	316,204	18.3	(16.4-20.4)
Age						
18-24		#		20,509	9.8 [^]	(4.5-20.4)
25-34		#		26,979	10.9	(8.0-14.8)
35-44		#		31,573	10.6	(7.3-15.1)
45-64	17,011	19.7	(13.8-27.2)	115,741	18.7	(16.0-21.7)
65+	10,188	24.1	(17.6-32.1)	118,713	35.9	(30.8-41.4)
Race						
White, NH	33,252	18.7	(14.6-23.7)	236,848	20.1	(17.8-22.6)
Black, NH		#		34,013	24.6 [^]	(16.3-35.2)
Hispanic		#		33,088	12.5	(9.4-16.6)
Other, NH		#		12,256	8.4 [^]	(3.4-18.9)
Sex						
male	18,074	16.1	(11.1-22.7)	148,029	17.7	(14.9-20.8)
female	20,387	17.5	(12.9-23.3)	168,176	18.9	(16.3-21.7)
Age-adjusted^{&}		16.3	(12.8-20.7)		17.3	(15.5-19.3)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

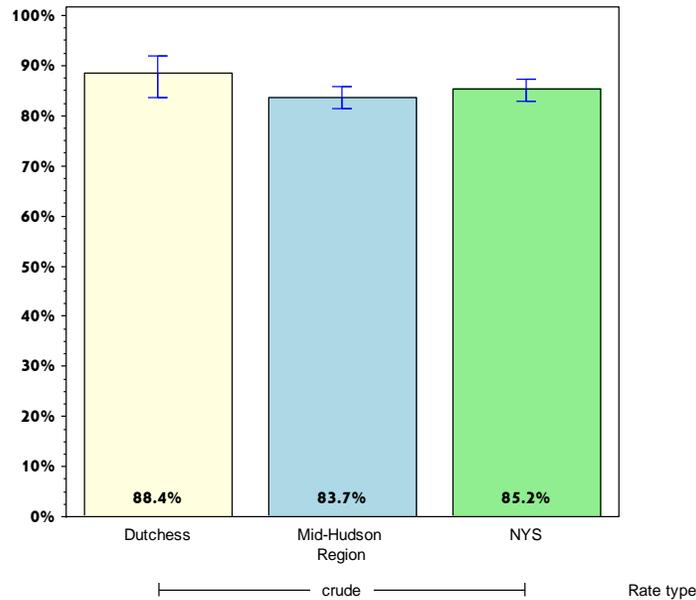
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	164,064	88.4	(83.7-91.8)	1,163,325	83.7	(81.3-85.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	122,849	89.5	(83.8-93.4)	824,649	91.2	(89.0-93.0)
Black, NH		#		96,166	80.2	(70.4-87.3)
Hispanic		#		144,031	57.3	(50.2-64.1)
Other, NH		#		98,479	85.7 [^]	(72.5-93.2)
Sex						
male	75,697	86.2	(78.7-91.4)	537,373	79.5	(75.9-82.8)
female	88,367	90.3	(83.6-94.5)	625,952	87.6	(84.3-90.3)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

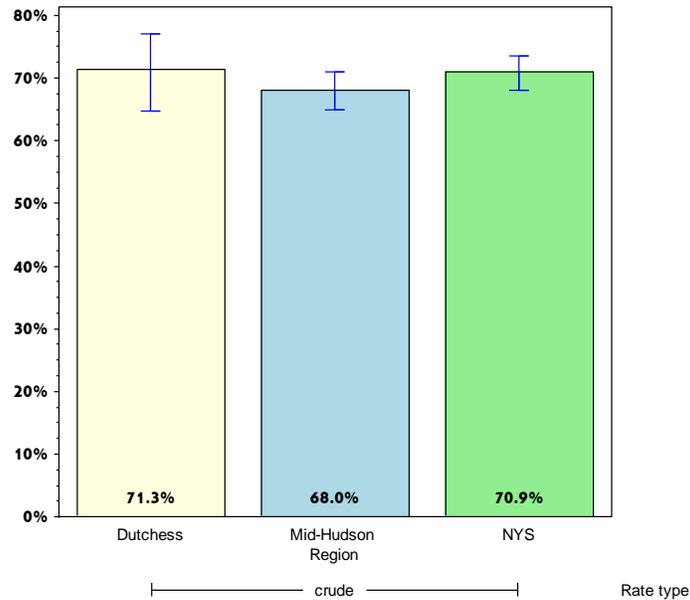
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



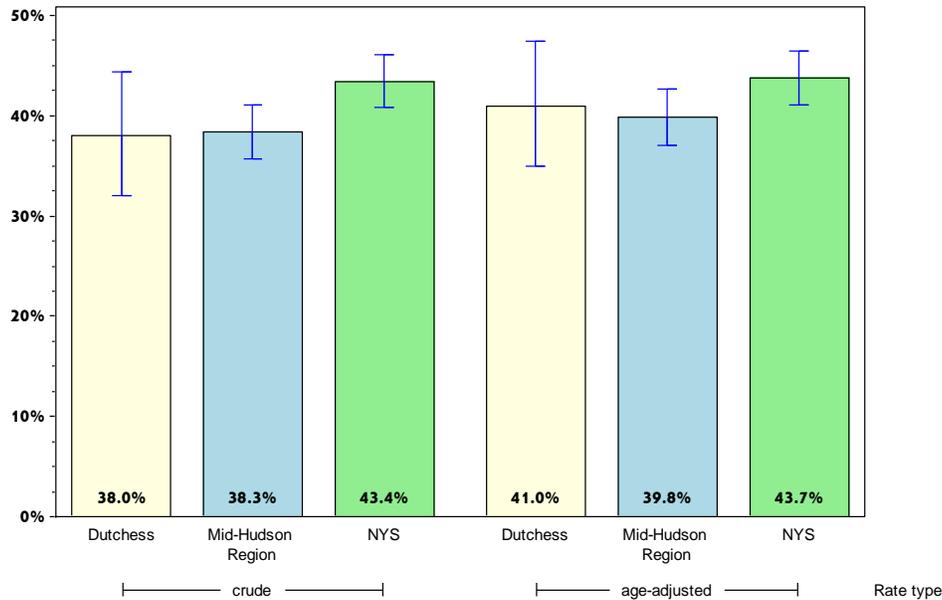
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	134,791	71.3	(64.7-77.1)	946,537	68.0	(65.0-70.9)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	94,025	67.4	(59.5-74.4)	633,497	69.9	(66.5-73.1)
Black, NH		#		86,583	72.1 [^]	(59.9-81.8)
Hispanic		#		155,522	62.6	(55.4-69.2)
Other, NH		#		70,935	60.8 [^]	(45.1-74.5)
Sex						
male	64,954	71.9	(62.0-80.1)	416,747	61.6	(57.2-65.8)
female	69,837	70.7	(61.6-78.4)	529,790	74.1	(69.9-77.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	80,711	38.0	(32.0-44.4)	602,090	38.3	(35.7-41.1)
Age						
18-24	#			47,801	27.1 [^]	(18.1-38.6)
25-34	#			120,409	53.6	(46.0-61.0)
35-44	17,065	52.7 [^]	(36.9-68.1)	138,372	51.7	(44.2-59.1)
45-64	32,396	39.4	(30.7-48.7)	228,594	39.5	(35.6-43.5)
65+	9,185	22.1	(14.9-31.3)	60,912	20.1	(16.7-23.9)
Race						
White, NH	61,120	36.5	(30.1-43.5)	356,007	32.7	(29.9-35.6)
Black, NH	#			65,977	55.1 [^]	(44.2-65.5)
Hispanic	#			140,652	58.4	(51.5-64.9)
Other, NH	#			39,454	32.6 [^]	(21.6-45.8)
Sex						
male	35,003	33.7	(25.6-42.9)	269,919	35.7	(32.0-39.6)
female	45,707	42.1	(33.7-51.0)	332,171	40.8	(36.9-44.8)
Age-adjusted^{&}		41.0	(34.9-47.4)		39.8	(37.1-42.7)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

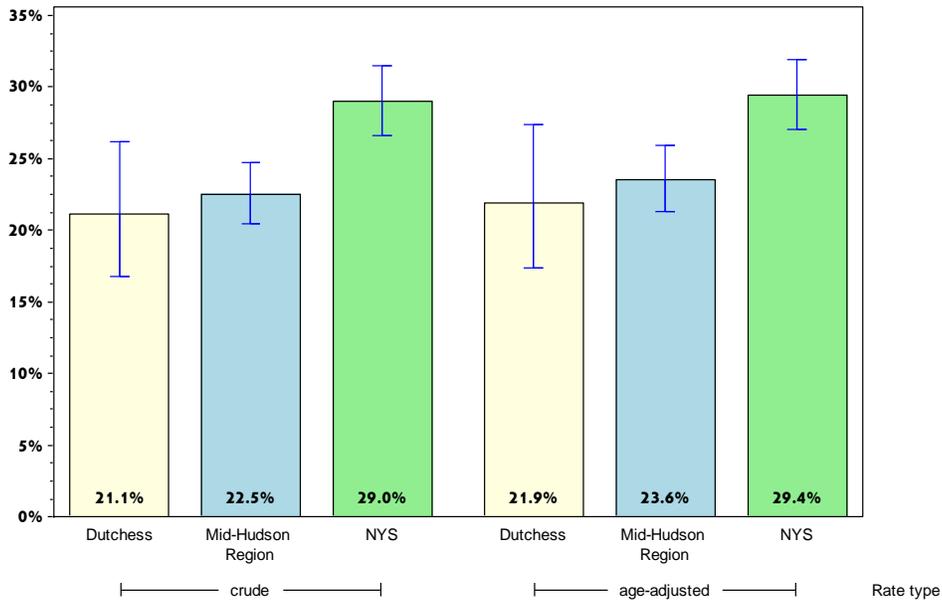
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



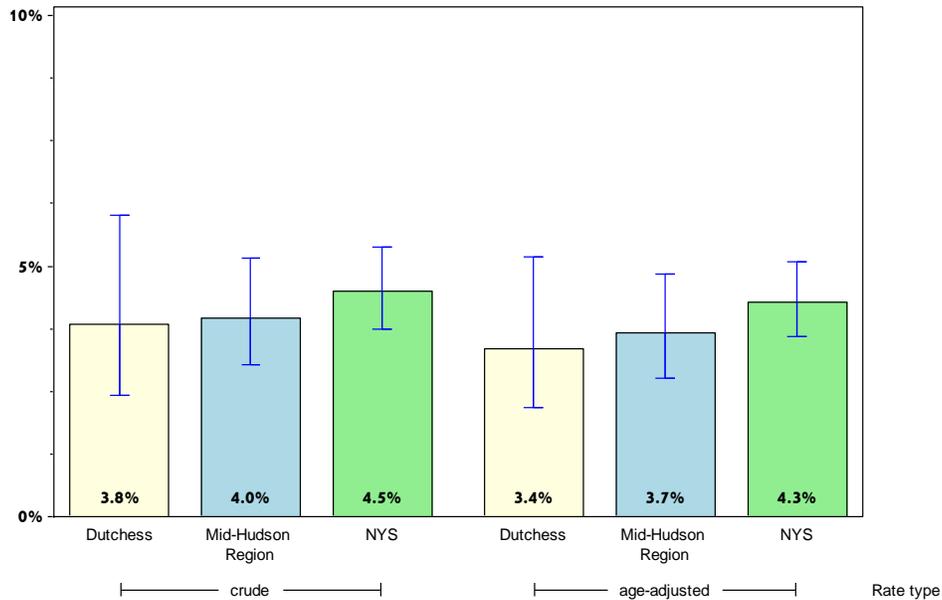
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	47,573	21.1	(16.8-26.2)	373,183	22.5	(20.4-24.7)
Age		#				
18-24		#		37,365	18.6	(12.3-27.1)
25-34		#		79,141	33.6	(27.4-40.5)
35-44	10,261	30.3 [^]	(19.0-44.7)	77,591	27.4	(21.7-33.9)
45-64	16,880	19.9	(13.7-28.0)	144,699	24.5	(21.2-28.1)
65+	5,050	11.8	(6.9-19.3)	32,669	10.1	(7.6-13.4)
Race						
White, NH	40,043	22.9	(17.8-29.0)	203,220	17.9	(15.9-20.0)
Black, NH		#		45,801	34.7 [^]	(24.9-46.1)
Hispanic		#		101,414	40.9	(34.4-47.7)
Other, NH		#		22,749	16.3 [^]	(9.2-27.3)
Sex						
male	20,565	18.8	(13.2-26.0)	170,155	21.2	(18.1-24.6)
female	27,007	23.3	(17.2-30.8)	203,028	23.8	(20.9-26.9)
Age-adjusted^{&}		21.9	(17.3-27.4)		23.6	(21.3-26.0)

* Worried or stressed about having enough money to buy nutritious meals.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,925	3.8	(2.4-6.0)	68,725	4.0	(3.0-5.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	6,390	7.4	(4.1-13.0)	33,526	5.4	(4.0-7.3)
65+	1,953	4.6	(2.4-8.4)	20,130	6.1	(4.0-9.2)
Race						
White, NH	6,823	3.8	(2.2-6.4)	50,681	4.3	(3.1-5.9)
Black, NH		#		6,815	4.8	(2.6-8.8)
Hispanic		#		10,516	4.0	(2.3-6.9)
Other, NH		#			#	
Sex						
male		#		38,582	4.6	(3.0-6.9)
female	5,492	4.7	(2.7-8.0)	30,143	3.4	(2.5-4.5)
Age-adjusted^{&}		3.4	(2.2-5.2)		3.7	(2.8-4.8)

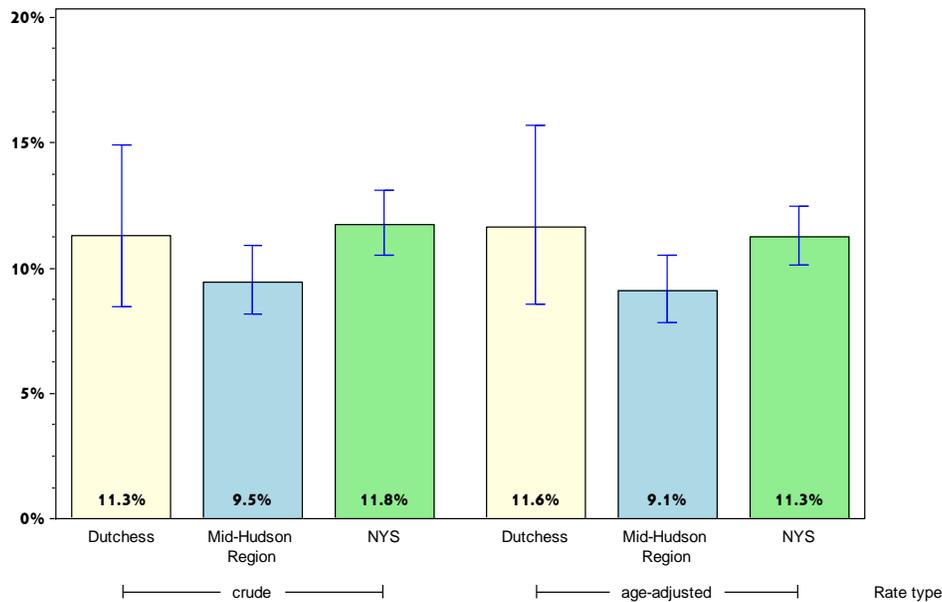
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Dutchess

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,980	11.3	(8.5-14.9)	162,326	9.5	(8.2-10.9)
Age		#			#	
18-24		#			#	
25-34		#		15,549	6.2	(4.0-9.6)
35-44		#		18,750	6.4	(4.3-9.5)
45-64	12,417	14.5	(9.8-20.8)	67,042	10.9	(8.9-13.2)
65+	4,442	10.7	(6.7-16.7)	53,182	16.6	(12.9-21.1)
Race						
White, NH	22,676	12.7	(9.3-17.1)	118,834	10.1	(8.6-12.0)
Black, NH		#		12,030	8.5	(4.7-14.8)
Hispanic		#		27,070	10.6	(7.6-14.6)
Other, NH		#			#	
Sex						
male	11,935	10.4	(6.7-15.7)	73,642	8.8	(7.2-10.8)
female	14,045	12.2	(8.3-17.6)	88,684	10.0	(8.2-12.3)
Age-adjusted^{&}		11.6	(8.5-15.7)		9.1	(7.8-10.5)

* Out of the past 30 days.

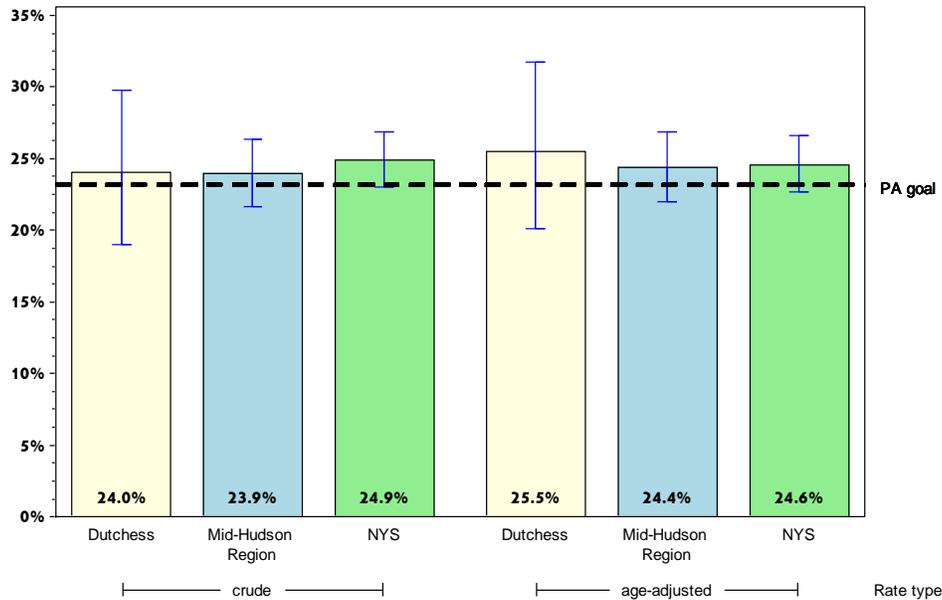
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Dutchess

Prevent Chronic Diseases

Percentage of adults who are obese*



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	53,645	24.0	(19.0-29.8)	394,367	23.9	(21.7-26.4)
Age						
18-24	#			27,624	13.3	(7.9-21.5)
25-34	#			54,511	23.8	(18.3-30.3)
35-44	9,026	26.1 [^]	(14.7-42.0)	81,440	30.5	(24.1-37.7)
45-64	17,804	21.7	(15.5-29.5)	162,725	26.9	(23.2-30.8)
65+	11,562	27.3 [^]	(19.1-37.5)	67,255	21.1	(17.5-25.3)
Race						
White, NH	44,735	26.0	(20.1-32.8)	255,550	22.7	(20.3-25.4)
Black, NH	#			52,966	38.1 [^]	(28.5-48.7)
Hispanic	#			75,211	30.9	(24.5-38.1)
Other, NH	#			10,640	7.6	(3.5-15.6)
Sex						
male	25,976	22.6	(16.6-30.0)	215,927	26.1	(22.9-29.6)
female	27,670	25.5	(18.0-34.7)	178,440	21.8	(18.7-25.2)
Age-adjusted^{&}		25.5	(20.1-31.8)		24.4	(22.0-26.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

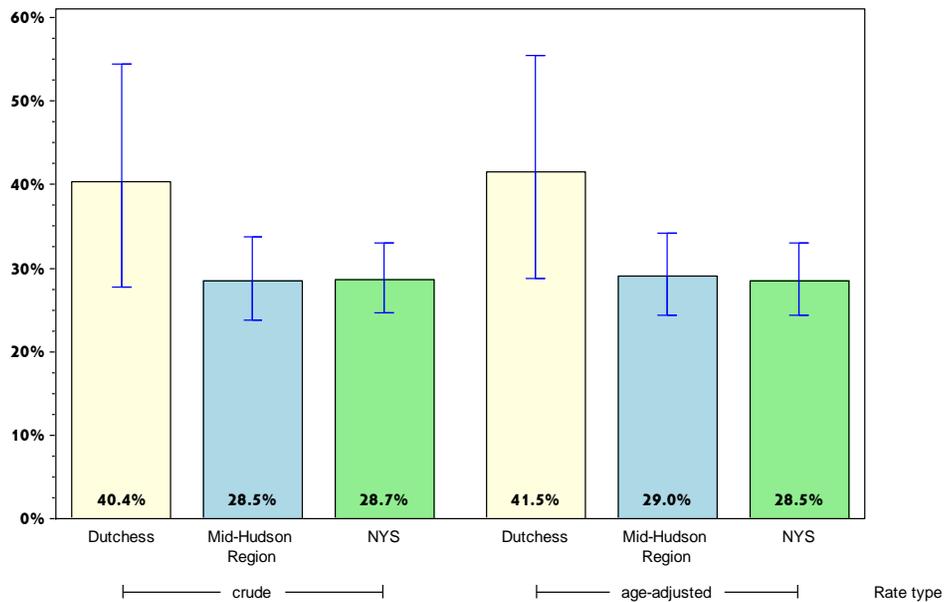
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,093	40.4 [^]	(27.7-54.4)	87,170	28.5	(23.8-33.8)
Age						
18-24		#		6,365	16.0 [^]	(8.8-27.4)
25-34		#		22,492	34.8 [^]	(23.0-48.7)
35-44		#		16,901	28.8 [^]	(17.0-44.4)
45-64		#		30,816	37.0	(28.5-46.4)
65+		#		10,596	18.8	(13.0-26.5)
Race						
White, NH	12,966	42.1 [^]	(27.4-58.3)	41,272	27.3	(21.8-33.7)
Black, NH		#		12,594	34.1 [^]	(19.9-51.9)
Hispanic		#		30,888	29.6 [^]	(20.6-40.6)
Other, NH		#			#	
Sex						
male		#		34,047	25.1	(18.9-32.5)
female	9,511	45.3 [^]	(26.9-65.0)	53,123	31.2	(24.5-38.9)
Age-adjusted^{&}		41.5 [^]	(28.8-55.5)		29.0	(24.3-34.2)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

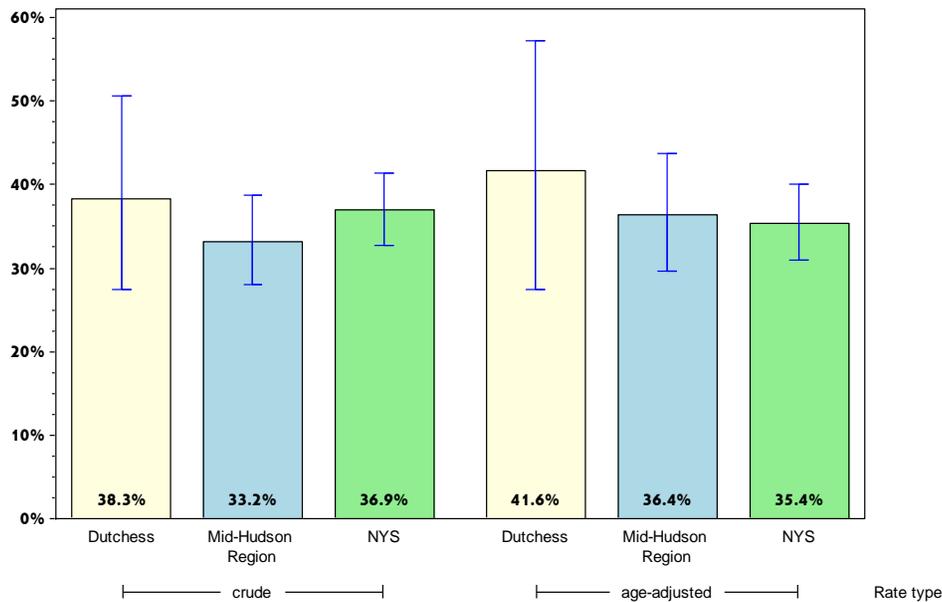
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,365	38.3 [^]	(27.4-50.6)	100,917	33.2	(28.1-38.7)
Age		#			#	
18-24		#			#	
25-34		#		9,015	34.7 [^]	(20.5-52.1)
35-44		#			#	
45-64		#		45,176	40.6	(33.0-48.8)
65+		#		26,632	23.1	(17.2-30.4)
Race						
White, NH	11,732	36.3 [^]	(24.8-49.7)	68,712	30.3	(25.1-36.1)
Black, NH		#			#	
Hispanic		#		12,074	36.6 [^]	(23.8-51.7)
Other, NH		#			#	
Sex						
male		#		48,667	33.2	(25.6-41.8)
female	6,375	32.8 [^]	(20.3-48.4)	52,250	33.2	(26.7-40.4)
Age-adjusted^{&}		41.6 [^]	(27.5-57.3)		36.4	(29.6-43.7)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

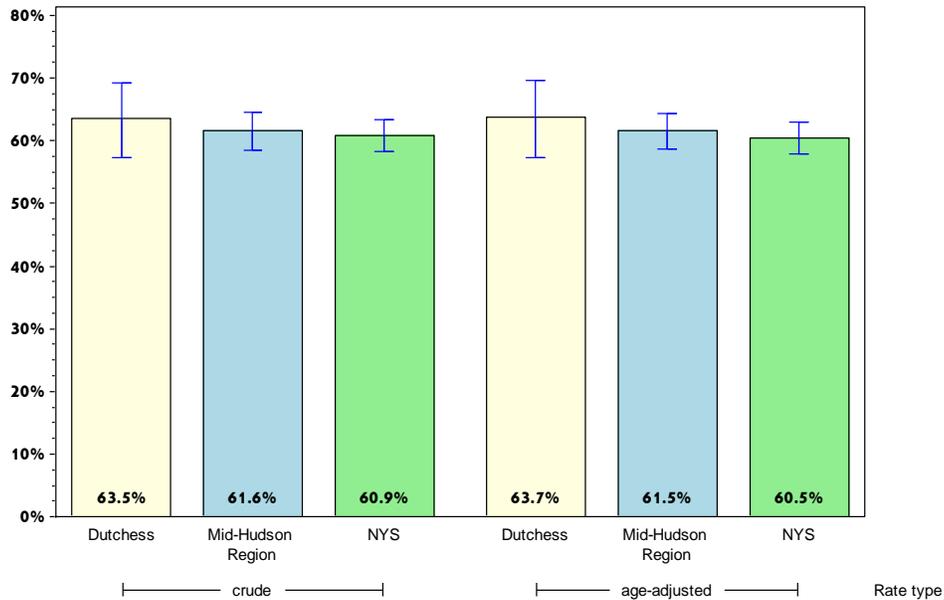
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	141,898	63.5	(57.3-69.3)	1,013,509	61.6	(58.6-64.4)
Age						
18-24	#			78,608	37.8 [^]	(27.7-49.0)
25-34	#			134,836	58.9	(51.3-66.2)
35-44	19,552	56.5 [^]	(41.5-70.3)	182,614	68.3	(61.9-74.2)
45-64	55,352	67.3	(57.7-75.7)	416,662	68.8	(64.9-72.4)
65+	27,159	64.2	(55.2-72.2)	193,474	60.7	(55.0-66.2)
Race						
White, NH	110,089	63.9	(57.2-70.1)	654,729	58.3	(54.8-61.7)
Black, NH	#			98,751	71.0 [^]	(60.2-79.9)
Hispanic	#			181,418	74.5	(68.3-79.8)
Other, NH	#			78,610	55.9 [^]	(41.8-69.1)
Sex						
male	83,271	72.5	(64.4-79.4)	594,678	71.9	(68.1-75.4)
female	58,627	54.0	(45.0-62.7)	418,831	51.1	(46.8-55.4)
Age-adjusted^{&}		63.7	(57.2-69.7)		61.5	(58.7-64.3)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

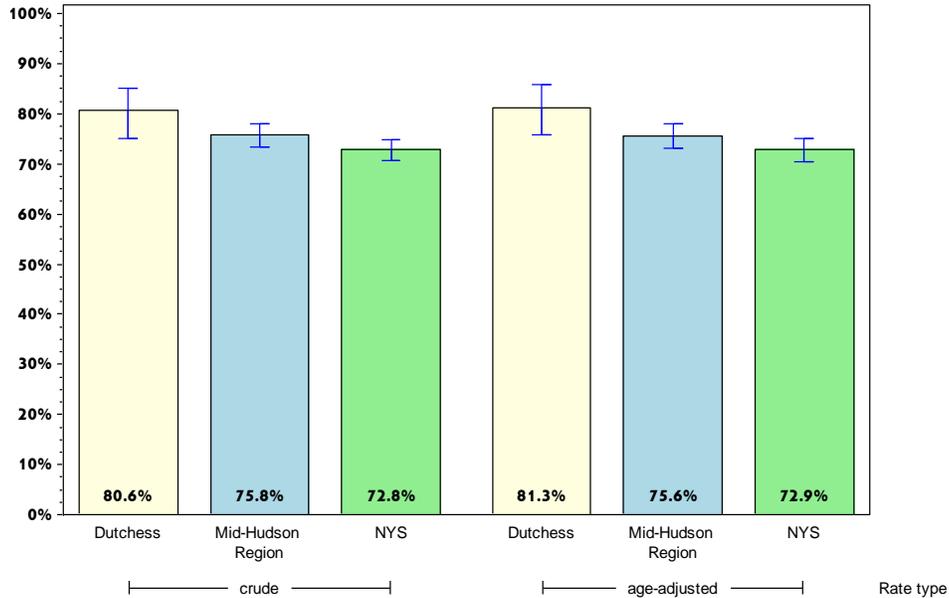
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



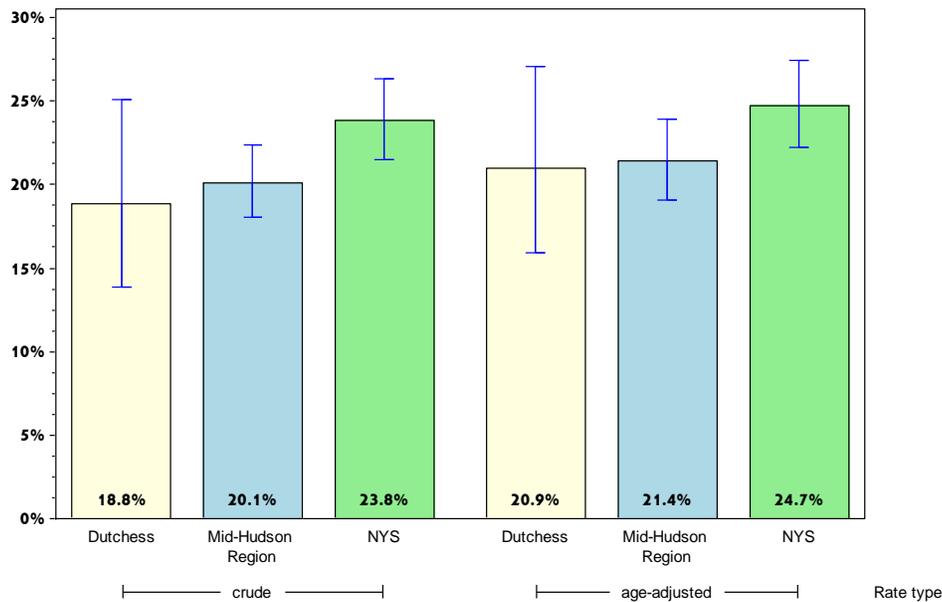
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	183,076	80.6	(75.1-85.1)	1,271,442	75.8	(73.3-78.0)
Age		#				
18-24		#		175,327	86.7	(79.0-91.8)
25-34		#		173,350	72.0	(65.5-77.7)
35-44	29,775	85.6 [^]	(72.5-93.1)	217,887	75.1	(67.5-81.4)
45-64	70,190	82.0	(74.2-87.8)	461,861	77.3	(73.6-80.7)
65+	31,157	72.4	(63.1-80.2)	222,803	68.7	(63.9-73.1)
Race						
White, NH	141,332	80.0	(73.6-85.1)	896,103	78.1	(75.4-80.5)
Black, NH		#		91,903	69.6 [^]	(59.5-78.1)
Hispanic		#		167,526	65.4	(58.5-71.7)
Other, NH		#		115,910	81.7 [^]	(68.5-90.1)
Sex						
male	92,266	83.8	(76.9-88.9)	624,724	76.8	(73.5-79.8)
female	90,810	77.6	(68.9-84.4)	646,717	74.8	(71.2-78.1)
Age-adjusted^{&}		81.3	(75.7-85.8)		75.6	(73.1-78.0)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



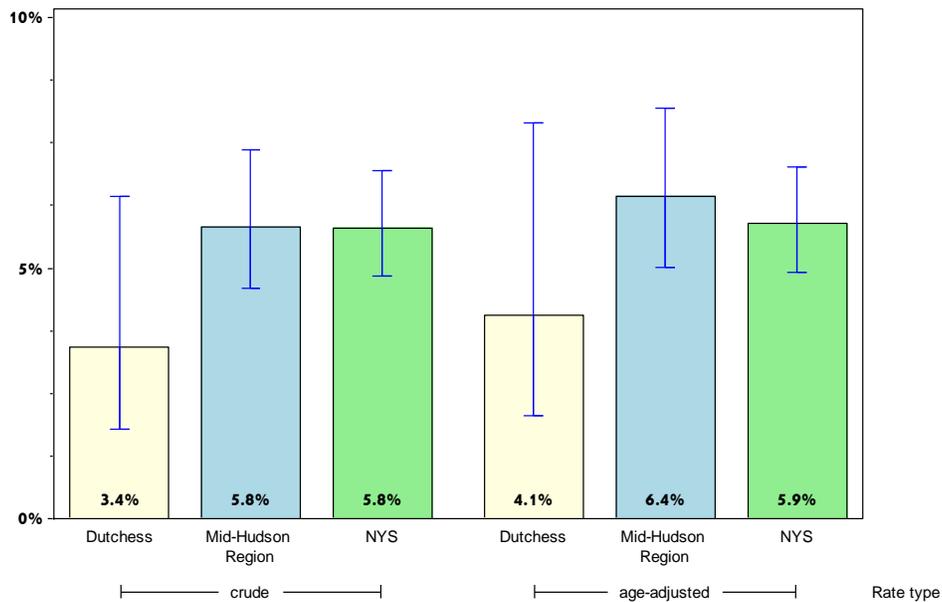
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	41,951	18.8	(13.9-25.1)	328,184	20.1	(18.0-22.4)
Age						
18-24		#		59,915	30.5 [^]	(21.4-41.5)
25-34		#		72,301	31.4	(25.3-38.1)
35-44	7,920	23.7 [^]	(13.9-37.4)	66,352	23.7	(18.1-30.4)
45-64	7,669	9.1	(5.2-15.5)	91,651	15.7	(12.9-18.8)
65+	3,422	8.2	(4.7-13.9)	34,297	10.9	(8.2-14.4)
Race						
White, NH	28,933	16.6	(11.3-23.8)	179,864	16.0	(13.8-18.4)
Black, NH		#		44,636	35.8 [^]	(26.3-46.5)
Hispanic		#		83,157	34.3	(28.1-41.2)
Other, NH		#		20,526	15.1 [^]	(8.3-25.9)
Sex						
male	22,241	20.5	(13.3-30.2)	201,838	25.5	(22.3-29.1)
female	19,710	17.3	(11.0-26.0)	126,346	15.0	(12.5-18.0)
Age-adjusted^{&}		20.9	(15.9-27.1)		21.4	(19.1-23.9)

* Sugary drinks include regular soda, and sugar-sweetened drinks.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,570	3.4	(1.8-6.4)	94,313	5.8	(4.6-7.3)
Age						
18-24	#			18,550	9.4	(4.8-17.6)
25-34	#			22,619	9.8	(6.4-14.6)
35-44	#			25,563	9.2	(5.4-15.3)
45-64	#			22,019	3.8	(2.6-5.4)
65+	#			4,862	1.6	(0.8-3.1)
Race						
White, NH	4,728	2.7	(1.5-5.0)	47,954	4.3	(3.3-5.5)
Black, NH	#			17,766	14.1 [^]	(6.6-27.5)
Hispanic	#			23,510	9.8	(6.2-15.2)
Other, NH	#			#		
Sex						
male	5,788	5.3	(2.4-11.5)	75,751	9.6	(7.3-12.6)
female	#			18,562	2.2	(1.6-3.1)
Age-adjusted^{&}		4.1	(2.0-7.9)		6.4	(5.0-8.2)

& Percent is age-adjusted to the 2000 United States Population.

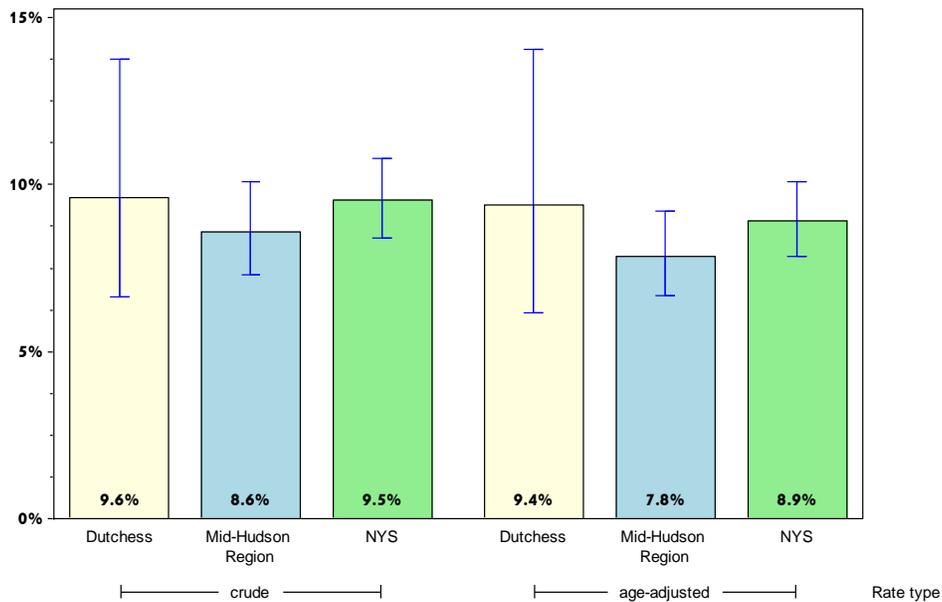
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	22,451	9.6	(6.6-13.7)	150,887	8.6	(7.3-10.1)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		14,160	4.7	(2.4-9.1)
45-64	10,046	11.6	(6.8-19.1)	62,032	9.9	(7.7-12.6)
65+	6,743	15.7	(10.3-23.2)	68,925	20.7	(16.7-25.4)
Race						
White, NH	15,839	8.8	(5.7-13.3)	89,474	7.5	(6.2-8.9)
Black, NH		#		19,890	13.7	(8.9-20.7)
Hispanic		#		17,031	6.4	(4.0-9.9)
Other, NH		#		24,492	16.3 [^]	(9.0-27.9)
Sex						
male	11,352	9.9	(6.0-15.8)	88,046	10.3	(8.2-12.9)
female	11,098	9.4	(5.4-15.9)	62,840	6.9	(5.5-8.7)
Age-adjusted^{&}		9.4	(6.2-14.0)		7.8	(6.7-9.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

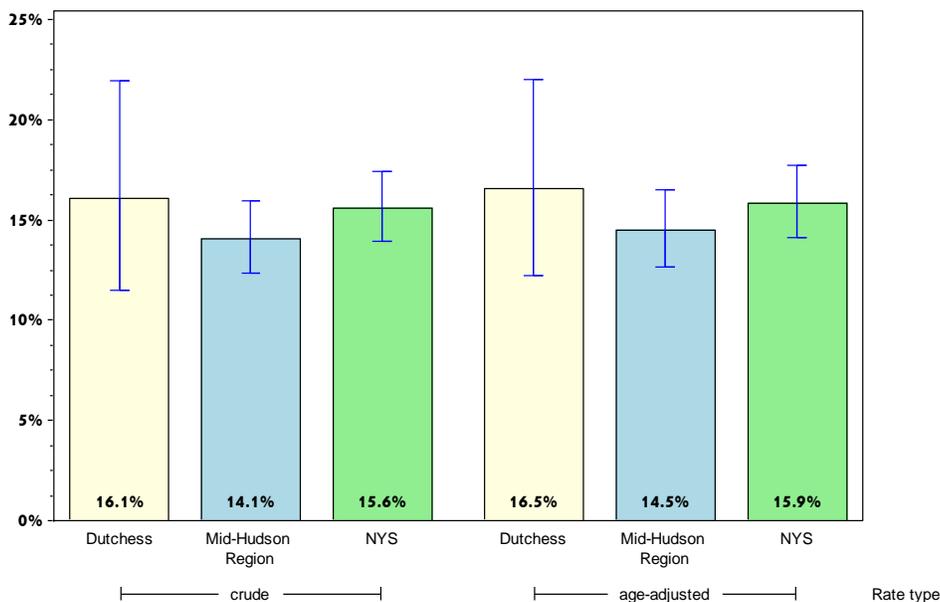
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who are current smokers



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	36,239	16.1	(11.5-22.0)	239,102	14.1	(12.4-15.9)
Age		#				
18-24		#		32,350	15.8 [^]	(9.2-25.9)
25-34		#		43,314	17.8	(13.5-23.0)
35-44	5,017	15.3 [^]	(8.2-26.7)	44,821	15.3	(11.0-20.9)
45-64	9,430	11.0	(6.9-17.0)	96,435	15.9	(13.5-18.8)
65+	3,673	8.6	(4.5-15.7)	20,862	6.3	(4.5-8.8)
Race						
White, NH	30,392	17.3	(12.0-24.4)	164,788	14.1	(12.1-16.4)
Black, NH		#		25,127	18.9	(12.0-28.4)
Hispanic		#		41,932	16.1	(11.8-21.6)
Other, NH		#		7,254	5.1	(2.4-10.6)
Sex						
male	21,076	19.1 [^]	(11.8-29.4)	144,979	17.6	(14.7-20.9)
female	15,163	13.1	(8.4-19.9)	94,123	10.7	(9.0-12.7)
Age-adjusted^{&}		16.5	(12.2-22.0)		14.5	(12.6-16.5)

& Percent is age-adjusted to the 2000 United States Population.

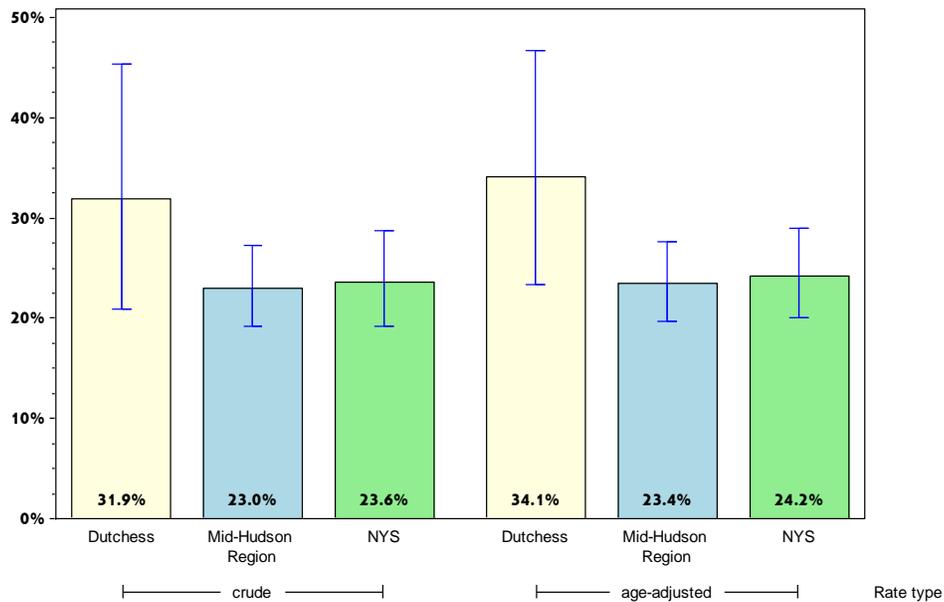
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,943	31.9 [^]	(20.9-45.4)	73,745	23.0	(19.2-27.3)
Age		#				
18-24		#		7,392	18.1 [^]	(9.7-31.1)
25-34		#		17,890	25.6 [^]	(17.0-36.7)
35-44		#		13,112	20.9 [^]	(13.1-31.7)
45-64		#		27,097	31.4	(24.0-39.9)
65+		#		8,253	14.3	(8.6-22.7)
Race						
White, NH	10,271	33.3 [^]	(20.3-49.5)	45,290	28.9	(23.5-35.0)
Black, NH		#		10,881	31.9 [^]	(18.4-49.2)
Hispanic		#		15,364	13.5	(8.8-20.1)
Other, NH		#			#	
Sex						
male		#		35,712	25.4	(19.7-32.0)
female	6,761	31.5 [^]	(16.7-51.4)	38,032	21.2	(16.3-27.0)
Age-adjusted^{&}		34.1 [^]	(23.4-46.7)		23.4	(19.7-27.7)

& Percent is age-adjusted to the 2000 United States Population.

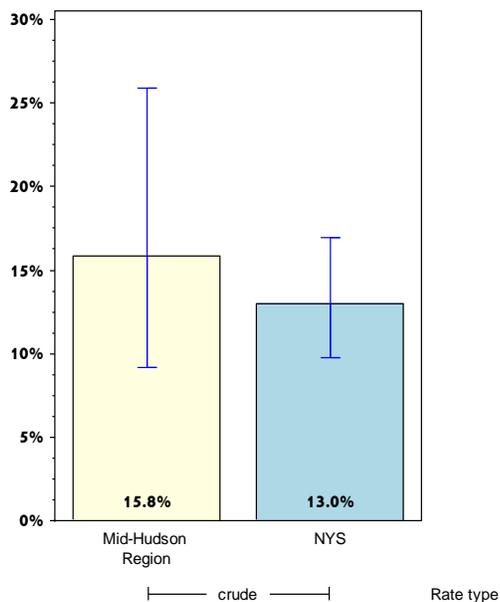
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		32,350	15.8 [^]	(9.2-25.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		23,087	16.1 [^]	(8.0-29.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		24,040	23.7 [^]	(12.6-40.1)
female		#		8,310	8.1	(3.7-16.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

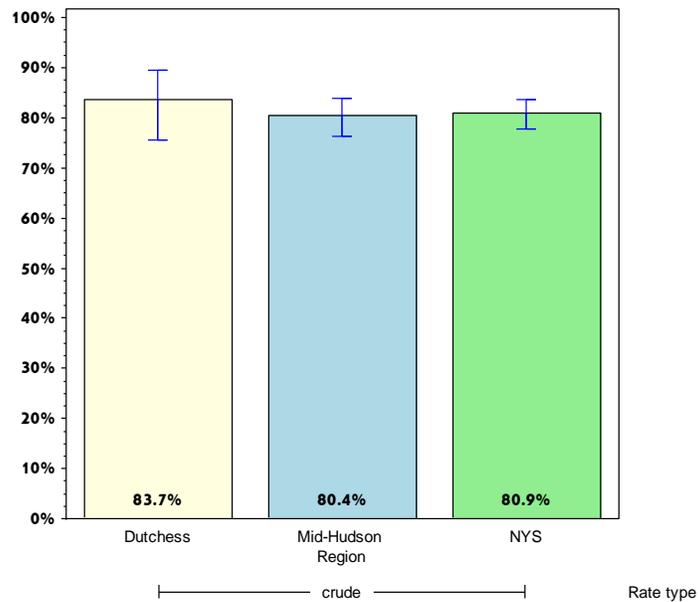
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,892	83.7	(75.5-89.5)	246,457	80.4	(76.2-84.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	25,474	81.7	(72.7-88.2)	184,023	79.1	(74.7-82.9)
Black, NH		#		14,839	87.4 [^]	(74.9-94.2)
Hispanic		#		22,718	86.1 [^]	(66.9-95.0)
Other, NH		#			#	
Sex						
male		#			#	
female	32,892	83.7	(75.5-89.5)	246,457	80.4	(76.2-84.0)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

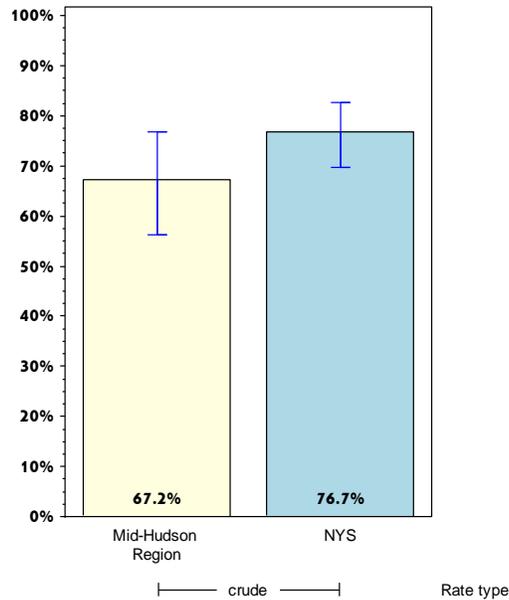
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		34,867	67.2 [^]	(56.2-76.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		16,177	51.0 [^]	(38.1-63.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		34,867	67.2 [^]	(56.2-76.7)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

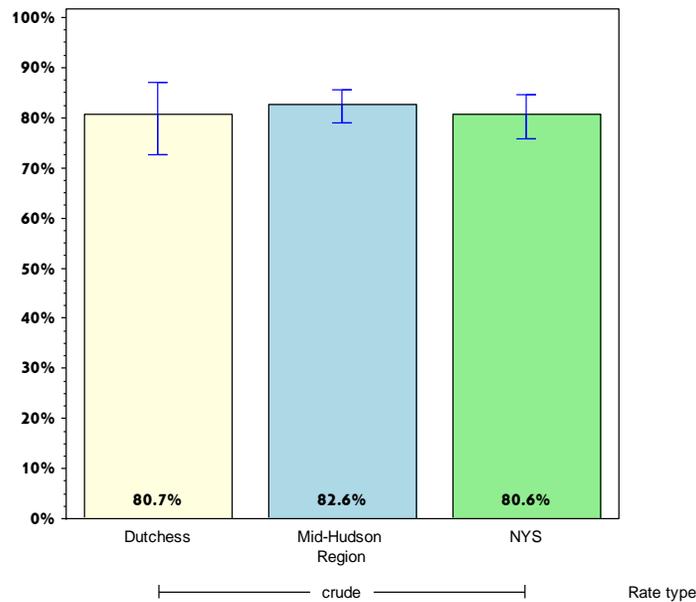
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	69,283	80.7	(72.5-86.9)	496,976	82.6	(79.1-85.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	49,187	78.3 [^]	(68.0-86.0)	343,119	83.5	(79.5-86.9)
Black, NH		#		30,763	74.4 [^]	(58.2-85.9)
Hispanic		#		75,619	82.0	(73.0-88.4)
Other, NH		#			#	
Sex						
male		#			#	
female	69,283	80.7	(72.5-86.9)	496,976	82.6	(79.1-85.6)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

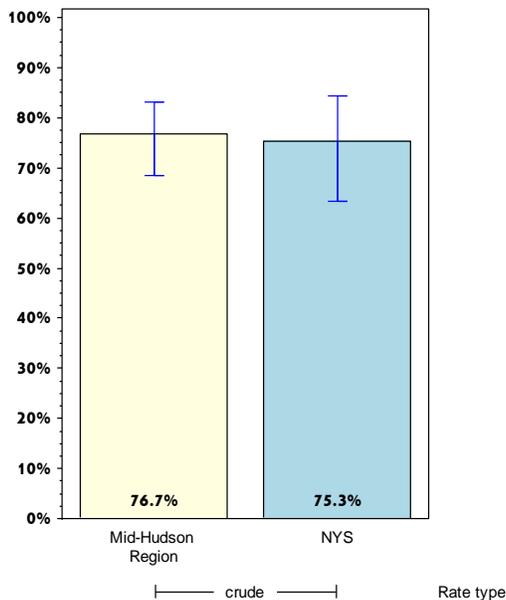
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		96,878	76.7	(68.6-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		42,290	71.4 [^]	(59.7-80.7)
Black, NH		#			#	
Hispanic		#		37,467	79.7 [^]	(64.2-89.6)
Other, NH		#			#	
Sex						
male		#			#	
female		#		96,878	76.7	(68.6-83.2)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

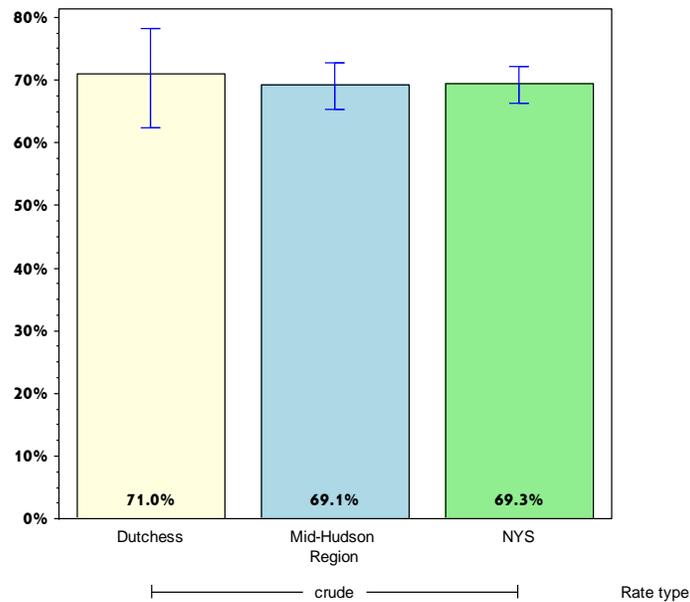
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	62,259	71.0	(62.4-78.3)	420,117	69.1	(65.4-72.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	50,285	72.6	(64.1-79.6)	316,982	70.6	(66.9-74.0)
Black, NH		#		33,596	76.4 [^]	(64.2-85.4)
Hispanic		#		28,956	55.1 [^]	(42.7-66.9)
Other, NH		#			#	
Sex						
male	32,666	67.6 [^]	(54.6-78.4)	203,820	67.7	(61.6-73.2)
female	29,593	75.2 [^]	(64.7-83.3)	216,297	70.6	(65.9-74.9)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

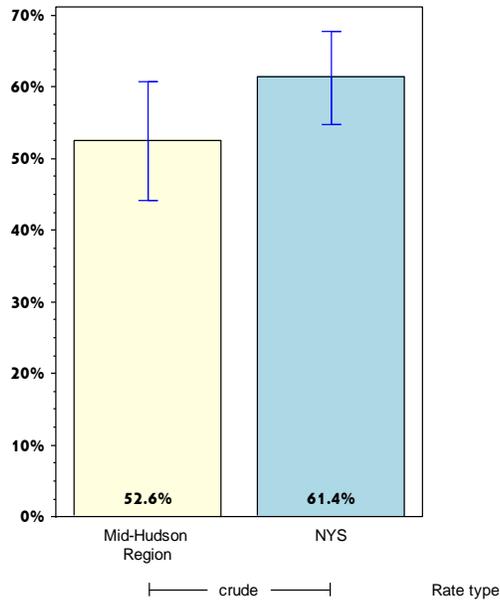
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		47,995	52.6	(44.2-60.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		29,963	53.0	(43.3-62.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		18,246	47.1 [^]	(34.9-59.7)
female		#		29,749	56.6 [^]	(45.7-66.9)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

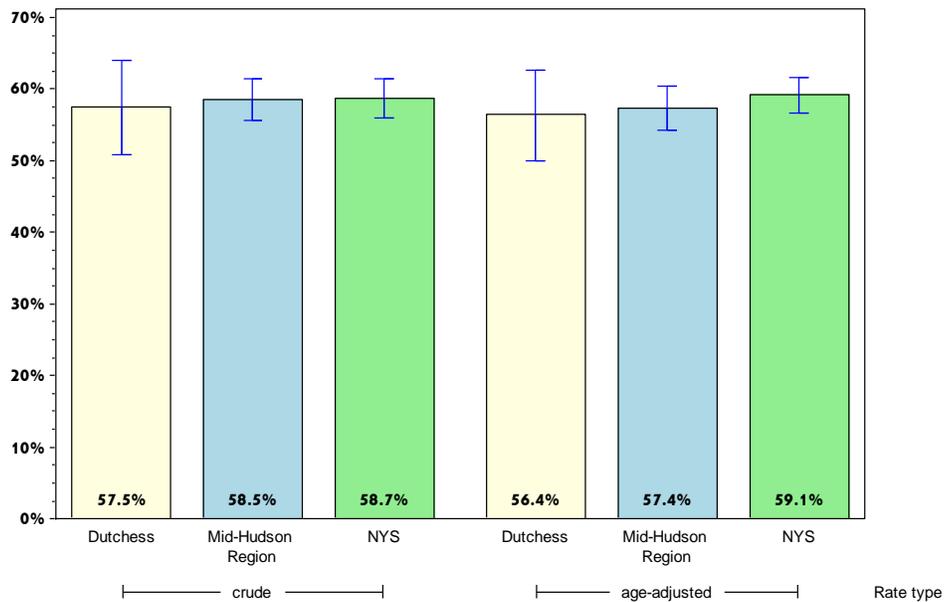
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



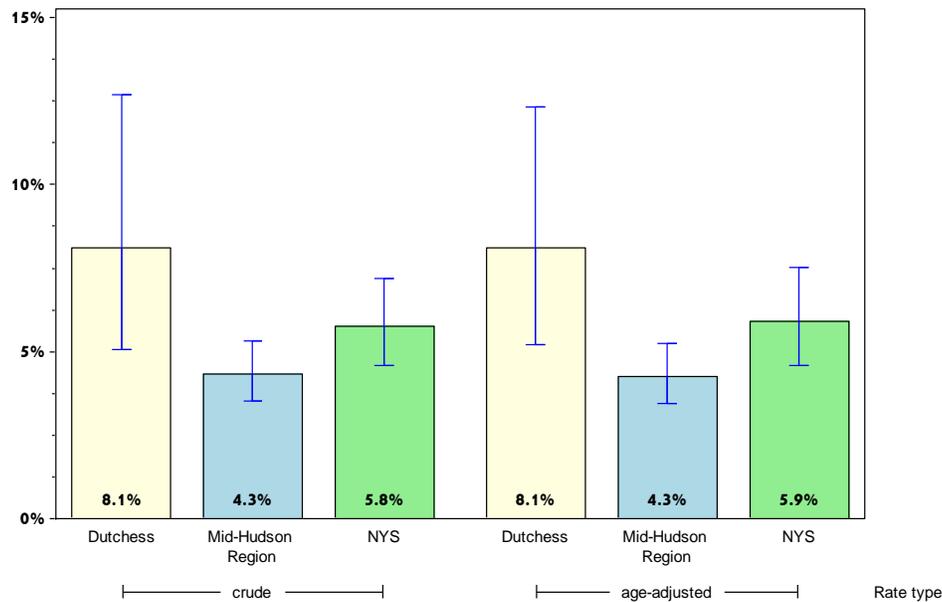
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	119,509	57.5	(50.8-64.0)	907,749	58.5	(55.6-61.4)
Age		#				
18-24		#		74,996	36.8 [^]	(24.7-50.8)
25-34		#		111,134	46.0	(38.9-53.2)
35-44	14,915	45.9 [^]	(31.8-60.6)	149,552	53.4	(46.1-60.5)
45-64	49,973	65.9	(56.1-74.5)	369,306	66.9	(62.5-71.0)
65+	29,014	83.4	(74.2-89.8)	183,286	73.5	(66.9-79.3)
Race						
White, NH	91,078	56.6	(49.0-63.8)	647,286	61.0	(57.7-64.2)
Black, NH		#		83,150	67.2 [^]	(56.4-76.5)
Hispanic		#		117,732	48.8	(41.7-55.9)
Other, NH		#		59,581	47.5 [^]	(33.4-62.0)
Sex						
male	57,753	56.5	(46.6-66.0)	378,659	51.5	(47.3-55.6)
female	61,756	58.5	(49.3-67.1)	529,090	64.9	(60.9-68.7)
Age-adjusted^{&}		56.4	(50.0-62.6)		57.4	(54.2-60.4)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,989	8.1	(5.1-12.7)	68,671	4.3	(3.5-5.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		10,994	3.9	(2.2-6.8)
45-64		#		26,630	4.8	(3.6-6.4)
65+	5,720	15.9 [^]	(9.0-26.6)	21,581	8.3	(5.9-11.4)
Race						
White, NH	11,037	6.8	(4.0-11.3)	48,336	4.4	(3.5-5.6)
Black, NH		#		6,075	4.9	(2.5-9.5)
Hispanic		#		9,695	3.9	(2.1-7.1)
Other, NH		#			#	
Sex						
male	7,263	7.0	(3.2-14.6)	31,186	4.1	(3.0-5.6)
female	9,726	9.1	(5.1-15.8)	37,484	4.5	(3.4-5.9)
Age-adjusted^{&}		8.1	(5.2-12.3)		4.3	(3.5-5.3)

& Percent is age-adjusted to the 2000 United States Population.

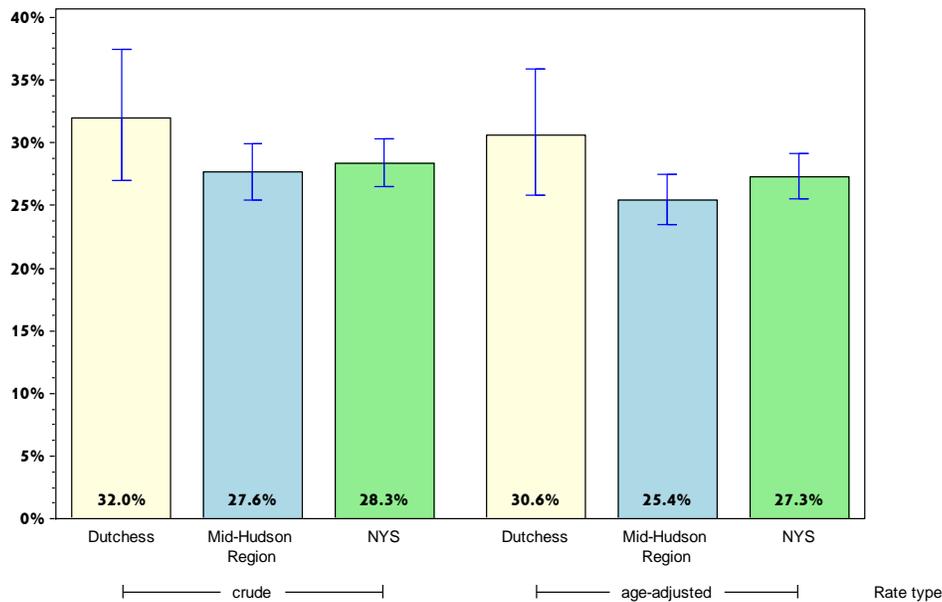
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



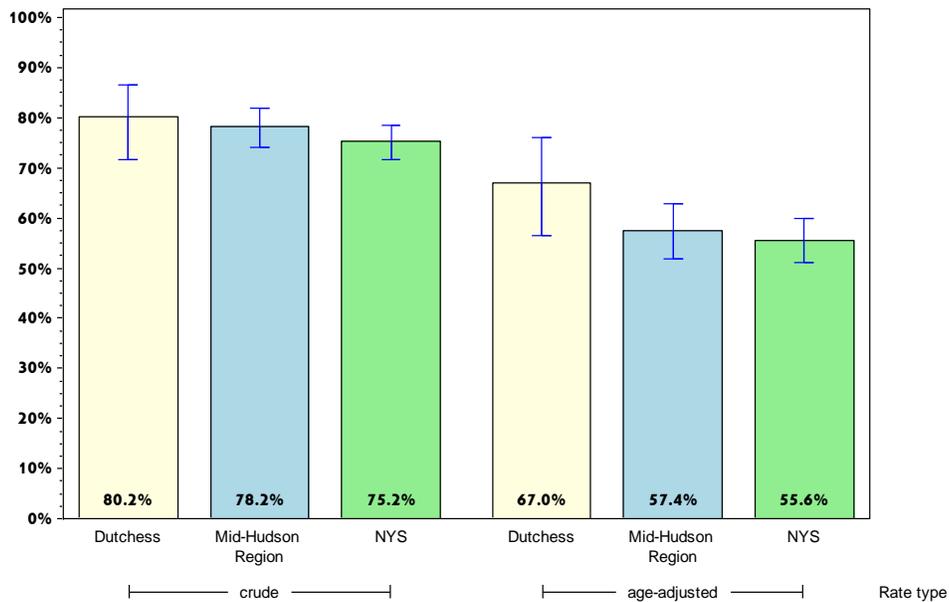
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	74,885	32.0	(27.0-37.5)	485,160	27.6	(25.4-29.9)
Age						
18-24	#	#		14,115	6.5	(3.1-13.3)
25-34	#	#		19,179	7.6	(4.9-11.6)
35-44	10,391	28.1 [^]	(15.7-45.2)	50,528	16.7	(12.1-22.6)
45-64	33,768	39.0	(30.7-47.9)	203,210	32.5	(28.9-36.3)
65+	24,818	57.8	(48.3-66.8)	191,521	57.5	(52.1-62.8)
Race						
White, NH	63,409	35.1	(29.2-41.4)	339,577	28.4	(25.9-31.1)
Black, NH	#	#		57,952	40.0	(30.9-50.0)
Hispanic	#	#		53,138	20.0	(15.5-25.4)
Other, NH	#	#		34,492	23.0 [^]	(14.2-35.0)
Sex						
male	36,802	31.8	(25.0-39.6)	258,468	30.5	(27.2-33.9)
female	38,084	32.2	(25.1-40.1)	226,692	25.0	(22.1-28.1)
Age-adjusted^{&}		30.6	(25.8-35.9)		25.4	(23.4-27.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



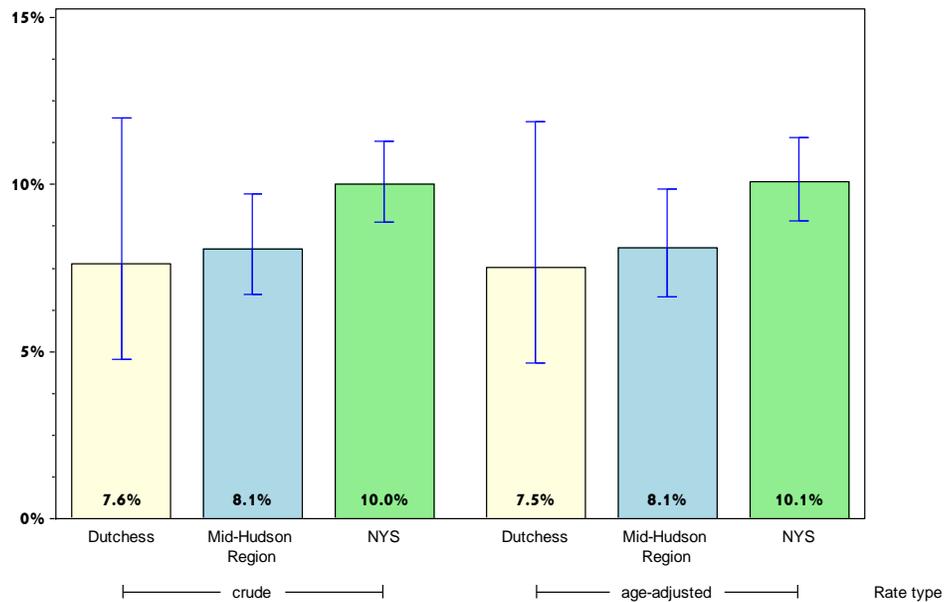
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	60,038	80.2	(71.7-86.6)	379,361	78.2	(74.1-81.8)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		25,439	50.3 [^]	(33.7-66.9)
45-64	28,207	83.5 [^]	(70.3-91.6)	167,173	82.3	(77.5-86.3)
65+	21,864	88.1 [^]	(76.8-94.3)	174,121	91.0	(86.7-93.9)
Race						
White, NH	49,079	77.4	(67.8-84.8)	269,044	79.3	(74.9-83.1)
Black, NH		#		48,852	84.3 [^]	(70.9-92.2)
Hispanic		#		31,347	59.0 [^]	(44.8-71.9)
Other, NH		#			#	
Sex						
male	28,218	76.7 [^]	(64.1-85.8)	187,107	72.4	(66.1-78.0)
female	31,819	83.6 [^]	(71.3-91.2)	192,253	84.9	(80.0-88.8)
Age-adjusted^{&}		67.0 [^]	(56.6-76.1)		57.4	(51.8-62.7)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,701	7.6	(4.8-12.0)	141,569	8.1	(6.7-9.7)
Age		#				
18-24		#		30,738	14.2	(8.2-23.4)
25-34		#		15,451	6.2	(4.0-9.5)
35-44		#		24,864	8.2	(4.6-14.1)
45-64	6,221	7.2	(3.7-13.4)	43,139	6.9	(5.4-8.8)
65+		#		24,959	7.5	(5.4-10.5)
Race						
White, NH	14,533	8.1	(4.7-13.7)	104,334	8.8	(7.1-10.8)
Black, NH		#		11,950	8.3	(4.5-14.7)
Hispanic		#		19,703	7.4	(4.1-13.1)
Other, NH		#		5,582	3.7	(1.5-8.8)
Sex						
male		#		56,381	6.6	(4.9-9.0)
female	12,979	11.1	(6.3-18.6)	85,187	9.4	(7.5-11.9)
Age-adjusted^{&}		7.5	(4.7-11.9)		8.1	(6.6-9.9)

* Physician diagnosed asthma.

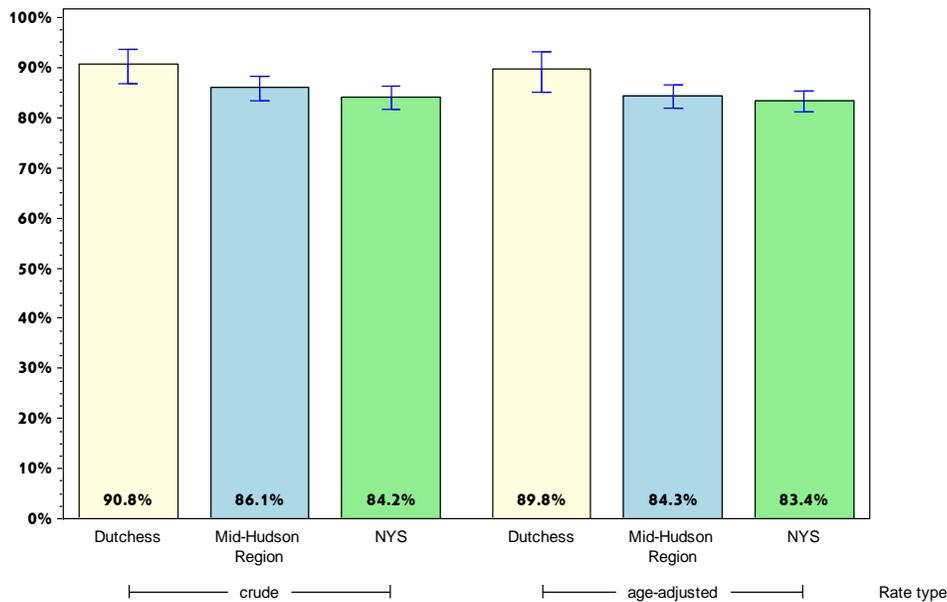
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Dutchess

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	209,360	90.8	(86.8-93.6)	1,487,921	86.1	(83.5-88.4)
Age						
18-24	#	#		119,554	58.8 [^]	(45.3-71.2)
25-34	#	#		166,373	68.6	(62.0-74.5)
35-44	31,227	86.1 [^]	(72.2-93.7)	264,626	88.1	(83.0-91.8)
45-64	82,064	95.9	(90.1-98.3)	589,697	94.4	(92.6-95.8)
65+	41,469	96.8	(90.8-98.9)	323,941	97.5	(96.0-98.5)
Race						
White, NH	162,528	91.7	(87.1-94.7)	1,037,098	88.5	(84.9-91.4)
Black, NH	#	#		118,223	82.3	(72.7-89.1)
Hispanic	14,917	80.2 [^]	(63.0-90.6)	203,261	77.3	(72.0-81.8)
Other, NH	#	#		129,338	86.1 [^]	(75.7-92.5)
Sex						
male	103,224	90.4	(84.3-94.2)	717,767	85.9	(83.0-88.4)
female	106,136	91.2	(85.3-94.8)	770,154	86.3	(81.7-89.8)
Age-adjusted^{&}		89.8	(85.2-93.0)		84.3	(81.8-86.5)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

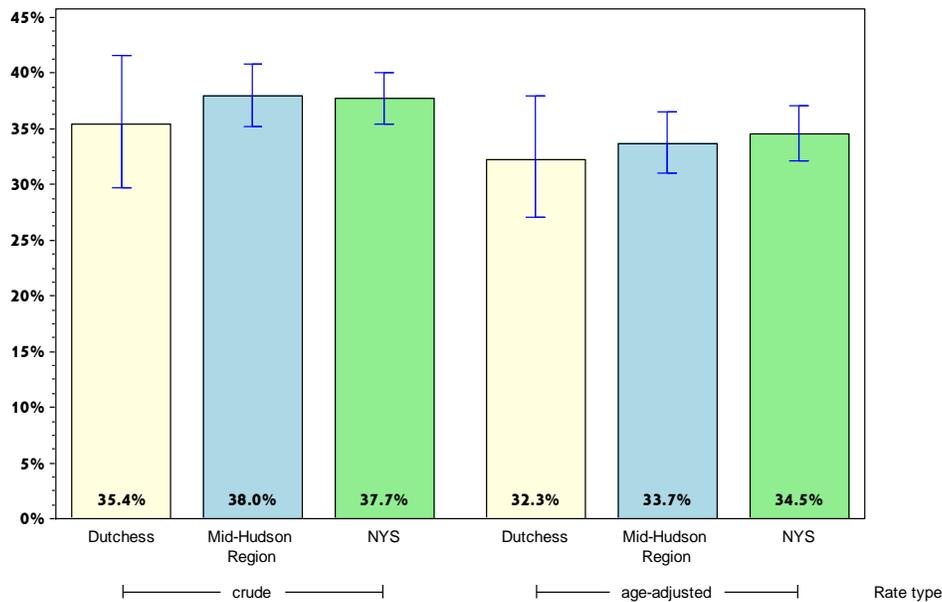
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	74,125	35.4	(29.7-41.6)	563,809	38.0	(35.3-40.8)
Age		#				
18-24		#		25,949	21.7 [^]	(12.2-35.6)
25-34		#		21,044	12.6	(8.6-18.2)
35-44	7,489	24.0 [^]	(13.5-38.9)	75,762	28.6	(22.3-35.9)
45-64	37,639	45.9	(36.8-55.2)	250,204	42.6	(38.4-46.9)
65+	19,492	47.2	(37.9-56.6)	181,331	56.2	(50.9-61.5)
Race						
White, NH	57,607	35.5	(29.4-42.1)	404,347	39.1	(36.2-42.2)
Black, NH		#		36,973	31.3 [^]	(22.1-42.2)
Hispanic		#		71,505	35.2	(27.8-43.3)
Other, NH		#		50,985	39.5 [^]	(25.9-54.9)
Sex						
male	41,243	40.0	(31.3-49.3)	314,812	44.0	(39.8-48.2)
female	32,881	31.0	(24.1-38.9)	248,997	32.4	(29.0-36.1)
Age-adjusted^{&}		32.3	(27.1-37.9)		33.7	(31.0-36.5)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

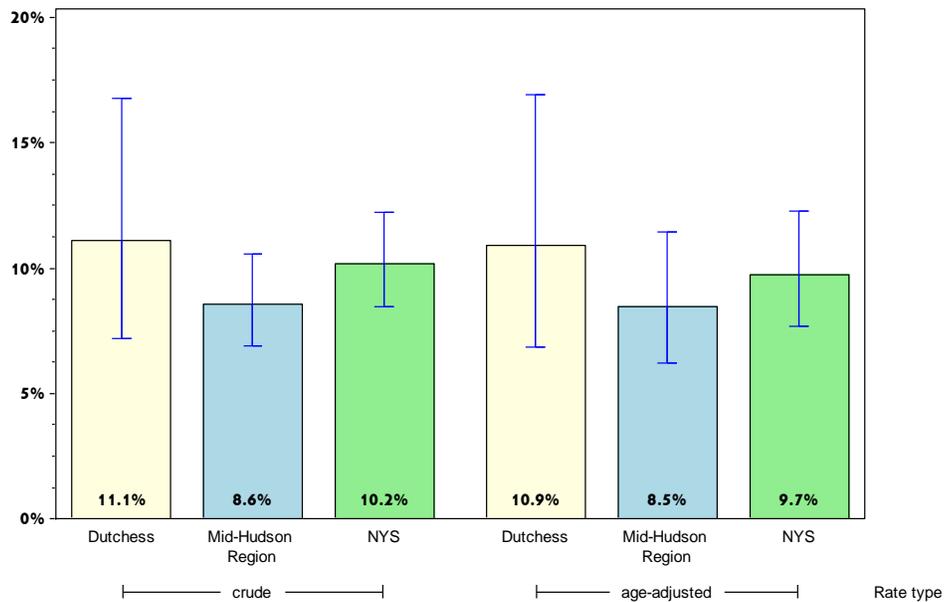
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,340	11.1	(7.2-16.8)	66,257	8.6	(6.9-10.6)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		8,782	9.1 [^]	(3.7-20.7)
45-64	6,309	12.3 [^]	(6.0-23.7)	28,181	9.2	(6.8-12.3)
65+	3,374	10.9	(5.8-19.4)	21,893	8.7	(6.4-11.7)
Race						
White, NH	9,354	9.1	(5.9-13.8)	39,723	7.1	(5.6-8.8)
Black, NH		#		11,297	15.3 [^]	(8.5-26.1)
Hispanic		#		6,859	7.7	(4.3-13.2)
Other, NH		#			#	
Sex						
male	7,505	13.4 [^]	(7.0-24.2)	32,849	8.9	(6.3-12.4)
female	5,835	9.1	(5.3-15.1)	33,408	8.2	(6.3-10.7)
Age-adjusted^{&}		10.9	(6.8-16.9)		8.5	(6.2-11.4)

* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age-adjusted to the 2000 United States Population.

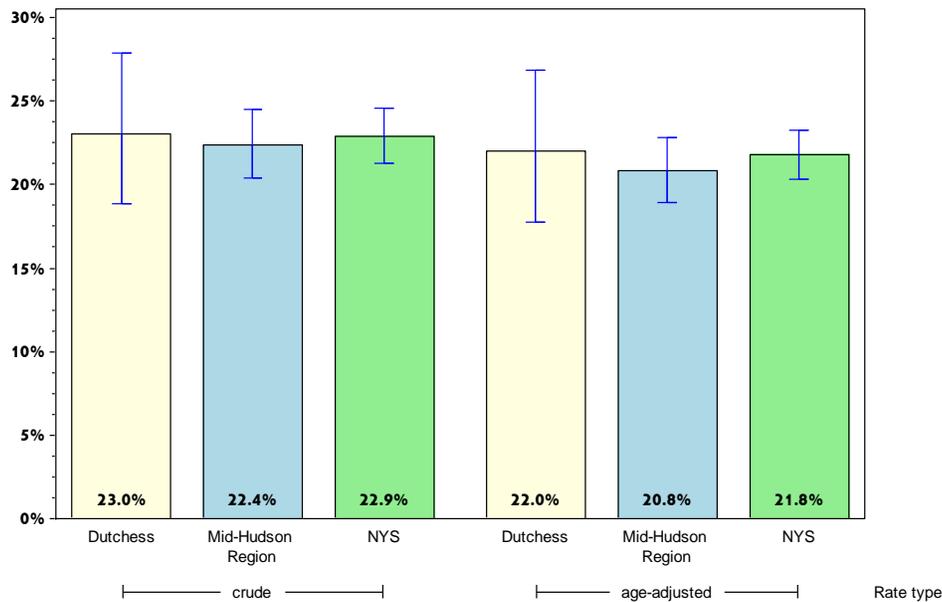
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent Chronic Diseases

Percentage of adults with arthritis*



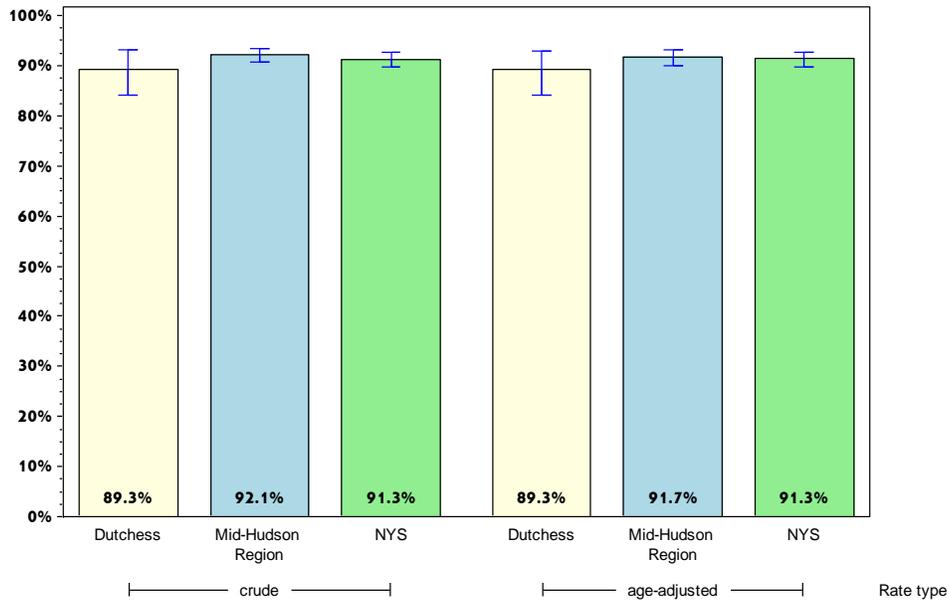
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	53,661	23.0	(18.8-27.8)	392,756	22.4	(20.4-24.5)
Age		#			#	
18-24		#			#	
25-34		#		23,161	9.2	(6.0-13.7)
35-44		#		42,145	13.9	(9.7-19.7)
45-64	23,714	27.4	(20.7-35.2)	161,955	25.8	(22.6-29.3)
65+	17,377	40.4	(31.9-49.6)	152,353	46.1	(40.9-51.4)
Race						
White, NH	46,572	25.9	(20.9-31.7)	308,405	25.9	(23.4-28.4)
Black, NH		#		32,099	22.3	(15.1-31.6)
Hispanic	2,510	13.5 [^]	(6.0-27.7)	39,612	14.8	(10.6-20.4)
Other, NH		#		12,641	8.4	(4.1-16.3)
Sex						
male	18,736	16.3	(11.6-22.4)	150,162	17.7	(15.1-20.5)
female	34,924	29.6	(23.1-37.0)	242,594	26.9	(23.9-30.0)
Age-adjusted^{&}		22.0	(17.8-26.8)		20.8	(18.9-22.8)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



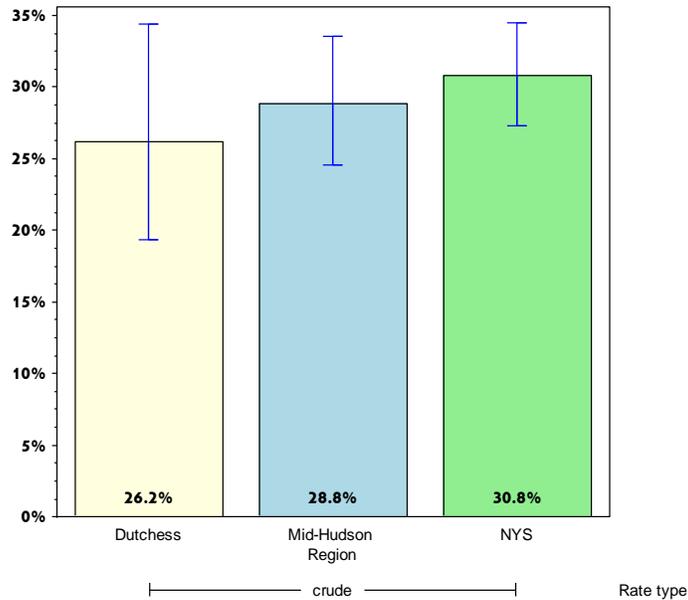
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	198,163	89.3	(84.0-93.0)	1,515,249	92.1	(90.6-93.4)
Age		#				
18-24		#		178,853	89.6	(81.8-94.3)
25-34		#		208,949	88.8	(83.8-92.4)
35-44	30,338	89.7 [^]	(78.1-95.5)	256,978	90.8	(86.0-94.1)
45-64	75,391	90.9	(84.0-95.0)	547,100	93.1	(91.1-94.6)
65+	39,608	94.1 [^]	(83.8-98.0)	301,481	95.1	(92.7-96.8)
Race						
White, NH	154,548	89.7	(83.3-93.8)	1,040,740	92.0	(90.3-93.5)
Black, NH		#		119,401	92.0	(82.5-96.5)
Hispanic		#		223,577	90.8	(86.2-94.0)
Other, NH		#		131,532	95.0	(89.1-97.8)
Sex						
male	101,406	94.2	(88.5-97.2)	739,528	92.8	(90.5-94.6)
female	96,758	84.7	(75.6-90.8)	775,721	91.4	(89.3-93.1)
Age-adjusted^{&}		89.3	(84.1-92.9)		91.7	(90.0-93.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



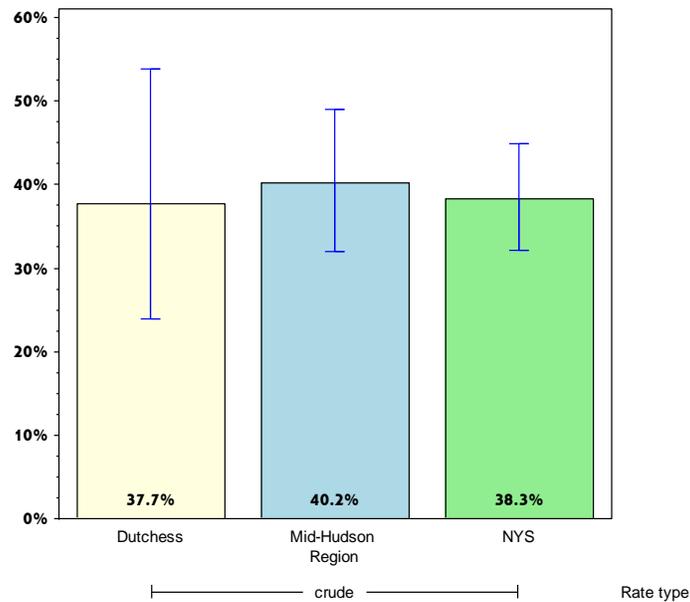
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	11,038	26.2	(19.4-34.4)	92,763	28.8	(24.5-33.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	9,961	25.9	(18.9-34.5)	78,574	30.9	(26.8-35.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,321	27.1 [^]	(17.4-39.6)	42,914	26.7	(20.8-33.4)
female	4,717	25.1 [^]	(16.6-36.1)	49,849	31.0	(25.1-37.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,166	37.7 [^]	(23.9-53.9)	37,075	40.2	(32.0-49.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		31,264	40.1	(32.4-48.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		15,850	37.2 [^]	(26.8-48.9)
female		#		21,225	42.9 [^]	(31.1-55.6)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

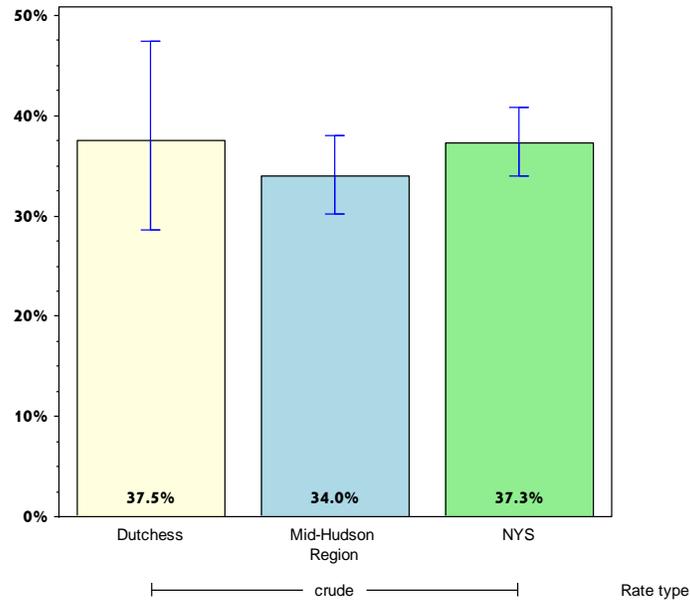
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	28,760	37.5	(28.6-47.4)	182,322	34.0	(30.2-38.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	23,003	39.5 [^]	(29.8-50.1)	129,928	33.3	(29.4-37.5)
Black, NH		#		20,470	47.9 [^]	(32.1-64.1)
Hispanic		#		17,315	30.3 [^]	(20.9-41.7)
Other, NH		#			#	
Sex						
male	17,554	42.3 [^]	(29.4-56.4)	101,973	39.5	(33.7-45.6)
female	11,206	31.8 [^]	(21.4-44.4)	80,348	28.9	(24.2-34.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

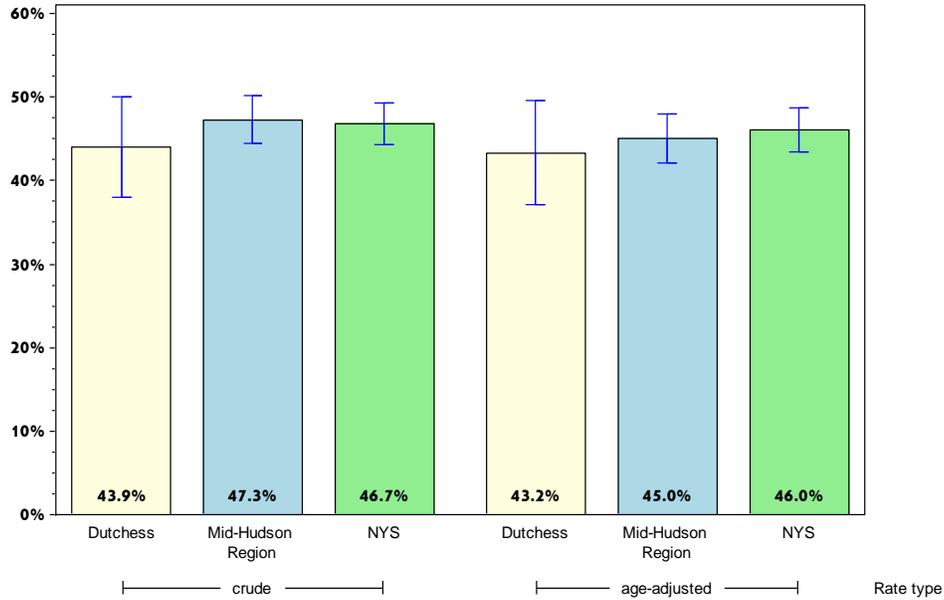
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	98,570	43.9	(38.0-50.1)	785,113	47.3	(44.5-50.1)
Age		#				
18-24		#		67,071	33.5 [^]	(21.3-48.4)
25-34		#		70,650	30.0	(24.1-36.6)
35-44	13,534	40.0 [^]	(26.2-55.5)	103,925	36.5	(29.9-43.7)
45-64	32,956	38.9	(30.6-48.0)	284,102	47.9	(43.8-52.0)
65+	31,557	74.0	(65.6-81.0)	245,927	75.9	(71.4-79.8)
Race						
White, NH	76,558	43.9	(37.3-50.7)	580,946	50.9	(47.6-54.1)
Black, NH		#		48,599	36.9 [^]	(27.8-47.1)
Hispanic		#		81,517	32.9	(27.3-39.0)
Other, NH		#		74,051	53.4 [^]	(39.5-66.8)
Sex						
male	44,359	40.8	(32.7-49.4)	341,699	42.4	(38.6-46.2)
female	54,211	46.9	(38.5-55.5)	443,414	51.9	(47.8-56.1)
Age-adjusted^{&}		43.2	(37.2-49.5)		45.0	(42.1-48.0)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

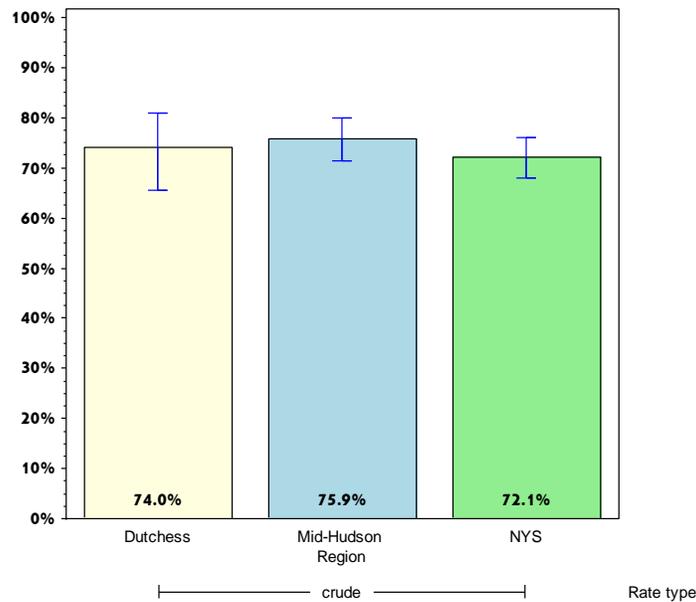
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	31,557	74.0	(65.6-81.0)	245,927	75.9	(71.4-79.8)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	28,177	72.4	(63.5-79.9)	191,919	75.0	(70.8-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	18,253	76.6 [^]	(64.1-85.8)	123,697	76.4	(70.0-81.8)
female	13,304	70.7 [^]	(58.8-80.4)	122,230	75.4	(68.9-80.8)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

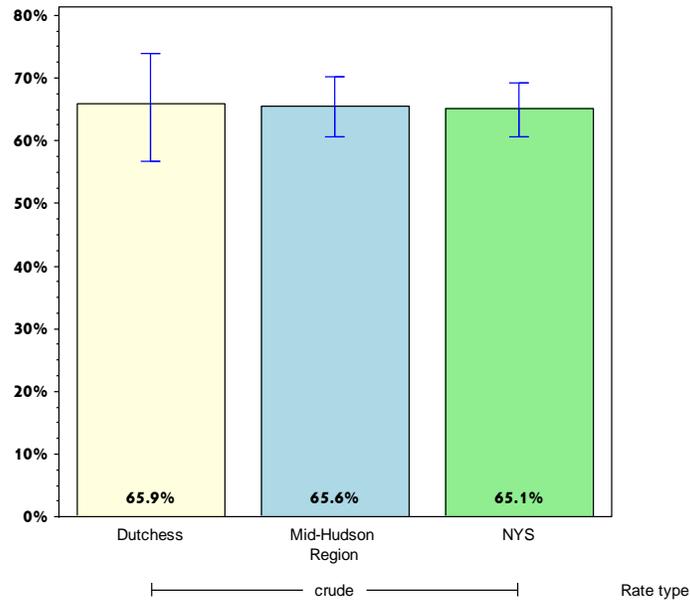
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	27,482	65.9	(56.7-74.0)	201,874	65.6	(60.6-70.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	24,457	64.4	(54.8-72.9)	160,758	65.7	(61.2-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	15,184	65.1 [^]	(52.0-76.3)	96,066	63.4	(56.0-70.3)
female	12,298	66.8 [^]	(53.8-77.6)	105,807	67.7	(60.8-73.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

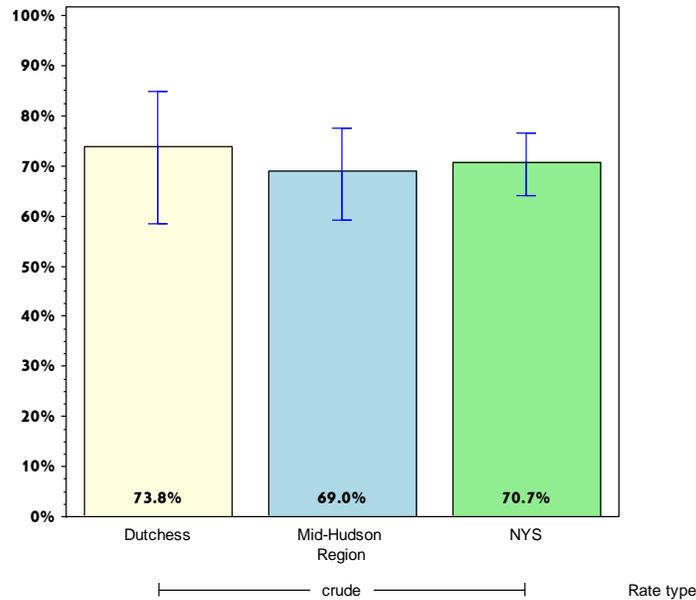
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	37,486	73.8 [^]	(58.5-84.8)	239,158	69.0	(59.1-77.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	27,710	73.6 [^]	(55.6-86.1)	166,583	74.4 [^]	(59.9-84.9)
Black, NH		#			#	
Hispanic		#		35,664	54.9 [^]	(39.1-69.8)
Other, NH		#			#	
Sex						
male		#			#	
female	37,486	73.8 [^]	(58.5-84.8)	239,158	69.0	(59.1-77.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

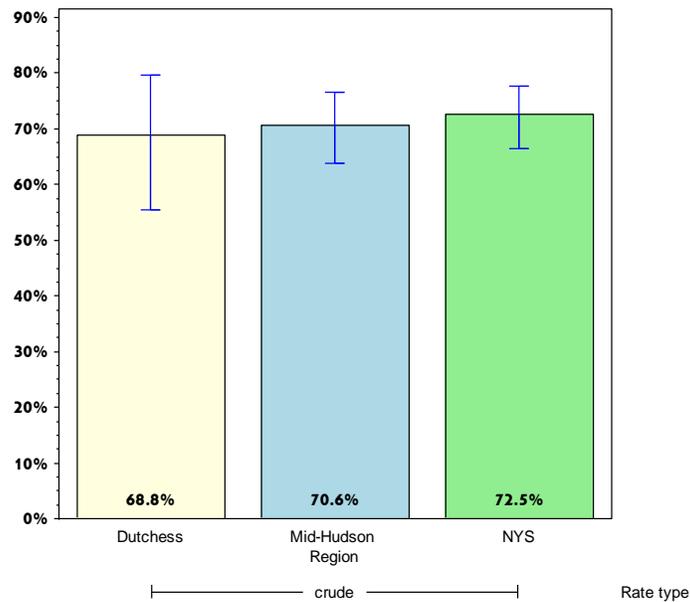
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	39,039	68.8 [^]	(55.4-79.6)	274,898	70.6	(63.9-76.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	25,087	63.9 [^]	(46.8-78.1)	184,761	75.1	(68.1-81.0)
Black, NH		#			#	
Hispanic		#		49,811	64.5 [^]	(49.3-77.3)
Other, NH		#			#	
Sex						
male		#			#	
female	39,039	68.8 [^]	(55.4-79.6)	274,898	70.6	(63.9-76.5)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

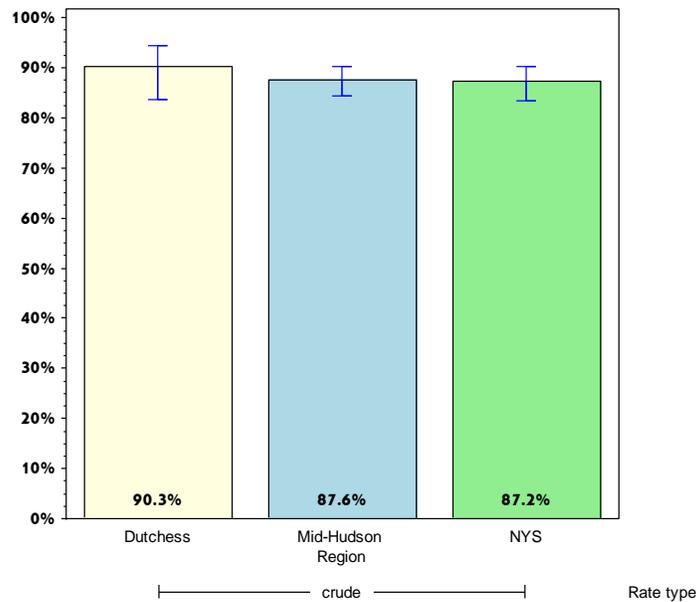
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	88,367	90.3	(83.6-94.5)	625,952	87.6	(84.3-90.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	66,397	91.8	(83.2-96.1)	444,204	92.0	(88.6-94.4)
Black, NH		#		47,362	84.1 [^]	(69.6-92.5)
Hispanic		#		73,041	66.7 [^]	(55.3-76.5)
Other, NH		#		61,345	93.6 [^]	(77.8-98.4)
Sex						
male		#			#	
female	88,367	90.3	(83.6-94.5)	625,952	87.6	(84.3-90.3)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

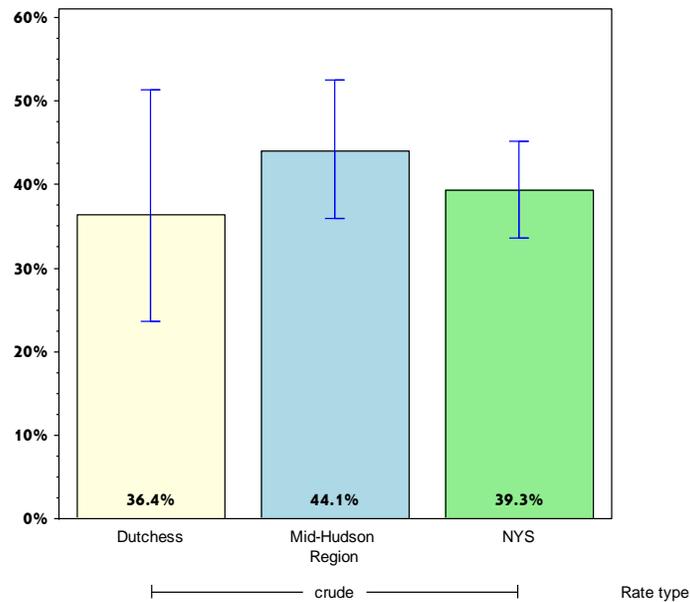
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



Dutchess County

Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,335	36.4 [^]	(23.6-51.4)	153,496	44.1	(35.9-52.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,904	29.5 [^]	(16.7-46.6)	108,432	47.8 [^]	(37.2-58.6)
Black, NH		#			#	
Hispanic		#		26,231	41.1 [^]	(27.4-56.4)
Other, NH		#			#	
Sex						
male		#			#	
female	18,335	36.4 [^]	(23.6-51.4)	153,496	44.1	(35.9-52.5)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

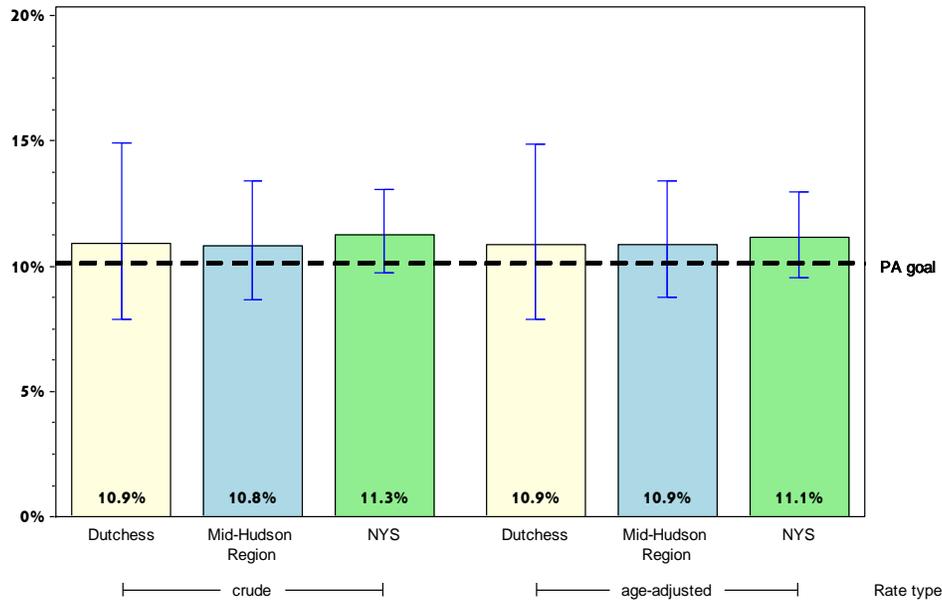
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



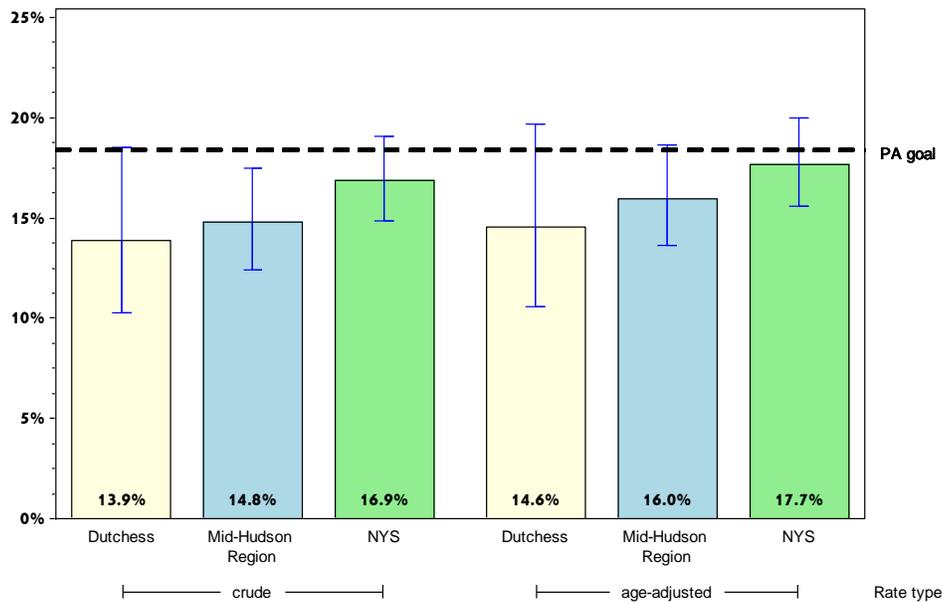
	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	25,252	10.9	(7.9-14.9)	185,388	10.8	(8.6-13.4)
Age		#				
18-24		#		46,733	22.3 [^]	(11.0-39.9)
25-34		#		19,988	8.2	(5.7-11.6)
35-44	6,583	18.0 [^]	(10.0-30.1)	31,122	10.5	(6.8-16.0)
45-64	8,350	9.8	(6.2-15.2)	62,904	10.2	(8.3-12.4)
65+	2,925	6.9	(3.8-12.3)	22,310	6.9	(4.9-9.6)
Race						
White, NH	20,437	11.4	(8.2-15.6)	131,314	11.2	(8.4-14.7)
Black, NH		#		16,197	11.7	(6.2-21.0)
Hispanic		#		29,751	11.4	(7.8-16.2)
Other, NH		#			#	
Sex						
male	9,595	8.4	(4.6-14.8)	79,572	9.6	(7.3-12.4)
female	15,657	13.4	(9.1-19.2)	105,816	11.9	(8.6-16.4)
Age-adjusted^{&}		10.9	(7.9-14.9)		10.9	(8.8-13.4)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	31,048	13.9	(10.2-18.5)	243,431	14.8	(12.4-17.5)
Age						
18-24	#	#		67,414	34.0 [^]	(21.6-49.0)
25-34	#	#		46,125	19.5	(15.0-25.0)
35-44	3,618	10.7	(5.5-20.0)	53,410	18.9	(13.7-25.4)
45-64	10,139	11.9	(7.2-19.1)	66,917	11.4	(9.3-14.0)
65+	#	#		8,774	2.7	(1.7-4.3)
Race						
White, NH	27,313	15.7	(11.7-20.8)	183,442	16.2	(13.2-19.9)
Black, NH	#	#		7,464	5.9	(3.1-10.9)
Hispanic	#	#		43,796	17.5	(12.7-23.7)
Other, NH	#	#		8,729	6.2	(2.8-12.8)
Sex						
male	20,875	19.3	(13.6-26.8)	155,554	19.7	(16.8-22.9)
female	10,173	8.8	(4.9-15.2)	87,877	10.3	(6.8-15.2)
Age-adjusted^{&}		14.6	(10.6-19.7)		16.0	(13.6-18.6)

* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

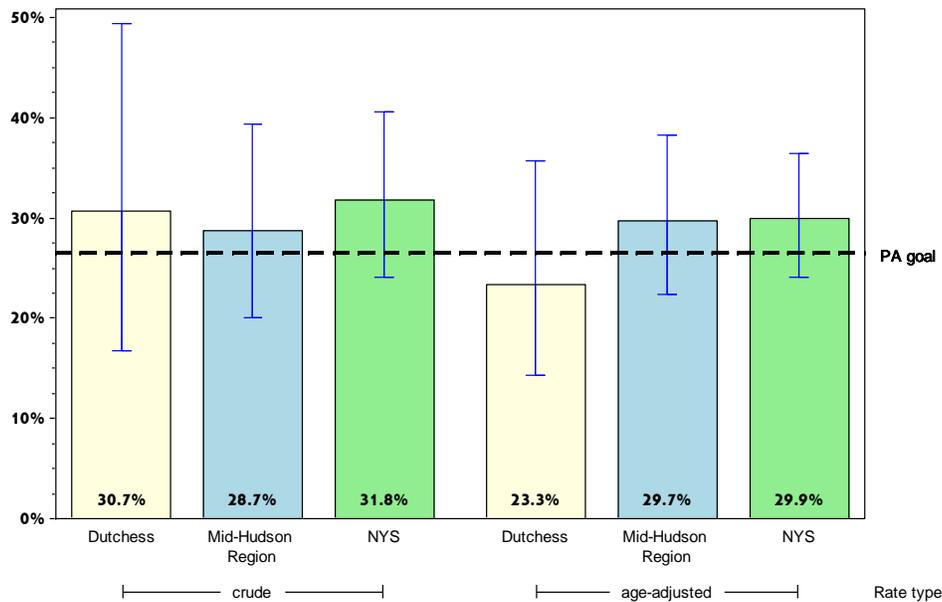
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Dutchess

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Dutchess County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,607	30.7 [^]	(16.8-49.4)	51,755	28.7 [^]	(20.0-39.4)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		19,510	31.2	(22.7-41.2)
65+		#			#	
Race						
White, NH	5,012	24.5 [^]	(13.3-40.8)	36,925	28.4 [^]	(18.3-41.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		33,440	44.0 [^]	(30.0-59.0)
female		#		18,314	17.6	(10.9-27.2)
Age-adjusted^{&}		23.3 [^]	(14.3-35.7)		29.7	(22.4-38.2)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).