

# eBRFSS 2013-2014 Health Indicators: Mid-Hudson

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## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

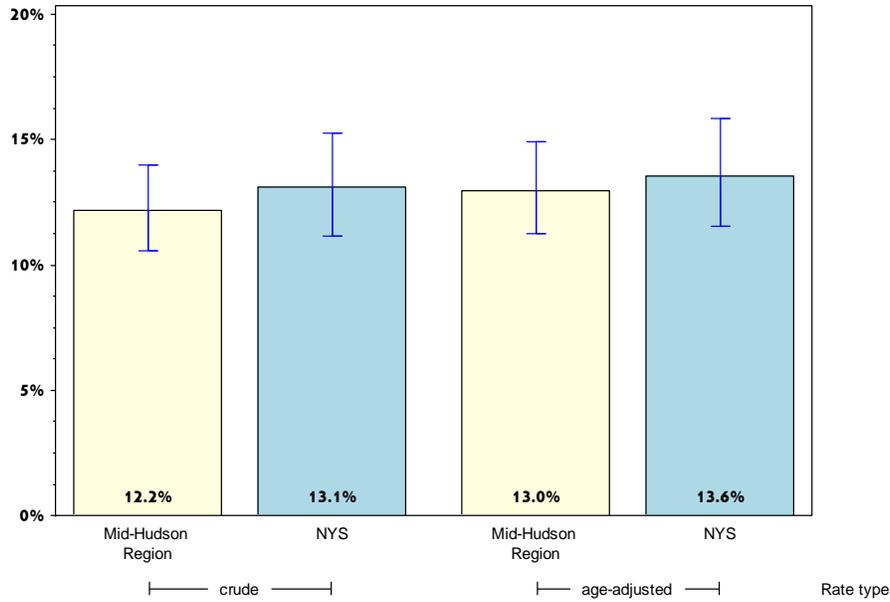
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	213,559	12.2	10.6	14.0	1,994,210	13.1	11.2	15.3
<b>Age</b>								
18-24	24,867	11.5	7.1	18.1	281,654	14.1 <sup>^</sup>	7.5	25.1
25-34	61,074	24.2	18.8	30.5	537,866	19.7	14.2	26.6
35-44	39,130	13.1	9.3	18.1	423,154	17.0	12.3	23.0
45-64	77,812	12.4	9.9	15.4	596,074	11.9	9.8	14.3
65+	9,983	3.0	1.9	4.7	139,733	5.1	3.0	8.4
<b>Race</b>								
White, NH	103,329	8.6	7.2	10.4	959,531	10.5	8.7	12.7
Black, NH	26,096	18.1	11.5	27.3	335,184	15.5	10.0	23.4
Hispanic	66,211	24.8	19.6	30.8	465,114	18.4	14.5	23.0
Other, NH	17,924	12.2 <sup>^</sup>	6.3	22.5	234,381	16.3 <sup>^</sup>	7.3	32.6
<b>Sex</b>								
Male	96,035	11.3	9.2	13.8	890,677	12.3	9.6	15.5
Female	117,524	13.0	10.7	15.7	1,103,533	13.8	11.2	16.9
<b>Age-adjusted<sup>&amp;</sup></b>		13.0	11.3	14.9		13.6	11.6	15.8

\* Among people needing to see a doctor in the past 12 months

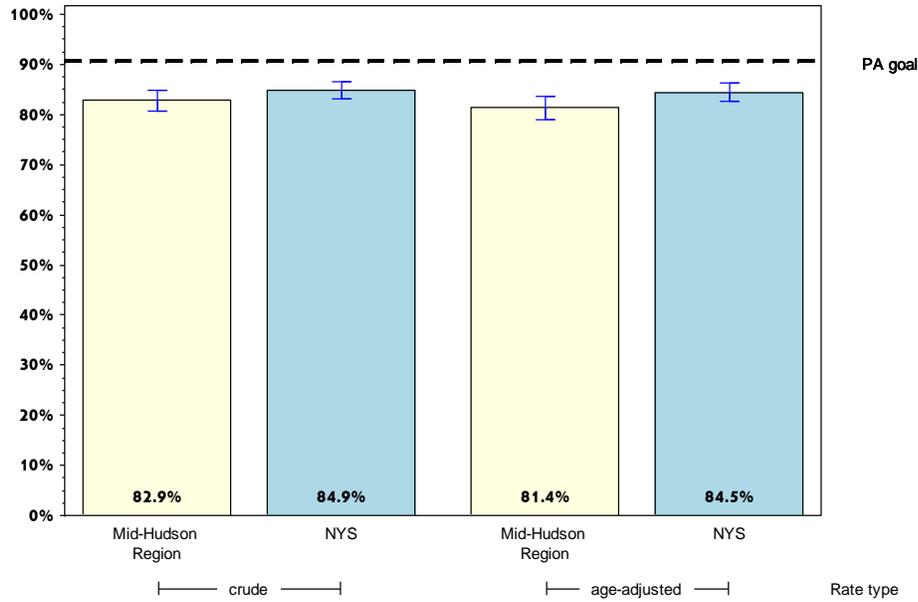
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults who have a regular health care provider



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,451,055	82.9	80.7	84.8	12,905,860	84.9	83.1	86.6
<b>Age</b>								
18-24	152,841	71.5 <sup>^</sup>	61.4	79.9	1,486,954	76.3	69.8	81.8
25-34	165,892	65.9	59.4	71.9	1,983,479	72.3	66.1	77.7
35-44	241,482	80.1	74.3	84.9	2,091,488	84.7	79.6	88.7
45-64	551,367	88.0	84.6	90.7	4,450,345	88.6	85.5	91.1
65+	316,008	95.3	93.1	96.8	2,640,269	96.0	94.7	97.1
<b>Race</b>								
White, NH	1,040,292	87.1	85.0	88.9	7,996,007	88.0	86.6	89.3
Black, NH	115,973	80.8 <sup>^</sup>	69.9	88.4	1,926,090	89.0	83.6	92.7
Hispanic	170,342	64.2	57.6	70.3	1,725,153	68.6	61.2	75.1
Other, NH	124,448	84.5 <sup>^</sup>	72.0	92.0	1,258,610	87.9	79.9	93.0
<b>Sex</b>								
Male	644,852	76.2	72.7	79.4	5,804,831	80.1	77.1	82.8
Female	806,202	89.1	86.6	91.2	7,101,029	89.3	87.0	91.3
<b>Age-adjusted<sup>&amp;</sup></b>		81.4	79.0	83.5		84.5	82.5	86.2

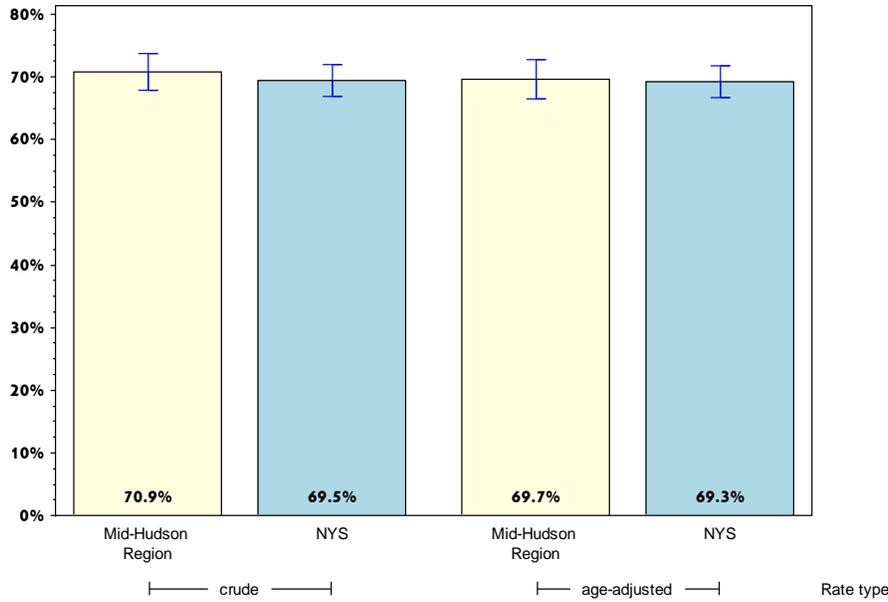
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,139,691	70.9	67.9	73.7	9,774,786	69.5	66.9	72.0
<b>Age</b>								
18-24	131,816	67.8 <sup>^</sup>	52.3	80.1	1,100,494	62.2 <sup>^</sup>	51.0	72.2
25-34	136,576	60.4	52.4	67.8	1,624,123	65.1	57.7	71.8
35-44	183,147	67.0	59.6	73.7	1,687,707	71.9	65.2	77.8
45-64	443,396	76.3	72.7	79.6	3,421,923	72.6	69.3	75.7
65+	226,410	72.9	68.0	77.4	1,743,883	69.8	66.0	73.4
<b>Race</b>								
White, NH	823,255	73.9	70.4	77.1	6,152,109	72.4	70.1	74.6
Black, NH	87,005	71.4 <sup>^</sup>	60.9	80.0	1,309,282	66.6	57.4	74.7
Hispanic	148,094	61.7	54.5	68.4	1,435,933	62.9	55.3	70.0
Other, NH	81,338	61.4 <sup>^</sup>	46.7	74.2	877,462	66.5 <sup>^</sup>	52.1	78.4
<b>Sex</b>								
Male	535,676	67.9	64.1	71.4	4,591,800	67.3	63.4	71.1
Female	604,015	73.7	68.9	78.0	5,182,986	71.6	68.1	74.8
<b>Age-adjusted<sup>&amp;</sup></b>		69.7	66.5	72.7		69.3	66.6	71.8

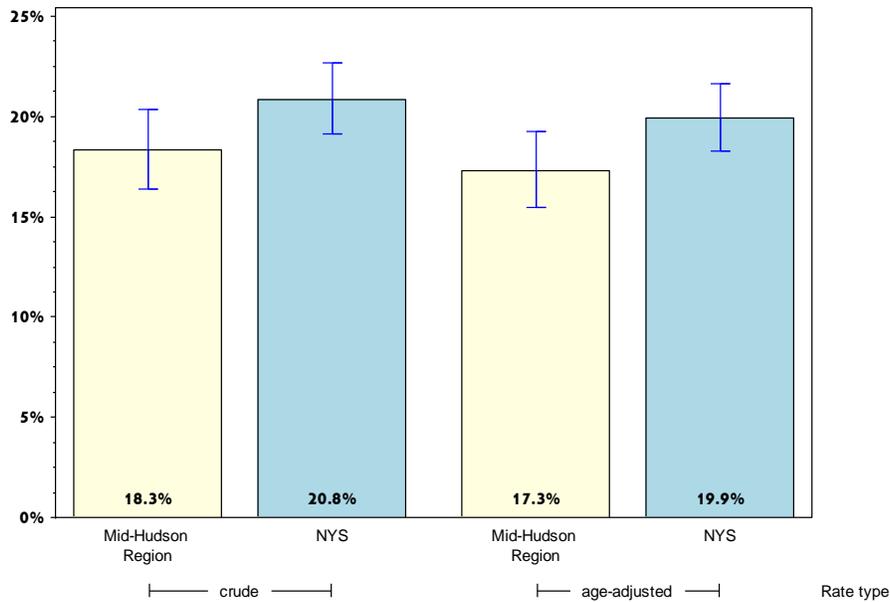
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	316,204	18.3	16.4	20.4	3,111,131	20.8	19.1	22.7
<b>Age</b>								
18-24	20,509	9.8 <sup>^</sup>	4.5	20.4	119,872	6.1	4.3	8.5
25-34	26,979	10.9	8.0	14.8	426,647	16.0	10.8	23.2
35-44	31,573	10.6	7.3	15.1	294,471	12.2	9.7	15.3
45-64	115,741	18.7	16.0	21.7	1,195,176	24.2	21.6	27.1
65+	118,713	35.9	30.8	41.4	989,611	36.8	33.1	40.6
<b>Race</b>								
White, NH	236,848	20.1	17.8	22.6	2,187,495	24.4	22.4	26.6
Black, NH	34,013	24.6 <sup>^</sup>	16.3	35.2	332,469	15.8	11.9	20.7
Hispanic	33,088	12.5	9.4	16.6	420,342	17.0	12.7	22.5
Other, NH	12,256	8.4 <sup>^</sup>	3.4	18.9	170,824	12.3	7.7	19.1
<b>Sex</b>								
Male	148,029	17.7	14.9	20.8	1,349,486	18.9	16.3	21.9
Female	168,176	18.9	16.3	21.7	1,761,645	22.6	20.4	24.9
<b>Age-adjusted<sup>&amp;</sup></b>		17.3	15.5	19.3		19.9	18.3	21.6

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

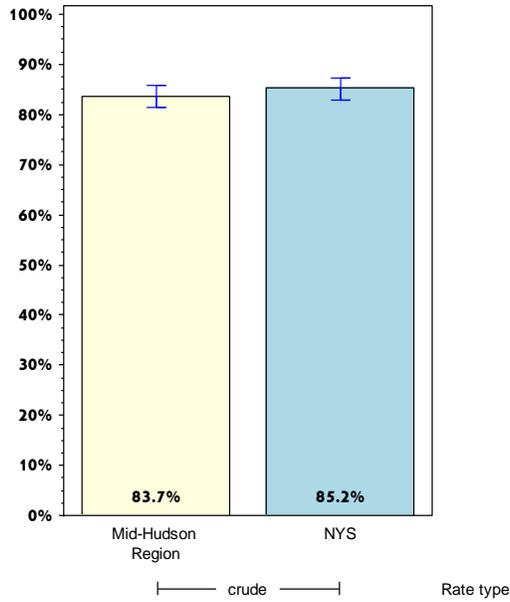
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years with healthcare coverage



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,163,325	83.7	81.3	85.8	10,275,389	85.2	82.8	87.3
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	824,649	91.2	89.0	93.0	6,192,415	90.1	88.8	91.3
Black, NH	96,166	80.2	70.4	87.3	1,606,586	87.9	82.0	92.1
Hispanic	144,031	57.3	50.2	64.1	1,626,540	73.2	66.2	79.2
Other, NH	98,479	85.7 <sup>^</sup>	72.5	93.2	849,849	74.5 <sup>^</sup>	56.8	86.6
<b>Sex</b>								
Male	537,373	79.5	75.9	82.8	4,924,290	83.2	79.9	86.0
Female	625,952	87.6	84.3	90.3	5,351,099	87.2	83.4	90.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

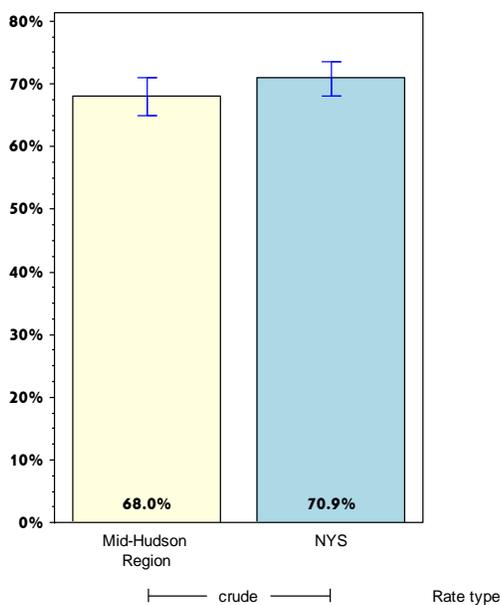
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	946,537	68.0	65.0	70.9	8,622,736	70.9	68.1	73.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	633,497	69.9	66.5	73.1	4,721,851	68.7	65.8	71.4
Black, NH	86,583	72.1 <sup>^</sup>	59.9	81.8	1,477,782	80.8	73.1	86.6
Hispanic	155,522	62.6	55.4	69.2	1,583,308	71.1	63.6	77.6
Other, NH	70,935	60.8 <sup>^</sup>	45.1	74.5	839,795	68.4 <sup>^</sup>	53.1	80.5
<b>Sex</b>								
Male	416,747	61.6	57.2	65.8	3,938,722	65.6	61.4	69.6
Female	529,790	74.1	69.9	77.9	4,684,014	76.0	72.3	79.4
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

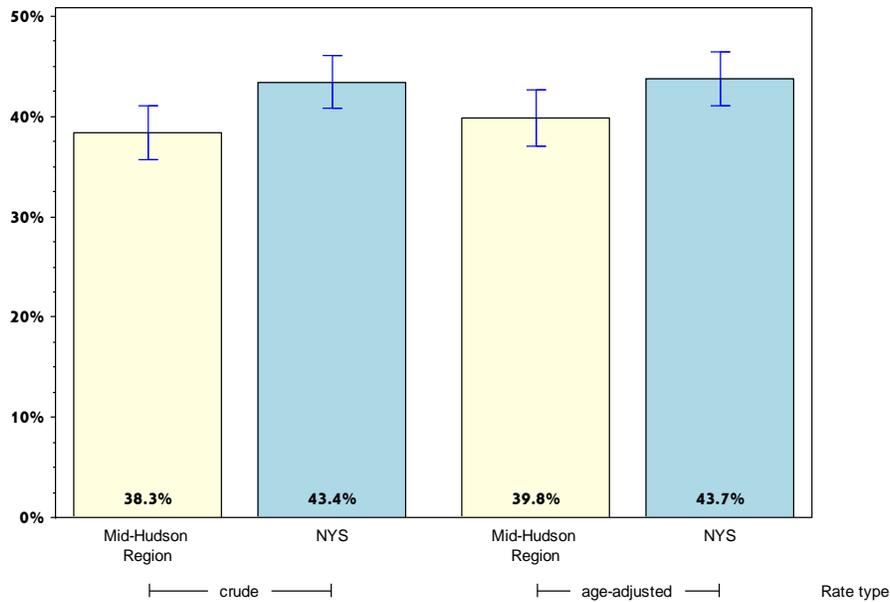
+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	602,090	38.3	35.7	41.1	5,967,540	43.4	40.8	46.1
<b>Age</b>								
18-24	47,801	27.1 <sup>^</sup>	18.1	38.6	487,620	30.7 <sup>^</sup>	21.3	42.0
25-34	120,409	53.6	46.0	61.0	1,403,277	57.7	50.8	64.3
35-44	138,372	51.7	44.2	59.1	1,180,494	50.7	43.4	57.9
45-64	228,594	39.5	35.6	43.5	2,100,265	44.9	41.4	48.4
65+	60,912	20.1	16.7	23.9	688,870	27.8	23.8	32.1
<b>Race</b>								
White, NH	356,007	32.7	29.9	35.6	3,030,019	36.7	34.3	39.2
Black, NH	65,977	55.1 <sup>^</sup>	44.2	65.5	1,078,432	55.5	46.2	64.3
Hispanic	140,652	58.4	51.5	64.9	1,268,822	57.3	49.7	64.6
Other, NH	39,454	32.6 <sup>^</sup>	21.6	45.8	590,266	44.6 <sup>^</sup>	31.2	58.9
<b>Sex</b>								
Male	269,919	35.7	32.0	39.6	2,630,128	40.1	36.1	44.2
Female	332,171	40.8	36.9	44.8	3,337,412	46.5	43.0	50.0
<b>Age-adjusted<sup>&amp;</sup></b>		39.8	37.1	42.7		43.7	41.0	46.5

\* Worried or stressed about having enough money to pay for rent or mortgage.

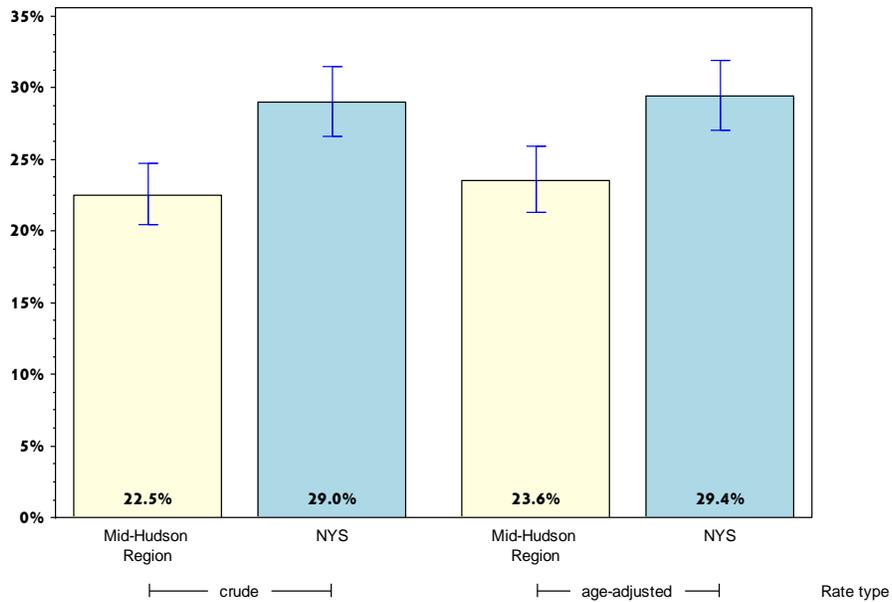
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	373,183	22.5	20.4	24.7	4,211,702	29.0	26.6	31.5
<b>Age</b>								
18-24	37,365	18.6	12.3	27.1	339,128	17.9	13.5	23.3
25-34	79,141	33.6	27.4	40.5	1,154,171	44.8	37.7	52.1
35-44	77,591	27.4	21.7	33.9	786,490	33.0	26.3	40.4
45-64	144,699	24.5	21.2	28.1	1,464,969	30.3	26.9	33.9
65+	32,669	10.1	7.6	13.4	405,259	15.6	12.5	19.3
<b>Race</b>								
White, NH	203,220	17.9	15.9	20.0	1,998,541	22.9	20.6	25.4
Black, NH	45,801	34.7 <sup>^</sup>	24.9	46.1	765,155	37.2	29.3	45.7
Hispanic	101,414	40.9	34.4	47.7	1,031,787	43.4	36.2	50.8
Other, NH	22,749	16.3 <sup>^</sup>	9.2	27.3	416,220	30.4 <sup>^</sup>	20.2	42.9
<b>Sex</b>								
Male	170,155	21.2	18.1	24.6	1,903,904	27.4	23.6	31.5
Female	203,028	23.8	20.9	26.9	2,307,798	30.5	27.5	33.6
<b>Age-adjusted<sup>&amp;</sup></b>		23.6	21.3	26.0		29.4	27.1	31.9

\* Worried or stressed about having enough money to buy nutritious meals.

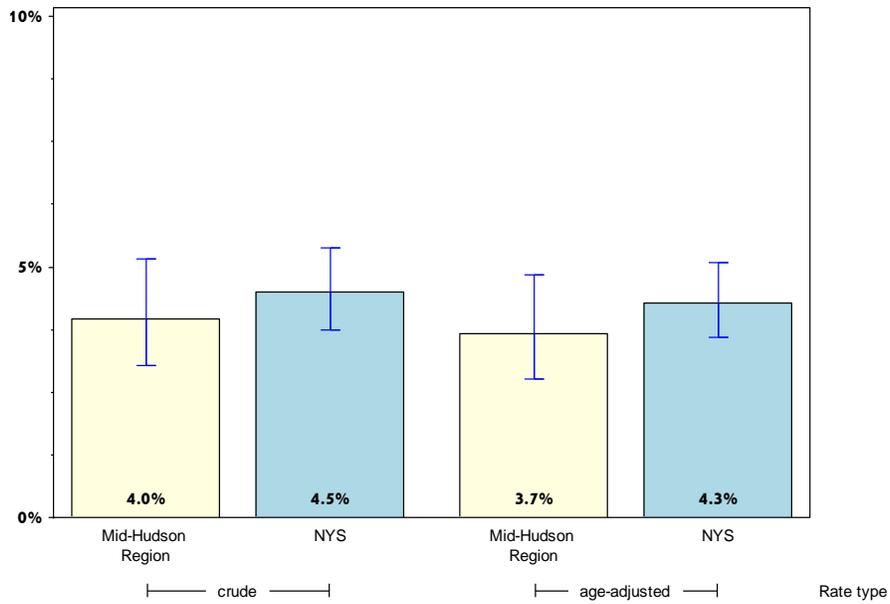
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	68,725	4.0	3.0	5.2	680,314	4.5	3.7	5.4
<b>Age</b>								
18-24	#				20,778	1.0	0.5	2.3
25-34	#				38,067	1.4	0.8	2.5
35-44	#				58,460	2.4	1.5	3.9
45-64	33,526	5.4	4.0	7.3	300,529	6.1	4.5	8.1
65+	20,130	6.1	4.0	9.2	248,637	9.1	6.9	12.0
<b>Race</b>								
White, NH	50,681	4.3	3.1	5.9	365,138	4.0	3.5	4.7
Black, NH	6,815	4.8	2.6	8.8	58,105	2.7	1.6	4.7
Hispanic	10,516	4.0	2.3	6.9	213,536	8.4	5.3	13.2
Other, NH	#				43,535	3.0	1.4	6.4
<b>Sex</b>								
Male	38,582	4.6	3.0	6.9	298,899	4.1	3.1	5.5
Female	30,143	3.4	2.5	4.5	381,415	4.8	3.9	6.0
<b>Age-adjusted<sup>&amp;</sup></b>		3.7	2.8	4.8		4.3	3.6	5.1

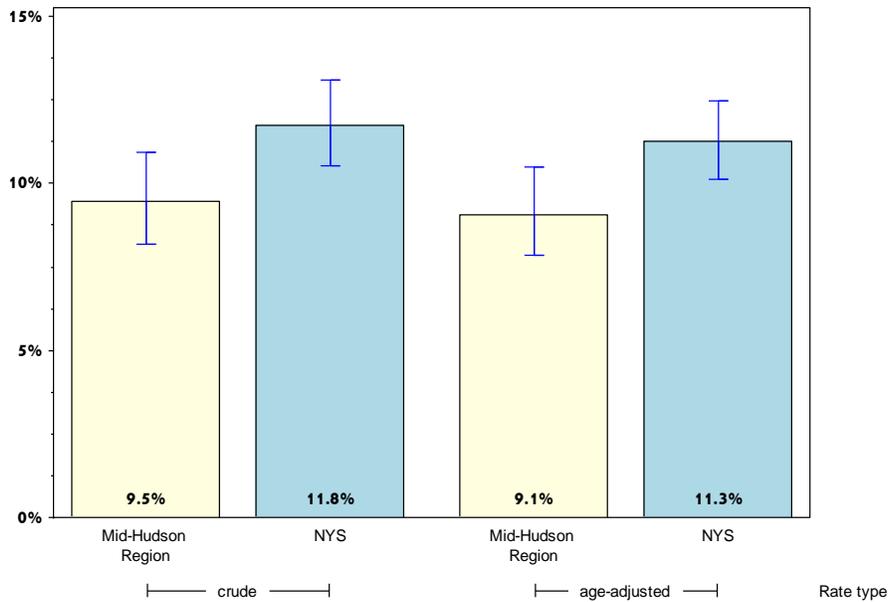
& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Mid-Hudson

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	162,326	9.5	8.2	10.9	1,717,941	11.8	10.5	13.1
<b>Age</b>								
18-24	#				59,108	3.1	1.9	5.1
25-34	15,549	6.2	4.0	9.6	184,980	7.0	4.8	10.0
35-44	18,750	6.4	4.3	9.5	176,691	7.2	5.2	9.9
45-64	67,042	10.9	8.9	13.2	763,670	15.8	13.5	18.5
65+	53,182	16.6	12.9	21.1	491,091	19.1	16.1	22.5
<b>Race</b>								
White, NH	118,834	10.1	8.6	12.0	1,043,432	11.8	10.7	13.0
Black, NH	12,030	8.5	4.7	14.8	188,315	9.3	6.3	13.5
Hispanic	27,070	10.6	7.6	14.6	372,059	16.0	11.5	21.9
Other, NH	#				114,135	8.1	4.7	13.7
<b>Sex</b>								
Male	73,642	8.8	7.2	10.8	722,008	10.3	8.7	12.3
Female	88,684	10.0	8.2	12.3	995,933	13.0	11.3	14.9
<b>Age-adjusted<sup>&amp;</sup></b>		9.1	7.8	10.5		11.3	10.1	12.5

\* Out of the past 30 days.

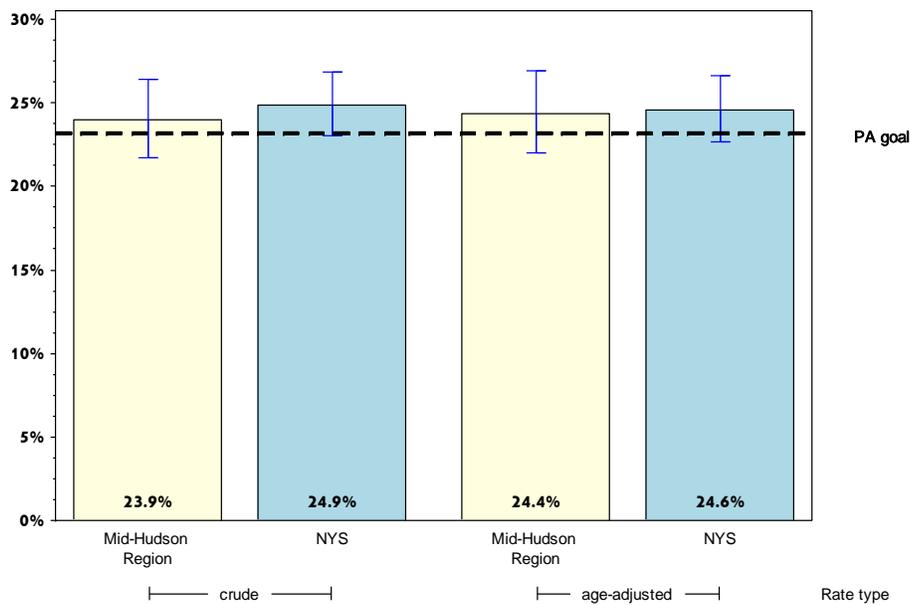
& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	394,367	23.9	21.7	26.4	3,527,077	24.9	23.0	26.9
<b>Age</b>								
18-24	27,624	13.3	7.9	21.5	318,556	17.8	11.7	26.0
25-34	54,511	23.8	18.3	30.3	509,101	20.8	16.8	25.4
35-44	81,440	30.5	24.1	37.7	573,976	24.7	20.0	30.1
45-64	162,725	26.9	23.2	30.8	1,452,755	30.5	27.5	33.7
65+	67,255	21.1	17.5	25.3	615,010	23.4	20.1	27.0
<b>Race</b>								
White, NH	255,550	22.7	20.3	25.4	2,139,878	25.0	23.2	26.9
Black, NH	52,966	38.1 <sup>^</sup>	28.5	48.7	638,079	30.7	24.2	38.1
Hispanic	75,211	30.9	24.5	38.1	622,984	28.0	21.8	35.1
Other, NH	10,640	7.6	3.5	15.6	126,136	9.6	6.3	14.4
<b>Sex</b>								
Male	215,927	26.1	22.9	29.6	1,782,686	25.3	22.5	28.3
Female	178,440	21.8	18.7	25.2	1,744,390	24.5	22.0	27.1
<b>Age-adjusted<sup>&amp;</sup></b>		24.4	22.0	26.9		24.6	22.7	26.6

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

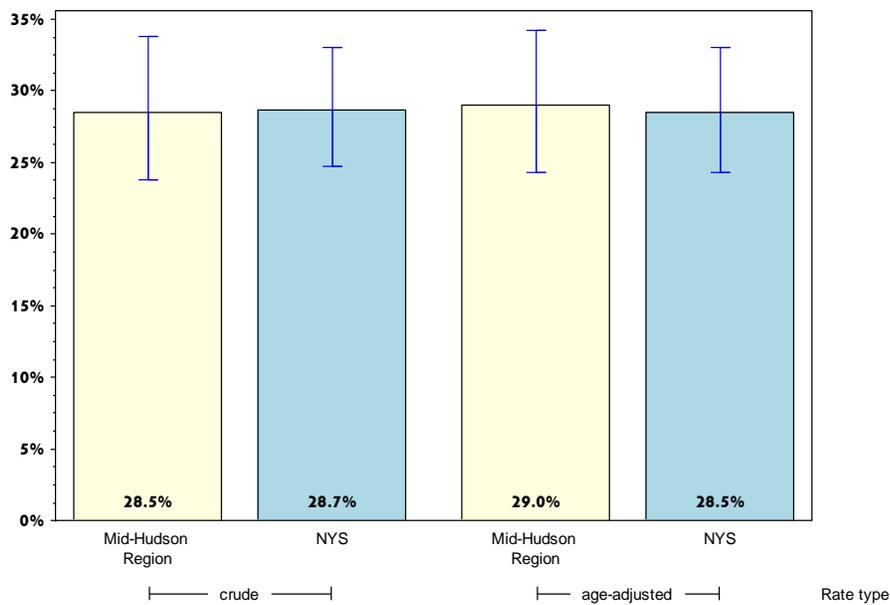
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	87,170	28.5	23.8	33.8	1,029,079	28.7	24.7	33.0
<b>Age</b>								
18-24	6,365	16.0 <sup>^</sup>	8.8	27.4	88,578	21.3 <sup>^</sup>	10.0	39.7
25-34	22,492	34.8 <sup>^</sup>	23.0	48.7	177,054	26.6 <sup>^</sup>	17.0	39.0
35-44	16,901	28.8 <sup>^</sup>	17.0	44.4	165,333	28.8 <sup>^</sup>	19.5	40.3
45-64	30,816	37.0	28.5	46.4	386,736	34.8	28.0	42.1
65+	10,596	18.8	13.0	26.5	190,291	24.4	18.8	31.1
<b>Race</b>								
White, NH	41,272	27.3	21.8	33.7	500,787	30.3	25.6	35.4
Black, NH	12,594	34.1 <sup>^</sup>	19.9	51.9	165,021	25.3 <sup>^</sup>	16.7	36.3
Hispanic	30,888	29.6 <sup>^</sup>	20.6	40.6	287,948	30.1 <sup>^</sup>	21.1	41.0
Other, NH		#			75,322	23.1 <sup>^</sup>	12.4	39.0
<b>Sex</b>								
Male	34,047	25.1	18.9	32.5	386,764	23.8	18.1	30.5
Female	53,123	31.2	24.5	38.9	642,314	32.7	27.6	38.3
<b>Age-adjusted<sup>&amp;</sup></b>		29.0	24.3	34.2		28.5	24.3	33.0

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age adjusted to the 2000 United States Population.

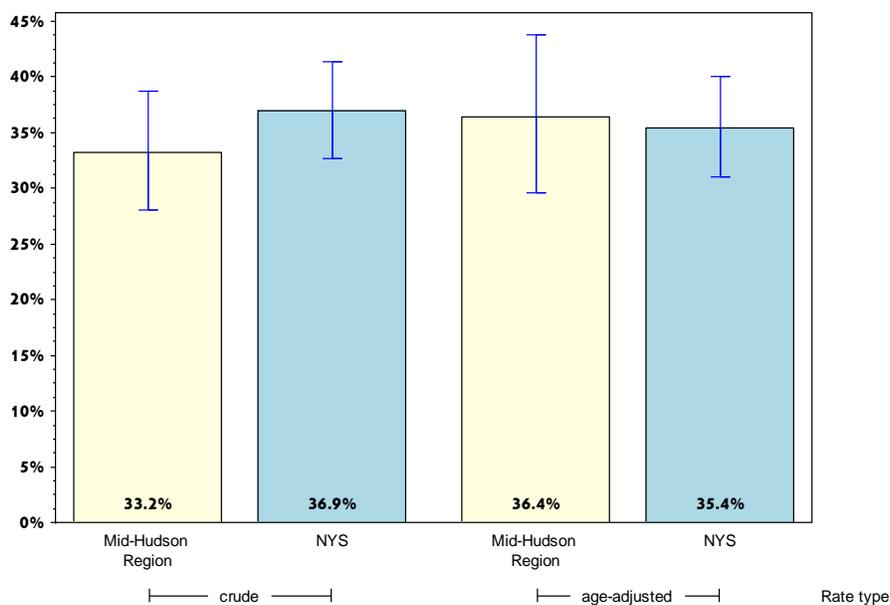
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of adults living with a disability who are obese\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	100,917	33.2	28.1	38.7	1,093,091	36.9	32.7	41.3
<b>Age</b>								
18-24	#				18,440	16.5 <sup>^</sup>	9.8	26.5
25-34	9,015	34.7 <sup>^</sup>	20.5	52.1	122,752	31.0 <sup>^</sup>	16.7	50.1
35-44	#				109,843	39.7 <sup>^</sup>	30.4	49.8
45-64	45,176	40.6	33.0	48.8	535,031	45.9	39.5	52.5
65+	26,632	23.1	17.2	30.4	283,502	30.3	25.2	36.1
<b>Race</b>								
White, NH	68,712	30.3	25.1	36.1	698,173	33.3	29.0	37.8
Black, NH	#				188,077	58.3 <sup>^</sup>	44.8	70.6
Hispanic	12,074	36.6 <sup>^</sup>	23.8	51.7	170,166	46.0 <sup>^</sup>	30.4	62.5
Other, NH	#				36,674	21.7 <sup>^</sup>	12.1	35.9
<b>Sex</b>								
Male	48,667	33.2	25.6	41.8	430,886	32.6	26.2	39.7
Female	52,250	33.2	26.7	40.4	662,205	40.4	35.1	45.8
<b>Age-adjusted<sup>&amp;</sup></b>		36.4	29.6	43.7		35.4	31.0	40.0

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age adjusted to the 2000 United States Population.

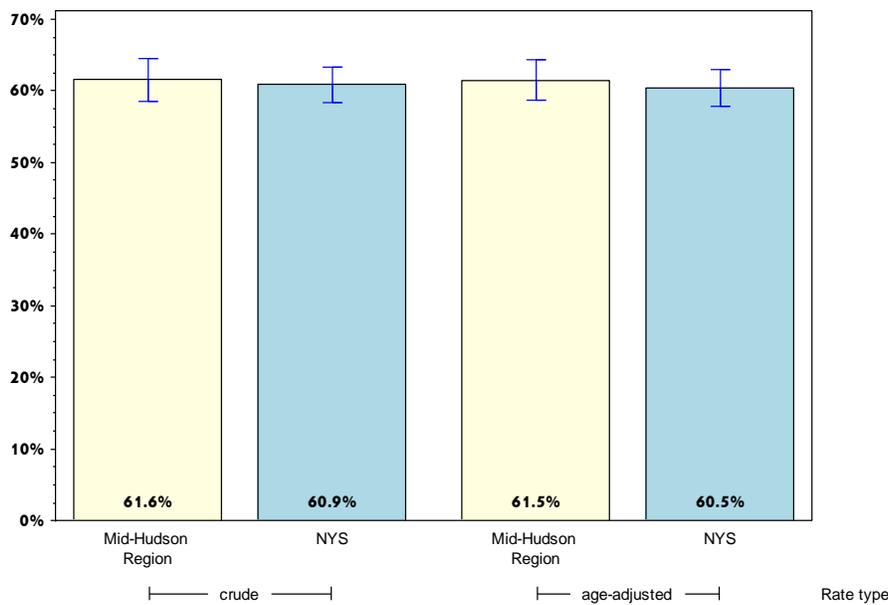
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,013,509	61.6	58.6	64.4	8,631,360	60.9	58.4	63.3
<b>Age</b>								
18-24	78,608	37.8 <sup>^</sup>	27.7	49.0	656,771	36.6	28.8	45.2
25-34	134,836	58.9	51.3	66.2	1,528,245	62.4	55.9	68.4
35-44	182,614	68.3	61.9	74.2	1,362,541	58.6	50.8	66.0
45-64	416,662	68.8	64.9	72.4	3,335,153	70.0	66.8	73.1
65+	193,474	60.7	55.0	66.2	1,632,723	62.1	58.1	65.9
<b>Race</b>								
White, NH	654,729	58.3	54.8	61.7	5,260,942	61.5	59.3	63.5
Black, NH	98,751	71.0 <sup>^</sup>	60.2	79.9	1,520,031	73.1	63.8	80.7
Hispanic	181,418	74.5	68.3	79.8	1,346,413	60.5	52.9	67.5
Other, NH	78,610	55.9 <sup>^</sup>	41.8	69.1	503,974	38.4 <sup>^</sup>	28.1	49.9
<b>Sex</b>								
Male	594,678	71.9	68.1	75.4	4,736,847	67.1	63.2	70.8
Female	418,831	51.1	46.8	55.4	3,894,512	54.7	51.4	57.9
<b>Age-adjusted<sup>&amp;</sup></b>		61.5	58.7	64.3		60.5	57.9	63.0

\* Defined as a Body Mass Index (BMI)  $\geq 25$ . BMI is calculated based on weight and height.

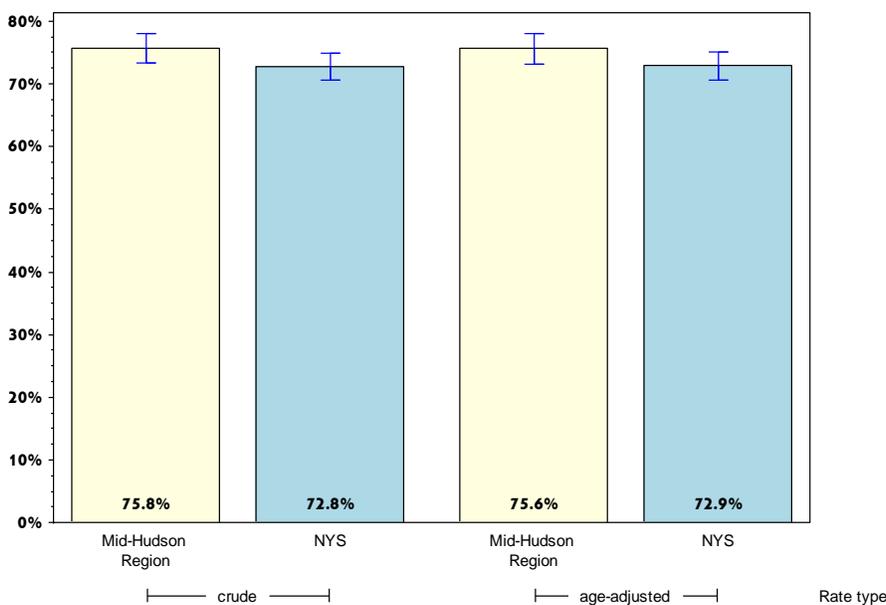
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,271,442	75.8	73.3	78.0	10,681,161	72.8	70.6	74.9
<b>Age</b>								
18-24	175,327	86.7	79.0	91.8	1,601,630	84.1	78.5	88.5
25-34	173,350	72.0	65.5	77.7	1,900,064	73.1	67.1	78.4
35-44	217,887	75.1	67.5	81.4	1,722,858	71.5	63.8	78.1
45-64	461,861	77.3	73.6	80.7	3,443,881	70.8	67.5	73.8
65+	222,803	68.7	63.9	73.1	1,840,519	69.5	66.1	72.7
<b>Race</b>								
White, NH	896,103	78.1	75.4	80.5	6,662,678	75.8	74.0	77.4
Black, NH	91,903	69.6 <sup>^</sup>	59.5	78.1	1,525,317	73.8	66.8	79.7
Hispanic	167,526	65.4	58.5	71.7	1,507,430	62.4	55.4	68.9
Other, NH	115,910	81.7 <sup>^</sup>	68.5	90.1	985,735	70.6 <sup>^</sup>	56.9	81.3
<b>Sex</b>								
Male	624,724	76.8	73.5	79.8	5,439,883	77.3	74.6	79.8
Female	646,717	74.8	71.2	78.1	5,241,278	68.6	65.3	71.7
<b>Age-adjusted<sup>&amp;</sup></b>		75.6	73.1	78.0		72.9	70.5	75.1

\* Any physical activities or exercises such as running or walking

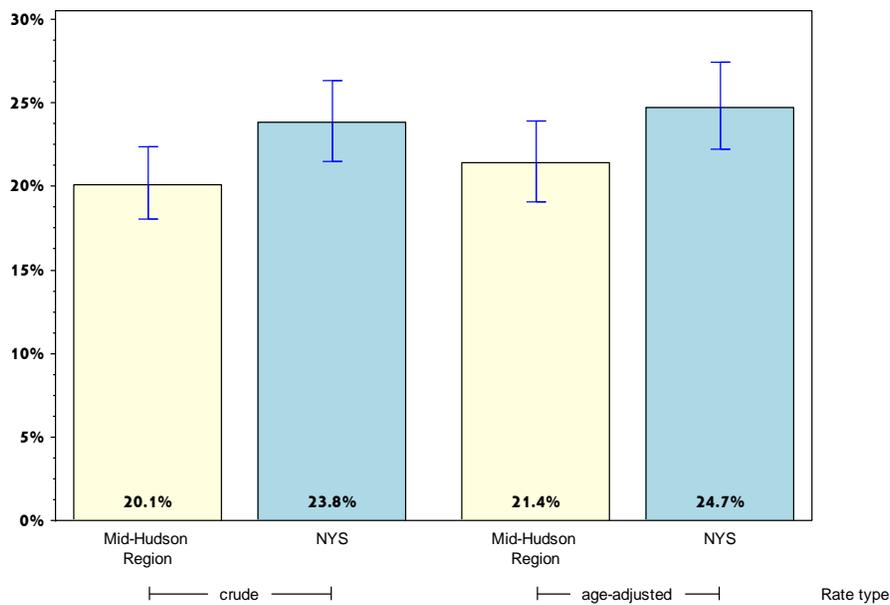
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	328,184	20.1	18.0	22.4	3,402,766	23.8	21.5	26.3
<b>Age</b>								
18-24	59,915	30.5 <sup>^</sup>	21.4	41.5	670,630	36.9	28.0	46.7
25-34	72,301	31.4	25.3	38.1	733,289	28.9	22.5	36.4
35-44	66,352	23.7	18.1	30.4	769,136	32.4	25.4	40.3
45-64	91,651	15.7	12.9	18.8	839,390	17.6	15.0	20.5
65+	34,297	10.9	8.2	14.4	348,734	13.7	11.1	16.9
<b>Race</b>								
White, NH	179,864	16.0	13.8	18.4	1,754,487	20.4	18.3	22.8
Black, NH	44,636	35.8 <sup>^</sup>	26.3	46.5	671,592	33.6	25.4	43.0
Hispanic	83,157	34.3	28.1	41.2	700,337	29.8	23.7	36.8
Other, NH	20,526	15.1 <sup>^</sup>	8.3	25.9	276,350	20.4 <sup>^</sup>	10.6	35.5
<b>Sex</b>								
Male	201,838	25.5	22.3	29.1	1,782,648	26.0	22.5	29.8
Female	126,346	15.0	12.5	18.0	1,620,118	21.8	18.7	25.3
<b>Age-adjusted<sup>&amp;</sup></b>		21.4	19.1	23.9		24.7	22.2	27.4

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

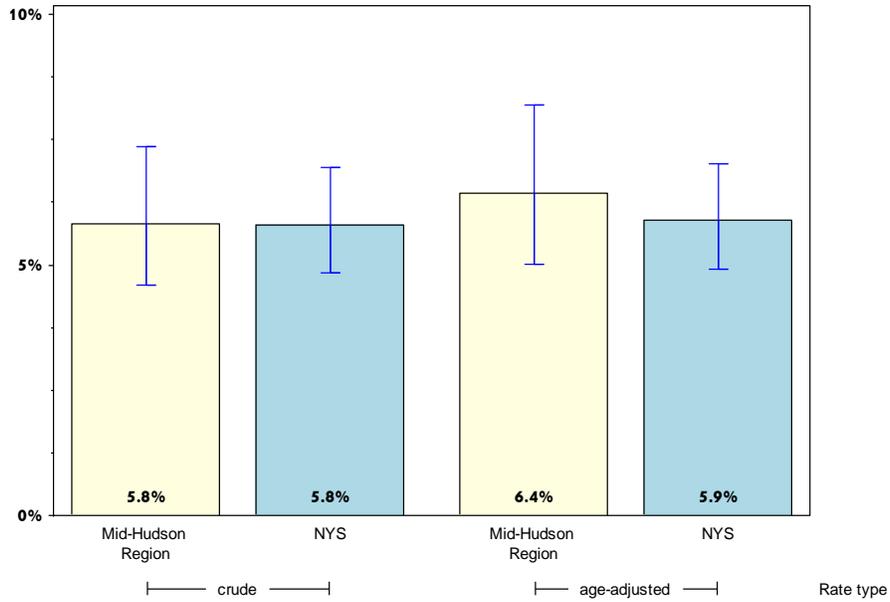
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults who consume fast-food three or more times per week



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	94,313	5.8	4.6	7.3	817,815	5.8	4.8	6.9
<b>Age</b>								
18-24	18,550	9.4	4.8	17.6	172,464	9.7	6.9	13.6
25-34	22,619	9.8	6.4	14.6	252,437	10.0	6.9	14.2
35-44	25,563	9.2	5.4	15.3	106,397	4.5	3.2	6.3
45-64	22,019	3.8	2.6	5.4	234,582	5.0	3.3	7.4
65+	4,862	1.6	0.8	3.1	47,255	1.9	1.3	2.7
<b>Race</b>								
White, NH	47,954	4.3	3.3	5.5	433,016	5.1	4.4	5.9
Black, NH	17,766	14.1 <sup>^</sup>	6.6	27.5	122,943	6.2	4.1	9.3
Hispanic	23,510	9.8	6.2	15.2	219,779	9.6	5.6	16.0
Other, NH		#			42,077	3.2	1.8	5.5
<b>Sex</b>								
Male	75,751	9.6	7.3	12.6	560,514	8.2	6.6	10.3
Female	18,562	2.2	1.6	3.1	257,301	3.5	2.6	4.8
<b>Age-adjusted<sup>&amp;</sup></b>		6.4	5.0	8.2		5.9	4.9	7.0

& Percent is age adjusted to the 2000 United States Population.

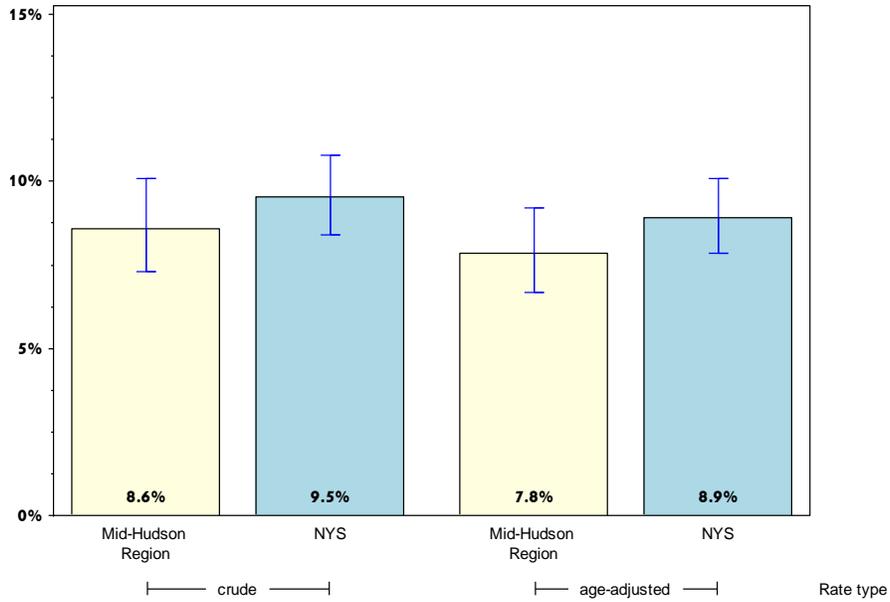
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed diabetes\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	150,887	8.6	7.3	10.1	1,456,783	9.5	8.4	10.8
<b>Age</b>								
18-24	#				8,338	0.4	0.2	0.8
25-34	#				58,319	2.1	0.8	5.5
35-44	14,160	4.7	2.4	9.1	111,205	4.5	2.5	7.7
45-64	62,032	9.9	7.7	12.6	714,501	14.2	11.9	16.9
65+	68,925	20.7	16.7	25.4	525,500	19.1	16.3	22.2
<b>Race</b>								
White, NH	89,474	7.5	6.2	8.9	781,028	8.6	7.6	9.6
Black, NH	19,890	13.7	8.9	20.7	250,921	11.6	8.2	16.2
Hispanic	17,031	6.4	4.0	9.9	296,635	11.6	7.7	17.0
Other, NH	24,492	16.3 <sup>^</sup>	9.0	27.9	128,200	8.9	5.4	14.4
<b>Sex</b>								
Male	88,046	10.3	8.2	12.9	795,054	10.9	9.0	13.1
Female	62,840	6.9	5.5	8.7	661,729	8.3	7.0	9.7
<b>Age-adjusted<sup>&amp;</sup></b>		7.8	6.7	9.2		8.9	7.9	10.1

\* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

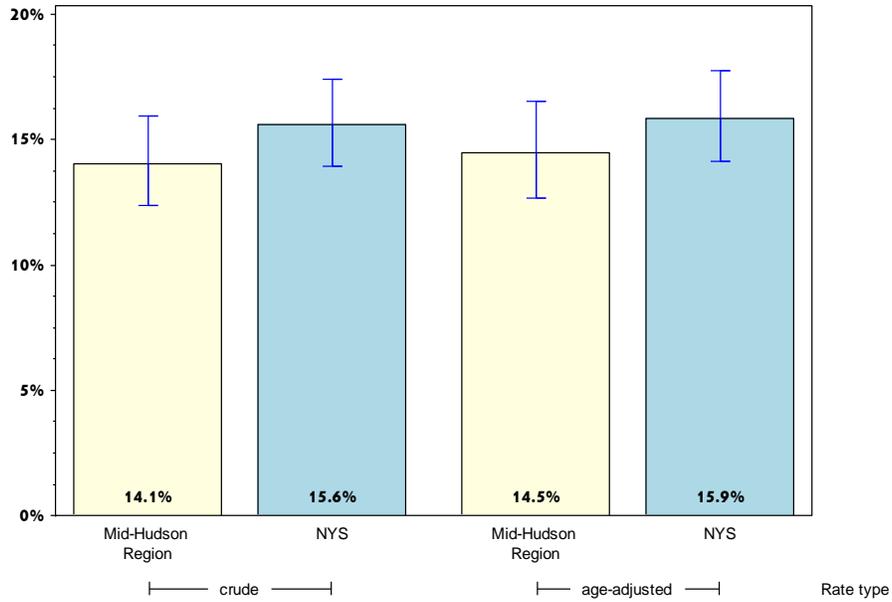
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	239,102	14.1	12.4	15.9	2,311,528	15.6	14.0	17.4
<b>Age</b>								
18-24	32,350	15.8 <sup>^</sup>	9.2	25.9	254,033	13.0	9.8	17.0
25-34	43,314	17.8	13.5	23.0	524,783	19.7	14.3	26.7
35-44	44,821	15.3	11.0	20.9	427,187	17.6	13.3	23.0
45-64	96,435	15.9	13.5	18.8	937,977	19.2	16.7	22.1
65+	20,862	6.3	4.5	8.8	149,820	5.7	4.7	6.8
<b>Race</b>								
White, NH	164,788	14.1	12.1	16.4	1,598,923	18.1	16.0	20.3
Black, NH	25,127	18.9	12.0	28.4	314,837	15.0	10.0	21.7
Hispanic	41,932	16.1	11.8	21.6	303,908	12.4	8.8	17.1
Other, NH	7,254	5.1	2.4	10.6	93,860	6.7	4.3	10.3
<b>Sex</b>								
Male	144,979	17.6	14.7	20.9	1,331,531	18.8	15.9	22.1
Female	94,123	10.7	9.0	12.7	979,997	12.7	11.1	14.4
<b>Age-adjusted<sup>&amp;</sup></b>		14.5	12.6	16.5		15.9	14.1	17.7

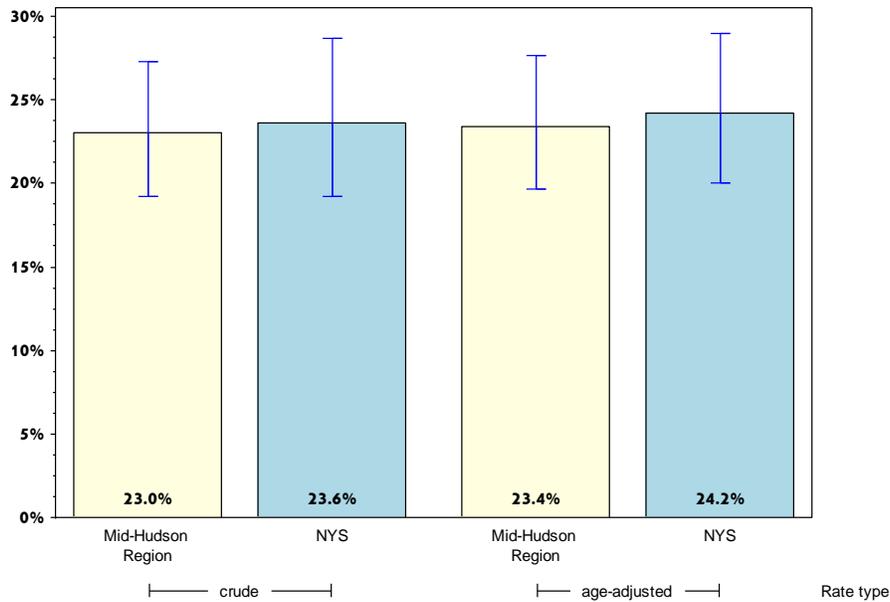
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	73,745	23.0	19.2	27.3	910,061	23.6	19.2	28.7
<b>Age</b>								
18-24	7,392	18.1 <sup>^</sup>	9.7	31.1	84,893	16.1	9.8	25.4
25-34	17,890	25.6 <sup>^</sup>	17.0	36.7	254,993	32.7 <sup>^</sup>	18.8	50.6
35-44	13,112	20.9 <sup>^</sup>	13.1	31.7	141,275	24.5 <sup>^</sup>	15.5	36.5
45-64	27,097	31.4	24.0	39.9	354,621	31.5	24.7	39.1
65+	8,253	14.3	8.6	22.7	63,044	7.9	5.6	11.0
<b>Race</b>								
White, NH	45,290	28.9	23.5	35.0	562,213	32.6	25.7	40.3
Black, NH	10,881	31.9 <sup>^</sup>	18.4	49.2	187,054	28.1 <sup>^</sup>	17.8	41.4
Hispanic	15,364	13.5	8.8	20.1	119,918	11.3	7.1	17.6
Other, NH		#			40,876	10.0	5.0	19.2
<b>Sex</b>								
Male	35,712	25.4	19.7	32.0	507,987	30.0	21.9	39.5
Female	38,032	21.2	16.3	27.0	402,073	18.6	14.7	23.3
<b>Age-adjusted<sup>&amp;</sup></b>		23.4	19.7	27.7		24.2	20.0	28.9

& Percent is age adjusted to the 2000 United States Population.

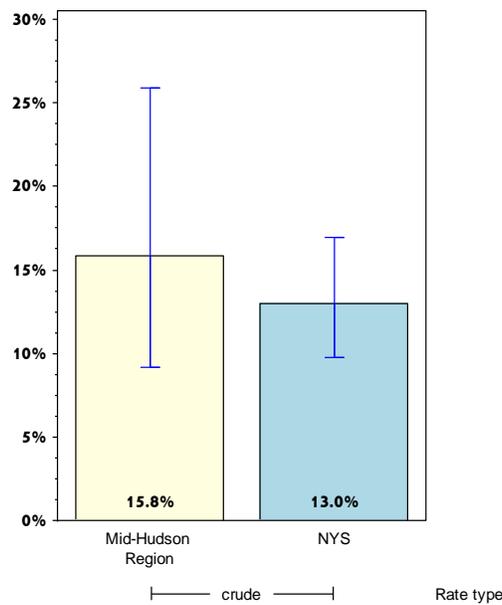
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults aged 18-24 years who are current smokers



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	32,350	15.8 <sup>^</sup>	9.2	25.9	254,033	13.0	9.8	17.0
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	23,087	16.1 <sup>^</sup>	8.0	29.9	188,030	19.4	14.8	25.2
Black, NH		#			21,086	6.1	2.8	13.1
Hispanic		#			33,121	9.8 <sup>^</sup>	4.6	19.9
Other, NH		#			11,797	3.8	1.4	10.0
<b>Sex</b>								
Male	24,040	23.7 <sup>^</sup>	12.6	40.1	153,298	15.5	10.7	21.8
Female	8,310	8.1	3.7	16.6	100,736	10.4	6.6	16.0
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

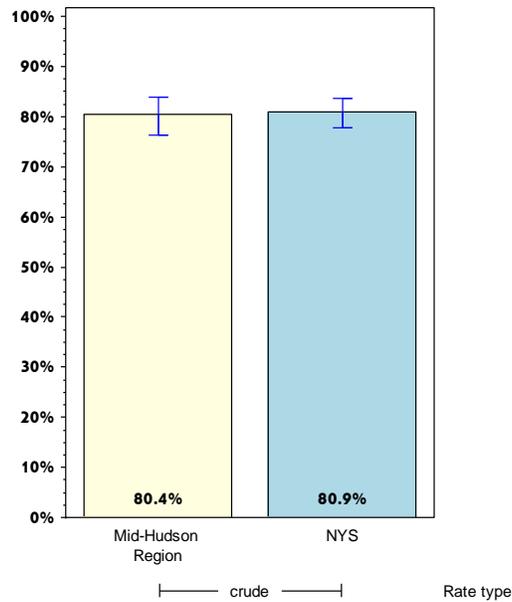
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	246,457	80.4	76.2	84.0	2,225,651	80.9	77.7	83.7
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	184,023	79.1	74.7	82.9	1,417,374	79.0	75.9	81.8
Black, NH	14,839	87.4 <sup>^</sup>	74.9	94.2	347,690	87.0 <sup>^</sup>	73.4	94.3
Hispanic	22,718	86.1 <sup>^</sup>	66.9	95.0	309,667	83.8 <sup>^</sup>	70.9	91.6
Other, NH		#			150,920	79.7 <sup>^</sup>	61.2	90.7
<b>Sex</b>								
Male		#				#		
Female	246,457	80.4	76.2	84.0	2,225,651	80.9	77.7	83.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

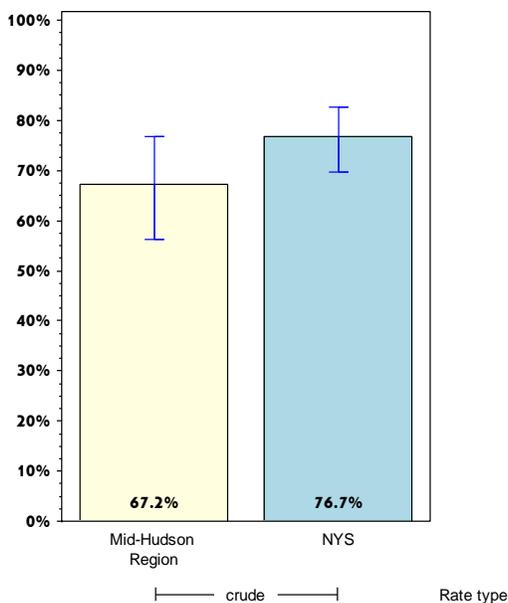
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	34,867	67.2 <sup>^</sup>	56.2	76.7	554,880	76.7	69.6	82.6
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	16,177	51.0 <sup>^</sup>	38.1	63.8	232,138	66.5	57.9	74.1
Black, NH	#	#	#	#	139,053	95.4	89.6	98.1
Hispanic	#	#	#	#	134,524	82.0 <sup>^</sup>	61.8	92.7
Other, NH	#	#	#	#	49,165	76.3 <sup>^</sup>	44.1	93.0
<b>Sex</b>								
Male	#	#	#	#	#	#	#	#
Female	34,867	67.2 <sup>^</sup>	56.2	76.7	554,880	76.7	69.6	82.6
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Mammogram within past 2 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

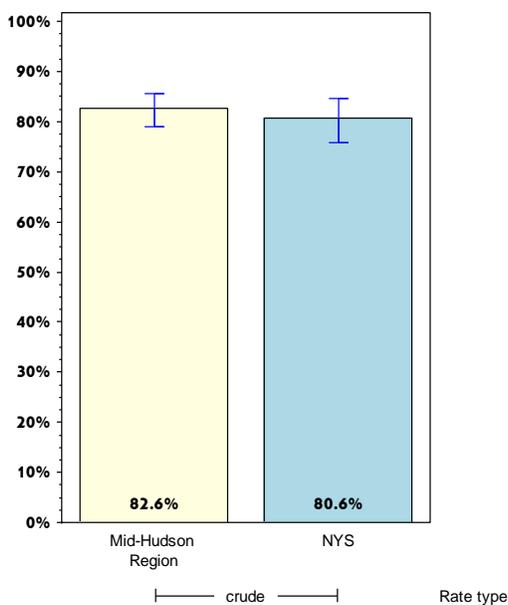
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	496,976	82.6	79.1	85.6	4,362,995	80.6	75.7	84.7
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	343,119	83.5	79.5	86.9	2,640,598	84.5	82.2	86.6
Black, NH	30,763	74.4 <sup>^</sup>	58.2	85.9	711,417	84.5 <sup>^</sup>	72.6	91.8
Hispanic	75,619	82.0	73.0	88.4	684,308	78.0 <sup>^</sup>	66.2	86.6
Other, NH		#			326,671	57.1 <sup>^</sup>	31.0	79.8
<b>Sex</b>								
Male		#				#		
Female	496,976	82.6	79.1	85.6	4,362,995	80.6	75.7	84.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

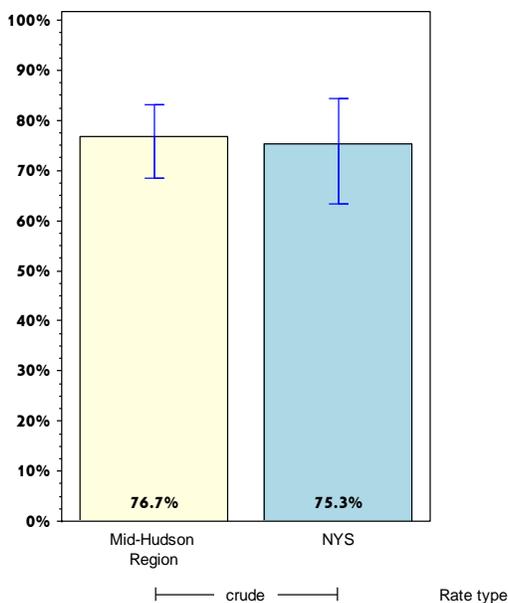
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	96,878	76.7	68.6	83.2	1,068,153	75.3 <sup>^</sup>	63.2	84.4
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	42,290	71.4 <sup>^</sup>	59.7	80.7	433,489	74.8	68.6	80.2
Black, NH	#	#	#	#	283,693	93.7	87.8	96.8
Hispanic	37,467	79.7 <sup>^</sup>	64.2	89.6	292,551	77.4 <sup>^</sup>	61.6	88.0
Other, NH	#	#	#	#	58,419	36.7 <sup>^</sup>	8.5	78.5
<b>Sex</b>								
Male	#	#	#	#	#	#	#	#
Female	96,878	76.7	68.6	83.2	1,068,153	75.3 <sup>^</sup>	63.2	84.4
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Pap test within past 3 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

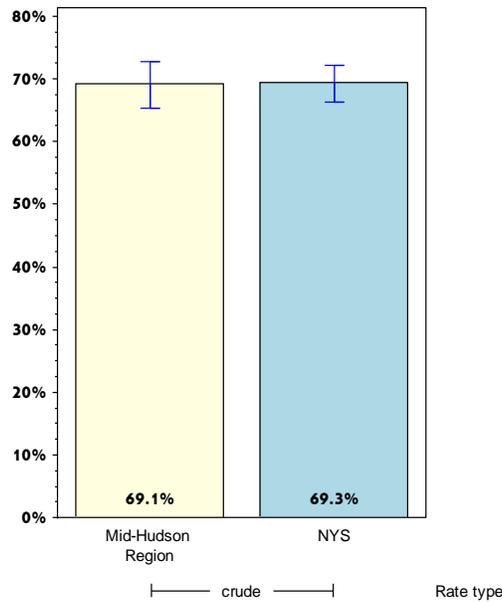
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	420,117	69.1	65.4	72.7	3,471,945	69.3	66.3	72.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	316,982	70.6	66.9	74.0	2,335,990	70.4	67.9	72.7
Black, NH	33,596	76.4 <sup>^</sup>	64.2	85.4	514,345	69.6 <sup>^</sup>	57.5	79.4
Hispanic	28,956	55.1 <sup>^</sup>	42.7	66.9	416,087	70.6 <sup>^</sup>	58.4	80.4
Other, NH		#			205,524	57.4 <sup>^</sup>	39.9	73.2
<b>Sex</b>								
Male	203,820	67.7	61.6	73.2	1,545,645	66.8	62.1	71.2
Female	216,297	70.6	65.9	74.9	1,926,301	71.5	67.5	75.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

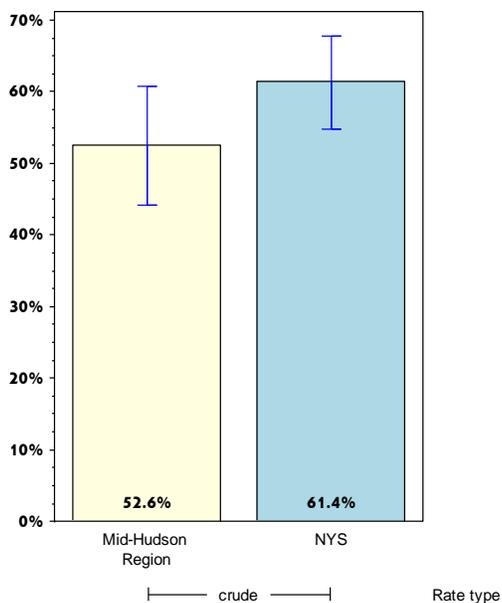
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	47,995	52.6	44.2	60.8	736,005	61.4	54.7	67.7
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	29,963	53.0	43.3	62.6	345,064	57.6	51.4	63.7
Black, NH		#			155,775	60.0 <sup>^</sup>	38.7	78.0
Hispanic		#			187,721	75.1 <sup>^</sup>	60.9	85.4
Other, NH		#			47,444	52.8 <sup>^</sup>	29.9	74.5
<b>Sex</b>								
Male	18,246	47.1 <sup>^</sup>	34.9	59.7	253,900	51.4 <sup>^</sup>	41.0	61.6
Female	29,749	56.6 <sup>^</sup>	45.7	66.9	482,104	68.5	60.2	75.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

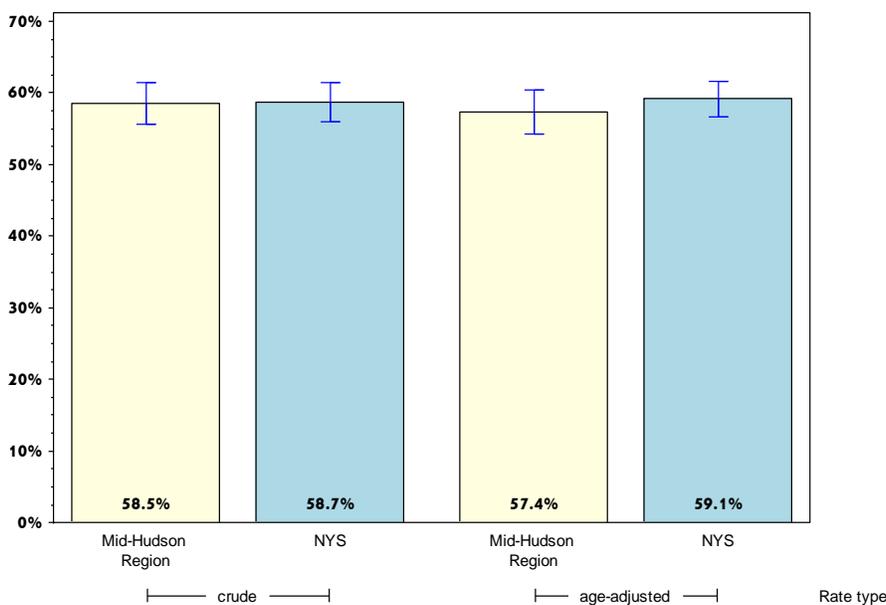
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	907,749	58.5	55.6	61.4	7,849,939	58.7	56.0	61.5
<b>Age</b>								
18-24	74,996	36.8 <sup>^</sup>	24.7	50.8	503,420	26.8	20.2	34.6
25-34	111,134	46.0	38.9	53.2	1,337,915	51.0	44.1	57.9
35-44	149,552	53.4	46.1	60.5	1,475,455	63.3	56.2	69.9
45-64	369,306	66.9	62.5	71.0	2,822,324	68.0	64.3	71.4
65+	183,286	73.5	66.9	79.3	1,541,702	71.4	66.8	75.6
<b>Race</b>								
White, NH	647,286	61.0	57.7	64.2	4,823,563	61.0	58.6	63.4
Black, NH	83,150	67.2 <sup>^</sup>	56.4	76.5	1,240,630	65.1	55.4	73.7
Hispanic	117,732	48.8	41.7	55.9	1,203,330	53.5	46.1	60.8
Other, NH	59,581	47.5 <sup>^</sup>	33.4	62.0	582,416	44.7 <sup>^</sup>	31.9	58.2
<b>Sex</b>								
Male	378,659	51.5	47.3	55.6	3,534,063	56.3	52.1	60.4
Female	529,090	64.9	60.9	68.7	4,315,875	60.9	57.2	64.5
<b>Age-adjusted<sup>&amp;</sup></b>		57.4	54.2	60.4		59.1	56.6	61.6

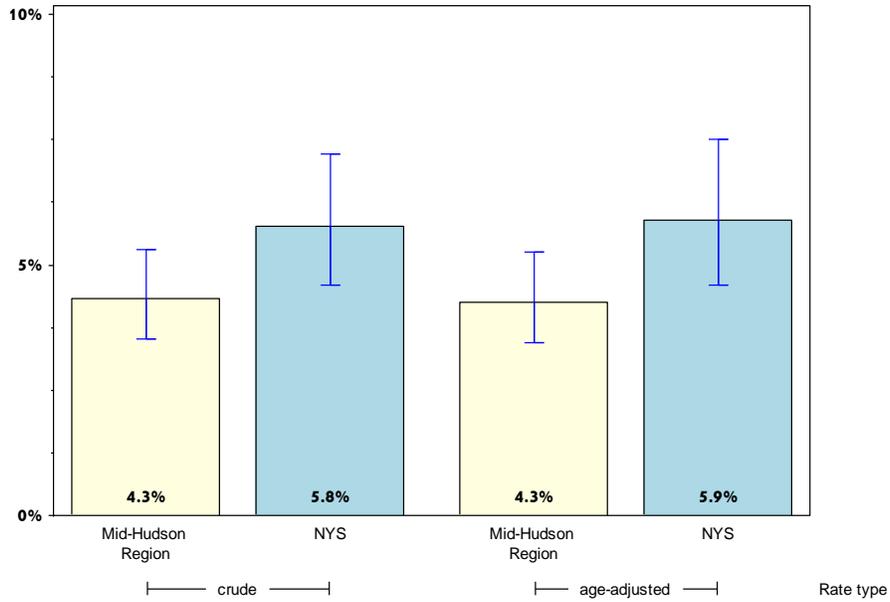
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	68,671	4.3	3.5	5.3	783,799	5.8	4.6	7.2
<b>Age</b>								
18-24	#	#			57,540	2.9	0.7	10.7
25-34	#	#			43,246	1.6	1.0	2.7
35-44	10,994	3.9	2.2	6.8	198,127	8.5	4.4	16.0
45-64	26,630	4.8	3.6	6.4	283,693	6.7	5.3	8.5
65+	21,581	8.3	5.9	11.4	171,261	7.8	6.2	9.9
<b>Race</b>								
White, NH	48,336	4.4	3.5	5.6	489,253	6.0	4.8	7.4
Black, NH	6,075	4.9	2.5	9.5	96,242	5.2	2.9	9.2
Hispanic	9,695	3.9	2.1	7.1	81,294	3.6	1.8	7.2
Other, NH	#	#			117,011	8.9 <sup>^</sup>	3.2	22.3
<b>Sex</b>								
Male	31,186	4.1	3.0	5.6	377,968	5.9	4.1	8.5
Female	37,484	4.5	3.4	5.9	405,832	5.6	4.3	7.3
<b>Age-adjusted<sup>&amp;</sup></b>		4.3	3.5	5.3		5.9	4.6	7.5

<sup>&</sup> Percent is age adjusted to the 2000 United States Population.

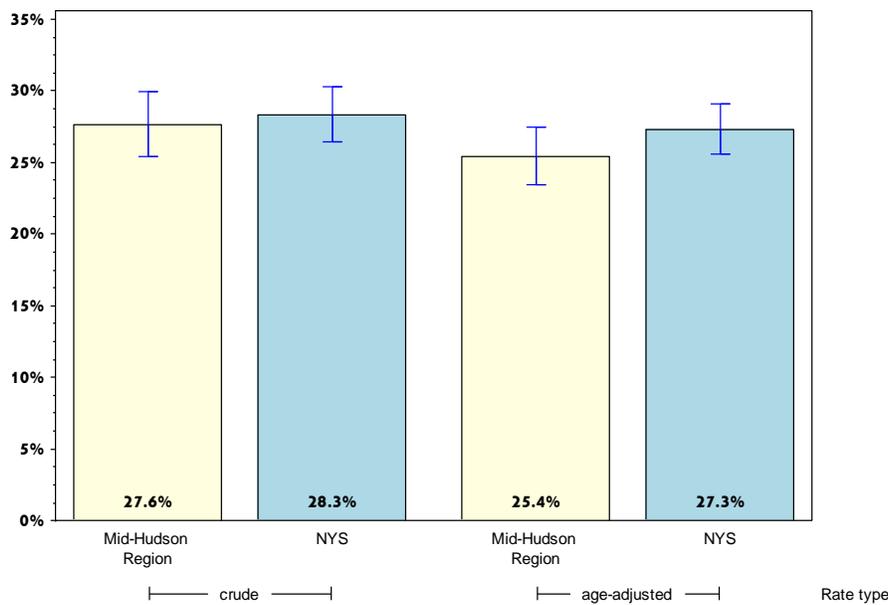
<sup>#</sup> Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	485,160	27.6	25.4	29.9	4,323,615	28.3	26.5	30.3
<b>Age</b>								
18-24	14,115	6.5	3.1	13.3	103,520	5.2	3.3	8.0
25-34	19,179	7.6	4.9	11.6	299,126	10.9	7.8	15.0
35-44	50,528	16.7	12.1	22.6	470,752	18.9	14.1	24.8
45-64	203,210	32.5	28.9	36.3	1,715,223	34.1	31.2	37.2
65+	191,521	57.5	52.1	62.8	1,654,516	60.4	56.5	64.2
<b>Race</b>								
White, NH	339,577	28.4	25.9	31.1	2,701,979	29.7	28.0	31.4
Black, NH	57,952	40.0	30.9	50.0	740,669	34.2	27.2	42.0
Hispanic	53,138	20.0	15.5	25.4	609,542	23.8	18.7	29.9
Other, NH	34,492	23.0 <sup>^</sup>	14.2	35.0	271,424	18.9	12.7	27.1
<b>Sex</b>								
Male	258,468	30.5	27.2	33.9	2,116,294	29.0	26.2	32.1
Female	226,692	25.0	22.1	28.1	2,207,320	27.7	25.3	30.2
<b>Age-adjusted<sup>&amp;</sup></b>		25.4	23.4	27.5		27.3	25.6	29.1

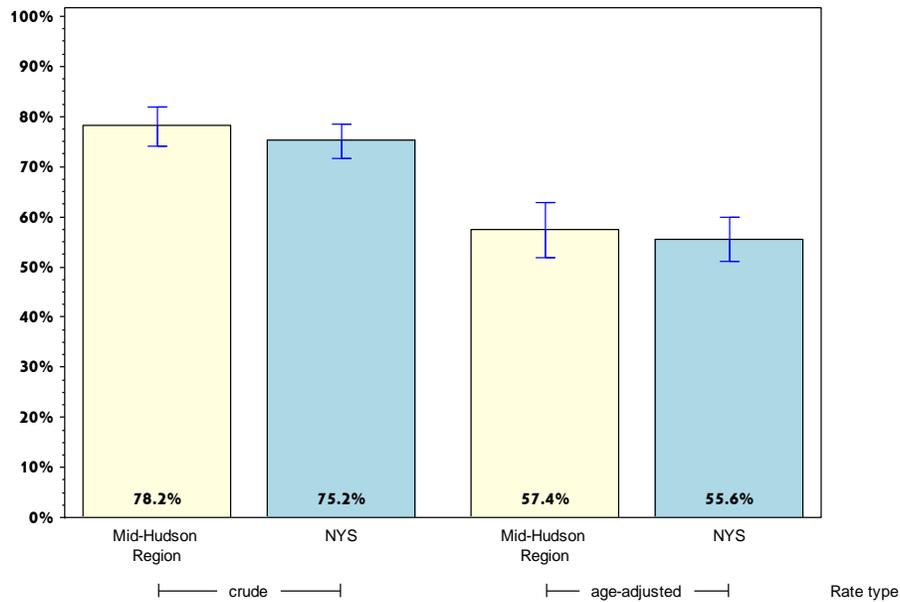
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	379,361	78.2	74.1	81.8	3,243,246	75.2	71.5	78.5
<b>Age</b>								
18-24	#	#			8,688	8.4	3.9	17.4
25-34	#	#			96,762	32.4 <sup>^</sup>	18.9	49.5
35-44	25,439	50.3 <sup>^</sup>	33.7	66.9	186,971	39.7 <sup>^</sup>	26.7	54.3
45-64	167,173	82.3	77.5	86.3	1,395,152	81.6	77.8	84.9
65+	174,121	91.0	86.7	93.9	1,497,501	90.8	86.9	93.6
<b>Race</b>								
White, NH	269,044	79.3	74.9	83.1	2,081,796	77.4	74.1	80.3
Black, NH	48,852	84.3 <sup>^</sup>	70.9	92.2	552,688	74.6 <sup>^</sup>	60.0	85.3
Hispanic	31,347	59.0 <sup>^</sup>	44.8	71.9	420,934	69.1 <sup>^</sup>	56.3	79.5
Other, NH	#	#			187,828	69.2 <sup>^</sup>	50.8	83.0
<b>Sex</b>								
Male	187,107	72.4	66.1	78.0	1,525,386	72.2	66.5	77.2
Female	192,253	84.9	80.0	88.8	1,717,859	78.1	73.2	82.4
<b>Age-adjusted<sup>&amp;</sup></b>		57.4	51.8	62.7		55.6	51.1	60.0

& Percent is age adjusted to the 2000 United States Population.

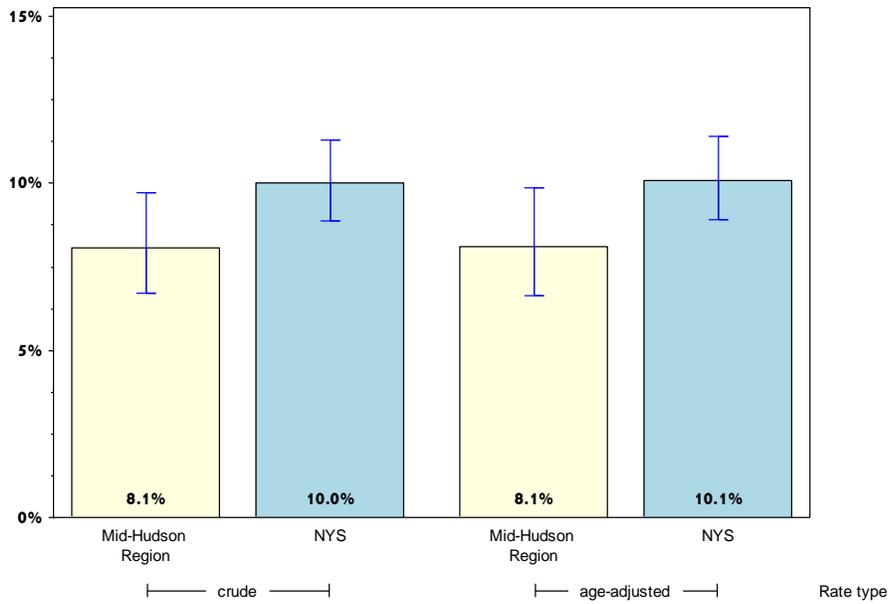
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	141,569	8.1	6.7	9.7	1,520,940	10.0	8.9	11.3
<b>Age</b>								
18-24	30,738	14.2	8.2	23.4	170,340	8.6	6.2	11.8
25-34	15,451	6.2	4.0	9.5	322,447	11.7	8.2	16.4
35-44	24,864	8.2	4.6	14.1	240,590	9.7	7.1	13.0
45-64	43,139	6.9	5.4	8.8	551,257	11.1	9.3	13.3
65+	24,959	7.5	5.4	10.5	222,952	8.1	6.5	10.1
<b>Race</b>								
White, NH	104,334	8.8	7.1	10.8	946,198	10.4	9.1	11.9
Black, NH	11,950	8.3	4.5	14.7	199,011	9.2	6.5	12.9
Hispanic	19,703	7.4	4.1	13.1	283,809	11.3	7.9	16.0
Other, NH	5,582	3.7	1.5	8.8	91,921	6.4	4.0	10.0
<b>Sex</b>								
Male	56,381	6.6	4.9	9.0	504,039	7.0	5.6	8.6
Female	85,187	9.4	7.5	11.9	1,016,901	12.8	11.1	14.8
<b>Age-adjusted<sup>&amp;</sup></b>		8.1	6.6	9.9		10.1	8.9	11.4

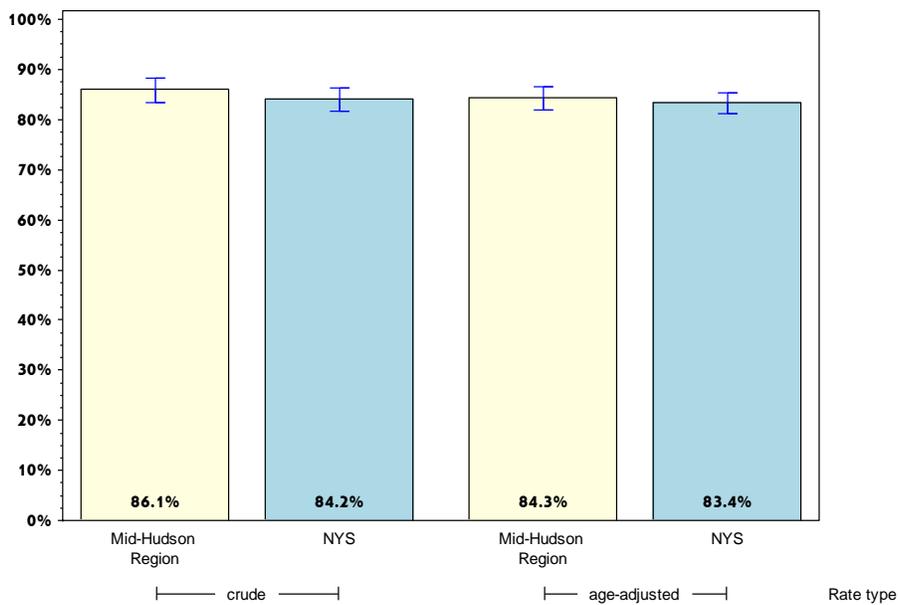
\* Physician diagnosed asthma.

& Percent is age adjusted to the 2000 United States Population.

# Mid-Hudson

## Prevent Chronic Diseases

Percent of adults with cholesterol checked\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,487,921	86.1	83.5	88.4	12,572,076	84.2	81.7	86.3
<b>Age</b>								
18-24	119,554	58.8 <sup>^</sup>	45.3	71.2	891,216	49.0	39.4	58.6
25-34	166,373	68.6	62.0	74.5	1,896,541	71.3	63.9	77.7
35-44	264,626	88.1	83.0	91.8	2,197,539	88.9	85.0	91.8
45-64	589,697	94.4	92.6	95.8	4,694,424	93.8	91.2	95.6
65+	323,941	97.5	96.0	98.5	2,641,873	97.2	95.8	98.2
<b>Race</b>								
White, NH	1,037,098	88.5	84.9	91.4	7,746,530	87.0	84.7	89.0
Black, NH	118,223	82.3	72.7	89.1	1,730,762	81.9	73.0	88.3
Hispanic	203,261	77.3	72.0	81.8	1,923,116	77.3	70.1	83.1
Other, NH	129,338	86.1 <sup>^</sup>	75.7	92.5	1,171,667	81.9 <sup>^</sup>	67.3	90.8
<b>Sex</b>								
Male	717,767	85.9	83.0	88.4	5,864,748	82.0	78.2	85.2
Female	770,154	86.3	81.7	89.8	6,707,327	86.2	82.9	88.9
<b>Age-adjusted<sup>&amp;</sup></b>		84.3	81.8	86.5		83.4	81.2	85.4

\* As diagnosed by a health professional.

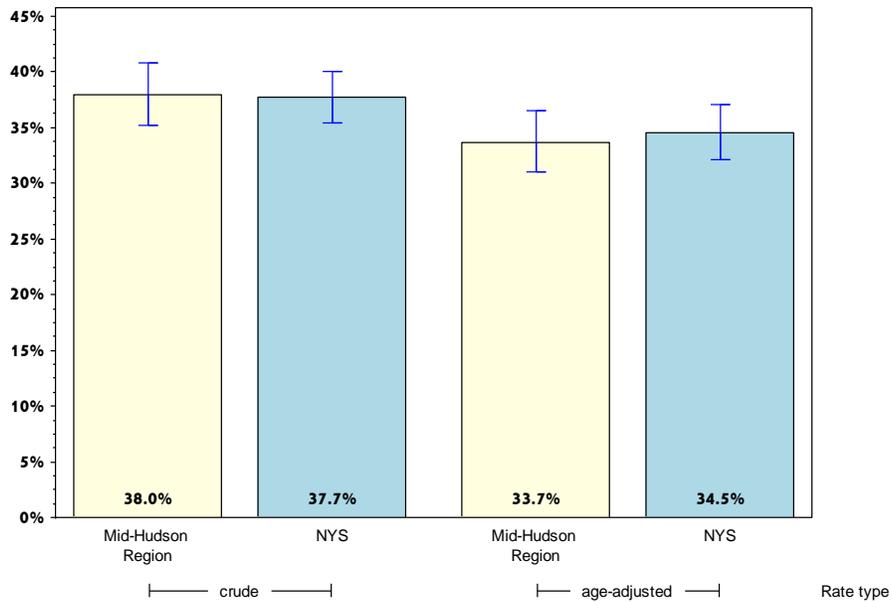
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

Percentage of adults 18 years and older with elevated cholesterol\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	563,809	38.0	35.3	40.8	4,711,105	37.7	35.4	40.1
<b>Age</b>								
18-24	25,949	21.7 <sup>^</sup>	12.2	35.6	124,288	14.0	8.0	23.2
25-34	21,044	12.6	8.6	18.2	435,898	23.0	16.9	30.5
35-44	75,762	28.6	22.3	35.9	620,994	28.3	22.0	35.6
45-64	250,204	42.6	38.4	46.9	2,009,889	43.1	39.8	46.4
65+	181,331	56.2	50.9	61.5	1,439,336	55.4	51.3	59.4
<b>Race</b>								
White, NH	404,347	39.1	36.2	42.2	3,102,928	40.3	38.2	42.4
Black, NH	36,973	31.3 <sup>^</sup>	22.1	42.2	561,511	33.1	25.6	41.6
Hispanic	71,505	35.2	27.8	43.3	727,074	37.8	30.7	45.5
Other, NH	50,985	39.5 <sup>^</sup>	25.9	54.9	319,592	27.3 <sup>^</sup>	18.7	38.1
<b>Sex</b>								
Male	314,812	44.0	39.8	48.2	2,369,080	40.5	37.0	44.3
Female	248,997	32.4	29.0	36.1	2,342,025	35.2	32.4	38.2
<b>Age-adjusted<sup>&amp;</sup></b>		33.7	31.0	36.5		34.5	32.1	37.0

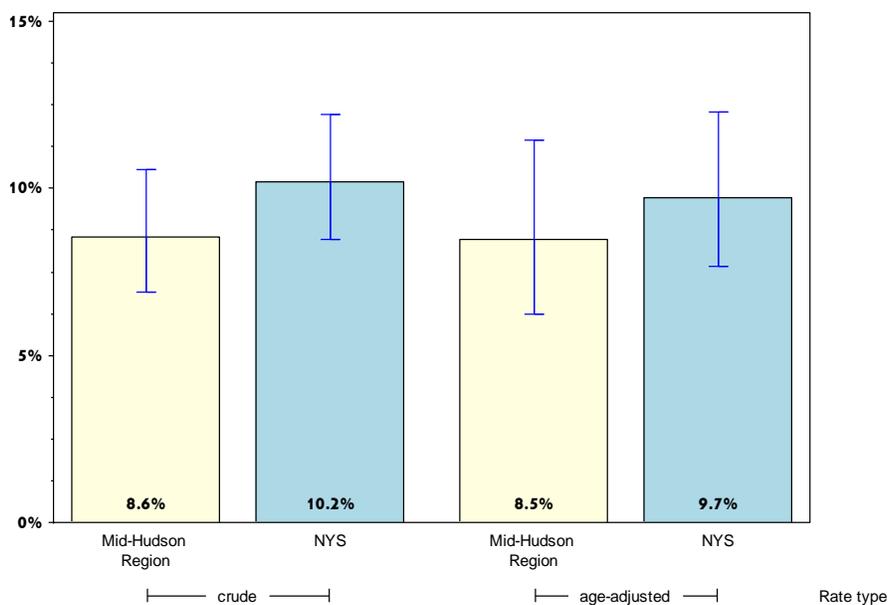
\* As diagnosed by a health professional.

& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	66,257	8.6	6.9	10.6	713,905	10.2	8.5	12.2
<b>Age</b>								
18-24	#				11,969	2.9	1.4	6.1
25-34	#				137,115	17.9 <sup>^</sup>	9.2	31.8
35-44	8,782	9.1 <sup>^</sup>	3.7	20.7	51,465	6.0	3.8	9.2
45-64	28,181	9.2	6.8	12.3	282,601	10.2	8.0	13.0
65+	21,893	8.7	6.4	11.7	208,847	10.1	8.0	12.7
<b>Race</b>								
White, NH	39,723	7.1	5.6	8.8	398,657	8.8	7.0	11.1
Black, NH	11,297	15.3 <sup>^</sup>	8.5	26.1	143,698	14.2	9.5	20.7
Hispanic	6,859	7.7	4.3	13.2	92,991	8.7	4.5	16.4
Other, NH	#				78,559	19.0 <sup>^</sup>	10.4	32.2
<b>Sex</b>								
Male	32,849	8.9	6.3	12.4	324,668	10.2	7.7	13.4
Female	33,408	8.2	6.3	10.7	389,237	10.2	8.0	12.9
<b>Age-adjusted<sup>&amp;</sup></b>		8.5	6.2	11.4		9.7	7.7	12.3

\* Courses for high blood pressure, arthritis, or diabetes.

& Percent is age adjusted to the 2000 United States Population.

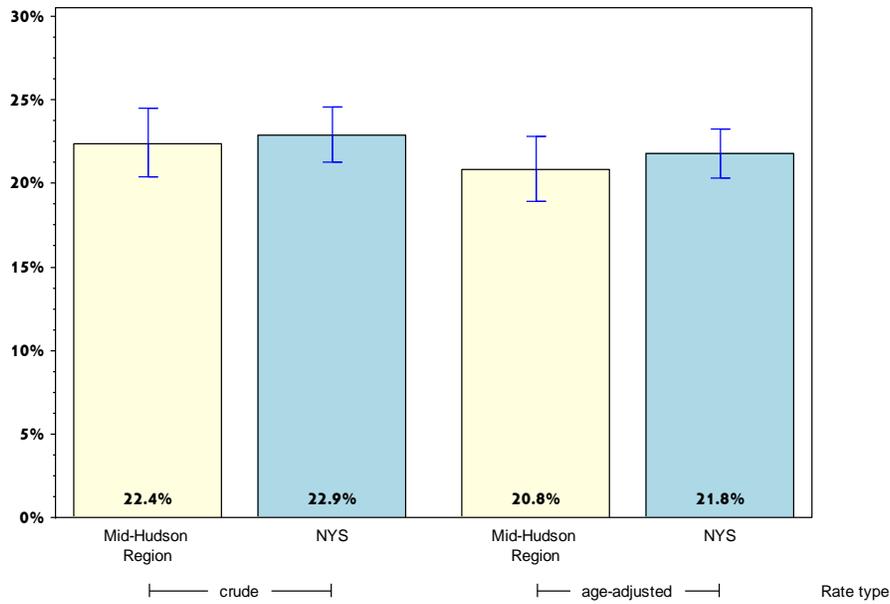
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	392,756	22.4	20.4	24.5	3,491,206	22.9	21.3	24.6
<b>Age</b>								
18-24	#				40,067	2.0	1.1	3.6
25-34	23,161	9.2	6.0	13.7	228,246	8.3	5.9	11.7
35-44	42,145	13.9	9.7	19.7	323,152	12.9	9.4	17.5
45-64	161,955	25.8	22.6	29.3	1,465,151	29.2	26.5	32.1
65+	152,353	46.1	40.9	51.4	1,353,867	49.3	45.4	53.2
<b>Race</b>								
White, NH	308,405	25.9	23.4	28.4	2,474,787	27.2	25.6	28.9
Black, NH	32,099	22.3	15.1	31.6	400,524	18.5	13.4	24.9
Hispanic	39,612	14.8	10.6	20.4	460,563	18.0	13.6	23.4
Other, NH	12,641	8.4	4.1	16.3	155,331	10.8	7.2	15.8
<b>Sex</b>								
Male	150,162	17.7	15.1	20.5	1,258,898	17.3	15.2	19.6
Female	242,594	26.9	23.9	30.0	2,232,309	28.0	25.7	30.4
<b>Age-adjusted<sup>&amp;</sup></b>		20.8	18.9	22.8		21.8	20.3	23.3

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

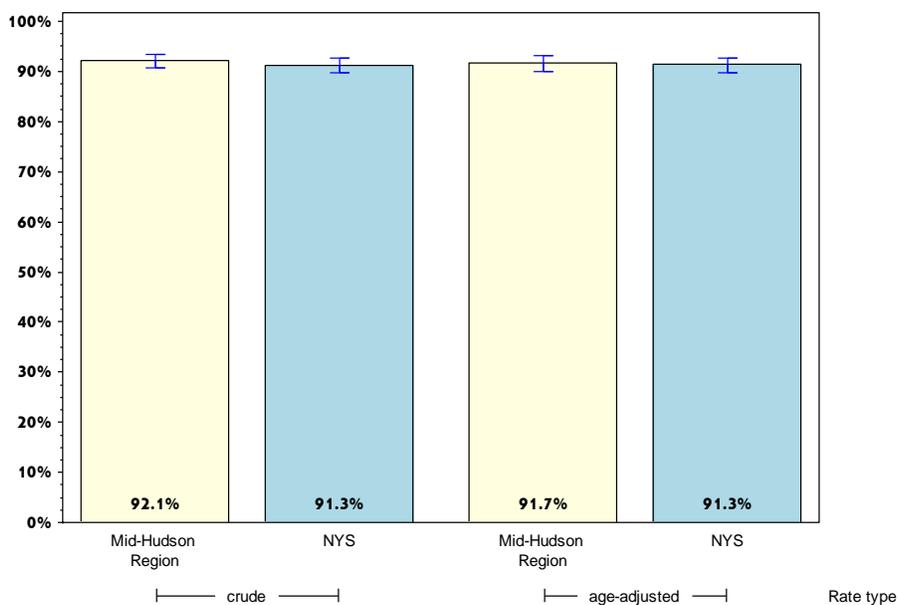
& Percent is age adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

## Mid-Hudson

### Promote a Healthy and Safe Environment

#### Percentage of adults who consider their neighborhood suitable for walking and physical activity



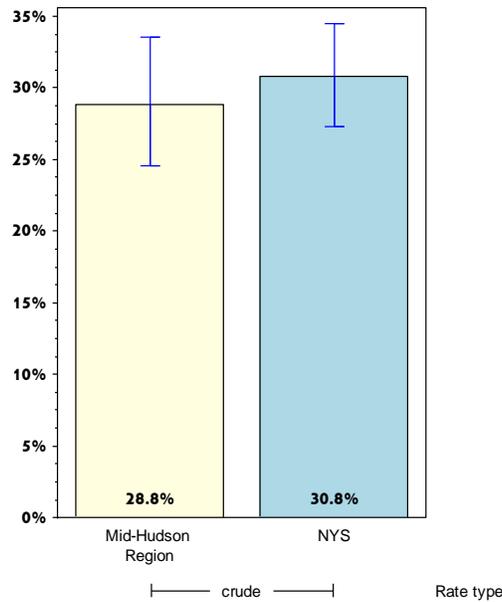
	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	1,515,249	92.1	90.6	93.4	13,107,891	91.3	89.8	92.6
<b>Age</b>								
18-24	178,853	89.6	81.8	94.3	1,641,319	87.9	80.9	92.5
25-34	208,949	88.8	83.8	92.4	2,218,379	86.6	80.9	90.8
35-44	256,978	90.8	86.0	94.1	2,218,331	93.4	90.6	95.4
45-64	547,100	93.1	91.1	94.6	4,372,743	92.2	90.1	93.9
65+	301,481	95.1	92.7	96.8	2,447,810	94.7	92.7	96.1
<b>Race</b>								
White, NH	1,040,740	92.0	90.3	93.5	8,055,698	93.1	91.7	94.3
Black, NH	119,401	92.0	82.5	96.5	1,798,763	89.3	83.3	93.4
Hispanic	223,577	90.8	86.2	94.0	1,963,304	84.3	78.2	89.0
Other, NH	131,532	95.0	89.1	97.8	1,290,125	94.0	88.9	96.9
<b>Sex</b>								
Male	739,528	92.8	90.5	94.6	6,375,291	92.5	90.3	94.3
Female	775,721	91.4	89.3	93.1	6,732,600	90.1	87.9	91.9
<b>Age-adjusted<sup>&amp;</sup></b>		91.7	90.0	93.1		91.3	89.8	92.6

& Percent is age adjusted to the 2000 United States Population.

## Mid-Hudson

### Promote a Healthy and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	92,763	28.8	24.5	33.6	802,383	30.8	27.3	34.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	78,574	30.9	26.8	35.4	600,059	31.3	28.3	34.5
Black, NH		#			61,485	22.9 <sup>^</sup>	12.6	38.1
Hispanic		#			96,513	39.1 <sup>^</sup>	21.8	59.7
Other, NH		#			44,326	25.2 <sup>^</sup>	12.2	45.0
<b>Sex</b>								
Male	42,914	26.7	20.8	33.4	324,764	30.4	25.5	35.7
Female	49,849	31.0	25.1	37.6	477,619	31.1	26.4	36.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

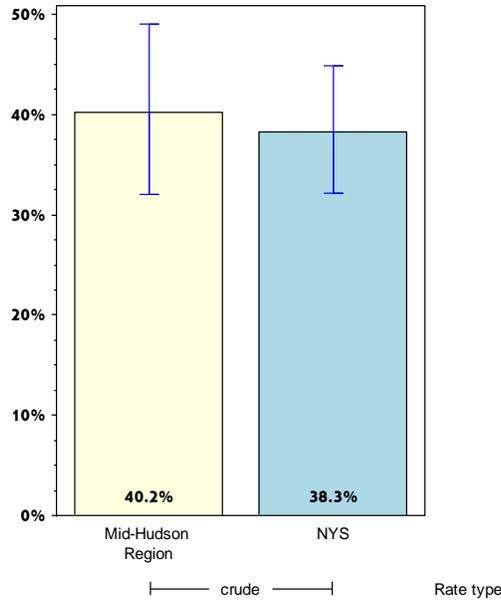
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Promote a Healthy and Safe Environments

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



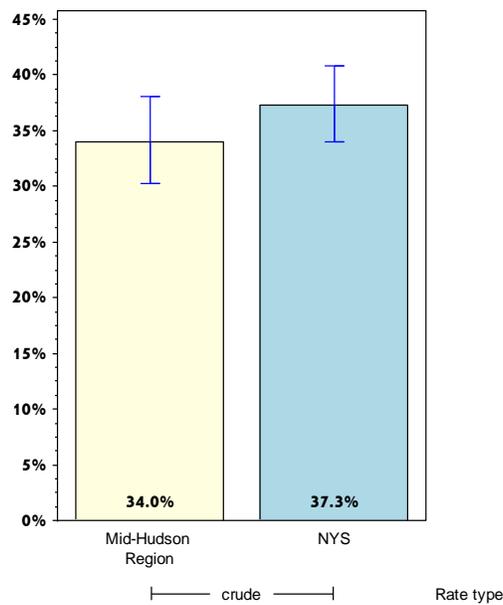
	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	37,075	40.2	32.0	49.0	304,376	38.3	32.2	44.9
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	31,264	40.1	32.4	48.3	223,708	37.6	32.1	43.4
Black, NH		#			33,030	53.7 <sup>^</sup>	28.5	77.2
Hispanic		#			31,933	34.1 <sup>^</sup>	11.7	66.8
Other, NH		#			15,705	35.4 <sup>^</sup>	12.0	68.8
<b>Sex</b>								
Male	15,850	37.2 <sup>^</sup>	26.8	48.9	103,371	32.2	24.1	41.5
Female	21,225	42.9 <sup>^</sup>	31.1	55.6	201,005	42.5	33.9	51.5
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Falls that limited regular activities or lead to doctor visits.  
 & Percent is age adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

#### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	182,322	34.0	30.2	38.0	1,662,747	37.3	34.0	40.8
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	129,928	33.3	29.4	37.5	957,863	33.7	31.0	36.4
Black, NH	20,470	47.9 <sup>^</sup>	32.1	64.1	347,642	52.3 <sup>^</sup>	40.1	64.2
Hispanic	17,315	30.3 <sup>^</sup>	20.9	41.7	270,194	44.2 <sup>^</sup>	31.2	58.1
Other, NH		#			87,049	26.2 <sup>^</sup>	15.7	40.4
<b>Sex</b>								
Male	101,973	39.5	33.7	45.6	929,342	43.4	38.2	48.7
Female	80,348	28.9	24.2	34.2	733,405	31.7	27.6	36.1
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

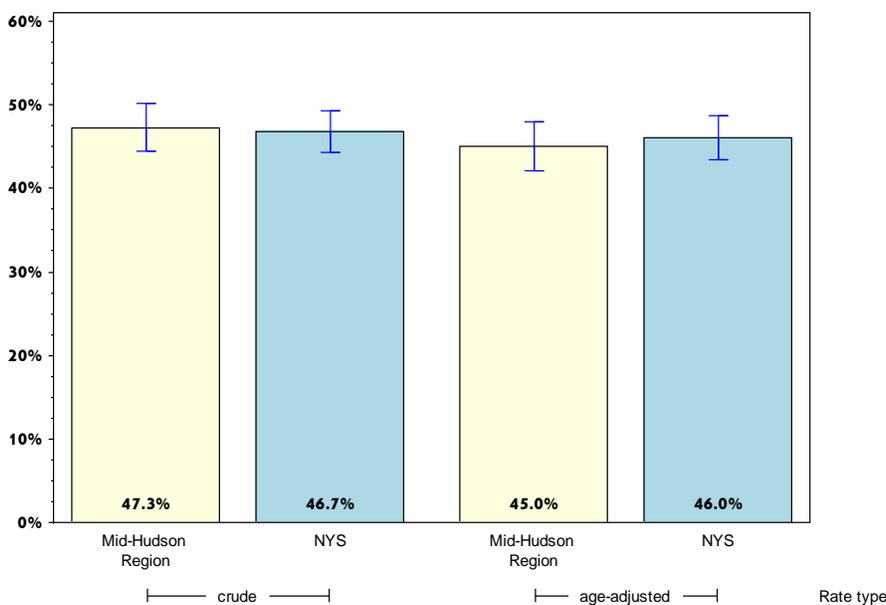
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	785,113	47.3	44.5	50.1	6,798,706	46.7	44.3	49.2
<b>Age</b>								
18-24	67,071	33.5 <sup>^</sup>	21.3	48.4	600,414	31.7	23.4	41.5
25-34	70,650	30.0	24.1	36.6	907,897	35.3	29.0	42.1
35-44	103,925	36.5	29.9	43.7	981,422	41.1	33.9	48.6
45-64	284,102	47.9	43.8	52.0	2,282,268	47.4	44.1	50.8
65+	245,927	75.9	71.4	79.8	1,895,586	72.1	67.9	75.9
<b>Race</b>								
White, NH	580,946	50.9	47.6	54.1	4,296,522	49.3	47.1	51.5
Black, NH	48,599	36.9 <sup>^</sup>	27.8	47.1	718,122	35.0	27.6	43.3
Hispanic	81,517	32.9	27.3	39.0	971,941	40.8	34.1	47.8
Other, NH	74,051	53.4 <sup>^</sup>	39.5	66.8	812,120	58.5 <sup>^</sup>	45.1	70.7
<b>Sex</b>								
Male	341,699	42.4	38.6	46.2	3,045,064	43.8	40.1	47.5
Female	443,414	51.9	47.8	56.1	3,753,643	49.5	46.2	52.8
<b>Age-adjusted<sup>&amp;</sup></b>		45.0	42.1	48.0		46.0	43.4	48.6

\* Includes flu shot or flu spray

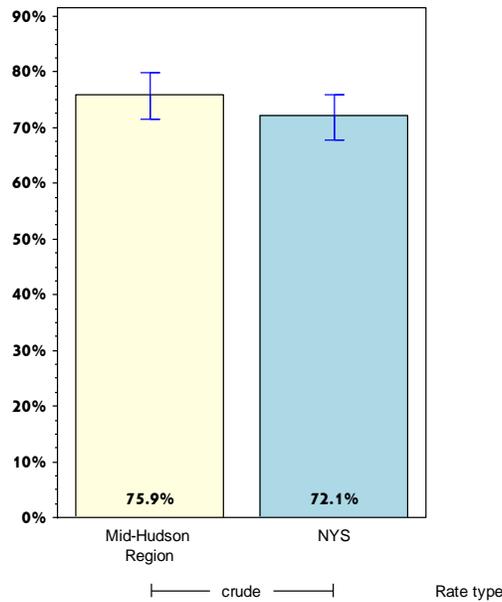
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total Age<sup>+</sup></b>	245,927	75.9	71.4	79.8	1,895,586	72.1	67.9	75.9
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	191,919	75.0	70.8	78.7	1,484,360	76.9	73.9	79.6
Black, NH		#			103,016	38.4 <sup>^</sup>	23.8	55.5
Hispanic		#			170,589	69.0 <sup>^</sup>	47.8	84.3
Other, NH		#			137,621	75.2 <sup>^</sup>	51.4	89.7
<b>Sex</b>								
Male	123,697	76.4	70.0	81.8	802,715	73.9	67.7	79.3
Female	122,230	75.4	68.9	80.8	1,092,871	70.8	65.0	76.0
<b>Age-adjusted<sup>+,&amp;</sup></b>								

\* Includes flu shot or flu spray

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

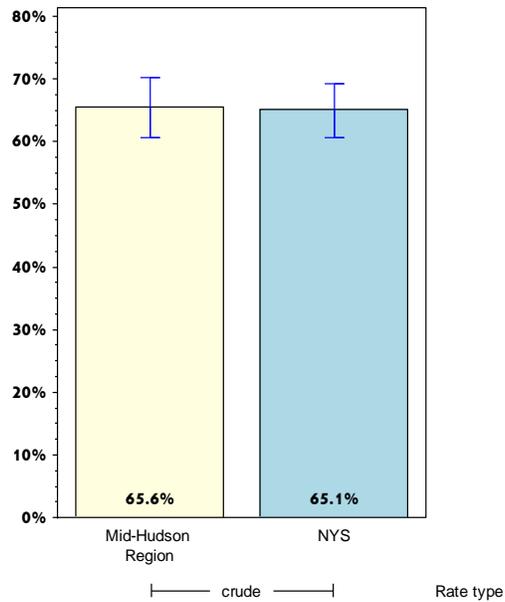
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

#### Percentage of adults aged 65+ years with pneumococcal immunization



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	201,874	65.6	60.6	70.2	1,617,276	65.1	60.7	69.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	160,758	65.7	61.2	70.0	1,303,462	71.4	68.1	74.4
Black, NH		#			123,843	48.9 <sup>^</sup>	30.2	67.8
Hispanic		#			104,466	45.7 <sup>^</sup>	27.5	65.3
Other, NH		#			85,505	48.1 <sup>^</sup>	27.7	69.2
<b>Sex</b>								
Male	96,066	63.4	56.0	70.3	631,549	62.4	56.7	67.7
Female	105,807	67.7	60.8	73.9	985,727	66.9	60.5	72.7
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

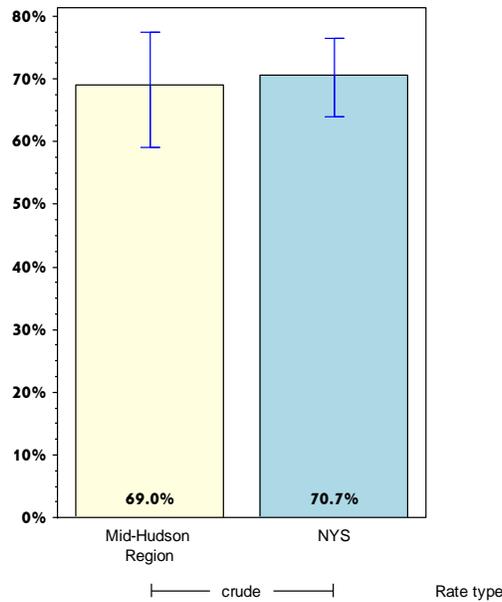
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	239,158	69.0	59.1	77.4	2,268,176	70.7	64.0	76.5
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	166,583	74.4 <sup>^</sup>	59.9	84.9	1,155,302	73.5	68.1	78.3
Black, NH		#			426,771	78.8 <sup>^</sup>	61.7	89.5
Hispanic	35,664	54.9 <sup>^</sup>	39.1	69.8	412,421	62.2 <sup>^</sup>	48.3	74.4
Other, NH		#			273,683	63.0 <sup>^</sup>	30.7	86.8
<b>Sex</b>								
Male		#				#		
Female	239,158	69.0	59.1	77.4	2,268,176	70.7	64.0	76.5
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

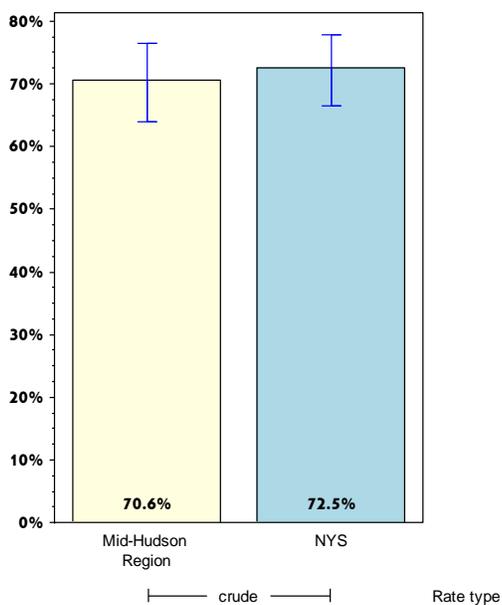
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	274,898	70.6	63.9	76.5	2,615,375	72.5	66.5	77.8
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	184,761	75.1	68.1	81.0	1,220,281	70.1	65.1	74.6
Black, NH	#	#	#	#	512,270	83.8 <sup>^</sup>	68.8	92.4
Hispanic	49,811	64.5 <sup>^</sup>	49.3	77.3	606,739	76.3 <sup>^</sup>	64.1	85.3
Other, NH	#	#	#	#	276,085	60.1 <sup>^</sup>	30.5	83.8
<b>Sex</b>								
Male	#	#	#	#	#	#	#	#
Female	274,898	70.6	63.9	76.5	2,615,375	72.5	66.5	77.8
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

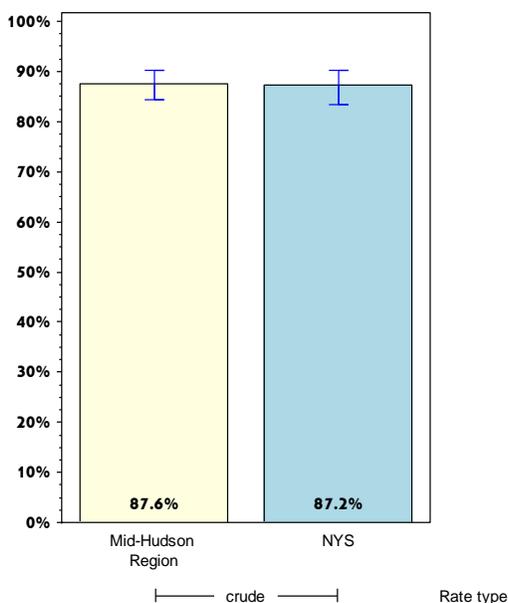
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Promote Healthy Women, Infants, and Children

#### Percentage of women aged 18-64 years with health care coverage



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	625,952	87.6	84.3	90.3	5,351,099	87.2	83.4	90.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	444,204	92.0	88.6	94.4	3,178,979	91.6	90.0	93.0
Black, NH	47,362	84.1 <sup>^</sup>	69.6	92.5	916,108	93.3	88.7	96.1
Hispanic	73,041	66.7 <sup>^</sup>	55.3	76.5	807,553	76.0	66.5	83.5
Other, NH	61,345	93.6 <sup>^</sup>	77.8	98.4	448,460	71.8 <sup>^</sup>	43.3	89.5
<b>Sex</b>								
Male		#				#		
Female	625,952	87.6	84.3	90.3	5,351,099	87.2	83.4	90.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

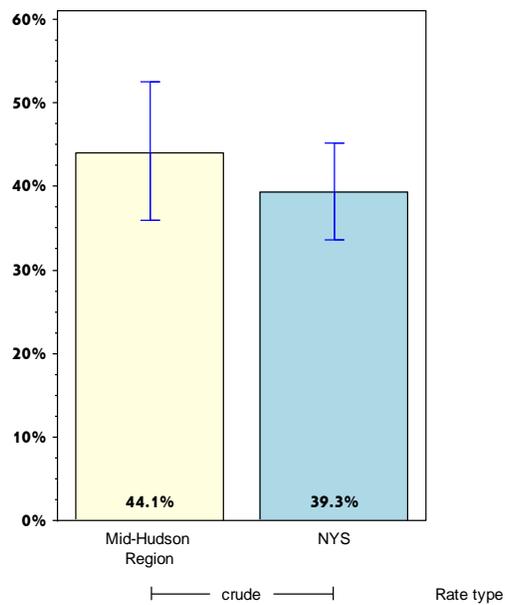
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	153,496	44.1	35.9	52.5	1,268,971	39.3	33.7	45.2
<b>Age<sup>+</sup></b>								
18-24								
25-34								
35-44								
45-64								
65+								
<b>Race</b>								
White, NH	108,432	47.8 <sup>^</sup>	37.2	58.6	723,302	45.9	41.1	50.9
Black, NH		#			291,237	53.7 <sup>^</sup>	35.5	71.0
Hispanic	26,231	41.1 <sup>^</sup>	27.4	56.4	192,904	28.5 <sup>^</sup>	19.0	40.3
Other, NH		#			61,528	14.1 <sup>^</sup>	6.5	27.9
<b>Sex</b>								
Male		#				#		
Female	153,496	44.1	35.9	52.5	1,268,971	39.3	33.7	45.2
<b>Age-adjusted<sup>+,&amp;</sup></b>								

& Percent is age adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

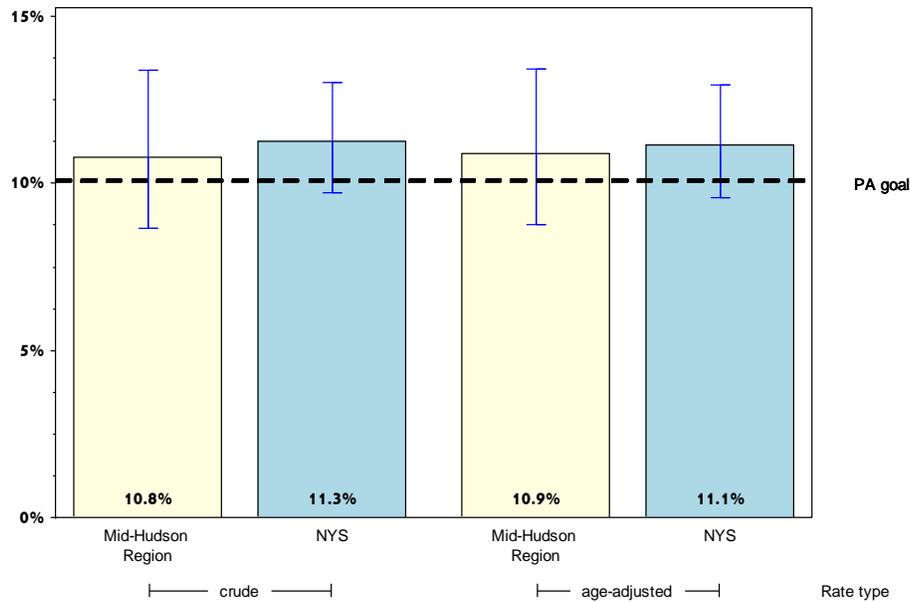
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

## Mid-Hudson

### Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	185,388	10.8	8.6	13.4	1,672,677	11.3	9.7	13.0
<b>Age</b>								
18-24	46,733	22.3 <sup>^</sup>	11.0	39.9	186,862	9.5	6.7	13.1
25-34	19,988	8.2	5.7	11.6	418,716	15.7	10.2	23.4
35-44	31,122	10.5	6.8	16.0	259,463	10.5	7.0	15.4
45-64	62,904	10.2	8.3	12.4	587,164	12.1	10.3	14.2
65+	22,310	6.9	4.9	9.6	175,961	6.7	4.9	9.0
<b>Race</b>								
White, NH	131,314	11.2	8.4	14.7	1,072,012	12.0	10.2	14.2
Black, NH	16,197	11.7	6.2	21.0	237,227	11.2	7.0	17.5
Hispanic	29,751	11.4	7.8	16.2	264,437	11.0	7.1	16.6
Other, NH	#	#	#	#	99,001	7.0	3.9	12.2
<b>Sex</b>								
Male	79,572	9.6	7.3	12.4	734,315	10.4	7.9	13.5
Female	105,816	11.9	8.6	16.4	938,362	12.1	10.2	14.2
<b>Age-adjusted<sup>&amp;</sup></b>		10.9	8.8	13.4		11.1	9.6	13.0

& Percent is age adjusted to the 2000 United States Population.

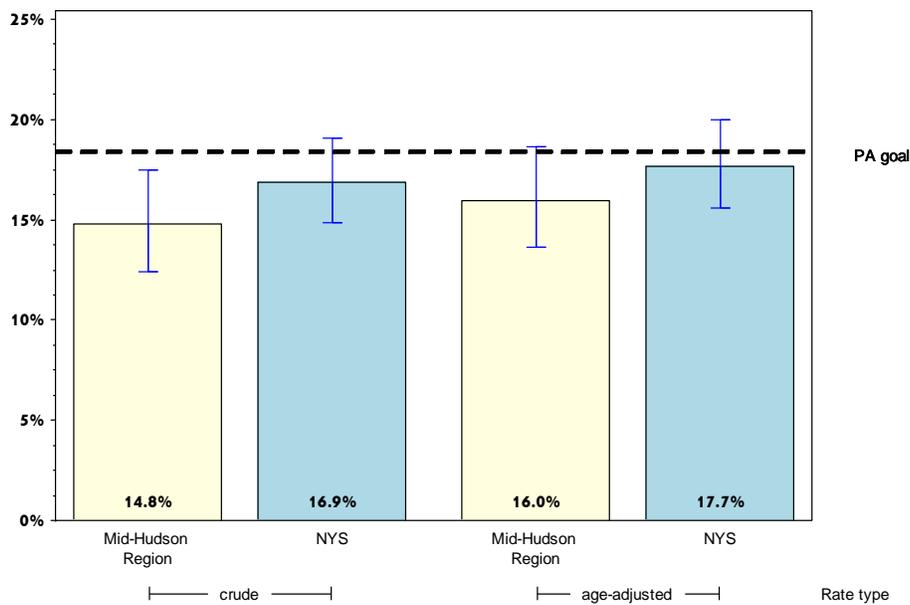
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	243,431	14.8	12.4	17.5	2,413,447	16.9	14.9	19.1
<b>Age</b>								
18-24	67,414	34.0 <sup>^</sup>	21.6	49.0	515,466	27.1	19.4	36.6
25-34	46,125	19.5	15.0	25.0	633,963	25.0	18.9	32.3
35-44	53,410	18.9	13.7	25.4	509,131	22.6	17.2	29.1
45-64	66,917	11.4	9.3	14.0	656,578	13.7	11.7	16.0
65+	8,774	2.7	1.7	4.3	86,636	3.4	2.7	4.2
<b>Race</b>								
White, NH	183,442	16.2	13.2	19.9	1,649,594	19.1	17.0	21.5
Black, NH	7,464	5.9	3.1	10.9	324,364	16.3 <sup>^</sup>	9.4	26.8
Hispanic	43,796	17.5	12.7	23.7	277,966	11.6	7.7	17.1
Other, NH	8,729	6.2	2.8	12.8	161,523	12.4	6.8	21.7
<b>Sex</b>								
Male	155,554	19.7	16.8	22.9	1,567,117	22.8	19.3	26.8
Female	87,877	10.3	6.8	15.2	846,330	11.4	9.6	13.4
<b>Age-adjusted<sup>&amp;</sup></b>		16.0	13.6	18.6		17.7	15.6	20.0

\* Men who have five or more drinks, women having four or more drinks on one occasion

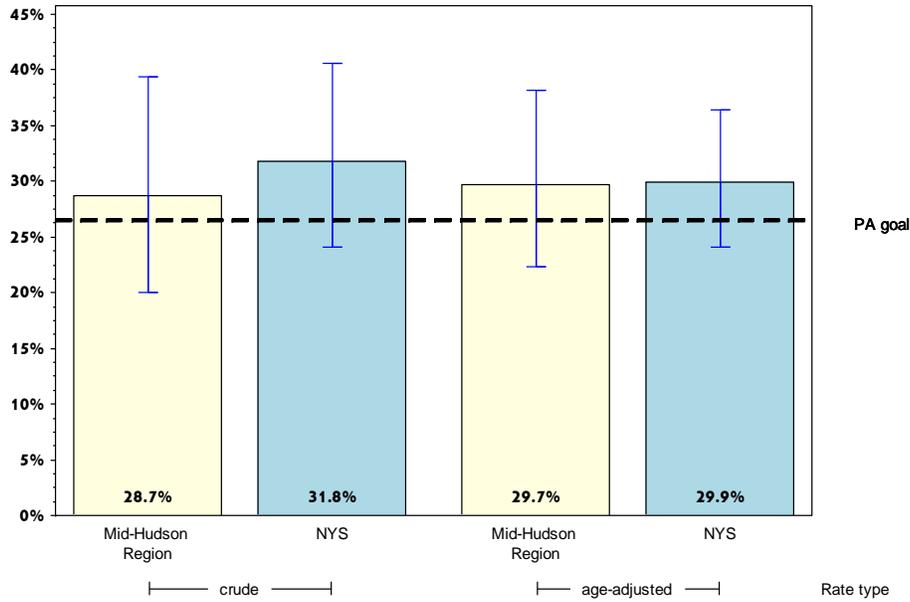
& Percent is age adjusted to the 2000 United States Population.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Mid-Hudson

## Promote Mental Health and Prevention Substance Abuse

Percentage of cigarette smoking among adults who report poor mental health



	Mid-Hudson				Statewide			
	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit	Est. # of Adults	Percent	Lower 95% limit	Upper 95% limit
<b>Total</b>	51,755	28.7 <sup>^</sup>	20.0	39.4	519,245	31.8	24.1	40.6
<b>Age</b>								
18-24	#	#			64,468	35.6 <sup>^</sup>	22.4	51.5
25-34	#	#			192,926	47.3 <sup>^</sup>	24.8	70.8
35-44	#	#			70,340	27.6 <sup>^</sup>	16.6	42.1
45-64	19,510	31.2	22.7	41.2	177,977	31.2	24.0	39.5
65+	#	#			13,368	7.7	4.1	13.9
<b>Race</b>								
White, NH	36,925	28.4 <sup>^</sup>	18.3	41.2	423,246	39.9 <sup>^</sup>	29.9	50.7
Black, NH	#	#			33,694	14.4 <sup>^</sup>	7.7	25.3
Hispanic	#	#			45,968	18.1 <sup>^</sup>	9.4	31.9
Other, NH	#	#			16,336	19.6 <sup>^</sup>	9.4	36.5
<b>Sex</b>								
Male	33,440	44.0 <sup>^</sup>	30.0	59.0	272,857	38.4 <sup>^</sup>	24.1	55.0
Female	18,314	17.6	10.9	27.2	246,388	26.7	20.7	33.8
<b>Age-adjusted<sup>&amp;</sup></b>		29.7	22.4	38.2		29.9	24.1	36.4

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<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).