

eBRFSS 2013-2014 Health Indicators: Essex

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

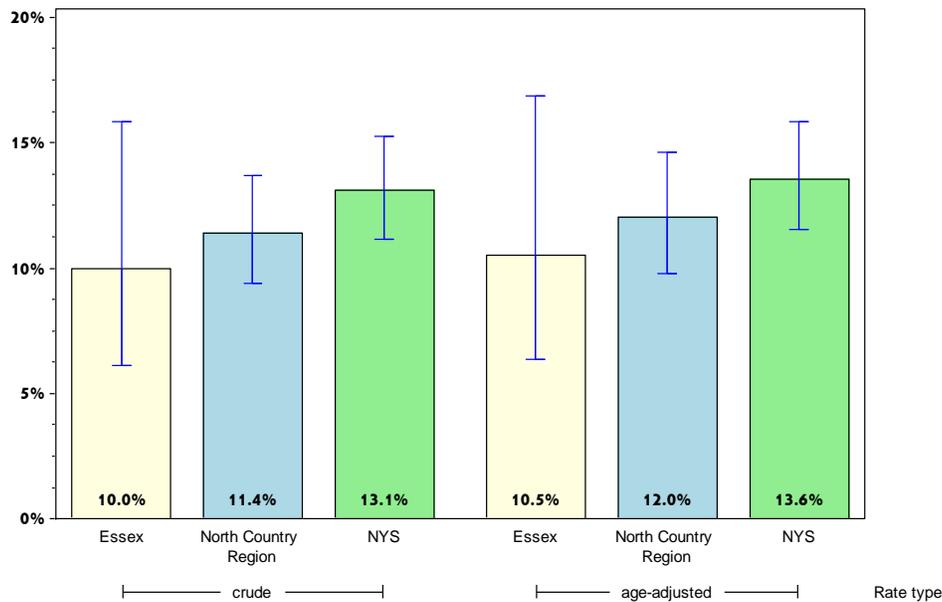
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,159	10.0	(6.1-15.9)	28,018	11.4	(9.4-13.7)
Age						
18-24		#		4,414	11.9 [^]	(5.7-23.4)
25-34		#		5,416	17.9	(11.0-27.7)
35-44		#		4,524	13.0	(8.2-20.0)
45-64	1,421	11.0	(5.9-19.5)	10,765	11.6	(9.1-14.6)
65+		#		2,625	5.2	(3.1-8.7)
Race						
White, NH	3,026	11.4	(6.9-18.0)	25,274	11.8	(9.6-14.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,436	10.0 [^]	(4.6-20.1)
Sex						
male	1,545	9.3 [^]	(4.1-20.0)	13,644	10.7	(7.7-14.7)
female	1,614	10.6	(6.1-18.0)	14,374	12.1	(9.7-14.9)
Age-adjusted^{&}		10.5	(6.4-16.9)		12.0	(9.8-14.6)

* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

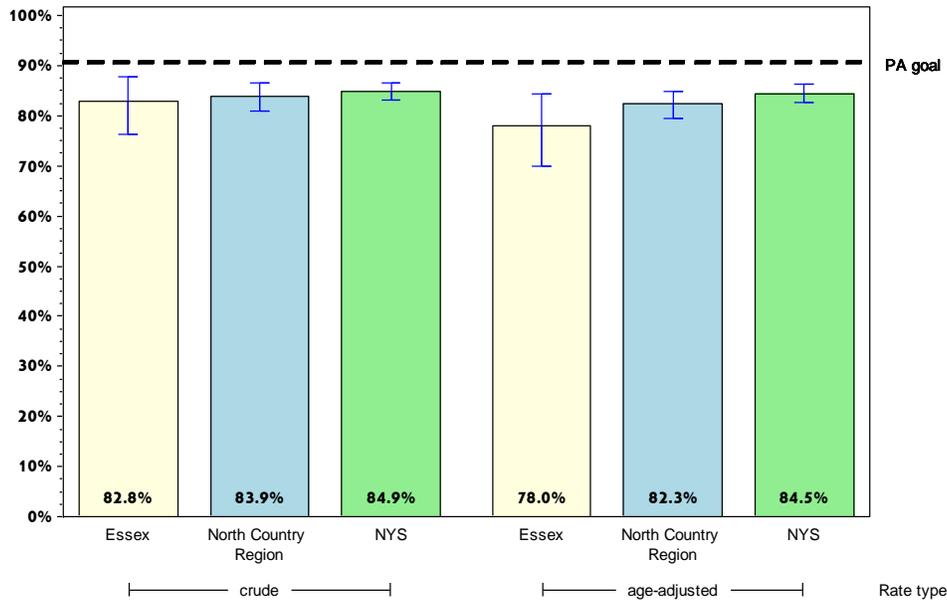
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



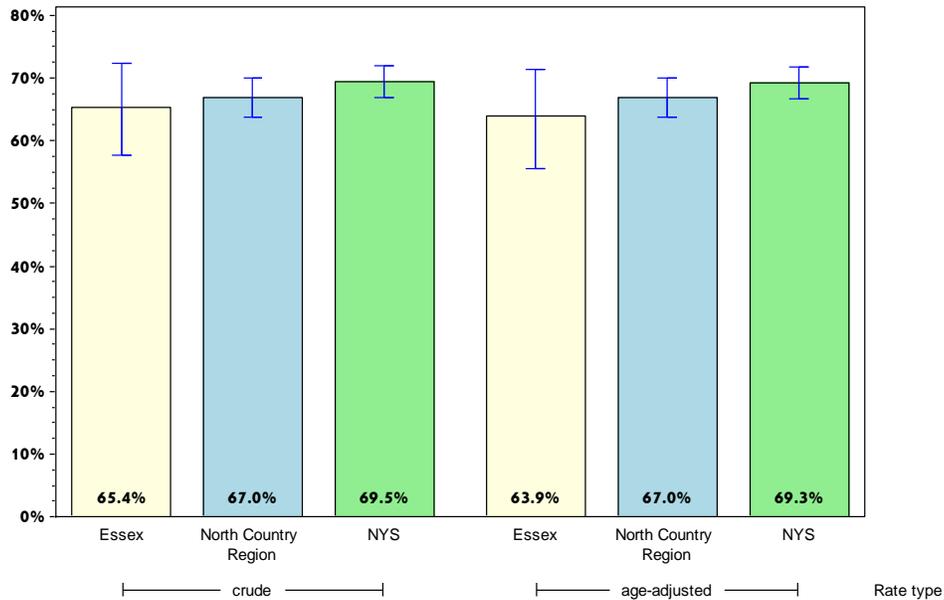
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,235	82.8	(76.3-87.9)	205,922	83.9	(80.8-86.6)
Age		#				
18-24		#		22,744	61.6 [^]	(47.4-74.2)
25-34		#		20,035	66.6	(57.8-74.3)
35-44		#		29,229	83.9	(77.7-88.7)
45-64	11,259	87.0	(77.4-92.9)	85,160	91.8	(89.1-93.9)
65+	6,888	89.1	(81.1-94.0)	47,824	96.1	(94.4-97.3)
Race						
White, NH	21,907	82.5	(76.0-87.6)	181,641	85.0	(82.2-87.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		12,078	84.6 [^]	(68.5-93.3)
Sex						
male	12,200	73.8 [^]	(63.5-82.0)	98,478	77.7	(72.4-82.3)
female	14,035	92.7	(86.9-96.1)	107,444	90.5	(87.9-92.5)
Age-adjusted^{&}		78.0	(69.9-84.4)		82.3	(79.4-84.9)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



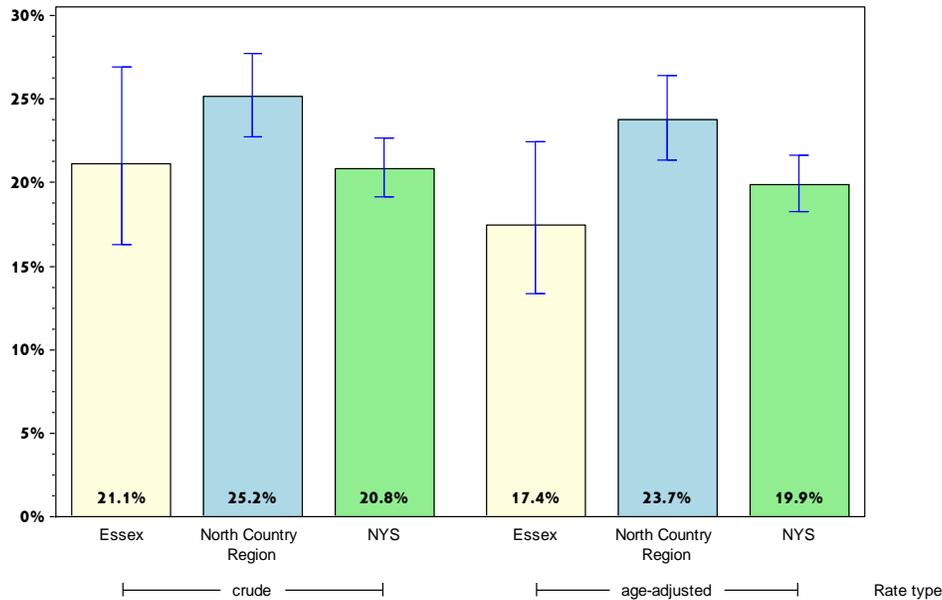
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,937	65.4	(57.7-72.4)	154,725	67.0	(63.8-70.0)
Age		#				
18-24		#		23,796	69.1 [^]	(54.4-80.7)
25-34		#		17,522	61.9	(52.6-70.4)
35-44		#		23,269	71.2	(63.6-77.7)
45-64	7,833	62.9 [^]	(49.4-74.7)	60,242	68.6	(64.1-72.7)
65+	4,821	65.3	(55.6-73.9)	29,317	62.5	(57.8-67.0)
Race						
White, NH	15,773	62.2	(55.0-68.9)	134,170	66.5	(63.2-69.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,104	66.0 [^]	(48.8-79.9)
Sex						
male	8,930	55.9 [^]	(45.6-65.7)	74,708	62.7	(57.5-67.7)
female	11,007	75.9	(66.0-83.6)	80,018	71.5	(67.8-74.9)
Age-adjusted^{&}		63.9	(55.6-71.4)		67.0	(63.7-70.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,636	21.1	(16.3-26.9)	60,646	25.2	(22.7-27.7)
Age		#				
18-24		#		3,275	9.0	(4.6-16.7)
25-34		#		5,204	17.7 [^]	(10.7-27.8)
35-44		#		6,132	17.9	(12.9-24.2)
45-64	2,944	22.8 [^]	(14.8-33.5)	26,345	29.2	(25.4-33.2)
65+	2,934	37.8 [^]	(28.5-48.1)	19,465	39.5	(35.1-44.0)
Race						
White, NH	6,122	23.3	(18.4-29.0)	55,271	26.2	(23.7-28.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,669	28.2 [^]	(17.1-42.8)
Sex						
male	3,736	22.9	(16.1-31.3)	29,650	23.9	(20.3-27.8)
female	2,900	19.3	(13.1-27.3)	30,996	26.5	(23.4-29.9)
Age-adjusted^{&}		17.4	(13.4-22.4)		23.7	(21.3-26.4)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

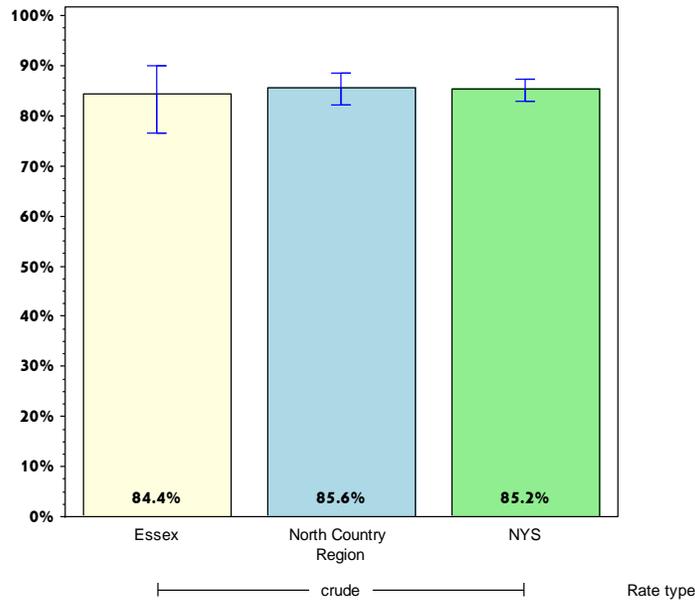
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,891	84.4	(76.6-89.9)	165,949	85.6	(82.2-88.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	15,817	82.2	(73.6-88.4)	144,277	87.0	(84.2-89.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		8,771	77.5 [^]	(56.1-90.3)
Sex						
male	9,732	81.7 [^]	(69.2-89.8)	84,358	83.2	(77.5-87.7)
female	10,158	87.1 [^]	(77.1-93.2)	81,591	88.1	(84.6-91.0)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

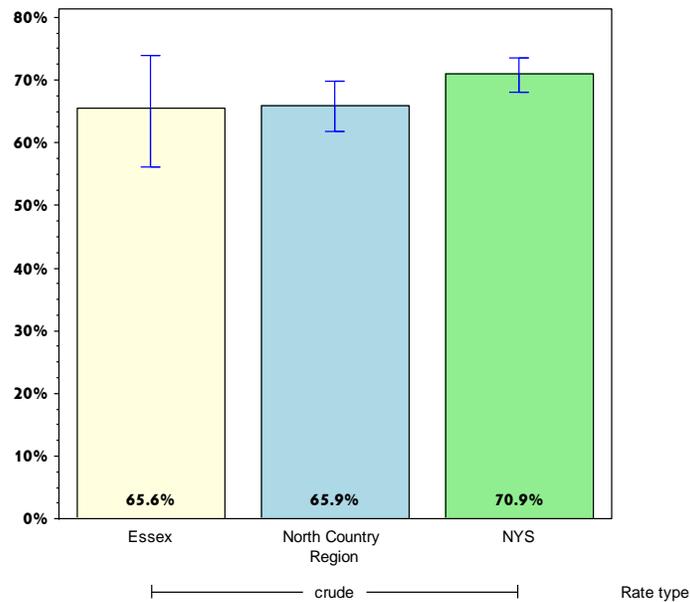
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,638	65.6	(56.2-73.9)	127,809	65.9	(61.7-69.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	11,610	59.5	(50.7-67.7)	110,971	67.0	(63.1-70.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		7,845	68.7 [^]	(47.2-84.3)
Sex						
male	6,782	54.9 [^]	(42.6-66.7)	60,376	59.1	(52.7-65.3)
female	8,857	77.0 [^]	(65.1-85.8)	67,432	73.4	(68.7-77.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

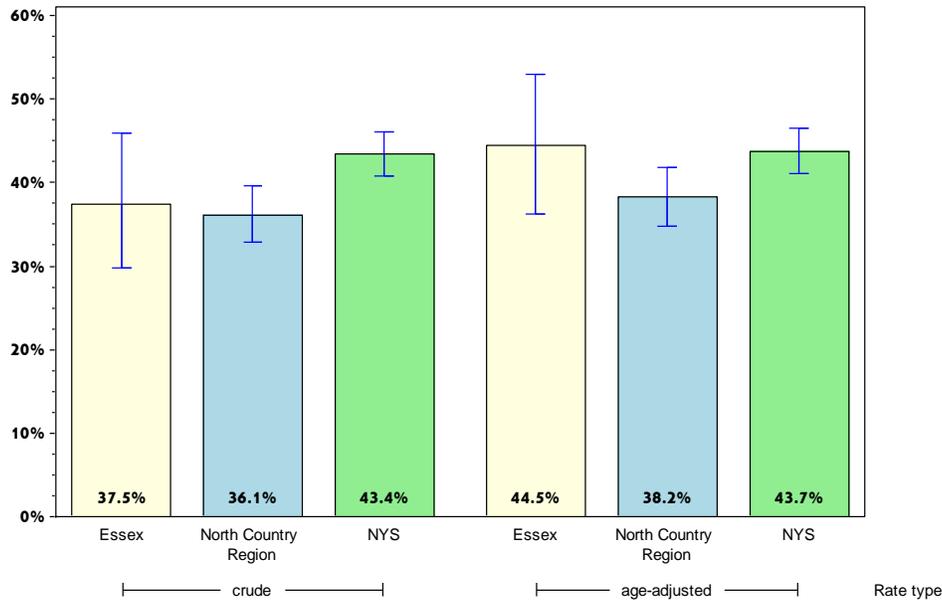
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,542	37.5	(29.7-45.9)	79,887	36.1	(32.9-39.6)
Age						
18-24		#		11,808	41.7 [^]	(26.6-58.5)
25-34		#		14,248	50.1	(40.4-59.8)
35-44		#		13,402	43.6	(35.8-51.7)
45-64	4,317	36.0 [^]	(24.4-49.5)	31,270	36.3	(31.9-40.9)
65+	1,418	19.7	(13.1-28.5)	9,032	19.5	(15.9-23.5)
Race						
White, NH	9,501	41.1	(34.1-48.5)	69,765	36.2	(33.0-39.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,510	27.9 [^]	(16.2-43.7)
Sex						
male	5,259	37.4 [^]	(27.3-48.7)	39,358	34.5	(29.4-40.1)
female	5,284	37.6 [^]	(26.5-50.2)	40,528	37.9	(33.9-42.0)
Age-adjusted^{&}		44.5	(36.3-53.0)		38.2	(34.7-41.9)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

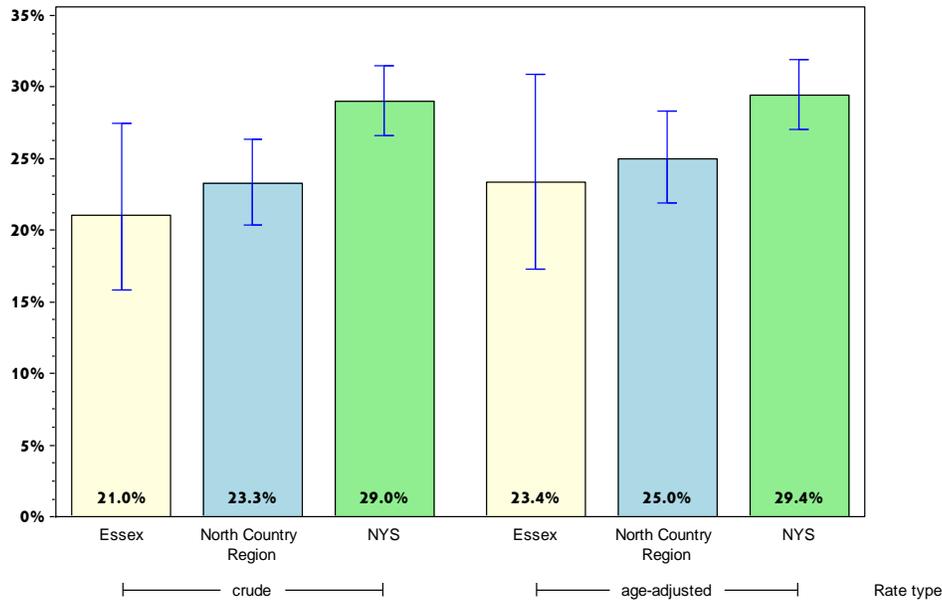
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



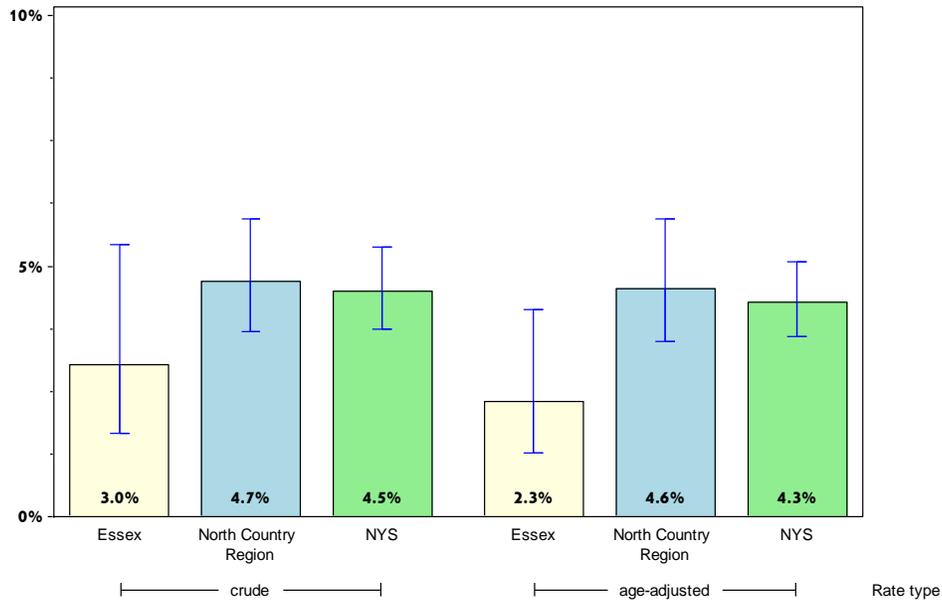
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,461	21.0	(15.8-27.4)	54,992	23.3	(20.4-26.4)
Age		#				
18-24		#		9,341	25.6 [^]	(15.1-40.0)
25-34		#		8,659	30.1 [^]	(21.5-40.2)
35-44		#		11,252	34.3	(26.9-42.5)
45-64	3,158	25.3 [^]	(16.3-37.0)	20,526	23.0	(19.4-27.0)
65+	717	9.5	(5.6-15.7)	5,056	10.5	(7.7-14.1)
Race						
White, NH	6,337	24.8	(19.2-31.4)	46,859	22.7	(20.0-25.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,675	20.4 [^]	(11.2-34.1)
Sex						
male	3,385	21.1	(14.0-30.5)	25,388	20.9	(16.6-25.9)
female	3,076	21.0	(14.1-30.1)	29,604	25.8	(22.3-29.7)
Age-adjusted^{&}		23.4	(17.3-30.9)		25.0	(21.9-28.3)

* Worried or stressed about having enough money to buy nutritious meals.
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



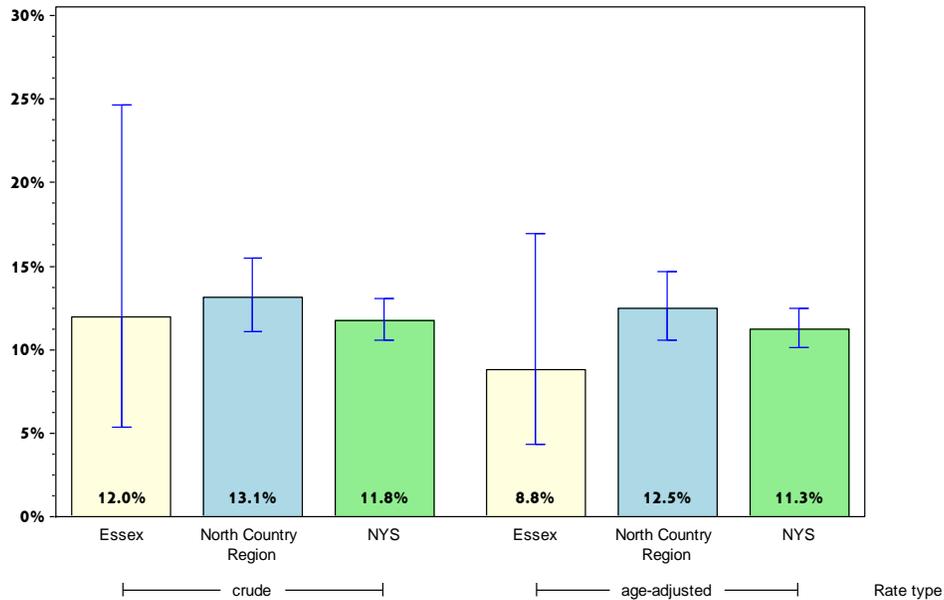
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	950	3.0	(1.7-5.4)	11,452	4.7	(3.7-5.9)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		1,574	4.5	(2.2-9.0)
45-64		#		4,871	5.3	(3.9-7.2)
65+	459	6.1	(2.9-12.3)	3,854	7.8	(5.2-11.5)
Race						
White, NH	908	3.5	(1.9-6.3)	10,405	4.9	(3.8-6.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	602	3.7	(1.8-7.6)	5,562	4.4	(3.0-6.4)
female		#		5,890	5.0	(3.6-6.8)
Age-adjusted^{&}		2.3	(1.3-4.1)		4.6	(3.5-5.9)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,714	12.0 [^]	(5.4-24.6)	31,544	13.1	(11.1-15.5)
Age		#			#	
18-24		#			#	
25-34		#		2,490	8.2	(4.2-15.4)
35-44		#		3,606	10.6	(6.8-16.0)
45-64	2,693	21.0 [^]	(7.4-46.7)	15,979	17.7	(13.8-22.4)
65+	959	13.2	(8.2-20.5)	8,242	17.4	(13.6-21.9)
Race						
White, NH	2,070	8.0	(5.6-11.2)	26,807	12.9	(11.0-15.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,627	25.6 [^]	(11.2-48.3)
Sex						
male	1,065	6.6	(3.9-10.8)	14,649	11.8	(9.2-15.0)
female	2,649	17.9 [^]	(6.1-42.4)	16,896	14.6	(11.6-18.2)
Age-adjusted^{&}		8.8	(4.3-17.0)		12.5	(10.5-14.7)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

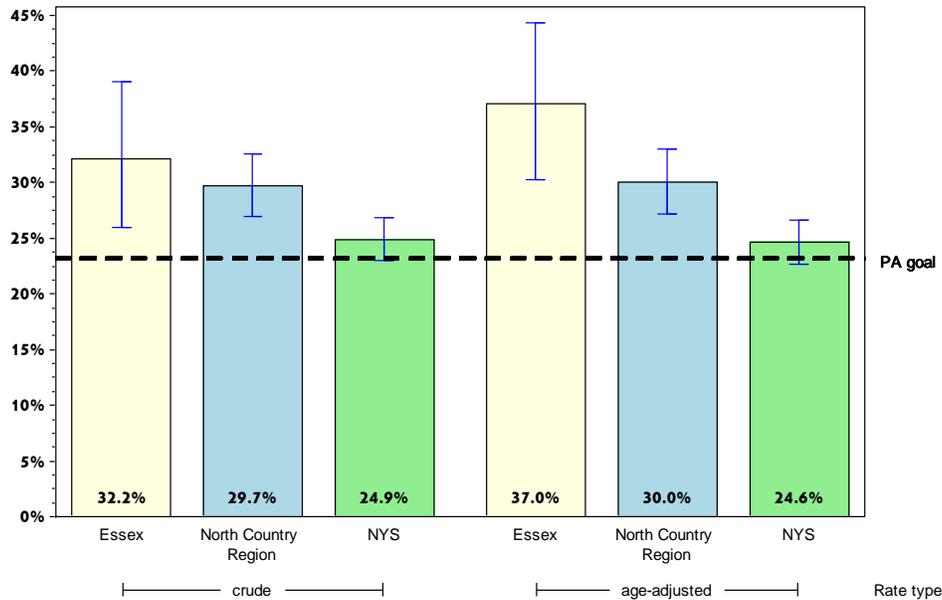
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who are obese*



Essex County

North Country

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,324	32.2	(26.0-39.1)	69,111	29.7	(26.9-32.6)
Age						
18-24		#		6,455	18.8 [^]	(11.4-29.4)
25-34		#		7,572	26.2	(19.0-34.9)
35-44		#		12,036	36.6	(29.2-44.7)
45-64	3,970	36.3 [^]	(27.3-46.4)	30,053	34.0	(29.7-38.7)
65+	1,906	25.4	(18.0-34.6)	12,924	26.9	(23.1-31.0)
Race						
White, NH	8,326	32.3	(26.1-39.1)	59,501	28.8	(26.2-31.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,539	38.5 [^]	(23.1-56.6)
Sex						
male	6,333	38.6 [^]	(29.3-48.7)	35,574	28.8	(24.9-32.9)
female	2,991	23.8	(17.1-32.1)	33,537	30.7	(26.9-34.8)
Age-adjusted^{&}		37.0	(30.3-44.3)		30.0	(27.1-33.0)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

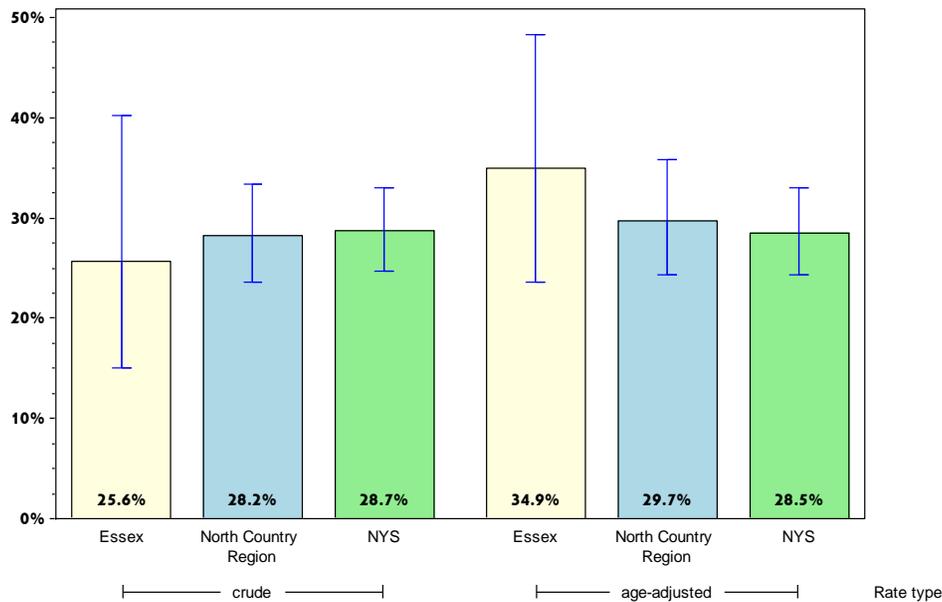
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,667	25.6 [^]	(15.0-40.2)	16,539	28.2	(23.6-33.3)
Age		#			#	
18-24		#			#	
25-34		#		1,941	22.4 [^]	(10.9-40.5)
35-44		#			#	
45-64		#		5,921	30.9	(23.5-39.5)
65+	657	27.3 [^]	(14.5-45.4)	4,769	29.8	(23.6-36.8)
Race						
White, NH	1,032	18.9 [^]	(11.5-29.7)	13,731	27.4	(22.7-32.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,267	24.1	(17.4-32.2)
female	636	19.0 [^]	(11.2-30.2)	10,272	31.5	(25.5-38.2)
Age-adjusted^{&}		34.9 [^]	(23.6-48.3)		29.7	(24.3-35.8)

* Obesity defined as a Body Mass Index (BMI) >=30. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

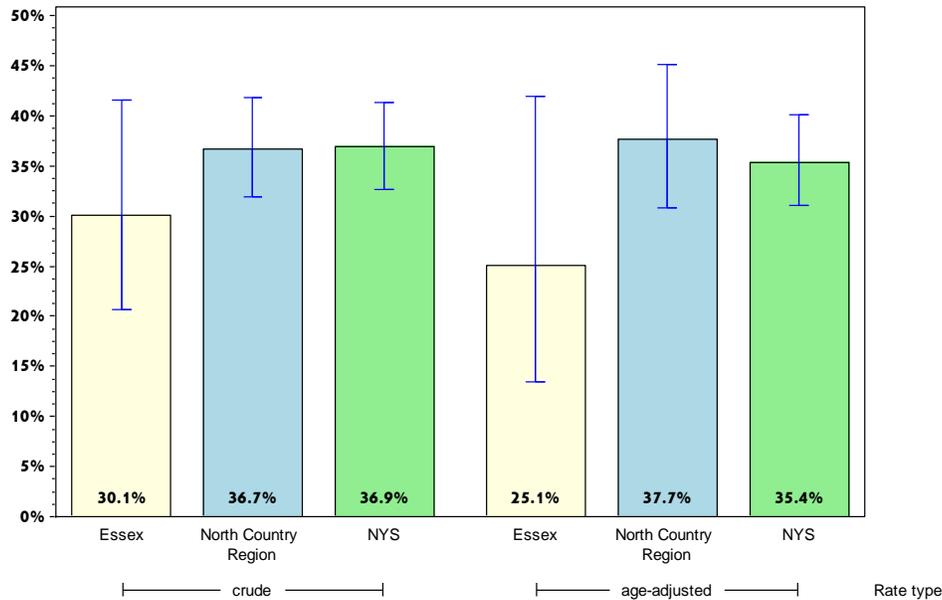
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,900	30.1 [^]	(20.6-41.6)	21,343	36.7	(31.9-41.8)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		9,126	35.7	(29.2-42.9)
65+	1,009	36.1 [^]	(21.3-54.1)	6,663	36.4	(29.5-43.9)
Race						
White, NH	1,858	32.0 [^]	(22.0-44.0)	18,789	35.6	(30.7-40.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,016	27.8 [^]	(15.3-45.2)	9,247	32.2	(25.5-39.7)
female	884	33.2 [^]	(20.7-48.6)	12,096	41.2	(34.8-47.9)
Age-adjusted^{&}		25.1 [^]	(13.4-41.9)		37.7	(30.8-45.1)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

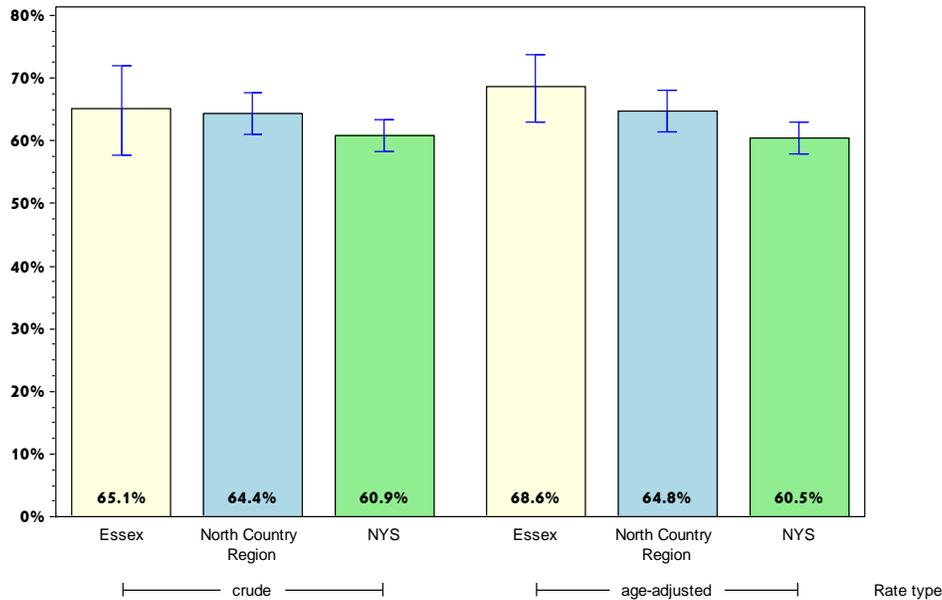
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,872	65.1	(57.6-71.9)	150,027	64.4	(61.0-67.6)
Age						
18-24		#		14,473	42.2 [^]	(29.6-56.0)
25-34		#		17,264	59.8	(50.1-68.8)
35-44		#		24,149	73.4	(66.2-79.6)
45-64	7,674	70.2	(60.9-78.0)	60,442	68.5	(63.4-73.1)
65+	5,075	67.7	(57.7-76.3)	33,445	69.5	(65.4-73.4)
Race						
White, NH	17,167	66.5	(59.4-73.0)	133,793	64.8	(61.5-68.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		6,822	57.9 [^]	(40.1-73.9)
Sex						
male	12,385	75.4 [^]	(64.2-83.9)	84,846	68.6	(63.4-73.4)
female	6,487	51.7	(41.8-61.4)	65,181	59.6	(55.4-63.7)
Age-adjusted^{&}		68.6	(63.0-73.7)		64.8	(61.4-68.0)

* Defined as a Body Mass Index (BMI) ≥ 25 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

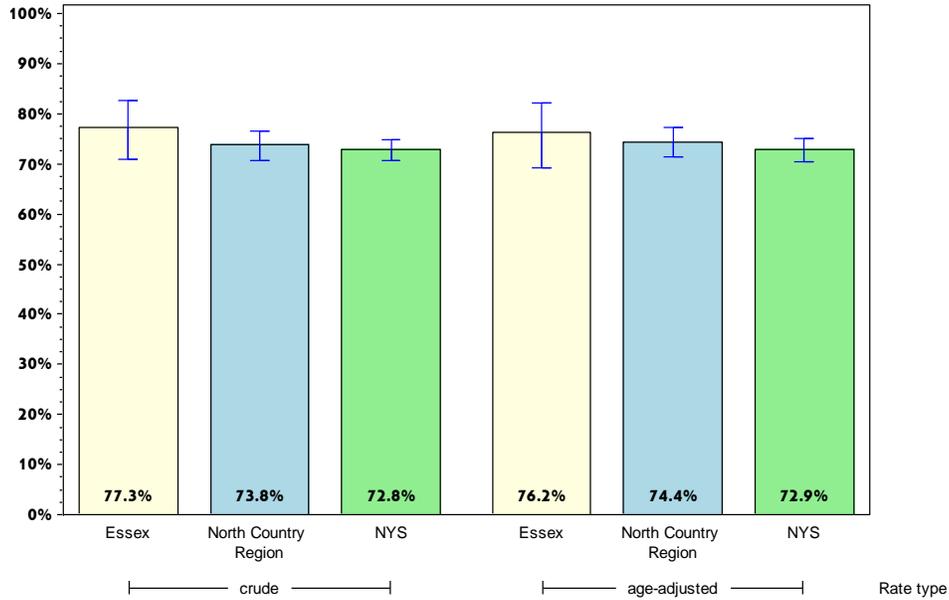
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



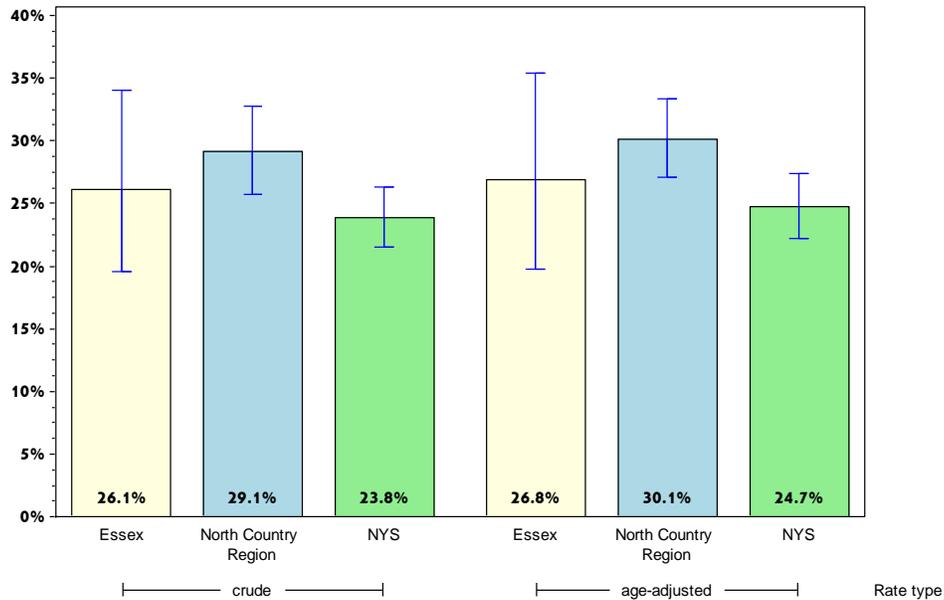
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	23,831	77.3	(70.9-82.6)	175,499	73.8	(70.8-76.5)
Age		#				
18-24		#		29,851	82.0 [^]	(67.1-91.0)
25-34		#		23,329	81.0	(72.5-87.3)
35-44		#		24,720	73.2	(65.4-79.8)
45-64	10,458	83.8	(73.8-90.4)	66,141	74.0	(69.8-77.8)
65+	4,698	61.3	(51.3-70.4)	30,956	63.7	(59.1-68.0)
Race						
White, NH	19,170	74.6	(68.1-80.1)	154,352	74.3	(71.5-76.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		9,362	71.3 [^]	(54.5-83.7)
Sex						
male	12,383	76.7	(67.2-84.0)	93,092	75.9	(71.2-80.0)
female	11,448	78.0	(68.8-85.0)	82,406	71.5	(67.7-75.0)
Age-adjusted^{&}		76.2	(69.1-82.1)		74.4	(71.3-77.2)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,005	26.1	(19.6-34.0)	67,716	29.1	(25.7-32.7)
Age		#				
18-24		#		20,919	59.4 [^]	(45.8-71.7)
25-34		#		11,575	40.6 [^]	(31.2-50.8)
35-44		#		9,048	27.6	(21.3-34.9)
45-64	2,297	18.3 [^]	(11.2-28.4)	16,825	19.2	(15.8-23.1)
65+	2,120	28.5 [^]	(19.3-39.9)	9,134	19.3	(15.4-23.8)
Race						
White, NH	6,801	26.7	(20.2-34.3)	57,041	28.0	(24.7-31.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,928	23.8 [^]	(13.4-38.7)
Sex						
male	6,303	39.3 [^]	(29.2-50.4)	46,475	38.9	(33.5-44.5)
female	1,702	11.7	(7.4-18.0)	21,240	18.8	(15.5-22.5)
Age-adjusted^{&}		26.8	(19.7-35.4)		30.1	(27.1-33.4)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

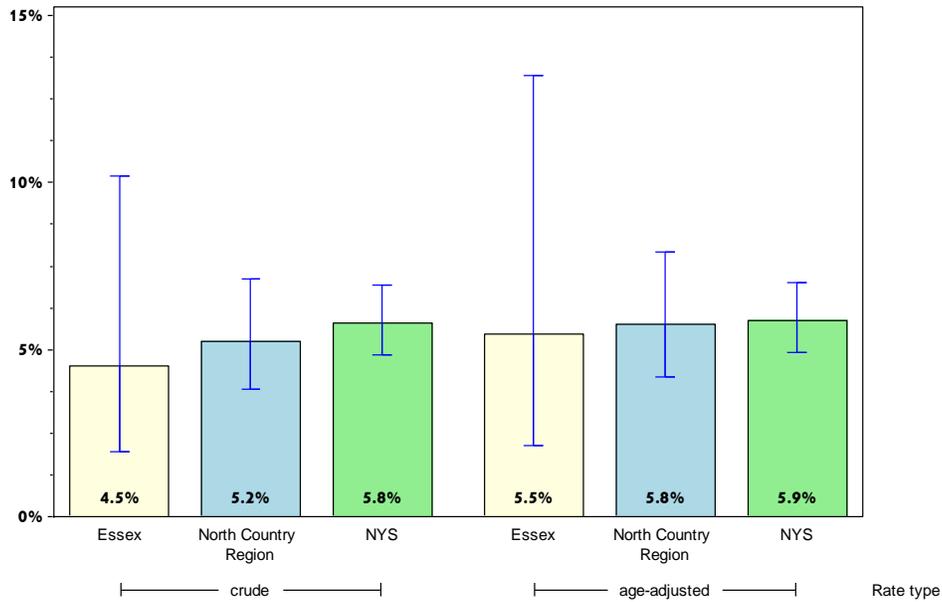
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



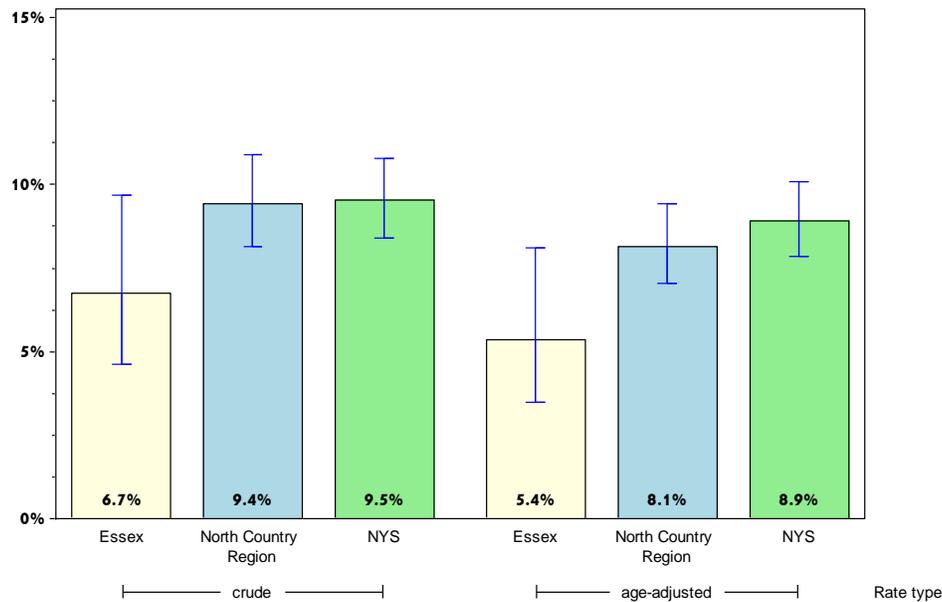
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,376	4.5	(1.9-10.2)	12,105	5.2	(3.8-7.1)
Age						
18-24	#	#		3,395	9.7	(4.7-18.8)
25-34	#	#		3,148	11.1 [^]	(5.5-21.2)
35-44	#	#		1,831	5.6	(3.2-9.5)
45-64	#	#		3,150	3.6	(2.1-6.0)
65+	#	#		561	1.2	(0.6-2.3)
Race						
White, NH	959	3.8	(1.6-8.8)	9,640	4.8	(3.4-6.6)
Black, NH	#	#		#	#	
Hispanic	#	#		#	#	
Other, NH	#	#		#	#	
Sex						
male	#	#		9,610	8.1	(5.5-11.6)
female	#	#		2,495	2.2	(1.5-3.4)
Age-adjusted^{&}		5.5	(2.1-13.2)		5.8	(4.2-7.9)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,143	6.7	(4.6-9.7)	23,236	9.4	(8.1-10.9)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		1,072	3.1	(1.6-6.0)
45-64	822	6.3	(3.4-11.4)	10,661	11.5	(9.1-14.3)
65+	1,175	15.1	(9.8-22.6)	10,593	21.1	(17.7-24.9)
Race						
White, NH	2,133	8.0	(5.6-11.3)	19,762	9.2	(7.9-10.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,930	13.4 [^]	(7.1-24.0)
Sex						
male	1,230	7.4	(4.4-12.2)	12,352	9.7	(7.8-12.1)
female	914	6.0	(3.5-10.0)	10,884	9.1	(7.5-11.0)
Age-adjusted^{&}		5.4	(3.5-8.1)		8.1	(7.0-9.4)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

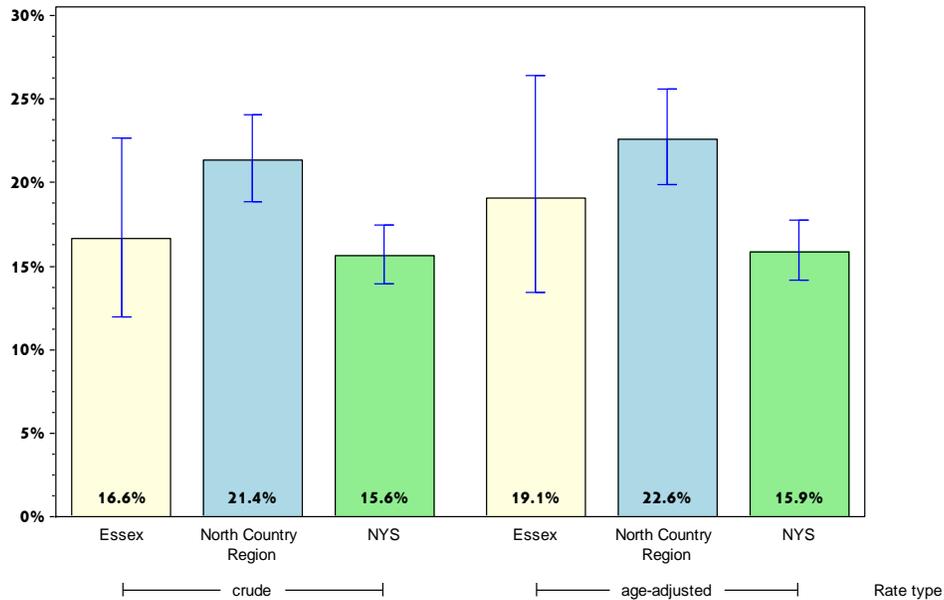
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who are current smokers



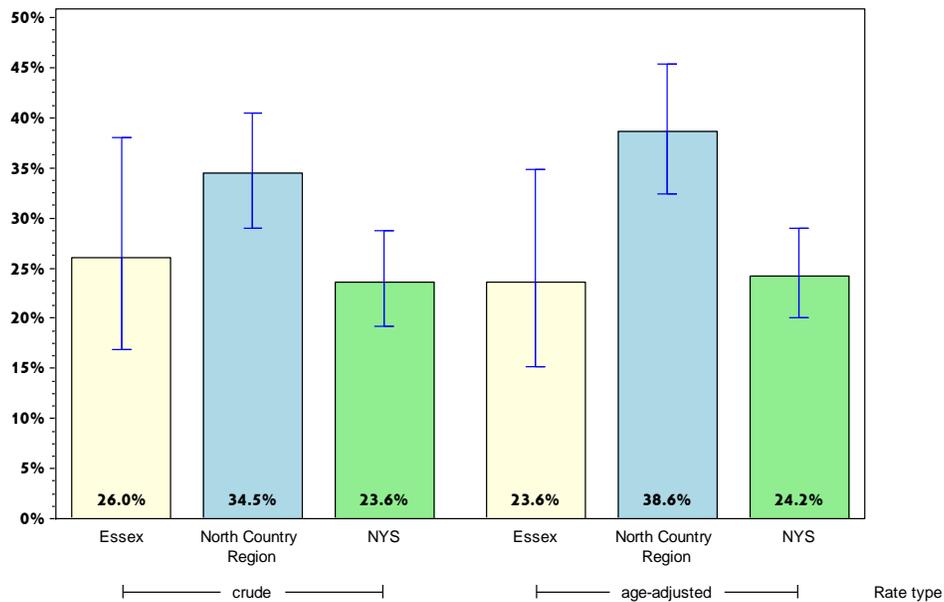
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,205	16.6	(12.0-22.7)	51,412	21.4	(18.9-24.1)
Age		#				
18-24		#		7,759	21.1 [^]	(13.3-31.8)
25-34		#		9,359	32.0 [^]	(23.4-42.1)
35-44		#		8,623	25.2	(19.0-32.6)
45-64	2,299	17.9	(11.0-27.7)	21,472	23.7	(20.0-27.8)
65+	524	6.8	(3.9-11.7)	4,028	8.3	(6.3-10.8)
Race						
White, NH	4,986	19.1	(14.0-25.5)	44,514	21.2	(18.6-24.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,652	20.3 [^]	(11.5-33.2)
Sex						
male	2,522	15.5	(9.3-24.7)	24,983	20.1	(16.4-24.4)
female	2,682	17.9	(11.5-26.9)	26,429	22.7	(19.5-26.2)
Age-adjusted^{&}		19.1	(13.4-26.4)		22.6	(19.9-25.6)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,770	26.0 [^]	(16.9-38.0)	20,863	34.5	(29.0-40.4)
Age		#			#	
18-24		#			#	
25-34		#		3,373	38.1 [^]	(21.7-57.9)
35-44		#			#	
45-64		#		9,634	49.1	(40.4-57.7)
65+		#		1,911	11.7	(7.6-17.5)
Race						
White, NH	1,759	30.7 [^]	(20.2-43.6)	16,783	32.6	(26.9-38.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		7,341	28.5	(20.3-38.4)
female	1,197	32.5 [^]	(20.1-47.9)	13,522	38.9	(32.1-46.2)
Age-adjusted^{&}		23.6 [^]	(15.2-34.8)		38.6	(32.3-45.3)

& Percent is age-adjusted to the 2000 United States Population.

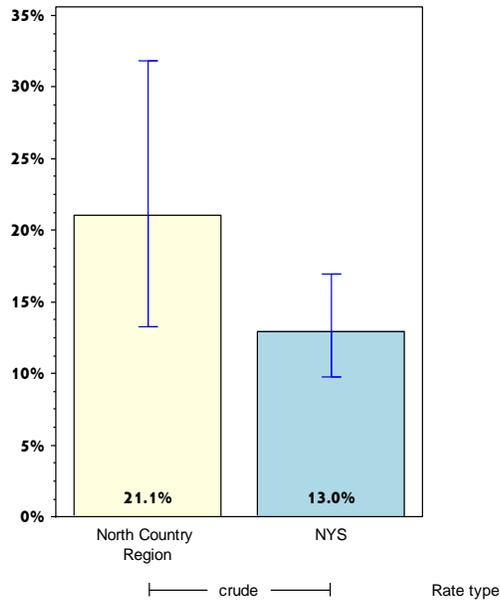
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



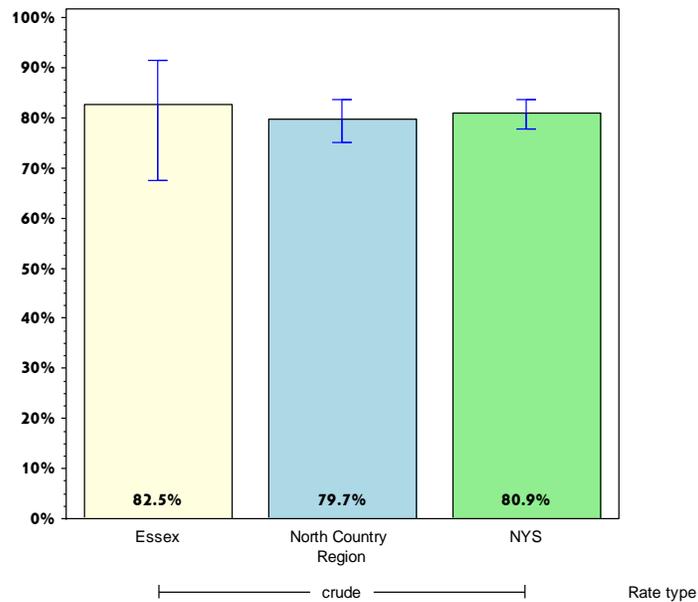
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		7,759	21.1 [^]	(13.3-31.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		6,162	20.5 [^]	(12.3-32.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		6,217	26.2 [^]	(14.8-42.1)
female		#		1,542	11.8 [^]	(5.8-22.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,837	82.5 [^]	(67.4-91.5)	36,651	79.7	(75.1-83.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,991	76.9 [^]	(63.1-86.6)	32,120	79.1	(74.5-83.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,837	82.5 [^]	(67.4-91.5)	36,651	79.7	(75.1-83.6)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

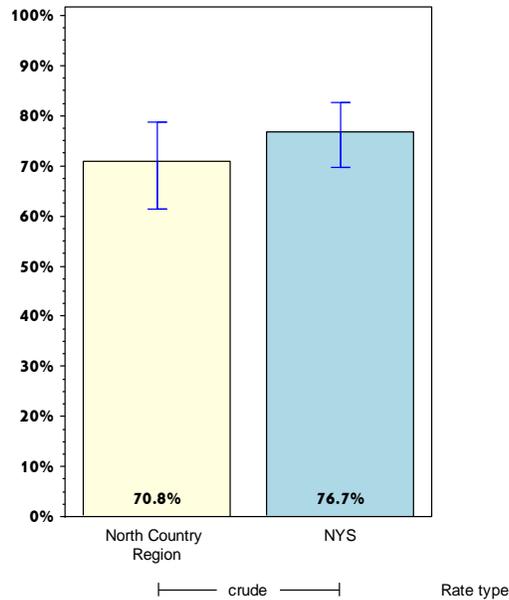
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		10,027	70.8	(61.5-78.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		8,429	71.3	(61.5-79.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		10,027	70.8	(61.5-78.6)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

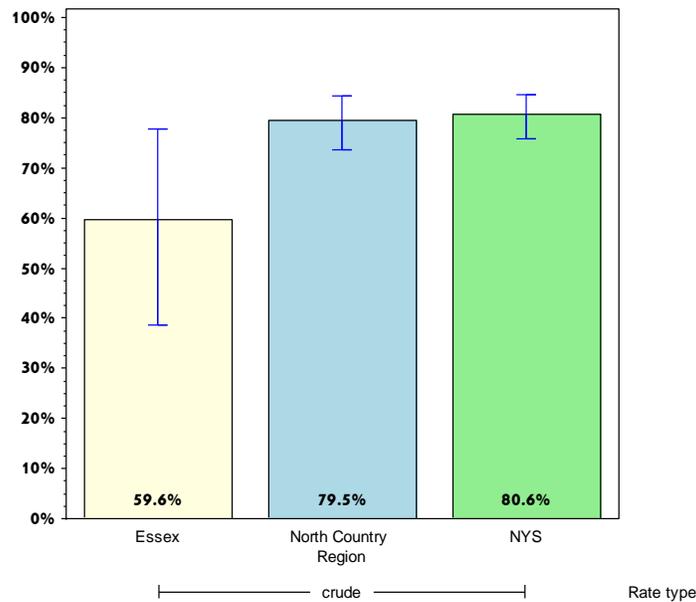
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,524	59.6 [^]	(38.5-77.7)	66,440	79.5	(73.7-84.3)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,264	79.5 [^]	(68.2-87.6)	60,761	83.0	(78.4-86.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,524	59.6 [^]	(38.5-77.7)	66,440	79.5	(73.7-84.3)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

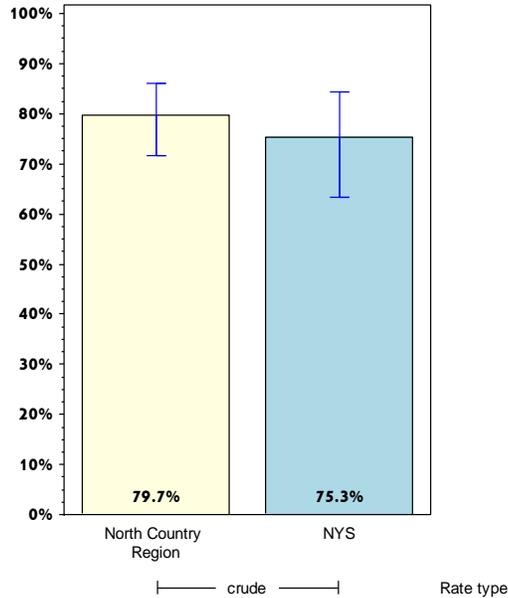
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		18,029	79.7	(71.7-85.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		15,460	79.3	(70.4-86.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		18,029	79.7	(71.7-85.9)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

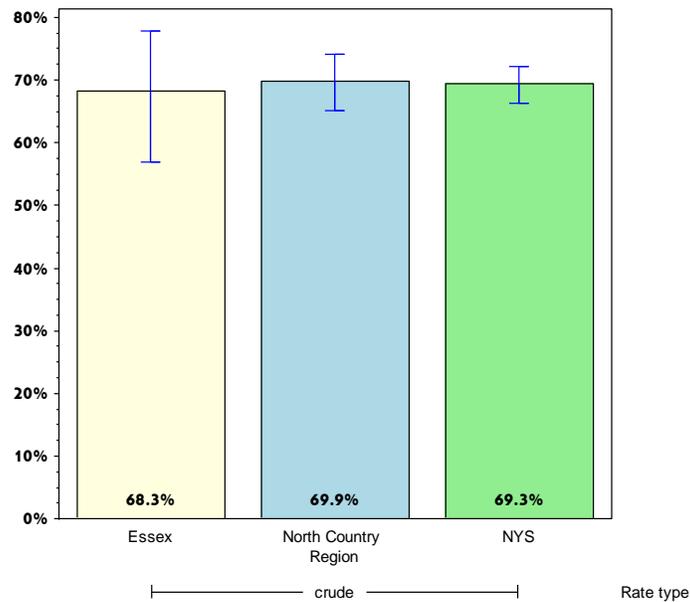
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,834	68.3 [^]	(56.8-77.9)	66,203	69.9	(65.1-74.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	6,465	61.3	(52.3-69.6)	58,021	71.0	(67.4-74.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,474	59.3 [^]	(45.9-71.5)	33,025	67.6	(59.7-74.6)
female	5,359	75.7 [^]	(59.9-86.7)	33,179	72.3	(67.4-76.7)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

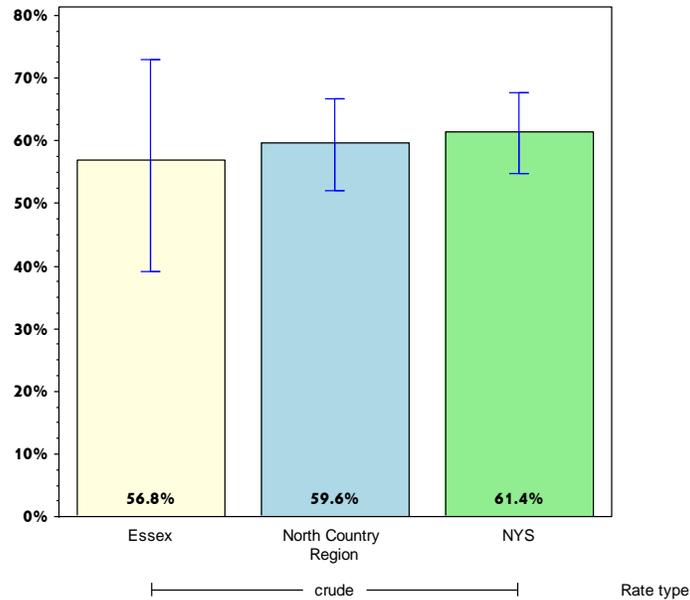
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,807	56.8 [^]	(39.1-73.0)	14,192	59.6	(52.1-66.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,613	54.3 [^]	(36.1-71.4)	12,204	59.4	(51.4-66.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,411	54.2 [^]	(42.0-66.0)
female		#		8,781	63.5	(54.3-71.8)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

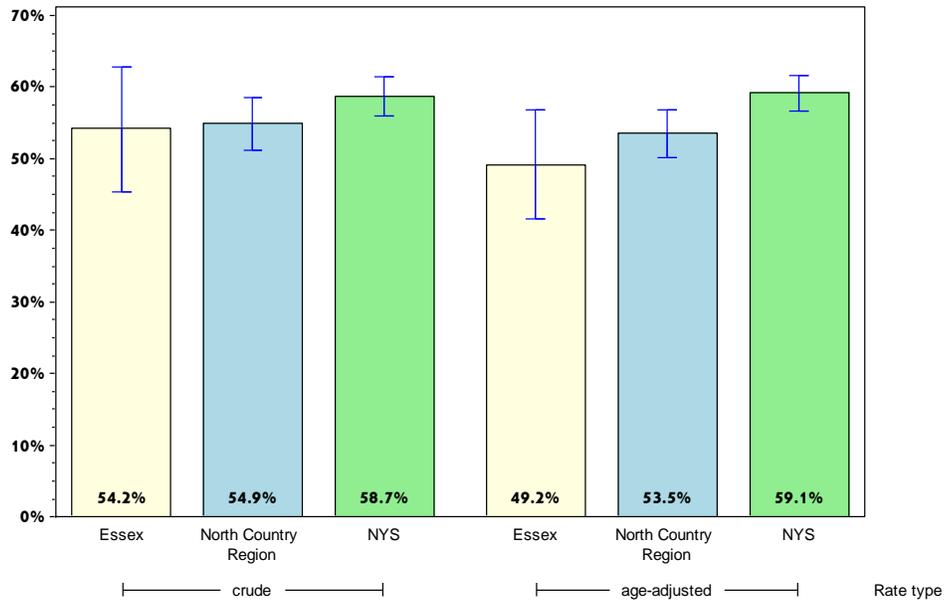
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	15,547	54.2	(45.3-62.9)	118,562	54.9	(51.1-58.6)
Age		#				
18-24		#		9,729	28.2 [^]	(18.2-40.9)
25-34		#		12,071	41.2	(32.2-50.9)
35-44		#		15,058	45.5	(37.6-53.7)
45-64	7,818	67.5 [^]	(54.2-78.5)	53,957	67.5	(62.4-72.3)
65+	4,479	70.5	(60.7-78.7)	27,414	71.5	(66.8-75.8)
Race						
White, NH	13,130	54.9	(47.3-62.2)	106,468	56.6	(52.9-60.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,889	40.8 [^]	(22.0-62.7)
Sex						
male	7,776	53.2 [^]	(42.2-63.9)	56,518	50.9	(45.3-56.6)
female	7,770	55.3 [^]	(41.4-68.3)	62,044	59.0	(54.4-63.5)
Age-adjusted^{&}		49.2	(41.5-56.8)		53.5	(50.2-56.8)

& Percent is age-adjusted to the 2000 United States Population.

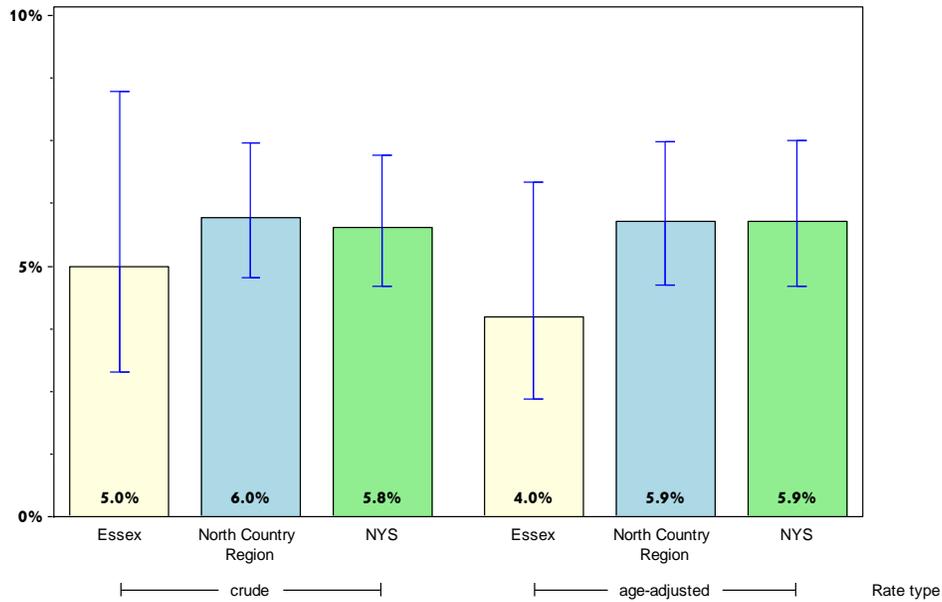
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



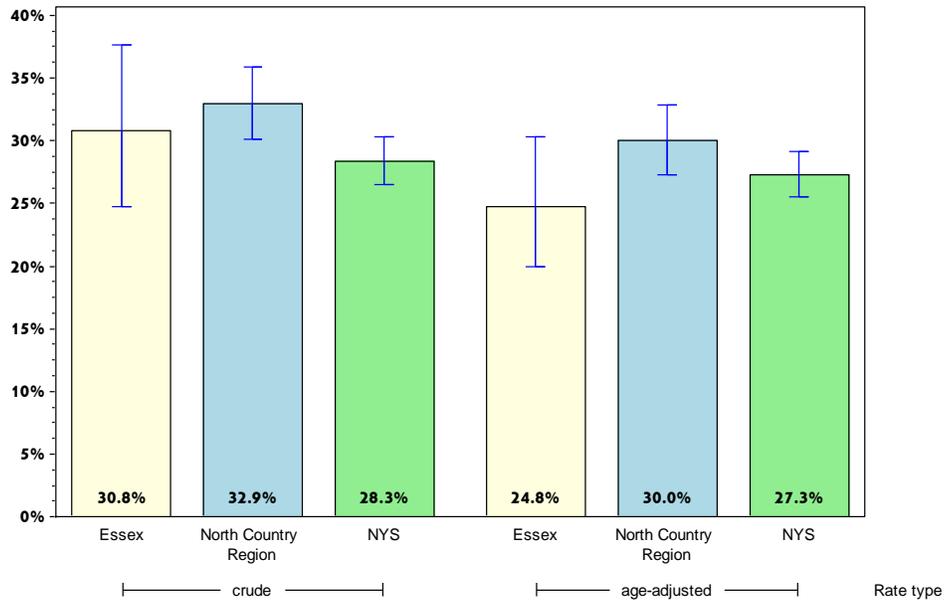
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,475	5.0	(2.9-8.5)	13,102	6.0	(4.8-7.5)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	840	6.9	(3.2-14.4)	5,532	6.9	(5.1-9.2)
65+	563	8.6	(3.8-18.2)	4,811	12.5	(8.9-17.3)
Race						
White, NH	1,464	6.0	(3.5-10.0)	12,050	6.3	(5.0-7.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	845	5.5	(2.6-11.4)	6,408	5.7	(4.1-7.8)
female	630	4.4	(2.0-9.2)	6,695	6.3	(4.6-8.6)
Age-adjusted^{&}		4.0	(2.4-6.7)		5.9	(4.6-7.5)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



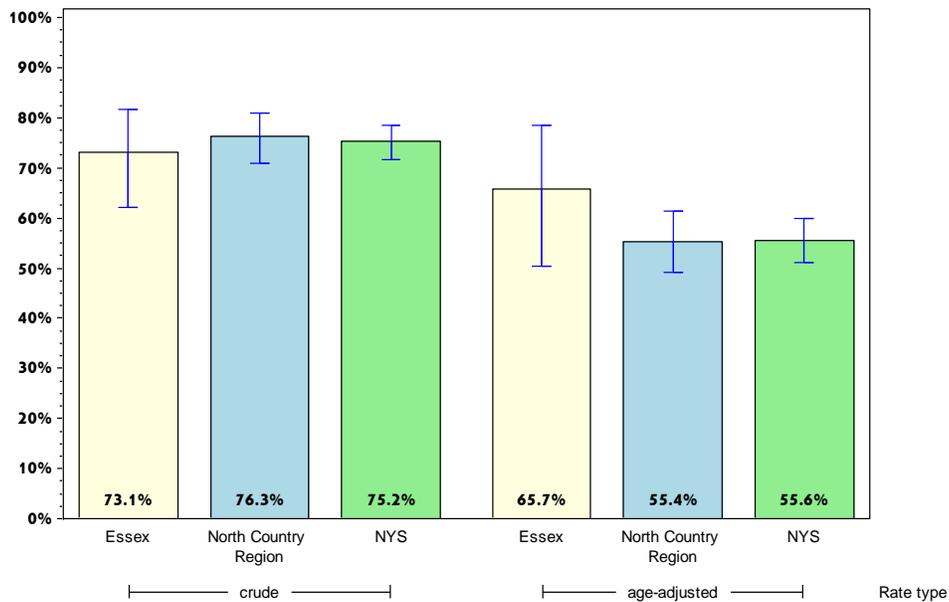
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,798	30.8	(24.7-37.7)	80,985	32.9	(30.1-35.9)
Age		#			#	
18-24		#			#	
25-34		#		5,394	17.8 [^]	(10.0-29.7)
35-44		#		6,113	17.6	(12.8-23.6)
45-64	4,433	34.2 [^]	(23.4-46.9)	35,673	38.5	(34.1-43.1)
65+	4,608	59.5	(50.3-68.2)	31,079	62.1	(57.8-66.2)
Race						
White, NH	9,014	33.8	(28.0-40.1)	71,982	33.6	(30.8-36.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,627	32.1 [^]	(19.7-47.7)
Sex						
male	6,037	36.6	(27.9-46.2)	44,134	34.7	(30.4-39.3)
female	3,760	24.6	(17.4-33.6)	36,851	31.0	(27.6-34.7)
Age-adjusted^{&}		24.8	(20.0-30.3)		30.0	(27.3-32.8)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,159	73.1 [^]	(62.1-81.8)	61,682	76.3	(70.9-81.0)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		3,142	51.4 [^]	(35.3-67.2)
45-64	2,617	59.0 [^]	(41.4-74.6)	27,315	76.6	(70.0-82.0)
65+	4,102	89.0	(79.6-94.4)	29,298	94.4	(91.1-96.6)
Race						
White, NH	6,375	70.7 [^]	(59.5-79.9)	55,009	76.6	(70.8-81.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,468	74.0 [^]	(58.8-85.0)	31,730	72.1	(64.0-78.9)
female	2,691	71.6 [^]	(55.5-83.5)	29,952	81.4	(74.2-87.0)
Age-adjusted^{&}		65.7 [^]	(50.3-78.4)		55.4	(49.2-61.3)

& Percent is age-adjusted to the 2000 United States Population.

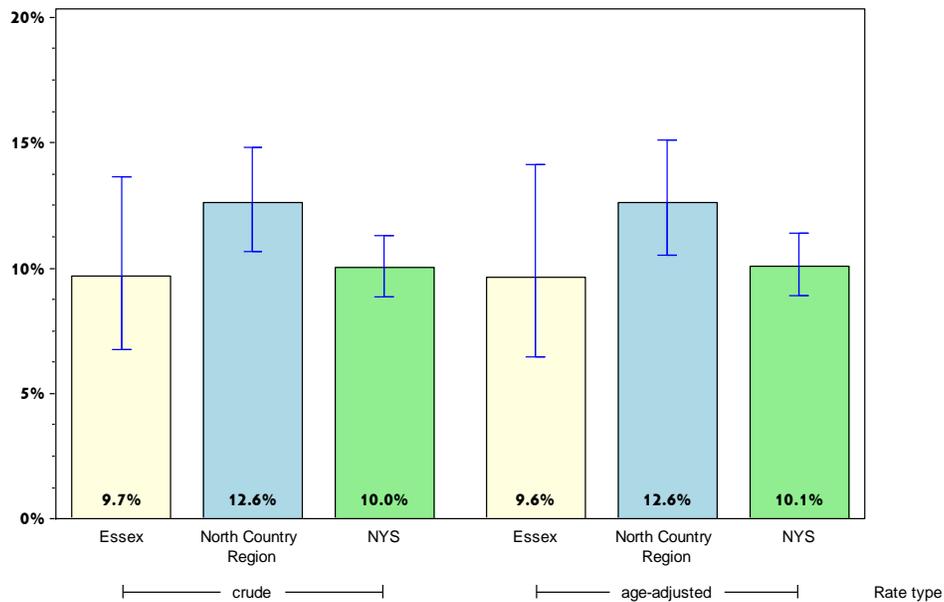
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults with current asthma*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,072	9.7	(6.8-13.7)	30,846	12.6	(10.7-14.8)
Age		#				
18-24		#		4,764	12.9 [^]	(6.8-23.2)
25-34		#		3,671	12.1 [^]	(6.2-22.3)
35-44		#		4,602	13.3	(9.0-19.1)
45-64	1,415	11.0	(6.3-18.3)	11,755	12.8	(10.2-15.9)
65+	647	8.3	(4.9-13.9)	5,923	11.8	(9.3-14.9)
Race						
White, NH	2,822	10.6	(7.6-14.7)	28,154	13.2	(11.1-15.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,056	7.3	(3.4-15.0)
Sex						
male		#		11,063	8.7	(6.6-11.5)
female	2,417	15.9	(10.4-23.4)	19,783	16.7	(13.7-20.3)
Age-adjusted^{&}		9.6	(6.5-14.1)		12.6	(10.5-15.1)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

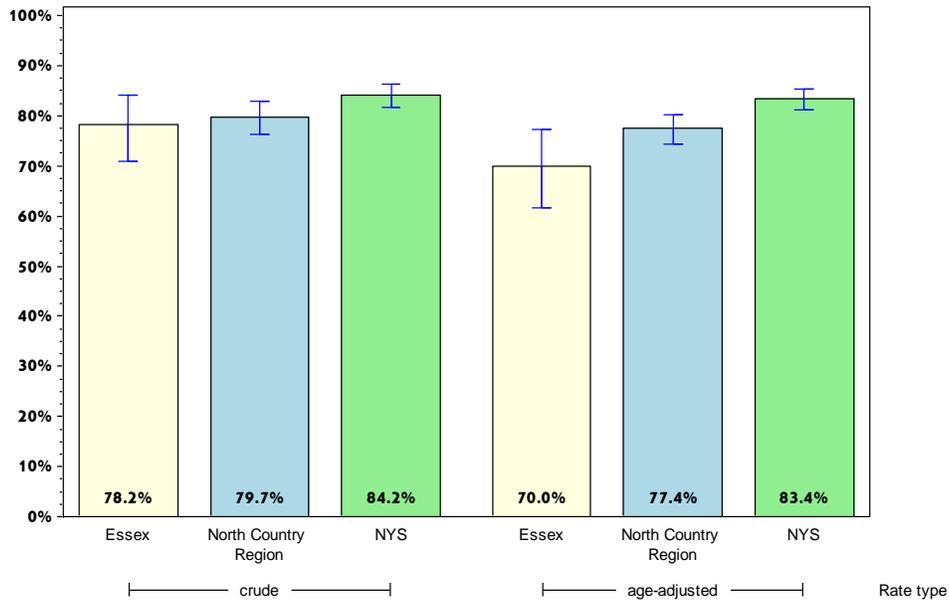
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,394	78.2	(70.8-84.1)	192,776	79.7	(76.2-82.9)
Age		#				
18-24		#		12,967	36.8 [^]	(24.9-50.5)
25-34		#		17,273	58.8	(48.9-68.1)
35-44		#		27,030	79.4	(71.6-85.4)
45-64	12,216	94.1	(88.2-97.2)	86,788	94.0	(91.3-95.8)
65+	7,283	93.8	(88.2-96.9)	47,750	96.4	(94.9-97.6)
Race						
White, NH	20,064	77.0	(69.4-83.1)	169,614	80.8	(77.4-83.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		10,761	74.8 [^]	(56.0-87.4)
Sex						
male	11,991	74.0 [^]	(63.0-82.6)	94,035	75.4	(69.5-80.4)
female	12,403	82.7	(73.2-89.4)	98,741	84.4	(80.6-87.6)
Age-adjusted^{&}		70.0	(61.6-77.2)		77.4	(74.3-80.2)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

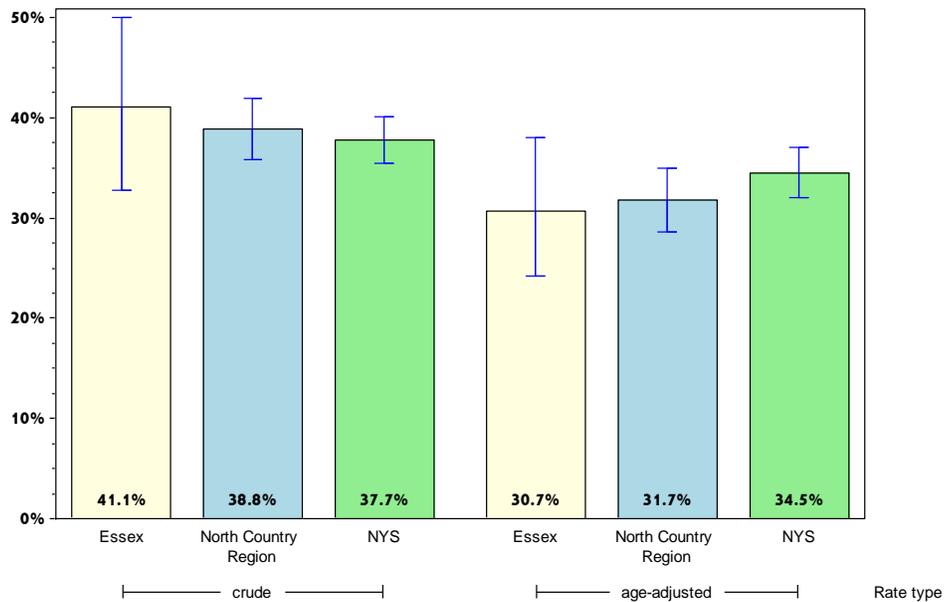
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,971	41.1	(32.7-50.0)	74,553	38.8	(35.8-42.0)
Age		#			#	
18-24		#			#	
25-34		#		3,314	19.2 [^]	(9.9-34.0)
35-44		#		6,778	25.1	(18.4-33.2)
45-64	4,767	39.3 [^]	(26.8-53.3)	35,468	41.0	(36.4-45.8)
65+	4,491	62.0	(52.4-70.8)	28,575	60.3	(55.8-64.7)
Race						
White, NH	9,263	46.4	(39.4-53.6)	67,637	40.0	(37.0-43.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		3,179	29.5 [^]	(16.8-46.6)
Sex						
male	5,721	48.0 [^]	(37.3-58.9)	39,982	42.7	(37.9-47.6)
female	4,250	34.4 [^]	(23.6-47.0)	34,571	35.1	(31.4-39.0)
Age-adjusted^{&}		30.7	(24.2-38.0)		31.7	(28.7-35.0)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

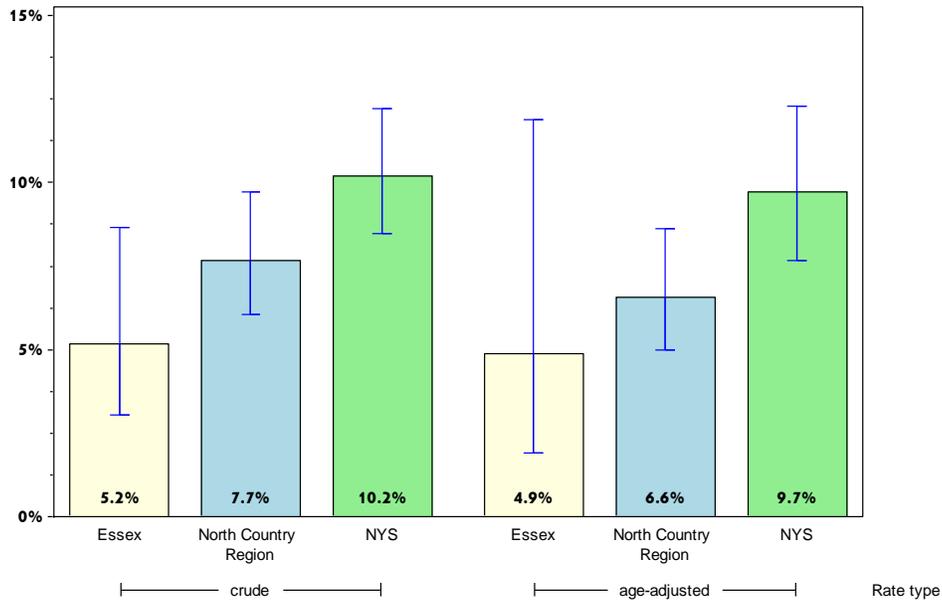
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	750	5.2	(3.0-8.7)	9,988	7.7	(6.0-9.7)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,290	9.3	(6.7-12.7)
65+	351	6.2	(3.3-11.3)	3,094	7.9	(5.2-12.0)
Race						
White, NH	750	5.6	(3.3-9.4)	8,517	7.3	(5.6-9.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		4,706	7.4	(5.0-10.9)
female	560	8.1	(4.5-14.2)	5,283	7.9	(6.0-10.4)
Age-adjusted^{&}		4.9	(1.9-11.9)		6.6	(5.0-8.6)

* Courses for high blood pressure, arthritis, or diabetes.

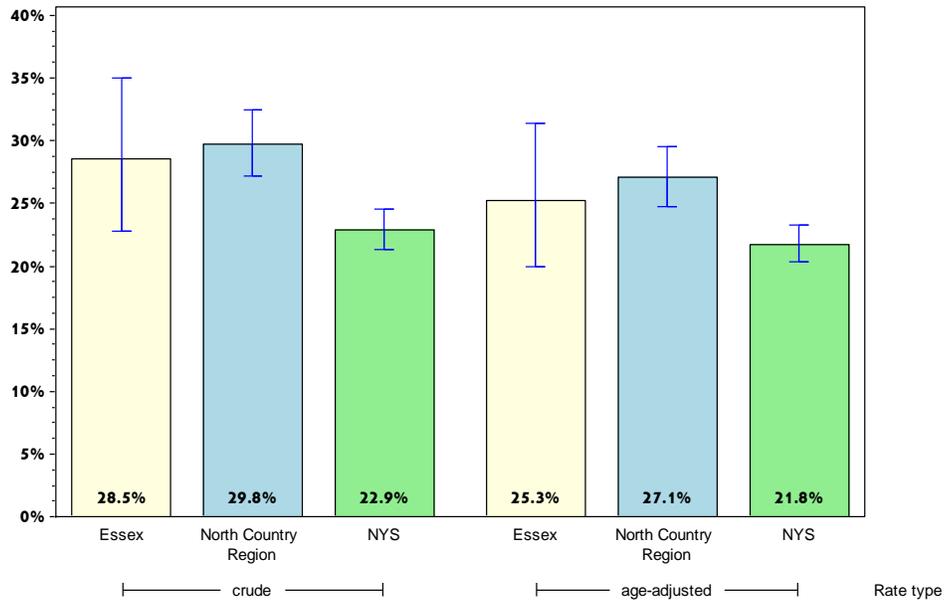
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Prevent Chronic Diseases

Percentage of adults with arthritis*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	9,015	28.5	(22.8-35.0)	73,148	29.8	(27.2-32.4)
Age		#			#	
18-24		#			#	
25-34		#		3,273	10.8	(5.6-20.0)
35-44		#		6,894	19.8	(14.5-26.4)
45-64	3,805	29.5 [^]	(20.1-40.9)	35,034	37.9	(33.5-42.4)
65+	3,799	49.5	(40.1-58.9)	26,699	53.3	(48.8-57.7)
Race						
White, NH	8,009	30.2	(24.8-36.2)	65,059	30.4	(27.9-33.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		4,661	32.5 [^]	(20.0-48.1)
Sex						
male	3,795	23.0	(16.3-31.4)	32,111	25.3	(21.7-29.3)
female	5,220	34.5 [^]	(24.9-45.6)	41,037	34.6	(31.2-38.1)
Age-adjusted^{&}		25.3	(20.0-31.4)		27.1	(24.7-29.5)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

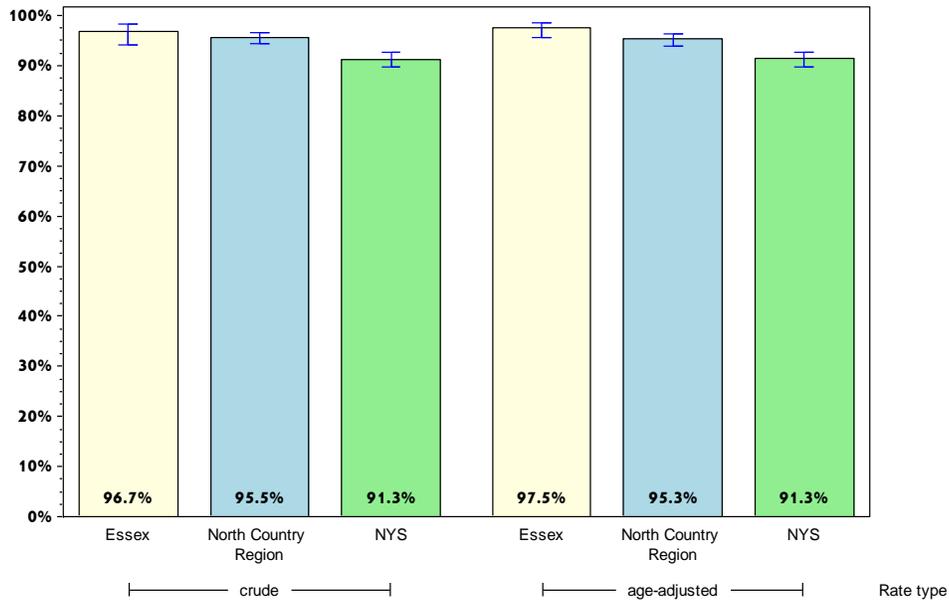
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	29,303	96.7	(94.2-98.2)	222,821	95.5	(94.3-96.4)
Age		#				
18-24		#		34,874	98.6	(95.5-99.6)
25-34		#		26,562	92.4	(86.7-95.7)
35-44		#		31,219	95.2	(90.2-97.7)
45-64	11,729	95.4	(89.2-98.1)	84,111	95.1	(92.9-96.6)
65+	6,995	94.9	(89.4-97.6)	45,338	96.4	(94.8-97.5)
Race						
White, NH	24,476	96.4	(93.5-98.1)	194,850	95.4	(94.1-96.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		11,350	92.4 [^]	(80.5-97.3)
Sex						
male	15,590	98.7	(96.3-99.5)	116,192	97.1	(95.5-98.1)
female	13,714	94.6	(89.4-97.4)	106,629	93.8	(91.8-95.3)
Age-adjusted^{&}		97.5	(95.5-98.6)		95.3	(93.8-96.4)

& Percent is age-adjusted to the 2000 United States Population.

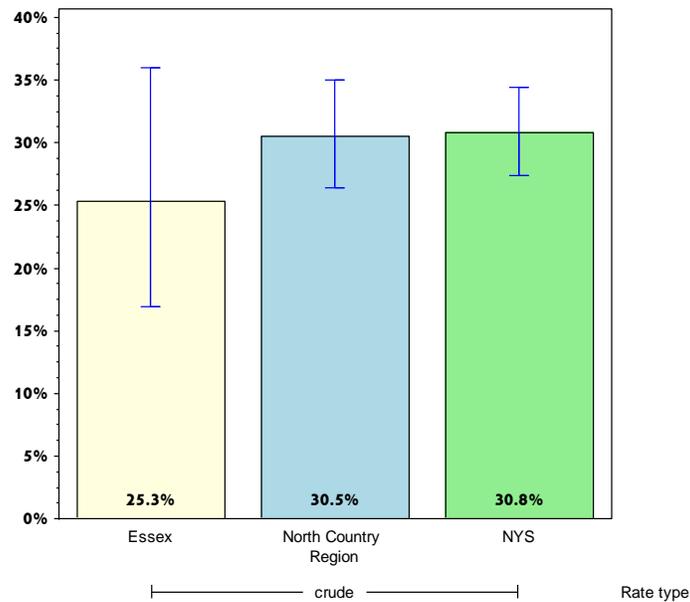
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,845	25.3 [^]	(17.0-36.0)	14,556	30.5	(26.4-35.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,468	22.6	(16.1-30.7)	13,203	29.9	(25.7-34.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,044	27.2 [^]	(14.1-45.9)	7,014	30.6	(24.1-38.1)
female	801	23.2 [^]	(15.5-33.2)	7,542	30.4	(25.7-35.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

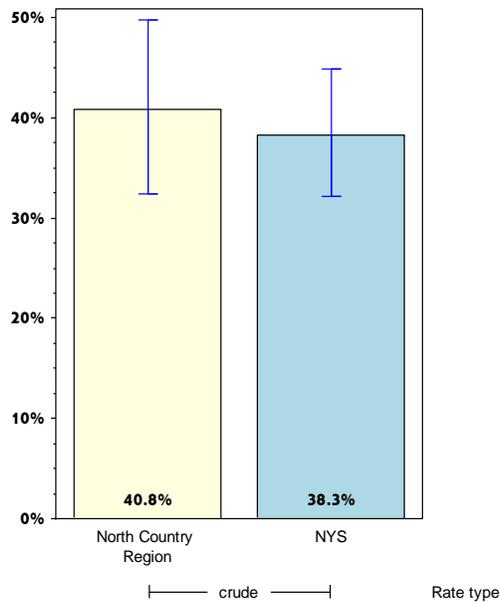
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	#			5,938	40.8	(32.4-49.8)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	#			5,210	39.5	(31.0-48.6)
Black, NH	#				#	
Hispanic	#				#	
Other, NH	#				#	
Sex						
male	#			3,059	43.6 [^]	(29.9-58.4)
female	#			2,879	38.2	(29.3-48.0)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

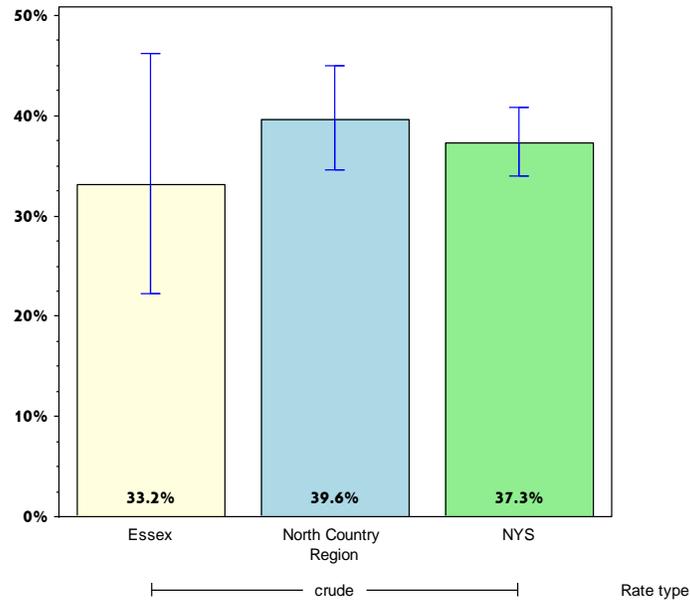
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,867	33.2 [^]	(22.3-46.2)	32,843	39.6	(34.6-44.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,552	38.1 [^]	(28.9-48.3)	26,791	38.0	(33.9-42.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,548	47.1 [^]	(33.5-61.1)	21,469	49.2	(41.4-57.0)
female	1,319	21.1 [^]	(10.3-38.5)	11,374	29.0	(24.0-34.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

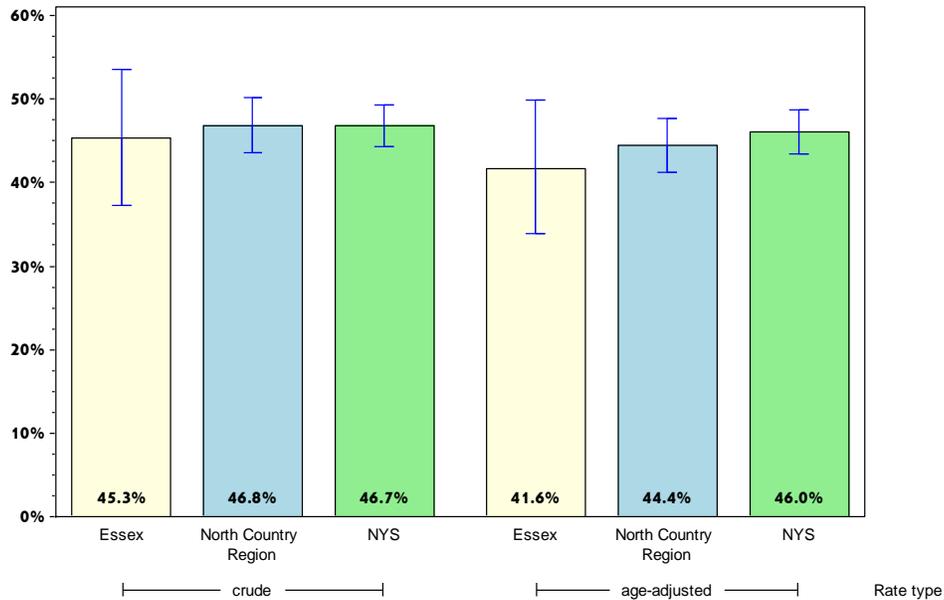
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,921	45.3	(37.3-53.5)	110,154	46.8	(43.5-50.1)
Age		#				
18-24		#		12,030	34.2 [^]	(23.1-47.3)
25-34		#		11,377	39.5	(30.4-49.4)
35-44		#		9,920	30.2	(23.6-37.7)
45-64	4,599	36.7 [^]	(25.4-49.5)	40,255	45.2	(40.5-49.9)
65+	5,135	68.2 [^]	(57.8-77.0)	35,970	74.4	(70.0-78.3)
Race						
White, NH	12,148	47.4	(40.6-54.3)	100,613	48.8	(45.6-52.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		5,223	42.4 [^]	(26.5-60.0)
Sex						
male	5,858	36.3	(27.6-46.0)	47,885	39.6	(35.0-44.4)
female	8,063	55.1 [^]	(40.6-68.8)	62,269	54.4	(50.2-58.7)
Age-adjusted^{&}		41.6	(33.9-49.8)		44.4	(41.2-47.7)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

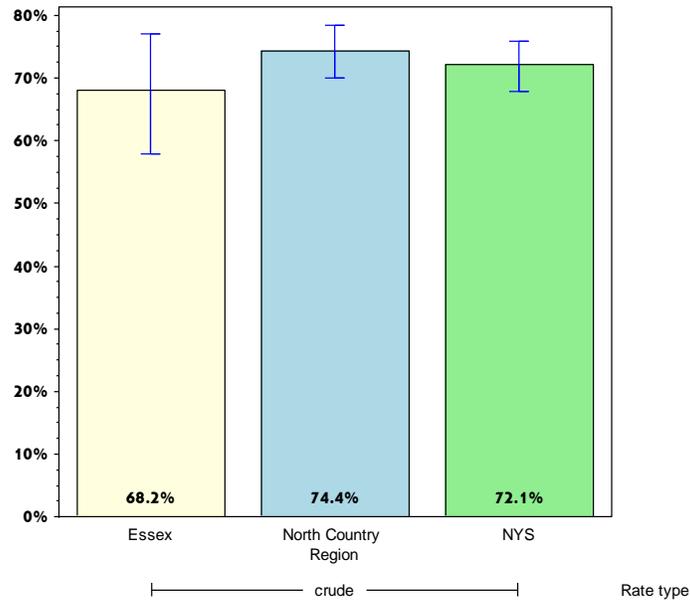
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



Essex County

North Country

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	5,135	68.2 [^]	(57.8-77.0)	35,970	74.4	(70.0-78.3)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,833	71.8	(63.1-79.1)	33,589	75.0	(70.6-78.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,455	60.8 [^]	(44.7-74.8)	17,159	73.6	(66.0-80.1)
female	2,680	76.7 [^]	(66.3-84.6)	18,811	75.1	(70.2-79.4)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

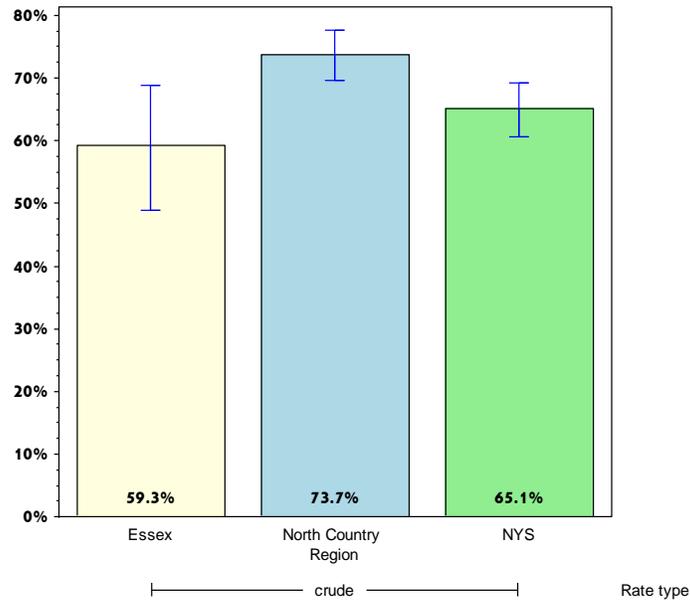
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



Essex County

North Country

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	4,272	59.3 [^]	(48.8-68.9)	34,235	73.7	(69.5-77.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,977	62.1	(52.5-70.8)	31,731	73.7	(69.4-77.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,098	52.9 [^]	(37.5-67.7)	15,735	70.0	(62.7-76.4)
female	2,174	67.1 [^]	(55.6-76.8)	18,500	77.3	(72.6-81.3)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

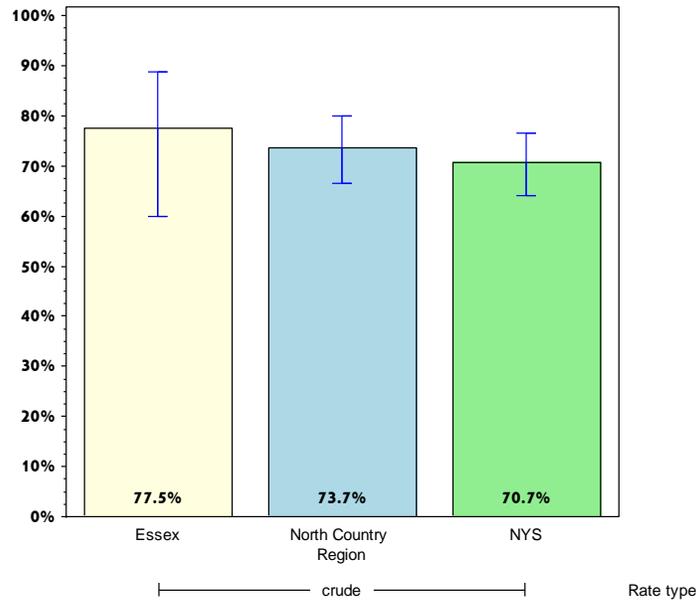
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,431	77.5 [^]	(59.9-88.8)	32,535	73.7	(66.4-79.8)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		28,511	72.7	(65.2-79.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	3,431	77.5 [^]	(59.9-88.8)	32,535	73.7	(66.4-79.8)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

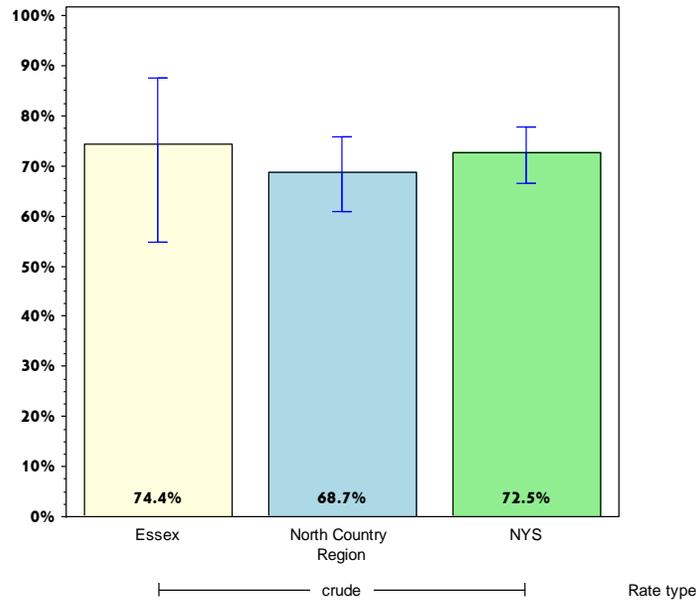
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,363	74.4 [^]	(54.9-87.4)	31,701	68.7	(60.8-75.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		28,928	70.4	(62.6-77.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	3,363	74.4 [^]	(54.9-87.4)	31,701	68.7	(60.8-75.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

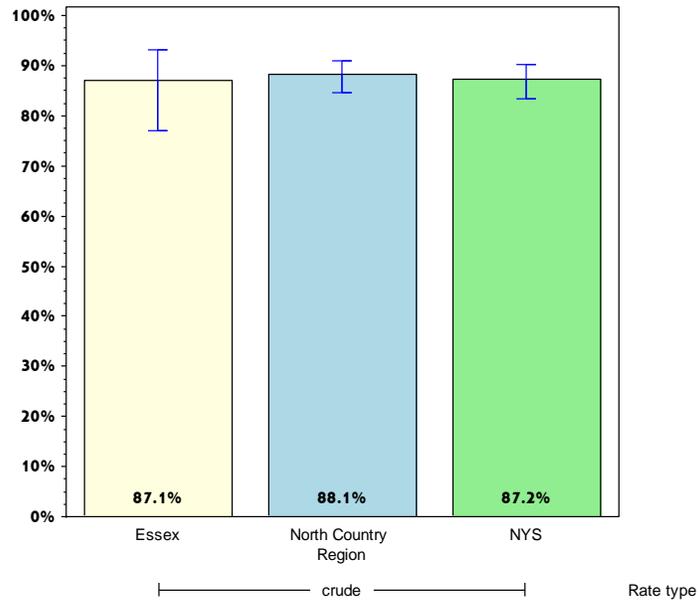
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	10,158	87.1 [^]	(77.1-93.2)	81,591	88.1	(84.6-91.0)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,297	83.8 [^]	(73.0-90.9)	71,891	88.3	(84.7-91.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	10,158	87.1 [^]	(77.1-93.2)	81,591	88.1	(84.6-91.0)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

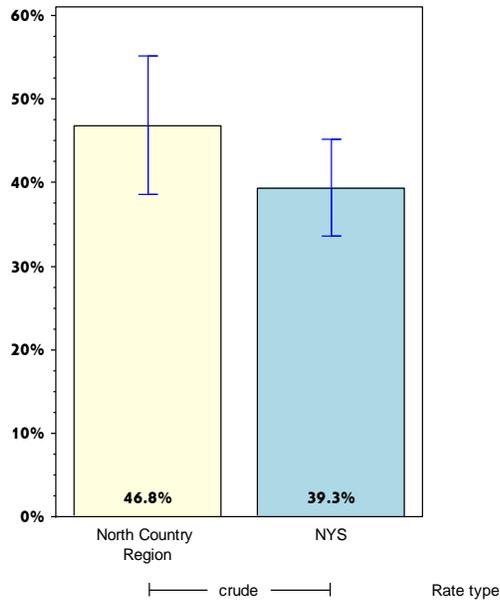
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



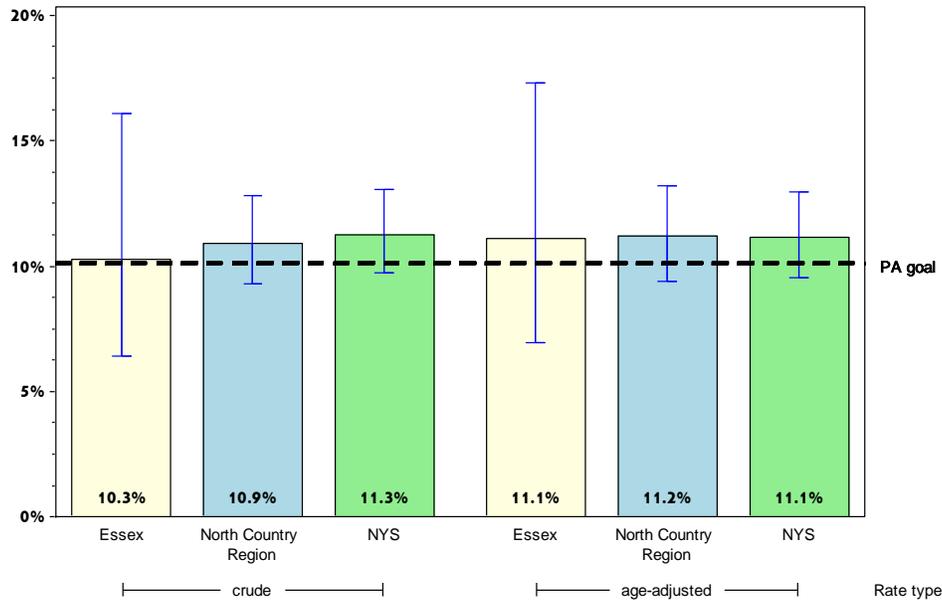
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		20,534	46.8	(38.5-55.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		18,718	48.1	(39.5-56.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		20,534	46.8	(38.5-55.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Essex

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



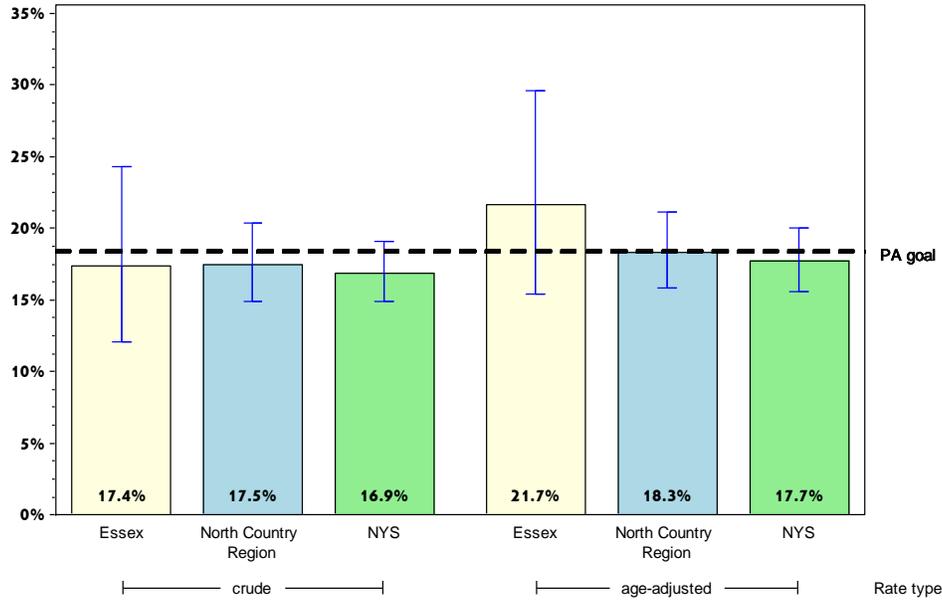
	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,189	10.3	(6.4-16.1)	26,594	10.9	(9.3-12.8)
Age		#				
18-24		#		4,035	10.9	(6.0-19.0)
25-34		#		4,055	13.4	(8.7-20.2)
35-44		#		3,975	11.6	(7.7-17.0)
45-64	1,465	11.5	(6.8-19.0)	11,488	12.6	(10.0-15.6)
65+		#		2,947	6.0	(4.0-8.8)
Race						
White, NH	3,110	12.0	(7.5-18.5)	22,928	10.8	(9.1-12.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		1,840	13.3 [^]	(7.0-24.1)
Sex						
male	1,586	9.7 [^]	(4.3-20.5)	10,174	8.1	(6.0-10.9)
female	1,603	10.9	(6.7-17.3)	16,419	13.9	(11.5-16.7)
Age-adjusted^{&}		11.1	(6.9-17.3)		11.2	(9.4-13.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Essex County

North Country

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,234	17.4	(12.1-24.3)	40,850	17.5	(14.9-20.4)
Age		#				
18-24		#		12,835	37.0 [^]	(25.1-50.6)
25-34		#		6,170	21.4	(15.7-28.6)
35-44		#		6,989	20.8	(15.0-28.1)
45-64	1,530	12.4	(7.0-21.0)	12,611	14.3	(11.6-17.6)
65+	688	9.6	(5.0-17.5)	2,218	4.6	(3.2-6.6)
Race						
White, NH	4,897	19.6	(13.7-27.1)	37,011	18.0	(15.2-21.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#		2,005	15.5 [^]	(7.9-28.0)
Sex						
male	3,645	23.4 [^]	(15.1-34.3)	29,018	24.4	(20.1-29.3)
female	1,589	10.9	(6.1-18.7)	11,832	10.3	(8.0-13.2)
Age-adjusted^{&}		21.7	(15.4-29.6)		18.3	(15.8-21.1)

* Men who have five or more drinks, women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

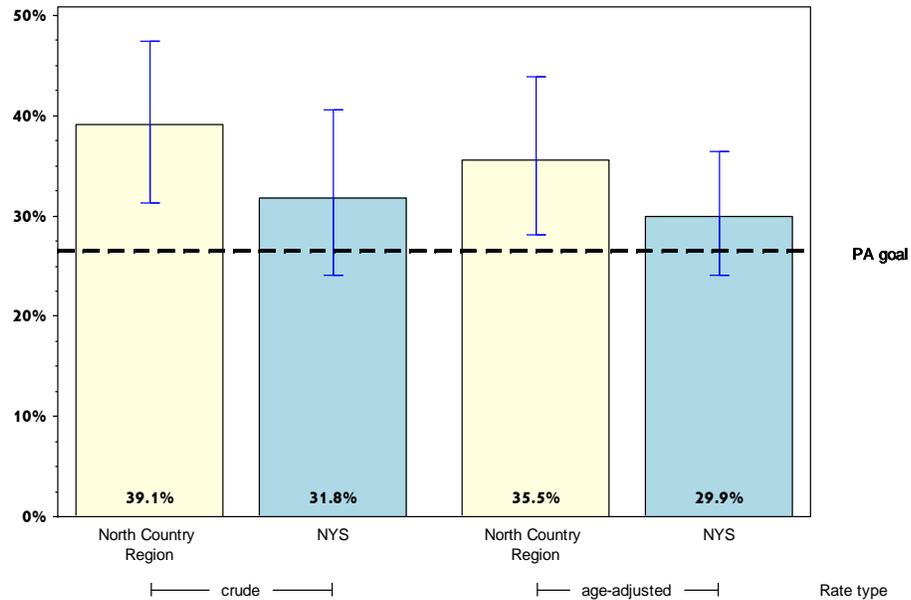
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Essex

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Essex County			North Country		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		10,221	39.1	(31.3-47.4)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,474	47.7 [^]	(36.5-59.0)
65+		#			#	
Race		#			#	
White, NH		#		8,398	37.3	(29.3-46.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex		#			#	
male		#		3,234	32.7 [^]	(21.0-47.2)
female		#		6,987	42.9	(33.5-52.8)
Age-adjusted^{&}		#			35.5	(28.1-43.8)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).