

# eBRFSS 2013-2014 Health Indicators: Putnam

General Description .....	2
Improve Health Status and Reduce Health Disparities .....	3
Percentage of adults who did not receive medical care because of cost .....	3
Percentage of adults who have a regular health care provider .....	4
Percentage of adults who had a dentist visit within the past year .....	5
Percentage of adults living with a disability.....	6
Percentage of adults aged 18-64 years with healthcare coverage .....	7
Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year .....	8
Percentage of adults experiencing housing insecurity in the past 12 months.....	9
Percentage of adults experiencing food insecurity in the past 12 months.....	10
Percentage of adults with poor self-reported health .....	11
Percentage of adults who report 14 or more days of poor physical health.....	12
Prevent Chronic Diseases .....	13
Percentage of adults who are obese .....	13
Percentage of adults with an annual household income less than \$25,000 who are obese .....	14
Percentage of adults living with a disability who are obese .....	15
Percentage of adults overweight or obese .....	16
Percentage of adults who participated in leisure time physical activity in the past 30 days.....	17
Percentage of adults who consume one or more sugary drinks daily .....	18
Percentage of adults who consume fast-food three or more times per week .....	19
Percentage of adults with physician diagnosed diabetes .....	20
Percentage of adults who are current smokers .....	21
Percentage of adults with annual household income less than \$25,000 who are current smokers .....	22
Percentage of adults aged 18-24 years who are current smokers.....	23
Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines .....	24
Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines.....	25
Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines .....	26
Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines.....	27
Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines.....	28
Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines.....	29
Percentage of adults who had a test for high blood sugar or diabetes within the past three years .....	30
Percentage of adults with physician-diagnosed prediabetes .....	31
Percentage of adults with physician-diagnosed high blood pressure.....	32
Percentage of adults with diagnosed high blood pressure taking high blood pressure medication .....	33
Percentage of adults with current asthma .....	34
Percent of adults with cholesterol checked.....	35
Percentage of adults 18 years and older with elevated cholesterol.....	36
Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition .....	37
Percentage of adults with arthritis .....	38
Promote a Healthy and Safe Environment .....	39
Percentage of adults who consider their neighborhood suitable for walking and physical activity.....	39
Percentage of adults aged 65+ years with at least one fall in the past 12 months.....	40
Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury.....	41
Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections.....	42
Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV).....	42
Percentage of adults aged 18+ years with flu immunization in the past year .....	43
Percentage of adults aged 65+ years with flu immunization in the past year .....	44
Percentage of adults aged 65+ years with pneumococcal immunization.....	45
Promote Healthy Women, Infants, and Children .....	46
Percentage of women aged 18-44 years who had dental visit within the last year .....	46
Women aged 18-44 years who saw a doctor for a routine checkup within the last year.....	47
Percentage of women aged 18-64 years with health care coverage .....	48
Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy .....	49
Promote Mental Health and Prevention Substance Abuse .....	50
Percentage of adults with poor mental health for 14 or more days in the last month .....	50
Percentage of adult binge drinking during the past month .....	51
Percentage of cigarette smoking among adults who report poor mental health.....	52

## General Description

The New York State Expanded Behavioral Risk Factor Surveillance System 2013-2014 (2014 eBRFSS) was design to supplement the Center for Disease Control and Prevention (CDC) Behavioral Risk Factor Surveillance System (BRFSS), which is conducted annually in New York State. The purpose of the 2014 eBRFSS was to produce local information on key public health issues. Data for the project were collected from April 15, 2013 to May 10, 2014. The 2014 eBRFSS reached both households with landline telephones and households which only had cell phones. Like the annual BRFSS, New York State's 2014 eBRFSS was designed to be representative of the non-institutionalized adult household population, aged 18 years and older.

### Reported Health Indicators

There are a total of 50 health indicators included in the report. The health indicators include 10 measures included in the New York State Department of Health's Prevention Agenda, NYS Health Innovation Plan (SHIP), Delivery System Reform Incentive Payment (DSRIP) Program, or the NYS Community Health Indicator Reports (CHIRS). An additional 40 important health indicators are also included. The indicators are organized by the Priority Area of the Prevention Agenda and are reported statewide, by region, and by county.

### Data Collection Methodology, Sampling and Weighting

The data collection methods for the 2014 eBRFSS aligned with the CDC's standard annual BRFSS methods. The 2014 eBRFSS questionnaire used standard questions from the BRFSS. Survey interviews were conducted in both English and Spanish. There were 31,690 completed interviews.

The sampling plan for the eBRFSS was developed to result in valid health indicator estimates for New York City (NYC) and each of the 57 counties outside NYC. The sampling approach stratified landlines by county and implemented a disproportionate stratified sampling design that accounted for both listed-households and unlisted numbers. Cell phone households were accounted for through additional strata that covered contiguous groups of counties.

Data were weighted to represent the population using a methodology known as iterative proportional fitting (raking). Raking adjusted the data so that groups underrepresented in the sample were more accurately represented in the estimated rates. Raking also enabled surveys conducted by cell phone to be included in the weighting and to accurately match sample distributions of specified demographic characteristics of the population. The raking categories included in the eBRFSS were: age, gender, race/ethnicity, education, marital status, owner/renter status, telephone usage (i.e. landline and cell phone combinations), and county of residence.

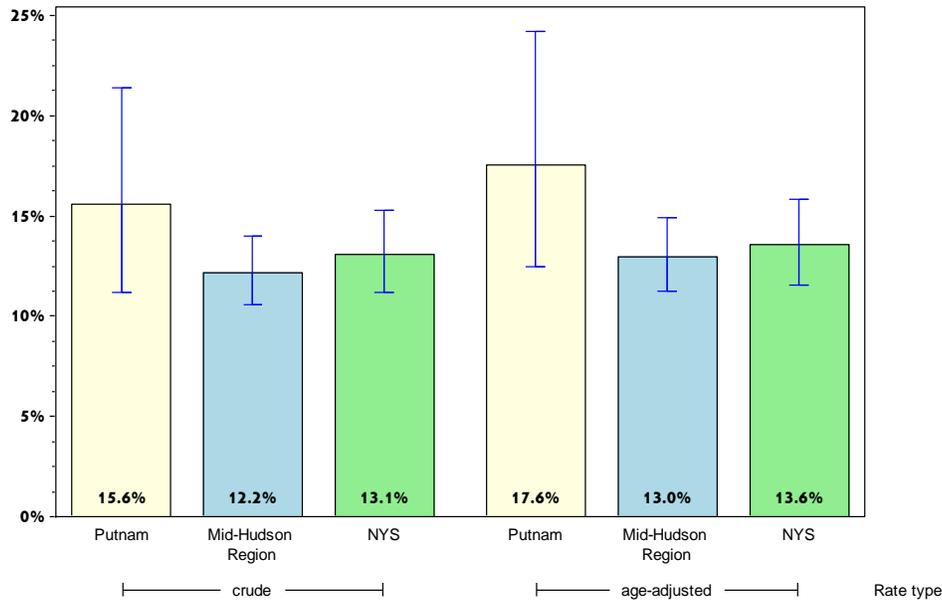
### Limitations of Data Use:

During data analysis, criteria were applied to suppress rates based on too few surveys to be reliable and to identify rates that are highly variable. Rates in which less than 10 respondents were in the numerator or less than 50 respondents were in the denominator were considered unreliable and suppressed from reporting. Rates considered to have high variability due to having confidence limits greater than  $\pm 10\%$  are noted.

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults who did not receive medical care because of cost\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	12,063	15.6	(11.2-21.4)	213,559	12.2	(10.6-14.0)
<b>Age</b>		#				
18-24		#		24,867	11.5	(7.1-18.1)
25-34		#		61,074	24.2	(18.8-30.5)
35-44	3,747	23.8 <sup>^</sup>	(12.0-41.7)	39,130	13.1	(9.3-18.1)
45-64	4,166	13.1	(8.7-19.3)	77,812	12.4	(9.9-15.4)
65+		#		9,983	3.0	(1.9-4.7)
<b>Race</b>						
White, NH	8,061	12.3	(8.5-17.5)	103,329	8.6	(7.2-10.4)
Black, NH		#		26,096	18.1	(11.5-27.3)
Hispanic		#		66,211	24.8	(19.6-30.8)
Other, NH		#		17,924	12.2 <sup>^</sup>	(6.3-22.5)
<b>Sex</b>						
male	5,031	13.2	(7.7-21.6)	96,035	11.3	(9.2-13.8)
female	7,032	18.0	(11.8-26.6)	117,524	13.0	(10.7-15.7)
<b>Age-adjusted<sup>&amp;</sup></b>		17.6	(12.5-24.2)		13.0	(11.3-14.9)

\* Among people needing to see a doctor in the past 12 months

& Percent is age-adjusted to the 2000 United States Population.

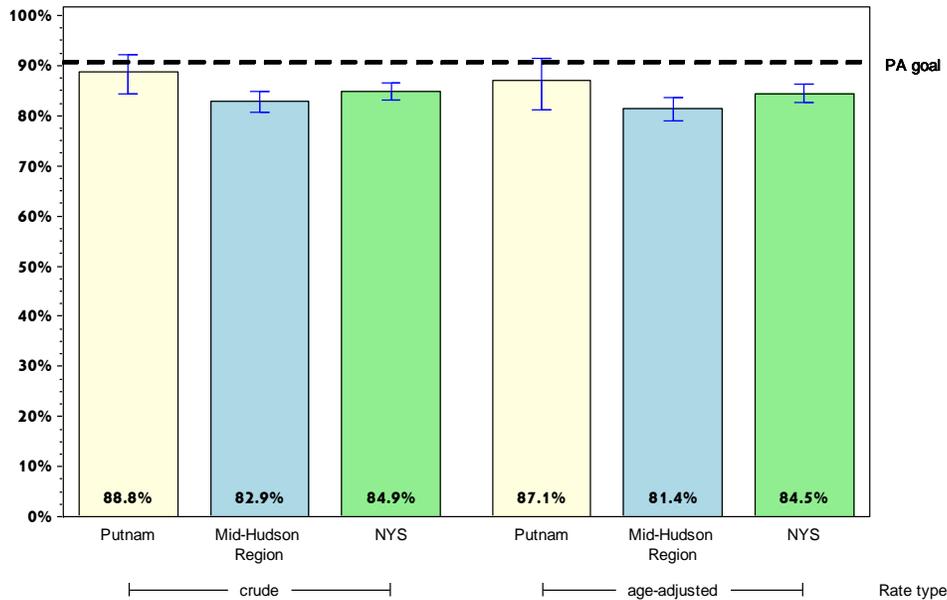
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

### Percentage of adults who have a regular health care provider



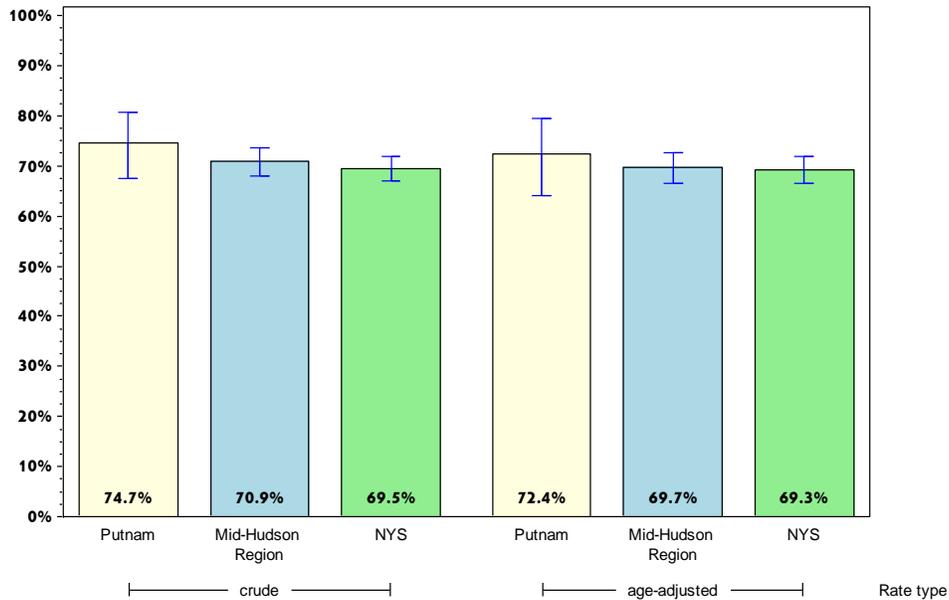
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	68,416	88.8	(84.4-92.0)	1,451,055	82.9	(80.7-84.8)
<b>Age</b>						
18-24	#	#		152,841	71.5 <sup>^</sup>	(61.4-79.9)
25-34	#	#		165,892	65.9	(59.4-71.9)
35-44	13,646	86.8 <sup>^</sup>	(76.3-93.1)	241,482	80.1	(74.3-84.9)
45-64	29,886	94.0	(89.8-96.6)	551,367	88.0	(84.6-90.7)
65+	12,351	91.0	(83.2-95.4)	316,008	95.3	(93.1-96.8)
<b>Race</b>						
White, NH	59,040	90.4	(85.8-93.7)	1,040,292	87.1	(85.0-88.9)
Black, NH	#	#		115,973	80.8 <sup>^</sup>	(69.9-88.4)
Hispanic	#	#		170,342	64.2	(57.6-70.3)
Other, NH	#	#		124,448	84.5 <sup>^</sup>	(72.0-92.0)
<b>Sex</b>						
male	32,152	84.6	(76.8-90.1)	644,852	76.2	(72.7-79.4)
female	36,264	92.9	(87.7-96.0)	806,202	89.1	(86.6-91.2)
<b>Age-adjusted<sup>&amp;</sup></b>		87.1	(81.2-91.3)		81.4	(79.0-83.5)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults who had a dentist visit within the past year



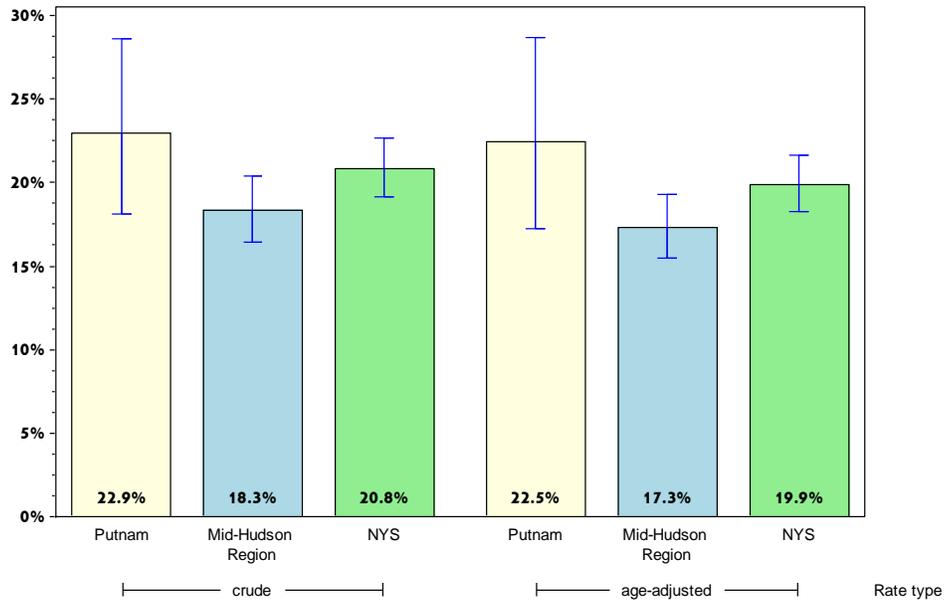
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	53,543	74.7	(67.4-80.7)	1,139,691	70.9	(67.9-73.7)
<b>Age</b>						
18-24	#	#		131,816	67.8 <sup>^</sup>	(52.3-80.1)
25-34	#	#		136,576	60.4	(52.4-67.8)
35-44	#	#		183,147	67.0	(59.6-73.7)
45-64	23,144	77.2	(69.3-83.5)	443,396	76.3	(72.7-79.6)
65+	9,592	75.8	(66.0-83.5)	226,410	72.9	(68.0-77.4)
<b>Race</b>						
White, NH	45,660	74.6	(66.7-81.2)	823,255	73.9	(70.4-77.1)
Black, NH	#	#		87,005	71.4 <sup>^</sup>	(60.9-80.0)
Hispanic	#	#		148,094	61.7	(54.5-68.4)
Other, NH	#	#		81,338	61.4 <sup>^</sup>	(46.7-74.2)
<b>Sex</b>						
male	23,784	68.6 <sup>^</sup>	(56.1-79.0)	535,676	67.9	(64.1-71.4)
female	29,759	80.3	(73.4-85.7)	604,015	73.7	(68.9-78.0)
<b>Age-adjusted<sup>&amp;</sup></b>		72.4	(64.0-79.4)		69.7	(66.5-72.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

### Percentage of adults living with a disability\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	17,561	22.9	(18.1-28.6)	316,204	18.3	(16.4-20.4)
<b>Age</b>		#				
18-24		#		20,509	9.8 <sup>^</sup>	(4.5-20.4)
25-34		#		26,979	10.9	(8.0-14.8)
35-44		#		31,573	10.6	(7.3-15.1)
45-64	7,663	24.4	(18.2-32.0)	115,741	18.7	(16.0-21.7)
65+	4,531	33.9 <sup>^</sup>	(25.1-44.0)	118,713	35.9	(30.8-41.4)
<b>Race</b>						
White, NH	16,224	25.0	(19.6-31.3)	236,848	20.1	(17.8-22.6)
Black, NH		#		34,013	24.6 <sup>^</sup>	(16.3-35.2)
Hispanic		#		33,088	12.5	(9.4-16.6)
Other, NH		#		12,256	8.4 <sup>^</sup>	(3.4-18.9)
<b>Sex</b>						
male	7,824	20.6	(14.2-28.9)	148,029	17.7	(14.9-20.8)
female	9,738	25.2	(18.8-33.1)	168,176	18.9	(16.3-21.7)
<b>Age-adjusted<sup>&amp;</sup></b>		22.5	(17.3-28.7)		17.3	(15.5-19.3)

\* Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

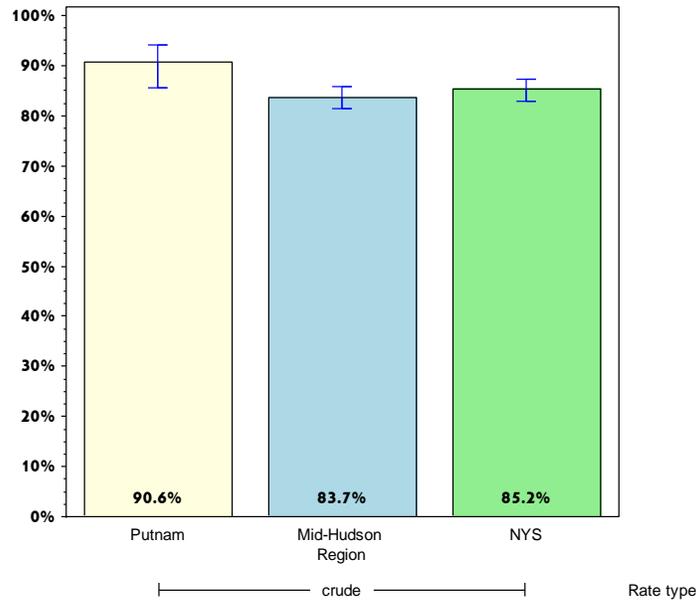
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

### Percentage of adults aged 18-64 years with healthcare coverage



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	56,970	90.6	(85.5-94.0)	1,163,325	83.7	(81.3-85.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	48,164	93.1	(87.7-96.2)	824,649	91.2	(89.0-93.0)
Black, NH		#		96,166	80.2	(70.4-87.3)
Hispanic		#		144,031	57.3	(50.2-64.1)
Other, NH		#		98,479	85.7 <sup>^</sup>	(72.5-93.2)
<b>Sex</b>						
male	27,333	86.4	(77.6-92.1)	537,373	79.5	(75.9-82.8)
female	29,637	94.9	(88.2-97.9)	625,952	87.6	(84.3-90.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

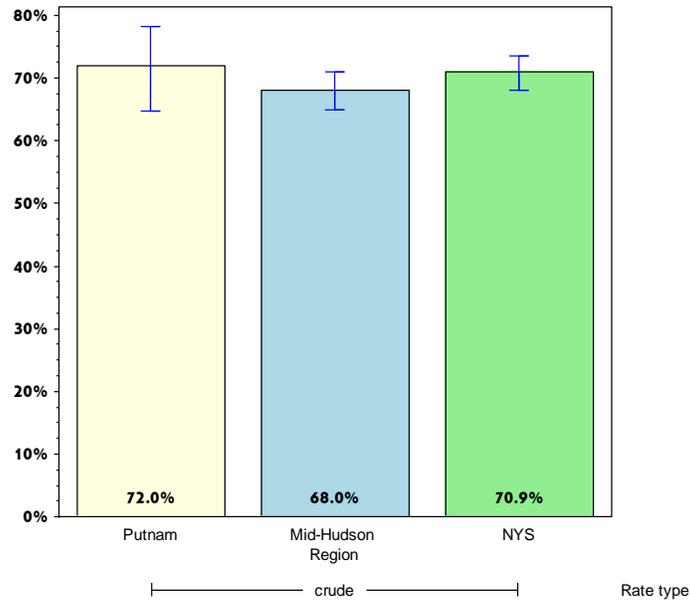
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults aged 18-64 years who saw a doctor for a routine checkup within the last year



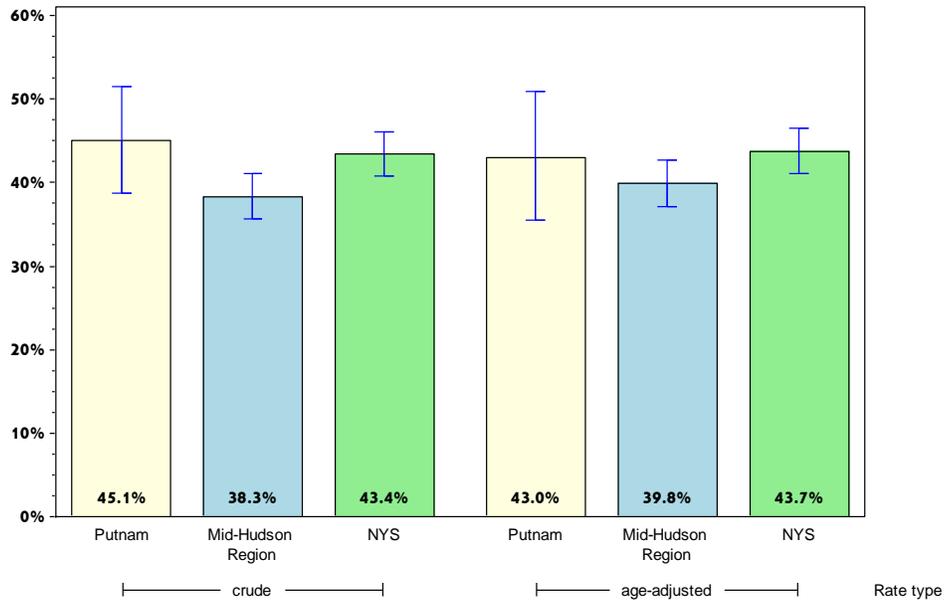
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	45,257	72.0	(64.7-78.3)	946,537	68.0	(65.0-70.9)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	38,616	74.6	(67.2-80.8)	633,497	69.9	(66.5-73.1)
Black, NH		#		86,583	72.1 <sup>^</sup>	(59.9-81.8)
Hispanic		#		155,522	62.6	(55.4-69.2)
Other, NH		#		70,935	60.8 <sup>^</sup>	(45.1-74.5)
<b>Sex</b>						
male	22,986	72.6 <sup>^</sup>	(61.7-81.4)	416,747	61.6	(57.2-65.8)
female	22,272	71.3 <sup>^</sup>	(61.1-79.8)	529,790	74.1	(69.9-77.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing housing insecurity in the past 12 months\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	31,144	45.1	(38.8-51.5)	602,090	38.3	(35.7-41.1)
<b>Age</b>		#				
18-24		#		47,801	27.1 <sup>^</sup>	(18.1-38.6)
25-34		#		120,409	53.6	(46.0-61.0)
35-44		#		138,372	51.7	(44.2-59.1)
45-64	15,498	50.4	(42.5-58.4)	228,594	39.5	(35.6-43.5)
65+	3,454	27.9 <sup>^</sup>	(19.6-38.2)	60,912	20.1	(16.7-23.9)
<b>Race</b>						
White, NH	26,609	44.6	(38.2-51.2)	356,007	32.7	(29.9-35.6)
Black, NH		#		65,977	55.1 <sup>^</sup>	(44.2-65.5)
Hispanic		#		140,652	58.4	(51.5-64.9)
Other, NH		#		39,454	32.6 <sup>^</sup>	(21.6-45.8)
<b>Sex</b>						
male	10,961	33.6	(25.1-43.3)	269,919	35.7	(32.0-39.6)
female	20,183	55.4	(47.1-63.3)	332,171	40.8	(36.9-44.8)
<b>Age-adjusted<sup>&amp;</sup></b>		43.0	(35.5-50.9)		39.8	(37.1-42.7)

\* Worried or stressed about having enough money to pay for rent or mortgage.

& Percent is age-adjusted to the 2000 United States Population.

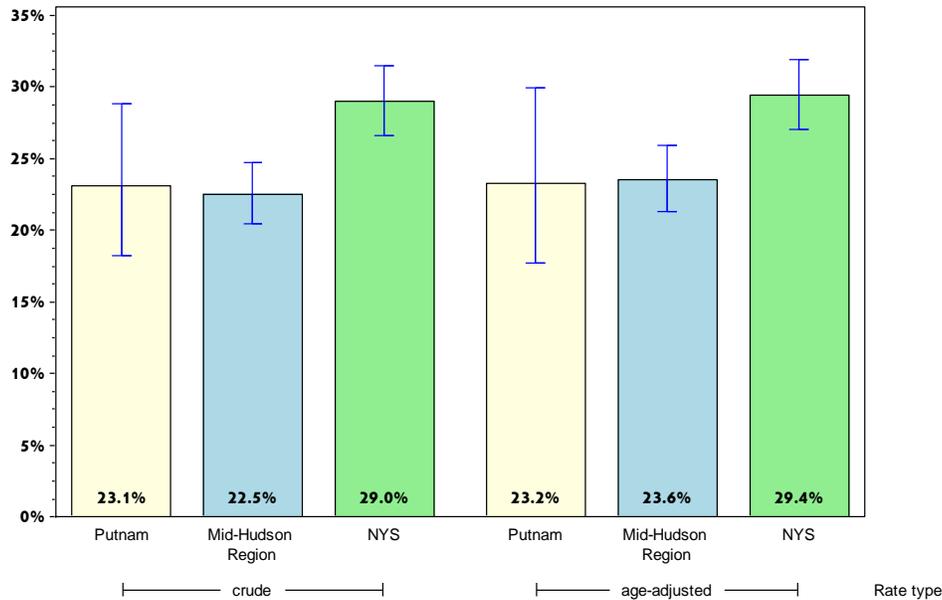
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults experiencing food insecurity in the past 12 months\*



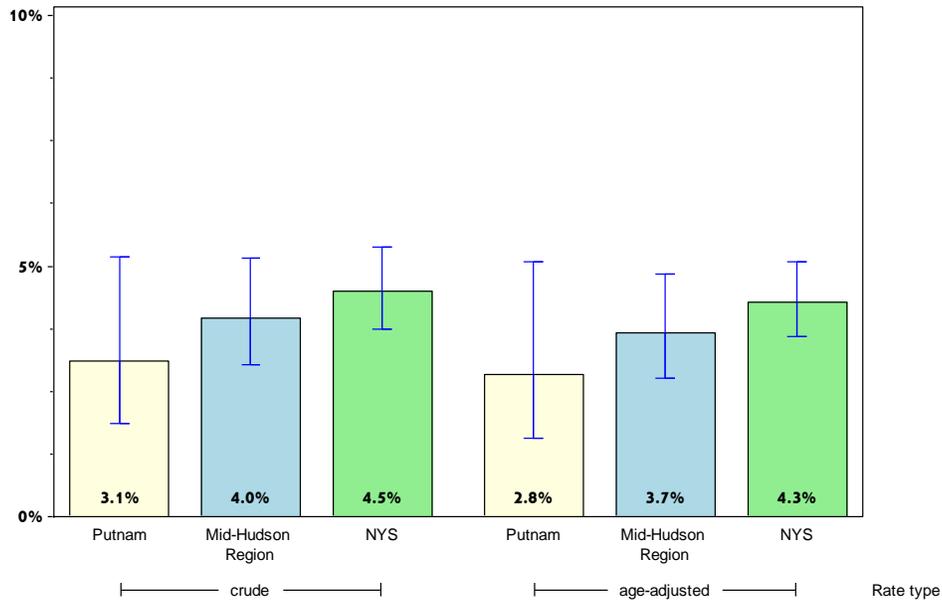
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	17,390	23.1	(18.2-28.8)	373,183	22.5	(20.4-24.7)
<b>Age</b>						
18-24	#			37,365	18.6	(12.3-27.1)
25-34	#			79,141	33.6	(27.4-40.5)
35-44	#			77,591	27.4	(21.7-33.9)
45-64	8,526	27.2	(20.4-35.1)	144,699	24.5	(21.2-28.1)
65+	1,702	13.1	(7.5-22.0)	32,669	10.1	(7.6-13.4)
<b>Race</b>						
White, NH	13,900	21.7	(16.8-27.5)	203,220	17.9	(15.9-20.0)
Black, NH	#			45,801	34.7 <sup>^</sup>	(24.9-46.1)
Hispanic	#			101,414	40.9	(34.4-47.7)
Other, NH	#			22,749	16.3 <sup>^</sup>	(9.2-27.3)
<b>Sex</b>						
male	6,959	18.9	(12.3-27.7)	170,155	21.2	(18.1-24.6)
female	10,432	27.1	(20.6-34.9)	203,028	23.8	(20.9-26.9)
<b>Age-adjusted<sup>&amp;</sup></b>		23.2	(17.7-29.9)		23.6	(21.3-26.0)

\* Worried or stressed about having enough money to buy nutritious meals.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Improve Health Status and Reduce Health Disparities

### Percentage of adults with poor self-reported health



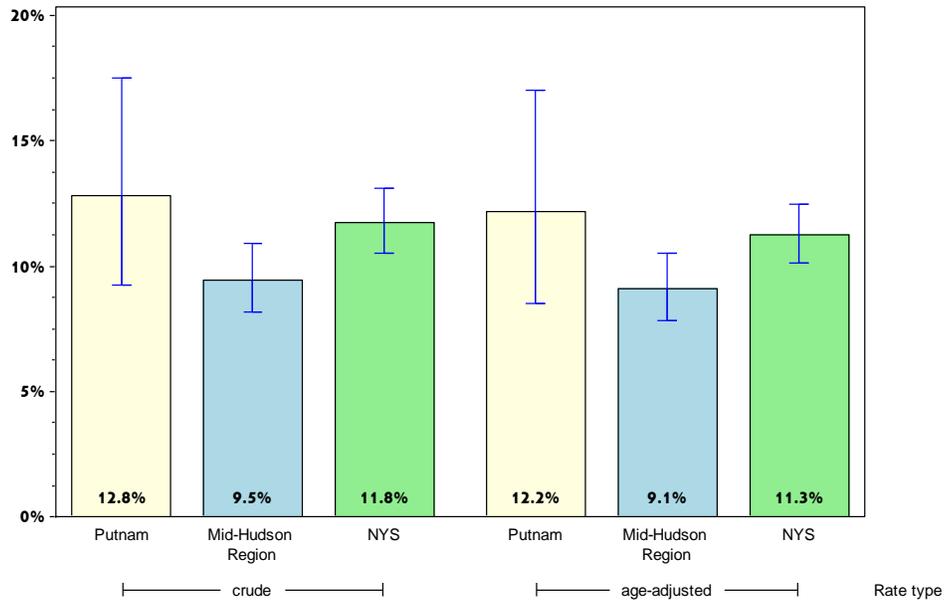
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,394	3.1	(1.9-5.2)	68,725	4.0	(3.0-5.2)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64	1,385	4.4	(2.2-8.5)	33,526	5.4	(4.0-7.3)
65+		#		20,130	6.1	(4.0-9.2)
<b>Race</b>						
White, NH	2,204	3.4	(2.0-5.8)	50,681	4.3	(3.1-5.9)
Black, NH		#		6,815	4.8	(2.6-8.8)
Hispanic		#		10,516	4.0	(2.3-6.9)
Other, NH		#			#	
<b>Sex</b>						
male		#		38,582	4.6	(3.0-6.9)
female	1,867	4.8	(2.6-8.6)	30,143	3.4	(2.5-4.5)
<b>Age-adjusted<sup>&amp;</sup></b>		2.8	(1.6-5.1)		3.7	(2.8-4.8)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Putnam

## Improve Health Status and Reduce Health Disparities

Percentage of adults who report 14 or more days of poor physical health\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	9,595	12.8	(9.2-17.5)	162,326	9.5	(8.2-10.9)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		15,549	6.2	(4.0-9.6)
35-44		#		18,750	6.4	(4.3-9.5)
45-64	4,717	15.4	(10.0-23.0)	67,042	10.9	(8.9-13.2)
65+	2,783	21.5	(14.6-30.4)	53,182	16.6	(12.9-21.1)
<b>Race</b>						
White, NH	8,080	12.8	(9.0-17.7)	118,834	10.1	(8.6-12.0)
Black, NH		#		12,030	8.5	(4.7-14.8)
Hispanic		#		27,070	10.6	(7.6-14.6)
Other, NH		#			#	
<b>Sex</b>						
male	4,553	12.4	(7.3-20.0)	73,642	8.8	(7.2-10.8)
female	5,043	13.3	(8.8-19.6)	88,684	10.0	(8.2-12.3)
<b>Age-adjusted<sup>&amp;</sup></b>		12.2	(8.5-17.0)		9.1	(7.8-10.5)

\* Out of the past 30 days.

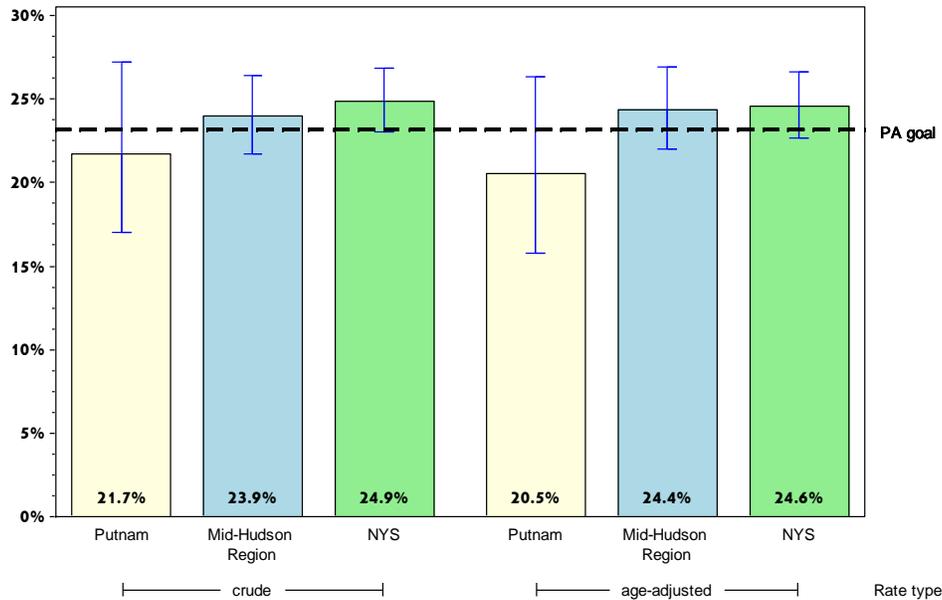
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Putnam

## Prevent Chronic Diseases

### Percentage of adults who are obese\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	15,665	21.7	(17.0-27.2)	394,367	23.9	(21.7-26.4)
<b>Age</b>						
18-24		#		27,624	13.3	(7.9-21.5)
25-34		#		54,511	23.8	(18.3-30.3)
35-44		#		81,440	30.5	(24.1-37.7)
45-64	7,222	23.6	(17.6-30.7)	162,725	26.9	(23.2-30.8)
65+	3,257	25.4 <sup>^</sup>	(16.9-36.4)	67,255	21.1	(17.5-25.3)
<b>Race</b>						
White, NH	13,063	21.4	(16.5-27.3)	255,550	22.7	(20.3-25.4)
Black, NH		#		52,966	38.1 <sup>^</sup>	(28.5-48.7)
Hispanic		#		75,211	30.9	(24.5-38.1)
Other, NH		#		10,640	7.6	(3.5-15.6)
<b>Sex</b>						
male	8,937	24.1	(16.9-33.1)	215,927	26.1	(22.9-29.6)
female	6,727	19.1	(13.8-25.9)	178,440	21.8	(18.7-25.2)
<b>Age-adjusted<sup>&amp;</sup></b>		20.5	(15.8-26.3)		24.4	(22.0-26.9)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

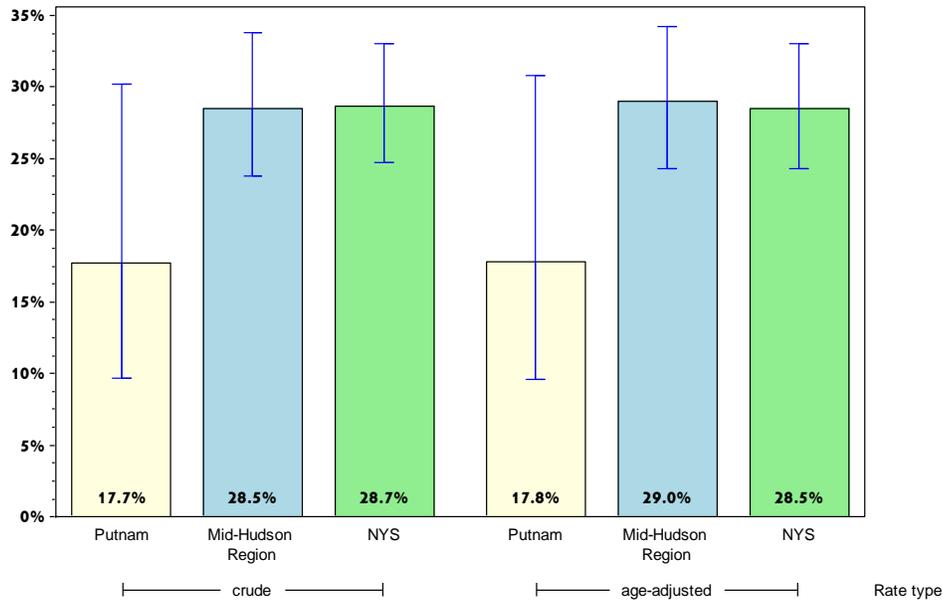
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults with an annual household income less than \$25,000 who are obese\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	1,887	17.7 <sup>^</sup>	(9.7-30.2)	87,170	28.5	(23.8-33.8)
<b>Age</b>		#				
18-24		#		6,365	16.0 <sup>^</sup>	(8.8-27.4)
25-34		#		22,492	34.8 <sup>^</sup>	(23.0-48.7)
35-44		#		16,901	28.8 <sup>^</sup>	(17.0-44.4)
45-64		#		30,816	37.0	(28.5-46.4)
65+		#		10,596	18.8	(13.0-26.5)
<b>Race</b>						
White, NH	1,676	20.9 <sup>^</sup>	(11.0-36.1)	41,272	27.3	(21.8-33.7)
Black, NH		#		12,594	34.1 <sup>^</sup>	(19.9-51.9)
Hispanic		#		30,888	29.6 <sup>^</sup>	(20.6-40.6)
Other, NH		#			#	
<b>Sex</b>						
male		#		34,047	25.1	(18.9-32.5)
female		#		53,123	31.2	(24.5-38.9)
<b>Age-adjusted<sup>&amp;</sup></b>		17.8 <sup>^</sup>	(9.6-30.8)		29.0	(24.3-34.2)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

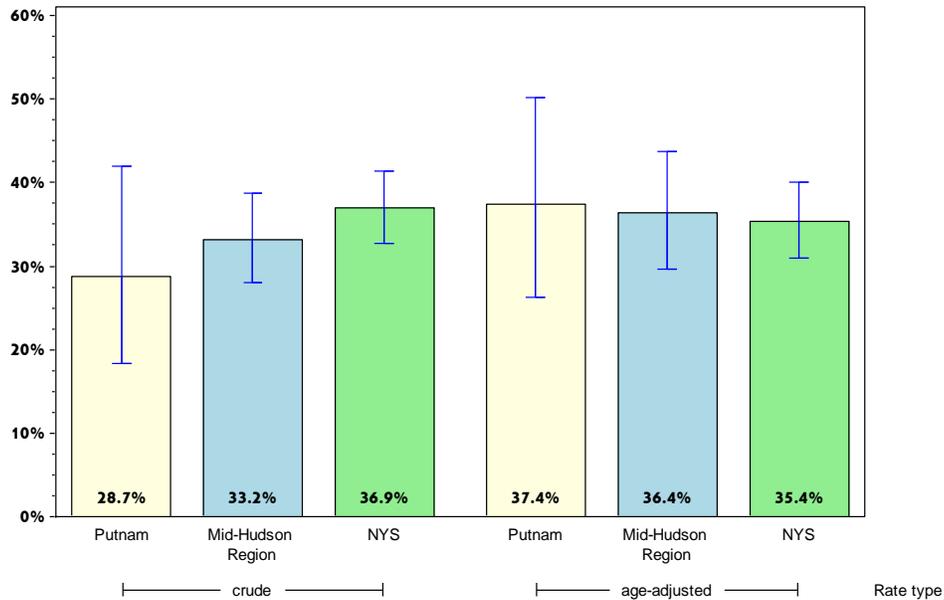
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults living with a disability who are obese\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,710	28.7 <sup>^</sup>	(18.4-41.9)	100,917	33.2	(28.1-38.7)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		9,015	34.7 <sup>^</sup>	(20.5-52.1)
35-44		#			#	
45-64	2,020	26.4 <sup>^</sup>	(15.1-41.9)	45,176	40.6	(33.0-48.8)
65+		#		26,632	23.1	(17.2-30.4)
<b>Race</b>						
White, NH	4,332	28.8 <sup>^</sup>	(17.9-42.7)	68,712	30.3	(25.1-36.1)
Black, NH		#			#	
Hispanic		#		12,074	36.6 <sup>^</sup>	(23.8-51.7)
Other, NH		#			#	
<b>Sex</b>						
male		#		48,667	33.2	(25.6-41.8)
female	1,725	20.1 <sup>^</sup>	(10.8-34.3)	52,250	33.2	(26.7-40.4)
<b>Age-adjusted<sup>&amp;</sup></b>		37.4 <sup>^</sup>	(26.3-50.1)		36.4	(29.6-43.7)

\* Obesity defined as a Body Mass Index (BMI)  $\geq 30$ . BMI is calculated based on weight and height. Limited activities (physical, mental, or emotional problems); need of special equipment (e.g. cane, wheel chair).

& Percent is age-adjusted to the 2000 United States Population.

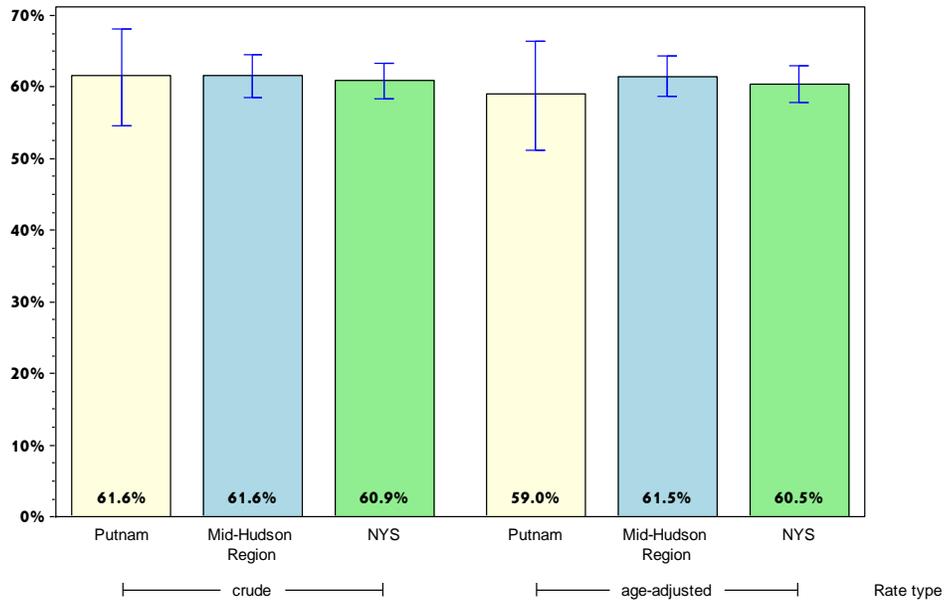
# Rates with  $<10$  in the numerator or  $<50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults overweight or obese\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	44,500	61.6	(54.6-68.2)	1,013,509	61.6	(58.6-64.4)
<b>Age</b>						
18-24		#		78,608	37.8 <sup>^</sup>	(27.7-49.0)
25-34		#		134,836	58.9	(51.3-66.2)
35-44		#		182,614	68.3	(61.9-74.2)
45-64	20,986	68.4	(60.7-75.3)	416,662	68.8	(64.9-72.4)
65+	7,755	60.5 <sup>^</sup>	(50.5-69.8)	193,474	60.7	(55.0-66.2)
<b>Race</b>						
White, NH	37,076	60.8	(53.3-67.8)	654,729	58.3	(54.8-61.7)
Black, NH		#		98,751	71.0 <sup>^</sup>	(60.2-79.9)
Hispanic		#		181,418	74.5	(68.3-79.8)
Other, NH		#		78,610	55.9 <sup>^</sup>	(41.8-69.1)
<b>Sex</b>						
male	26,184	70.6 <sup>^</sup>	(58.7-80.2)	594,678	71.9	(68.1-75.4)
female	18,315	52.1	(43.8-60.3)	418,831	51.1	(46.8-55.4)
<b>Age-adjusted<sup>&amp;</sup></b>		59.0	(51.2-66.3)		61.5	(58.7-64.3)

\* Defined as a Body Mass Index (BMI)  $\geq 25$ . BMI is calculated based on weight and height.

& Percent is age-adjusted to the 2000 United States Population.

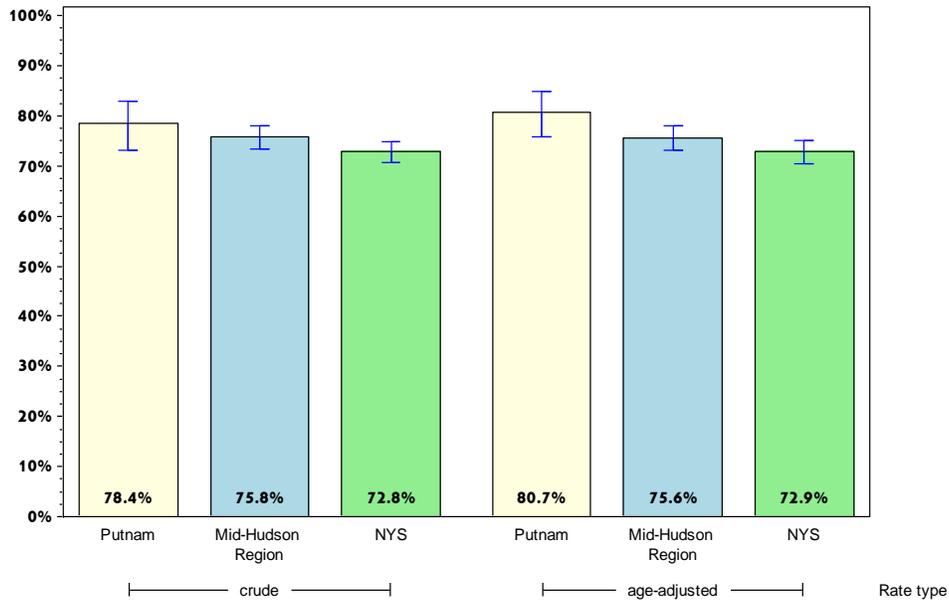
# Rates with  $< 10$  in the numerator or  $< 50$  in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults who participated in leisure time physical activity in the past 30 days\*



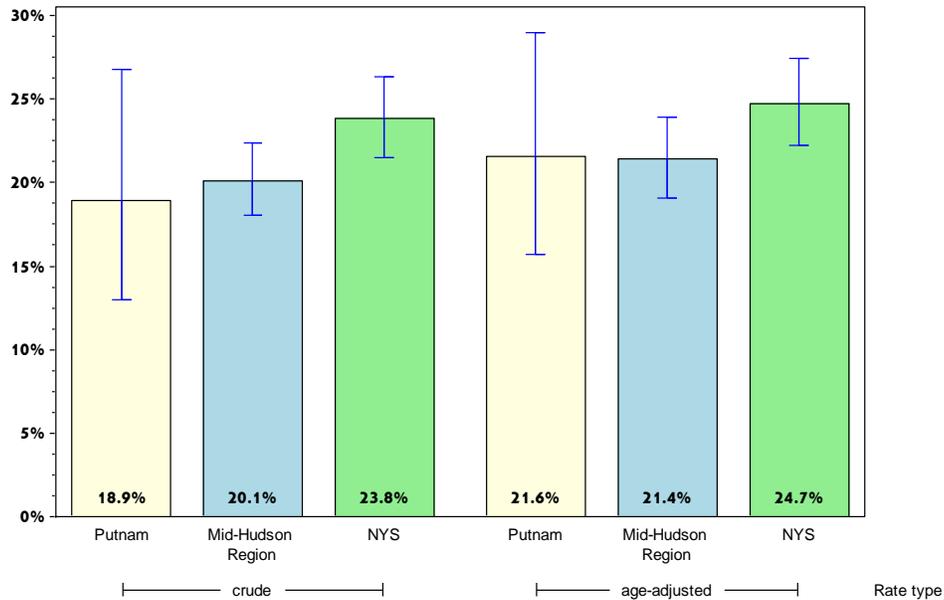
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	59,272	78.4	(73.1-82.9)	1,271,442	75.8	(73.3-78.0)
<b>Age</b>		#				
18-24		#		175,327	86.7	(79.0-91.8)
25-34		#		173,350	72.0	(65.5-77.7)
35-44		#		217,887	75.1	(67.5-81.4)
45-64	23,051	73.2	(65.1-80.0)	461,861	77.3	(73.6-80.7)
65+	10,109	77.0	(67.8-84.2)	222,803	68.7	(63.9-73.1)
<b>Race</b>						
White, NH	50,540	78.7	(72.9-83.5)	896,103	78.1	(75.4-80.5)
Black, NH		#		91,903	69.6^	(59.5-78.1)
Hispanic		#		167,526	65.4	(58.5-71.7)
Other, NH		#		115,910	81.7^	(68.5-90.1)
<b>Sex</b>						
male	30,863	83.1	(75.3-88.8)	624,724	76.8	(73.5-79.8)
female	28,409	73.9	(66.4-80.2)	646,717	74.8	(71.2-78.1)
<b>Age-adjusted<sup>&amp;</sup></b>		80.7	(75.7-84.9)		75.6	(73.1-78.0)

\* Any physical activities or exercises such as running or walking  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults who consume one or more sugary drinks daily\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	13,784	18.9	(13.0-26.8)	328,184	20.1	(18.0-22.4)
<b>Age</b>						
18-24	#			59,915	30.5 <sup>^</sup>	(21.4-41.5)
25-34	#			72,301	31.4	(25.3-38.1)
35-44	#			66,352	23.7	(18.1-30.4)
45-64	3,805	12.4	(8.1-18.5)	91,651	15.7	(12.9-18.8)
65+	1,141	9.0	(4.7-16.7)	34,297	10.9	(8.2-14.4)
<b>Race</b>						
White, NH	11,172	18.0	(11.8-26.5)	179,864	16.0	(13.8-18.4)
Black, NH	#			44,636	35.8 <sup>^</sup>	(26.3-46.5)
Hispanic	#			83,157	34.3	(28.1-41.2)
Other, NH	#			20,526	15.1 <sup>^</sup>	(8.3-25.9)
<b>Sex</b>						
male	9,048	25.6 <sup>^</sup>	(15.5-39.1)	201,838	25.5	(22.3-29.1)
female	4,735	12.7	(7.7-20.0)	126,346	15.0	(12.5-18.0)
<b>Age-adjusted<sup>&amp;</sup></b>		21.6	(15.7-28.9)		21.4	(19.1-23.9)

\* Sugary drinks include regular soda, and sugar-sweetened drinks.

& Percent is age-adjusted to the 2000 United States Population.

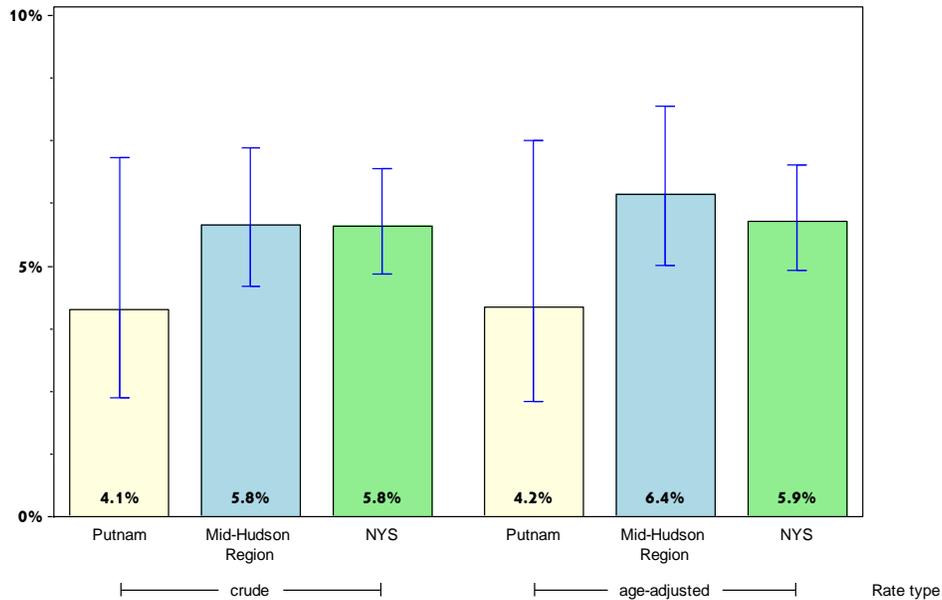
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults who consume fast-food three or more times per week



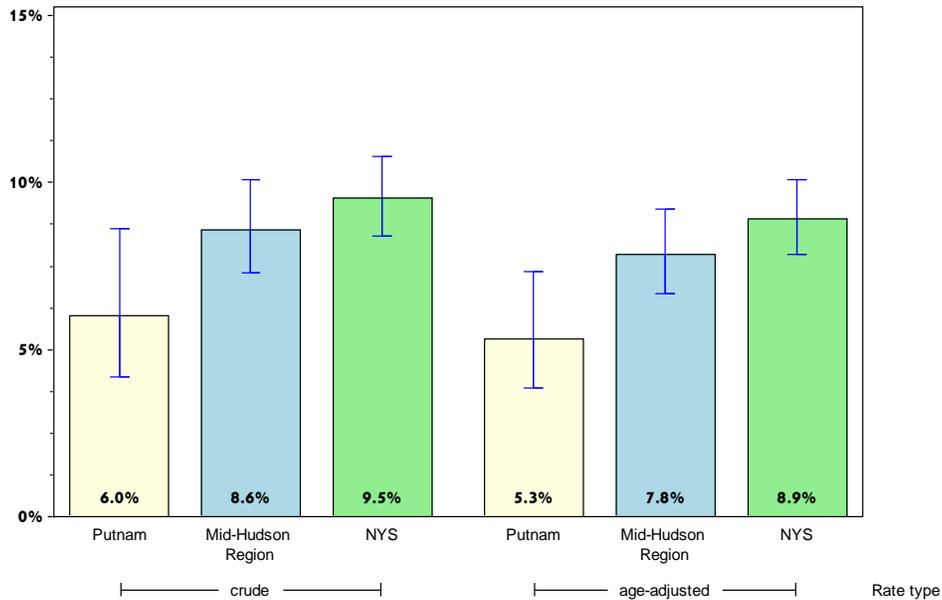
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,986	4.1	(2.4-7.2)	94,313	5.8	(4.6-7.3)
<b>Age</b>		#				
18-24		#		18,550	9.4	(4.8-17.6)
25-34		#		22,619	9.8	(6.4-14.6)
35-44		#		25,563	9.2	(5.4-15.3)
45-64		#		22,019	3.8	(2.6-5.4)
65+		#		4,862	1.6	(0.8-3.1)
<b>Race</b>						
White, NH	2,537	4.1	(2.2-7.5)	47,954	4.3	(3.3-5.5)
Black, NH		#		17,766	14.1 <sup>^</sup>	(6.6-27.5)
Hispanic		#		23,510	9.8	(6.2-15.2)
Other, NH		#			#	
<b>Sex</b>						
male	2,628	7.5	(4.0-13.6)	75,751	9.6	(7.3-12.6)
female		#		18,562	2.2	(1.6-3.1)
<b>Age-adjusted<sup>&amp;</sup></b>		4.2	(2.3-7.5)		6.4	(5.0-8.2)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults with physician diagnosed diabetes\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,648	6.0	(4.2-8.6)	150,887	8.6	(7.3-10.1)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		14,160	4.7	(2.4-9.1)
45-64	1,550	4.9	(2.4-9.7)	62,032	9.9	(7.7-12.6)
65+	3,098	22.7	(15.5-31.8)	68,925	20.7	(16.7-25.4)
<b>Race</b>						
White, NH	4,352	6.7	(4.6-9.6)	89,474	7.5	(6.2-8.9)
Black, NH		#		19,890	13.7	(8.9-20.7)
Hispanic		#		17,031	6.4	(4.0-9.9)
Other, NH		#		24,492	16.3 <sup>^</sup>	(9.0-27.9)
<b>Sex</b>						
male	2,556	6.7	(3.9-11.2)	88,046	10.3	(8.2-12.9)
female	2,093	5.4	(3.3-8.7)	62,840	6.9	(5.5-8.7)
<b>Age-adjusted<sup>&amp;</sup></b>		5.3	(3.8-7.3)		7.8	(6.7-9.2)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

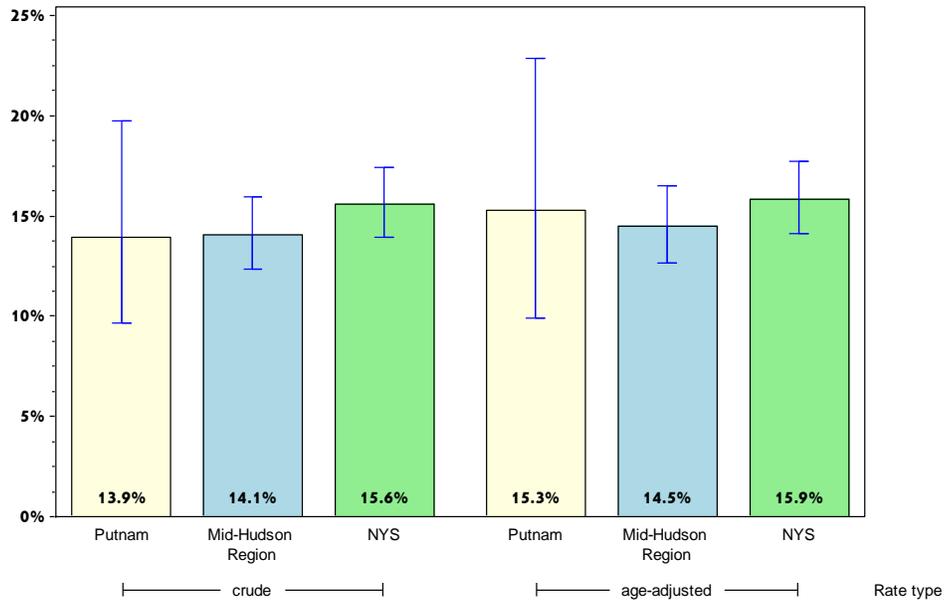
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults who are current smokers



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,608	13.9	(9.6-19.7)	239,102	14.1	(12.4-15.9)
<b>Age</b>						
18-24	#	#		32,350	15.8 <sup>^</sup>	(9.2-25.9)
25-34	#	#		43,314	17.8	(13.5-23.0)
35-44	#	#		44,821	15.3	(11.0-20.9)
45-64	3,415	11.0	(7.0-16.7)	96,435	15.9	(13.5-18.8)
65+	1,236	9.1	(5.0-16.0)	20,862	6.3	(4.5-8.8)
<b>Race</b>						
White, NH	9,101	14.0	(9.8-19.6)	164,788	14.1	(12.1-16.4)
Black, NH	#	#		25,127	18.9	(12.0-28.4)
Hispanic	#	#		41,932	16.1	(11.8-21.6)
Other, NH	#	#		7,254	5.1	(2.4-10.6)
<b>Sex</b>						
male	4,647	12.5	(6.8-21.7)	144,979	17.6	(14.7-20.9)
female	5,961	15.4	(9.8-23.3)	94,123	10.7	(9.0-12.7)
<b>Age-adjusted<sup>&amp;</sup></b>		15.3	(9.9-22.9)		14.5	(12.6-16.5)

& Percent is age-adjusted to the 2000 United States Population.

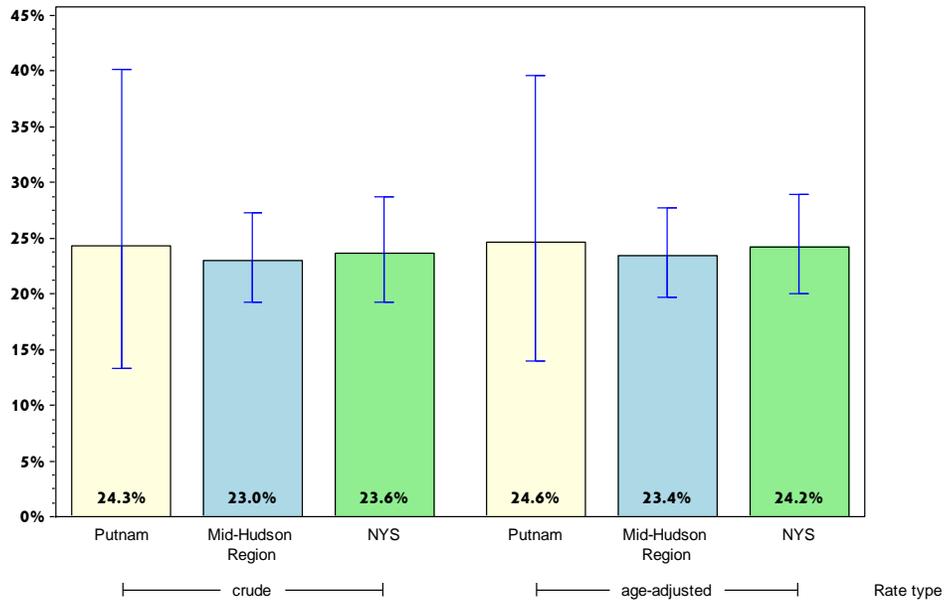
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults with annual household income less than \$25,000 who are current smokers



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,558	24.3 <sup>^</sup>	(13.3-40.2)	73,745	23.0	(19.2-27.3)
<b>Age</b>		#				
18-24		#		7,392	18.1 <sup>^</sup>	(9.7-31.1)
25-34		#		17,890	25.6 <sup>^</sup>	(17.0-36.7)
35-44		#		13,112	20.9 <sup>^</sup>	(13.1-31.7)
45-64		#		27,097	31.4	(24.0-39.9)
65+		#		8,253	14.3	(8.6-22.7)
<b>Race</b>						
White, NH	2,558	32.4 <sup>^</sup>	(18.5-50.3)	45,290	28.9	(23.5-35.0)
Black, NH		#		10,881	31.9 <sup>^</sup>	(18.4-49.2)
Hispanic		#		15,364	13.5	(8.8-20.1)
Other, NH		#			#	
<b>Sex</b>						
male		#		35,712	25.4	(19.7-32.0)
female		#		38,032	21.2	(16.3-27.0)
<b>Age-adjusted<sup>&amp;</sup></b>		24.6 <sup>^</sup>	(14.0-39.6)		23.4	(19.7-27.7)

& Percent is age-adjusted to the 2000 United States Population.

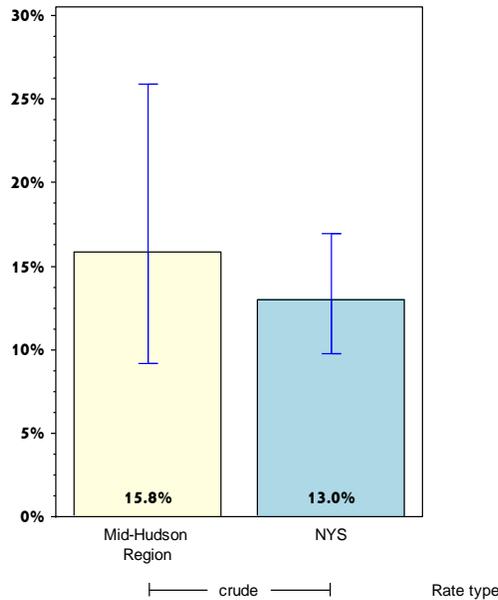
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults aged 18-24 years who are current smokers



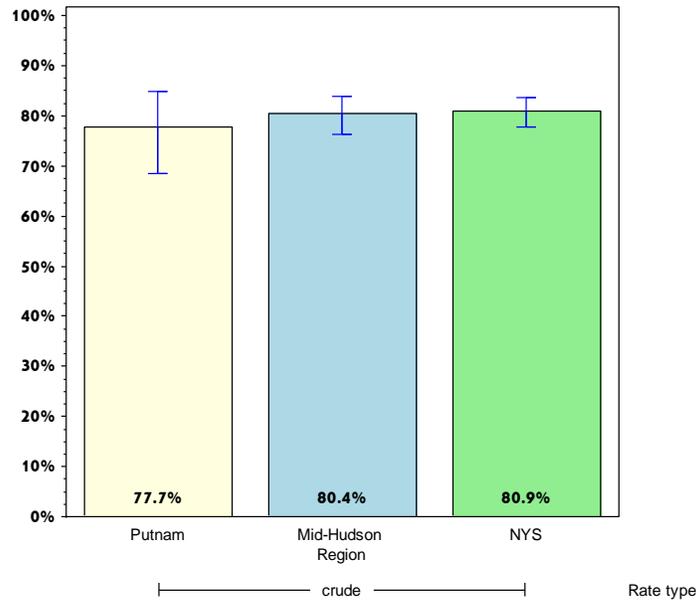
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		32,350	15.8 <sup>^</sup>	(9.2-25.9)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		23,087	16.1 <sup>^</sup>	(8.0-29.9)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		24,040	23.7 <sup>^</sup>	(12.6-40.1)
female		#		8,310	8.1	(3.7-16.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of women aged 50-74 years receiving breast cancer screening based on recent guidelines\*



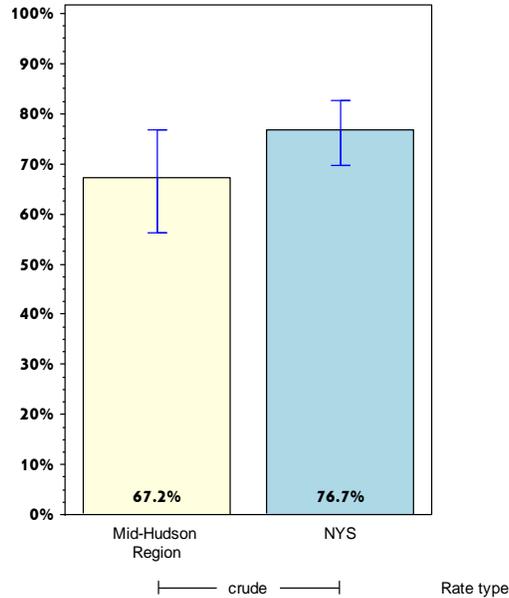
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	13,598	77.7	(68.5-84.9)	246,457	80.4	(76.2-84.0)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	12,884	78.8	(69.3-86.0)	184,023	79.1	(74.7-82.9)
Black, NH		#		14,839	87.4 <sup>^</sup>	(74.9-94.2)
Hispanic		#		22,718	86.1 <sup>^</sup>	(66.9-95.0)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	13,598	77.7	(68.5-84.9)	246,457	80.4	(76.2-84.0)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.  
 & Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of women aged 50-74 years with annual household income of less than \$25,000 receiving breast cancer screening based on recent guidelines\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		34,867	67.2 <sup>^</sup>	(56.2-76.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		16,177	51.0 <sup>^</sup>	(38.1-63.8)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		34,867	67.2 <sup>^</sup>	(56.2-76.7)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Mammogram within past 2 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

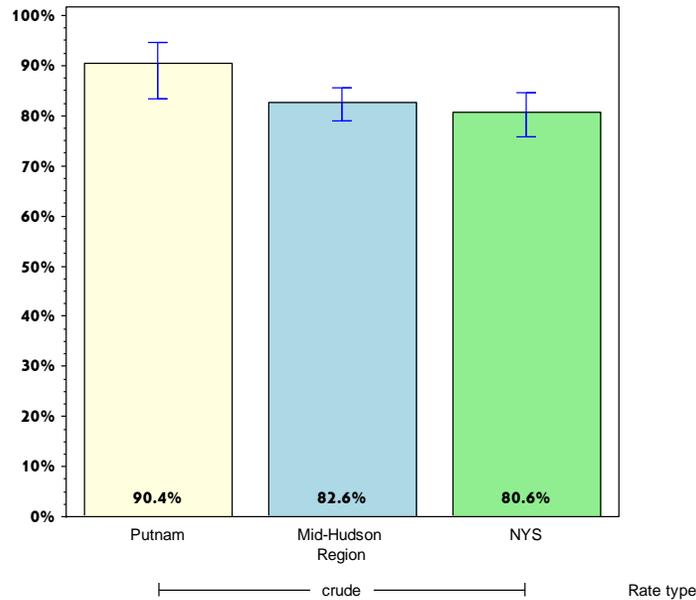
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of women aged 21-65 years receiving cervical cancer screening based on recent guidelines\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	27,534	90.4	(83.3-94.7)	496,976	82.6	(79.1-85.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	23,606	92.5	(86.3-96.0)	343,119	83.5	(79.5-86.9)
Black, NH		#		30,763	74.4 <sup>^</sup>	(58.2-85.9)
Hispanic		#		75,619	82.0	(73.0-88.4)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female	27,534	90.4	(83.3-94.7)	496,976	82.6	(79.1-85.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

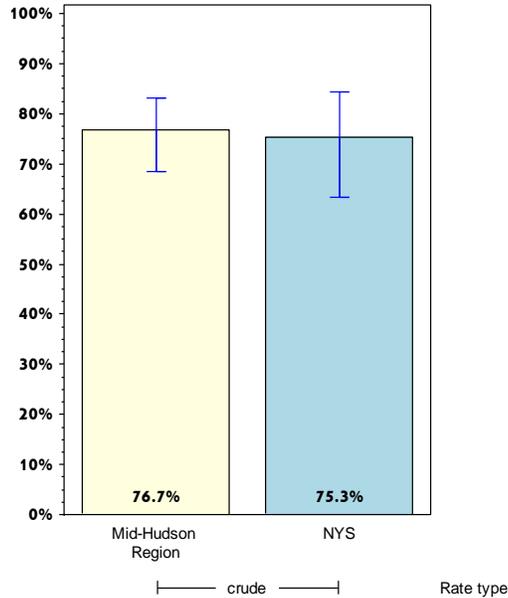
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of women aged 21-65 years with annual household income of less than \$25,000 receiving cervical cancer screening based on recent guidelines\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		96,878	76.7	(68.6-83.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		42,290	71.4 <sup>^</sup>	(59.7-80.7)
Black, NH		#			#	
Hispanic		#		37,467	79.7 <sup>^</sup>	(64.2-89.6)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		96,878	76.7	(68.6-83.2)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Pap test within past 3 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

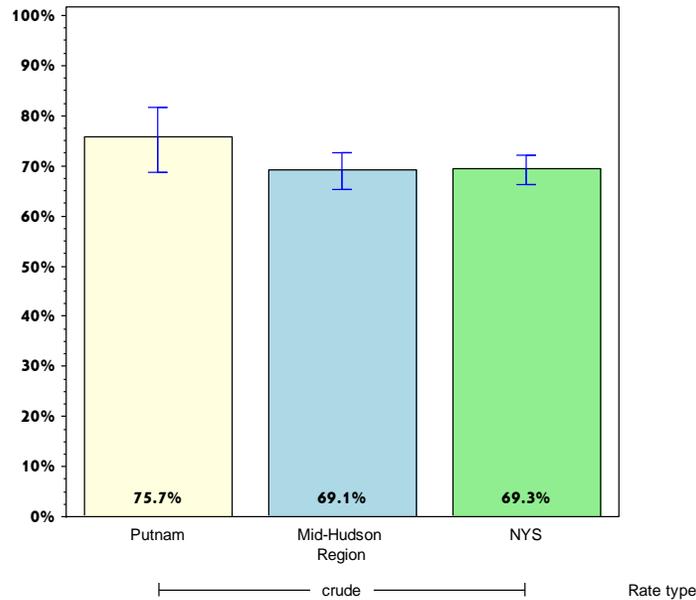
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years receiving colorectal cancer screening based on recent guidelines\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	24,667	75.7	(68.6-81.7)	420,117	69.1	(65.4-72.7)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	23,157	77.7	(70.7-83.5)	316,982	70.6	(66.9-74.0)
Black, NH		#		33,596	76.4 <sup>^</sup>	(64.2-85.4)
Hispanic		#		28,956	55.1 <sup>^</sup>	(42.7-66.9)
Other, NH		#			#	
<b>Sex</b>						
male	11,024	75.5 <sup>^</sup>	(63.3-84.6)	203,820	67.7	(61.6-73.2)
female	13,643	75.9	(67.1-83.0)	216,297	70.6	(65.9-74.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

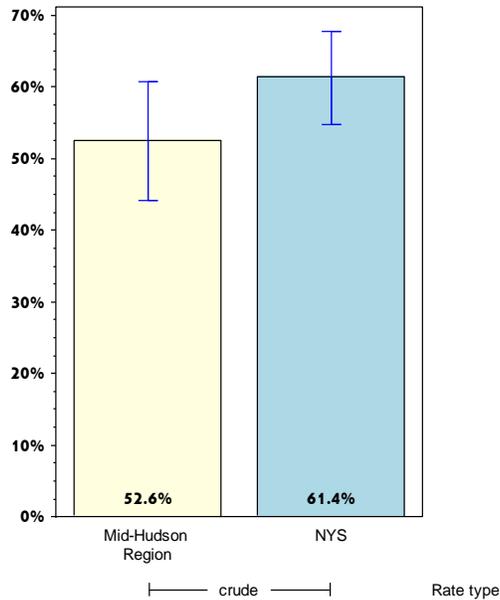
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults aged 50-75 years with annual household income less than \$25,000 receiving colorectal cancer screening based on recent guidelines\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		47,995	52.6	(44.2-60.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		29,963	53.0	(43.3-62.6)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		18,246	47.1 <sup>^</sup>	(34.9-59.7)
female		#		29,749	56.6 <sup>^</sup>	(45.7-66.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Blood stool test within 1 year, or sigmoidoscopy within 5 years with blood stool test within 3 years, or colonoscopy within 10 years.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

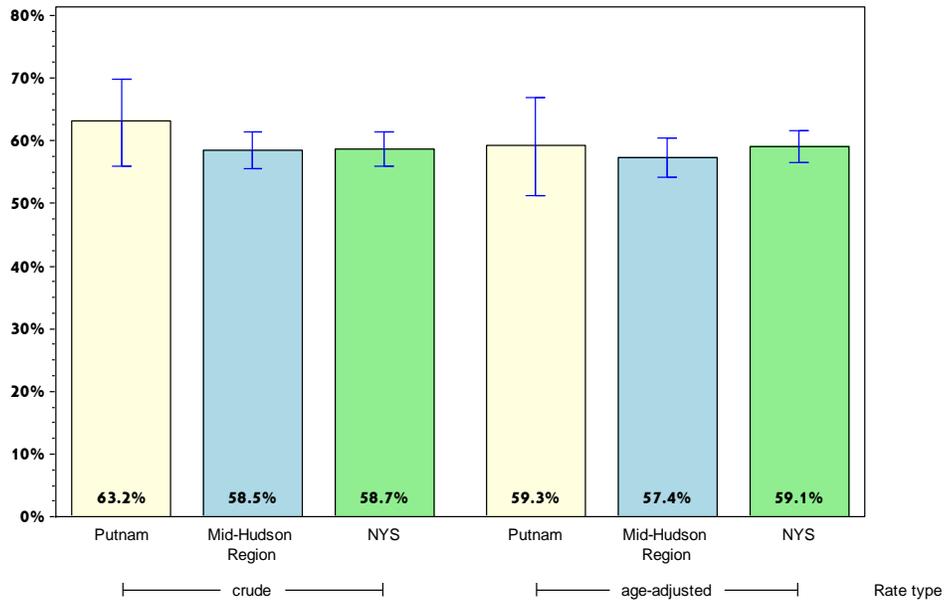
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults who had a test for high blood sugar or diabetes within the past three years



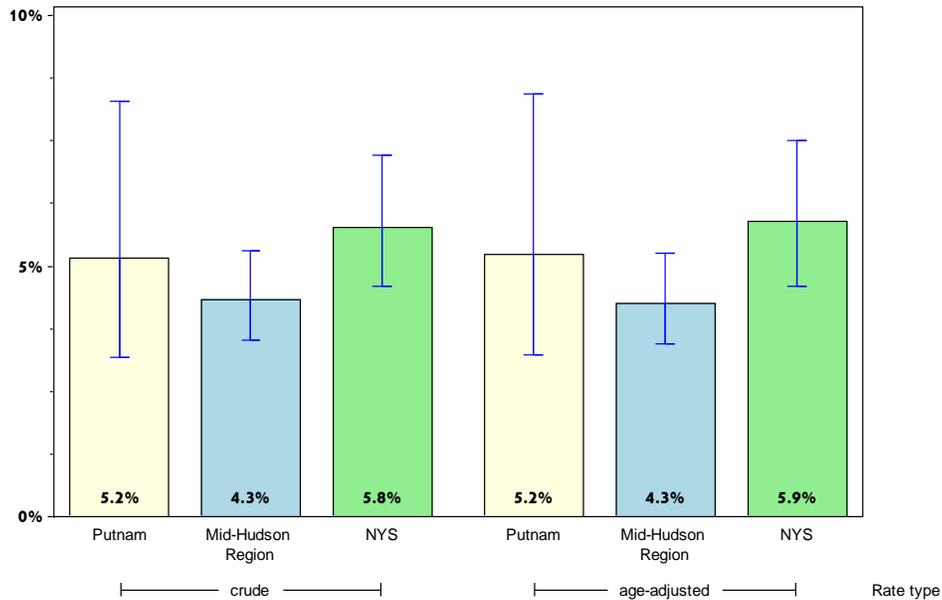
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	44,208	63.2	(55.9-69.9)	907,749	58.5	(55.6-61.4)
<b>Age</b>		#				
18-24		#		74,996	36.8 <sup>^</sup>	(24.7-50.8)
25-34		#		111,134	46.0	(38.9-53.2)
35-44	7,169	47.6 <sup>^</sup>	(31.7-64.0)	149,552	53.4	(46.1-60.5)
45-64	23,092	78.5	(71.9-83.8)	369,306	66.9	(62.5-71.0)
65+	7,117	71.0 <sup>^</sup>	(59.4-80.4)	183,286	73.5	(66.9-79.3)
<b>Race</b>						
White, NH	39,206	67.0	(59.7-73.6)	647,286	61.0	(57.7-64.2)
Black, NH		#		83,150	67.2 <sup>^</sup>	(56.4-76.5)
Hispanic		#		117,732	48.8	(41.7-55.9)
Other, NH		#		59,581	47.5 <sup>^</sup>	(33.4-62.0)
<b>Sex</b>						
male	19,777	58.3 <sup>^</sup>	(46.9-68.9)	378,659	51.5	(47.3-55.6)
female	24,431	67.7	(58.4-75.8)	529,090	64.9	(60.9-68.7)
<b>Age-adjusted<sup>&amp;</sup></b>		59.3	(51.2-66.9)		57.4	(54.2-60.4)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed prediabetes



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	3,676	5.2	(3.2-8.3)	68,671	4.3	(3.5-5.3)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		10,994	3.9	(2.2-6.8)
45-64	1,309	4.4	(2.1-8.8)	26,630	4.8	(3.6-6.4)
65+	1,294	12.5 <sup>^</sup>	(5.5-25.8)	21,581	8.3	(5.9-11.4)
<b>Race</b>						
White, NH	3,100	5.2	(3.1-8.7)	48,336	4.4	(3.5-5.6)
Black, NH		#		6,075	4.9	(2.5-9.5)
Hispanic		#		9,695	3.9	(2.1-7.1)
Other, NH		#			#	
<b>Sex</b>						
male		#		31,186	4.1	(3.0-5.6)
female	1,869	5.1	(2.9-8.7)	37,484	4.5	(3.4-5.9)
<b>Age-adjusted<sup>&amp;</sup></b>		5.2	(3.2-8.4)		4.3	(3.5-5.3)

& Percent is age-adjusted to the 2000 United States Population.

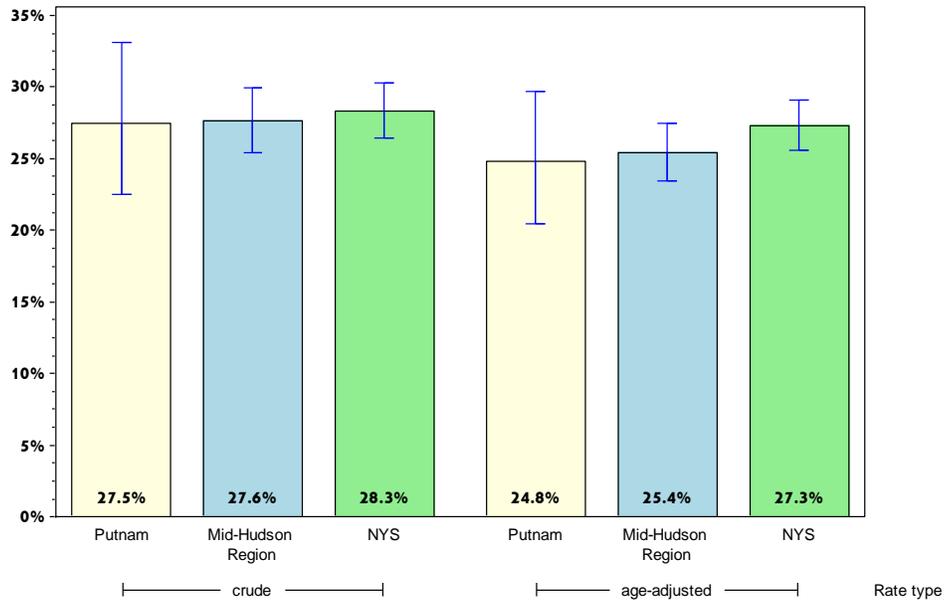
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults with physician-diagnosed high blood pressure



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	21,200	27.5	(22.5-33.1)	485,160	27.6	(25.4-29.9)
<b>Age</b>		#				
18-24		#		14,115	6.5	(3.1-13.3)
25-34		#		19,179	7.6	(4.9-11.6)
35-44		#		50,528	16.7	(12.1-22.6)
45-64	9,834	31.1	(24.1-39.0)	203,210	32.5	(28.9-36.3)
65+	7,475	55.3	(45.4-64.8)	191,521	57.5	(52.1-62.8)
<b>Race</b>						
White, NH	18,938	29.0	(23.6-35.1)	339,577	28.4	(25.9-31.1)
Black, NH		#		57,952	40.0	(30.9-50.0)
Hispanic		#		53,138	20.0	(15.5-25.4)
Other, NH		#		34,492	23.0 <sup>^</sup>	(14.2-35.0)
<b>Sex</b>						
male	11,467	30.0	(22.1-39.4)	258,468	30.5	(27.2-33.9)
female	9,733	25.0	(19.4-31.7)	226,692	25.0	(22.1-28.1)
<b>Age-adjusted<sup>&amp;</sup></b>		24.8	(20.4-29.7)		25.4	(23.4-27.5)

& Percent is age-adjusted to the 2000 United States Population.

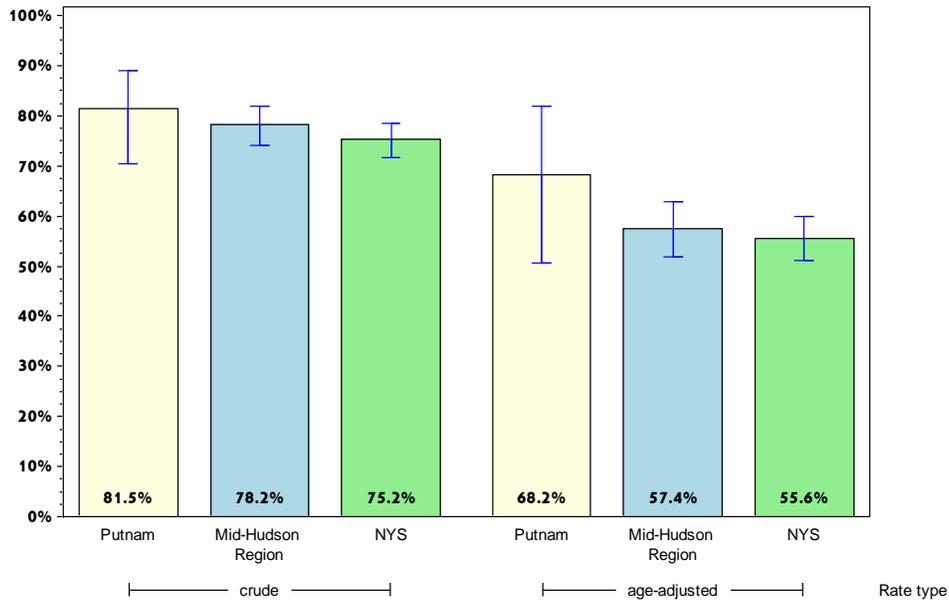
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults with diagnosed high blood pressure taking high blood pressure medication



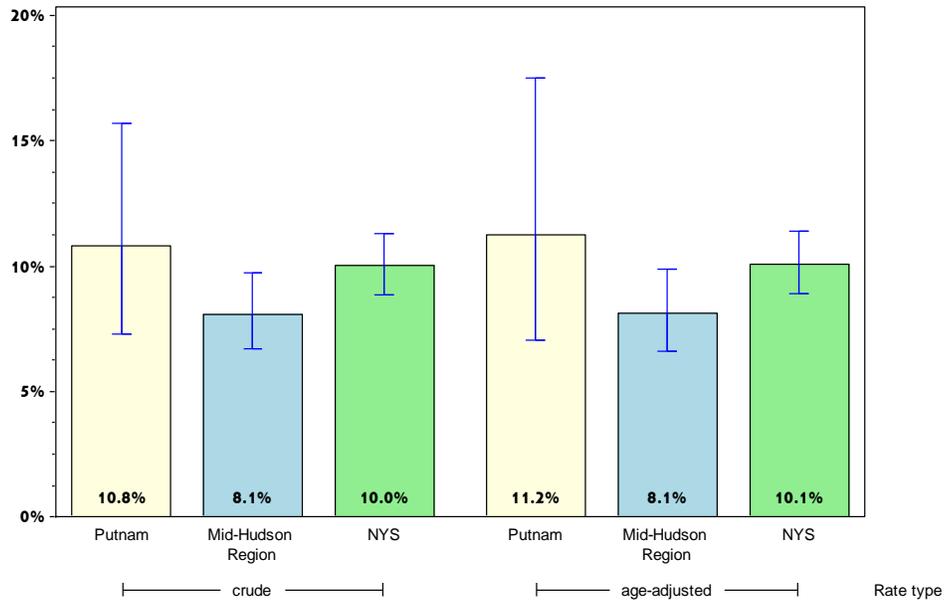
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	17,044	81.5 <sup>^</sup>	(70.5-89.0)	379,361	78.2	(74.1-81.8)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#			#	
35-44		#		25,439	50.3 <sup>^</sup>	(33.7-66.9)
45-64	8,299	85.9 <sup>^</sup>	(73.6-93.0)	167,173	82.3	(77.5-86.3)
65+	6,914	93.9	(86.1-97.4)	174,121	91.0	(86.7-93.9)
<b>Race</b>						
White, NH	14,904	79.9 <sup>^</sup>	(67.9-88.2)	269,044	79.3	(74.9-83.1)
Black, NH		#		48,852	84.3 <sup>^</sup>	(70.9-92.2)
Hispanic		#		31,347	59.0 <sup>^</sup>	(44.8-71.9)
Other, NH		#			#	
<b>Sex</b>						
male	9,017	79.4 <sup>^</sup>	(61.5-90.3)	187,107	72.4	(66.1-78.0)
female	8,026	83.9 <sup>^</sup>	(70.3-92.0)	192,253	84.9	(80.0-88.8)
<b>Age-adjusted<sup>&amp;</sup></b>		68.2 <sup>^</sup>	(50.7-81.8)		57.4	(51.8-62.7)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults with current asthma\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,314	10.8	(7.3-15.7)	141,569	8.1	(6.7-9.7)
<b>Age</b>		#				
18-24		#		30,738	14.2	(8.2-23.4)
25-34		#		15,451	6.2	(4.0-9.5)
35-44		#		24,864	8.2	(4.6-14.1)
45-64	3,295	10.4	(6.4-16.6)	43,139	6.9	(5.4-8.8)
65+	1,465	10.9	(5.6-20.0)	24,959	7.5	(5.4-10.5)
<b>Race</b>						
White, NH	6,708	10.3	(7.1-14.6)	104,334	8.8	(7.1-10.8)
Black, NH		#		11,950	8.3	(4.5-14.7)
Hispanic		#		19,703	7.4	(4.1-13.1)
Other, NH		#		5,582	3.7	(1.5-8.8)
<b>Sex</b>						
male	3,858	10.1	(5.0-19.2)	56,381	6.6	(4.9-9.0)
female	4,456	11.5	(7.4-17.5)	85,187	9.4	(7.5-11.9)
<b>Age-adjusted<sup>&amp;</sup></b>		11.2	(7.0-17.5)		8.1	(6.6-9.9)

\* Physician diagnosed asthma.

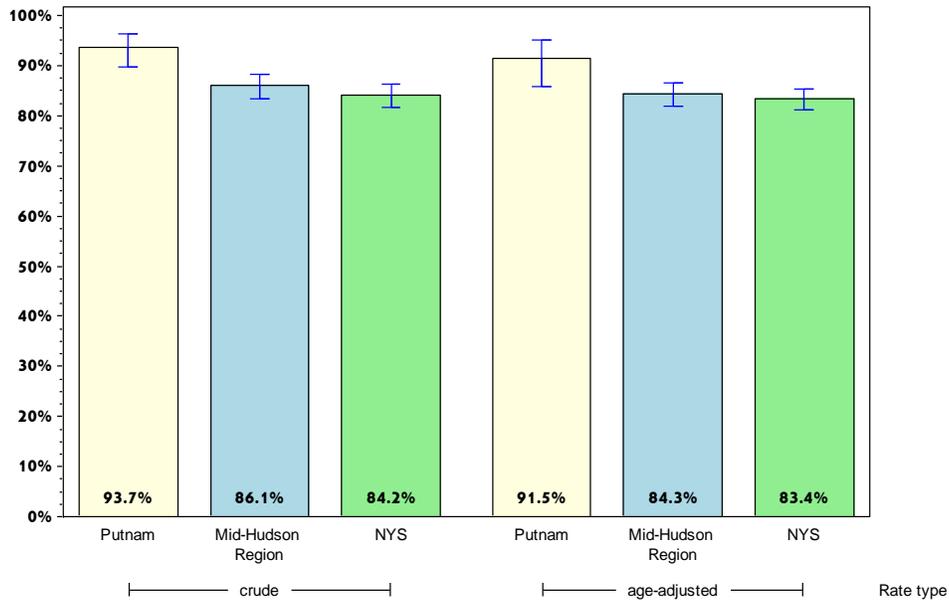
& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Putnam

## Prevent Chronic Diseases

### Percent of adults with cholesterol checked\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	69,458	93.7	(89.6-96.2)	1,487,921	86.1	(83.5-88.4)
<b>Age</b>						
18-24		#		119,554	58.8 <sup>^</sup>	(45.3-71.2)
25-34		#		166,373	68.6	(62.0-74.5)
35-44	14,389	91.6 <sup>^</sup>	(80.5-96.6)	264,626	88.1	(83.0-91.8)
45-64	30,624	97.7	(94.1-99.1)	589,697	94.4	(92.6-95.8)
65+	13,342	98.3	(94.6-99.5)	323,941	97.5	(96.0-98.5)
<b>Race</b>						
White, NH	60,819	95.5	(91.5-97.6)	1,037,098	88.5	(84.9-91.4)
Black, NH		#		118,223	82.3	(72.7-89.1)
Hispanic		#		203,261	77.3	(72.0-81.8)
Other, NH		#		129,338	86.1 <sup>^</sup>	(75.7-92.5)
<b>Sex</b>						
male	33,067	92.6	(85.5-96.3)	717,767	85.9	(83.0-88.4)
female	36,391	94.7	(89.2-97.5)	770,154	86.3	(81.7-89.8)
<b>Age-adjusted<sup>&amp;</sup></b>		91.5	(85.7-95.1)		84.3	(81.8-86.5)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

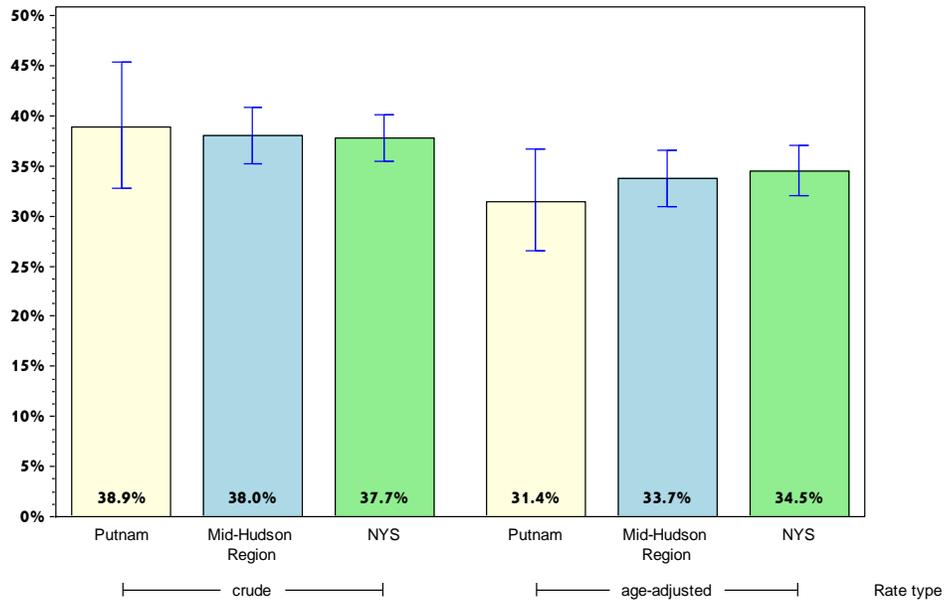
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults 18 years and older with elevated cholesterol\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	26,777	38.9	(32.8-45.3)	563,809	38.0	(35.3-40.8)
<b>Age</b>		#				
18-24		#		25,949	21.7 <sup>^</sup>	(12.2-35.6)
25-34		#		21,044	12.6	(8.6-18.2)
35-44		#		75,762	28.6	(22.3-35.9)
45-64	15,365	50.6	(42.6-58.5)	250,204	42.6	(38.4-46.9)
65+	7,019	53.9 <sup>^</sup>	(43.6-63.9)	181,331	56.2	(50.9-61.5)
<b>Race</b>						
White, NH	24,114	40.0	(33.6-46.8)	404,347	39.1	(36.2-42.2)
Black, NH		#		36,973	31.3 <sup>^</sup>	(22.1-42.2)
Hispanic		#		71,505	35.2	(27.8-43.3)
Other, NH		#		50,985	39.5 <sup>^</sup>	(25.9-54.9)
<b>Sex</b>						
male	12,971	39.5 <sup>^</sup>	(29.8-50.1)	314,812	44.0	(39.8-48.2)
female	13,806	38.3	(31.1-46.1)	248,997	32.4	(29.0-36.1)
<b>Age-adjusted<sup>&amp;</sup></b>		31.4	(26.5-36.7)		33.7	(31.0-36.5)

\* As diagnosed by a health professional.

& Percent is age-adjusted to the 2000 United States Population.

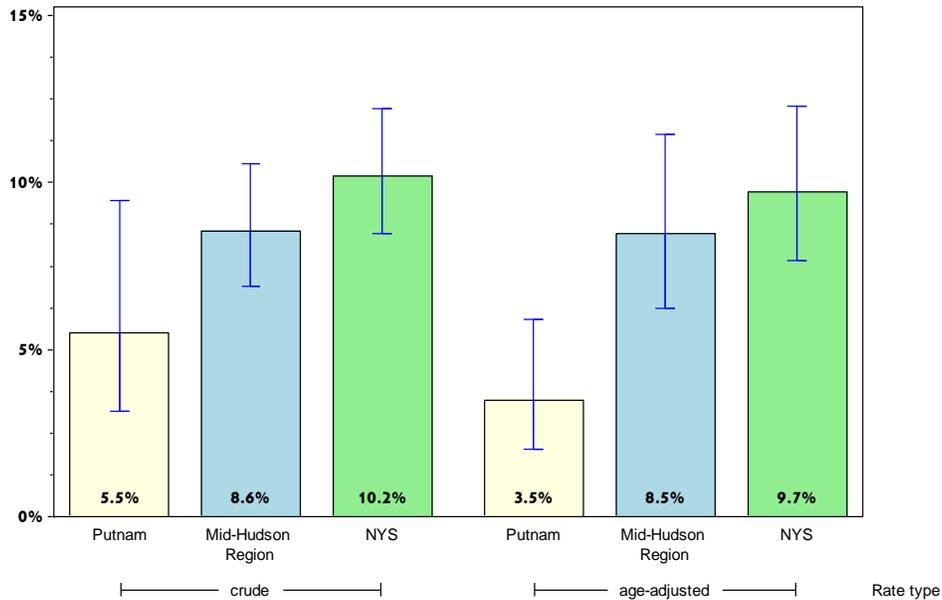
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

Percentage of adults who have taken a course or class to learn how to manage their chronic disease or condition\*



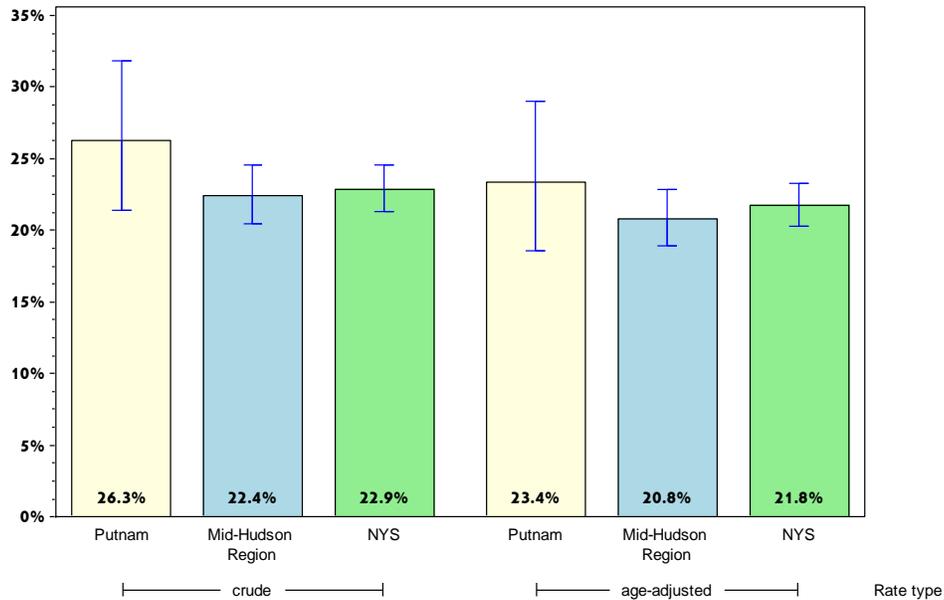
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,055	5.5	(3.1-9.5)	66,257	8.6	(6.9-10.6)
<b>Age</b>						
18-24		#			#	
25-34		#			#	
35-44		#		8,782	9.1 <sup>^</sup>	(3.7-20.7)
45-64		#		28,181	9.2	(6.8-12.3)
65+	1,148	11.4	(5.9-20.9)	21,893	8.7	(6.4-11.7)
<b>Race</b>						
White, NH	1,862	5.7	(3.1-10.0)	39,723	7.1	(5.6-8.8)
Black, NH		#		11,297	15.3 <sup>^</sup>	(8.5-26.1)
Hispanic		#		6,859	7.7	(4.3-13.2)
Other, NH		#			#	
<b>Sex</b>						
male		#		32,849	8.9	(6.3-12.4)
female	1,605	7.9	(4.3-14.3)	33,408	8.2	(6.3-10.7)
<b>Age-adjusted<sup>&amp;</sup></b>		3.5	(2.0-5.9)		8.5	(6.2-11.4)

\* Courses for high blood pressure, arthritis, or diabetes.  
 & Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent Chronic Diseases

### Percentage of adults with arthritis\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	20,235	26.3	(21.4-31.8)	392,756	22.4	(20.4-24.5)
<b>Age</b>		#			#	
18-24		#			#	
25-34		#		23,161	9.2	(6.0-13.7)
35-44		#		42,145	13.9	(9.7-19.7)
45-64	10,500	33.3	(26.5-41.0)	161,955	25.8	(22.6-29.3)
65+	5,592	40.9 <sup>^</sup>	(31.6-50.9)	152,353	46.1	(40.9-51.4)
<b>Race</b>						
White, NH	19,013	29.2	(23.7-35.3)	308,405	25.9	(23.4-28.4)
Black, NH		#		32,099	22.3	(15.1-31.6)
Hispanic		#		39,612	14.8	(10.6-20.4)
Other, NH		#		12,641	8.4	(4.1-16.3)
<b>Sex</b>						
male	7,131	18.7	(13.1-25.8)	150,162	17.7	(15.1-20.5)
female	13,104	33.8	(26.8-41.7)	242,594	26.9	(23.9-30.0)
<b>Age-adjusted<sup>&amp;</sup></b>		23.4	(18.6-29.0)		20.8	(18.9-22.8)

\* Includes rheumatoid arthritis, gout, lupus, or fibromyalgia.

& Percent is age-adjusted to the 2000 United States Population.

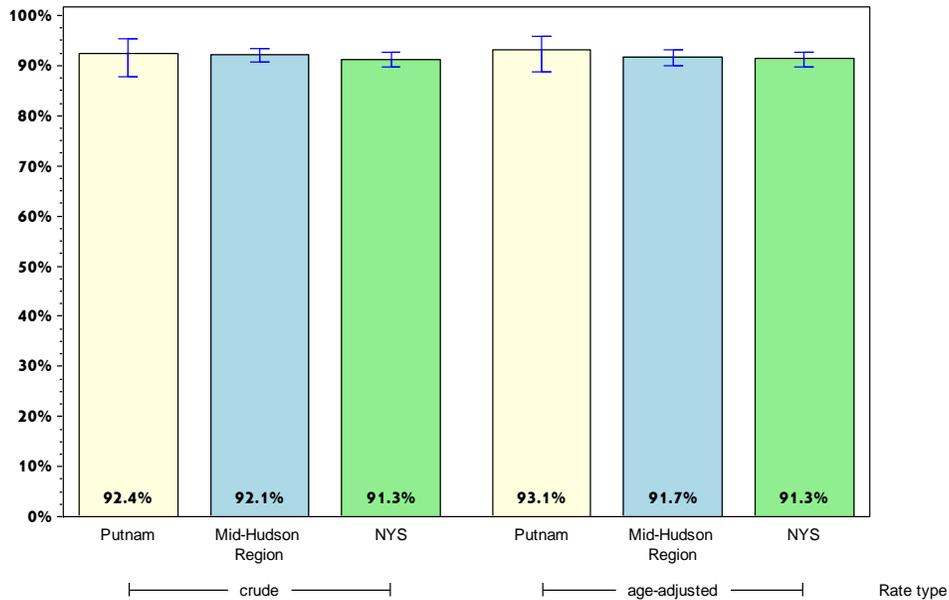
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote a Healthy and Safe Environment

### Percentage of adults who consider their neighborhood suitable for walking and physical activity



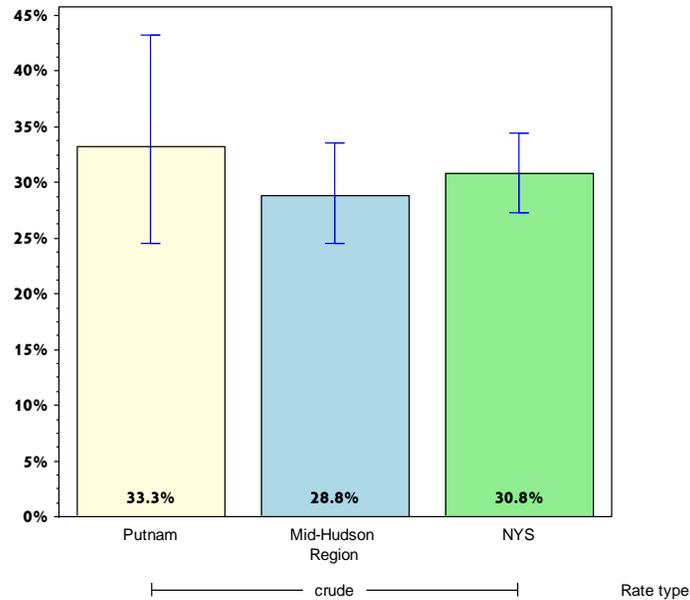
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	68,404	92.4	(87.7-95.4)	1,515,249	92.1	(90.6-93.4)
<b>Age</b>		#				
18-24		#		178,853	89.6	(81.8-94.3)
25-34		#		208,949	88.8	(83.8-92.4)
35-44		#		256,978	90.8	(86.0-94.1)
45-64	28,019	91.0	(84.0-95.1)	547,100	93.1	(91.1-94.6)
65+	12,235	95.2	(90.4-97.6)	301,481	95.1	(92.7-96.8)
<b>Race</b>						
White, NH	58,471	92.4	(87.1-95.7)	1,040,740	92.0	(90.3-93.5)
Black, NH		#		119,401	92.0	(82.5-96.5)
Hispanic		#		223,577	90.8	(86.2-94.0)
Other, NH		#		131,532	95.0	(89.1-97.8)
<b>Sex</b>						
male	33,900	93.7	(86.1-97.2)	739,528	92.8	(90.5-94.6)
female	34,504	91.2	(84.1-95.3)	775,721	91.4	(89.3-93.1)
<b>Age-adjusted<sup>&amp;</sup></b>		93.1	(88.7-95.9)		91.7	(90.0-93.1)

& Percent is age-adjusted to the 2000 United States Population.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.

# Putnam

## Promote a Health and Safe Environment

Percentage of adults aged 65+ years with at least one fall in the past 12 months



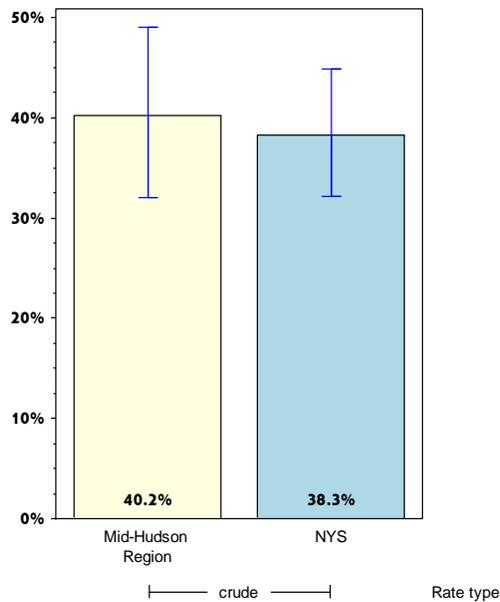
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	4,215	33.3	(24.6-43.3)	92,763	28.8	(24.5-33.6)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	4,215	34.8 <sup>^</sup>	(25.8-45.1)	78,574	30.9	(26.8-35.4)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		42,914	26.7	(20.8-33.4)
female	2,162	29.9 <sup>^</sup>	(19.5-42.7)	49,849	31.0	(25.1-37.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote a Health and Safe Environment

Among adults aged 65+ years with at least one fall in the past 12 months, percent that resulted in injury\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total Age<sup>+</sup></b>	#			37,075	40.2	(32.0-49.0)
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	#			31,264	40.1	(32.4-48.3)
Black, NH	#				#	
Hispanic	#				#	
Other, NH	#				#	
<b>Sex</b>						
male	#			15,850	37.2 <sup>^</sup>	(26.8-48.9)
female	#			21,225	42.9 <sup>^</sup>	(31.1-55.6)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Falls that limited regular activities or lead to doctor visits.

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

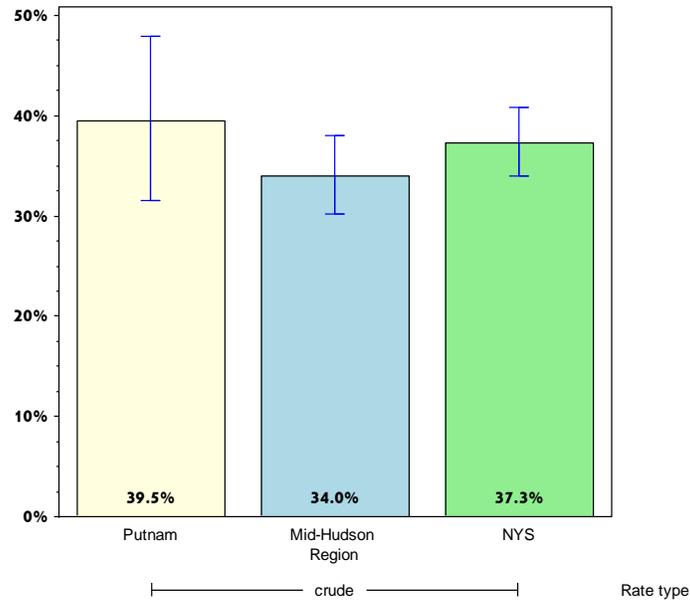
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 47-68 years reporting ever tested for Hepatitis C (HCV)



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	10,535	39.5	(31.6-48.0)	182,322	34.0	(30.2-38.0)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	8,349	35.5	(27.5-44.4)	129,928	33.3	(29.4-37.5)
Black, NH		#		20,470	47.9 <sup>^</sup>	(32.1-64.1)
Hispanic		#		17,315	30.3 <sup>^</sup>	(20.9-41.7)
Other, NH		#			#	
<b>Sex</b>						
male	6,115	51.3 <sup>^</sup>	(38.4-64.1)	101,973	39.5	(33.7-45.6)
female	4,420	29.9 <sup>^</sup>	(21.3-40.3)	80,348	28.9	(24.2-34.2)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

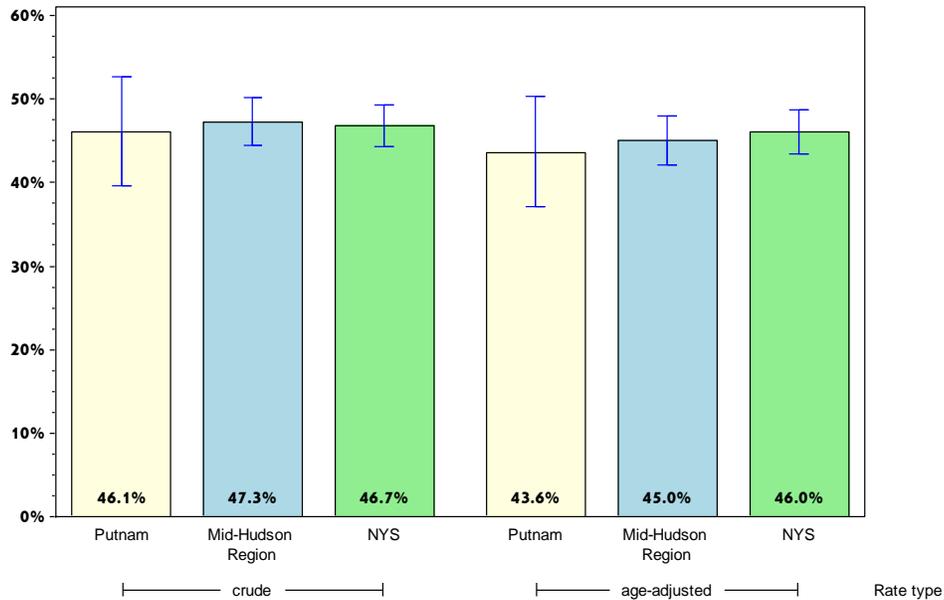
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 18+ years with flu immunization in the past year\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	34,689	46.1	(39.6-52.7)	785,113	47.3	(44.5-50.1)
<b>Age</b>		#				
18-24		#		67,071	33.5 <sup>^</sup>	(21.3-48.4)
25-34		#		70,650	30.0	(24.1-36.6)
35-44		#		103,925	36.5	(29.9-43.7)
45-64	15,788	50.3	(42.6-58.0)	284,102	47.9	(43.8-52.0)
65+	9,680	74.8	(65.6-82.2)	245,927	75.9	(71.4-79.8)
<b>Race</b>						
White, NH	29,188	45.6	(38.8-52.5)	580,946	50.9	(47.6-54.1)
Black, NH		#		48,599	36.9 <sup>^</sup>	(27.8-47.1)
Hispanic		#		81,517	32.9	(27.3-39.0)
Other, NH		#		74,051	53.4 <sup>^</sup>	(39.5-66.8)
<b>Sex</b>						
male	14,755	40.0 <sup>^</sup>	(30.6-50.2)	341,699	42.4	(38.6-46.2)
female	19,935	51.9	(43.7-59.9)	443,414	51.9	(47.8-56.1)
<b>Age-adjusted<sup>&amp;</sup></b>		43.6	(37.2-50.2)		45.0	(42.1-48.0)

\* Includes flu shot or flu spray

& Percent is age-adjusted to the 2000 United States Population.

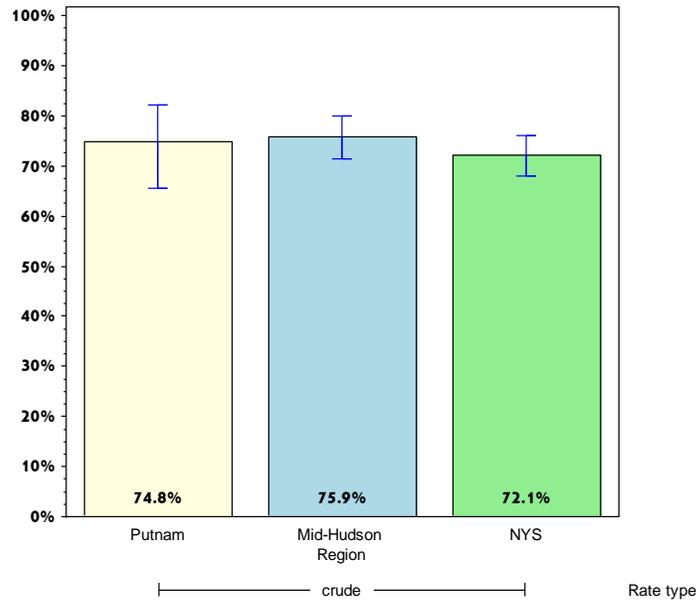
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

Percentage of adults aged 65+ years with flu immunization in the past year\*



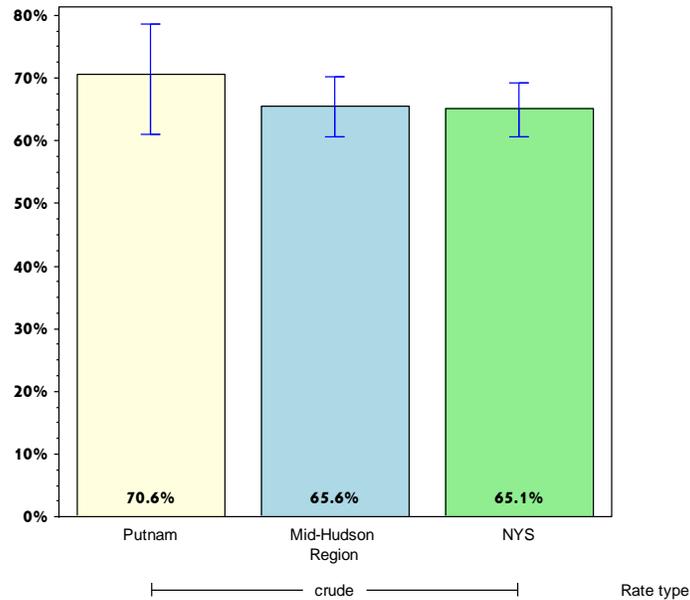
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	9,680	74.8	(65.6-82.2)	245,927	75.9	(71.4-79.8)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	9,296	75.2	(65.8-82.6)	191,919	75.0	(70.8-78.7)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		123,697	76.4	(70.0-81.8)
female	5,647	77.2 <sup>^</sup>	(66.2-85.4)	122,230	75.4	(68.9-80.8)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

\* Includes flu shot or flu spray  
 & Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Prevent HIV/STDs, Vaccine Preventable Diseases and Healthcare-Associated Infections

### Percentage of adults aged 65+ years with pneumococcal immunization



#### Putnam County

#### Mid-Hudson

	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	8,606	70.6	(61.0-78.7)	201,874	65.6	(60.6-70.2)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	8,301	71.5	(61.8-79.6)	160,758	65.7	(61.2-70.0)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		96,066	63.4	(56.0-70.3)
female	5,083	71.8 <sup>^</sup>	(60.6-80.8)	105,807	67.7	(60.8-73.9)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

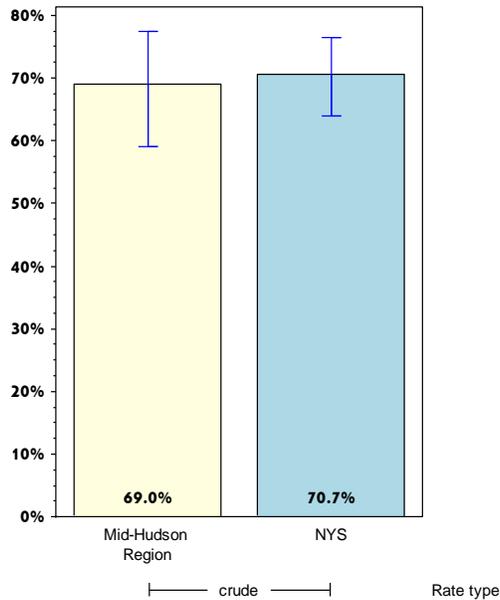
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years who had dental visit within the last year



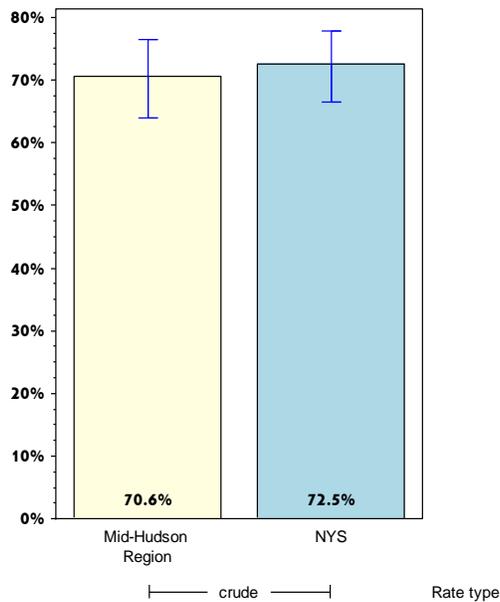
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		239,158	69.0	(59.1-77.4)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		166,583	74.4 <sup>^</sup>	(59.9-84.9)
Black, NH		#			#	
Hispanic		#		35,664	54.9 <sup>^</sup>	(39.1-69.8)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		239,158	69.0	(59.1-77.4)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Healthy Women, Infants, and Children

Women aged 18-44 years who saw a doctor for a routine checkup within the last year



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		274,898	70.6	(63.9-76.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		184,761	75.1	(68.1-81.0)
Black, NH		#			#	
Hispanic		#		49,811	64.5 <sup>^</sup>	(49.3-77.3)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		274,898	70.6	(63.9-76.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

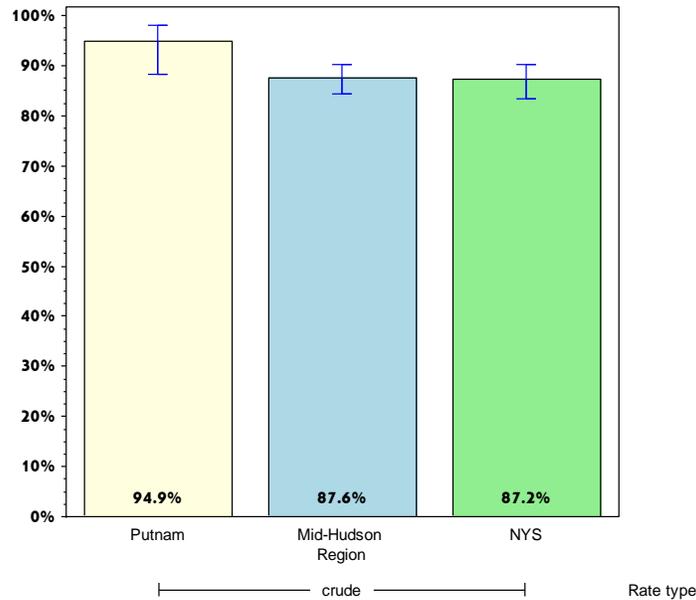
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Healthy Women, Infants, and Children

### Percentage of women aged 18-64 years with health care coverage



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	29,637	94.9	(88.2-97.9)	625,952	87.6	(84.3-90.3)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH	25,593	97.9	(94.7-99.2)	444,204	92.0	(88.6-94.4)
Black, NH		#		47,362	84.1 <sup>^</sup>	(69.6-92.5)
Hispanic		#		73,041	66.7 <sup>^</sup>	(55.3-76.5)
Other, NH		#		61,345	93.6 <sup>^</sup>	(77.8-98.4)
<b>Sex</b>						
male		#			#	
female	29,637	94.9	(88.2-97.9)	625,952	87.6	(84.3-90.3)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.

+ Age-adjusted and age specific percent not generated for health indicators with age range limits.

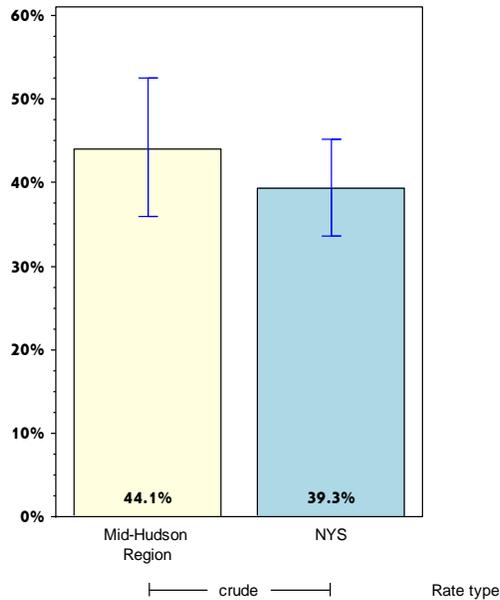
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Healthy Women, Infants, and Children

Percentage of women aged 18-44 years whose health care provider discussed planning a healthy pregnancy



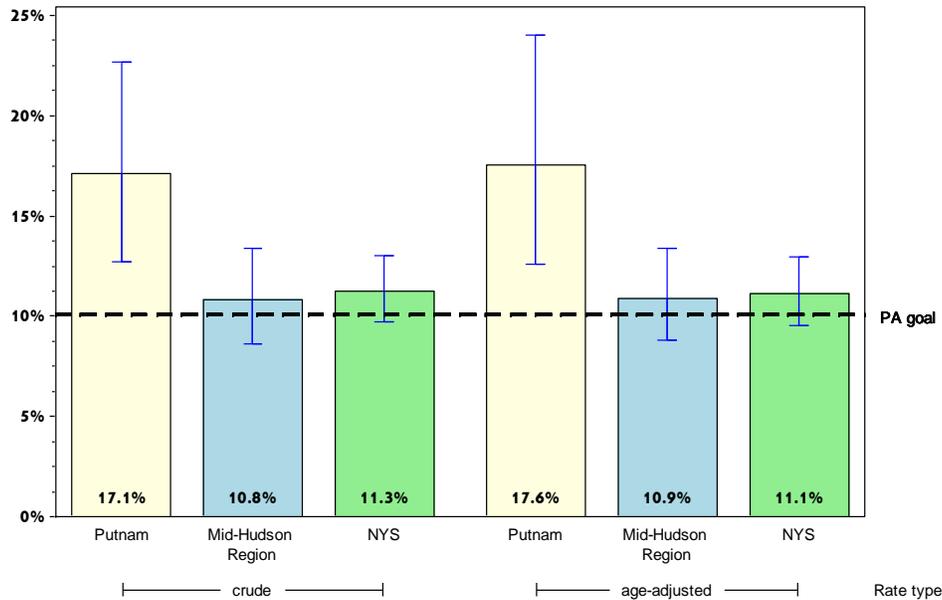
	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>		#		153,496	44.1	(35.9-52.5)
<b>Age<sup>+</sup></b>						
18-24						
25-34						
35-44						
45-64						
65+						
<b>Race</b>						
White, NH		#		108,432	47.8 <sup>^</sup>	(37.2-58.6)
Black, NH		#			#	
Hispanic		#		26,231	41.1 <sup>^</sup>	(27.4-56.4)
Other, NH		#			#	
<b>Sex</b>						
male		#			#	
female		#		153,496	44.1	(35.9-52.5)
<b>Age-adjusted<sup>+,&amp;</sup></b>						

& Percent is age-adjusted to the 2000 United States Population.  
 + Age-adjusted and age specific percent not generated for health indicators with age range limits.  
 # Rates with <10 in the numerator or <50 in the denominator are suppressed.  
 ^ Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Mental Health and Prevention Substance Abuse

Percentage of adults with poor mental health for 14 or more days in the last month



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	12,938	17.1	(12.7-22.6)	185,388	10.8	(8.6-13.4)
<b>Age</b>		#				
18-24		#		46,733	22.3 <sup>^</sup>	(11.0-39.9)
25-34		#		19,988	8.2	(5.7-11.6)
35-44	3,287	21.5 <sup>^</sup>	(10.7-38.5)	31,122	10.5	(6.8-16.0)
45-64	5,406	17.8	(12.0-25.5)	62,904	10.2	(8.3-12.4)
65+	1,351	9.9	(5.9-16.2)	22,310	6.9	(4.9-9.6)
<b>Race</b>						
White, NH	11,016	17.3	(12.6-23.2)	131,314	11.2	(8.4-14.7)
Black, NH		#		16,197	11.7	(6.2-21.0)
Hispanic		#		29,751	11.4	(7.8-16.2)
Other, NH		#			#	
<b>Sex</b>						
male	6,212	16.7	(10.4-25.7)	79,572	9.6	(7.3-12.4)
female	6,726	17.5	(12.1-24.6)	105,816	11.9	(8.6-16.4)
<b>Age-adjusted<sup>&amp;</sup></b>		17.6	(12.6-24.0)		10.9	(8.8-13.4)

& Percent is age-adjusted to the 2000 United States Population.

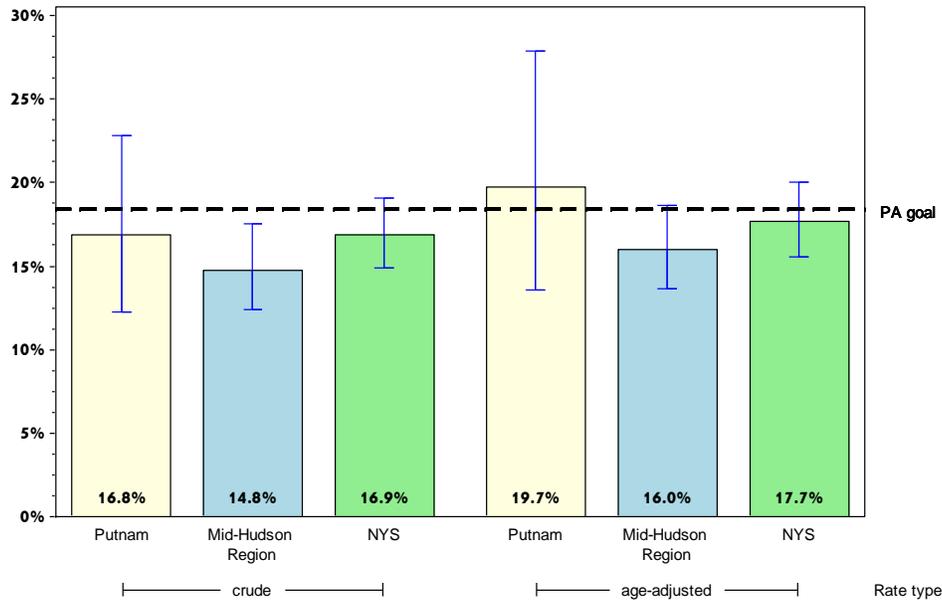
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Mental Health and Prevention Substance Abuse

Percentage of adult binge drinking during the past month\*



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	12,500	16.8	(12.2-22.8)	243,431	14.8	(12.4-17.5)
<b>Age</b>						
18-24		#		67,414	34.0 <sup>^</sup>	(21.6-49.0)
25-34		#		46,125	19.5	(15.0-25.0)
35-44		#		53,410	18.9	(13.7-25.4)
45-64	4,259	13.7	(9.1-20.0)	66,917	11.4	(9.3-14.0)
65+		#		8,774	2.7	(1.7-4.3)
<b>Race</b>						
White, NH	9,889	15.6	(11.2-21.3)	183,442	16.2	(13.2-19.9)
Black, NH		#		7,464	5.9	(3.1-10.9)
Hispanic		#		43,796	17.5	(12.7-23.7)
Other, NH		#		8,729	6.2	(2.8-12.8)
<b>Sex</b>						
male	6,780	18.7 <sup>^</sup>	(11.3-29.5)	155,554	19.7	(16.8-22.9)
female	5,720	15.0	(10.2-21.6)	87,877	10.3	(6.8-15.2)
<b>Age-adjusted<sup>&amp;</sup></b>		19.7	(13.5-27.8)		16.0	(13.6-18.6)

\* Men who have five or more drinks , women having four or more drinks on one occasion

& Percent is age-adjusted to the 2000 United States Population.

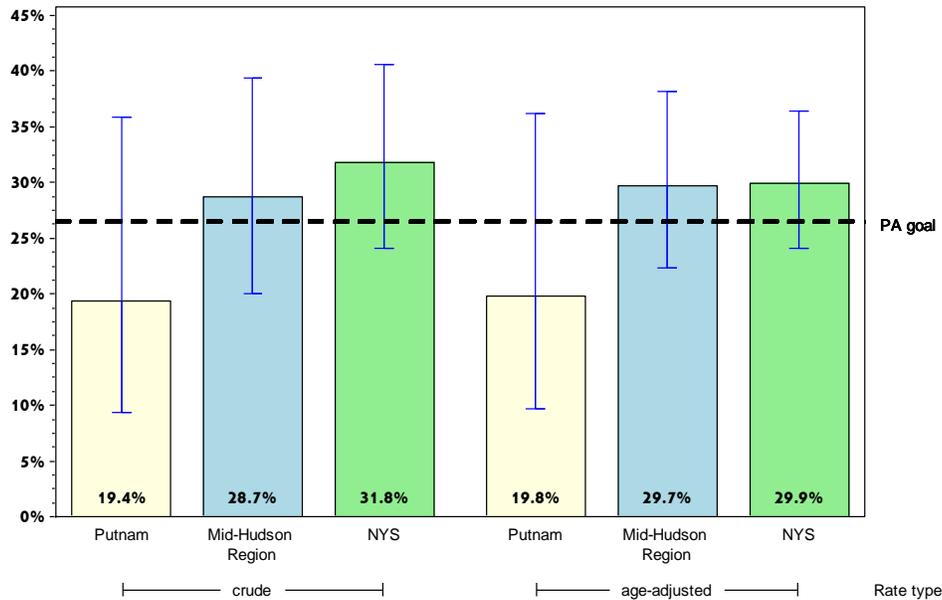
# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).

# Putnam

## Promote Mental Health and Prevention Substance Abuse

### Percentage of cigarette smoking among adults who report poor mental health



	Putnam County			Mid-Hudson		
	Est. # of Adults	Percent	95% CI	Est. # of Adults	Percent	95% CI
<b>Total</b>	2,372	19.4 <sup>^</sup>	(9.4-35.8)	51,755	28.7 <sup>^</sup>	(20.0-39.4)
<b>Age</b>						
18-24		#			#	
25-34		#			#	
35-44		#			#	
45-64		#		19,510	31.2	(22.7-41.2)
65+		#			#	
<b>Race</b>						
White, NH	2,372	21.9 <sup>^</sup>	(10.7-39.7)	36,925	28.4 <sup>^</sup>	(18.3-41.2)
Black, NH		#			#	
Hispanic		#			#	
Other, NH		#			#	
<b>Sex</b>						
male		#		33,440	44.0 <sup>^</sup>	(30.0-59.0)
female		#		18,314	17.6	(10.9-27.2)
<b>Age-adjusted<sup>&amp;</sup></b>		19.8 <sup>^</sup>	(9.7-36.2)		29.7	(22.4-38.2)

& Percent is age-adjusted to the 2000 United States Population.

# Rates with <10 in the numerator or <50 in the denominator are suppressed.

<sup>^</sup> Highly variable rate (confidence interval with a half-width greater than 10).