

eBRFSS 2013-2014 Health Indicators: Herkimer

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General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

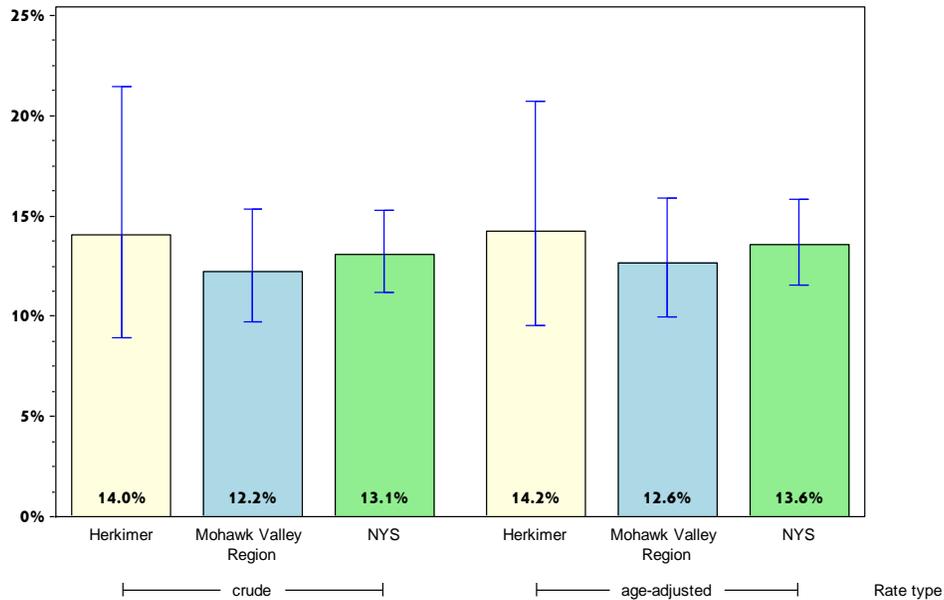
Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than $\pm 10\%$ are noted.

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost*



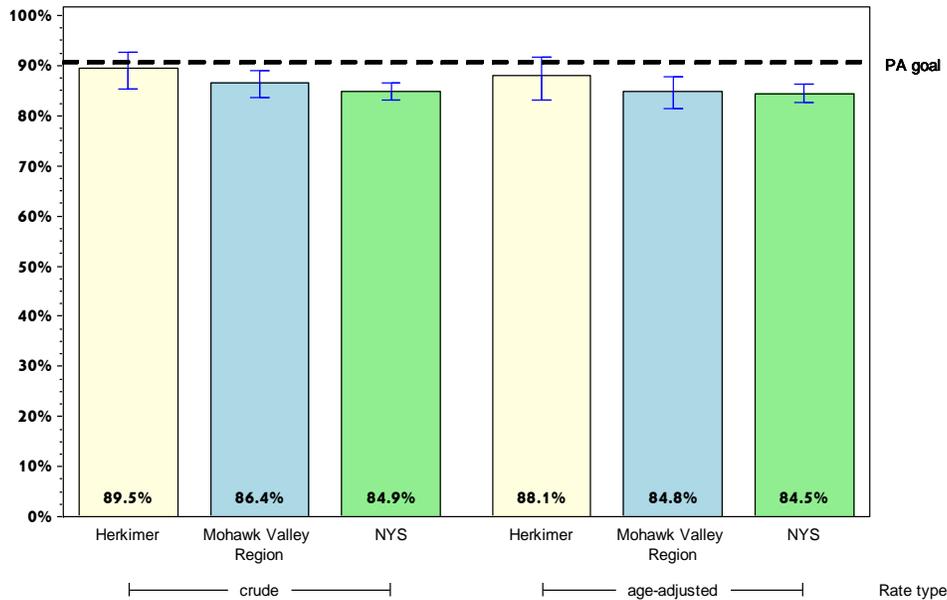
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,126	14.0	(8.9-21.4)	25,495	12.2	(9.7-15.3)
Age		#				
18-24		#		4,963	20.3 [^]	(9.6-38.0)
25-34		#		6,352	19.9 [^]	(11.5-32.0)
35-44		#		2,409	8.5	(5.3-13.5)
45-64	3,015	16.4	(10.0-25.8)	10,267	13.5	(10.4-17.2)
65+		#		1,314	2.9	(1.8-4.4)
Race						
White, NH	6,328	13.6	(8.4-21.4)	21,153	11.5	(8.8-14.8)
Black, NH		#			#	
Hispanic		#		2,119	17.6 [^]	(8.3-33.5)
Other, NH		#		1,640	18.3 [^]	(7.6-37.9)
Sex						
male	4,279	17.3 [^]	(8.9-31.1)	13,758	13.6	(9.3-19.4)
female	2,848	10.9	(6.6-17.6)	11,736	10.9	(8.5-13.9)
Age-adjusted^{&}		14.2	(9.5-20.7)		12.6	(10.0-15.9)

* Among people needing to see a doctor in the past 12 months
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	43,600	89.5	(85.4-92.5)	178,551	86.4	(83.5-88.9)
Age		#				
18-24		#		17,923	77.3 [^]	(64.8-86.3)
25-34		#		24,155	75.8 [^]	(64.5-84.4)
35-44	6,331	86.4 [^]	(71.2-94.2)	22,811	82.1 [^]	(71.0-89.6)
45-64	16,824	91.4	(85.1-95.2)	68,580	89.9	(87.0-92.2)
65+	10,998	95.2	(90.1-97.7)	43,482	94.9	(91.5-97.0)
Race						
White, NH	39,897	88.8	(84.4-92.1)	159,236	87.4	(84.6-89.7)
Black, NH		#			#	
Hispanic		#		9,218	72.8 [^]	(50.4-87.6)
Other, NH		#		7,804	92.5 [^]	(82.1-97.1)
Sex						
male	19,503	83.7	(76.2-89.1)	79,609	79.7	(74.3-84.1)
female	24,097	94.9	(90.8-97.2)	98,942	92.8	(90.6-94.5)
Age-adjusted^{&}		88.1	(83.1-91.8)		84.8	(81.4-87.8)

& Percent is age-adjusted to the 2000 United States Population.

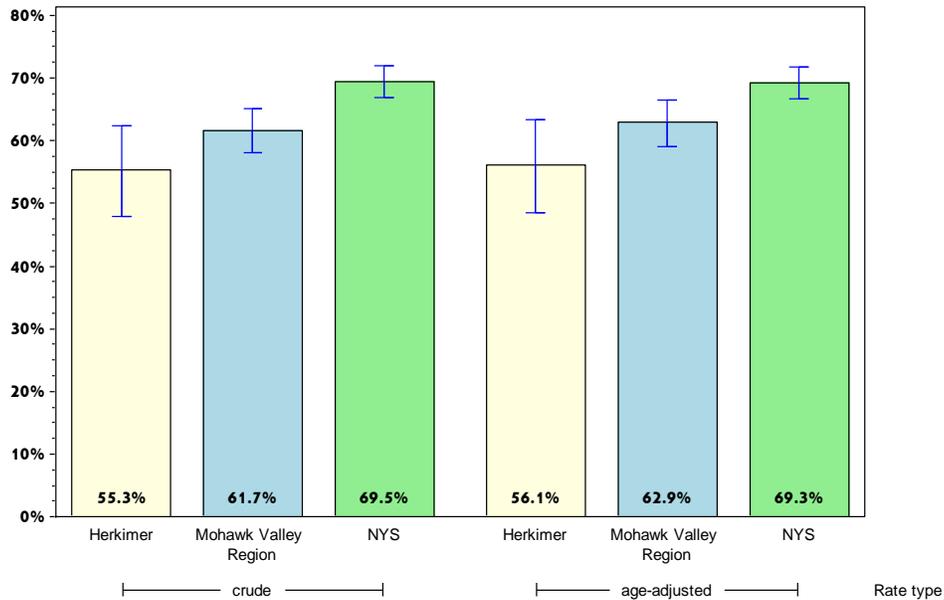
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,360	55.3	(47.9-62.5)	120,003	61.7	(58.1-65.0)
Age		#				
18-24		#		13,968	62.7 [^]	(47.0-76.1)
25-34		#		19,077	62.4 [^]	(51.4-72.3)
35-44		#		17,119	71.2	(62.4-78.6)
45-64	9,126	52.7 [^]	(41.5-63.5)	42,537	58.2	(52.9-63.3)
65+	6,519	60.3	(50.8-69.1)	26,653	61.4	(56.5-66.1)
Race						
White, NH	24,245	55.8	(48.3-63.2)	108,248	62.7	(59.2-66.0)
Black, NH		#			#	
Hispanic		#		7,338	68.9 [^]	(51.9-82.0)
Other, NH		#		3,087	38.3 [^]	(17.9-63.9)
Sex						
male	11,045	47.1 [^]	(36.7-57.7)	51,611	54.2	(48.6-59.6)
female	15,316	63.3	(53.7-72.0)	68,392	68.8	(65.0-72.5)
Age-adjusted^{&}		56.1	(48.5-63.4)		62.9	(59.1-66.6)

& Percent is age-adjusted to the 2000 United States Population.

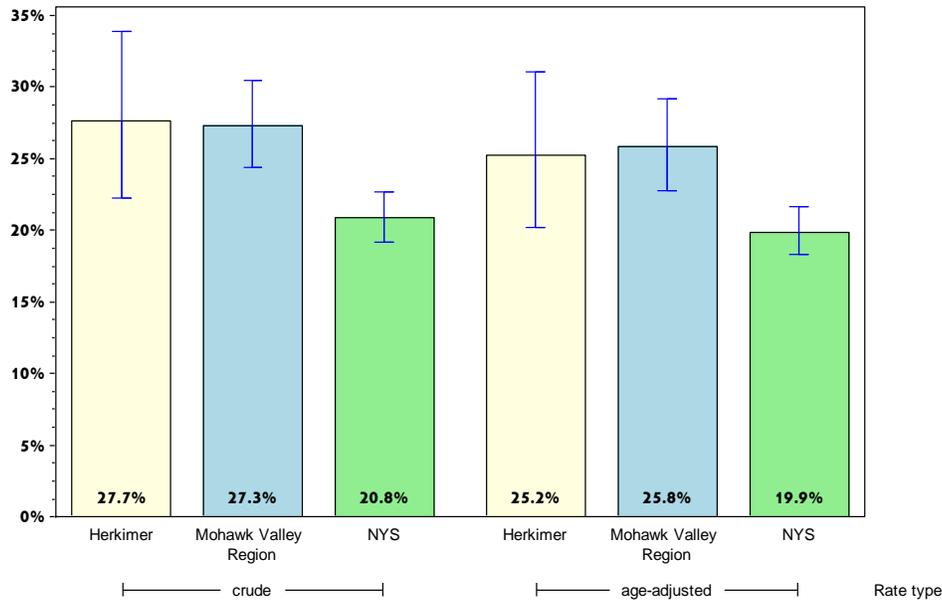
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Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults living with a disability*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,944	27.7	(22.2-33.8)	56,344	27.3	(24.4-30.4)
Age		#			#	
18-24		#			#	
25-34		#		5,335	16.7	(10.9-24.8)
35-44	1,887	25.7 [^]	(12.3-46.2)	6,828	24.3 [^]	(15.9-35.4)
45-64	7,551	41.0 [^]	(30.9-51.9)	24,816	32.9	(28.0-38.2)
65+	3,813	33.8	(26.0-42.6)	16,563	36.9	(32.4-41.6)
Race						
White, NH	11,762	25.5	(20.3-31.5)	46,724	25.7	(23.2-28.5)
Black, NH		#			#	
Hispanic		#		5,344	42.2 [^]	(25.0-61.5)
Other, NH		#		3,225	35.9 [^]	(14.4-65.1)
Sex						
male	6,733	27.4	(19.7-36.8)	27,372	27.1	(22.4-32.3)
female	7,212	27.9	(20.8-36.3)	28,972	27.6	(24.1-31.3)
Age-adjusted^{&}		25.2	(20.2-31.0)		25.8	(22.7-29.2)

* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

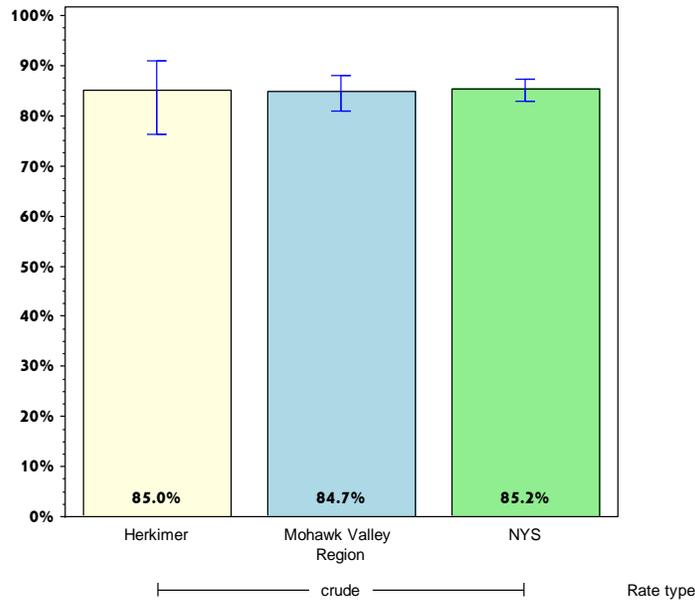
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Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,757	85.0	(76.2-91.0)	135,591	84.7	(80.9-87.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	29,010	83.4	(73.9-90.0)	119,366	85.5	(81.6-88.8)
Black, NH		#			#	
Hispanic		#		7,974	72.7 [^]	(48.5-88.3)
Other, NH		#			#	
Sex						
male	14,571	77.3 [^]	(61.4-87.9)	62,882	80.6	(73.5-86.1)
female	18,187	92.5	(87.3-95.7)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

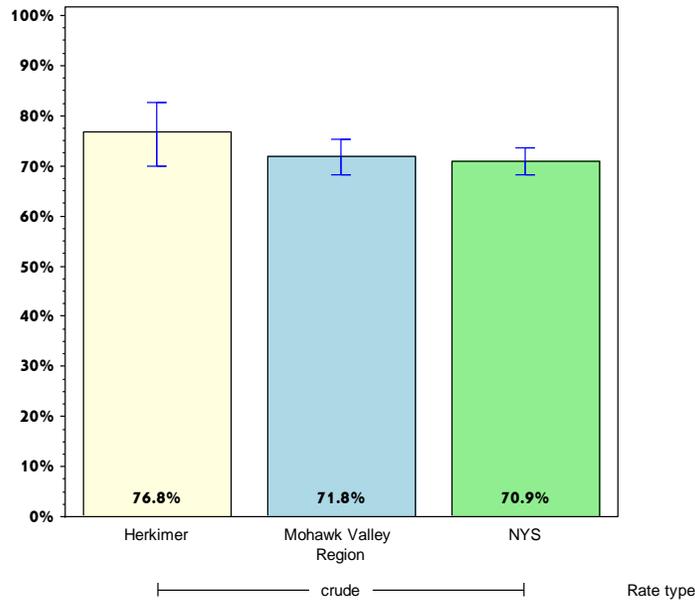
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	29,628	76.8	(69.8-82.6)	114,077	71.8	(68.1-75.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	26,448	75.9	(68.6-82.0)	99,065	71.6	(67.9-75.0)
Black, NH		#			#	
Hispanic		#		7,461	68.0 [^]	(44.9-84.7)
Other, NH		#			#	
Sex						
male	14,038	74.4 [^]	(63.4-83.0)	51,586	67.1	(61.0-72.8)
female	15,590	79.0	(69.5-86.2)	62,491	76.2	(71.9-80.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

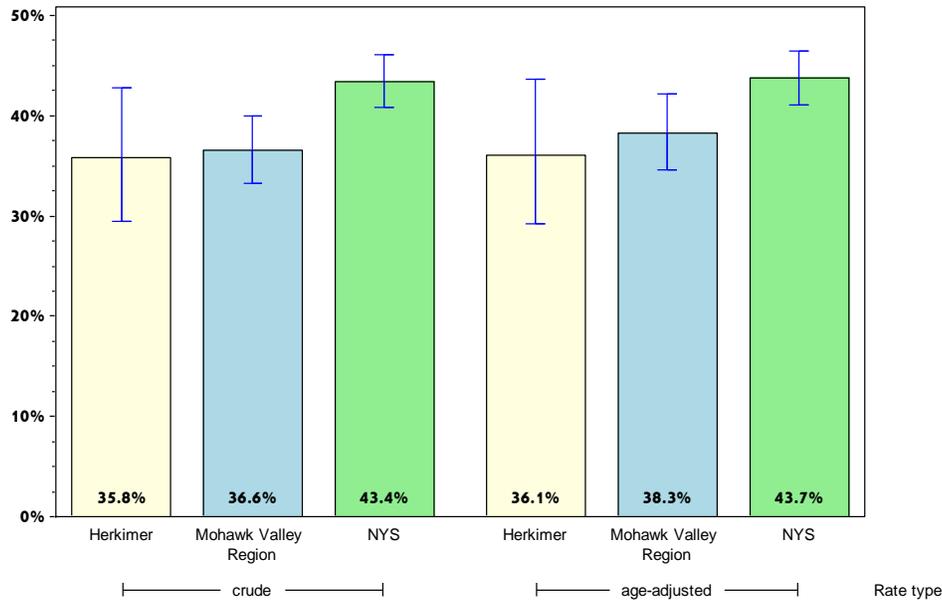
Rates with <10 in the numerator or <50 in the denominator are suppressed.

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Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,674	35.8	(29.4-42.8)	68,431	36.6	(33.3-40.0)
Age		#				
18-24		#		5,154	29.2 [^]	(16.5-46.1)
25-34		#		13,314	44.3 [^]	(34.2-55.0)
35-44		#		12,783	50.7	(40.9-60.5)
45-64	7,693	44.7 [^]	(33.9-56.0)	28,632	40.5	(35.7-45.4)
65+	2,165	20.2	(13.7-28.8)	8,011	19.0	(15.8-22.7)
Race						
White, NH	14,414	34.1	(27.7-41.0)	60,465	36.6	(33.3-40.0)
Black, NH		#			#	
Hispanic		#		4,317	40.8 [^]	(23.4-60.7)
Other, NH		#		2,119	26.7 [^]	(12.4-48.4)
Sex						
male	8,377	37.3 [^]	(27.7-48.0)	29,853	33.1	(28.1-38.5)
female	8,297	34.5	(26.1-43.8)	38,579	39.8	(35.7-44.1)
Age-adjusted^{&}		36.1	(29.2-43.6)		38.3	(34.5-42.2)

* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

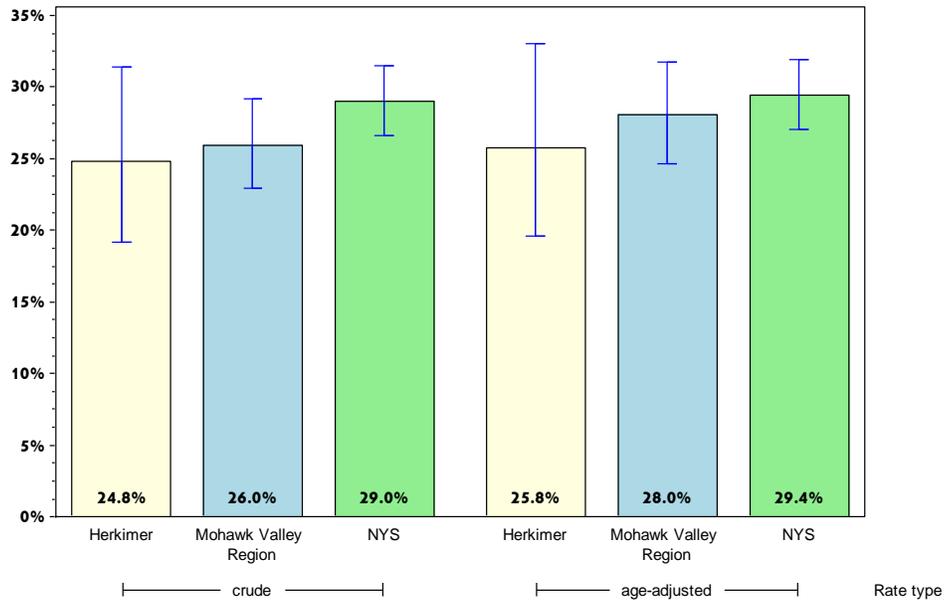
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,181	24.8	(19.2-31.4)	51,745	26.0	(22.9-29.2)
Age						
18-24	#	#		6,939	30.9 [^]	(18.6-46.7)
25-34	#	#		10,887	35.0 [^]	(25.5-46.0)
35-44	#	#		9,575	36.6	(28.0-46.2)
45-64	4,640	25.8 [^]	(17.1-37.0)	19,400	26.2	(22.3-30.4)
65+	1,339	12.0	(7.1-19.7)	4,715	10.7	(8.2-13.7)
Race						
White, NH	10,121	22.6	(17.3-28.9)	44,036	25.0	(22.0-28.3)
Black, NH	#	#		#	#	
Hispanic	#	#		4,530	37.2 [^]	(21.3-56.5)
Other, NH	#	#		2,354	29.0 [^]	(13.7-51.3)
Sex						
male	5,908	24.8 [^]	(16.7-35.1)	23,314	23.9	(19.2-29.2)
female	6,273	24.8	(17.7-33.7)	28,431	28.0	(24.3-32.0)
Age-adjusted^{&}		25.8	(19.6-33.1)		28.0	(24.6-31.8)

* Worried or stressed about having enough money to buy nutritious meals.

& Percent is age-adjusted to the 2000 United States Population.

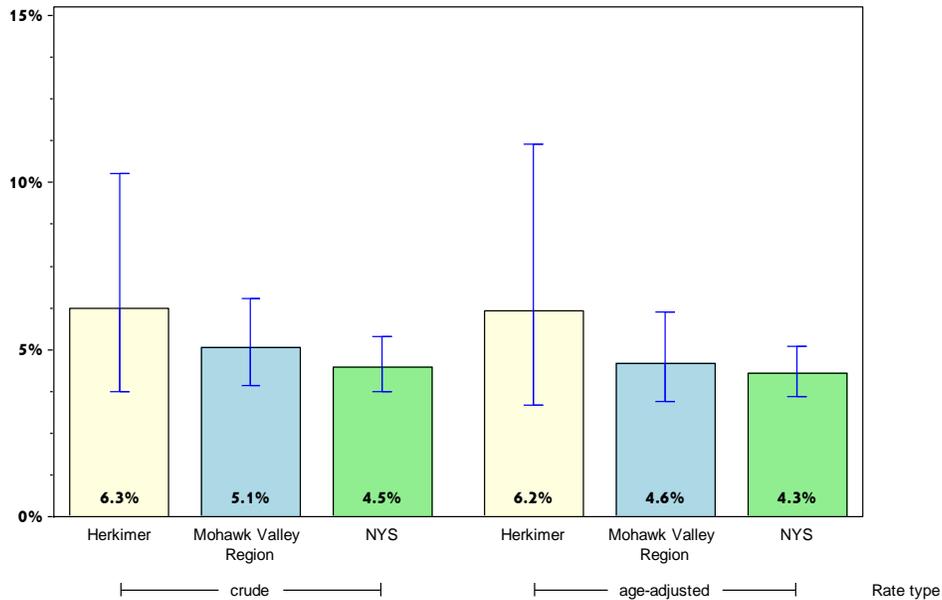
Rates with <10 in the numerator or <50 in the denominator are suppressed.

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Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults with poor self-reported health



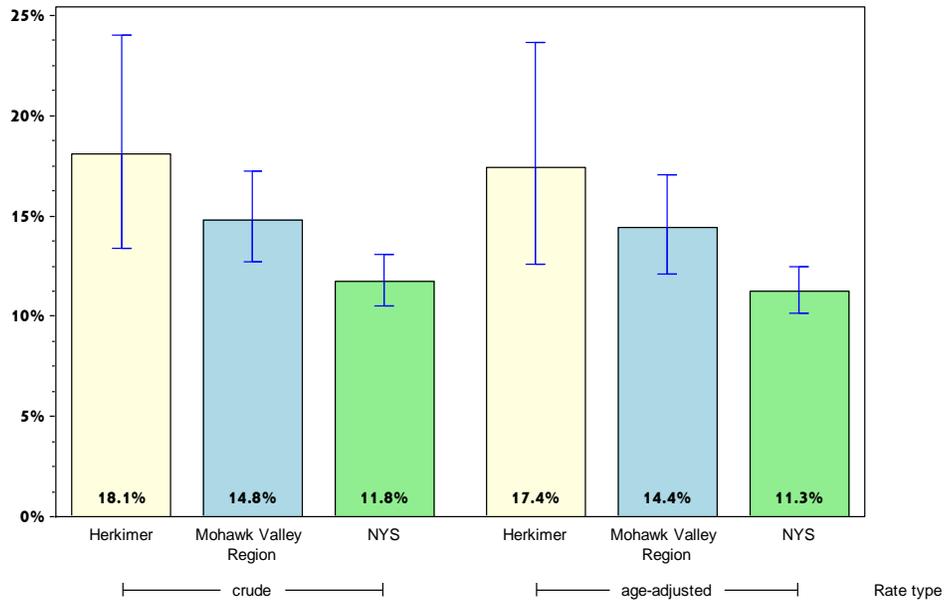
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	3,168	6.3	(3.7-10.3)	10,550	5.1	(3.9-6.5)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,780	9.7	(5.3-17.0)	6,176	8.2	(5.8-11.3)
65+	582	5.1	(2.8-8.8)	2,659	5.8	(4.1-8.2)
Race						
White, NH	2,989	6.4	(3.8-10.8)	9,037	4.9	(3.8-6.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,242	5.0	(2.5-10.1)	3,898	3.9	(2.6-5.6)
female	1,926	7.4	(3.6-14.5)	6,652	6.2	(4.5-8.6)
Age-adjusted^{&}		6.2	(3.3-11.1)		4.6	(3.4-6.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,922	18.1	(13.4-24.0)	29,861	14.8	(12.7-17.2)
Age		#			#	
18-24		#			#	
25-34		#		3,109	9.9	(5.3-17.8)
35-44		#		4,086	15.3	(9.4-23.8)
45-64	4,797	27.5 [^]	(18.8-38.2)	13,912	18.9	(15.3-23.1)
65+	1,454	13.1	(7.9-20.9)	6,869	15.7	(12.7-19.2)
Race						
White, NH	7,404	16.5	(12.1-22.0)	25,670	14.4	(12.3-16.8)
Black, NH		#			#	
Hispanic		#		3,000	24.1 [^]	(12.3-41.8)
Other, NH		#		1,035	12.8 [^]	(4.1-33.4)
Sex						
male	3,000	12.8	(8.0-19.8)	11,588	12.0	(9.4-15.1)
female	5,922	23.0	(15.8-32.2)	18,273	17.5	(14.3-21.1)
Age-adjusted^{&}		17.4	(12.6-23.6)		14.4	(12.1-17.0)

* Out of the past 30 days.

& Percent is age-adjusted to the 2000 United States Population.

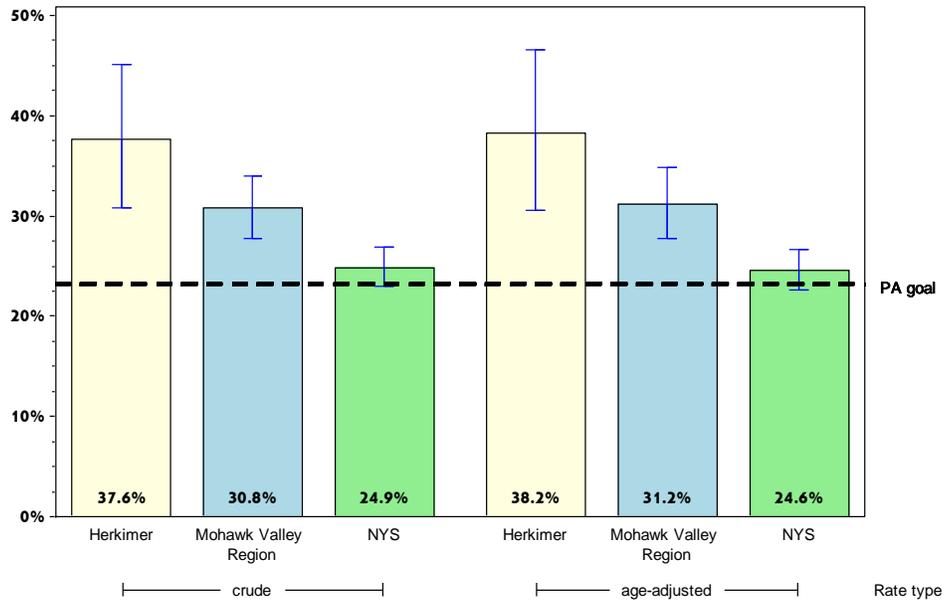
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who are obese*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	17,888	37.6	(30.8-45.0)	60,595	30.8	(27.7-34.0)
Age						
18-24		#		4,420	18.4 [^]	(8.7-34.7)
25-34		#		9,122	31.3 [^]	(22.1-42.3)
35-44		#		9,682	36.9	(28.3-46.4)
45-64	7,494	42.6 [^]	(32.4-53.5)	24,732	34.4	(29.8-39.3)
65+	3,517	31.2	(23.0-40.7)	12,362	27.8	(23.8-32.2)
Race						
White, NH	15,618	36.1	(29.1-43.8)	53,932	31.0	(27.9-34.4)
Black, NH		#			#	
Hispanic		#		2,996	27.1 [^]	(14.7-44.5)
Other, NH		#		2,236	25.2 [^]	(11.2-47.3)
Sex						
male	9,984	42.3 [^]	(31.7-53.6)	31,672	32.0	(27.2-37.2)
female	7,904	33.1	(24.8-42.6)	28,923	29.5	(25.7-33.6)
Age-adjusted^{&}		38.2	(30.6-46.5)		31.2	(27.7-34.9)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

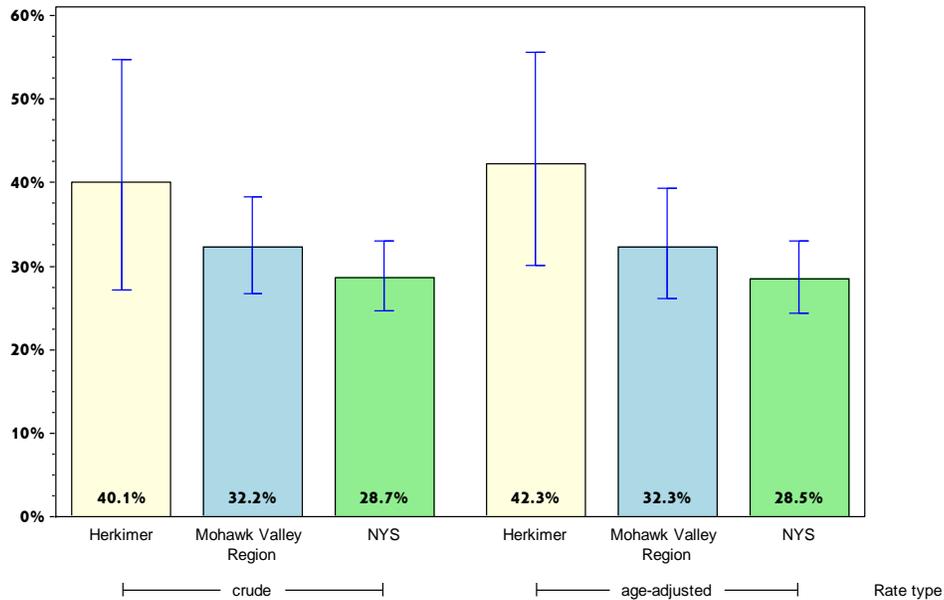
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,288	40.1 [^]	(27.1-54.6)	17,765	32.2	(26.8-38.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		2,079	32.6 [^]	(17.9-51.7)
45-64	2,012	41.4 [^]	(24.6-60.4)	6,638	34.5	(27.0-42.9)
65+	1,525	30.1 [^]	(18.9-44.5)	4,972	30.4	(23.7-38.1)
Race						
White, NH	5,002	35.8 [^]	(22.4-51.8)	14,894	31.6	(25.8-38.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,531	46.4 [^]	(25.0-69.2)	8,275	34.0 [^]	(24.5-45.0)
female	2,757	34.1 [^]	(21.4-49.7)	9,491	30.9	(24.9-37.5)
Age-adjusted^{&}		42.3 [^]	(30.0-55.6)		32.3	(26.1-39.3)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

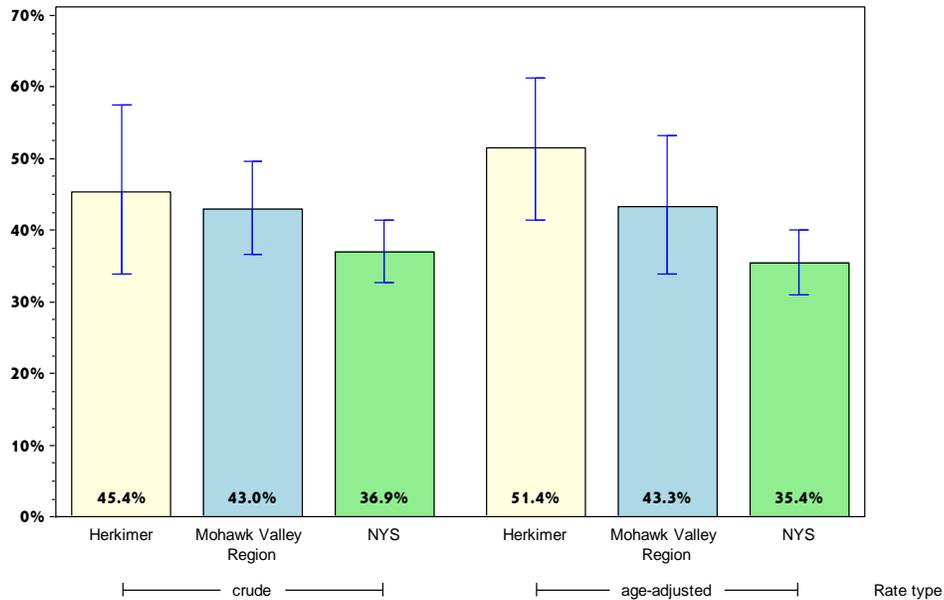
Rates with < 10 in the numerator or < 50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults living with a disability who are obese*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,233	45.4 [^]	(33.8-57.5)	22,893	43.0	(36.7-49.6)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	3,600	48.2 [^]	(31.5-65.2)	10,332	44.7 [^]	(34.6-55.3)
65+	1,148	30.3 [^]	(18.9-44.7)	6,555	40.1	(32.9-47.8)
Race						
White, NH	5,259	45.5 [^]	(33.8-57.8)	19,729	44.7	(38.9-50.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,823	42.7 [^]	(27.2-59.8)	10,802	40.2 [^]	(30.8-50.3)
female	3,410	47.9 [^]	(31.9-64.3)	12,091	45.9	(38.0-54.0)
Age-adjusted^{&}		51.4	(41.5-61.2)		43.3	(33.9-53.1)

* Obesity defined as a Body Mass Index (BMI) ≥ 30 . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

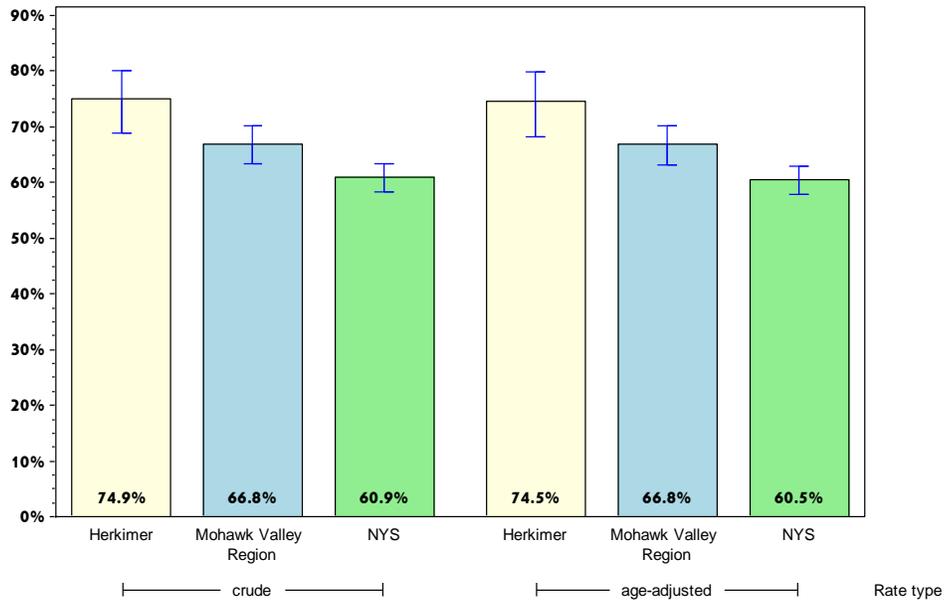
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults overweight or obese*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	35,624	74.9	(68.9-80.1)	131,535	66.8	(63.3-70.1)
Age						
18-24		#		10,728	44.7 [^]	(30.9-59.3)
25-34		#		16,842	57.8 [^]	(47.2-67.8)
35-44		#		20,315	77.4	(70.0-83.4)
45-64	13,770	78.3 [^]	(68.2-85.8)	51,948	72.3	(67.1-77.0)
65+	8,259	73.3	(64.4-80.6)	31,025	69.8	(65.3-73.9)
Race						
White, NH	32,492	75.2	(69.3-80.3)	115,938	66.7	(63.3-70.0)
Black, NH		#			#	
Hispanic		#		8,112	73.4 [^]	(55.6-85.9)
Other, NH		#		4,931	55.5 [^]	(29.6-78.8)
Sex						
male	19,412	82.2	(74.0-88.2)	70,693	71.4	(65.8-76.5)
female	16,212	67.8	(59.0-75.5)	60,843	62.1	(57.8-66.2)
Age-adjusted^{&}		74.5	(68.2-79.9)		66.8	(63.2-70.2)

* Defined as a Body Mass Index (BMI) >=25. BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

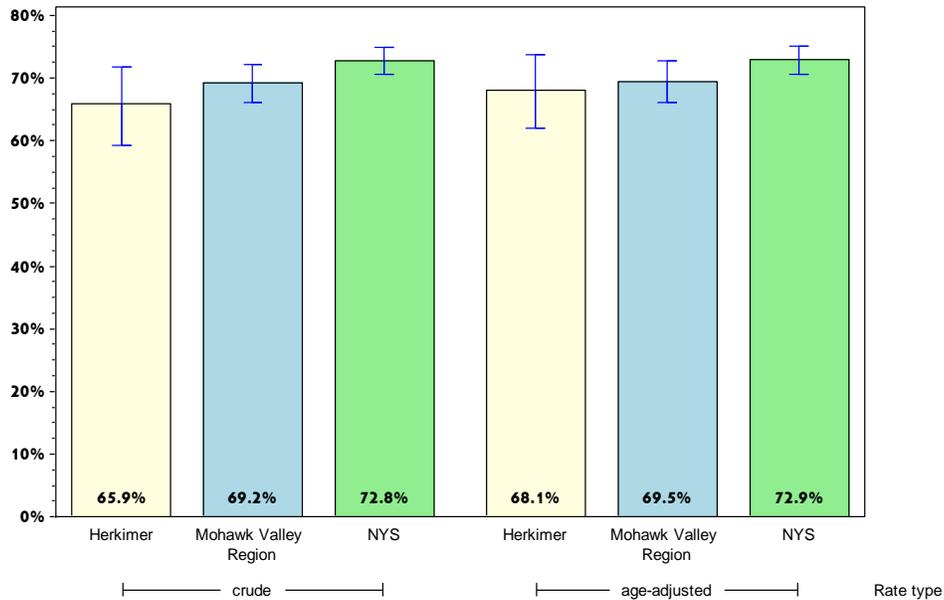
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days*



Herkimer County

Mohawk Valley

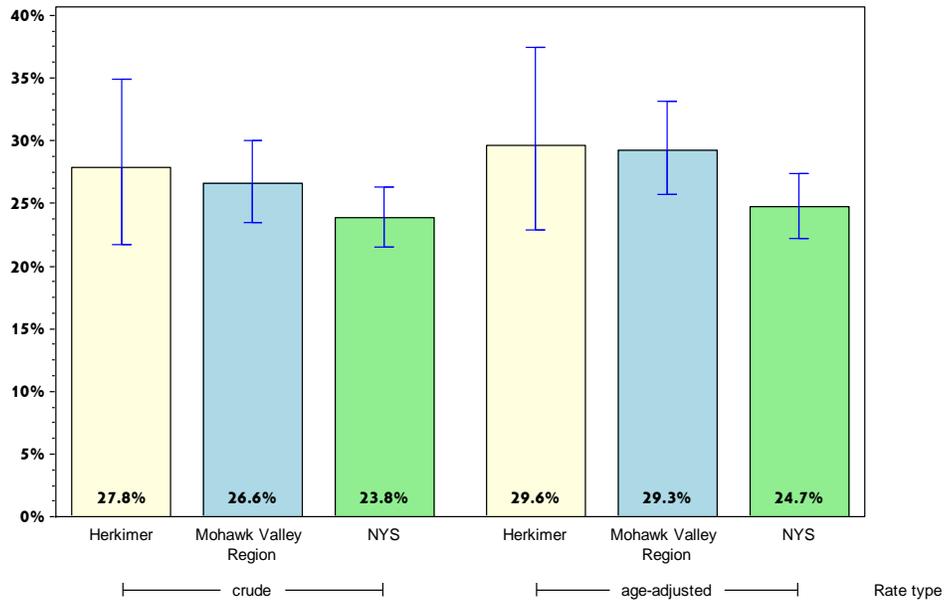
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	32,430	65.9	(59.3-71.9)	138,763	69.2	(66.2-72.1)
Age						
18-24	#	#		16,894	73.4 [^]	(58.5-84.5)
25-34	#	#		26,053	82.7	(75.0-88.4)
35-44	#	#		16,488	63.4	(53.8-72.0)
45-64	9,858	54.8 [^]	(43.7-65.4)	49,363	66.6	(61.9-71.0)
65+	6,540	58.6	(49.3-67.4)	29,150	65.3	(60.7-69.6)
Race						
White, NH	29,554	65.8	(59.2-71.9)	122,921	69.5	(66.4-72.4)
Black, NH	#	#		#	#	
Hispanic	#	#		7,241	59.4 [^]	(40.6-75.8)
Other, NH	#	#		6,518	80.5 [^]	(63.1-90.9)
Sex						
male	15,557	64.7 [^]	(54.6-73.7)	69,524	70.6	(65.7-75.1)
female	16,872	67.0	(58.2-74.7)	69,239	67.9	(64.0-71.5)
Age-adjusted^{&}		68.1	(62.0-73.7)		69.5	(66.1-72.7)

* Any physical activities or exercises such as running or walking
 & Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	13,367	27.8	(21.7-34.9)	52,428	26.6	(23.4-30.0)
Age						
18-24	#	#		9,776	43.6 [^]	(30.0-58.2)
25-34	#	#		12,116	39.3 [^]	(29.4-50.1)
35-44	#	#		9,558	36.9 [^]	(27.1-48.0)
45-64	3,434	20.1 [^]	(12.3-31.1)	13,685	18.8	(15.4-22.7)
65+	2,267	20.6	(13.4-30.4)	7,223	16.4	(13.1-20.4)
Race						
White, NH	11,999	27.4	(21.2-34.6)	44,750	25.7	(22.6-29.1)
Black, NH	#	#		#	#	
Hispanic	#	#		5,831	48.2 [^]	(30.0-66.9)
Other, NH	#	#		#	#	
Sex						
male	7,177	31.0 [^]	(22.0-41.8)	30,568	31.7	(26.6-37.3)
female	6,191	24.8 [^]	(16.9-34.9)	21,860	21.7	(18.1-25.7)
Age-adjusted^{&}		29.6	(22.9-37.5)		29.3	(25.7-33.2)

* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

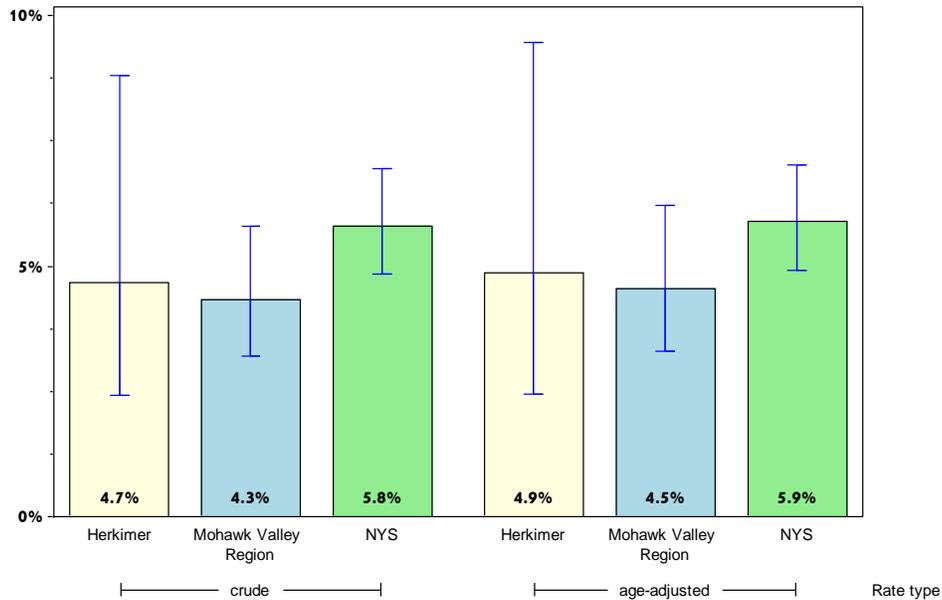
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



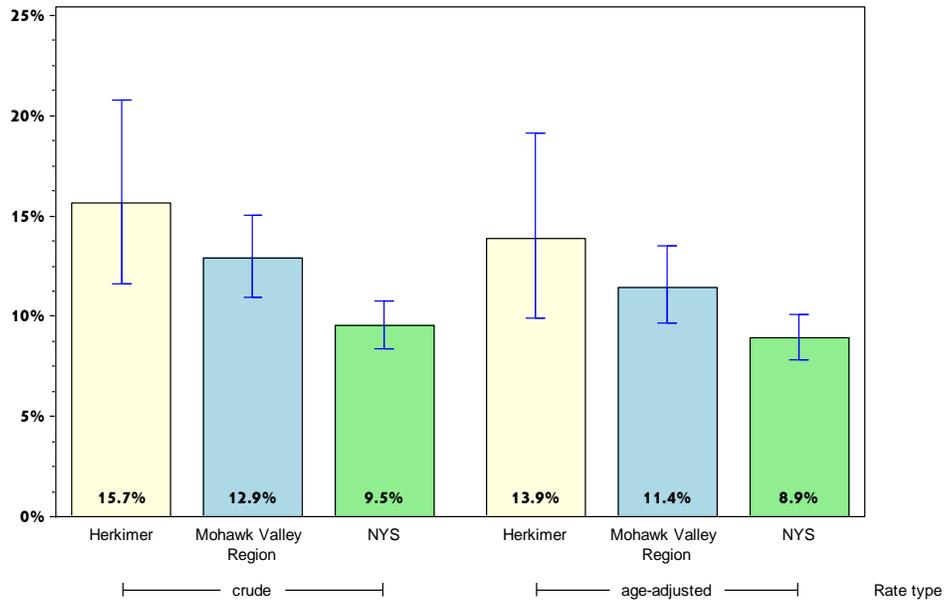
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,247	4.7	(2.4-8.8)	8,472	4.3	(3.2-5.8)
Age		#			#	
18-24		#			#	
25-34		#		1,686	5.5	(2.7-10.9)
35-44		#		946	3.7	(1.9-6.9)
45-64		#		2,524	3.5	(2.4-5.0)
65+		#		1,145	2.6	(1.5-4.5)
Race						
White, NH	2,247	5.1	(2.7-9.6)	7,397	4.3	(3.1-5.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,907	8.1	(3.9-16.2)	6,106	6.4	(4.4-9.2)
female		#		2,366	2.4	(1.5-3.6)
Age-adjusted^{&}		4.9	(2.4-9.4)		4.5	(3.3-6.2)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Prevent Chronic Diseases

Percentage of adults with physician diagnosed diabetes*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,941	15.7	(11.6-20.8)	26,908	12.9	(11.0-15.0)
Age		#			#	
18-24		#			#	
25-34		#		1,776	5.6	(2.7-11.2)
35-44		#		2,255	8.0	(4.0-15.5)
45-64	3,603	19.6 [^]	(12.2-29.9)	11,420	15.0	(11.9-18.6)
65+	3,108	26.9	(19.8-35.4)	11,318	24.6	(20.0-29.9)
Race						
White, NH	6,935	14.9	(11.0-20.0)	21,832	11.8	(10.2-13.8)
Black, NH		#			#	
Hispanic		#		1,646	13.0 [^]	(5.8-26.6)
Other, NH		#		2,456	27.4 [^]	(10.7-54.3)
Sex						
male	3,938	16.0	(10.1-24.4)	13,341	13.1	(10.2-16.8)
female	4,003	15.4	(10.4-22.2)	13,567	12.6	(10.4-15.3)
Age-adjusted^{&}		13.9	(9.9-19.1)		11.4	(9.7-13.5)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

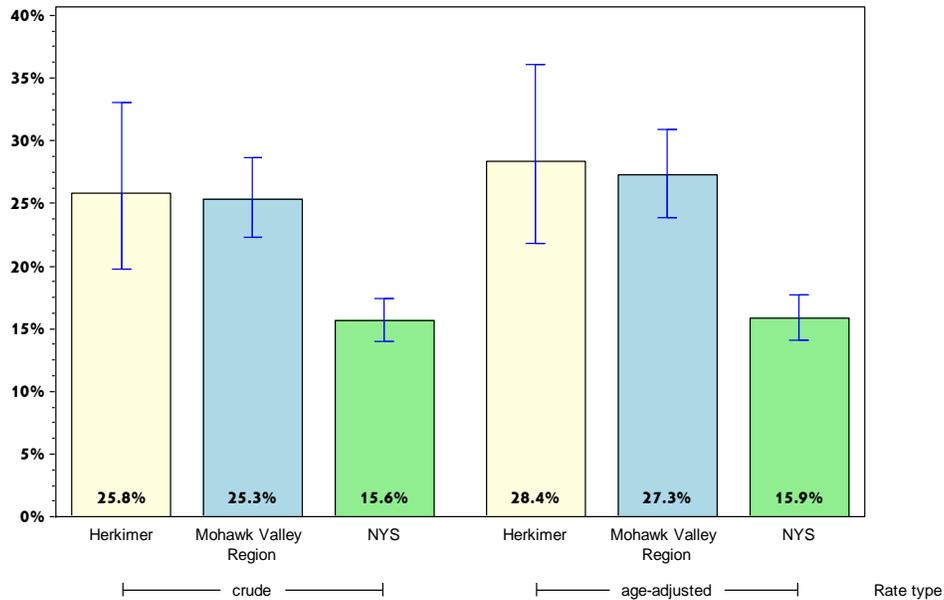
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who are current smokers



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,843	25.8	(19.7-33.1)	52,067	25.3	(22.3-28.7)
Age		#				
18-24		#		5,575	23.0 [^]	(12.8-37.9)
25-34		#		12,670	39.8 [^]	(29.8-50.7)
35-44		#		9,692	34.7	(26.0-44.6)
45-64	4,678	26.0 [^]	(17.3-37.1)	20,418	27.1	(23.0-31.6)
65+	970	8.8	(4.9-15.1)	3,513	7.9	(5.8-10.8)
Race						
White, NH	11,861	26.1	(19.7-33.8)	45,456	25.2	(22.0-28.6)
Black, NH		#			#	
Hispanic		#		3,750	29.7 [^]	(15.5-49.2)
Other, NH		#		2,323	25.9 [^]	(11.1-49.5)
Sex						
male	7,783	32.5 [^]	(22.2-44.8)	28,059	27.9	(22.9-33.5)
female	5,060	19.6	(13.9-27.0)	24,008	22.9	(19.5-26.7)
Age-adjusted^{&}		28.4	(21.8-36.1)		27.3	(23.9-30.9)

& Percent is age-adjusted to the 2000 United States Population.

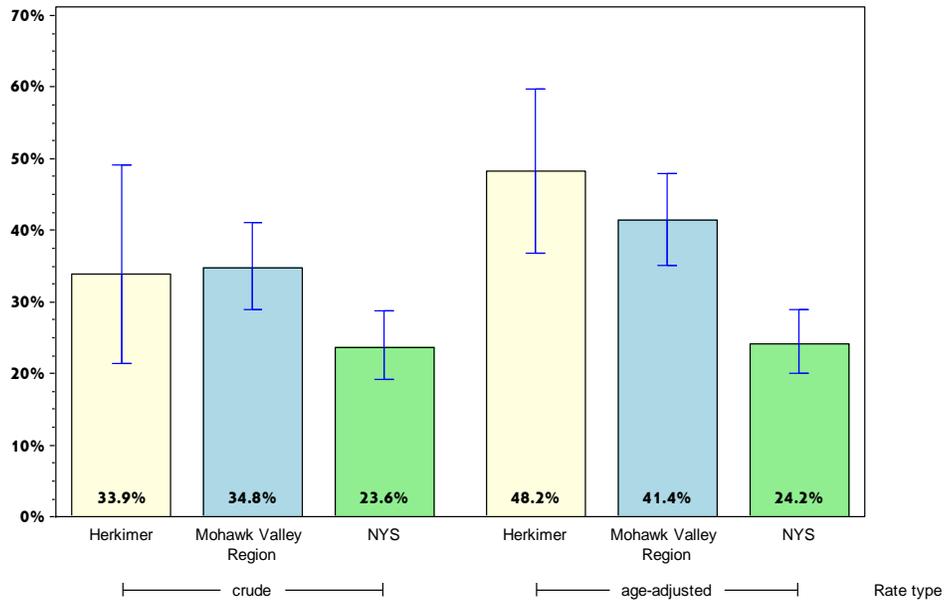
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,454	33.9 [^]	(21.5-49.1)	19,843	34.8	(29.0-41.0)
Age		#			#	
18-24		#			#	
25-34		#		3,104	44.7 [^]	(29.0-61.5)
35-44		#		4,248	66.0 [^]	(48.0-80.3)
45-64	1,657	32.6 [^]	(18.4-51.1)	7,288	36.4	(29.1-44.3)
65+	571	11.3 [^]	(5.5-21.9)	1,892	11.7	(7.6-17.6)
Race						
White, NH	5,275	36.8 [^]	(23.3-52.7)	16,819	34.6	(28.7-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,350	43.7 [^]	(22.5-67.5)	9,513	39.1 [^]	(29.5-49.6)
female	2,103	25.0 [^]	(15.0-38.8)	10,330	31.5	(24.7-39.2)
Age-adjusted^{&}		48.2 [^]	(36.9-59.7)		41.4	(35.2-47.9)

& Percent is age-adjusted to the 2000 United States Population.

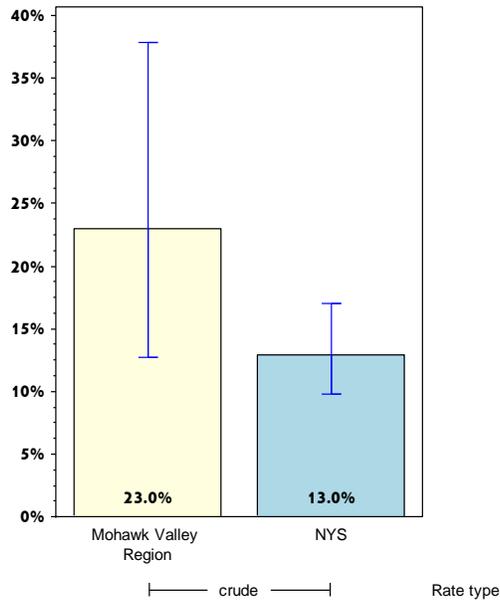
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



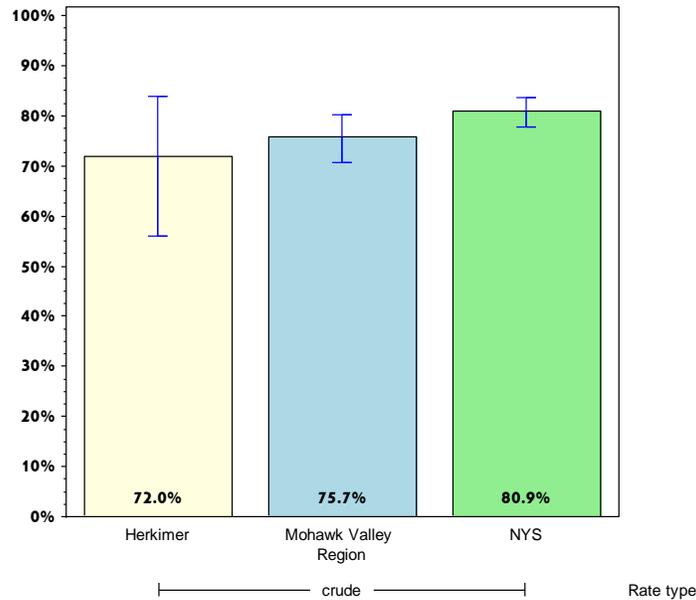
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		5,575	23.0 [^]	(12.8-37.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		5,397	24.9 [^]	(13.6-41.1)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#			#	
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,012	72.0 [^]	(56.0-83.8)	30,177	75.7	(70.6-80.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,459	79.0 [^]	(67.5-87.2)	27,509	78.0	(73.7-81.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	6,012	72.0 [^]	(56.0-83.8)	30,177	75.7	(70.6-80.1)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

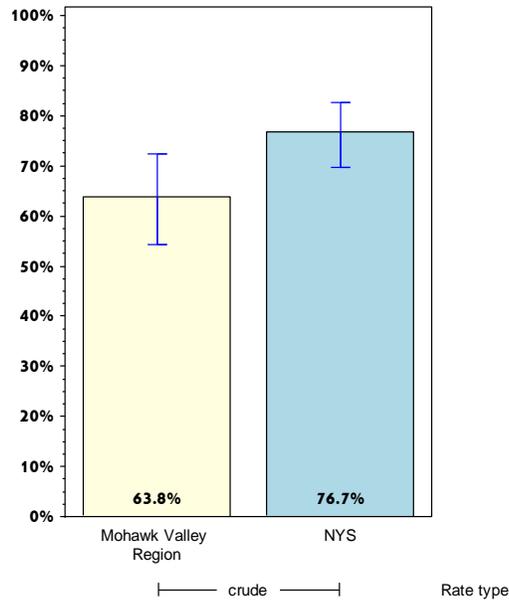
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		7,622	63.8	(54.2-72.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		6,482	66.1	(56.5-74.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		7,622	63.8	(54.2-72.4)
Age-adjusted^{+,&}						

* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

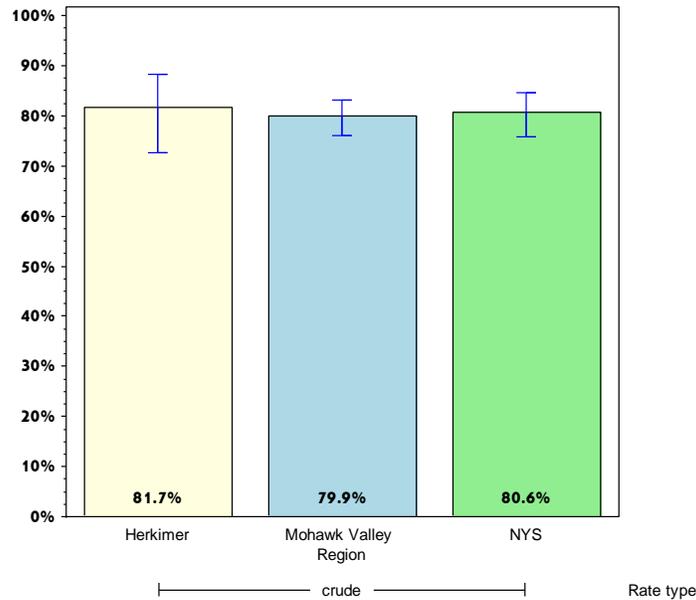
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	14,823	81.7	(72.5-88.4)	58,844	79.9	(76.1-83.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	13,487	81.0	(71.3-88.0)	52,741	80.0	(76.1-83.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	14,823	81.7	(72.5-88.4)	58,844	79.9	(76.1-83.2)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

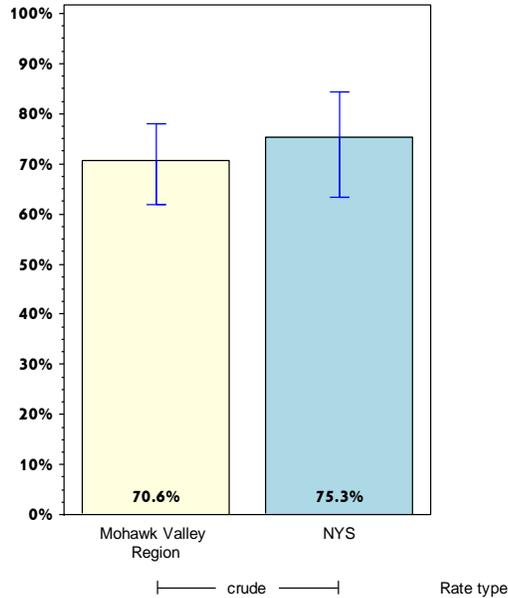
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total		#		14,979	70.6	(61.8-78.1)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH		#		12,453	71.0	(61.8-78.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female		#		14,979	70.6	(61.8-78.1)
Age-adjusted^{+,&}						

* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

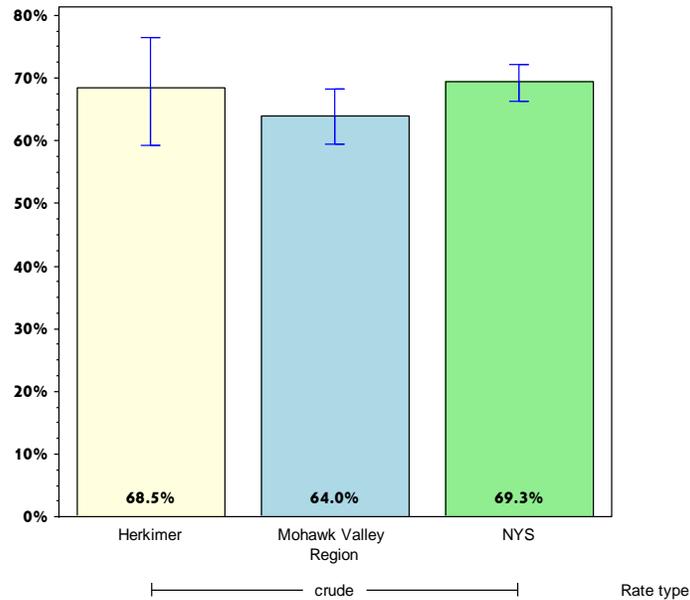
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	12,405	68.5	(59.2-76.5)	50,394	64.0	(59.5-68.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	10,890	69.5	(61.0-76.8)	45,621	66.3	(62.5-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	6,555	69.6 [^]	(57.3-79.6)	24,385	63.8	(56.4-70.5)
female	5,850	67.3 [^]	(52.9-79.1)	26,009	64.2	(58.7-69.3)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

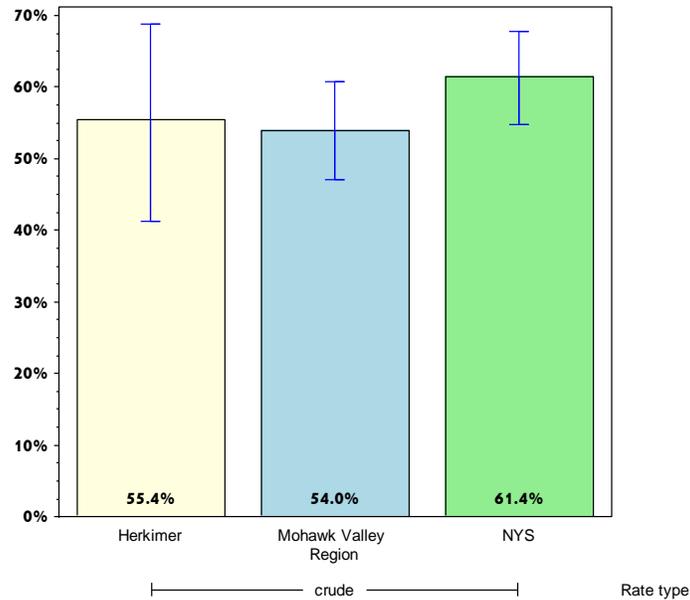
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

HerKimer

Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,410	55.4 [^]	(41.3-68.7)	11,737	54.0	(47.0-60.7)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	2,742	52.8 [^]	(38.7-66.4)	10,335	56.2	(49.1-63.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		5,221	54.4 [^]	(43.8-64.7)
female	1,827	58.3 [^]	(39.5-74.9)	6,516	53.6	(44.5-62.5)
Age-adjusted^{+,&}						

* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

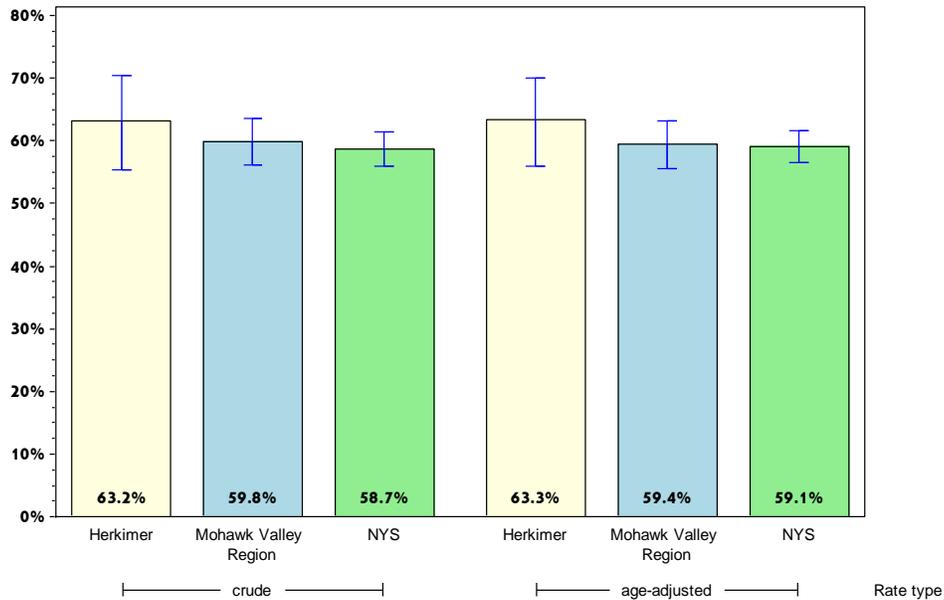
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	26,310	63.2	(55.3-70.4)	105,935	59.8	(56.1-63.5)
Age		#				
18-24		#		7,570	31.3 [^]	(19.1-46.8)
25-34		#		16,024	55.2 [^]	(44.5-65.4)
35-44		#		15,536	60.7 [^]	(50.3-70.2)
45-64	9,805	68.5 [^]	(57.0-78.0)	43,443	68.2	(63.4-72.7)
65+	5,454	67.8 [^]	(56.1-77.7)	22,579	68.3	(63.1-73.0)
Race						
White, NH	23,862	62.3	(54.2-69.7)	94,138	59.8	(56.1-63.5)
Black, NH		#			#	
Hispanic		#		5,108	46.7 [^]	(28.0-66.3)
Other, NH		#			#	
Sex						
male	10,785	52.8 [^]	(41.0-64.3)	46,949	54.9	(48.8-60.9)
female	15,525	73.3	(65.1-80.1)	58,985	64.4	(60.0-68.6)
Age-adjusted^{&}		63.3	(56.0-70.0)		59.4	(55.6-63.2)

& Percent is age-adjusted to the 2000 United States Population.

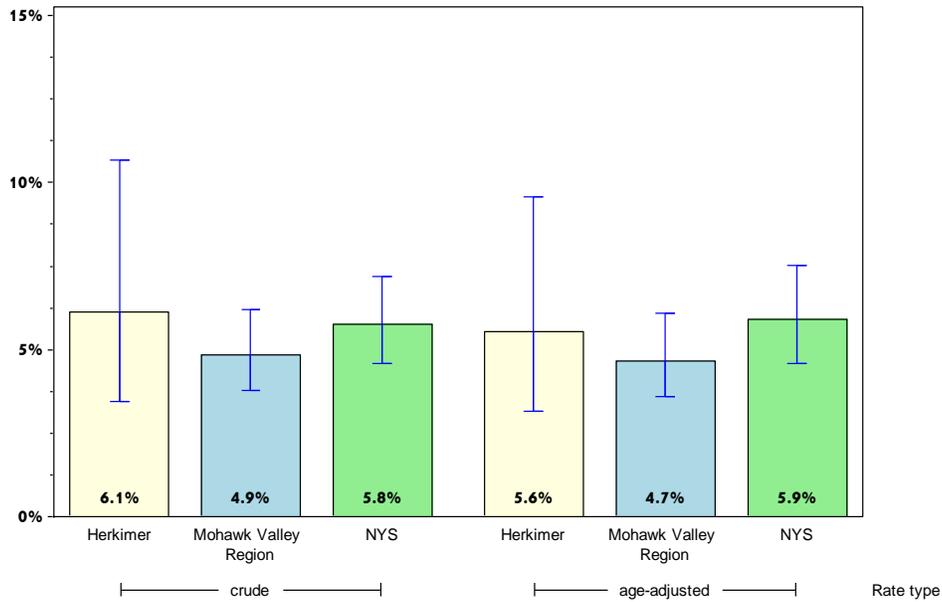
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed prediabetes



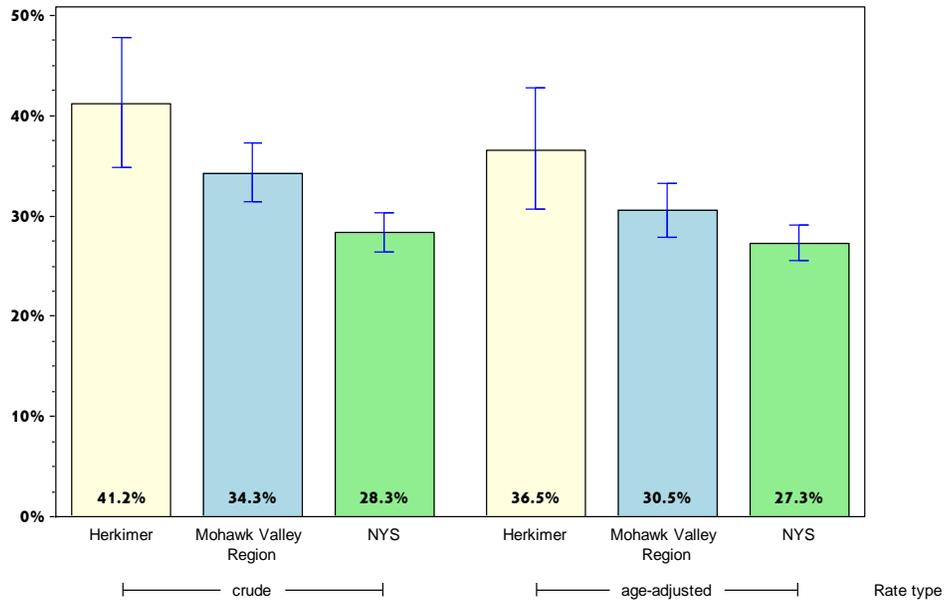
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,532	6.1	(3.5-10.7)	8,690	4.9	(3.8-6.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,152	8.4 [^]	(3.2-20.1)	3,916	6.2	(4.2-9.1)
65+	808	9.9 [^]	(4.7-19.9)	2,933	8.7	(6.3-11.8)
Race						
White, NH	2,532	6.6	(3.7-11.5)	8,433	5.3	(4.1-6.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,623	7.8	(3.5-16.7)	3,986	4.6	(3.0-6.8)
female	909	4.4	(2.2-8.6)	4,704	5.1	(3.8-6.9)
Age-adjusted^{&}		5.6	(3.2-9.6)		4.7	(3.6-6.1)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with physician-diagnosed high blood pressure



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	20,804	41.2	(34.8-47.8)	71,371	34.3	(31.4-37.3)
Age		#			#	
18-24		#			#	
25-34		#		4,214	13.2	(8.2-20.6)
35-44	2,432	33.2 [^]	(17.9-53.0)	6,237	22.1	(15.4-30.8)
45-64	9,362	50.9 [^]	(40.3-61.4)	30,476	40.1	(35.5-44.9)
65+	7,578	65.6	(56.7-73.5)	28,845	62.9	(58.2-67.3)
Race						
White, NH	18,562	40.1	(33.7-46.9)	63,747	34.8	(31.9-37.7)
Black, NH		#			#	
Hispanic		#		3,383	26.7 [^]	(14.8-43.5)
Other, NH		#		3,562	39.7 [^]	(19.3-64.5)
Sex						
male	11,108	45.3 [^]	(35.4-55.6)	35,130	34.8	(30.3-39.6)
female	9,696	37.2	(29.3-45.9)	36,241	33.8	(30.2-37.6)
Age-adjusted^{&}		36.5	(30.6-42.8)		30.5	(27.9-33.3)

& Percent is age-adjusted to the 2000 United States Population.

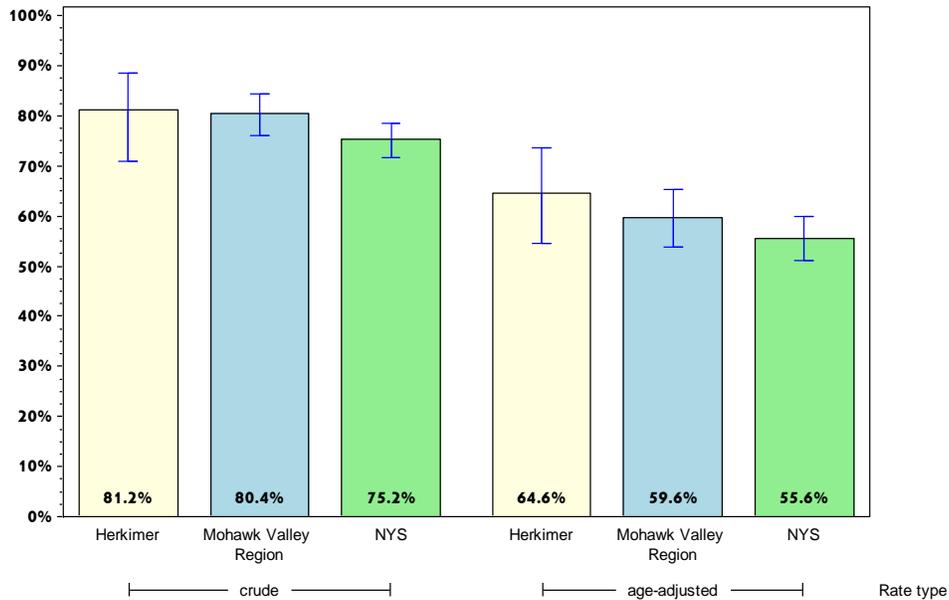
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



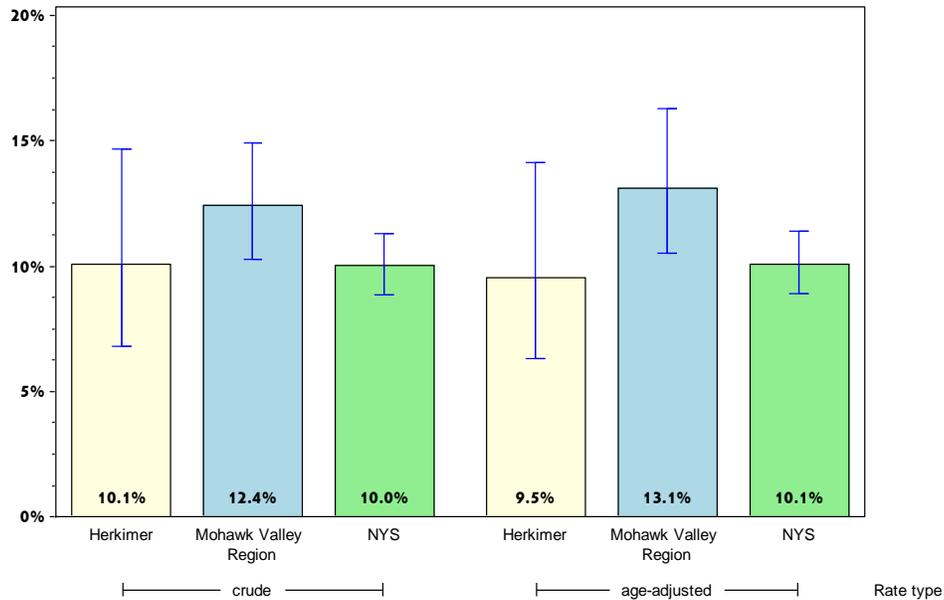
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	16,827	81.2 [^]	(70.8-88.5)	57,303	80.4	(75.9-84.3)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	7,539	80.5 [^]	(63.6-90.7)	24,611	80.8	(74.4-85.8)
65+	7,303	96.8	(90.6-98.9)	26,906	93.6	(90.2-95.8)
Race						
White, NH	15,020	81.3 [^]	(70.6-88.7)	51,214	80.5	(75.8-84.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	8,650	78.3 [^]	(63.2-88.3)	26,829	76.6	(70.1-82.0)
female	8,177	84.6 [^]	(68.3-93.3)	30,474	84.2	(77.4-89.3)
Age-adjusted^{&}		64.6 [^]	(54.5-73.6)		59.6	(53.7-65.3)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults with current asthma*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,091	10.1	(6.8-14.7)	25,680	12.4	(10.3-14.9)
Age		#				
18-24		#		3,091	13.0 [^]	(6.2-25.2)
25-34		#		3,952	12.5	(7.8-19.4)
35-44		#		5,118	18.2 [^]	(10.1-30.4)
45-64	2,830	15.4	(9.0-25.1)	9,161	12.1	(9.5-15.3)
65+	879	7.6	(3.7-15.0)	4,273	9.3	(6.9-12.4)
Race						
White, NH	4,571	9.9	(6.6-14.6)	20,573	11.2	(9.4-13.4)
Black, NH		#			#	
Hispanic		#		3,786	31.9 [^]	(15.4-54.6)
Other, NH		#			#	
Sex						
male	1,738	7.0	(3.2-14.8)	8,771	8.7	(5.8-12.8)
female	3,353	13.0	(8.4-19.5)	16,909	15.9	(13.0-19.3)
Age-adjusted^{&}		9.5	(6.3-14.2)		13.1	(10.5-16.3)

* Physician diagnosed asthma.

& Percent is age-adjusted to the 2000 United States Population.

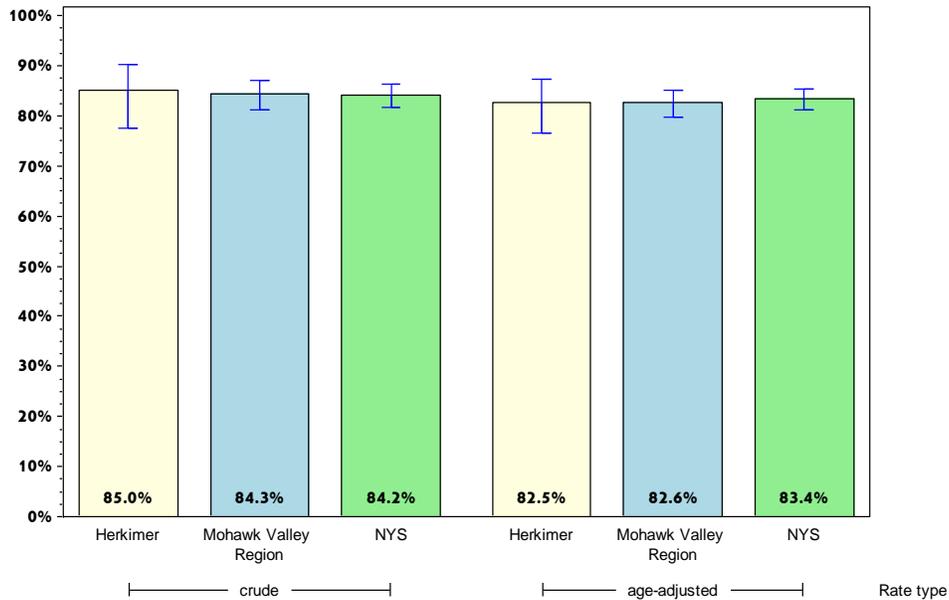
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percent of adults with cholesterol checked*



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	42,489	85.0	(77.6-90.2)	172,485	84.3	(81.1-87.0)
Age						
18-24		#		8,988	37.6 [^]	(24.8-52.4)
25-34		#		22,994	76.0	(68.2-82.3)
35-44		#		24,643	88.7	(82.9-92.7)
45-64	17,436	96.1	(90.9-98.4)	70,539	92.8	(89.6-95.1)
65+	10,955	96.7	(92.3-98.6)	44,081	97.7	(95.9-98.8)
Race						
White, NH	38,410	84.1	(76.1-89.8)	152,925	84.9	(81.5-87.7)
Black, NH		#			#	
Hispanic		#		9,191	74.7 [^]	(56.4-87.1)
Other, NH		#		7,972	88.9 [^]	(75.7-95.3)
Sex						
male	19,470	80.1 [^]	(66.6-89.0)	79,506	80.4	(74.9-85.0)
female	23,019	89.6	(83.0-93.9)	92,979	87.9	(84.6-90.6)
Age-adjusted^{&}		82.5	(76.4-87.3)		82.6	(79.8-85.0)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

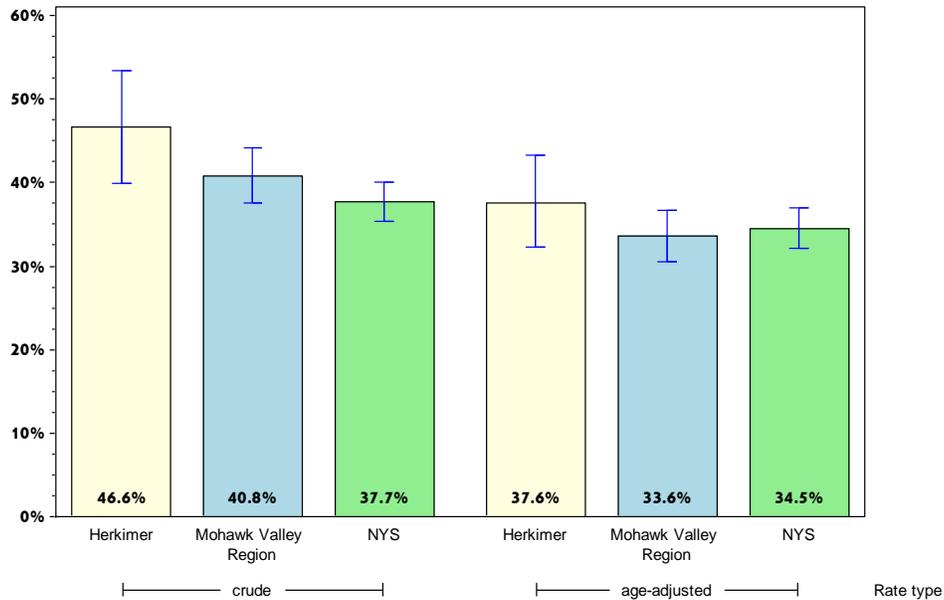
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	19,710	46.6	(39.9-53.4)	69,936	40.8	(37.5-44.1)
Age		#			#	
18-24		#			#	
25-34		#		4,385	19.1 [^]	(11.6-29.9)
35-44		#		6,830	27.7	(19.8-37.3)
45-64	9,865	57.0 [^]	(46.4-67.1)	32,804	47.0	(42.0-52.0)
65+	6,506	59.6	(50.4-68.2)	25,396	57.9	(53.1-62.6)
Race						
White, NH	17,300	45.3	(38.5-52.1)	61,740	40.6	(37.5-43.8)
Black, NH		#			#	
Hispanic		#		4,290	46.7 [^]	(26.7-67.7)
Other, NH		#			#	
Sex						
male	10,008	51.4 [^]	(41.3-61.4)	34,064	43.1	(37.8-48.6)
female	9,703	42.5	(33.7-51.8)	35,873	38.8	(34.8-42.8)
Age-adjusted^{&}		37.6	(32.3-43.3)		33.6	(30.6-36.7)

* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

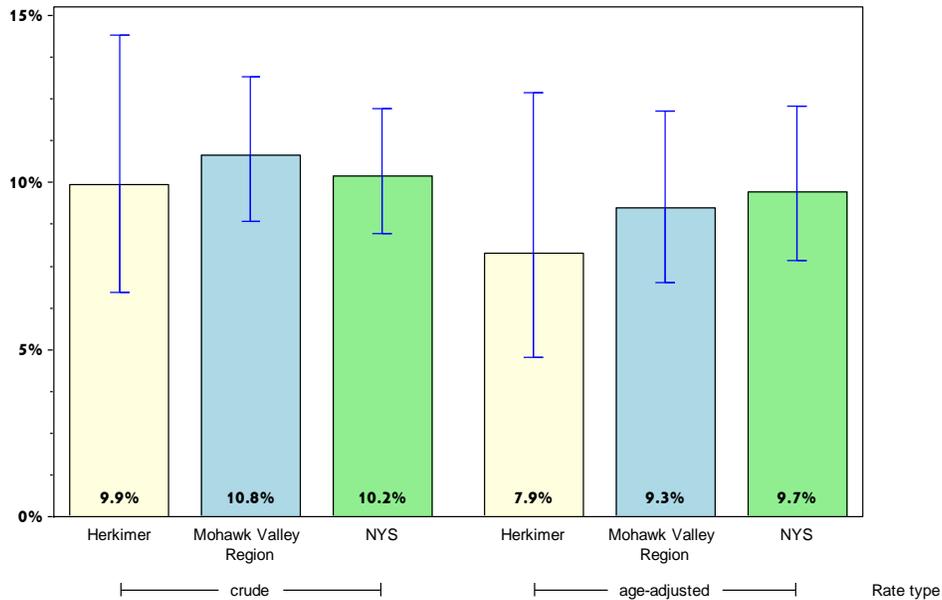
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,994	9.9	(6.7-14.4)	12,472	10.8	(8.8-13.2)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,521	10.9	(6.2-18.5)	5,325	11.1	(8.2-15.0)
65+	997	10.6	(5.8-18.8)	4,606	12.6	(9.6-16.3)
Race						
White, NH	2,784	10.3	(7.0-14.9)	10,903	10.8	(8.8-13.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	1,441	10.1	(5.6-17.5)	5,467	10.2	(7.5-13.8)
female	1,553	9.8	(5.8-16.0)	7,005	11.3	(8.6-14.6)
Age-adjusted^{&}		7.9	(4.8-12.7)		9.3	(7.0-12.1)

* Courses for high blood pressure, arthritis, or diabetes.

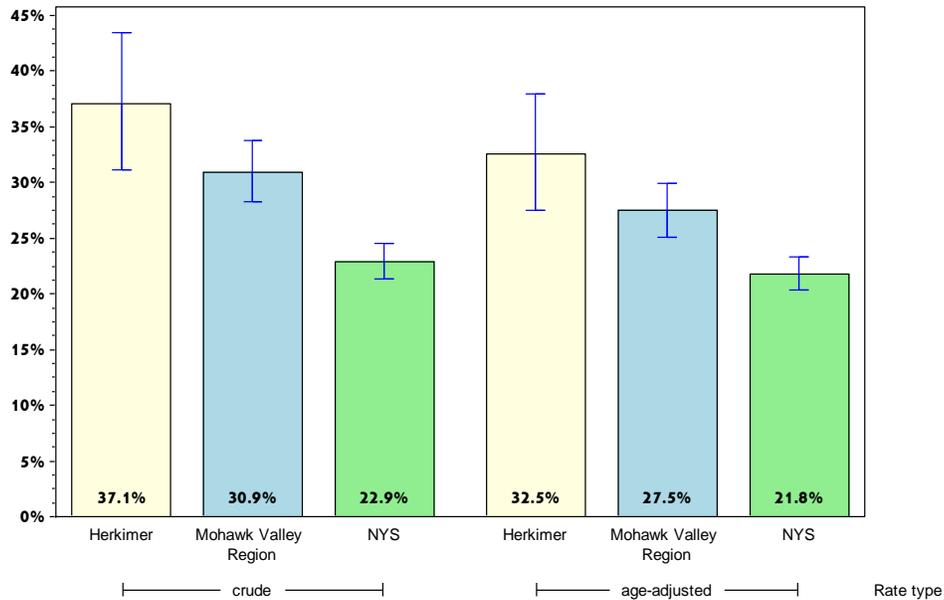
& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Prevent Chronic Diseases

Percentage of adults with arthritis*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,741	37.1	(31.1-43.4)	64,351	30.9	(28.3-33.7)
Age		#			#	
18-24		#			#	
25-34		#		4,328	13.6	(8.7-20.6)
35-44	1,373	18.7 [^]	(9.0-35.0)	5,510	19.6	(13.7-27.0)
45-64	9,019	49.4 [^]	(38.9-59.9)	28,873	37.9	(33.5-42.6)
65+	6,659	57.8	(48.6-66.5)	24,702	53.9	(49.0-58.8)
Race						
White, NH	17,103	36.9	(30.9-43.4)	58,709	31.9	(29.2-34.8)
Black, NH		#			#	
Hispanic		#		3,287	27.3 [^]	(15.1-44.2)
Other, NH		#		1,541	17.4 [^]	(8.3-33.0)
Sex						
male	8,759	35.7	(27.0-45.4)	27,291	27.1	(23.2-31.3)
female	9,982	38.4	(30.6-46.8)	37,061	34.6	(31.1-38.2)
Age-adjusted^{&}		32.5	(27.5-38.0)		27.5	(25.1-29.9)

* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

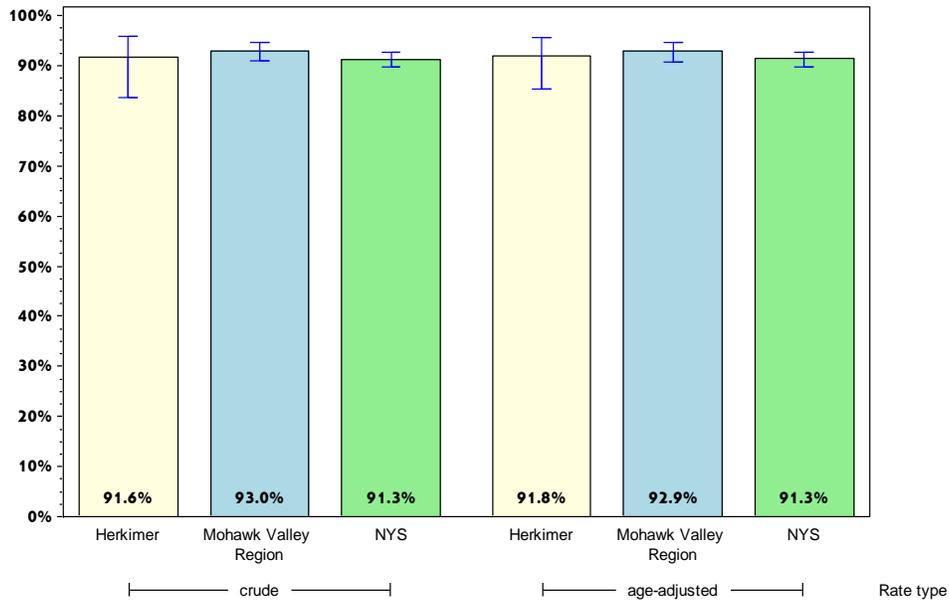
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote a Healthy and Safe Environment

Percentage of adults who consider their neighborhood suitable for walking and physical activity



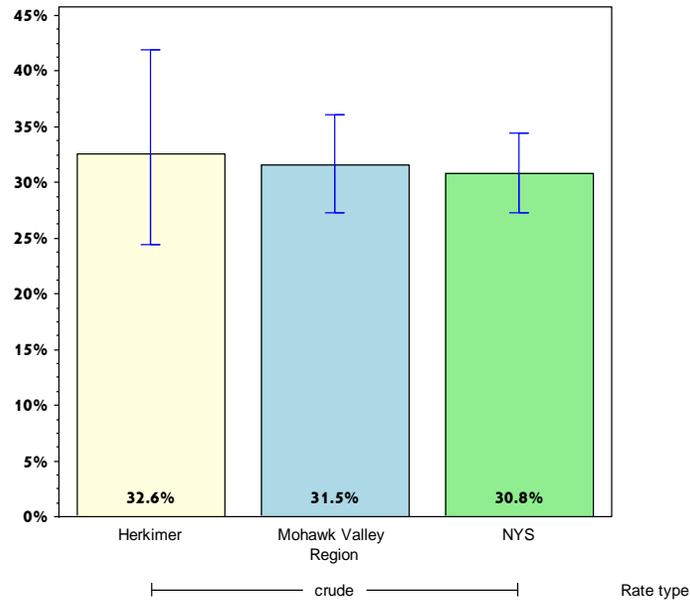
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	44,607	91.6	(83.7-95.9)	183,338	93.0	(90.9-94.6)
Age		#				
18-24		#		19,425	87.4 [^]	(70.4-95.3)
25-34		#		28,290	91.3	(86.1-94.7)
35-44		#		24,515	95.2	(90.6-97.6)
45-64	16,588	93.2	(85.5-97.0)	68,724	93.4	(90.8-95.3)
65+	10,372	95.1	(89.6-97.7)	41,118	94.8	(92.7-96.4)
Race						
White, NH	40,288	90.8	(82.3-95.5)	162,230	93.0	(90.8-94.7)
Black, NH		#			#	
Hispanic		#		10,248	89.2 [^]	(74.3-95.9)
Other, NH		#		7,643	94.2	(84.8-98.0)
Sex						
male	21,466	91.0 [^]	(72.7-97.4)	89,870	93.2	(89.2-95.8)
female	23,141	92.2	(86.6-95.6)	93,467	92.7	(90.7-94.3)
Age-adjusted^{&}		91.8	(85.4-95.5)		92.9	(90.6-94.6)

& Percent is age-adjusted to the 2000 United States Population.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	3,592	32.6	(24.4-42.0)	13,908	31.5	(27.3-36.1)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	3,549	33.6	(25.3-43.1)	13,643	33.7	(29.4-38.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	2,143	41.7 [^]	(28.3-56.5)	6,493	31.5	(24.6-39.3)
female	1,449	24.6 [^]	(16.2-35.6)	7,415	31.6	(26.7-36.9)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

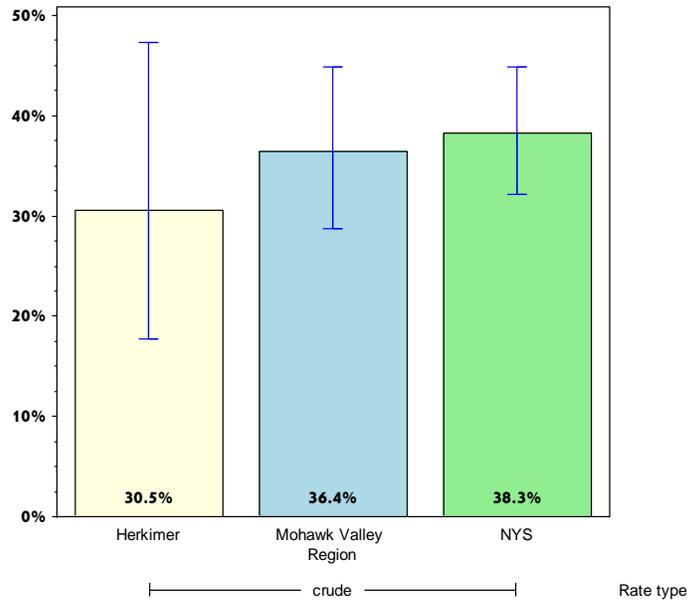
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

HerKimer

Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	1,091	30.5 [^]	(17.7-47.3)	5,044	36.4	(28.7-44.9)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	1,091	30.9 [^]	(17.9-47.8)	4,935	36.3	(28.5-44.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		2,413	37.4 [^]	(24.9-51.8)
female		#		2,632	35.6	(26.9-45.3)
Age-adjusted^{+,&}						

* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

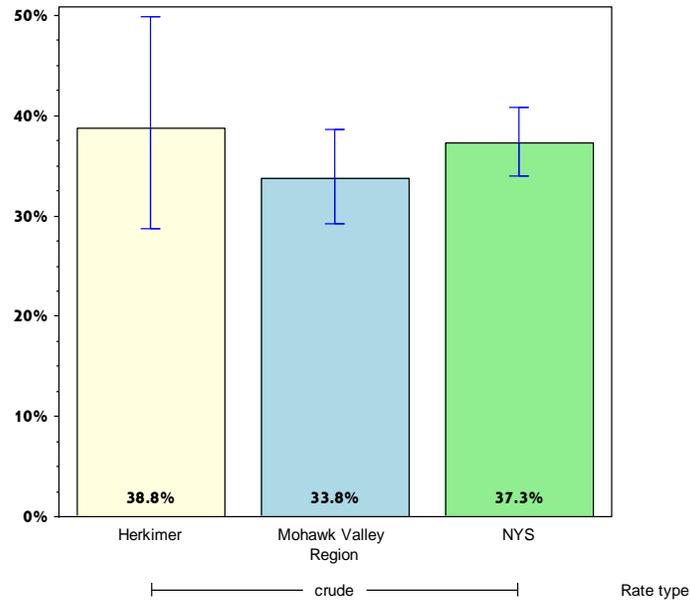
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,191	38.8 [^]	(28.7-49.9)	24,095	33.8	(29.3-38.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,591	39.3 [^]	(29.1-50.6)	21,229	34.4	(30.1-38.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,292	35.8 [^]	(21.8-52.6)	12,842	36.2	(28.9-44.2)
female	2,899	42.8 [^]	(30.0-56.7)	11,253	31.4	(26.2-37.1)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

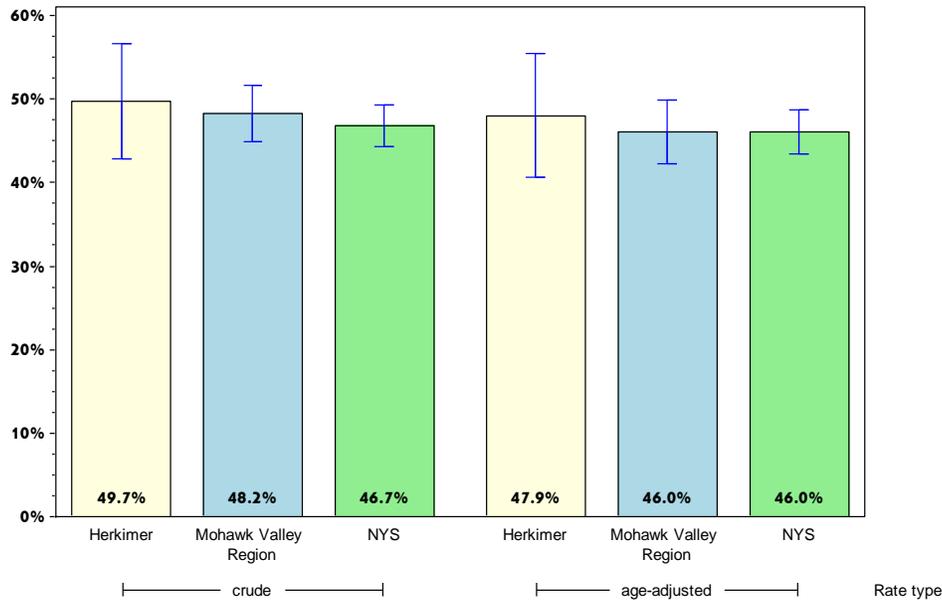
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	24,282	49.7	(42.8-56.6)	95,697	48.2	(44.8-51.6)
Age						
18-24	#	#		8,112	37.2 [^]	(23.5-53.3)
25-34	#	#		12,248	39.5 [^]	(30.2-49.6)
35-44	#	#		10,337	39.7	(30.7-49.5)
45-64	8,206	46.3 [^]	(35.9-57.1)	33,478	45.3	(40.5-50.2)
65+	7,690	69.1	(59.9-77.0)	30,607	69.0	(63.8-73.8)
Race						
White, NH	22,834	51.1	(44.0-58.1)	86,474	49.2	(45.8-52.6)
Black, NH	#	#		#	#	
Hispanic	#	#		5,931	52.2 [^]	(33.2-70.6)
Other, NH	#	#		1,646	20.2 [^]	(9.4-38.3)
Sex						
male	10,827	45.5 [^]	(35.0-56.4)	40,862	42.2	(37.0-47.6)
female	13,454	53.7	(44.6-62.5)	54,834	53.9	(49.8-58.0)
Age-adjusted^{&}		47.9	(40.6-55.4)		46.0	(42.3-49.8)

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

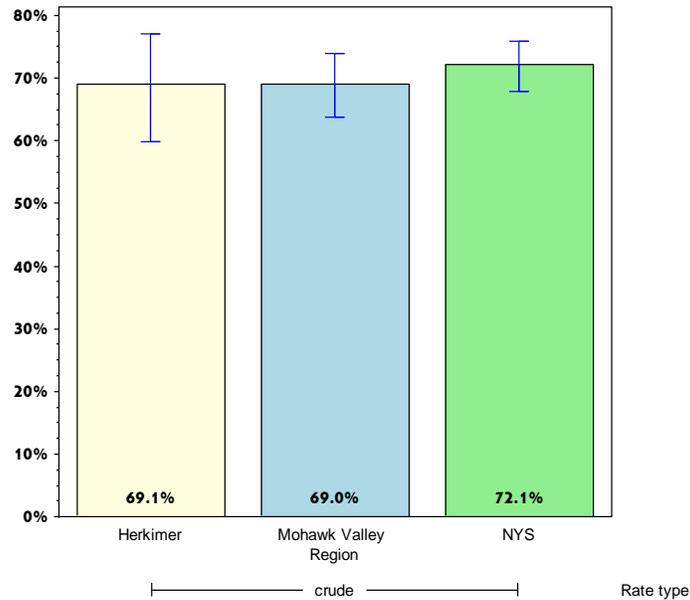
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total Age⁺	7,690	69.1	(59.9-77.0)	30,607	69.0	(63.8-73.8)
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,438	69.7	(60.6-77.6)	28,875	71.0	(66.7-74.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,480	67.2 [^]	(52.6-79.1)	13,326	64.3	(55.0-72.7)
female	4,211	70.8 [^]	(58.5-80.6)	17,281	73.2	(68.0-77.8)
Age-adjusted^{+,&}						

* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

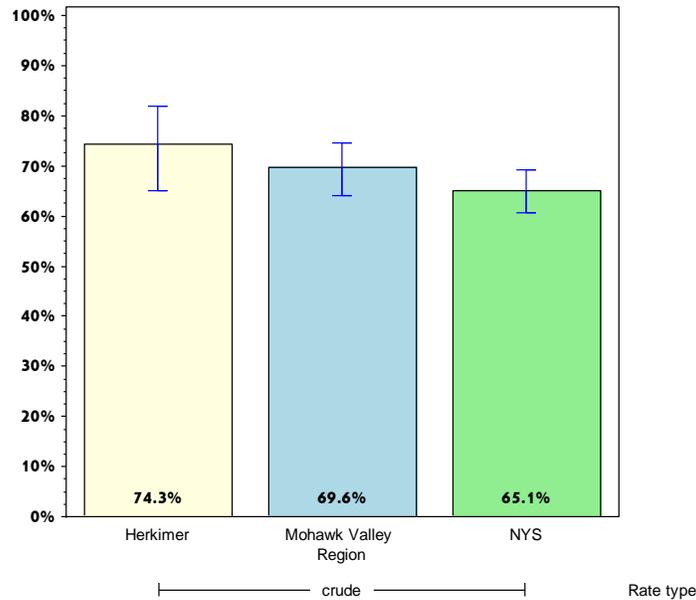
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with pneumococcal immunization



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,136	74.3	(64.9-81.8)	30,090	69.6	(64.2-74.5)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,884	75.2	(66.0-82.5)	28,484	71.6	(67.2-75.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	3,739	72.5 [^]	(57.4-83.7)	12,646	62.5	(53.1-71.1)
female	4,397	75.9 [^]	(63.6-85.0)	17,444	75.7	(70.5-80.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

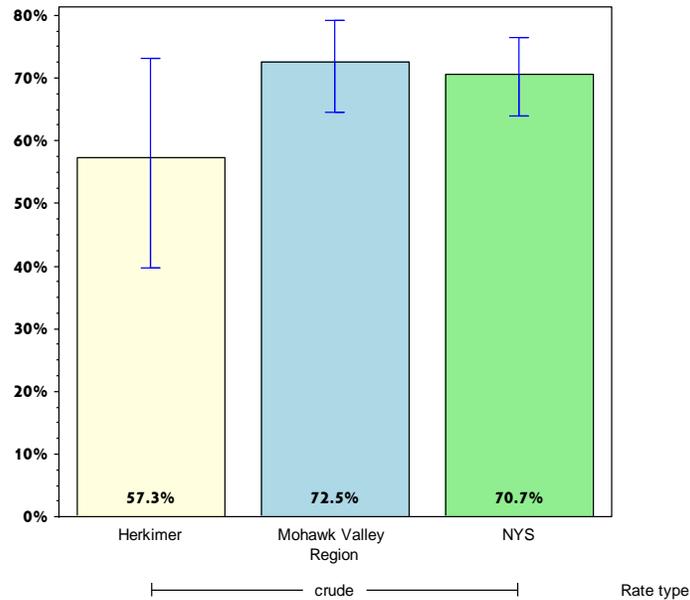
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,921	57.3 [^]	(39.8-73.1)	28,581	72.5	(64.5-79.2)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	5,535	59.2 [^]	(40.8-75.4)	25,670	73.8	(65.6-80.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,921	57.3 [^]	(39.8-73.1)	28,581	72.5	(64.5-79.2)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

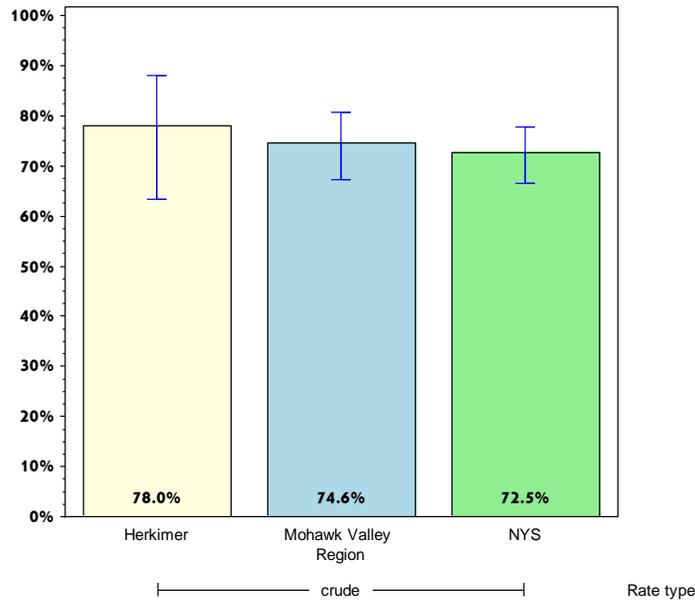
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



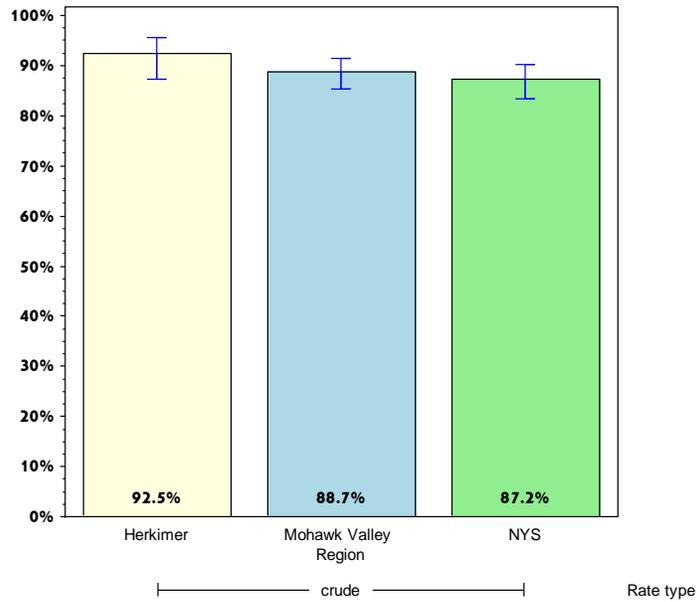
	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	8,797	78.0 [^]	(63.3-88.0)	32,547	74.6	(67.3-80.7)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	7,805	75.9 [^]	(60.3-86.8)	28,057	72.6	(64.7-79.3)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	8,797	78.0 [^]	(63.3-88.0)	32,547	74.6	(67.3-80.7)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-64 years with health care coverage



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	18,187	92.5	(87.3-95.7)	72,708	88.7	(85.3-91.4)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	16,170	91.6	(85.9-95.2)	65,234	89.6	(86.0-92.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	18,187	92.5	(87.3-95.7)	72,708	88.7	(85.3-91.4)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

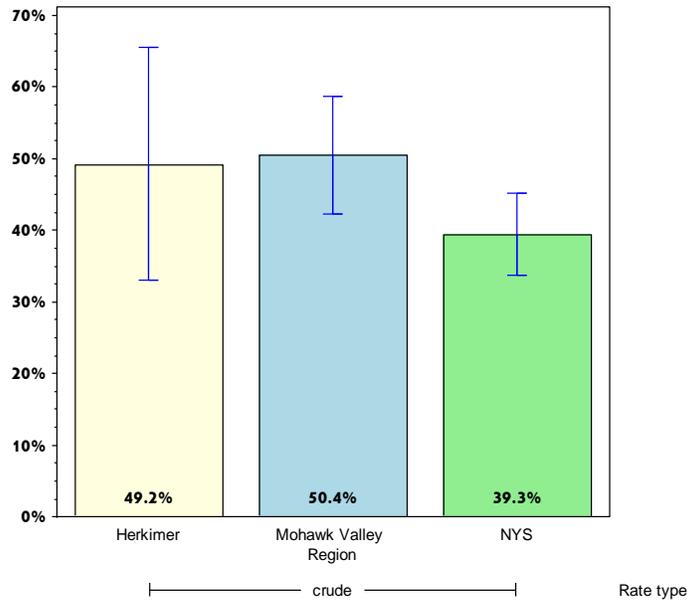
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

Herkimer

Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	5,107	49.2 [^]	(33.0-65.5)	19,970	50.4	(42.2-58.6)
Age⁺						
18-24						
25-34						
35-44						
45-64						
65+						
Race						
White, NH	4,276	45.5 [^]	(29.0-63.0)	17,541	50.2	(41.6-58.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#			#	
female	5,107	49.2 [^]	(33.0-65.5)	19,970	50.4	(42.2-58.6)
Age-adjusted^{+,&}						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

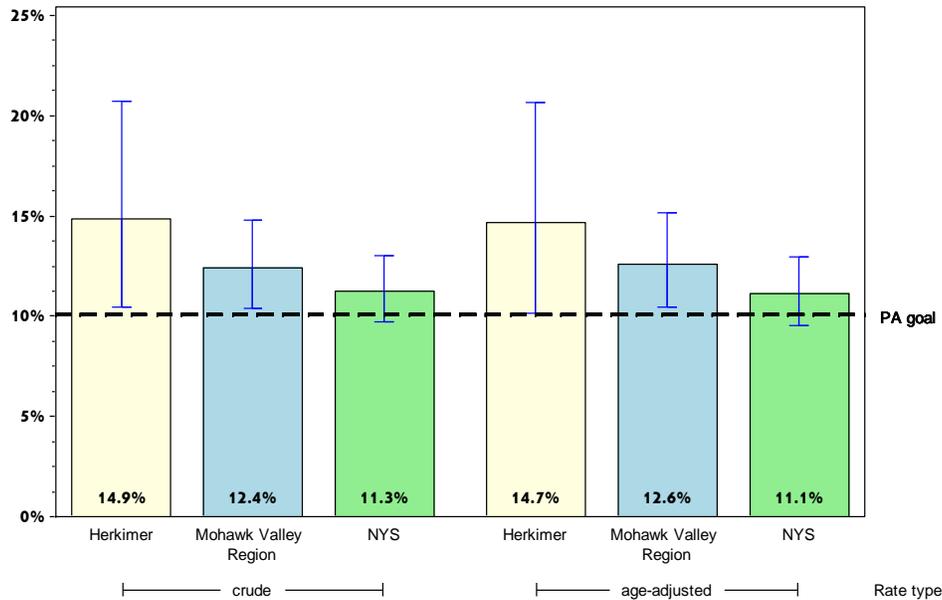
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	7,391	14.9	(10.5-20.7)	25,228	12.4	(10.4-14.8)
Age		#				
18-24		#		3,129	13.4 [^]	(6.6-25.3)
25-34		#		4,401	13.9	(8.9-21.2)
35-44		#		3,323	12.0	(7.5-18.7)
45-64	3,820	21.3 [^]	(13.1-32.8)	11,249	15.1	(11.6-19.4)
65+	869	7.9	(4.5-13.3)	3,115	7.1	(5.3-9.3)
Race						
White, NH	5,622	12.4	(8.6-17.5)	19,994	11.1	(9.2-13.4)
Black, NH		#			#	
Hispanic		#		2,924	25.2 [^]	(12.2-44.8)
Other, NH		#		1,611	18.0 [^]	(7.6-36.9)
Sex						
male	3,409	14.1	(8.4-22.7)	10,364	10.5	(7.9-13.8)
female	3,981	15.6	(9.6-24.3)	14,864	14.2	(11.3-17.8)
Age-adjusted^{&}		14.7	(10.2-20.7)		12.6	(10.4-15.2)

& Percent is age-adjusted to the 2000 United States Population.

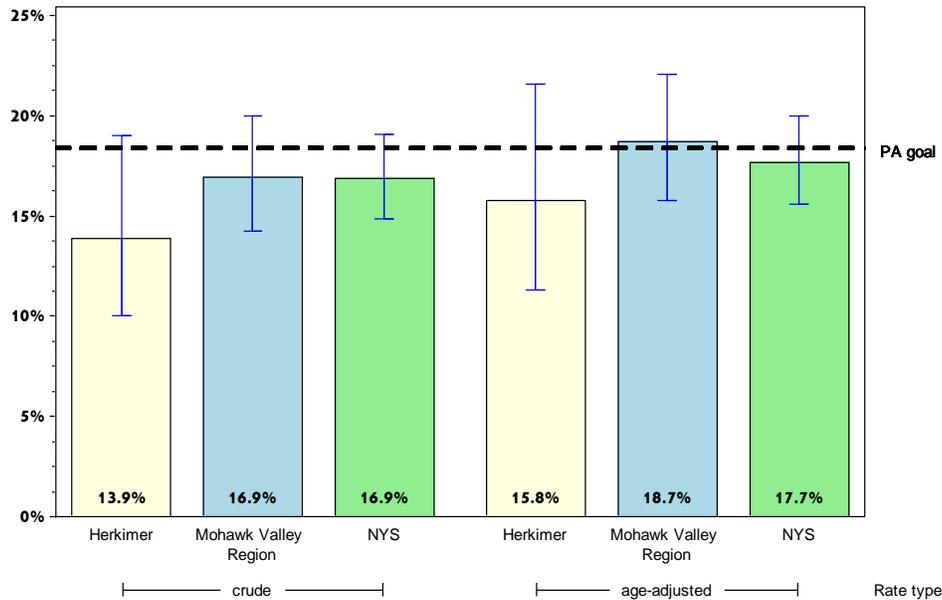
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month*



Herkimer County

Mohawk Valley

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	6,838	13.9	(10.0-19.0)	33,798	16.9	(14.2-20.0)
Age		#				
18-24		#		7,077	29.2 [^]	(18.0-43.7)
25-34		#		9,514	30.1 [^]	(20.7-41.4)
35-44		#		5,720	21.9	(15.6-29.9)
45-64	1,927	10.9	(6.0-18.9)	9,475	13.1	(10.3-16.4)
65+	844	7.8	(3.5-16.1)	2,002	4.6	(2.8-7.2)
Race						
White, NH	6,759	15.1	(10.8-20.6)	32,077	18.2	(15.2-21.5)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male	4,757	20.2	(13.4-29.2)	21,816	22.5	(17.9-27.8)
female	2,081	8.1	(4.7-13.7)	11,982	11.7	(9.0-15.0)
Age-adjusted^{&}		15.8	(11.3-21.6)		18.7	(15.8-22.1)

* Men who have five or more drinks, women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

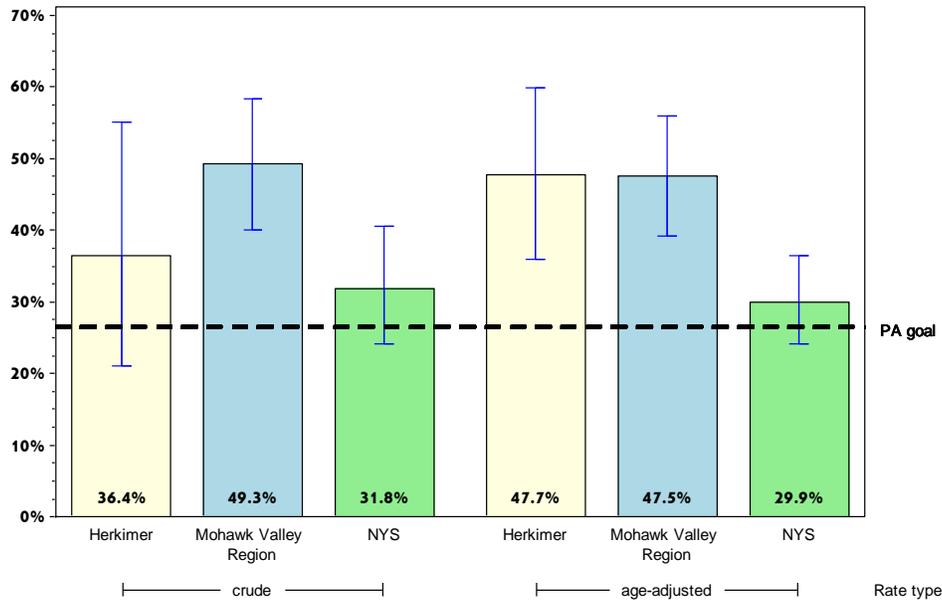
Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).

Herkimer

Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Herkimer County			Mohawk Valley		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
Total	2,626	36.4 [^]	(21.0-55.1)	11,899	49.3	(40.1-58.4)
Age		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		5,940	53.3 [^]	(38.9-67.2)
65+		#			#	
Race						
White, NH	2,373	43.5 [^]	(26.0-62.8)	9,319	49.2	(40.0-58.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
Sex						
male		#		4,770	46.4 [^]	(32.6-60.7)
female		#		7,129	51.4 [^]	(39.5-63.1)
Age-adjusted^{&}		47.7 [^]	(35.9-59.8)		47.5	(39.2-56.0)

& Percent is age-adjusted to the 2000 United States Population.

Rates with <10 in the numerator or <50 in the denominator are suppressed.

[^] Highly variable rate (confidence interval with a half-width greater than 10).